# **USC**Dornsife

Physical Education & Mind Body Health

dornsife.usc.edu/phed

## PHED 161 | First Aid

Units: 1 Section: 49814R (7.5 weeks: August 26 – October 14) Term: Fall 2025 | Tuesday and Thursday 9:30-10:50 am Location: PED 203 (USC Physical Education Building Second Floor, North End)

Instructor: Sarah Hayes McGill Pronouns: she/her <u>What are pronouns?</u>

Office: PED 107 Office Hours: Tuesday/Thursday 1:00 - 2:00 pm or By Appointment Contact Info: <u>sarahhay@usc.edu</u> or (213) 740-6153 Office

Brightspace: brightspace.usc.edu IT Help: USC Information Technology Services Help Phone: (213) 740-5555 Contact Info: <u>https://itservices.usc.edu/contact/</u>

#### Physical Education & Mind Body Health (PEMBH)

#### **PEMBH Mission**

Physical Education & Mind Body Health (PEMBH) provides a variety of opportunities for students to improve their general health and fitness through fitness related and recreational activities classes. Courses are designed to introduce students to various aspects of health and physical education principles. With this exposure, knowledge, and skill, students are better equipped to make choices regarding a healthy and active lifestyle. All classes stress the importance of exercise and leisure time activity to physical, mental, and social well-being.

#### Acknowledgements

PEMBH embraces an inclusive spirit, based on equity, diversity, and inclusion to achieve academic and institutional excellence. For PEMBH's acknowledgments and more information visit our website -- <u>https://dornsife.usc.edu/phed/about/</u>

**Additional Resources** 

#### **Course Description**

The First Aid/CPR/AED program provides participants with the knowledge and skills they need to recognize and respond appropriately to cardiac, breathing and first aid emergencies. This course teaches participants the knowledge and skills needed to give immediate care to an injured or ill person and to decide whether advanced medical care is needed. This program offers a choice of becoming certified with The American Red Cross in Adult and Pediatric First Aid/CPR/AED.

#### Prerequisite: None

#### Learning Objectives

- Describe how to recognize an emergency and gain confidence to act.
- Explain how to lower the risk for infection when giving care.
- Understand legal concepts as they apply to lay responders, such as consent.
- Describe the emergency action steps: CHECK-CALL-CARE.
- Identify when it is necessary to call 9-1-1- or the designated emergency number.
- Explain how to check an injured or ill person who appears to be unresponsive.
- Explain how to check a responsive injured or ill person.
- Demonstrate high-quality CPR and use of an automated external defibrillator (AED) for a person who is in cardiac arrest.
- Demonstrate first aid care for a person who is choking.
- Recognize the signs and symptoms of, and describe appropriate first aid care for the following sudden illnesses: shock, asthma attack, anaphylaxis, heart attack, opioid overdose, diabetic emergencies, high fever, vomiting, diarrhea and dehydration.
- Describe methods used to control life-threatening bleeding, including the application of direct pressure and the application of a commercial tourniquet.
- Demonstrate the application of direct pressure to control life-threatening bleeding.
- Explain when a commercial tourniquet should be used, and describe the basic principles of using a tourniquet.
- Recognize the symptoms of, and describe appropriate first aid care for, the following injuries and environmental illnesses: burns; head, neck, and spinal injuries (including concussion); heat stroke; hypothermia; poison exposure.

#### **PEMBH Objectives**

## Students will understand the importance of sound health & fitness principles as they relate to better health & will be able to:

• Recognize the physical and mental benefits of increased physical activity.

#### Students will be exposed to a variety of activities providing them the opportunity to:

• Apply learned fundamental first aid, CPR, and AED skills.

## Students will demonstrate proficiency through knowledge & acquired skills enabling them to:

- Understand and utilize various training methods.
- Develop an appreciation of physical activity as a lifetime pursuit and a means to better health.

#### **PEMBH Policy for the use of AI Generators**

This course aims to develop creative, analytical, and critical thinking skills. Therefore, all assignments should be prepared by the student working individually or in groups. Students may not have another person or entity complete any substantive portion of the assignment. Developing strong competencies in these areas will prepare you for a competitive workplace. Therefore, using AI-generated text, code, or other content is prohibited in this course, will be identified as plagiarism, and will be reported to the Office of Academic Integrity.

#### **Course Textbook**

Course Material will be provided on Brightspace: American Red Cross First Aid/CPR/AED Participants Manual

USC BRIGHTSPACE: http://brightspace.usc.edu

Class information, modules, assignments, grades, and additional resources will be posted on Brightspace.

#### Equipment

First aid, CPR, and AED equipment will be provided. Appropriate workout attire and shoes are required. *Recommendations include* water. Lockers are available for a rental fee in the PED building.

#### **In-Class Participation** (15% = 15 pts.)

Consistent attendance, punctuality, and participation in ALL classes are extremely important to develop appropriate skills and to obtain supplemental information for course assignments/exams. Consistent tardiness to class will negatively affect participation grade. Failure to participate in class WILL IMPACT your final course grade.

#### **Exams** (56% = 56 pts.)

Students will earn points through Red Cross Certification written tests (quizzes composed of multiple choice, multiple answers, true/false questions), practical skills tests, and class participation.

#### Skills Practical's (29% / 29 pts.)

Students will complete skills practical's to display proper technique for each of the following skills following areas for adult, child, infant: checking a responsive person, CPR, AED, choking, and direct pressure for external bleeding.

#### **American Red Cross Certification**

For those interested (it is optional), you can become certified in First Aid/CPR/AED with the American Red Cross, upon completing the course according to the Red Cross Certification guidelines. The certification requires a score of 80% or greater on all quizzes, successful performance of all skills, and a fee of **\$38**. Those who choose this will receive a certification card. The fee is due the last day of class.

#### **Grading Criteria**

	% Grade	Points
In-Class Participation	15%	15
Skills Practical's	29%	29
<u>Exam – 4 Quizzes</u>	<u>56%</u>	56
Total	100%	100 Points

A (95 pts. & higher) A- (90-94 pts.) B+ (87-89 pts.) B (83-86 pts.) B- (80-82 pts.) C+ (77-79 pts.) C (73-76 pts.) C- (70-72 pts.) PASS (> 70 pts.) D+ (67-69 pts.) D (63-66 pts.) D- (60-62 pts.) Fail (<59 pts.)

#### **Additional Course Policies**

- No Make-Ups will be given for any unexcused missed in-class work.
- Late work will be accepted & penalized by 10% deduction every week it is late unless due to an emergency excused by me. Email me as soon as possible to discuss alternate arrangements due to an emergency.
- Email (<u>sarahhay@usc.edu</u>) is the preferred method of communication outside of class. Email will be answered within 48 hours & 72 hours over a weekend, and the workday following a holiday. *Please use: PHED 161 in subject line of email.*
- Refer to Brightspace before class for additional information.
- Prior reading of assigned material will be helpful
- Please turn off cell phones, etc. in the classroom.
- Please help set up and clean up CPR, AED, and first aid equipment.
- Courtesy, kindness, and respect are expected from all.
- USC PEMBH IS NOT responsible for any lost, stolen, or damaged property. If you choose to bring any valuables to class, it is strongly recommended to lock them up during class. Lockers are available for rental fee in the PED building.

#### **COVID-19 (Class Guidelines)**

USC (COVID-19) Resource Center https://coronavirus.usc.edu/

**As Trojans, we will** Act with integrity in the pursuit of excellence. Embrace diversity, equity, and inclusion, and promote well-being. Engage in open communication and be accountable for living our values.

https://culturejourney.usc.edu/explore/unifying-values/#our-unifying-values-andbehaviors

### **Course Schedule**

Week 1 August 26 & 28       Ch. 11: First Aid. CPR. AED Foundations on a signs of Emergencies / Taking Action CHECKING AN INURED OR ILL PERSON – Checking a Responsive Person / Interviewing the Person – SAM       Practical         Week 2 September 2 & 4       CHECKING AN INURED OR ILL PERSON – Checking a Responsive Person / Interviewing the Person – SAM       Practical         Week 2 September 2 & 4       CHECKING AN UNRESPONSIVE PERSON – Recovery Positions       Practical         Week 3 September 2 & 4       CHECKING AN UNRESPONSIVE PERSON – Recovery Positions       Practical         Week 3 September 8 & 11       Ch. 2: Adult CPR and AED Practice Adult CPR       Practical         Week 3 September 8 & 11       Practice Adult CPR and AED Practice Adult CPR and AED       Practical         Week 4 September 8 & 11       Practice Adult CPR and AED Practice Child CPR and AED       Practical         Week 4 September 8 & 11       Practice Child CPR and AED Practice Child CPR and AED       Practical         18       Practice - Adult CPR and AED Practice Infant CPR and AED       Practical         19       Practice - Child – Choking, CPR & AED Practical       Practical         20       Ch. 4: Choking Practice - Child – Choking, CPR & AED       Practical         21       Ch. 5: Sudden Illness Practice - Child – Choking, CPR & AED       Practical         25       Practice - Child – Choking, CPR & AED       Practical         26		Intro – Course Overview & Requirements	Cullabus
Week 1       Health & Safety Precautions – PPE's – gloves-removing / Preparing for and signs of Emergencies / Taking Action       Practical         August 26 & 28       CHECKING AN INURED OR ILL PERSON –       Practical         Checking a Responsive Person / Interviewing the Person – SAM       Practical         Week 2       QUIZ 1 – Foundations – Ch. 1 – (Tuesday)       QUIZ 1         September 2 & 4       QUIZ 1 – Foundations – Ch. 1 – (Tuesday)       QUIZ 1         Week 2       QUIZ 1 – Foundations – Ch. 1 – (Tuesday)       QUIZ 1         Beptember 2 & 4       QUIZ 1 – Foundations – Ch. 1 – (Tuesday)       QUIZ 1         Week 3       East Day to: Register 8 AbD CLASSES, DROP WIHOUT MARK OF "W," CHANGE ENROLLMENT OPTION REFUND INSURANCE       Practical         Week 3       Practice Adult CPR and AED       Practical         September 9 & 11       Practice Adult CPR and AED       Practical         Week 4       Ch. 3: Pediatric CPR and AED       Practical         September 16 &       Practice Child CPR and AED       Practical         Week 5       Practice Child CPR and AED       Practical         September 23 &       Practice – Child – Choking, CPR & AED       Practical         Week 5       Practice – Child – Choking, CPR & AED       Practical         September 28 & 11       Practice – Child – Choking, CPR & AED       Practica			Syllabus Chapter 1
August 26 & 28       and stights of Enfergencies' Faking Action         August 26 & 28       and stights of Enfergencies' Faking Action         Checking a Responsive Person / Interviewing the Person – SAM       Practical         Week 2       QUIZ 1 – Foundations – Ch. 1 - (Tuesday)       QUIZ 1         September 2 & 4       Ch. 2: Adult CPR and AED       Chapter 2         Web 2 & 4       Ch. 2: Adult CPR and AED       Chapter 2         Web 2 & 4       Ch. 2: Adult CPR and AED       Practical         Web 3       Exert Day to: Register 8 ADD CLASSE, DROP WITHOUT MARK OF "W." CHANGE ENROLLMENT       Oprion to PNP OR Auort & Purchass/Mave Turnon ReFund Insugark         Week 3       September 9 & 11       Practice Adult CPR       Practical         Week 4       Ch. 3: Pediatric CPR and AED       Practical         Week 5       Practice Child CPR and AED       Practical         September 18 & 10       Practice Child CPR and AED       Practical         Week 5       Practice - Adult - Choking, CPR & AED       Practical         September 28 & 2       Practice - Child - Choking, CPR & AED       Practical         Week 6       September 38 & D' Choing, CPR & AED       Practical         Week 5       September 6       Chapter 3       Chapter 4         September 28 & D' Child - Choking, CPR & AED       Prac	Week 1	Health & Safety Precautions – PPE's – gloves-removing / Preparing for	
Checking a Responsive Person / Interviewing the Person – SAM       Practical         Week 2       CHECKING AN UNRESPONSIVE PERSON – Recovery Positions       Practical         September 2 & 4       GUIZ 1 – Foundations – Ch. 1 – (Tuesday)       QUIZ 1         WebNesDay, September 9 & 11       Ch. 2: Aduit CPR and AED Practice Aduit CPR       Chapter 2 Practical         WebNesDay, September 9 & 11       Chapter 8       ADD T& Purchass/Wave Turtion ReFUND INSURANCE         Week 3       Practice Aduit CPR AED Intro       Practical         Week 4       Ch. 3: Pediatric CPR and AED Practice Aduit CPR and AED       Practical         Week 4       Ch. 3: Pediatric CPR and AED       Practical         Week 5       Practice Child CPR and AED       Practical         Week 5       Practice Infant CPR and AED       Practical         September 33 & Practice – Child – Choking, CPR & AED       Practical         Week 6       Practice – Child – Choking, CPR & AED       Practical         Week 6       QUIZ 2 – CPR – Ch. 2-4 – Aduit & Pediatric CPR & AED / CHOKING – (Tuesday)       QUIZ 2         Week 6       Shock, Internal Beeding, Wounds, Burns, Direct Pressure, Tourniquet       Practical         Fridical       Chr. 2: Diro Course to the Consist of Warnow transceurge Practical       QUIZ 2         Week 6       Ch. 2: CPR – Ch. 2-4 – Aduit & Pediatric CPR & AED /		and signs of Emergencies / Taking Action	Flactical
Week 2       CHECKING AN UNRESPONSIVE PERSON – Recovery Positions       Practical         September 2 & 4       QUIZ 1 – Foundations – Ch. 1 – (Tuesday)       QUIZ 1         WebNesDav, September 2 & 4       Ch. 2: Adult CPR and AED Practice Adult CPR       Chapter 2 Practical         WebNesDav, September 9 & 11       Last Day to: Register & Ado CLasses, DROP without MARK of "W," CHANGE ENROLLMENT OPTION TO P/W OR AUDIT & PURCHASE/WAVE TUTION REFUND INSURANCE       Practical         Week 3 September 9 & 11       Practice Adult CPR Practice Adult CPR & AED       Practical         Week 4 September 16       Last Day to WITHDRAW WITHOUT MARK OF "W" ON TRANSCRIPT OR CHANGE PASS/ NO PASS TO LETTER GRADE       Practical         Week 5 September 16 & 18       Practice Child CPR and AED       Practical         Week 5 September 16 & 18       Practice - Child - Choking, CPR & AED       Practical         Week 5 September 23 & 25       Practice - Child - Choking, CPR & AED       Practical         Week 6 Sept. 30 & Oct. 2       QUIZ 2 - CPR - Ch. 2.4 - Adult & Pediatric CPR & AED / CHOKING - (Tuesday)       QUIZ 3         Wieek 6 Sept. 30 & Oct. 2       Asthma, Anaphylaxis, Diabetic, Opioid, Seizures, Stroke Emergencies Ch 6: Wounds, and Bleeding Shock, Internal Bleeding, Wounds, Burns, Direct Pressure, Tourniquet       Chapter 5         FRIDAY, Ocroaer3       Ch. 7: Injuries & Environmental Emergencies ENVIRONMENTAL INJURIES       Chapter 5         Concoussions, Nose, Mouth, D			
Week 2 September 2 8.4       QUIZ 1 – Foundations – Ch. 1 – (Tuesday)       QUIZ 1         Ch. 2: Adult CPR and AED       Chapter 2 Practice Adult CPR       Chapter 2 Practical         WEDNESDAY, September 98.11       Last Day to: Register & Ado Classes, DROP WITHOUT MARK OF "W," CHANGE ENROLLMENT OPTION TO P/NP OR AUDIT & PURCHASE/WAIVE TUITION REFUND INSURANCE       Practical         Week 3 September 98.11       Practice Adult CPR Practice Adult CPR & AED       Practical         Weenesday, September 98.11       Last Day to WITHDRAW WITHOUT MARK OF "W" ON TRANSCRIPT OR CHANGE PASS / NOP Pass To LETTER GRADE       Practical         Week 4 September 16 & 18       Ch. 3: Pediatric CPR and AED Practical Infant CPR and AED       Practical         Week 5 September 16 & 18       Practice - Infant - Choking, CPR & AED Practical       Practical Practical Practical - Choking, CPR & AED Practical Practical - Choking, CPR & AED       Practical Practical Practical Practical - Choking, CPR & AED         Week 6 Septender 23 & 25       QUIZ 2 - CPR ~ Ch. 2-4 ~ Adult & Pediatric CPR & AED / CHOKING ~ (Tuesday)       QUIZ 2 QUIZ 3         QUIZ 2 - CPR ~ Ch. 2-4 ~ Adult & Pediatric CPR & AED / CHOKING ~ (Tuesday)       QUIZ 3 Chapter 5 Chapter 5         Septender 30 & Oct. 2       Asthma, Anaphylaxis, Diabetic, Opiold, Seizures, Stroke Emergencies Ch 6: Wounds, aums, Direct Pressure, Tourniquet       Chapter 5 Chapter 7 Practical         FRIDAY, October 7 & 9       Concussions, Nose, Mouth, Dental, Chest, Abdominal Injuries ENVIRONMENTAL INJURIES & ILLINESSE		Checking a Responsive Person / Interviewing the Person – SAM	Practical
Week 2       GUIZ 1 – Foundations – Ch. 1 – (Tuesday)       GUIZ 1         September 2 & 4       Ch. 2: Adult CPR and AED Practice Adult CPR       Chapter 2 Practice Adult CPR         WEENESDAY, September 9 & 11       LAST DAY TO: REGISTER & ADD CLASSES, DOP WITHOUT MARK OF "W." CHANGE ENROLLMENT OPTION TO PINP OR AUDT & PURCHASE/WAIVE TUITION REFUND INSURANCE       Practiceal Practice Adult CPR       Practiceal Practice Adult CPR         Week 3       Practice Adult CPR & AED       Practiceal         September 9 & 11       Practice Adult CPR & AED       Practiceal         WEDNESDAY, September 96       LAST DAY TO WITHDRAW WITHOUT MARK OF "W" ON TRANSCRIPT OR CHANGE PASS/ September 16 & Practice Adult CPR and AED       Practiceal         Week 4       Ch. 3: Pediatric CPR and AED       Practiceal         September 16 & Practice Infant CPR and AED       Practical         Week 5       Practice – Adult – Choking, CPR & AED       Practical         September 23 & Practice – Infant – Choking, CPR & AED       Practical       Practical         QUIZ 2 – CPR ~ Ch, 2-4 ~ Adult & Pediatric CPR & AED / CHOKING ~ (Tuesday)       QUIZ 3       Chapter 4         September 23 & September 23 & Ch. 5: Studden Illness       Chapter 5       Chapter 5         September 23 & Cot. 2       Practical – Choking, CPR & AED       Practical         Week 6       Cot. 2: CPR & Ch. 2-4 ~ Adult & Pediatric CPR & AED / CHOKING ~ (Tuesday)			Practical
September 2 & 4       Ch. 2: Adult CPR and AED       Chapter 2         WEDNESDAY,       LAST DAY TO: REGISTER & ADD CLASSES, DROP WITHOUT MARK OF "W," CHANGE ENROLLMENT         September 9 & 11       Practice Adult CPR       Practical         Week 3       September 9 & 11       Practice Adult CPR & AED       Practical         Week 4       Ch. 3: Pediatric CPR and AED       Practical         Week 4       Ch. 3: Pediatric CPR and AED       Practical         Week 4       Ch. 3: Pediatric CPR and AED       Practical         Week 5       Practice Infant CPR and AED       Practical         September 16 &       Practice Infant CPR and AED       Practical         Week 5       Practice - Adult - Choking, CPR & AED       Practical         September 23 &       Practice - Child - Choking, CPR & AED       Practical         Week 6       September 23 &       Practice - Child - Choking, CPR & AED       Practical         Week 6       GUIZ 2 - CPR ~ Ch. 2-4 ~ Adult & Pediatric       QUIZ 3       QUIZ 3         September 23 &       QUIZ 3 - AED ~ Ch. 2-3 ~ Adult & Pediatric       QUIZ 3         GCPR AED / CHOKING - (Tuesday)       QUIZ 3       Chapter 5         September 23 &       School & Choking, CPR & ALED       Practical         Practica       Chrapter 4       Practica	Week 2		
Practice Adult CPRPracticalWEDNESDAY, SEPTEMBER 3LAST DAY TO: REGISTER & ADD CLASSES, DROP WITHOUT MARK OF "W," CHANGE ENROLLMENT OPTION TO P/NP OR AUDT & PURCHASE/WAIVE TUITION REFUND INSURANCEWeek 3 September 9 & 11Practice Adult CPR AED IntroPracticalWeek 4 September 16Chapter 3Week 4 September 16 & Practice Adult CPR and AEDChapter 3Week 5 September 23 & 25Practice Adult CPR and AEDPracticalWeek 5 September 23 & 25Practice - Adult - Choking, CPR & AEDPracticalWeek 6 September 23 & 26QUIZ 2 - CPR - Ch. 2-4 - Adult & Pediatric CPR & AED / CHOKING - (Tuesday)QUIZ 2Week 6 September 23 & 26Chapter 4Week 7 September 23 & 26QUIZ 2 - CPR - Ch. 2-3 - Adult & Pediatric CPR & AED / CHOKING - (Tuesday)QUIZ 2Week 6 Sept. 30 & Oct. 2Ch. 7: Injuries & Environmental Emergencies Ch 6: Wounds, and Bleeding Shock, Internal Bleeding, Wounds, Burns, Direct Pressure, TourniquetChapter 7FRIDA Y, October 7 & 9Ch. 7: Injuries & Environmental Emergencies Ch 0: Noth, Dental, Chest, Abdominal Injuries Concussions, Nose, Mouth, Dental, Chest, Abdominal Injuries Concussions, Nose, Mouth, Dental, Chest, Abdominal Injuries ENVIRONMENTAL INJURIES & LILNESSESChapter 7WEEK 7 October 7 & 9Ch. 7: Injuries & Environmental Emergencies Ch. 7: Injuries & Environmental Chest, Abdomin			
WEDNESDAY, SEPTEMBER 3       LAST DAY TO: REGISTER & ADD CLASSES, DROP WITHOUT MARK OF "W," CHANGE ENROLLMENT OPTION TO P/NP OR AUDIT & PURCHASE/WAIVE TUITION REFUND INSURANCE       Practicel ALED Intro       Practicel ALED Intro         Week 3 September 9 & 11       Practice Adult CPR & AED       Practical         WEDNESDAY, September 16       LAST DAY TO WITHDRAW WITHOUT MARK OF "W" ON TRANSCRIPT OR CHANGE PASS / MO PASS TO LETTER GRADE       Practical         Week 4 September 16 & 18       Ch. 3: Pediatric CPR and AED Practice Child CPR and AED       Chapter 3 Practical         Week 5 September 23 & 25       Practice – Adult - Choking, CPR & AED       Practical Practical         Week 6 September 23 & 25       Practice – Infant – Choking, CPR & AED       Practical Practical         Week 6 September 23 & 25       QUIZ 2 – CPR ~ Ch. 2-4 ~ Adult & Pediatric CPR & AED / CHOKING ~ (Tuesday)       QUIZ 2 QUIZ 2         QUIZ 2 – CPR ~ Ch. 2-4 ~ Adult & Pediatric CPR & AED / CHOKING ~ (Tuesday)       QUIZ 3 QUIZ 3 Ch. 5: Sudden Illness       Chapter 5 Chapter 5 Practical         Week 6 Sept. 30 & Oct. 2       Shock, Internal Bleeding, Wounds, Burns, Direct Pressure, Tourniquet       Practical         FRIDAY, Ocroser 3       Ch. 7: Injuries & Environmental Emergencies Ch 6: Wounds, Burns, Direct Pressure, Tourniquet       Chapter 7 Practical         WEEK 7 Ocrober 7 & 9       Ch. 7: Injuries & Environmental Emergencies ENVIRONMENTAL INJURIES & ILLNESSES       Chapter 7 HEAD, NECK & SPINAL INJURIES Heat & Cold-Related Illnesses, P			
SEPTEMBER 3       OPTION TO P/INP OR AUDIT & PURCHASE/WAIVE TUITION REFUND INSURANCE         Week 3       Practice Adult CPR AED Intro       Practical         September 9 & 11       Practice Adult CPR & AED       Practical         WEDNESDAY, September 16 &       LAST DAY TO WITHDRAW WITHOUT MARK OF "W" ON TRANSCRIPT OR CHANGE PASS/ No PASS TO LETTER GRADE       Chapter 3         Week 4       Ch. 3: Pediatric CPR and AED       Practical Practice Infant CPR and AED       Practical Practical         Week 5       Spotember 16 & Practice - Adult - Choking, CPR & AED       Practical Practical         Week 5       Practice - Child - Choking, CPR & AED       Practical Practical         Week 5       Practice - Infant - Choking, CPR & AED       Practical Practical         Week 6       QUIZ 2 - CPR - Ch. 2-4 - Adult & Pediatric CPR & AED / CHOKING - (Tuesday)       QUIZ 2         QUIZ 3 - AED - Ch. 2-3 - Adult & Pediatric CPR & AED / CHOKING - (Tuesday)       QUIZ 3         Sept. 30 & Oct. 2       Asthma, Anaphylaxis, Diabetic, Opioid, Seizures, Stroke Emergencies Ch 6: Wounds and Bleeding       Chapter 6 Practical         FRIDA Y, Ocroaer 3       Ch. 7: Injuries & Environmental Emergencies Ch 6: Wounds, Burns, Direct Pressure, Tourniquet       Practical         WEEK 7       Concursions, Nose, Mouth, Dental, Chest, Abdominal Injuries Concursions, Nose, Mouth, Dental, Chest, Abdominal Injuries Coctober 7 & 9       Chapter 5 Heat & Cold-Related Illnesses, Poisoning,	WEDNESDAY.		
Week 3 September 9 & 11       AED Intro Practice Adult CPR & AED       Practical         WEDNESDAY, SEPTEMBER 16       Last Day to WITHDRAW WITHOUT MARK OF "W" ON TRANSCRIPT OR CHANGE PASS/ NO PASS TO LETTER GRADE       Chapter 3         Week 4 September 16 & 18       Ch. 3: Pediatric CPR and AED Practice Infant CPR and AED       Chapter 4 Practical         Week 5 September 23 & 25       Practice – Adult – Choking, CPR & AED       Practical Practical         Week 5 September 23 & 25       Practice – Child – Choking, CPR & AED       Practical Practical         Week 6 September 23 & 25       Practice – Child – Choking, CPR & AED       Practical Practical         Week 6 September 23 & 25       Practice – Child – Choking, CPR & AED       Practical Practical         Week 6 September 30 & Oct. 2       QUIZ 2 – CPR ~ Ch. 2-4 ~ Adult & Pediatric CPR & AED / CHOKING ~ (Tuesday)       QUIZ 3         Week 6 Sept. 30 & Oct. 2       QUIZ 3 – AED ~ Ch. 2-3 ~ Adult & Pediatric CPR/AED ~ (Tuesday)       QUIZ 3         Chapter 5 Shock, Internal Bleeding, Wounds, Burns, Direct Pressure, Tourniquet       Practical         FRIDAY, Ocrober 3       Ch. 7: Injuries & Environmental Emergencies Ch 6: Wounds, Burns, Direct Pressure, Tourniquet       Chapter 7 Practical         WEEK 7 Ocrober 7 & 9       Concussions, Nose, Mouth, Dental, Chest, Addominal Injuries ENVIRONMENTAL INJURIES & ILLNESSES Heat & Cold-Related Illnesses, Poisoning, Bites, Stings, etc. Thurs. – Fri., October 9-10 ~ Fall Recess © © No Class       Chapt			
September 9 & 11       Practice Adult CPR & AED       Practical         WEDNESDAY, SEPTEMBER 16       LAST DAY TO WITHDRAW WITHOUT MARK OF "W" ON TRANSCRIPT OR CHANGE PASS / NO PASS TO LETTER GRADE       Chapter 3         Week 4       Ch. 3: Pediatric CPR and AED Practice Infant CPR and AED       Chapter 3         Practice       Practice Child CPR and AED       Practical         Week 5       Practice - Adult - Choking, CPR & AED       Practical         September 23 & 25       Practice - Adult - Choking, CPR & AED       Practical         Week 6       Practice - Infant - Choking, CPR & AED       Practical         QUIZ 2 - CPR - Ch. 2-4 ~ Adult & Pediatric CPR & AED / CHOKING ~ (Tuesday)       QUIZ 2         QUIZ 3       QUIZ 3 - AED - Ch. 2-3 ~ Adult & Pediatric CPR & AED / CHOKING ~ (Tuesday)       QUIZ 3         September 30 & Oct. 2       Shock, Internal Bleeding, Wounds, Burns, Direct Pressure, Tourniquet       Chapter 5         Practical       Ch. 7: Injuries & Environmental Emergencies Ch 6: Wounds, Burns, Direct Pressure, Tourniquet       Chapter 7         FRIDAY, Ocrober 7 & 9       Concussions, Nose, Mouth, Dental, Chest, Addominal Injuries ENVIRONMENTAL INJURIES       Chapter 7         WEEK 7       Concussions, Nose, Mouth, Dental, Chest, Addominal Injuries ENVIRONMENTAL INJURIES & ILLNESSES Heat & Cold-Related Illnesses, Poisoning, Bites, Stings, etc.       Chapter 5- Thurs. – Fri., October 9-10 ~ Fall Recess © IN No Class <tr< th=""><th>Wook 3</th><th></th><th>Practical</th></tr<>	Wook 3		Practical
WEDNESDAY, SEPTEMBER 16       LAST DAY TO WITHDRAW WITHOUT MARK OF "W" ON TRANSCRIPT OR CHANGE PASS/ NO PASS TO LETTER GRADE         Week 4       Ch. 3: Pediatric CPR and AED       Chapter 3         September 16 &       Practice Child CPR and AED       Practical Practice Infant CPR and AED       Practical Practical         Week 5       Practice – Adult – Choking, September 23 &       Practice – Child – Choking, CPR & AED       Practical         Week 6       Practice – Infant – Choking, CPR & AED       Practical       Practical         Week 6       QUIZ 2 – CPR ~ Ch. 2-4 ~ Adult & Pediatric CPR & AED / CHOKING ~ (Tuesday)       QUIZ 2         Quiz 3 – AED ~ Ch. 2-3 ~ Adult & Pediatric CPR & AED / CHOKING ~ (Tuesday)       QUIZ 3         Guiz 3 – AED ~ Ch. 2-3 ~ Adult & Pediatric CPR & AED / CHOKING ~ (Tuesday)       Quiz 3         Guiz 3 – AED ~ Ch. 2-3 ~ Adult & Pediatric CPR & AED / CHOKING ~ (Tuesday)       Quiz 3         Guiz 3       Chapter 6       Practical         Sept. 30 & Oct. 2       Asthma, Anaphylaxis, Diabetic, Opioid, Seizures, Stroke Emergencies Ch 6: Wounds and Bleeding Shock, Internal Bleeding, Wounds, Burns, Direct Pressure, Tourniquet       Chapter 6         FRIDAY, Ocrober 3       Ch. 7: Injuries & Environmental Emergencies Ch. 7: Injuries & Environmental Emergencies ENVIRONMENTAL INJURIES       Chapter 7         WEEK 7 October 7 & 9       Concussions, Nose, Mouth, Dental, Chest, Abdominal Injuries ENVIRONMENTAL INJURIES & ILLNESSES Heat & Col			Practical
SEPTEMBER 16       NO PASS TO LETTER GRADE         Week 4       Ch. 3: Pediatric CPR and AED       Chapter 3         September 16 &       Practice Infant CPR and AED       Practical         Week 5       Practice Infant CPR and AED       Practical         Week 5       Practice – Adult – Choking, CPR & AED       Practical         September 23 &       Practice – Child – Choking, CPR & AED       Practical         Week 6       Practice – Infant – Choking, CPR & AED       Practical         QUIZ 2 – CPR ~ Ch. 2-4 ~ Adult & Pediatric       QUIZ 2         CPR & AED / CHOKING ~ (Tuesday)       QUIZ 3         QUIZ 3 – AED ~ Ch. 2-3 ~ Adult & Pediatric       QUIZ 3         Chapter 6       Sept. 30 & Oct. 2       Chapter 16 & Wounds, and Bleeding         Sept. 30 & Oct. 2       Asthma, Anaphylaxis, Diabetic, Opioid, Seizures, Stroke Emergencies       Chapter 6         FRIDA Y,       LAST DAY TO: DROP COURSE WITHOUT MARK OF "W" ON TRANSCRIPT       Chapter 7         October 7 & 9       Concussions, Nose, Mouth, Dental, Chest, Abdominal Injuries       Chapter 7         WEEK 7       Concussions, Nose, Mouth, Dental, Chest, Abdominal Injuries       Chapter 7         October 7 & 9       Heat & Cold-Related Illnesses, Poisoning, Bites, Stings, etc.       Chapter 5         Heat & Cold-Related Illnesses, Poisoning, Bites, Stings, etc.       <	WEDNESDAY		Tactical
Week 6       Practice Child CPR and AED       Practical         Week 6       Ch. 4: Choking       Practical         September 23 &       Practice – Adult – Choking, CPR & AED       Practical         September 23 &       Practice – Adult – Choking, CPR & AED       Practical         September 23 &       Practice – Child – Choking, CPR & AED       Practical         September 23 &       Practice – Child – Choking, CPR & AED       Practical         Week 5       Practice – Infant – Choking, CPR & AED       Practical         QUIZ 2 – CPR ~ Ch. 2-4 ~ Adult & Pediatric       QUIZ 2         CPR & AED / CHOKING ~ (Tuesday)       QUIZ 3         QUIZ 3 – CPR ~ Ch. 2-3 ~ Adult & Pediatric       QUIZ 3         CPR/AED ~ (Tuesday)       QUIZ 3         Gerek 6       Sept. 30 & Oct. 2       Ch. 5: Sudden Illness         Asthma, Anaphylaxis, Diabetic, Opioid, Seizures, Stroke Emergencies       Chapter 6         Chock, Internal Bleeding, Wounds, Burns, Direct Pressure, Tourniquet       Practical         FRIDA Y,       Last DAY to: DROP COURSE without Mark of "W" on TRANSCRIPT         Ocrober 7 & 9       Ch. 7: Injuries & Environmental Emergencies       Chapter 7         HEAD, NECK & SPINAL INJURIES       Chapter 7       Chapter 7         October 7 & 9       Concussions, Nose, Mouth, Dental, Chest, Abdominal Injuries <th></th> <th></th> <th></th>			
18       Practice Infant CPR and AED       Practical         Week 5       Practice – Adult – Choking, CPR & AED       Practical         September 23 &       Practice – Adult – Choking, CPR & AED       Practical         25       Practice – Child – Choking, CPR & AED       Practical         Week 6       QUIZ 2 – CPR ~ Ch. 2-4 ~ Adult & Pediatric       QUIZ 2         QUIZ 3 – AED ~ Ch. 2-3 ~ Adult & Pediatric       QUIZ 3         CPR & AED / CHOKING ~ (Tuesday)       QUIZ 3         QUIZ 3 – AED ~ Ch. 2-3 ~ Adult & Pediatric       QUIZ 3         CPR & AED / CHOKING ~ (Tuesday)       QUIZ 3         Guiz 3 – AED ~ Ch. 2-3 ~ Adult & Pediatric       QUIZ 3         CPR/AED ~ (Tuesday)       QUIZ 3         Gotoser 3       Asthma, Anaphylaxis, Diabetic, Opioid, Seizures, Stroke Emergencies       Chapter 5         Asthma, Anaphylaxis, Diabetic, Opioid, Seizures, Stroke Emergencies       Chapter 6         Shock, Internal Bleeding, Wounds, Burns, Direct Pressure, Tourniquet       Practical         FRIDA Y,       LAST DAY TO: DROP COURSE WITHOUT MARK OF "W" ON TRANSCRIPT         October 7 & 9       Ch. 7: Injuries & Environmental Emergencies       Chapter 7         WEEK 7       Conclussions, Nose, Mouth, Dental, Chest, Abdominal Injuries       Chapter 7         October 7 & 9       ENVIRONMENTAL INJURIES & ILLNESSES       Ch	Week 4		
Week 5       Ch. 4: Choking       Chapter 4         September 23 &       Practice – Adult – Choking, CPR & AED       Practical         25       Practice – Child – Choking, CPR & AED       Practical         Practice – Infant – Choking, CPR & AED       Practical         Practice – Infant – Choking, CPR & AED       Practical         QUIZ 2 – CPR ~ Ch. 2-4 ~ Adult & Pediatric       QUIZ 2         CPR & AED / CHOKING ~ (Tuesday)       QUIZ 3         QUIZ 3 – AED ~ Ch. 2-3 ~ Adult & Pediatric       QUIZ 3         CPR/AED ~ (Tuesday)       QUIZ 3         Sept. 30 & Oct. 2       Ch. 5: Sudden Illness         Asthma, Anaphylaxis, Diabetic, Opioid, Seizures, Stroke Emergencies       Chapter 6         Shock, Internal Bleeding, Wounds, Burns, Direct Pressure, Tourniquet       Practical         FRIDA Y,       LAST DAY to: DROP COURSE without MARK of "W" ON TRANSCRIPT & Change EnrolLMENT P/NP course to a Letter Grade       Chapter 7         WEEK 7       Concussions, Nose, Mouth, Dental, Chest, Abdominal Injuries       Chapter 7         Gotober 7 & 9       ENVIRONMENTAL INJURIES & LILNESSES       Chapter 9-10 ~ Fall Recess @ Image: No Class         Week 8       First Aid Review ~ Last day of class       Chapter 5-7			
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Heat & Cold-Related Illnesses, Poisoning, Bites, Stings, etc.         Thurs. – Fri., October 9-10 ~ Fall Recess * No Class         Week 8       First Aid Review ~ Last day of class			
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	Wook 8	First Aid Review ~ Last day of class	Chapters 5-7
October 14       QUIZ 4 – First Aid ~ CH 5-7 ~ Sudden Illness / Wounds and       QUIZ 4         Last Day of Class       Bleeding / Injuries and Environmental Emergencies       QUIZ 4	October 14		

\*\*Course outline subject to change\*\*

## **Academic Integrity**

The University of Southern California is foremost a learning community committed to fostering successful scholars and researchers dedicated to the pursuit of knowledge and the transmission of ideas. Academic misconduct is in contrast to the university's mission to educate students through a broad array of first-rank academic, professional, and extracurricular programs and includes any act of dishonesty in the submission of academic work (either in draft or final form).

This course will follow the expectations for academic integrity as stated in the <u>USC Student</u> <u>Handbook</u>. All students are expected to submit assignments that are original work and prepared specifically for the course/section in this academic term. You may not submit work written by others or "recycle" work prepared for other courses without obtaining written permission from the instructor(s). Students suspected of engaging in academic misconduct will be reported to the Office of Academic Integrity.

Other violations of academic misconduct include, but are not limited to, cheating, plagiarism, fabrication (e.g., falsifying data), knowingly assisting others in acts of academic dishonesty, and any act that gains or is intended to gain an unfair academic advantage.

Academic dishonesty has a far-reaching impact and is considered a serious offense against the university. Violations will result in a grade penalty, such as a failing grade on the assignment or in the course, and disciplinary action from the university itself, such as suspension or even expulsion.

For more information about academic integrity see the <u>student handbook</u> or the <u>Office of Academic</u> <u>Integrity's website</u>, and university policies on <u>Research and Scholarship Misconduct</u>.

Please ask your instructor if you are unsure what constitutes unauthorized assistance on an exam or assignment or what information requires citation and/or attribution.

### **Statement on University Academic & Support Systems**

#### **Student & Disability Accommodations**

USC welcomes students with disabilities into all of the University's educational programs. <u>The Office</u> of Student Accessibility Services (OSAS) is responsible for the determination of appropriate accommodations for students who encounter disability-related barriers. Once a student has completed the OSAS process (registration, initial appointment, and submitted documentation) and accommodations are determined to be reasonable and appropriate, a Letter of Accommodation (LOA) will be available to generate for each course. The LOA must be given to each course instructor by the student and followed up with a discussion. This should be done as early in the semester as possible as accommodations are not retroactive. More information can be found at osas.usc.edu. You may contact OSAS at (213) 740-0776 or via email at osasfrontdesk@usc.edu

#### Student Financial Aid & Satisfactory Academic Progress

To be eligible for certain kinds of financial aid, students are required to maintain Satisfactory Academic Progress (SAP) toward their degree objectives. Visit the <u>Financial Aid Office webpage</u> for <u>undergraduate</u>- and <u>graduate-level</u> SAP eligibility requirements and the appeals process.

## **Support Systems**

#### Counseling and Mental Health

#### (213) 740-9355 – 24/7 on call

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention.

#### 988 Suicide and Crisis Lifeline

#### 988 for both calls and text messages - 24/7 on call

The 988 Suicide and Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States. The Lifeline consists of a national network of over 200 local crisis centers, combining custom local care and resources with national standards and best practices. The new, shorter phone number makes it easier for people to remember and access mental health crisis services (though the previous 1 (800) 273-8255 number will continue to function indefinitely) and represents a continued commitment to those in crisis.

#### <u>Relationship and Sexual Violence Prevention Services (RSVP)</u> (213) 740-9355(WELL) – 24/7 on call

Free and confidential therapy services, workshops, and training for situations related to gender- and power-based harm (including sexual assault, intimate partner violence, and stalking).

#### <u>Office for Equity, Equal Opportunity, and Title IX (EEO-TIX)</u> (213) 740-5086

Information about how to get help or help someone affected by harassment or discrimination, rights of protected classes, reporting options, and additional resources for students, faculty, staff, visitors, and applicants.

#### <u>Reporting Incidents of Bias or Harassment</u> (213) 740-2500

Avenue to report incidents of bias, hate crimes, and microaggressions to the Office for Equity, Equal Opportunity, and Title for appropriate investigation, supportive measures, and response.

#### <u>The Office of Student Accessibility Services (OSAS)</u> (213) 740-0776

OSAS ensures equal access for students with disabilities through providing academic accommodations and auxiliary aids in accordance with federal laws and university policy.

#### <u>USC Campus Support and Intervention</u> (213) 740-0411

Assists students and families in resolving complex personal, financial, and academic issues adversely affecting their success as a student.

#### Diversity, Equity, and Inclusion (213) 740-2101

Information on events, programs and training, the Provost's Diversity and Inclusion Council, Diversity Liaisons for each academic school, chronology, participation, and various resources for students.

#### <u>USC Emergency</u> UPC: (213) 740-4321, HSC: (323) 442-1000 – 24/7 on call

Emergency assistance and avenue to report a crime. Latest updates regarding safety, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible.

<u>USC Department of Public Safety</u> UPC: (213) 740-6000, HSC: (323) 442-1200 – 24/7 on call

Non-emergency assistance or information.

#### <u>Office of the Ombuds</u> (213) 821-9556 (UPC) / (323-442-0382 (HSC)

A safe and confidential place to share your USC-related issues with a University Ombuds who will work with you to explore options or paths to manage your concern.

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<u>Occupational Therapy Faculty Practice</u>
(323) 442-2850 or <u>otfp@med.usc.edu</u>
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Confidential Lifestyle Redesign services for USC students to support health promoting habits and routines that enhance quality of life and academic performance.