

Abbreviated Course Syllabus

**OT 310 – EXPLORING CREATIVE OCCUPATIONS
Fall 2025 – Section 47712**

Class Day: Monday
Class Time: 10:00 am-11:50 am

Instructor: Gabe Cravens, OTD, OTR/L
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COURSE DESCRIPTION

In this course, we will focus on the analysis of life stories, creative works, and creative theory to understand the interrelationship between creative expression, occupation (meaningful activity), and health. By actively participating in personal creative projects, the curriculum is structured to facilitate a thorough comprehension of the interplay between various creative process, day-to-day occupational engagement, and their influence on well-being.

COURSE HIGHLIGHTS!

- Lots of engaging activities!
- Hands-on creative workshops!
- Guest lecture from creatives in the Los Angeles area!

REQUIRED READING

All articles/readings are available through the USC library and are posted on Blackboard

ASSIGNMENTS & GRADE BREAKDOWN

Assignment	% of grade
Reflective Journals (2) <i>About the development of your creative project over the semester related to creative theorists</i>	25%
Vlog Assignment <i>Video blog using storytelling concepts</i>	20%
Artist Spotlight <i>Small group discussion about your favorite artist</i>	20%
Creative Project (Final) <i>Semester-long creative project</i>	20%
In-class participation	15%
TOTAL	100%

COURSE SCHEDULE

Week	Topic
Week 1	Course Review & Introduction
Week 2	Labor Day - No Class
Week 3	What is creativity? – The Artist’s Way
Week 4	The Flow of Creativity
Week 5	Creative Courage – The Courage to Create
Week 6	Creativity in Education
Week 7	Clay Workshop
Week 8	Technique for producing ideas
Week 9	The Life Story as a Narrative Genre: Storytelling and Storymaking
Week 10	Life as an Improvisational Art Form - Collaging Workshop
Week 11	The Power of Comics – Comicbook Workshop
Week 12	Cultural Transformations: How Ordinary Individuals Change Culture Through Creativity
Week 13	Creativity as Therapy – Painting Workshop
Week 14	Holiday - No Class
Week 15	The Power of Theater – Theater Workshop
Week 16	Final - Creative Project Presentation

Note: In order to optimize the learning experiences, the course instructor reserves the right to amend the syllabus as needed throughout the semester.

Please reach out with any questions, I would love to chat! Can’t wait to have you in class!

Gabe Cravens, OTD, OTR/L

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<https://classes.usc.edu/term-20253/classes/ot/>