

**Abbreviated Course Syllabus**

**OT-251 Across the Lifespan: Occupations, Health and Disability  
Spring 2025 (Section 47710)**

**Class Day:** Monday & Wednesday      **Instructor:** Diego Lopez, OTD, OTR/L  
**Class Time:** 12:00pm-1:50pm      **Email:** [diego.lopez@chan.usc.edu](mailto:diego.lopez@chan.usc.edu)  
**Location:** THH 212      **Office:** THH B4

Contact me with any questions!

**COURSE DESCRIPTION**

The purpose of this course is to understand human development throughout the lifespan as a transformation of one’s participation in meaningful activities (occupations). Students will explore human development and participation in occupations from biological, psychological, social and cultural perspectives, utilizing a lifespan perspective, as well as a variety of other theories: Bronfenbrenner’s Ecological Systems Theory, Erikson’s Stages of Psychosocial Development, the Person Environment Occupation Model, Information Processing Model, Piaget’s Cognitive Developmental theory and Vygotsky’s Sociocultural theory. They will also examine the transactional relationship between participation in occupations and development for both typically developing individuals and those living with disabilities.

**COURSE HIGHLIGHTS!**

- You get to learn about what development may look like throughout the lifespan and meaningful activities we may participate in during each stage of life.
- You get to reflect on the experiences you’ve had growing up and what may be expected into the future.
- A team-based learning model is used to learn how occupations change and development throughout the course of one’s life.

**GRADE BREAKDOWN**

<b>ASSIGNMENTS</b>	<b>% OF GRADE</b>
<b>Individual Performance</b> <ul style="list-style-type: none"><li>• Individual quizzes that happens in-class for each module</li><li>• A midterm and final Essay</li></ul>	__ % (Decided Week 2)
<b>Team Performance</b> <ul style="list-style-type: none"><li>• Team-based open note quizzes that happen in-class for each module.</li><li>• 6 team-based application challenges to make decisions about real-world scenarios</li></ul>	__ % (Decided Week 2)
<b>Participation</b> Completion of and engagement of in-class activities and peer evaluation	20%

### **COURSE SCHEDULE**

<b>Week</b>	<b>Topic</b>
1	Introduction & get to know teams
2	Theories of Development and Occupation
3	
4	
5	Creating Bonds: Zero to two years
6	Play as Occupation: Early Childhood
7	
8	Mastering School and Social Learning: Middle Childhood
9	
10	Spring Recess ☺
11	Identity, Love, Work: Adolescence and Early Adulthood
12	
13	Changing Relationships and Generativity: Middle Adulthood
14	
15	Healthy Aging and Meaning: Late Adulthood and Death
16	
Finals Week	Final due via Brightspace online

***Note: In order to optimize the learning experiences, the course instructor reserves the right to amend the syllabus as needed throughout the semester.***

Please reach out with any questions! Can't wait to have you in class.

Diego

[diego.lopez@chan.usc.edu](mailto:diego.lopez@chan.usc.edu)

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<https://classes.usc.edu/term-20251/classes/ot/>