

**GERONTOLOGY 541: Health Care Delivery Models: Comparative Approaches
Spring 2024**

Time: Tuesdays 4:00-6:50 PM
Location: GER 230

Instructor: Ara Sayabalian MBA, Ed.D., MS

Office Hours: Tuesdays 3:00 – 4:00PM
Office: GER 231
E-mail: sayabali@usc.edu

Learning Objectives

Students will be able to:

1. Design strategic start up initiatives to help add value to the health care system.
2. Understand how new organizations can add value to the different health care models.
3. Understand how to create a start up that will add value from an enterprise opportunity.
4. Understand health care issues and the challenges of an aging society.
5. Understand the basic nature of the U.S. health care systems.
6. Understand the drivers of healthcare cost in the United States.
7. Describe key enacted and proposed legislation affecting healthcare services for older adults
8. Identify various methods for structuring and paying for healthcare services for older adults.
9. Examine the social, political and provider response to the corporatization of healthcare.
10. Analyze provider incentives and utilization review approaches used to contain costs.
11. Analyze the relationship between payment structure and cost to consumers, providers and third party payers, including the government.
12. Assess what is known about the relationship between healthcare delivery models and health-related outcomes.
13. Explain social determinants of health and how they impact the healthcare delivery system.
14. Describe how managed care delivery models affect the financing and delivery of long term care.
15. Describe how long term care insurance impacts the delivery of healthcare for older adults.
16. Describe innovative demonstration projects and state models of managing chronic care.
17. Assess how the Affordable Care Act has changed healthcare delivery in the United States.
18. Identify racial and ethnic disparities in health status.

Course Requirements:

Measures used to determine your grade in the course are:

State of the Art Analyses	5%
Class Participation	15%
Healthcare site visit (Optional)	15%
Midterm Paper	20%
Executive Summary for Final Paper	15%
Final Paper	25%
Oral Presentation (Optional)	5%

State of the Art Analysis

You will be expected to write one state of the art analysis briefs, two from newspapers, television shows or articles in non academic publications and one from an academic journal. You may do any or all earlier than these deadlines if you choose. To complete these assignments, select a newspaper article (or journal article) relevant to healthcare delivery systems for older adults and summarize the contents of the article and analyze how it fits, builds on, or changes concepts and issues you have been exposed to in class and/or your readings. Identify what you believe are the implications for older adults. For example, you can select an article on new or proposed legislation, managed care/MediCare trends, provider issues or court cases. Each paper should be between 500 and 1,000 words. You should be prepared to share your analysis brief with others in the class. Please attach the article or the link so that I may review the article.

Class Participation

Obtaining a good score in participation requires that you consistently attend class or for our internet students, you must participate weekly to the discussion board. Classroom students can choose to participate via the discussion board as well. You must also demonstrate that you are familiar with the content of the reading assignments by summarizing key points, offering your own insights and asking thoughtful questions. In addition, you should bring in issues for class discussion that you have identified through recent journal articles and publications. Minimum requirements are that you will post your own original post each week and that you will respond to at least one other student's post or comment made by an in class student. Students are expected to actively contribute to class discussions.

Healthcare site visit (Optional)

Choose two skilled nursing facilities, assisted living communities, memory care communities, healthcare communities in your area. You will be expected to visit both sites, compile your impressions of the facility and how it represents quality healthcare. You are strongly advised to discuss how quality is measured and ensured with someone from

administration at each site. Your analysis should be approximately 4 pages with the following information: Environment at each site, Staff observations at each site, interview with administrative staff about quality.

Midterm Paper

Choose one of the topics listed below or a topic approved by lecturer, and write a paper. The goal of this assignment is for you to examine some of the literature and build on it by offering insightful innovations of your own. You can use the readings from this class, articles posted by your fellow students and other appropriate sites in order to support your opinion on the future of healthcare delivery models for older adults. The paper must reflect your opinions and demonstrate your familiarity with the class readings.

This assignment will be graded based on how well you incorporate references from the literature, how specific and well-defined your opinions relate to healthcare delivery models and the grammatical execution of your paper. If you would like to propose another topic, please discuss with the instructor Your innovations are an important aspect of this paper. The paper must be double spaced, in 12 Font and not to exceed 10 pages, excluding your works cited page and title page.

1. Medicare payment systems
2. Managed Care Health Care Delivery Systems
3. State payment systems (Medi-Caid/Medi-Cal)
4. Long Term Care Insurance, or Long Term Care Healthcare Delivery
5. Management of Chronically Ill Older Adults
6. Management of Long Term Care for Older Adults
7. Ensuring Quality of Healthcare for Older Adults
8. Healthcare Reform
9. End of Life
10. Memory Care For Seniors
11. Home Health Delivery Systems
12. Assisted Living/Senior Care
13. Legal Landmark Court Cases that changed trajectory of Health Care for Seniors

Executive Summary

The issue brief is a 2-3 page synopsis of your final paper. It should hit the high points of what you have discovered. You should bring copies to class for distribution to your fellow students when you present your final paper.

Final Paper

This requires writing an in-depth analysis/state of the art paper of an innovative and start up health care delivery model or system. Some examples may include: Telemedicine, Dual Demonstration Projects, IPAs, PACE, Long Term Care Waiver Programs or other innovations that enable the healthcare delivery for older adults. Or, students may select a current issue related to healthcare reform, managed care, quality of care, outcomes

research, care coordination, disease management and examine how this area affects the healthcare delivery for older adults.

The paper should be typed, double-spaced in 12-pitch Times Roman font. Leave one inch margins on each side.

You should address the following in both your midterm and final papers:

1. What is the program or topic that you have selected and why is it important to older adults?
2. What is the legislative history of the program or topic? When did it originate and how has it changed over time?
3. What are the major features/tenets/guiding principles/components of the program or topic?
4. How does the program impact the elderly? Who does it benefit and how? What are the major issues in terms of the concepts discussed in class? What are the important areas that are not addressed by the program?
5. What do you see as the future issues that confront this particular area?
6. What changes or modifications would you make to impact the program or topic in a more positive way and why?

Grading Criteria for All Papers

Comprehensiveness: Is your analysis comprehensive? Have you briefly delineated the key issues and historical stages? (50%)

Execution: Is your paper well written, presentable, and well organized? Is it grammatically correct? (15%)

Documentation: Have you included references to the literature (especially class readings and a bibliography)? Use parenthetical references, e.g. (Torres-Gil, 1992). Do you handle the concepts well and use the readings appropriately? In your midterm and final, it is expected that you will use a minimum of 5 references from Shi and Singh. In addition, you will need to use at least 3 additional citations from other sources.(25%)

Creativity and Original Thought: Do you bring anything new or original to your discussion? Do you look at issues in a new light or suggest new ideas in your paper? (10%)

In Class Presentation

Each student will be required to present the findings documented in their final paper to the class. Copies of the executive summary will be distributed to the class. You may use a power point presentation, posters or other audio visual aids as desired. Presentations shall be limited to 10 minutes. Grade reductions will occur if the time limit is exceeded. Internet students are expected to post a live recording of your presentation to the Blackboard for presentation in class.

Required Readings:

Gawande, Atul. "The Cost Conundrum" The New Yorker June 1, 2009. (Will be posted on line)

Kongstvedt, Peter. 2009. Managed Care: What it is and How It Works, 3rd Ed. Jones and Bartlett Publishers.

Shi, L. & Singh, D. A. (2012). Delivering Health Care in America: A Systems Approach. Sudbury, MA: Jones and Barlett Publishers.

Recommended Readings:

Evashwick, C. J. (2001). The Continuum of Long Term Care: An Integrated Systems Approach. Delmar Publishers.

Institute of Medicine (2001). Crossing the Quality Chasm: A New Health System for the 21st Century. Washington, DC: National Academy Press.

Mechanic, D. , Rogut, L. , Colby, D. & Knickman, J. (2005). Policy Challenges in Modern Health Care. Rutgers University Press.

Rantz, Marilyn J. and Flesner, Marcia K. (2004). Person Centered Care: A Model for Nursing Homes. Washington, DC: American Nurses Association.

Washington Post Staff (2010). Landmark: The Inside Story of America's New Health-Care Law and What it Means for Us All. Public Affairs: New York.

All readings should be completed prior to the class sessions for which they are assigned. Students are expected to demonstrate familiarity with the content of assigned readings during class. Reading assignments are intended to augment the class discussions and lectures, not to duplicate them.

Because health care is an extremely dynamic field, you are required to read a daily journal to understand and share trends. You may choose from variety of publications including but not limited to, the Wall Street Journal, New York Times, Washington Post or Los Angeles Times. These can all be accessed via the Internet. It is also expected that you will use the Internet throughout the class to keep updated on new trends and developments in health care. As part of your reading, you will be expected to contribute a minimum of three articles over the course of the semester. You should be prepared to summarize the contents of each article and facilitate a class discussion on the implications.

Statement for Students with Disabilities

Any student requesting academic accommodations based on a disability is required to register with Disability Services and Programs (DSP) each semester. A letter of verification for approved accommodations can be obtained from DSP. Please be sure the letter is delivered to me (or to TA) as early in the semester as possible. DSP is located in STU 301 and is open 8:30 a.m.–5:00 p.m., Monday through Friday. The phone number for DSP is (213) 740-0776.

Statement on Academic Integrity

USC seeks to maintain an optimal learning environment. General principles of academic honesty include the concept of respect for the intellectual property of others, the expectation that individual work will be submitted unless otherwise allowed by an instructor, and the obligations both to protect one's own academic work from misuse by others as well as to avoid using another's work as one's own. All students are expected to understand and abide by these principles. *Scampus*, the Student Guidebook, contains the Student Conduct Code in Section 11.00, while the recommended sanctions are located in Appendix A: <http://www.usc.edu/dept/publications/SCAMPUS/gov/>. Students will be referred to the Office of Student Judicial Affairs and Community Standards for further review, should there be any suspicion of academic dishonesty. The Review process can be found at: <http://www.usc.edu/student-affairs/SJACS/>.

COURSE OUTLINE

Week 1

Introduction and Expectations, Overview of the Course and Basic Principles of Health Care

Readings: Kongstvedt, Chapter 1.

Shi & Singh, Chapter 1 & 2

http://www.rureadyca.org/sites/default/files/images/economic_study_11-7-2013_for_web.pdf

(Optional) Send a You Tube introduction to my email, sayabali@usc.edu.

Discussion: Introduce yourself, your background and why you selected this course. What is your interest/background in healthcare? Do you agree or disagree with the paper “Will Boomers Bust the Budget? What do you think states, in particular California, should be doing to prepare for the “silver tsunami”?”

Week 2

Historical Perspective of Health Care and the Changing Structure of Health Care

Readings: Shi & Singh, Chapters 1 & 2

Kongstvedt, Chapter 2

Will be posted

Discussion: What is the American healthcare delivery system missing? Why do you think our delivery system looks so different from European countries?

Week 3

Health Care Structure in the 21st Century

Discussion surrounding divergent types of health care structures and payment systems

Readings: Shi & Singh, Chapter 3

The Healthcare Delivery System, A Blueprint for Reform

Discussion: Does our current payment system help to provide the care older adults need? Support your answer.

State of the art analysis #1 DUE

Week 4

Managing Care and Managing Costs

Discussion about the tools modern healthcare uses to manage costs. Does this have a positive or a negative effect on quality? Does that matter?

Readings: Gawandi, “The Cost Conundrum” The New Yorker

<http://iom.edu/Reports/2013/Variation-in-Health-Care-Spending-Target-Decision-Making-Not-Geography.aspx>

Shi & Singh, Chapter 9

Discussion Board: Is managing healthcare costs wrong? Support your viewpoint and respond to at least one other person who disagrees with your viewpoint.

Week 5

Understanding Medicare

Brief History of Medicare and basic program features.

Readings: Shi & Singh, Chapter 6

http://www.lcao.org/files/2013/06/Medicare-Reform_The-Seniors-Perspective.pdf

<http://www.usatoday.com/longform/news/2015/06/05/medicare-costs-seniors-sick-chronic-conditions/27390925/>

Look up at cms.gov the basic medicare benefits

Discussion: What are your thoughts about Medicare for all? Is this the best delivery system to base national healthcare?

Week 6

Understanding Medicaid, what it covers and how it relates to Medicare.

Readings

Shi & Singh, Chapter 5

Look up at your state's web site to find out what Medicaid covers.

Discussion: Are the Medicaid benefits alone sufficient to meet the health care needs of older adults? What are your thoughts about Medicaid? What are your thoughts about Medicare?

Week 7

Post Acute Care Delivery

Readings: Shi & Singh, Chapter 10

To be posted on the blackboard

<http://www.kaiserhealthnews.org/Stories/2013/December/01/post-acute-care-Medicare-cost-quality.aspx#.Up-3dhRgV9E.aolmail>

What are the strengths and weaknesses of the post acute care delivery system?

Week 8

Use this week to identify 2 Healthcare sites(same category) in your area. The categories can be Skilled Nursing, Assisted Living, Memory Care or other (with instructor approval). Visit both sites and compare and contrast the two facilities.

Week 9

Quality, Outcomes and Consumer Protection

Readings: Shi & Singh, Chapter 7

Look up the 5 star rating for nursing homes on medicare.gov

Look up the star rating for hospitals on medicare.gov

Discussion: What are we NOT doing that would better protect consumers? How would you define quality healthcare delivery?

Midterm due by 5p

Send electronically to my USC email address

Week 10

Choice, Ethics, End of Life Care

Readings: Shi & Singh, Chapter 8

Provided-Education for Physicians on End of Life Care

Provided-Ethical principles in end-of-life decisions

in different European countries

Provided: <http://www.nytimes.com/2010/06/20/magazine/20pacemaker-t.html?pagewanted=all>

Discussion: Should everyone be required to have an advanced directive? Is that enough to provide optimal end of life care? What are your thoughts on the article, “What Broke My Father’s Heart”? Should hospitals be allowed to end life sustaining treatment when the patient without the family’s consent?

Assignment due: Healthcare site visit paper.

Week 11

Innovative Models of Care : PACE, SHMO, EverCare, Planetree, Eden Alternative

Provided: Mandatory Health Insurance: Lessons from Massachusetts

Provided: Gross, Diane L.; et.al. “The Growing Pains of Integrated Health Care for the Elderly: Lessons from the Expansion of PACE”. Milbank Quarterly 82(2):257-282, June 2004.

Provided: Reflections on a visit to a dementia care village

Provided: Quality in Medicare: From Measurement to Payment and Provider to Patient

Discussion: Which, if any, of the discussed models of care are sustainable and what makes them sustainable?

Week 12

State Models of Integrated Care

Readings: Shi & Singh, Chapter 12

Discussion: What is at least one integrated model in your state?

Week 13

Technology and Healthcare Delivery Reform

Readings: Shi & Singh, Chapter 14

Current Health Care Reform

Research 2 articles on the most current components of health care reform and how it will affect older adults and be prepared to share.

Examples: GUIDE program, Medicare Advantage, Coverage, Hospice Care, Senior Living Financial Help

Discussion: Is health care reform going to make current government coverage (Medicare and/or Medicare Advantage) better or worse, and why?

Week 14

Executive Summary DUE

Oral Presentation DUE

All students to do class presentation. In class participants must be in person or via recording/Zoom for distance learners. All students completing the class presentation via recording, must have the recording delivered to me by 4p today.

Email: sayabali@usc.edu

Week 15

No class. Use this time to work on your final paper.

Week 16

Final Paper DUE by 5p