

# **THTR 474 Intro to Standup Comedy**

Fall 2024—Fridays (63087)—10 to 11:50am

**Location: DAB B5 (Stop Gap Theater)** 

Units: 2

**Instructor: Judith Shelton (Jude)** 

Office: TBD or Virtual: <a href="https://usc.zoom.us/my/judes.office">https://usc.zoom.us/my/judes.office</a>
Office Hours by appointment: Tuesday, Thursday, and Friday Contact Info: You may contact me Mon. – Fri., 9am-5pm

Email preferred - judiths@usc.edu

I return emails Monday – Friday, 9am-5pm

On class days, in an emergency only, text 626.390.3678

# **Course Description**

This course will offer a specific look at the art of Standup Comedy and serve as a laboratory for creating original standup material: jokes, bits, chunks, and sets while discovering your truth and your voice. Students will practice bringing themselves to the stage with complete abandon and unashamed commitment to their unique sense of humor. We will explore the "rules" that facilitate a healthy standup dynamic and delight in the human connection through comedy. Students will draw on anything and everything to prepare and perform a three-and-a-half-minute-set in front of a live campus audience.

# **Learning Objectives**

By the end of this course, students will be able to:

- Implement the comic's tools: notebook, mic, stand, "the light," and recording device
- List the elements of a joke and numerous joke styles
- Execute the stages of standup: write, "get up," record, evaluate, re-write, get back up
- Identify style, structure, point of view, and persona in the work we admire
- Demonstrate their own point of view and comedy persona (or character)
- Use improvisation, crowd work, and editing as needed
- Differentiate audience feedback (including heckling) using sight and sound
- Demonstrate being an active listener, offering "pitches" and audience feedback
- Participate in constant, constructive evaluation of their own work
- Write and perform a three-and-a-half-minute standup act

# **Recommended Reading**

I Can't Make This Up: Life Lessons by Kevin Hart (Audiobook encouraged)
Born Standing Up: A Comic's Life by Steve Martin (Audiobook encouraged)

The History of Stand-Up by Wayne Federman

The Comedians: Drunks, Thieves, Scoundrels and the History of American Comedy by Kliph

Nesteroff (Audiobook available)

Daily Rituals: How Artists Work by Mason Currey It's Garry Shandling's Book by Judd Apatow

How to Succeed in Business Without Really Crying by Carol Leifer

## **Auditing Student Policy**

Auditing students attend class strictly as observers and will not participate.

#### **Recommended Preparation**

STAY HEALTHY: take care in high-risk situations and wash your hands.

Come to each class on time and be prepared to get on stage.

Come willing to take risks, be honest yet playful, inquisitive, and supportive.

We do not officially take a break during class, but you may use the restroom when necessary.

#### **Course Notes on Attendance**

This is a performance class; all "the good stuff" happens in class. Missing class means missing points for the in-class exercises and discussions, impacting your grade. Also, being late or leaving early will cost you a participation point. You may make up 15 points if the need to miss class completely/arrive late/leave early arises. Use those missed classes wisely; a variety of things could come up. Fifteen points is all I offer, so make the effort to stay healthy and be present in class. If you are not in class to perform, you must make up those missed points.

#### **Description of Grading Criteria and Assessment:**

**Grades are not dictated by** the success of comedy presentations or the instructor's subjective opinion of talent, intellect, or sense of humor.

#### Grades are dictated by:

Points. Each aspect of class has a point value: participation, in-class exercises and assignments, Midterm, Show, and Final. I provide options to make up 15 points total per semester. More details are listed under "Make-Up Options".

## Participation (15% of total grade):

- In-class active analysis of presented materials such as text and video clips
- Constructive feedback on classmates' comedy presentations
- Willingness to experiment and apply the constructive feedback of the instructor and other students to one's work
- If a student is late or leaves early, they will lose their participation point for that day

## Exercises and Assignments (47% of total grade):

- Due to the live performance aspect of standup comedy, exercises and homework assignments will be presented in class, no video submissions will be accepted at any time
- If you cannot commit to being in this class on time, please wait for another semester
- Student invests fully, striving to make a connection with the crowd and improve over time
- If a student misses an exercise or assignment, student accepts that they have missed their opportunity to perform (stage time) and will lose points, which will impact their grade

#### Midterm (16% of total grade):

- The Midterm presentation is worth 16 points, presented in class w/no paper component
- You may use PowerPoint, but it is not required
- What is required is showing a photo during the presentation and submitting a clip
- If you miss the Midterm, you lose 16 points, which will significantly impact your grade
- The policy for tardiness/leaving early (pg. 4) applies to the Midterm as well
- No phones or papers, but you may use PowerPoint or hold 3x5 or 5x7 index cards

#### Show (15% of total grade):

- You must perform in the Show; it is worth 15 points
- Performers know that making their health a priority is part of the job
- Please use extra caution to keep yourself healthy during show week
- You may choose to do less time, but let's talk about it before you decide
- If you do not perform in the show, you will lose 15 points

## Final (7% of total grade):

- The Final will be submitted electronically via the Brightspace board, TBD.
- The Final is a paper worth 7 points and must be at least 500 words. I will check the count.
- The Final must be posted by the end of the 2-hour Final period, with no emailed papers.
- Tech problems happen during finals week, please submit early. No late papers accepted.
- Not posting a paper on time will result in losing 7 points, impacting your grade.

#### Make-up options:

- If you miss an in-class exercise or assignment, you may make up 15 points by Friday, December 6<sup>th</sup>, at 11:59pm. Brightspace submissions close at 11:59pm.
- You may make up **8 points** by doing a **non-USC** open mic or booked show.
- You may make up **6 points** by doing a **USC** open mic or booked show.
- You must send a clip of your set. (A photo + audio clip will also work)
- You must post the clip AND a paragraph (at least 5 sentences) on the experience to the class and me via a specific board on Brightspace, TBD.
- Technical/posting issues will result in a loss of points, leave time to figure it out.
- You may make up **2 points** by switching sections *if room is available that day.*
- You may make up **3 points** by watching a live standup show or a streaming comedy special and post a paragraph (at least 7 sentences) to the Brightspace discussion board.
- Make-up points do not count toward the Show or Final. You must do the show.

Exercises and Assignments	Points	% Of Grade
Week 1, in-class improvised exercise	1	1
Week 2, in-class improvised exercise (Pain)	2	2
Week 3, in-class write/get up exercise (Anger)	4	4
Week 4, 1 <sup>st</sup> assignment: Joke Styles	6	6
Week 5, 2 <sup>nd</sup> assignment: 10 Jokes	10	10
Week 6, 3 <sup>rd</sup> assignment: First Set	6	6
Week 7, No Class-Fall Break	0	0
MIDTERM Presentation: Critical Analysis, Established Comedian	16	16
Week 9, in-class exercise, Crowd Work	5	5
Week 10, 4 <sup>th</sup> assignment: Second Set	7	7
Week 11, in-class exercise, Heckling	5	5
Week 12, 7 <sup>th</sup> assignment: Final Set-Draft, 1 <sup>st</sup> Show Rehearsal	8	8
Week 13, 8 <sup>th</sup> assignment: Final Set-Polished, 2 <sup>nd</sup> Show Rehearsal	8	8
Week 14, No Class-Thanksgiving Break	0	0
Week 15, SHOW WEEK	15	15
FINAL: Paper Due: Critical Analysis, Self	7	7
Total	100	100

## **Grading Scale:**

**Excellent:** A (4) = 100-96; A- (3.7) = 95-90

**Good: B**+ (3.3) = 89-86; **B** (3) = 85-84; **B**- (2.7) = 83-80 **Average: C**+ (2.3) = 79-76; **C** (2) = 75-74; **C**- (1.7) = 73-70

**Poor:** D (.7-1.3) = 60's **Fail:** F (0) = 59 and below

# **Further Grading Notes:**

• Students joining the class late must make up all the missed week's points.

- If your work in class is unsatisfactory, you will be warned before the deadline for dropping the course with a "W," November 15<sup>th</sup>. I will discuss your work at any time.
- Auditing students attend class strictly as observers and do not participate.

## **Academic Integrity**

The University of Southern California is foremost a learning community committed to fostering successful scholars and researchers dedicated to the pursuit of knowledge and the transmission of ideas. Academic misconduct is in contrast to the university's mission to educate students through a broad array of first-rank academic, professional, and extracurricular programs and includes any act of dishonesty in the submission of academic work (either in draft or final form).

This course will follow the expectations for academic integrity as stated in the <u>USC Student Handbook</u>. All students are expected to submit assignments that are original work and prepared specifically for the course/section in this academic term. You may not submit work written by others or "recycle" work prepared for other courses without obtaining written permission from the instructor(s). Students suspected of engaging in academic misconduct will be reported to the Office of Academic Integrity.

Other violations of academic misconduct include, but are not limited to, cheating, plagiarism, fabrication (e.g., falsifying data), knowingly assisting others in acts of academic dishonesty, and any act that gains or is intended to gain an unfair academic advantage.

Academic dishonesty has a far-reaching impact and is considered a serious offense against the university. Violations will result in a grade penalty, such as a failing grade on the assignment or in the course, and disciplinary action from the university itself, such as suspension or even expulsion.

For more information about academic integrity see the <u>student handbook</u> or the <u>Office of Academic Integrity's website</u>, and university policies on <u>Research and Scholarship Misconduct</u>.

Please ask your instructor if you are unsure what constitutes unauthorized assistance on an exam or assignment or what information requires citation and/or attribution.

## **Assignment Submission Policy**

This is a live performance class, no video submissions of presentations or exercises. Visits to my office hours are not accepted as submitted work.

## Sharing of course materials outside of the learning environment

USC policy prohibits sharing of any synchronous and asynchronous course content outside of the learning environment. SCampus Section 11.12(B)

Distribution or use of notes or recordings based on university classes or lectures without the express permission of the instructor for purposes other than individual or group study is a violation of the USC Student Conduct Code. This includes, but is not limited to, providing materials for distribution by services publishing class notes. This restriction on unauthorized use also applies to all information, which had been distributed to students or in any way had been displayed for use in relationship to the class, whether obtained in class, via email, on the Internet or via any other media. (See Section C.1 Class Notes Policy).

#### **Course evaluation**

Course evaluation occurs at the end of the semester university-wide. It is an important review of students' experience in the class. You should expect to receive an email update once the system has launched to provide your feedback on this course. In addition, you are always welcome to connect with me as the instructor to offer any feedback on the course.

## **ATTENDANCE**

#### **Absences:**

Developing standup material and style depends on consistent writing (usually as homework) and "getting up" (performing in class). Each class helps you build and refine material over time. <u>Be</u> advised: if you miss a class, points awarded that day for performing your standup material in class and being an active, supportive audience member will be lost. I provide make-up options should you need to miss a class or two. But things happen; save missing class for emergencies.

#### Tardiness/leaving early:

Everyone gets up each class. Names are picked "lottery" style. When you are late or leave early, it is unprofessional, disruptive, and unsupportive. Committing to this class means being here from 10 to 11:50am. If you arrive after 10:05am you will lose your participation point for the day. Students arriving late are put at the end of the lottery and might not get up, depending on time. I take the late people last, in the order they arrived. Students choosing to leave early lose their participation point and risk not getting picked before they wish to go, losing all the points for the day. I do, however, try my best to get you all up. I realize things happen, and I will try to make time for you, but this class is full, only 2 hours, and we have a lot to cover. Be mindful of days that have more points, like the 10 Jokes Day and the Midterm. I end class at 11:40am to give homework. Everyone who attends class on time and stays the duration will get up. Anyone late/leaving early may or may not get up, depending on time and running order. If you are not in class for the homework, please refer to this syllabus or contact another student. Please do not email me asking what the homework is. It is all here in this syllabus. Choose to be in class on time, stay the whole class, and remain aware of what is required of you.

# **Course Schedule: A Weekly Breakdown**

Text in **bold** indicates the **assignment requiring preparation**.

(This timeline is subject to change in **extreme** cases. Being in class ensures you are aware of any changes.)

	Topics/Daily Activities	Readings and Homework	Deliverable/ Due Dates
Week 1	Marm up introductions discussion of	Re-write your	
Aug. 30	Warm-up, introductions, discussion of syllabus (our contract)	jokes, evaluate,	Ongoing – you are gathering
Aug. 30	Introduction to the tools of our trade		
		and compile	material every
	A guide to the writing phases: Write, "get	them to build	week for the
	up", record, evaluate, rewrite, get back up	your show set.	show at the
	In-class improvised exercise and stage time		end.
Week 2	Pain in Standup:	Re-write your	Ongoing – you
Sept. 6	Comedy as sword, shield, or balm	jokes, evaluate,	are gathering
	Class conversation and clips	and compile	material every
	In-class improvised exercise and stage time	them to build	week for the
	How to write for stand up	your show set.	show.
Week 3	Anger in Standup:	Homework:	Due week 4
Sept. 13	Bend it, don't break it	Research the	Sept. 20, 2024
	Class conversation and clips	joke style I	
	In-class writing exercise and stage time	assign to you	
Week 4	First assignment* - Joke Styles	Homework:	Due week 5
Sept. 20	Present assigned joke style given in class 3	Deliver 10	Sept. 27, 2024
	3 minutes, max.	original jokes,	
	I will give specifics in class and on Brightspace	in any joke style	
Week 5	Second assignment* - 10 Jokes	Homework:	Due week 6
Sept. 27	Perform 10 original jokes, any style	Work on first set	Oct 4, 2024
-	3 minutes, max.		
	Extra credit points awarded for any extra		
	jokes with their own set up and punch.		
	(Take advantage of this!)		
Week 6	Third assignment* - First Set	Homework:	MIDTERM
Oct. 4	Bring in 2 minutes max. of best "bits" from	Receive assigned	week 8
	weeks 1-5, creating a "set"	comic in class	Oct. 18, 2024
	Clips and discussion on Point of View and	and prepare for	ŕ
	Stage Persona; the use of rhythm, timing, wit,	Midterm	
	physicality, and recurring themes	presentation	
Week 7	Fall Break – No Class	No homework!	MIDTERM
Oct. 11	112 21 2011	Please relax and	week 8
		recharge! It is	Oct. 18, 2024
		good for you to	200. 20, 2024
		take a break	
		(AndMidterm	
		next week!)	
		HEAL WEEK!)	

Week 8	MIDTERM* Presentation	Homework:	Discussion and
Oct. 18	Critical Analysis of Established Comic	Research and	exercise
	No phones or papers allowed "on stage"	watch examples	week 9
	3x5 or 5x7 notecards or PowerPoint OK	of crowd work	Oct. 25, 2024
	Presentation of <b>assigned</b> comedian,	,	
	analyzing, and critiquing their material,		
	influences, POV, persona, work habits,		
	career, demons, legacy, etc.		
	I will give specifics in class and on Brightspace		
Week 9	Performance technique: Crowd Work and	Homework:	Due week 10
Oct. 25	Improvising	Prepare 2 <sup>nd</sup> set	Nov. 1, 2024
	Survival skill #1 that leads to confidence and	7.0pu.0 = 300	
	flexibility, on stage and in life		
	In-class discussion, exercise, and stage time		
Week 10	Fourth assignment* - Second Set	Homework:	Discussion and
Nov. 1	Present second set, 3 minutes max.	Research and	exercise
	May include new material	watch examples	week 11
	Assessment of each student's POV/Persona	of heckling	Nov. 8, 2024
Week 11	Performance technique: Heckling and	Homework:	Due week 12
Nov. 8	Discernment	Work on 3.5-	Nov. 15, 2024
	Survival skill #2 that leads to confidence and	minute draft of	·
	flexibility, on stage and in life	show set for	
	In-class discussion, exercise, and stage time	class run	
		through/first	
		rehearsal	
Week 12	Fifth assignment* -	Homework:	Due week 13
Nov. 15	First rehearsal w/ hosts*	Bring your	Nov. 22, 2024
	Perform a 3.5-minute draft of final set	polished set for a	
	Must choose from material presented in	final class run	
	classes 1-11	through/second	
	Hosts will audition on this day	rehearsal	
	*Not everyone who wants to host will host	3.5 minutes max.	
		MEMORIZED!	
Week 13	Sixth assignment* -	Homework:	Due week 15
Nov. 22	Final rehearsal w/ hosts*	Make final	Dec. 5 or 6,
	Perform a 3.5-minute memorized set	changes on your	2024
	No new material	show set!	
	Some hosts will be called back on this day	Memorized but	
	*Not everyone who wants to host will host	do not over	
		rehearse.	
	EVALUATIONS must be at 80% before I	Stay loose!	
	can start this class, so please do them		
	early!		
	<i>1</i> ·		

Week 14 Nov. 29	No class-Thanksgiving break  * Additional rehearsal available: Tuesday, Dec. 3 <sup>rd</sup> 12-1:50pm in MCC 111 Optional. Please sign up via Google sheet.	No homework! Please relax and recharge! It is good for you to take a break. (AndSHOW next week!)	Due week 15 Dec. 5 or 6, 2024 (Reminder: make-up work due Dec. 6 <sup>th,</sup> by 11:59 pm)
Week 15 Dec.	SHOW DAY!	Homework: CRUSH IT AT THE	Due Monday Dec. 16, 2024
5 or 6	You will sign up for 1 of 4 shows: Thursday, Dec. 5 at 9:30pm	SHOW!	by 10am via
	Friday, Dec. 6 at 6:30pm		Brightspace,
	Friday, Dec. 6 at 8:30pm		no emailed
	Friday, Dec. 6 at 10:30pm	Write and post	papers
		Final paper	accepted
FINAL	Final*		Hooray,
Dec. 16	Critical Analysis, Self – Paper only, no class		you did it!
	Written paper due, self-assessing your overall		Thank you for
Due by	progress through the class; including personal		respecting the
10am	challenges, strengths, weaknesses, victories,		process
	and how you will use these standup skills		and doing your
	going forward. Submitted via Brightspace		best!
	discussion board, only. 500 words minimum.		
	No class meeting.		

## **Class Show Dates**

Standup Shows are on campus. You will perform in one show only. Choose from either:

Thurs. Dec. 5 at 9:30pm, Fri. Dec. 6 at 6:30pm, 8:30pm, or 10:30pm.

\*Call time is 30 minutes before the show and is MANDATORY

You must be at one of the two rehearsals (class 12 and 13) to **participate** in the show\* Hosts, you must be at both rehearsals (class 12 and 13) to **host** the show

\*Missing either class rehearsal will result in lost points

# **KEY DATES:** https://classes.usc.edu/term-20243/calendar/ (be sure to double-check these dates)

Aug. 26: Fall semester classes begin

Sept. 13: Last day to drop this class without a "W" or to select "P/NP"

Oct. 11: Last day to drop without a mark of "W" on official transcript only

Oct. 11: Last day to change P/NP to a letter grade

Oct. 10-11: Fall Recess

Nov. 15: Last day to drop this class with a mark of "W"

Nov. 27-Dec. 1: Thanksgiving Break Dec. 6: Fall semester classes end

Dec. 7-10: Study days

Dec. 11-18: Final examinations
Dec. 19-Jan. 12, 2025: Winter recess

#### **Additional Notes**

- No eating is allowed during class at any time, per USC SDA guidelines.
- You may drink water when you need to.
- No social media, texting, computer work. Phones are for sets and recording only.
- We do not take a break, but you may use the restroom as needed.

Welcome to Introduction to Standup Comedy, dear students! It is my joy and privilege to get to know each of you through our collaborative and creative exploration, especially your jokes. Do good work, know yourselves better, risk a little, support each other, and laugh every Friday with me!

**Judith Shelton (Jude)** 

#### SDA PRODUCTIONS, ISPS, AND EXTRACURRICULAR ACTIVITIES

SDA productions, ISPs and Extracurricular Activities\* will not excuse you from any class work. There will be no exceptions made for absences in class, missed or delayed assignments, homework or lack of class participation resulting from your involvement in any of the above. Your grade will reflect your work in this class, independent from work in any other class or activity.

\*Activities that have been officially sanctioned by the larger university (such as marching band, song girls, or varsity sports) are exempt. You must submit official documentation to your professor regarding your participation in an event prior to your absence.

Equity, Diversity & Inclusion + Intimacy in Theatre Consent Culture Statement

Through our pluralistic approach of diverse pedagogies, methodologies, ideologies, and modalities of artistic expression, we invite(engage) and challenge students to expand their breadth and depth of knowledge, complexity, and range of the human experience. Even though we nurture, guide, and challenge our students to embrace the unknown or unfamiliar and step outside of their comfort zones through storytelling/art, we aim to practice effective strategies and offer tools to students mindful of their physical, psychological, social, and emotional wellbeing. In alignment with professional and industry standards, we will integrate core principles and techniques of Intimacy in Theater and Building Cultures of Affirmative Consent. This will provide agency, offer resources and support to the teachers, students, directors, and staff to establish healthy boundaries of consent when working on material that is physically, intimately, or emotionally charged content in both the classroom and production.

# **SDA Student Support & Reporting Form**

To facilitate a supportive environment of accountability, SDA has created an internal system of reporting for students to address issues/concerns and to offer feedback or suggestions for improvement. This mechanism provides a pathway for reporting and offering feedback without fear of retaliation or judgment. Any submission filed through this form will be reviewed and processed accordingly through SDA Office of Equity, Diversity, and Inclusion.

To file a report, please visit: https://bit.ly/SDAstudentreporting

Statement on University Academic and Support Systems

## **Students and Disability Accommodations:**

USC welcomes students with disabilities into all of the University's educational programs. The Office of Student Accessibility Services (OSAS) is responsible for the determination of appropriate accommodations for students who encounter disability-related barriers. Once a student has completed the OSAS process (registration, initial appointment, and submitted documentation) and accommodations are determined to be reasonable and appropriate, a Letter of Accommodation (LOA) will be available to generate for each course. The LOA must be given to each course instructor by the student and followed up with a discussion. This should be done as early in the semester as possible as accommodations are not retroactive. More information can be found at osas.usc.edu. You may contact OSAS at (213) 740-0776 or via email at osasfrontdesk@usc.edu.

#### **Student Financial Aid and Satisfactory Academic Progress:**

To be eligible for certain kinds of financial aid, students are required to maintain Satisfactory Academic Progress (SAP) toward their degree objectives. Visit the <u>Financial Aid Office webpage</u> for <u>undergraduate</u>- and <u>graduate</u>-level SAP eligibility requirements and the appeals process.

#### **Support Systems:**

<u>Counseling and Mental Health</u> - (213) 740-9355 – 24/7 on call

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention.

988 Suicide and Crisis Lifeline - 988 for both calls and text messages – 24/7 on call
The 988 Suicide and Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline)
provides free and confidential emotional support to people in suicidal crisis or emotional distress
24 hours a day, 7 days a week, across the United States. The Lifeline consists of a national
network of over 200 local crisis centers, combining custom local care and resources with national
standards and best practices. The new, shorter phone number makes it easier for people to
remember and access mental health crisis services (though the previous 1 (800) 273-8255 number
will continue to function indefinitely) and represents a continued commitment to those in crisis.

<u>Relationship and Sexual Violence Prevention Services (RSVP)</u> - (213) 740-9355(WELL) – 24/7 on call Free and confidential therapy services, workshops, and training for situations related to genderand power-based harm (including sexual assault, intimate partner violence, and stalking).

Office for Equity, Equal Opportunity, and Title IX (EEO-TIX) - (213) 740-5086 Information about how to get help or help someone affected by harassment or discrimination, rights of protected classes, reporting options, and additional resources for students, faculty, staff, visitors, and applicants.

## Reporting Incidents of Bias or Harassment - (213) 740-2500

Avenue to report incidents of bias, hate crimes, and microaggressions to the Office for Equity, Equal Opportunity, and Title for appropriate investigation, supportive measures, and response.

## The Office of Student Accessibility Services (OSAS) - (213) 740-0776

OSAS ensures equal access for students with disabilities through providing academic accommodations and auxiliary aids in accordance with federal laws and university policy.

## <u>USC Campus Support and Intervention</u> - (213) 740-0411

Assists students and families in resolving complex personal, financial, and academic issues adversely affecting their success as a student.

## Diversity, Equity and Inclusion - (213) 740-2101

Information on events, programs and training, the Provost's Diversity and Inclusion Council, Diversity Liaisons for each academic school, chronology, participation, and various resources for students.

## <u>USC Emergency</u> - UPC: (213) 740-4321, HSC: (323) 442-1000 – 24/7 on call

Emergency assistance and avenue to report a crime. Latest updates regarding safety, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible.

<u>USC Department of Public Safety</u> - UPC: (213) 740-6000, HSC: (323) 442-1200 – 24/7 on call Non-emergency assistance or information.

# Office of the Ombuds - (213) 821-9556 (UPC) / (323-442-0382 (HSC)

A safe and confidential place to share your USC-related issues with a University Ombuds who will work with you to explore options or paths to manage your concern.

#### Occupational Therapy Faculty Practice - (323) 442-2850 or otfp@med.usc.edu

Confidential Lifestyle Redesign services for USC students to support health promoting habits and routines that enhance quality of life and academic performance.