Alongside talk of green growth, capitalist expansion and technological development, ideas of limitation and exhaustion have become increasingly pressing in contemporary media - "There is no planet B!", "You can’t have infinite growth on a finite planet", "Less is more". Exploring the concept of "limited," we will ask what role media and technology can play on a finite planet? This course is a critical examination of the aesthetics, histories, media practices and political potentials accompanying images of limitation. We will examine how films, media objects and technologies represent the planet, the human body, the environment as limited, and how they physically reinforce forms of finitude, scarcity, and domination. We will critically interrogate how capitalism, colonialism, and patriarchy as well as ideologies such as ability, economic growth and developmentalism shape our understandings of what a limit means. The course will draw on a variety of humanities approaches including environmental humanities, Marxist feminism, eco-Marxism, decolonial theory, and disability studies. Specific topics covered will include labor, unemployment, and fatigue; disability, impairment, and embodiment; colonialism, development and degrowth; discourses of low-tech, high-tech and sustainability; the politics of energy, extraction, and resource exhaustion.