

SPRING 2024

FOUR
UNITS

IML 493: Creativity & Wellbeing

Mondays | 1 - 3:50 PM | Section 37457

Exploration of the intersections among creative practice, mindfulness and personal wellbeing through individual studio-based project work. Students are encouraged to embrace a radical reimagining of what learning is, and can be, and to contemplate how a "passion project" can serve as the driving force behind the formulation and execution of profound experiences.

