

ENST 335: Science, Health and the Environment Units: 4 Spring 2024, MW 2-3:20

Location: THH 213

Instructor: Jill Sohm Office: CAS 116B Office Hours: by appointment (https://calendly.com/jill\_sohm) Email: sohm@usc.edu

### **Classroom ground rules**

- Share responsibility for including all voices in the conversation.
- Listen respectfully.
- Be open to changing your perspectives based on what you learn from others.
- Understand that we are bound to make mistakes in this space.
- Understand that your words have effects on others.
- Take pair work or small group work seriously.
- Understand that others come to these discussions with different experiences from yours.
- Make an effort to get to know other students.
- Understand that there are different approaches to solving problems.

# **Course Description/Rationale**

In the 20<sup>th</sup> century, human population growth exploded, aided heavily by the knowledge gained during that time about infectious diseases, sanitation, immunity, antibiotics, etc. In the developed world, deaths from infectious diseases have given way to diseases from old age, but the rest of the world has not yet caught up. Many of the diseases that are most widespread are spread through the environment or are increased because of environmental degradation. Understanding the role of the environment in these diseases is key to controlling them. With continued environmental damage, developing and developed nations are now finding themselves at risk from emerging diseases and those caused by water and air pollution. The health of the human race is inextricably linked to the health of the planet, and this class aims to plumb the depths of this topic for understanding of how to increase both in the future.

# Learning Objectives

- Gain background knowledge in microbiology, epidemiology, parasitology
- Understand the ecology and life cycles of diseases that are transmitted from the environment
- Appreciate the ecology and life cycles of diseases whose transmission is effected by environmental degradation
- Discover the importance of environment and climate on disease throughout the world
- Explore the implications of climate change on disease transmission

- Understand how to break the cycle of environmentally transmitted diseases
- Discuss sanitation and its role in preventing disease
- This course is consistent with the Student Learning Objectives of the Environmental Studies Program: https://dornsife.usc.edu/environmental-studies/learning-objectives/

### Prerequisite(s): BISC 103 or 120

### **Course Notes**

This course will use Blackboard for communication, information and turning in assignments. Lecture slides will be made available after the lecture is given. Additional readings may be assigned periodically throughout the semester, and these will be announced in class, posted on Blackboard, and an email reminder sent to the class. Sometimes we will work with real life data in excel, run simple simulations, and do mapping. This course involves a lot of in depth reading and critical analysis outside of lecture, as it is a four unit course.

### **Required Readings and Supplementary Materials**

Texts:

• CDC (2011) Principles of Epidemiology in Public Health Practice, Lesson 1. Available at: http://www.cdc.gov/ophss/csels/dsepd/ss1978/lesson1/index.html

### Other resources:

- CDC disease pages: http://www.cdc.gov/DiseasesConditions/
- CDC Emerging and Zoonotic Infectious Diseases: http://www.cdc.gov/ncezid/
- WHO disease pages: http://www.who.int/topics/en/

# Description and Assessment of Assignments and Exams

This year, instead of a written paper, you will research one infectious disease that relates to the environment that do not cover in class and come ot my office to discuss it with me. You will learns about the life cycle of the organism that causes the disease, how it is transmitted, how human activity/environmental change has affected its spread, and how this knowledge can be used to prevent transmission and then convey your knowledge through answering questions/discussing the disease with me. The assignment will be graded on your ability to convey your knowdge and engage in creative thinking about the topic.

The group presentation will be a case study of a disease you are interested in and how one country, city, or region implemented a public health campaign to reduce the disease. The group presentation will be assessed for its content and the quality of delivery by the students.

Reading guides will involve reading primary literature, answering questions outside of class, turning them in ahead of time, and a discussion of the paper in class and will be assessed for completeness.

Students will complete in class exercises where they will gather disease data, manipulate it, do basic statistical analyses and map it with a cloropleth map, and consider the changes in disease distribution over time.

Students will create a water filter at home with easily accessible materials. Each student will present their water filter, and turn in a short description of their filter and the theory behind it's effectiveness. I will reimburse you for supplies needed to be purchased, up to \$10.

To engage with data collection in our own neighborhood, you will use personal air pollution sensors and collect data for a class map; this assignment will involve planning a route and generating a hypothesis for what you will see.

Assessment this semester will be done with shorter quizzes throughout the semester. Every three weeks, we will have a quiz, with a total of 5. There will be no make-ups for missed quizzes, and if there is a scheduling conflict, you must notify me 2 weeks in advance. Failure to comply with exam policies will automatically result in a grade of "0" for that particular exam.

### **Grading Breakdown**

Assignment	Points	Percent	
Quizzes (5)		150	50%
Disease research one on one		30	10%
Final presentation		30	10%
Reading guides (5)		25	8%
Air pollution data collection		10	3%
Crypto case study (in class)		5	2%
Disease along the river partitipcation	n reflection	5	2%
R exercises (3 - in class)		15	5%
Water filter summary		30	10%
TOTAL		300	100%

### **Grading Scale**

Course final grades will be determined using the following scale

А	94-100
A-	90-93
B+	87-89
В	83-86
B-	80-82
C+	77-79
С	73-76
C-	70-72
D+	67-69
D	63-66
D-	60-62
F	59 and below

# **Additional Policies**

If there is a conflict with an exam, you must email the instructors 2 *weeks in advance* to see if arrangements can be made (under reasonable circumstances). Otherwise, make-up exams will not be given except in extreme emergencies. Make-up exams will also be more difficult, so it is in your best interest to take the exam on the day it is scheduled. If you have an emergency on exam day, you must get in touch with me before the exam if possible. Assignments will not be accepted late. Additionally:

- Come to class prepared
- Be respectful of me and other students in class
- Please leave cell phones outside the classroom or turned off
- If you have to miss class make sure you arrange to get notes and announcements.

# Course Schedule: A Weekly Breakdown

	Topics/Daily Activities	Readings and Homework	Deliverable/ Due Dates
Jan 8	Introduction		
Jan 10	Microbiology Basics	Open Stax Microbiology: 1.1,1.3 (3.3 & 3.4 for reference)	
Jan 15	Martin Luther King Jr Day: NO CLASS		
Jan 17	Microbiology, human health and disease; Disease modeling; Podcast discussion 1	Open Stax Microbiology: 15.1; CDC Lesson 1, sec. 10	
Jan 22	Epidemiology basics (including immunology and vaccines)	CDC Les. 1, sec. 1, 6, 8, 11	
Jan 24	Epidemiology basics (including immunology and vaccines)	CDC Les. 1, sec. 1, 6, 8, 11	Submission of disease research topic
Jan 29	<i>Quiz on intro, microbiology,</i> <i>epidemiology</i> Environmentally transmitted fungal diseases: Histoplasmosis	Histo on eMedicine	
Jan 31	Environmentally transmitted fungal diseases: Cryptococosis, Valley Fever; Reading guide discussion	CDC: Valley fever	Reading guide 1 – Kidd 2007
Feb 5	Downloading/manipulating data in R		Turn in results
Feb 7	Environmentally transmitted bacterial diseases: soil associated diseases, infectious diarrhea, Trachoma	Baumgardner, Selendy Ch.14, Disease along the River (BB)	
Feb 12	Disease along the river game; Environmentally transmitted bacterial diseases: cholera		Turn in short reflection
Feb 14	Quiz on Fungal and bacterial diseases; Cryptosporidium case study activity		Turn in in-class case study answers
Feb 19	NO CLASS: President's Day		
Feb 21	Environmentally transmitted protistan diseases: Giardia, Cryptosporidium; Environmentally related viral diseases: COVID 19 Reading guide discussion	Marshall; CDC rotavirus pink sheet, Hall 2013	Reading guide 2 – COVID and workers
Feb 26	Environmentally transmitted viral diseases: Poliomyelitis; Reading guide discussion	OpenStax Micro: 6.1, WHO polio factsheet	Reading guide 3 due – eradic. polio

Mar 4	Vector borne diseases: Lyme		
Mar 6	Quiz on viral, vector borne and helminth diseases		
Mar 10-16	SPRING BREAK		
Mar 18	Vector borne diseases: Malaria, Dengue fever, Bubonic plague; Reading guide discussion	Selendy Ch. 9, 12, 32	Reading guide 4 due - Frith
Mar 20	R exercise: correlations		Turn in results
Mar 25	Epidemics caused by how we live: influenza, mad cow, antibiotic resistance	Taubenberger	Submission of topic for presentation
Mar 27	Sanitation and water lecture; Short presentations on water filters	Selendy Ch. 20, 21, <b>22</b> Selendy Ch. 18	Summary of your water filter
Apr 1	Quiz on vector borne disease, diseases of how we live, water/sanitation Lecture: Environmental toxicology and epidemiology	Friis Ch. 2	
Apr 3	R exercise: mapping		Turn in results
Apr 8	Cancer Alley readings exercise and discussion; Water pollution and disease	assigned pollution reading	
Apr 10	Water pollution and disease (arsenic and lead, other pollutants); Reading guide discussion	Selendy Ch. 24	Reading guide 5 due – Hanna- Atisha
Apr 15	Air pollution and disease (indoor and outdoor)	Tibbetts	
Apr 17	Freeway pollution and children's health		
Apr 22	Quiz: pollution		
Apr 24	Presentations		
May 6	2-4PM: FINAL PRESENTATIONS		

# Statement on Academic Conduct and Support Systems

#### **Academic Conduct:**

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Part B, Section 11, "Behavior Violating University Standards" policy.usc.edu/scampus-part-b. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, http://policy.usc.edu/scientific-misconduct.

### **Support Systems:**

#### Student Counseling Services (SCS) – (213) 740-7711 – 24/7 on call

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention. engemannshc.usc.edu/counseling

#### National Suicide Prevention Lifeline – 1 (800) 273-8255

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. www.suicidepreventionlifeline.org

Relationship and Sexual Violence Prevention Services (RSVP) – (213) 740-4900 – 24/7 on call Free and confidential therapy services, workshops, and training for situations related to gender-based harm. engemannshc.usc.edu/rsvp

#### Sexual Assault Resource Center

For more information about how to get help or help a survivor, rights, reporting options, and additional resources, visit the website: sarc.usc.edu

*Office of Equity and Diversity (OED)/Title IX Compliance – (213) 740-5086* Works with faculty, staff, visitors, applicants, and students around issues of protected class. equity.usc.edu

#### Bias Assessment Response and Support

Incidents of bias, hate crimes and microaggressions need to be reported allowing for appropriate investigation and response. studentaffairs.usc.edu/bias-assessment-response-support

#### The Office of Disability Services and Programs

Provides certification for students with disabilities and helps arrange relevant accommodations. dsp.usc.edu

#### Student Support and Advocacy - (213) 821-4710

Assists students and families in resolving complex issues adversely affecting their success as a student EX: personal, financial, and academic. studentaffairs.usc.edu/ssa

#### Diversity at USC

Information on events, programs and training, the Diversity Task Force (including representatives for each school), chronology, participation, and various resources for students. diversity.usc.edu

#### USC Emergency Information

Provides safety and other updates, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible. emergency.usc.edu

USC Department of Public Safety – UPC: (213) 740-4321 – HSC: (323) 442-1000 – 24-hour emergency or to report a crime. Provides overall safety to USC community. dps.usc.edu