

# USC Kaufman

Glorya Kaufman School of Dance

## **DANC 140 Dance and Health: Parkinson's S24 Syllabus**

**Section:** 22371R

**Units:** 1-2 (Max 4)

**Term:** Spring 2024

**Day:** Wednesday

**Time:** 2:30-3:50 PM

**Location:** KDC 235

**Instructor:** Patrick Corbin

**Office:** KDC 229

**Office Hours:**

**Contact:** [pcorbin@usc.edu](mailto:pcorbin@usc.edu)

### **Catalog Description**

Examine the intersection of dance with subjects such as nutrition, neuroatypicality, neurodegenerative disorders, disease, occupational and movement therapy, somatic techniques, cognitive conditioning and fitness.

### **Course Description**

Open to all USC students, this course will examine existing research on dance therapy through articles, expert guest lecturers, dance practice, and field work. Because this course will be an open dialogue examining the intersection of dance, health, and community we welcome and encourage people from all backgrounds and fields of study to participate. USC Kaufman and Lineage Performing Arts Center will collaborate in research, creation, and training in adaptive dance by unifying people living with Parkinson's disease, USC students, staff, and faculty from both the UPC and HSC campuses. We will travel to Lineage Performing Arts Center in Pasadena for six field work sessions working with people with Parkinson's disease. Transportation will be provided at no extra cost to participants.

### **Learning Objectives**

- Train in adaptive dance working with people with Parkinson's

- Examine how dance intersects with other fields such as gerontology, neuroscience, and OT
- Apply skills learned in training sessions to workshops in the community
- Discuss and analyze the importance of dance and exercise in relation to Parkinson's and other neurological conditions

**Prerequisite(s):**

N/A

**Course notes**

We will travel to Lineage Performing Arts Center in Pasadena for six field work sessions working with people with Parkinson's disease. Transportation will be provided at no extra cost to participants.

<https://www.lineagepac.org/wellness>

**Required Materials**

1. [Dance on the Brain: Enhancing Intra- and Inter-Brain Synchrony](#)
2. <https://www.parkinson.org/understanding-parkinsons/what-is-parkinsons>
3. [Exercise-enhanced Neuroplasticity Targeting Motor and Cognitive Circuitry in Parkinson's Disease](#)
4. [https://www.parkinson.org/blog/tips/Expert-Care-Experience-Dance-Movement-Therapy?utm\\_source=google&utm\\_medium=adgrant&utm\\_campaign=&utm\\_term=&gclid=Cj0KCQiAuP-OBhDqARIsAD4XHpdcdWKbIXI0ZTSfkLp5XfNuYV0tIRFmTtJ6Y7kwp0Kw8LpuuMSHtLcaAv-sEALw\\_wcB](https://www.parkinson.org/blog/tips/Expert-Care-Experience-Dance-Movement-Therapy?utm_source=google&utm_medium=adgrant&utm_campaign=&utm_term=&gclid=Cj0KCQiAuP-OBhDqARIsAD4XHpdcdWKbIXI0ZTSfkLp5XfNuYV0tIRFmTtJ6Y7kwp0Kw8LpuuMSHtLcaAv-sEALw_wcB)
5. <https://www.dropbox.com/s/igqb85oedlmjyf/Dance%20for%20PD%20JNT%20FINAL.pdf?dl=0>
6. <https://www.parkinson.org/Understanding-Parkinsons/Treatment/Occupational-Therapy>
7. <https://danceforparkinsons.org/about-the-program>

**Description and Assessment of Assignments**

1. **Create an exercise: Working in pairs, create a short dance exercise based on knowledge learned in training sessions.**
2. **Transmit an exercise: Working in the same pairs as with creating the exercise, transmit your original exercise to students in class and then to students in the field.**
3. **Final Presentation: Students lead the class: Students will lead the dance class as if they are teaching students with Parkinson's.**

**Grading Breakdown**

<b>Assessment Tool (assignments)</b>	<b>Points</b>	<b>% of Grade</b>
<b>Create an exercise</b>	100	30
<b>Transmit an exercise</b>	100	30
<b>Students lead the class</b>	100	40
<b>TOTAL</b>	300	100

### **Grading Scale**

Course final grades will be determined using the following scale.

A	95-100
A-	90-94
B+	87-89
B	83-86
B-	80-82
C+	77-79
C	73-76
C-	70-72
D+	67-69
D	63-66
D-	60-62
F	59 and below

### **Assignment Submission**

All assignments are to be completed during class time.

### **Assignment Rubrics**

All assignment rubrics are posted on Blackboard under Assignments.

### **Grading Timeline**

Assignment grades will be posted to Grade Center two weeks after submission.

### **Late work**

If students are unable to complete assignments in class due to absence for any reason, students will be able to complete the assignment during the next scheduled class meeting or by submitting a video of the assignment. There will be no penalty for late submissions.

### **Technology in the classroom**

There is no technology requirement.

### **Grading Dispute Note**

I want to make sure that your grades reflect your performance. If you feel there is an error in the grading, please let me know. To dispute a grade, you must request a review by email no sooner than one week and no later than two weeks from the date the grade was published on Blackboard. In the email you must identify yourself and the assignment you are questioning. You must provide a specific argument for the grade change, identifying the row(s) in the rubric where you feel you were mis-scored.

### Classroom norms [Expectations]

Please arrive on time and work in a respectful manner.

### Course Schedule: A Weekly Breakdown

Please check your USC email at least once every 24-hours.

### Course Schedule: A Weekly Breakdown

Week	Topics/Daily Activities	Readings and Homework	Deliverables/Due Dates
Week 1 1/10	Lecture Greeting: Dr. Petzinger, Dr. Jakowec, Lineage, Amy Carlson	Dance on the Brain Pages 1-3 <a href="#">Dance on the Brain: Enhancing Intra- and Inter-Brain Synchrony</a>	
Weeks 2 1/17	Lecture: Neuro - Dr. Jakowec & Dr. Petzinger	Parkinson's Overview <a href="#">What Is Parkinson's?</a>  <a href="#">Exercise-enhanced neuroplasticity targeting motor and cognitive circuitry in Parkinson's disease</a>	
Week 3 1/24	Lecture: Neuro - Dr. Jakowec & Dr. Petzinger	Dance/Movement Therapy Overview <a href="#">What is Dance Movement Therapy?</a>	
Week 4 1/31	Work: Lineage training	<a href="#">Dance for PD: a preliminary investigation...</a>	
Week 5 2/7	Field Work I	Travel to Lineage PAC	

Week 5 2/14	Work: Lineage training		Assignment 1. Create an exercise
Week 6 2/21	Field Work II	Travel to Lineage PAC	
Week 7 2/28	Work: Lineage training		Assignment 1. Create an exercise
Week 8 3/6	Lecture: OT - Dr. Cunningham	OT Overview <a href="#">Occupational Therapy   Parkinson's Foundation</a>	Assignment 1. Create an exercise
Spring Break	Spring Break	Spring Break	Spring Break
Week 9 3/20	Field Work III	Travel to Lineage PAC	Assignment 2. Transmit an exercise
Week 10 3/27	Lecture: Gerontology - Dr. Walsh	<a href="#">Exercise-enhanced neuroplasticity targeting motor and cognitive circuitry in Parkinson's disease</a>	
Week 11 4/3	Field Work IV	Travel to Lineage PAC	Assignment 2. Transmit an exercise
Week 12 4/10	Field Work V	Travel to Lineage PAC	Creative Planning Session
Week 13 4/17	Creative Planning Session	Creative Planning Session	Creative Planning Session
Week 14 4/21	Field Work VI	Travel to Lineage PAC	Creative Planning Session
FINAL Monday, May 6 2-4 p.m.	FINAL Monday, May 6 2-4 p.m.	FINAL Monday, May 6 2-4 p.m.	FINAL Monday, May 6 2-4 p.m.

**Mental and Physical Health at Kaufman – see last pages of Syllabus for more information**

Physical and Mental wellbeing is crucial to being a performing artist. We are committed at USC Kaufman to assisting our students to exceed their potential. If you have a medical appointment (i.e physician, physical therapy, psychology/counseling, dietetics, etc.) we ask that you attempt to schedule your appointments around class schedules. If your appointment time can only be scheduled during class time, this is an excused absence. Please inform the course coordinator that you have a medical appointment *prior* to the class. You do not need to clarify the type of medical appointment you are attending if you chose.

**Student Health:** phone number (213) 740-9355 (WELL). On-call 24/7

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention.

Dr. Greco: [Kelly.Greco@med.usc.edu](mailto:Kelly.Greco@med.usc.edu)

Marisa Hentis: [Hentis@usc.edu](mailto:Hentis@usc.edu)

### **Names and Pronouns:**

In our classroom and at USC, every student has the right to be respected and referred to by their name and pronouns that correspond to their gender identity. Pronouns are words we use in place of names (e.g., he/she/they/ze), and for some people, they are an inherent piece of their identity. At any point through the course, please feel free to share with me if you would like me (and your classmates) to address you in a different way. I will not tolerate misgendering and disrespect of people's names and pronouns in our classroom.

### **Equity, Diversity and Inclusion**

This class takes place at a university committed to equity for all students, where diversity and inclusion are considered critical to the academic environment. In this classroom, free speech is respected, and civil discourse is expected, with a safe learning environment the priority. We will endeavor to use language that is respectful—sometimes being inquisitive and creative, because language changes all the time—particularly when it comes to differences in age, ethnicity, gender identity or expression, race or socioeconomic status.

### **“Call-In” Agreement**

We as Kaufman faculty support conversations surrounding racial justice and encourage fostering a culture of calling people IN to the conversation as opposed to calling people out.

### **Statement on Physical Contact**

As an embodied art form, dancing is a physical and an emotional act. In the process of studying dance, students often experience physical contact with their instructors and peers. Faculty members may use touch to provide proprioceptive and kinesthetic feedback to students; they may use touch to correct alignment, improve technique, and promote healthier movement practices. In some classes, particularly those involving partnering, students' will experience physical contact with their peers. As developing artists experimenting with modes of expression, students may also experience a variety of emotions in the classroom. As such, it is imperative that the studio-classroom be a safe, inclusive, and respectful space for all students and faculty. Open and honest communication and respectful and considerate interactions are always expected and are a fundamental requirement of studying in the USC Kaufman School of Dance. Unless otherwise articulated to a faculty member or peer, consent to discipline-specific and appropriate touching is assumed. Students always have the right to revoke that consent and should express any discomfort they feel in the classroom to the faculty instructor or Vice Dean immediately. USC Kaufman seeks to nurture compassionate artists who respect the dignity, humanity, and personal embodied experience of all individuals.

### **Music Rights Agreements**

The University of Southern California maintains blanket licensing agreements for music with the following organizations: American Society of Composers, Authors and Publishers (ASCAP), Broadcast Music, Inc. (BMI), Society of European Stage Authors and Composers (SESAC), and Global Music Rights (GMR). This gives the University, and its affiliate organizations, the ability to play music in specific situations ON THE CAMPUS without paying royalties to the artist. These situations include live performance, background and house music in performing arts spaces and

hospitality venues, on the student radio station, and on the USC.edu domain. When choosing music for student choreography and performance, it is important to remember to stick within the repertory of these rights granting organizations or within the public domain (see below). Please be aware, that though USC does pay for these licensing, it ONLY covers live performance and the other criteria listed above when on the campus and usage by USC and its affiliates. This DOES NOT protect the student when posting their work on websites that monetize content, including social media and YouTube, or for use for self-promotion and public facing content. This is considered out of the bounds of the agreement and would require the student to enter into an agreement with the artist and their representation. In order to check if a piece of music you would like to use is within the grounds of the USC agreements, please refer to the online catalogs that the rights granting organizations provide:

ASCAP: <https://www.ascap.com/repertory>

BMI: <https://repertoire.bmi.com>

SESAC: <https://www.sesac.com/#!/repertory/search>

GMR: <https://globalmusicrights.com/search>

Additionally, should you have any questions or need help to determine if a piece of music falls within the bounds of these agreements, please feel free to reach out to the Kaufman Production Coordinator ([saccoman@usc.edu](mailto:saccoman@usc.edu)).

### **Public Domain**

In the United States, artists or their trusts/organizations hold copyrights on work created for the life of the author plus seventy years. Beyond this, the creator's repertoire is considered in the public domain and does not require licensure to use. For example, some bodies of work that fall within the public domain are the choreography of Marius Petipa, the music of Camille Saint-Saens, and the operas of Giuseppe Verdi. Please be aware that though this does mean the work itself is in the public domain, it may not specifically mean that the performance and/or recording is as well. If there is a band/orchestra/performer listed, (this may not always be the case) please make sure that they and/or their repertoire are represented by one of the rights granting organizations listed above. Again, should you have questions or need assistance, please feel free to reach out to the Production Coordinator.

### **Emergency Plan**

In the event of a university-wide emergency, guidance and directions will be shared by Campus Emergency Operations in all available outlets, including the website and TrojanAlerts. Students are encouraged to maintain close contact with all available communications avenues for updates to university operations. USC Kaufman will abide by all university protocols and recommendations. If the Kaufman Dance Center is not available when classes resume, students can receive updates from the school's Departmental Operations Center (DOC) on Ramo Lawn (between the Thornton School of Music and Norris Cinema, close to the Bing Theatre).

### **USC Policies**

#### **Netiquette and Participation**

Participation includes being attentive and focused; actively participating in physical exercises, discussions, breakout rooms, and group activities; asking thoughtful questions; coming to class fully prepared; and exercising personal responsibility and consideration of others at all times. Texting/Chatting during Zoom class sessions via cell phone and/or other private message apps is considered highly disrespectful.

## **Academic Integrity**

The University of Southern California is foremost a learning community committed to fostering successful scholars and researchers dedicated to the pursuit of knowledge and the transmission of ideas. Academic misconduct is in contrast to the university's mission to educate students through a broad array of first-rank academic, professional, and extracurricular programs and includes any act of dishonesty in the submission of academic work (either in draft or final form).

This course will follow the expectations for academic integrity as stated in the USC Student Handbook. All students are expected to submit assignments that are original work and prepared specifically for the course/section in this academic term. You may not submit work written by others or "recycle" work prepared for other courses without obtaining written permission from the instructor(s). Students suspected of engaging in academic misconduct will be reported to the Office of Academic Integrity.

Other violations of academic misconduct include, but are not limited to, cheating, plagiarism, fabrication (e.g., falsifying data), knowingly assisting others in acts of academic dishonesty, and any act that gains or is intended to gain an unfair academic advantage.

The impact of academic dishonesty is far-reaching and is considered a serious offense against the university and could result in outcomes such as failure on the assignment, failure in the course, suspension, or even expulsion from the university.

For more information about academic integrity see the student handbook or the Office of Academic Integrity's website, and university policies on Research and Scholarship Misconduct.

## **Religious Holy Days Policies**

University policy grants students excused absences for observance of religious holy days. You must inform the professor at least one full week in advance to request such an excused absence. You will be given an opportunity to make up missed work if necessary.

## **Course Content Distribution and Synchronous Session Recordings Policies**

USC has policies that prohibit recording and distribution of any synchronous and asynchronous course content outside of the learning environment. Recording a university class without the express permission of the instructor and announcement to the class, or unless conducted pursuant to an Office of Student Accessibility Services (OSAS) accommodation. Recording can inhibit free discussion in the future, and thus infringe on the academic freedom of other students as well as the instructor. (Living our Unifying Values: The USC Student Handbook, page 13).

Distribution or use of notes, recordings, exams, or other intellectual property, based on university classes or lectures without the express permission of the instructor for purposes other than individual or group study. This includes but is not limited to providing materials for distribution by services publishing course materials. This restriction on unauthorized use also applies to all information, which had been distributed to students or in any way had been displayed for use in relationship to the class, whether obtained in class, via email, on the internet, or via any other media. (Living our Unifying Values: The USC Student Handbook, page 13).

## **Course Evaluations**



Course evaluation occurs at the end of the semester university-wide. It is an important review of students' experience in the class. The process and intent of the end-of-semester evaluation should be provided. In addition, a mid-semester evaluation is recommended practice for early course correction.]Please check your USC email at least once every 24-hours.

### **Health and Wellness at Kaufman—see last pages of Syllabus for more information**

Health and Wellbeing is crucial to being a performing artist. We are committed at USCKaufman to assisting our students exceed their potential. If you have a wellness appointment (i.e. physician, physical therapy, psychology/counseling, dietetics, etc.) we ask that you attempt to schedule your appointments around class schedules. If your appointment time can only be scheduled during class time, this is an excused absence. Please inform the course coordinator that you have a wellness appointment prior to the class and CC your advisor and/or Dr. Hentis to the email. You do not need to clarify the type of medical appointment.

### **Student Health & Wellness Appointments**

Free and confidential mental health treatments are available for students, including short term psychotherapy, group counseling, stress fitness workshops, and crisis intervention. Students can make an appointment with a licensed clinical psychologist. Please see the student health website for more resources.

### **Counseling and Mental Health Services**

Student Health Main: (213)740-9355(WELL) on call 24/7 Direct: 213-740 9788

Free physical therapy consultations are available for BFA students only. Students can make individual appointments for physical therapy with Dr. Marisa Hentis through the link tree or walk-in to the fitness zone and training room on the mezzanine level of KDC. All other Kaufman students may also receive physical therapy services at Engemann Student Health. Please reach out to Dr. Hentis for more information.

Dr. Marisa Hentis:

Physical Therapy Email: Marisa.Hentis@med.usc.edu Direct: 847-809-7256

Free nutritional and dietary consultations are available for students. Students can make individual appointments through MySHR.

MichelleKatz, RD:

Dietetics Email: michelle.katz@med.usc.edu Phone: (213)740-9355(WELL)

### **Other Support Systems:**

#### [National Suicide Prevention Lifeline](#)

Phone number 1 (800) 273-8255

On call 24/7

Free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

#### [Relationship and Sexual Violence Prevention Services \(RSVP\)](#)

Phone Number (213) 740-9355(WELL), press "0" after hours

On call 24/7

Free and confidential therapy services, workshops, and training for situations related to gender-based harm.

#### [USC Office of Equity, Equal Opportunity, and Title IX](#)

Phone number (213) 740-5086

Title IX Office (213) 821-8298

Information about how to get help or help someone affected by harassment or discrimination, rights of protected classes, reporting options, and additional resources for students, faculty, staff, visitors, and applicants.

#### [Reporting Incidents of Bias or Harassment](#)

Phone number (213) 740-5086 or (213) 821-8298

Avenue to report incidents of bias, hate crimes, and microaggressions to the Office of Equity, Equal Opportunity, and Title IX for appropriate investigation, supportive measures, and response.

#### [The Office of Disability Services and Programs](#)

Phone number (213) 740-0776

Support and accommodations for students with disabilities. Services include assistance in providing readers/notetakers/interpreters, special accommodations for test taking needs, assistance with architectural barriers, assistive technology, and support for individual needs.

#### [USC Campus Support and Intervention](#)

Phone number (213) 821-4710

Assists students and families in resolving complex personal, financial, and academic issues adversely affecting their success as a student.

#### [Diversity at USC](#)

Phone number (213) 740-2101

Information on events, programs and training, the Provost's Diversity and Inclusion Council, Diversity Liaisons for each academic school, chronology, participation, and various resources for students.

#### [USC Emergency](#)

UPC phone number (213) 740-4321

HSC phone number (323) 442-1000

On call 24/7

Emergency assistance and avenue to report a crime. Latest updates regarding safety, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible.

#### [USC Department of Public Safety](#)

UPC phone number (213) 740-6000

HSC phone number (323) 442-120

On call 24/7

Non-emergency assistance or information.