## **Abbreviated Course Syllabus**

## OT 312 - Creating a Sustainable Life Syllabus Fall 2023

Time: Location:	Wednesdays, 10:00-11:50am DMC 207
Instructor:	Camille Dieterle, OTD, OTR/L
Office Hours: Email:	Tuesdays 12-1:30 over zoom, and by appointment dieterle@chan.usc.edu

Contact me with any questions! I love chatting with students 😊

## **COURSE DESCRIPTION**

Students will explore nature-based wellness interventions including gardening and will learn practical information about how to incorporate environmentally sustainable practices into their everyday lives. This course explores this intersection between occupation, relationship to nature and environmentally sustainable behavior. Approximately half of the weekly class sessions will be located at the USC Peace Garden, located at 3017 Shrine Place, which is 2 short blocks north of campus.