

Glorya Kaufman School of Dance

DANC 140 Dance and Health: Dance and Ability: Dance and Down Syndrome

Section: 22371R

Units: 1

Term: Fall 2023 Day: Wednesday Time: 6:00-7:20 PM Location: KDC 104

Instructor: Patrick Corbin

Office: KDC 229
Office Hours:

Contact: pcorbin@usc.edu

Catalog Description

Examine the intersection of dance with subjects such as nutrition, neuroatypicality, neurodegenerative disorders, disease, occupational and movement therapy, somatic techniques, cognitive conditioning and fitness.

Course Description

Open to all USC students, this course will examine existing research on adaptive dance through articles, expert guest lecturers, dance practice, and outreach. Because this course will be an open dialogue examining the intersection of dance, health, and community, we welcome and encourage people from all backgrounds and fields of study to participate. USC Kaufman and Free 2 Be Me Dance will collaborate in research, creation, and training in adaptive dance/therapeutic movement by unifying people living with Down Syndrome, USC students, staff, and faculty from both the UPC and HSC campuses.

Learning Objectives

- Train in adaptive dance to work with people living with Down Syndrome create an exercise
- Examine how dance intersects with other fields such as gerontology, neuroscience, PT, and OT - Presentation

- Apply skills learned in training sessions to patient workshops in the community -Teach an exercise
- Discuss and analyze the importance of dance and exercise in relation to people with Down Syndrome and other neuro-divergent communities— Presentation
- Teach, facilitate, choreograph, rehearse, and produce a show. Final Performance

Prereq	uuicital	(c)	١.
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N/A

Required Materials:

Assigned readings TBA

Easier Read:

More Complicated/Science-y:

- 1. "Dance on the Brain: Enhancing Intra- and Inter-Brain Synchrony"
 - a. https://www.frontiersin.org/articles/10.3389/fnhum.2020.584312/full
 - b. Lots of great information but very dense and long
 - c. Could pull sections from this article
 - d. Discusses implications for ASD

Description and Assessment of Assignments

- 1. Create an exercise: Working in pairs, create a short dance exercise based on knowledge learned in training sessions.
- 2. Transmit an exercise: Working in the same pairs as with creating the exercise, transmit your original exercise to students in class and then to students in the field.
- 3. Final Presentation: Students lead the class: Students will lead the dance class as if they are teaching students with Down syndrome.

Grading Breakdown

Assessment Tool (assignments)	Points	% of Grade
Create an exercise	100	30
Transmit an exercise	100	30
Students lead the class	100	40
TOTAL	300	100

Grading Scale

Course final grades will be determined using the following scale.

Α	95-100
A-	90-94
B+	87-89
В	83-86
B-	80-82
C+	77-79
С	73-76
C-	70-72
D+	67-69
D	63-66
D-	60-62
F	59 and below

Assignment Submission

All assignments are to be completed during class time.

Assignment Rubrics

All assignment rubrics are posted on Blackboard under Assignments.

Grading Timeline

Assignment grades will be posted to Grade Center two weeks after submission.

Late work

If students are unable to complete assignments in class due to absence for any reason, students will be able to complete the assignment during the next scheduled class meeting or by submitting a video of the assignment. There will be no penalty for late submissions.

Technology in the classroom

There is no technology requirement.

Grading Dispute Note

I want to make sure that your grades reflect your performance. If you feel there is an error in the grading, please let me know. To dispute a grade, you must request a review by email no sooner than one week and no later than two weeks from the date the grade was published on Blackboard. In the email you must identify yourself and the assignment you are questioning. You must provide a specific argument for the grade change, identifying the row(s) in the rubric where you feel you were mis-scored.

Classroom norms [Expectations]

Please arrive on time and work in a respectful manner.

Course Schedule: A Weekly Breakdown

Please check your USC email at least once every 24 hours.

Course Schedule: A Weekly Breakdown

Week	Topics/Daily Activities	Readings and Homework	Deliverables/Due Dates
Week 1 W 8/23	Lecture Greeting: Free2BeMe	Dance on the Brain Pages 1-3 Dance on the Brain: Enhancing Intra- and Inter-Brain Synchrony	Colleen/Valena?/ Rachel - People First Language
Week 2 8/30	Lecture: Dr. Jafarpour from CHLA		Zoom
Week 3 9/6	Work: Free2BeMe training	Valena	Colleen Outline - Mickey Zoom - Brain Dance Breakdown
Week 4 9/13	Dancer Visit/ Creative	Valena	Brain Dance Breakdown
Week 5 9/20	Lecture: Dr. Baumer Boston Children's Hospital		Zoom
Week 6 9/27	Lecture: Mickey PT		Colleen in Person / Michelina in Person
Week 7 10/4	Work: Free2BeMe training		Assignment 1. Create an exercise - Colleen
Week 8 10/11	Dancer Visit/Creative	F2BM Dancer/Valena	Assignment 1. Create an exercise - Brain Dance?
Week 9 10/18	Lecture: Dance Research	Leah Antonellis	
Week 10 10/25	Lecture: USC OT	Linsey Grunes	Assignment 2. Transmit an exercise
Week 11 11/1	Dancer Visit	Valena	Assignment 2. Transmit an exercise
Week 12 11/8	Dancer Visit Tech Run/Dress Rehearsal	Valena	
Week 13 11/15	Performance	Colloquium?	Kaufman Building
Thanksgiving Break No Class	Thanksgiving Break No Class	Thanksgiving Break No Class	Thanksgiving Break No Class
Week 14 Wed.	Wrap-up	Student Presentations &	Colleen

11/29		Discussion	
FINAL	FINAL Wednesday,	FINAL	FINAL
Wednesday, December 6, 7-9 p.m.	December 6, 7-9 p.m.	Wednesday, December 6, 7-9 P.M.	Wednesday, December 6, 7-9 p.m.

KSOD Policies Required in Syllabus

Mental and Physical Health at Kaufman – see last pages of Syllabus for more information

Physical and Mental wellbeing is crucial to being a performing artist. We are committed at USC Kaufman to assisting our students to exceed their potential. If you have a medical appointment (i.e physician, physical therapy, psychology/counseling, dietetics, etc.) we ask that you attempt to schedule your appointments around class schedules. If your appointment time can only be scheduled during class time, this is an excused absence. Please inform the course coordinator that you have a medical appointment *prior* to the class. You do not need to clarify the type of medical appointment you are attending if you chose.

Student Health: phone number (213) 740-9355 (WELL). On-call 24/7

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention.

Dr. Greco: Kelly.Greco@med.usc.edu Marisa Hentis: Hentis@usc.ed

Names and Pronouns:

In our classroom and at USC, every student has the right to be respected and referred to by their name and pronouns that correspond to their gender identity. Pronouns are words we use in place of names (e.g., he/she/they/ze), and for some people, they are an inherent piece of their identity. At any point through the course, please feel free to share with me if you would like me (and your classmates) to address you in a different way. I will not tolerate misgendering and disrespect of people's names and pronouns in our classroom.

Equity, Diversity and Inclusion

This class takes place at a university committed to equity for all students, where diversity and inclusion are considered critical to the academic environment. In this classroom, free speech is respected, and civil discourse is expected, with a safe learning environment the priority. We will endeavor to use language that is respectful—sometimes being inquisitive and creative, because language changes all the time—particularly when it comes to differences in age, ethnicity, gender identity or expression, race or socioeconomic status.

"Call-In" Agreement

We as Kaufman faculty support conversations surrounding racial justice and encourage fostering a culture of calling people IN to the conversation as opposed to calling people out.

Statement on Physical Contact

As an embodied art form, dancing is a physical and an emotional act. In the process of studying dance, students often experience physical contact with their instructors and peers. Faculty members may use touch to provide proprioceptive and kinesthetic feedback to students; they may use touch to correct alignment, improve technique, and promote healthier movement practices. In some classes, particularly those involving partnering, students' will experience physical contact with their peers. As developing artists experimenting with modes of expression, students may also experience a variety of emotions in the classroom. As such, it is imperative that the studio-classroom be a safe, inclusive, and respectful space for all students and faculty. Open and honest communication and respectful and considerate interactions are always expected and are a fundamental requirement of studying in the USC Kaufman School of Dance. Unless otherwise articulated to a faculty member or peer, consent to discipline-specific and appropriate touching is assumed. Students always have the right to revoke that consent and should express any discomfort they feel in the classroom to the faculty instructor or Vice Dean immediately. USC Kaufman seeks to nurture compassionate artists who respect the dignity, humanity, and personal embodied experience of all individuals.

Music Rights Agreements

The University of Southern California maintains blanket licensing agreements for music with the following organizations: American Society of Composers, Authors and Publishers (ASCAP), Broadcast Music, Inc. (BMI), Society of European Stage Authors and Composers (SESAC), and Global Music Rights (GMR). This gives the University, and its affiliate organizations, the ability to play music in specific situations ON THE CAMPUS without paying royalties to the artist. These situations include live performance, background and house music in performing arts spaces and hospitality venues, on the student radio station, and on the USC.edu domain. When choosing music for student choreography and performance, it is important to remember to stick within the repertory of these rights granting organizations or within the public domain (see below). Please be aware, that though USC does pay for these licensing, it ONLY covers live performance and the other criteria listed above when on the campus and usage by USC and its affiliates. This DOES NOT protect the student when posting their work on websites that monetize content, including social media and YouTube, or for use for self-promotion and public facing content. This is considered out of the bounds of the agreement and would require the student to enter into an agreement with the artist and their representation. In order to check if a piece of music you would like to use is within the grounds of the USC agreements, please refer to the online catalogs that the rights granting organizations provide:

ASCAP: https://www.ascap.com/repertory

BMI: https://repertoire.bmi.com

SESAC: https://www.sesac.com/#!/repertory/search

GMR: https://globalmusicrights.com/search

Additionally, should you have any questions or need help to determine if a piece of music falls within the bounds of these agreements, please feel free to reach out to the Kaufman Production Coordinator (saccoman@usc.edu).

Public Domain

In the United States, artists or their trusts/organizations hold copyrights on work created for the life of the author plus seventy years. Beyond this, the creator's repertoire is considered in the public domain and does not require licensure to use. For example, some bodies of work that fall within the public domain are the choreography of Marius Petipa, the music of Camille Saint-Saens, and the operas of Guiseppe Verdi. Please be aware that though this does mean the work itself is in the public domain, it

may not specifically mean that the performance and/or recording is as well. If there is a band/orchestra/performer listed, (this may not always be the case) please make sure that they and/or their repertoire are represented by one of the rights granting organizations listed above. Again, should you have questions or need assistance, please feel free to reach out to the Production Coordinator.

Emergency Plan

In the event of a university-wide emergency, guidance and directions will be shared by Campus Emergency Operations in all available outlets, including the website and TrojanAlerts. Students are encouraged to maintain close contact with all available communications avenues for updates to university operations. USC Kaufman will abide by all university protocols and recommendations. If the Kaufman Dance Center is not available when classes resume, students can receive updates from the school's Departmental Operations Center (DOC) on Ramo Lawn (between the Thornton School of Music and Norris Cinema, close to the Bing Theatre).

USC Policies Required in Syllabus

Technological Proficiency and Hardware/Software Required

Students will need an electronic device with access to Zoom and Blackboard for this course. They are asked to familiarize themselves with these two interfaces. Please see the links below for technology support.

USC Technology Support Links

Zoom information for students
Blackboard help for students
Software available to USC Campus

USC Technology Rental Program

We realize that attending classes online and completing coursework remotely requires access to technology that not all students possess. If you need resources to successfully participate in your classes, such as a laptop or internet hotspot, you may be eligible for the university's equipment rental program. To apply, please <u>submit an application</u>. The Student Basic Needs team will contact all applicants in early August and distribute equipment to eligible applicants prior to the start of the fall semester.

Synchronous Participation

In general, students should plan to attend every synchronous session for the classes in which they are enrolled, irrespective of when it occurs in their time zone. For this course, the weekly synchronous ZOOM session will be Mondays, from 10:00AM-11:40AM Pacific Time.

USC Shibboleth Log In

Students are expected to be signed-in to their USC account prior to the start of each Zoom class session to ensure a safe and smooth experience for all students.

Time Zone Accommodations

USC considers the hours from 7:00am to 10:00pm, in the local time zone for each student, as reasonable times for students to attend synchronous sessions or engage in synchronous learning activities or assessments. Should students be unable to attend synchronous sessions

they are expected to watch the recorded Zoom session and any related PowerPoint presentations (both will be posted to Blackboard once done live) and complete the assignments for each week.

USC's Nine International Offices

Support for international students is also available through USC's offices in Beijing, Shanghai, Hong Kong and South China, Taiwan, South Korea, India, UK and Europe, Brazil, and Mexico. Additional details and contact information can be found at https://global.usc.edu/global-presence/international-offices/.

Recording Online Classes

For the Fall 2020 semester, USC policy requires that all classes conducted online be recorded for asynchronous viewing with transcriptions made available.

"Camera On" Policy

For this course, students are expected to have their cameras on during synchronous online sessions. Students facing challenging situations (internet connectivity, illness, home environments, etc) are encouraged to use a virtual background, which will eliminate most privacy concerns, and earphones or headsets to improve audio quality. Please contact your professor directly for additional accommodations.

Netiquette and Participation

Participation includes being attentive and focused; actively participating in physical exercises, discussions, breakout rooms, and group activities; asking thoughtful questions; coming to class fully prepared; and exercising personal responsibility and consideration of others at all times. Texting/Chatting during Zoom class sessions via cell phone and/or other private message apps is considered highly disrespectful.

Religious Holy Days Policies

University policy grants students excused absences for observance of religious holy days. You must inform the professor at least one full week in advance to request such an excused absence. You will be given an opportunity to make up missed work if necessary.

Statement on Academic Conduct and Support Systems

[The current Statement on Academic Conduct and Support Systems is a required component of all USC syllabi and is updated regularly. Faculty should use the latest version of the Statement on Academic Conduct and Support Systems found in the <u>Curriculum Coordination Office's Syllabus Template</u>. The Statement below is current as of Spring 2021.]

Academic Conduct:

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in Scampus in Part B, Section 11, "Behavior Violating University Standards." Other forms of academic dishonesty are equally unacceptable. See additional information in Scampus and university policies on scientific misconduct.

Support Systems:

Counseling and Mental Health

phone number (213) 740-9355 (WELL)

On call 24/7

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention.

National Suicide Prevention Lifeline

Phone number 1 (800) 273-8255

On call 24/7

Free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

Relationship and Sexual Violence Prevention Services (RSVP)

Phone Number (213) 740-9355(WELL), press "0" after hours

On call 24/7

Free and confidential therapy services, workshops, and training for situations related to gender-based harm.

USC Office of Equity, Equal Opportunity, and Title IX

Phone number (213) 740-5086

Title IX Office (213) 821-8298

Information about how to get help or help someone affected by harassment or discrimination, rights of protected classes, reporting options, and additional resources for students, faculty, staff, visitors, and applicants.

Reporting Incidents of Bias or Harassment

Phone number (213) 740-5086 or (213) 821-8298

Avenue to report incidents of bias, hate crimes, and microaggressions to the Office of Equity, Equal Opportunity, and Title IX for appropriate investigation, supportive measures, and response.

The Office of Disability Services and Programs

Phone number (213) 740-0776

Support and accommodations for students with disabilities. Services include assistance in providing readers/notetakers/interpreters, special accommodations for test taking needs, assistance with architectural barriers, assistive technology, and support for individual needs.

USC Campus Support and Intervention

Phone number (213) 821-4710

Assists students and families in resolving complex personal, financial, and academic issues adversely affecting their success as a student.

Diversity at USC

Phone number (213) 740-2101

Information on events, programs and training, the Provost's Diversity and Inclusion Council, Diversity Liaisons for each academic school, chronology, participation, and various resources for students.

USC Emergency

UPC phone number (213) 740-4321

HSC phone number (323) 442-1000

On call 24/7

Emergency assistance and avenue to report a crime. Latest updates regarding safety, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible.

USC Department of Public Safety

UPC phone number (213) 740-6000 HSC phone number (323) 442-120 On call 24/7 Non-emergency assistance or information.

Sunday Lab Field Work 9/24 Group A Sunday Lab Field Work 10/8 Group B Sunday Lab Field Work 10/27 Group C