

School of Social Work

Social Work 591
Section # XXX

Applied Learning in Field Education I
3 Units

"The best way to find yourself is to lose yourself in the service of others."

Mohandas Gandhi

Spring 2023

Instructor	Renee Michelsen, LCSW
Email	michelse@usc.edu
Telephone	302-515-0483
Office Hours	By request
Course Day(s)	Tuesday & Thursday
Course Time(s)	6:00 PM – 8:00 PM Pacific Time (PST)
Course Location(s)	VAC

Course Pre-requisites, Co-requisites, and Concurrent Enrollment

This course is a Generalist Practice Level Field Education course. Students are required to take this course concurrently with SOWK 523 Social Work Practice with Individuals, Families, and Groups.

Catalogue Description

Supervised field education where students learn and apply evidence-based interventions and clinical skills in practice labs and social work settings. Concurrent enrollment: SOWK-523. Graded IP/CR/NC.

Course Description

This course is the generalist direct practice portion of the MSW program. It provides students the opportunity to integrate social work theory while they practice social work skills under the supervision of professional social workers. Practicum Education is the signature pedagogy of social work education because it serves as a bridge between academic instruction and application of skills learned in the classroom (CSWE, 2008).

This course will introduce Relational Cultural Theory (RCT) as its guiding theoretical framework for seminar discussions. Instructors will encourage students to view their assignments and practicum experiences through this lens. RCT, as a framework, highlights the importance of relationships, neuroscience, intersectionality, and social justice. The relational component acknowledges the importance of authenticity, mutual empathy, and process in our work with clients and systems. Neuroscience focuses on the neurobiological impact of connection (Banks, 2015). The cultural component highlights the importance of intersectionality and the experiences of marginalization, racism, and power within our society (Jordan, 2009; Walker, 2019). Through a RCT lens, students will be able to evaluate their micro, mezzo, and macro interventions regarding power and privilege to align with social work's commitment to diversity, inclusion, and anti-racism. As a framework, RCT recognizes the "person in environment" and the impact of oppressive systems on our clients. Advance practice social work requires students to focus both on their interactions with clients and the need to translate social justice into action. "Now more than ever social workers must heed Bertha Capen Reynolds's call to 'maintain a dual focus on the individual in need and pain and on the socio-economic and political forces of the society which cause this misery''' (Cullen, 1980, p. 27).

This course provides students the opportunity to practice social work skills under the supervision of professional social workers and apply evidence-informed interventions in their work with individuals and/or families, groups, organizations, and communities. The Suzanne Dworak-Peck School of Social

Spring 2023 Page 1 of 35



Work prepares students to enter their practicum by engaging them in evidence-based intervention (EBI) trainings. Continuing support and simulated practice is provided to students through weekly "Practice Labs" with Practicum Faculty who serve as educators, consultants and coaches for the internship experience. In these classes/labs, students will be coached and guided to develop practical skills in collaborative processes and apply elements of critical thinking to assess and analyze vignettes, role plays and classroom discussion.

For students in the MSW on campus program (OCP), agencies will provide learning opportunities and resources for an effective educational experience for students, where on the Virtual Academic Center (VAC), this is provided in the virtual learning environment. Practicum Instructors who are professional social workers will guide and teach students how to apply social work practice, values and ethics in a professional setting. Practicum Instructors also collaborate with students to create and approve learning agreements, discuss and give feedback on Reflective Learning Tools, complete and sign end-of-semester evaluations, and ensure paperwork is finished on time. Students enrolled in this course have the opportunity to implement research-influenced practices in multidisciplinary and/or virtual settings, thereby contributing to the direct application of EBIs and influencing the capacity of the social work profession to provide EBIs. Infusing USC Suzanne Dworak-Peck School of Social Work Practicum Education with EBIs provides a translational link between research and practice, and further solidifies a developing science of social work.

At semester end, the Practicum Faculty is responsible for assigning students a grade of Credit or No Credit.

Course Objectives

Objectives

- Students will apply Relational Cultural Theory (RCT) as a guiding framework to integrate classroom theories and concepts with reflection about direct practice experiences with marginalized communities to support both individual and societal change.
- 2 Students will begin to apply evidence-based interventions (EBIs) such as Motivational Interviewing, Problem-Solving Therapy (PST), and/or Cognitive Behavioral Therapy (CBT) in internship or classroom settings from a culturally humble lens.
- 3 Students will learn to demonstrate culturally humble, effective communication and collaboration skills across the spectrum of social work practice, from engagement to assessment, goal-setting, intervention, evaluation, and termination.
- Students will begin to develop professional use of self and self-awareness through consultation with professional social workers, self-reflection, understanding of social work values, and creative implementation of those values in internship and classroom settings.
- 5 Students will meet the 1st-semester competency requirements outlined in Council on Social Work Education's (CSWE) Competencies as indicated in the Practicum Learning Agreement and end of semester evaluation.

Course Format / Instructional Methods

Practicum Education is systematically designed, supervised, coordinated, and evaluated based on criteria by which students demonstrate the achievement of program competencies (Brooks, 2010). These competencies are articulated in the CSWE Educational Policy and Accreditation Standards (EPAS) and make up the end of semester evaluation for practicum education. To prepare students for successfully achieving those competencies, a variety of instructional methods are utilized.

Instructional methods in the seminar and practicum experiences consist of university-led trainings, practicum activities, and supervision from a designated Practicum Instructor. Practicum activities could

Spring 2023 Page **2** of **35**



include direct client interactions, observation of professional social workers, shadowing opportunities, trainings, individual practicum instruction, group supervision, guidance on proper documentation, crisis management responses, didactic instruction, and experiential exercises. OCP students may also develop a collaborative relationship with site-based employees, known as Preceptors, who help guide them in day-to-day operations with many of the activities listed above. For students in VAC, the virtual teaching platform will provide learning opportunities and resources for an effective educational experience for students. A combination of videos, interactive virtual media, and written and/or oral assignments will provide students with opportunities to apply social work practice, values and ethics in various virtual practice settings.

All incoming students will be trained in Motivational Interviewing at the beginning this course. They will also be trained in at least one additional EBI. The process of training students on EBIs may include the use of:

- Case vignettes
- Videos
- Role plays
- Structured small group exercises
- Agency-based trainings

USC Practicum Faculty are assigned to oversee the progress of the students in their practicum experiences, including consultation for students' practicum assignments. The USC Practicum Faculty meet in-class with students in weekly Practice Labs to reinforce their developing skills, facilitate feedback and processing of practicum experiences, and engage students in creative exercises to improve EBI implementation.

Reflective Learning Tools are used to describe students' client interactions, improve critical thinking skills, provide an opportunity for instructor input, and provide a formal opportunity for self-reflection. A teaching plan known as the Learning Agreement will be developed collaboratively between students and their instructors. At the end of the first semester, the end of semester evaluation will be completed for each student and a grade will be assigned by the USC Practicum Faculty.

As discussion and participation are an integral part of the learning process, students are expected to prepare for supervision and fully participate in lab and practicum activities. The quality of written communication and the professionalism of presentations will be assessed as part of the grade for this course. Students are expected to be in practicum a minimum of 16 hours per week and are expected to attend the weekly practicum lab throughout the semester.

Students are expected to take an active role in their experiences through the use of three core learning processes: critical self-reflection, interaction, and risk-taking. This teaching method draws on Transformative Learning Theory which asserts that students develop integrative knowledge about self and others in a dynamic, multicultural society from multiple perspectives (Lee & Greene, 2003). A primary goal is to help students understand their own and others' cultural experiences through a process of cultural humility. Students will challenge their preconceptions and stereotypes, and to develop an attitude of openness and flexibility in cross-cultural interactions. As students explore their burgeoning professional role and identity, they will also be applying critical thinking skills to assessment, documentation, and the informed application of EBIs.

Student Learning Outcome

Spring 2023 Page **3** of **35**



The following table lists the Social Work competencies, as defined by the Council on Social Work Education's 2015 Educational Policy and Accreditation Standards, which are the basis of the student learning outcomes in the MSW program:

Social Work Competencies			
1	Demonstrate ethical and professional behavior *		
2	Engage in diversity and difference in practice *		
3	Advance human rights and social, economic, and environmental justice *		
4	Engage in practice-informed research and research-informed practice *		
5	Engage in policy practice *		
6	Engage with individuals, families, groups, organizations, and communities *		
7	Assess individuals, families, groups, organizations, and communities *		
8	Intervene with individuals, families, groups, organizations, and communities *		
9	Evaluate practice with individuals, families, groups, organizations, and communities *		

^{*} Highlighted in this course

See **Appendix A** for an expanded table, which details the competencies and dimensions of competence highlighted in this course. The table also shows the course objective(s), behaviors/indicators of competence, and course content and assignments related to each competency highlighted in the course.

Course Assignments, Due Dates, and Grading

All assignments must be completed to receive Credit for this course.

Assignment	Due Date	Grading				
SEMINAR-BASED ASSIGNMENTS						
Assignment 1	Multiple Units	Credit/No Credit (CR/NC)				
Evidence Based Intervention		Students must complete all				
Trainings		EBI related training and				
		materials.				
Assignment 2	Units 1-15	CR/NC				
Seminar Participation and Self-		Student will complete a self-				
Evaluation (2)	Mid-semester evaluation due	evaluation relating to				
	Unit 8; End of semester	participation in seminar				
	evaluation due Unit 15	consultation at mid-semester				
		and end of semester for Credit				
PRACT	TICUM-BASED ASSIGNMEN	ГS				
Assignment 3	2 RLTs completed by Unit 8;	CR/NC				
Reflective Learning Tools (RLTs) –	remaining 2 due by Unit 15	All 4 RLTs required for Credit				
4 total						
Assignment 4	Learning Agreement due by	CR/NC				
Completion of Learning Agreement	Unit 5	Completed Learning				
		Agreement required for Credit				
Assignment 5	Development of	CR/NC				
Development of Competencies	Competencies as evidenced in	Completed Competency				
reflected via Final Evaluation	Evaluation due by Unit 15	Evaluation required for Credit				
Assignment 6	Unit 15 (min of 50% due by	CR/NC				
Completion of Practicum Hours	Unit 8, 100% due by Unit 15)	minimum number of hours				
		indicated in the practicum				

Spring 2023 Page **4** of **35**



Assignment	Due Date	Grading
		calendar must be completed for Credit

Each of the major assignments are described below.

Assignment 1: Evidence-Based Intervention (EBI) Trainings

Students will be trained in Motivational Interviewing, Problem Solving Therapy and/or Cognitive Behavioral Therapy. These trainings will be completed during the foundation semester and will equip students to apply EBIs in their activities.

Due: Students must complete EBIs training. OCP students maybe required to present proof of attendance to Practicum Faculty.

This assignment relates to student learning outcomes 1, 2, 3, & 5

Assignment 2: Seminar Participation and Self-Evaluation (2)

Class participation should consist of thoughtful, respectful, and meaningful contributions based on relevant practicum experience or instructional themes of the week, required readings, and assignments prior to class. Class participation is defined by being actively engaged in your learning, demonstrated by participating in class discussions, corresponding with the instructor and classmates, asking questions, sharing thoughts/feelings/experiences, and other curiosities as related to how to apply these concepts to your professional practicum education settings. Students will be provided a self-evaluation and end-of-semester evaluation to reflect on their seminar participation.

Due: Consultation occurs Units 1-15; Mid-semester evaluation due Unit 8; End of semester evaluation due Unit 15

This assignment relates to learning objectives 1, 2, 3, & 4

Assignment 3: Reflective Learning Tools (RLTs)

Four RLTs are due continuously to the Practicum Instructor (VAC this is your course instructor) and as identified in the Learning Agreement. Students will come to class prepared to share their practicum experiences and provide feedback using the Relational Cultural Theory (RCT) model and the application of the required readings. In addition, students will utilize the content of their RLTs in sharing their reflections on their practicum.

Due: Two of RLTs completed by Unit 8; remaining two due by Unit 15. All four RLTs must be completed and reviewed by Practicum Instructor to receive Credit for this assignment and for successful completion of this course (no partial credit).

This assignment relates to course objectives 1, 2, & 4

Assignment 4: Completion of Learning Agreement

- Complete Learning Agreement with practicum goals.
- Ensure that the completed Learning Agreement is signed by the Intern, Practicum Instructor, and Practicum Liaison.

Spring 2023 Page **5** of **35**



Due: Learning Agreement due by Unit 5. The Learning Agreement must be completed for successful completion of this course and to receive credit for this assignment (no partial credit).

This assignment relates to learning objectives 1, 2, & 4

Assignment 5: Development of Competencies reflected via Final Evaluation

- Demonstrate first-semester generalist skills in the CSWE Competencies as listed in the end-of-semester evaluation.
- Complete a self-assessment by rating themselves on the end-of-semester evaluation.
- Review and discuss the end-of-semester evaluation completed by the Practicum Instructor, who makes the grade recommendation. If satisfied that the content accurately reflects progress, student and Practicum Instructor sign as instructed.
- Ensure that the completed evaluation is received and signed by the Practicum Liaison.

Due: Development of Competencies as evidenced in a final Evaluation is due by Unit 15. The Evaluation must be finished for successful completion of this course and to receive credit for this assignment (no partial credit).

This assignment relates to learning objectives 1, 2, & 4

Assignment 6: Completion of Practicum Hours

• Complete the required number of practicum placement hours as identified in the Practicum Manual and calendar.

Due: See calendar. Minimum of 50% of hours completed by Unit 8, 100% of hours completed by Unit 15. All required hours must be completed for successful completion of this course and to receive credit for this assignment (no partial credit).

This assignment relates to learning objectives 1, 2, & 4

Additional Information about Practicum:

If there are unresolved practicum-related issues, discuss with your Practicum Instructor and, if needed, contact your Practicum Liaison.

All University Holidays are sanctioned time off. If a University Holiday falls on one of the student's regularly scheduled days at the agency, students do not have to make-up for the hours. Students are required to make up any hours missed due to agency holidays that fall on their scheduled placement day and are not University Holidays. Students should consult with their Practicum Instructor and/or Preceptor to ensure their absence would not adversely affect the agency and/or client care. Students are allowed eight hours each semester to take time off for religious holidays or illness which must be discussed in advance and arranged with the Practicum Instructor/Preceptor. This time counts in the Internship hours and the student does not have to make-up this time. Make-up hours for additional time missed must be discussed with and approved by the Practicum Instructor/Preceptor.

If agreed upon prior to the start of the placement, some students may be expected to complete additional practicum hours and/or other requirements in order to fulfil their professional commitment to the agency. Please note the calendars and some forms are different for OCP and VAC.

Spring 2023 Page **6** of **35**



All practicum forms and information, including the student calendar, can be found on the website. This course is Credit/No Credit. Class grades will be based on the following:

Assignme	ent Grades	Final (Grades
Credit	83% or above	Credit	83% or above
No Credit	82% or below	No Credit	82% or below

See **Appendix B** for additional details regarding the definitions of grades and standards established by the faculty of the School.

Attendance and Participation

Students' active involvement in the class is essential to their growth as practitioners. Consistent attendance, preparation for and participation in class discussions and activities, timely completion of coursework and assignments, and personal conduct that fosters a respectful, collegial, and professional learning environment are expected. Having more than 2 unexcused absences in class may result in the receiving no credit for the course. Substantive participation VAC and remote/hybrid Ground courses, includes maintaining an active screen in live sessions and completing all asynchronous content and activities prior to the scheduled live class discussion. Failure to complete 2 or more asynchronous units before the live class, without prior instructor permission, also may result in a lowered grade.

Additional Expectations and Guidelines

Students are expected to contribute to the development of a positive learning environment and demonstrate their learning through written and oral assignments including active class participation.

Expectations

- 1) Students are expected to complete all written and other assignments on time.
- 2) Students are encouraged to share readings gleaned from their placement and other class assignments.
- 3) Students are expected to respect the confidentiality of clients: Use pseudonyms when discussing specific cases, and respect and maintain confidentiality regarding class discussions that may reveal personal information about other students in the class.
- 4) Active participation is required of all students and will be considered in your final evaluation.
- 5) Problem solving, identification of issues of concern, and learning needs should evolve from the group.
- 6) Periodic evaluation of the course experience will be conducted. Students will be asked to complete written evaluations.

Guidelines

Much of the course content will center on critical issues that may be controversial. The following guidelines have been adopted. It is hoped that these guidelines will create an environment in which we can learn from one another and enrich our experience in the practicum course.

- 1. Every person participating in the program is of equal worth and value.
- 2. All opinions are important. We will agree to disagree.
- 3. We do not generalize. Please speak from your perspective using I-statements such as "I think...," "I believe...," "It's been my experience that...," etc.
- 4. Actively listen to gain understanding. We will be speaking from our personal experiences. It is important to recognize that we will be talking about what is true for us.
- 5. We respect the confidentiality of our classmates. Information shared during class stays in class.

Spring 2023 Page **7** of **35**



- 6. Be aware of your level of participation in the group and act accordingly. If you tend to be quiet in group situations, please work at increasing your contribution. We're here to learn from one another. Conversely, avoid monopolizing discussion by talking too much, too long, or too loudly.
- 7. This course's content is shared by each member's contributions to the class discussion. Learn the balance to either step up or step back to allow diverse voices to be heard.
- 8. Diversity is our strength! The class setting is a sacred place, and all persons and their perspectives are welcome.

Required Instructional Materials and Resources

2021 Amendments to the NASW Code of Ethics: Self-Care and Cultural Competence https://www.socialworkers.org/LinkClick.aspx?fileticket=UyXb_VQ35QA%3d&portalid=0

Frederic G Reamer. (2018). Ethical Standards for Social Workers' Use of Technology: Emerging Consensus. Journal of Social Work Values and Ethics, 15(2), 71–80.

NASW Code of Ethics. (n.d.). Retrieved from: https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English

Students: Please locate or ask your Practicum Faculty for the USC Suzanne-Dworak-Peck School of Social Work Practicum Manual & Calendar.

Required readings On Digital Campus

Syllabus	
· · · · · · · · · · · · · · · · · · ·	
Modules	▼ Toolbox
Grades	" R Complement and Parking
	E Course Documents and Readings
Files	

Also readings are electronically available at the <u>USC Libraries: Social Work</u> through ARES under Course Lead: **Professor Jennifer Parga**

Recommended Textbooks

Garthwait, C. L. (2017). The social work practicum: A guide and workbook for students (7th ed.). Pearson Education.

OR

Garthwait, C. L. (2017). *The social work practicum: A guide and workbook for students <u>eText</u> (7th ed.). Pearson Education. (<i>Can be purchased directly through Pearson Publishing on-line*)

Note: Additional required and recommended readings may be assigned by the instructor throughout the course. See **Appendix C** for recommended instructional materials and resources

Course Schedule—Detailed Description

Guidelines for SOWK 591: Applied Learning in Field Education 1

The USC Suzanne Dworak-Peck School of Social Work places MSW students in thousands of internships nationally and internationally in different settings: health, mental health, public child welfare, schools, inperson or virtual, etc. This syllabus serves as a general set of expectations for our students and their

Spring 2023 Page **8** of **35**



instructors. However, given the challenges of standardizing direct social work practice, a variety of experiences within these guidelines is expected. Therefore, all stakeholders involved in practicum education activities should view this document as best practice guidelines.

Module One (Units 1-5): Orientation to Practicum Education: Motivational Interviewing and Client Engagement

Topics

▼	Orientation to Practicum Education	▼	Professional Development and Consultation
▼	Group and/or Individual Practicum Instruction	∇	Self-Care
▽	Motivational Interviewing instruction and modeling	▼	Using Effective Communication and Collaboration Skills
▽	EBI Instruction/Practice (e.g. Motivational Interviewing)	▽	Defining the Social Work Profession
▽	Introduction to Relational Cultural Theory	▽	Introduction to NASW Code of Ethics & CSWE Competencies
~	Ethical Practice	▼	Personal Risk/Safety Considerations
▽	Tools for Client Engagement and Assessment	▼	Experiences from Practicum
▽	Empathic Communication	▽	Creating and Submitting Reflective
~	Practicum Documentation		Learning Tools

This Unit relates to course objectives 1, 2, 3, 4, & 5.

Required Readings: Module One - Week 1 - 1/10 & 1/12/23

Unit 1 Asynchronous

Comstock, D. L., Hammer, T. R., Strentzsch, J., Cannon, K., Parsons, J., & G. II. (2008). Relational-cultural theory: A framework for bridging relational, multicultural, and social justice competencies. *Journal of Counseling and Development*, 86(3), 279–287. https://doi.org/10.1002/j.1556-6678.2008.tb00510.x

Garthwait, C. L. (2017). Purpose and expectations for practicum. In *The social work practicum a guide* and workbook for students (7th ed., pp. 1-11). Pearson Education.

Phillips, B., Brekke, J., O, A., Duke, J., Lewis, J., & Cardinal, L. (2018). *Motivational interviewing: Training manual*. [Unpublished manuscript]. School of Social Work, University of Southern California.

Required Readings: Module One - Week 2 - 1/17 & 1/19/2023

Unit 2 Asynchronous

Bloomquist, K., Wood, L., Friedmeyer-Trainor, K., & Kim, H. (2016). Self-care and professional quality of life: predictive factors among MSW practitioners. *Advances in Social Work*, *16*(2), 292–311. https://doi.org/10.18060/18760

Spring 2023 Page **9** of **35**



- Garthwait, C. L. (2017). Learning from supervision. In *The social work practicum a guide and workbook for students* (7th ed., pp. 28-40). Pearson Education.
- Sweitzer, H. F., & King, M. A. (2013). Stages of an internship re-visited: Facilitating learning and development through engagement. *Journal of Human Services*, *33*(1), 56-72. (VAC p.62)
- Brown, B. (2013, December 10). *Brené Brown on empathy*. [Video]. RSA. https://brenebrown.com/videos/rsa-short-empathy/

Required Readings: Module One - Week 3 - 1/24 & 1/26/2023 - Actor Starts

Unit 3 Asynchronous

- Garthwait, C. L. (2017). Social work ethics. In *The Social Work Practicum A Guide and Workbook For Students* (7^h ed., pp. 136-147). Pearson Education.
- McIntosh P. (1988). White privilege: Unpacking the invisible knapsack. National Seed Project. https://nationalseedproject.org/Key-SEED-Texts/white-privilege-unpacking-the-invisible-knapsack

Required Readings: Module One - Week 4 - 1/31 & 2/2/2023

Unit 4 Asynchronous

Garthwait, C. L. (2017). Personal safety. In *The social work practicum a guide and workbook for students* (7th ed., pp. 41-50). Pearson Education.

Required Readings: Module One - Week 5 - 2/7 & 2/9/2023

Unit 5 Asynchronous

- Oh, H., & Lee, C. POC (2016). Culture and motivational interviewing. *Patient Education and Counseling*, 99(11), 1914–1919. https://doi.org/10.1016/j.pec.2016.06.010
- Urmanche, A. A., Oliveira, J. T., Gonçalves, M. M., Eubanks, C. F., & Muran, J. C. (2019). Ambivalence, Resistance, and Alliance Ruptures in Psychotherapy: It's Complicated. *Psychoanalytic Psychology*, *36*(2), 139–147. https://doi.org/10.1037/pap0000237

Spring 2023 Page **10** of **35**



Module Two - Unit 6-8: Assessment, Diagnostic Considerations & Treatment Planning

Topics

- ▼ Group and/or Individual Practicum Instruction
- ▼ EBI Instruction/Practice (MI, PST, and/or CBT)
- ▼ Feedback Informed Treatment (FIT)
- ▼ Assessing through Culturally Humble Lens
- ▼ DSM-5
- ▼ Selecting Appropriate Evidence-Based Interventions from Culturally Humble Lens
- ▼ Client Intervention
- ▼ Case Management & Community Resources
- **▼** Practicum Documentation
- ▼ Creating and Submitting Reflective Learning Tools
- ▼ Professional Development and Consultation
- ▼ Self-Care
- ▼ Managing Ethical Dilemmas Using the NASW Code of Ethics
- ▼ Risk Assessments and Introduction to Mandated Reporting
- **▼** Experiences from Practicum

This Unit relates to course objectives 1, 2, 3, 4, & 5

OCP Students: Your Practicum Liaison will conduct a site visit during the semester with you and your Practicum Instructor and Preceptor where applicable to discuss your progress in practicum.

Required Readings: Module Two - Week 6 - 2/14 & 2/16/2023

Unit 6 Asynchronous

Lee, J. H. (2019). Integration of spirituality into the strengths-based social work practice: A transpersonal approach to the strengths perspective. *Journal of Sociology and Social Work*, 7(2), 925-935. https://doi:10.15640/jssw.v7n2a4

Required Readings: Module Two - Week 7 - 2/21 & 2/23/2023

Unit 7 Asynchronous

Gottlieb, L. (2020, June 18). *I thought I was an antiracist therapist. Then I looked more closely.* Washington Post. https://www.washingtonpost.com/opinions/2020/06/18/i-thought-i-was-an-antiracist-therapist-then-i-looked-more-closely/

Stephens, T. N. (2021). Distinguishing racism, not race, as a risk factor for child welfare involvement: Reclaiming the familial and cultural strengths in the lived experiences of child welfare-affected parents of color. *Genealogy (Basel)*, 5(1), 11–. https://doi.org/10.3390/genealogy5010011

Spring 2023 Page 11 of 35



Required Readings: Module Two - Week 8 – 2/28 & 3/2/2023

Unit 8 Asynchronous

Maglalang, D.D., Rao, S. (2021). Theory's cool, but theory with no practice ain't shit... Advances in Social Work (21)2/3, 672-689.

https://journals.iupui.edu/index.php/advancesinsocialwork/article/view/24145

Marsiglia F. F., & Booth J. M. (2015). Cultural adaptation of interventions in real practice settings. *Research on Social Work Practice*, 25(4), 423-432. http://doi.org/10.1177/1049731514535989

Spring 2023 Page **12** of **35**



Module	Module Three - Units 9-11: Problem Solving Therapy & Self Care				
Topics					
∇	Group and/or individual Practicum Instruction	∇	Exploring Culture: Cultural Object Activity		
▽	EBI Instruction/Practice (MI, PST, and/or CBT)	~	Managing Ethical Dilemmas Using the NASW Code of Ethics		
∇	Change-Oriented Work with Clients	∇	Problem-Solving Therapy Exercises		
∇	Prepare for Termination	~	Self-Care and Stress Management		
▽	Practicum Documentation	~	Compassion Fatigue, Burnout, and Compassion Satisfaction		
▽	Creating and Submitting Reflective Learning Tools	~	Experiences from Practicum		
∇	Professional Development and Consultation	∇	Self-Care		

This Unit relates to course objectives 1, 2, 3, 4, & 5.

Required Readings: Module Three - Week 9 - 3/7 & 3/9/2023

Unit 9 Asynchronous

Phillips, B., Brekke, J., & Supranovich, R. (2016). *Problem-solving therapy: Training workbook*. [Unpublished manuscript]. School of Social Work, University of Southern California.

Wyatt, J.P., Ampadu, G.G. (2022) Reclaiming self-care: Self-care as a social justice tool for black wellness. Community Mental Health Journal, (58), 213–221. https://link.springer.com/article/10.1007/s10597-021-00884-9#citeas

WEEK 10 SPRING BREAK March 12 - March 18, 2023 NO CLASSES

Required Readings: Module Three - Week 11 - 3/21 & 3/23/2023

Unit 10 Asynchronous

Daftary, A.H. (2018) Intersectionality and the disparate experiences of Latinos based on the immigrant status of family members. *Social Work Research*, 42(3),187-198.

Required Readings: Module Three - Week 12 - 3/28 & 3/30/2023

Unit 11 Asynchronous

Collins, S. (2021). Social workers and self-care: A promoted yet unexamined concept? *Practice*, *33*(2), 87–102. https://doi.org/10.1080/09503153.2019.1709635

Potapchuk, M., & Gulati-Partee, G. (2014). Paying attention to white culture and privilege: A missing link to advancing racial equity. *The Foundation Review*, 6(1), 25–. https://doi.org/10.9707/1944-5660.1189

Spring 2023 Page **13** of **35**



Module Four - Units 12-15: Social Justice and Termination

Topics

▼	Group and/or Individual Practicum Instruction	▼	Examining Privilege
▼	Linking Clients' Experiences to Social Justice Issues	>	Termination: Self-Reflection
∇	Managing Termination with Clients	\triangleright	Experiences from Practicum
∇	Practicum Documentation	\triangleright	Self-Care
▽	Creating and Submitting Final Reflective Learning Tools	▼	Managing Ethical Dilemmas Using the NASW Code of Ethics
▽	Completing Self-Assessment for Comprehensive Skills Evaluation	▼	Relational Cultural Theory Framework and Successes and Challenges in Practicum
▼	Reviewing, Signing and Submitting Generalist Practice Comprehensive Skills Evaluation	▼	Exploring Topics of Culture, Social Justice, and Intersectionality through Relational Cultural Theory Lens
▽	Professional Development and Consultation		

This Unit relates to course objectives 1, 2, 3, 4, & 5.

Required Readings: Module 4 - Week 13 - 4/4 & 4/6/2023

Unit 12 Asynchronous

Desai, M. Paranamana, N. Restrepo-Toro, M. O'Connell, M., Davidson, L., & Stanhope, V. (2021). Implicit organizational bias: Mental health treatment culture and norms as barriers to engaging with diversity. *The American Psychologist*, 76(1), 78–90. https://doi.org/10.1037/amp0000621

Complex Racial Trauma: Evidence, Theory, Assessment, and Treatment Jude Mary Cénat University of Ottawa Research on Black Health, University of Ottawa https://journals.sagepub.com/doi/pdf/10.1177/17456916221120428

Required Readings: Module Four - Unit 14 - 4/11 & 4/13/2023

Unit 13 Asynchronous

Bussey, S. R, Jemal, A., & Caliste, S. (2021). Transforming social work's potential in the field: A radical framework. *Social Work Education*. 40(1) 140-154. https://doi.org/10.1080/02615479.2020.1723536

Randall CL, McNeil DW. Motivational Interviewing as an Adjunct to Cognitive Behavior Therapy for Anxiety Disorders: A Critical Review of the Literature. Cogn Behav Pract. 2017 Aug;24(3):296-311. doi:10.1016/j.cbpra.2016.05.003 PMID: 28871216; PMCID: PMC5580948

Spring 2023 Page **14** of **35**



Required Readings: Module Four - Week 15 - 4/18 - 4/20/2023

Unit 14 Asynchronous

Sweitzer, H.F. & King, M (2009). Understanding yourself. The successful internship (3rd ed., pp. 78-88). Belmont, California: Brooks/Cole.

• Macro SW, termination, self-awareness, simulation as best practice

Required Readings: Module Four - Week 16 - 4/25 - 4/27/2023

Unit 15 Asynchronous

• Macro SW, termination, self-awareness, simulation as best practice

List of Appendices

- A. Detailed Descriptions of Social Work Core Competencies Highlighted in this Course
- B. Definitions of Grades and Standards Established by Faculty of the School
- C. Recommended Instructional Materials and Resources
- D. Suzanne Dworak-Peck School of Social Work DEI Statement
- E. Statement on Academic Conduct and Support Systems

Appendix A: Detailed Description of Social Work Competencies Highlighted in this Course

Competency	Objective(s)	Behavior(s)	Dimension(s)	Content
Competency 1:	3. Enhance	1b. Uses	Values,	Units 2-5:
Demonstrate	collaboration and	reflection and	Cognitive and	Orientation to
Ethical and	communication	self-regulation to	Affective	Practicum
Professional	skills across the	manage personal	Processes	Education/
Behavior	spectrum of	values and		Motivational
Social workers	culturally	maintain		Interviewing and
understand the	appropriate social	professionalism		Client Engagement
value base of the	work services,	in practice		
profession and its	from engagement	situations.		Units 6-8:
ethical standards,	to assessment,			Assessment,
as well as relevant	goal-setting,			diagnostic
laws and	intervention,			considerations, &
regulations that	evaluation, and			Treatment Planning
may impact	termination			
practice at the				Units 9 -11:
micro, mezzo, and	4. Develop			Problem Solving
macro levels.	professional use			Therapy and Self
Social workers	of self through			Care
understand	consultation with			
frameworks of	professional			Units 12-15: Social
ethical decision-	social workers,			Justice and
making and how to	self-reflection,			Termination

Spring 2023 Page **15** of **35**



apply principles of	understanding of social work			Observation of
critical thinking to				Observation of
those frameworks	values, and			participation and
in practice,	creative			engagement in
research, and	implementation			weekly practice lab
policy arenas.	of those values in			
Social workers	internship			Participation in
recognize personal	settings			ethics, risk factor
values and the				and other class
distinction between	5. Increase			vignettes/exercises
personal and	proficiency in the			
professional values.	required Council			Practicum
They also	on Social Work			documentation
understand how	Education's			
their personal	(CSWE)			Weekly supervision
experiences and	Competencies as			
affective reactions	indicated in the			Completion of
influence their	end of semester			Practicum hours
professional	Evaluation			
judgment and	3. Enhance	1c. Demonstrates	Values,	
behavior. Social	collaboration and	professional	Cognitive and	
workers understand	communication	demeanor in	Affective	
the profession's	skills across the	behavior;	Processes	
history, its mission,	spectrum of	appearance; and		
and the roles and	culturally	oral, written, and		
responsibilities of	appropriate social	electronic		
the profession.	work services,	communication.		
Social Workers	from engagement			
also understand the	to assessment,			
role of other	goal-setting,			
professions when	intervention,			
engaged in inter-	evaluation, and			
professional teams.	termination			
Social workers				
recognize the	5. Increase			
importance of life-	proficiency in the			
long learning and	required Council			
are committed to	on Social Work			
continually	Education's			
updating their skills	(CSWE)			
to ensure they are	Competencies as			
relevant and	indicated in the			
effective. Social	end of semester			
workers also	Evaluation			
understand				
emerging forms of				
technology and the				
ethical use of				
technology in				
social work				
practice.				

Spring 2023 Page **16** of **35**



G 4			D : ()	G / /
Competency	Objective(s)	Behavior(s)	Dimension(s)	Content
Competency 2:	1. Integrate	2c. Applies self-	Cognitive and	Units 2-5:
Engage Diversity	classroom	awareness and	Affective	Orientation to
and Difference in	theories and	self-regulation to	Processes	Practicum
Practice	concepts with	manage the		Education/
Social workers	direct practice in	influence of		Motivational
understand how	laboratory	personal biases		Interviewing and
diversity and	settings and/or	and values in		Client Engagement
difference	with vulnerable	working with		TI 14 6 0
characterize and	communities	diverse clients		Units 6-8:
shape the human	where the effects	and		Assessment,
experience and are	of poverty,	constituencies.		diagnostic
critical to the	discrimination			considerations &
formation of	and oppression			Treatment Planning
identity. The	are pervasive in			TT 14 0 44
dimensions of	an effort to bring			Units 9 -11:
diversity are	about both			Problem Solving
understood as the	individual and			Therapy and Self
intersectionality of	societal change			Care
multiple factors	4. Develop			TT 14 10 15 0 11
including but not	professional use			Units 12-15: Social
limited to age,	of self through			Justice and
class, color,	consultation with			Termination
culture, disability	professional			D
and ability,	social workers,			Participation in
ethnicity, gender,	self-reflection,			ethics, risk factor
gender identity and	understanding of			and other class
expression,	social work			vignettes/exercises
immigration status,	values, and			01
marital status,	creative			Observation of
political ideology,	implementation			participation and
race,	of those values in			engagement in
religion/spirituality,	internship			weekly practice lab
sex, sexual orientation, and	settings			Practicum
· ·	<i>E</i> Tu			
tribal sovereign status. Social	5. Increase proficiency in the			documentation
workers understand	*			Observation of
	required Council on Social Work			interactions with
that, as a consequence of	Education's			clients (either with
difference, a	(CSWE) Core			assigned clients or
person's life	Competencies as			via role play)
experiences may	indicated in the			via ioie piay)
include oppression,	end of semester			Weekly
poverty,	Evaluation			Supervision
marginalization,	Lvanuation			Super vision
and alienation as				
well as privilege,				
power, and				
acclaim. Social				
workers also				
WOLKETS AISO				

Spring 2023 Page **17** of **35**



understand the				
forms and				
mechanisms of				
oppression and				
discrimination and				
recognize the				
extent to which a				
culture's structures				
and values,				
including social,				
economic, political,				
and cultural				
exclusions, may				
oppress,				
marginalize,				
alienate, or create				
privilege and				
power.				
Competency	Objective(s)	Behavior(s)	Dimension (s)	Content
Competency 3:	1. Integrate	3a. Applies	Values,	Units 12-15: Social
Advance Human	classroom	principles of	Cognitive and	Justice and
Rights and Social,	theories and	social, economic,	Affective	termination
Economic, and	concepts with	and	Processes	
Environmental	direct practice in	environmental		Observation of
Justice	laboratory	justice to		participation and
Social workers	settings and/or	advocate for		engagement in
understand that	with vulnerable	human rights		weekly practice lab
every person	communities	within the scope		T
regardless of	where the effects	of the		Participation in
position in society	of poverty,	organization's		ethics, risk factor
has fundamental	discrimination	mission.		and other class
human rights such	and oppression			vignettes/exercises
as freedom, safety,	are pervasive in			Duo ati anna
privacy, an	an effort to bring			Practicum
adequate standard	about both			documentation
	individual and			
of living, health	individual and			Wookly supervision
care, and education.	individual and societal change			Weekly supervision
care, and education. Social workers	societal change			
care, and education. Social workers understand the	societal change 3. Enhance			Completion of
care, and education. Social workers understand the global	societal change 3. Enhance collaboration and			
care, and education. Social workers understand the global interconnections of	societal change 3. Enhance collaboration and communication			Completion of
care, and education. Social workers understand the global interconnections of oppression and	societal change 3. Enhance collaboration and communication skills across the			Completion of
care, and education. Social workers understand the global interconnections of oppression and human rights	3. Enhance collaboration and communication skills across the spectrum of			Completion of
care, and education. Social workers understand the global interconnections of oppression and human rights violations, and are	3. Enhance collaboration and communication skills across the spectrum of culturally			Completion of
care, and education. Social workers understand the global interconnections of oppression and human rights violations, and are knowledgeable	societal change 3. Enhance collaboration and communication skills across the spectrum of culturally appropriate social			Completion of
care, and education. Social workers understand the global interconnections of oppression and human rights violations, and are knowledgeable about theories of	societal change 3. Enhance collaboration and communication skills across the spectrum of culturally appropriate social work services,			Completion of
care, and education. Social workers understand the global interconnections of oppression and human rights violations, and are knowledgeable about theories of human need and	societal change 3. Enhance collaboration and communication skills across the spectrum of culturally appropriate social work services, from engagement			Completion of
care, and education. Social workers understand the global interconnections of oppression and human rights violations, and are knowledgeable about theories of	societal change 3. Enhance collaboration and communication skills across the spectrum of culturally appropriate social work services,			Completion of

Spring 2023 Page **18** of **35**



economic justice	evaluation, and			
and human rights.	termination			
Social workers				
understand	4. Develop			
strategies designed	professional use			
to eliminate	of self through			
oppressive	consultation with			
structural barriers	professional			
to ensure that social	social workers,			
goods, rights, and	self-reflection,			
responsibilities are	understanding of			
distributed	social work			
equitably and that	values, and			
civil, political,	creative			
environmental,	implementation			
economic, social,	of those values in			
and cultural human	internship			
rights are protected.	settings			
	5. Increase			
	proficiency in the			
	required Council			
	on Social Work			
	Education's			
	(CSWE) Core			
	Competencies as			
	indicated in the			
	Comprehensive			
	Skills Evaluation			
Competency	Objective(s)	Behavior(s)	Dimension (s)	Content
Competency 4:	1. Integrate	4a. Implements	Skills	Units 2-5:
Engage in	classroom	evidence-based		
Practice-informed	Clabbiooili	evidence-based		Orientation to
	theories and	interventions.		Orientation to Practicum
Research and				
	theories and	interventions.		Practicum
Research and Research- Informed Practice	theories and concepts with	interventions. 4b. Translates and		Practicum Education/
Research and Research-	theories and concepts with direct practice in laboratory settings and/or	interventions. 4b. Translates and integrates		Practicum Education/ Motivational
Research and Research- Informed Practice	theories and concepts with direct practice in laboratory settings and/or with vulnerable	interventions. 4b. Translates and integrates research findings		Practicum Education/ Motivational Interviewing and Client Engagement
Research and Research- Informed Practice Social workers understand quantitative and	theories and concepts with direct practice in laboratory settings and/or with vulnerable communities	interventions. 4b. Translates and integrates research findings with professional		Practicum Education/ Motivational Interviewing and
Research and Research- Informed Practice Social workers understand quantitative and qualitative research	theories and concepts with direct practice in laboratory settings and/or with vulnerable	interventions. 4b. Translates and integrates research findings with professional judgment to		Practicum Education/ Motivational Interviewing and Client Engagement
Research and Research- Informed Practice Social workers understand quantitative and qualitative research methods and their	theories and concepts with direct practice in laboratory settings and/or with vulnerable communities where the effects of poverty,	interventions. 4b. Translates and integrates research findings with professional judgment to inform and		Practicum Education/ Motivational Interviewing and Client Engagement Units 9 -11: Problem Solving Therapy and Self
Research and Research- Informed Practice Social workers understand quantitative and qualitative research methods and their respective roles in	theories and concepts with direct practice in laboratory settings and/or with vulnerable communities where the effects of poverty, discrimination	interventions. 4b. Translates and integrates research findings with professional judgment to		Practicum Education/ Motivational Interviewing and Client Engagement Units 9 -11: Problem Solving
Research and Research- Informed Practice Social workers understand quantitative and qualitative research methods and their respective roles in advancing a science	theories and concepts with direct practice in laboratory settings and/or with vulnerable communities where the effects of poverty, discrimination and oppression	interventions. 4b. Translates and integrates research findings with professional judgment to inform and		Practicum Education/ Motivational Interviewing and Client Engagement Units 9 -11: Problem Solving Therapy and Self
Research and Research- Informed Practice Social workers understand quantitative and qualitative research methods and their respective roles in advancing a science of social work and	theories and concepts with direct practice in laboratory settings and/or with vulnerable communities where the effects of poverty, discrimination and oppression are pervasive in	interventions. 4b. Translates and integrates research findings with professional judgment to inform and		Practicum Education/ Motivational Interviewing and Client Engagement Units 9 -11: Problem Solving Therapy and Self Care
Research and Research-Informed Practice Social workers understand quantitative and qualitative research methods and their respective roles in advancing a science of social work and in evaluating their	theories and concepts with direct practice in laboratory settings and/or with vulnerable communities where the effects of poverty, discrimination and oppression are pervasive in an effort to bring	interventions. 4b. Translates and integrates research findings with professional judgment to inform and		Practicum Education/ Motivational Interviewing and Client Engagement Units 9 -11: Problem Solving Therapy and Self Care Participation in
Research and Research-Informed Practice Social workers understand quantitative and qualitative research methods and their respective roles in advancing a science of social work and in evaluating their practice. Social	theories and concepts with direct practice in laboratory settings and/or with vulnerable communities where the effects of poverty, discrimination and oppression are pervasive in an effort to bring about both	interventions. 4b. Translates and integrates research findings with professional judgment to inform and		Practicum Education/ Motivational Interviewing and Client Engagement Units 9 -11: Problem Solving Therapy and Self Care Participation in Evidence-Based
Research and Research-Informed Practice Social workers understand quantitative and qualitative research methods and their respective roles in advancing a science of social work and in evaluating their practice. Social workers know the	theories and concepts with direct practice in laboratory settings and/or with vulnerable communities where the effects of poverty, discrimination and oppression are pervasive in an effort to bring about both individual and	interventions. 4b. Translates and integrates research findings with professional judgment to inform and		Practicum Education/ Motivational Interviewing and Client Engagement Units 9 -11: Problem Solving Therapy and Self Care Participation in Evidence-Based Intervention (EBI)
Research and Research-Informed Practice Social workers understand quantitative and qualitative research methods and their respective roles in advancing a science of social work and in evaluating their practice. Social workers know the principles of logic,	theories and concepts with direct practice in laboratory settings and/or with vulnerable communities where the effects of poverty, discrimination and oppression are pervasive in an effort to bring about both	interventions. 4b. Translates and integrates research findings with professional judgment to inform and		Practicum Education/ Motivational Interviewing and Client Engagement Units 9 -11: Problem Solving Therapy and Self Care Participation in Evidence-Based
Research and Research-Informed Practice Social workers understand quantitative and qualitative research methods and their respective roles in advancing a science of social work and in evaluating their practice. Social workers know the principles of logic, scientific inquiry,	theories and concepts with direct practice in laboratory settings and/or with vulnerable communities where the effects of poverty, discrimination and oppression are pervasive in an effort to bring about both individual and societal change	interventions. 4b. Translates and integrates research findings with professional judgment to inform and		Practicum Education/ Motivational Interviewing and Client Engagement Units 9 -11: Problem Solving Therapy and Self Care Participation in Evidence-Based Intervention (EBI)
Research and Research-Informed Practice Social workers understand quantitative and qualitative research methods and their respective roles in advancing a science of social work and in evaluating their practice. Social workers know the principles of logic,	theories and concepts with direct practice in laboratory settings and/or with vulnerable communities where the effects of poverty, discrimination and oppression are pervasive in an effort to bring about both individual and	interventions. 4b. Translates and integrates research findings with professional judgment to inform and		Practicum Education/ Motivational Interviewing and Client Engagement Units 9 -11: Problem Solving Therapy and Self Care Participation in Evidence-Based Intervention (EBI)

Spring 2023 Page **19** of **35**



ethical approaches	skills to learn,			
to building	apply, and			Observation of
knowledge. Social	creatively adapt			participation and
workers understand	evidence-based			engagement in
that evidence that	interventions			weekly practice lab
informs practice	(EBIs) such as			
derives from multi-	Motivational			
disciplinary sources	Interviewing and			Practicum
and multiple ways	Problem-Solving			documentation
of knowing. They	Therapy (PST),			
also understand the	and/or Cognitive			Observation of
processes of	Behavioral			interactions with
translating research	Therapy (CBT) in			clients (either with
findings into	internship			assigned clients or
effective practice.	settings			via role play)
	3. Enhance			Weekly
	collaboration and			Supervision
	communication			
	skills across the			
	spectrum of			
	culturally			
	appropriate social			
	work services,			
	from engagement			
	to assessment,			
	goal-setting,			
	intervention,			
	evaluation, and			
	termination			
	5. Increase			
	proficiency in the			
	required Council			
	on Social Work			
	Education's			
	(CSWE) Core			
	Competencies as			
	indicated in the			
	Comprehensive			
	Skills Evaluation			
Competency	Objective(s)	Behavior(s)	Dimension(s)	Content
Competency	- Objective(s)	Delia vioi (s)		Content

Spring 2023 Page **20** of **35**



Competency 5:	1. Integrate		Knowledge	Units 2-5:
Engage in Policy	classroom	5a. Demonstrates	Knowledge	Orientation to
Practice	theories and	an understanding		Practicum
Social workers	concepts with	of how social		Education/
understand that	direct practice in	welfare and/or		Motivational
human rights and	laboratory	agency policy		Interviewing and
social justice, as	settings and/or	affects the		Client Engagement
well as social	with vulnerable	delivery of and		Chefit Engagement
welf as social welfare and	communities	access to social		Units 12-15: Social
services, are	where the effects	services.		Justice and
mediated by policy	of poverty,			Termination
and its	discrimination			Termination
implementation at	and oppression			Observation of
the federal, state,	are pervasive in			participation and
and local levels.	an effort to bring			engagement in
Social workers	about both			weekly practice lab
understand the	individual and			weekly practice lab
history and current	societal change			
structures of social	societai change			Practicum
policies and	3. Enhance			documentation
services, the role of	collaboration and			documentation
policy in service	communication			
delivery, and the	skills across the			Weekly
role of practice in	spectrum of			Supervision
policy	culturally			Supervision
development.	appropriate social			
Social workers	work services,			
understand their	from engagement			
role in policy	to assessment,			
development and	goal-setting,			
implementation	intervention,			
within their	evaluation, and			
practice settings at	termination			
the micro, mezzo,				
and macro levels	5. Increase			
and they actively	proficiency in the			
engage in policy	required Council			
practice to effect	on Social Work			
change within those	Education's			
settings. Social	(CSWE) Core			
workers recognize	Competencies as			
and understand the	indicated in the			
historical, social,	Comprehensive			
cultural, economic,	Skills Evaluation			
organizational,				
environmental, and				
global influences				
that affect social				
policy. They are				
also knowledgeable				
about policy				

Spring 2023 Page **21** of **35**



C 1			<u> </u>	
formulation,				
analysis,				
implementation,				
and evaluation.				
Competency	Objective(s)	Behavior(s)	Dimension(s)	Content
Competency 6:	1. Integrate		Knowledge and	Units 1-5:
Engage with	classroom	6b. Uses	Skills	Orientation to
Individuals,	theories and	knowledge of	SKIIIS	Practicum
*		practice context to		Education/
Families, Groups,	concepts with	inform		
Organizations, and Communities	direct practice in	engagement with		Motivational
Social workers	laboratory	clients and		Interviewing and
	settings and/or with vulnerable	constituencies.		Client Engagement
understand that	communities			
engagement is an		61 TT	Skills	Units 9 -11:
ongoing component	where the effects	6d. Uses	SKIIIS	
of the dynamic and	of poverty,	interpersonal		Problem Solving
interactive process	discrimination	skills to engage		Therapy and Self
of social work	and oppression	diverse clients and		Care
practice with, and	are pervasive in	constituencies.		Facility of an eff
on behalf of,	an effort to bring			Evaluation of
diverse individuals,	about both			participation and
families, groups,	individual and			engagement in
organizations, and	societal change			weekly practice lab
communities.	3 D 1			01 6
Social workers	2. Develop			Observation of
value the	critical thinking			engagement skills
importance of	skills to learn,			during EBI
human	apply, and			trainings
relationships.	creatively adapt			Ohaamusti a u af
Social workers	evidence-based			Observation of
understand theories	interventions			interactions with
of human behavior	(EBIs) such as			clients (either with
and the social	Motivational			assigned clients or
environment, and	Interviewing and			via role play)
critically evaluate	Problem-Solving			Drootio
and apply this	Therapy (PST),			Practicum
knowledge to	and/or Cognitive			documentation
facilitate	Behavioral			Washir
engagement with	Therapy (CBT) in			Weekly supervision
clients and	internship			
constituencies,	settings			
including	2 E.1			
individuals,	3. Enhance			
families, groups,	collaboration and			

Spring 2023 Page **22** of **35**



	T	T	.	
organizations, and	communication			
communities.	skills across the			
Social workers	spectrum of			
understand	culturally			
strategies to engage	appropriate social			
diverse clients and	work services,			
constituencies to	from engagement			
advance practice	to assessment,			
effectiveness.	goal-setting,			
Social workers	intervention,			
understand how	evaluation, and			
their personal	termination			
experiences and				
affective reactions	5. Increase			
may impact their	proficiency in the			
ability to	required Council			
effectively engage	on Social Work			
with diverse clients	Education's			
and constituencies.	(CSWE)			
Social workers	Competencies as			
value principles of	indicated in the			
relationship-	end of semester			
building and inter-	Evaluation			
professional	Lvaraation			
collaboration to				
facilitate				
engagement with clients,				
constituencies, and				
other professionals				
as appropriate.				
as appropriate.				
Competency	Objective(s)	Behavior(s)	Dimension(s)	Content
Competency 7:	2. Develop	7a. Applies	Skills and	Units 1-5:
Assess	critical thinking	knowledge of	Knowledge	Orientation to
Individuals,	skills to learn,	multi-disciplinary	Kilowieuge	Practicum
Families, Groups,	,	theoretical		Education/
Organizations,	apply, and			Motivational
and Communities	creatively adapt	frameworks (i.e., human behavior		
Social workers	evidence-based interventions	and the social		Interviewing and Client Engagement
				Chent Engagement
understand that	(EBIs) such as	environment,		Unito 6 0.
assessment is an	Motivational	person-and-		Units 6-8:
ongoing component	Interviewing and	environment,		Assessment,
of the dynamic and	Problem-Solving	among others) in		diagnostic
interactive process	Therapy (PST),	assessing		considerations &
of social work	and/or Cognitive	information from		Treatment Planning
practice with, and	Behavioral	clients and		TT 1: 0 11
on behalf of,	Therapy (CBT) in	constituencies.		Units 9 -11:
diverse individuals,	internship	Constituencies		Problem Solving
families, groups,	settings	include		I

Spring 2023 Page **23** of **35**



organizations, and		individuals,		Therapy and Self
communities.	3. Enhance	families, groups,		Care
Social workers	collaboration and	organizations,		
understand theories	communication	and/or		
of human behavior	skills across the	communities.		Evaluation of
and the social	spectrum of			participation and
environment, and	culturally			engagement in
critically evaluate	appropriate social			weekly practice lab
and apply this	work services,			
knowledge in the	from engagement			Observation of
assessment of	to assessment,			assessment skills
diverse clients and	goal-setting,			during EBI
constituencies,	intervention,			trainings
including	evaluation, and			
individuals,	termination			Observation of
families, groups,				interactions with
organizations, and				clients (either with
communities.	5. Increase			assigned clients or
Social workers	proficiency in the			via role play)
understand	required Council			
methods of	on Social Work			Practicum
assessment with	Education's			documentation
diverse clients and	(CSWE)	7b. Applies		
constituencies to	Competencies as	critical thinking	Cognitive and	Weekly supervision
specialized practice	indicated in the	in assessing	Affective	ween's supervision
effectiveness.	end of semester	information (e.g.,	Processes	
Social workers	Evaluation	client strengths,	110005505	
recognize the	Lvaraaron	needs, and		
implications of the		challenges) from		
larger practice		clients and		
context in the		constituencies		
assessment process		Constituencies		
and value the				
importance of				
interprofessional				
collaboration in this				
process. Social				
workers understand				
how their personal				
experiences and				
affective reactions				
may affect their				
assessment and				
decision-making.				
Competency	Objective(s)	Behavior(s)	Dimension(s)	Content
Competency 8:	2. Develop	8a. Selects	Skills and	Units 1-5:
Intervene with	critical thinking	appropriate	Knowledge	Orientation to
Individuals,	skills to learn,	intervention		Practicum
Families, Groups,	apply, and	strategies based		Education/
Organizations,	creatively adapt	on the		Motivational
and Communities	evidence-based	assessment,		
	•		•	•

Spring 2023 Page **24** of **35**



Social workers	interventions	research	Interviewing and
understand that	(EBIs) such as	knowledge, and	Client Engagement
intervention is an	Motivational	values and	
ongoing component	Interviewing and	preferences of	Units 6-8:
of the dynamic and	Problem-Solving	clients and	Assessment,
interactive process	Therapy (PST),	constituencies.	diagnostic
of social work	and/or Cognitive	Constituencies	considerations &
practice with, and	Behavioral	include	Treatment Planning
on behalf of,	Therapy (CBT) in	individuals,	
diverse individuals,	internship	families, groups,	Units 9 -11:
families, groups,	settings	organizations,	Problem Solving
organizations, and		and/or	Therapy and Self
communities.	3. Enhance	communities.	Care
Social workers are	collaboration and		
knowledgeable	communication		Units 12-15: Social
about evidence-	skills across the		Justice and
informed	spectrum of		Termination
interventions to	culturally		
achieve the goals of	appropriate social		Evaluation of
clients and	work services,		participation and
constituencies,	from engagement		engagement in
including	to assessment,		weekly practice lab
individuals,	goal-setting,		
families, groups,	intervention,		Observation of
organizations, and	evaluation, and		intervention skills
communities.	termination		during EBI
Social workers			trainings
understand theories	5. Increase		
of human behavior	proficiency in the		Observation of
and the social	required Council		interactions with
environment, and	on Social Work		clients (either with
critically evaluate	Education's		assigned clients or
and apply this	(CSWE)		via role play)
knowledge to	Competencies as		
effectively	indicated in the		Practicum
intervene with	end of semester		documentation
clients and	Evaluation		
constituencies.			Weekly supervision
Social workers			
understand			
methods of			
identifying,			
analyzing and			
implementing			
evidence-informed			
interventions to			
achieve client and			
constituency goals.			
Social workers			
value the			
importance of inter-			

Spring 2023 Page **25** of **35**



	1	1	T	
professional				
teamwork and				
communication in				
interventions,				
recognizing that				
beneficial				
outcomes may				
require				
interdisciplinary,				
inter-professional,				
and inter-				
organizational				
collaboration.				
Competency	Objective(s)	Behavior(s)	Dimension(s)	Content
Competency 9:	1. Integrate	9b. Evaluates	Skills and	Units 6-8:
Evaluate Practice	classroom	(e.g., monitors	Cognitive and	Assessment,
with Individuals,	theories and	and critically	Affective	diagnostic
Families, Groups,	concepts with	analyses)	Processes	considerations &
Organizations,	direct practice in	intervention	110008868	Treatment Planning
and Communities	*			Treatment Planning
	laboratory	processes and		II
Social workers	settings and/or	outcomes.		Units 9 -11:
understand that	with vulnerable			Problem Solving
evaluation is an	communities			Therapy and Self
ongoing component	where the effects			Care
of the dynamic and	of poverty,			
interactive process	discrimination			Evaluation of
of social work	and oppression			participation and
practice with, and	are pervasive in			engagement in
on behalf of,	an effort to bring			weekly practice lab
diverse individuals,	about both			
families, groups,	individual and			Observation of
organizations and	societal change			interactions with
communities.				clients (either with
Social workers	2. Develop			assigned clients or
recognize the	critical thinking			via role play)
importance of	skills to learn,			
evaluating	apply, and			Practicum
processes and	creatively adapt			documentation
outcomes to	evidence-based			
advance practice,	interventions			Weekly supervision
policy, and service	(EBIs) such as			J "F " " " " " " " " " " " " " " " " " "
delivery	Motivational			
effectiveness.	Interviewing and			
Social workers	Problem-Solving			
understand theories	Therapy (PST),			
of human behavior	and/or Cognitive			
and the social	Behavioral			
environment, and	Therapy (CBT) in			
critically evaluate	internship			
and apply this	settings			
	seungs			
knowledge in				

Spring 2023 Page **26** of **35**



		T	
evaluating	3. Enhance		
outcomes. Social	collaboration and		
workers understand	communication		
qualitative and	skills across the		
quantitative	spectrum of		
methods for	culturally		
evaluating	appropriate social		
outcomes and	work services,		
practice	from engagement		
effectiveness.	to assessment,		
	goal-setting,		
	intervention,		
	evaluation, and		
	termination		
	5. Increase		
	proficiency in the		
	required Council		
	on Social Work		
	Education's		
	(CSWE)		
	Competencies as		
	indicated in the		
	end of semester		
	Evaluation		

Spring 2023 Page **27** of **35**



Appendix B: Definitions of Grades and Standards Established by Faculty of the School*

***All Practicum hours and documentation must be completed to pass this course. In order for students to receive credit (CR), they need to receive a minimum of 83% on assignments and must complete a <u>minimum</u> of 240 hours of activities for the first semester of the first year (Partial credit for these requirements will not be given).

For OCP, seminar

Within the USC Suzanne Dworak-Peck School of Social Work, grades are determined in each class based on the following standards, which have been established by the faculty of the School:

- 1. Grades of A or A- are reserved for student work which not only demonstrates very good mastery of content but which also shows that the student has undertaken a complex task, has applied critical thinking skills to the assignment, and/or has demonstrated creativity in her or his approach to the assignment. The difference between these two grades would be determined by the degree to which these skills have been demonstrated by the student.
- 2. A grade of B+ will be given to work which is judged to be very good. This grade denotes that a student has demonstrated a more-than-competent understanding of the material being tested in the assignment.
- 3. A grade of B will be given to student work which meets the basic requirements of the assignment. It denotes that the student has done adequate work on the assignment and meets basic course expectations.
- 4. A grade of B- will denote that a student's performance was less than adequate on an assignment, reflecting only moderate grasp of content and/or expectations.
- 5. A grade of C would reflect a minimal grasp of the assignments, poor organization of ideas and/or several significant areas requiring improvement.
- 6. Grades between C- and F will be applied to denote a failure to meet minimum standards, reflecting serious deficiencies in all aspects of a student's performance on the assignment.

*See assignment chart for breakdown of Seminar and practicum requirements and grading criteria defining successful completion of this course.

Spring 2023 Page **28** of **35**



Appendix C: Recommended Instructional Materials and Resources

Recommended Guidebook for DSM:

American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders* (5th ed., Text Revision). https://doi.org/10.1176/appi.books.9780890425787

Recommended Guidebook for APA Style Formatting:

American Psychological Association (2020). *Publication manual of the American Psychological Association* (7th ed.). Author.

Spring 2023 Page **29** of **35**



Appendix D: Suzanne Dworak-Peck School of Social Work Diversity, Equity, and Inclusion Statement

At the USC Suzanne Dworak-Peck School of Social Work, we **aspire to promote** diversity, equity and inclusion in our courses and professional practice. We **value** the diverse backgrounds and perspectives that our students bring into the classroom as strengths and resources that enrich the academic and learning experience. We offer and value inclusive learning in the classroom and beyond. We **integrate** readings, materials and activities that are respectful of diversity in all forms, including race, ethnicity, culture, gender identity and expression, sexual orientation, age, ability and disability, socioeconomic status, religion, and political perspectives. Collectively, we **aspire** to co-create a brave space with students and instructors to **critically examine** individual and collective sources of bias, prejudice, discrimination, and systematic oppression that affect the ability of people and communities to thrive. In this way, we fulfill our professional responsibility to practice the <u>NASW Code of Ethics</u>, abide by the <u>CSWE Educational Policy and Accreditation Standards</u>, and address the <u>American Academy of Social Work and Social Welfare</u>, Grand Challenges for Social Work.

Spring 2023 Page **30** of **35**



Appendix E: University Policies and Guidelines

Attendance Policy

Students are expected to attend every class and to remain in class for the duration of the unit. Failure to attend class or arriving late may impact your ability to achieve course objectives which could affect your course grade. Students are expected to notify the instructor by email michelse@usc.edu of any anticipated absence or reason for tardiness.

University of Southern California policy permits students to be excused from class for the observance of religious holy days. This policy also covers scheduled final examinations which conflict with students' observance of a holy day. Students must make arrangements in advance to complete class work which will be missed, or to reschedule an examination, due to holy days observance.

Please refer to <u>SCampus</u> and to the <u>USC School of Social Work Policies and Procedures</u> for additional information on attendance policies.

Statement on Academic Conduct

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Recording a university class without the express permission of the instructor and an announcement to the class, as well as distributing or using recordings of university lectures or classes without the express permission of the instructor, for purposes other than individual or group study, also constitute violations of the USC Student Conduct Code.

Please familiarize yourself with the discussion of plagiarism, unauthorized recording of university classes, and other forms of academic dishonesty and misconduct in SCampus, Part B, Section 11, "Behavior Violating University Standards," as well as information in SCampus and in the university policies on scientific misconduct.

Students and Disability Accommodations

USC welcomes students with disabilities into all of the University's educational programs. The Office of Student Accessibility Services (OSAS) is responsible for the determination of appropriate accommodations for students who encounter disability-related barriers. Once a student has completed the OSAS process (registration, initial appointment, and submitted documentation) and accommodations are determined to be reasonable and appropriate, a Letter of Accommodation (LOA) will be available to generate for each course. The LOA must be given to each course instructor by the student and followed up with a discussion. This should be done as early in the semester as possible as accommodations are not retroactive. More information can be found at osas.usc.edu. You may contact OSAS at (213) 740-0776 or via email at osasfrontdesk@usc.edu.

Statement about Incompletes

The Grade of Incomplete (IN) can be assigned only if there is work not completed because of a documented illness or some other emergency occurring after the 12th week of the semester. Students must NOT assume that the instructor will agree to the grade of IN. Removal of the grade of IN must be instituted by the student and agreed to be the instructor and reported on the official "Incomplete Completion Form."

Spring 2023 Page **31** of **35**



Policy on Late or Make-up Work

Papers are due on the day and time specified. Extensions will be granted only for extenuating circumstances. If the paper is late without permission, the grade will be affected.

Policy on Changes to the Syllabus and/or Course Requirements

It may be necessary to make some adjustments in the syllabus during the semester in order to respond to unforeseen or extenuating circumstances. Adjustments that are made will be communicated to students both verbally and in writing.

Code of Ethics of the National Association of Social Workers

Approved by the 1996 NASW Delegate Assembly and revised by the 2021 NASW Delegate Assembly https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English

Preamble

The primary mission of the social work profession is to enhance human well-being and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. A historic and defining feature of social work is the profession's focus on individual well-being in a social context and the well-being of society. Fundamental to social work is attention to the environmental forces that create, contribute to, and address problems in living.

Social workers promote social justice and social change with and on behalf of clients. "Clients" is used inclusively to refer to individuals, families, groups, organizations, and communities. Social workers are sensitive to cultural and ethnic diversity and strive to end discrimination, oppression, poverty, and other forms of social injustice. These activities may be in the form of direct practice, community organizing, supervision, consultation, administration, advocacy, social and political action, policy development and implementation, education, and research and evaluation. Social workers seek to enhance the capacity of people to address their own needs. Social workers also seek to promote the responsiveness of organizations, communities, and other social institutions to individuals' needs and social problems.

The mission of the social work profession is rooted in a set of core values. These core values, embraced by social workers throughout the profession's history, are the foundation of social work's unique purpose and perspective:

- Service
- Social justice
- Dignity and worth of the person
- Importance of human relationships
- Integrity
- Competence

This constellation of core values reflects what is unique to the social work profession. Core values, and the principles that flow from them, must be balanced within the context and complexity of the human experience.

Spring 2023 Page **32** of **35**



Academic Dishonesty Sanction Guidelines

Some lecture slides, notes, or exercises used in this course may be the property of the textbook publisher or other third parties. All other course material, including but not limited to slides developed by the instructor(s), the syllabus, assignments, course notes, course recordings (whether audio or video) and examinations or quizzes are the property of the University or of the individual instructor who developed them. Students are free to use this material for study and learning, and for discussion with others, including those who may not be in this class, unless the instructor imposes more stringent requirements. Republishing or redistributing this material, including uploading it to web sites or linking to it through services like iTunes, violates the rights of the copyright holder and is prohibited. There are civil and criminal penalties for copyright violation. Publishing or redistributing this material in a way that might give others an unfair advantage in this or future courses may subject you to penalties for academic misconduct.

Complaints

Please direct any concerns about the course with the instructor first. If you are unable to discuss your concerns with the instructor, please contact the faculty course lead, Tina Paddock, cop-paddock@usc.edu, (On Campus Program Students), Jennifer Parga, jparga@usc.edu (VAC Students). Any concerns unresolved with the course instructor or faculty course lead may be directed to the student's advisor, the Associate Director of Practicum Education Dr. Suh Chen Hsiao and/or the Chair of your program, Dr. Jennifer Lewis.

Tips for Maximizing Your Learning Experience in this Course

Be mindful of getting proper nutrition, exercise, rest and sleep!

- Come to class.
- Complete required readings and assignments BEFORE coming to class.
- BEFORE coming to class, review the materials from the previous Unit AND the current Unit, AND scan the topics to be covered in the next Unit.
- Come to class prepared to ask any questions you might have.
- Participate in class discussions.
- AFTER you leave class, review the materials assigned for that Unit again, along with your notes from that Unit.
- If you don't understand something, ask questions! Ask questions in class, during office hours, and/or through email!
- Keep up with the assigned readings.

Spring 2023 Page **33** of **35**



Appendix F: Support Systems and Additional Resources

Counseling and Mental Health

https://studenthealth.usc.edu/counseling/

Phone number (213) 740-9355

On call 24/7

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention.

National Suicide Prevention Lifeline

https://suicidepreventionlifeline.org/

Phone number 1 (800) 273-8255 TRANSITIONED to 988 as of July 2022 in the USA

On call 24/7. Free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

Relationship and Sexual Violence Prevention Services (RSVP)

https://studenthealth.usc.edu/sexual-assault/

Phone Number (213) 740-9355(WELL), press "0" after hours

On call 24/7

Free and confidential therapy services, workshops, and training for situations related to gender-based harm.

USC Office of Equity, Equal Opportunity, and Title IX

https://eeotix.usc.edu/

Phone number (213) 740-5086

Title IX Office (213) 821-8298

Information about how to get help or help someone affected by harassment or discrimination, rights of protected classes, reporting options, and additional resources for students, faculty, staff, visitors, and applicants.

Reporting Incidents of Bias or Harassment

https://usc-advocate.symplicity.com/care_report/index.php/pid422659?

Phone number (213) 740-5086 or (213) 821-8298

Avenue to report incidents of bias, hate crimes, and microaggressions to the Office of Equity, Equal Opportunity, and Title IX for appropriate investigation, supportive measures, and response.

USC Office of Student Accessibility Services

https://osas.usc.edu/

Phone number (213) 740-0776

Support and accommodations for students with disabilities. Services include assistance in providing readers/note takers/interpreters, special accommodations for test taking needs, assistance with architectural barriers, assistive technology, and support for individual needs.

USC Campus Support and Intervention

https://campussupport.usc.edu/

Phone number (213) 821-4710

Assists students and families in resolving complex personal, financial, and academic issues adversely affecting their success as a student.

Diversity at USC

https://diversity.usc.edu/

Spring 2023 Page **34** of **35**



Phone number (213) 740-2101

Information on events, programs and training, the Provost's Diversity and Inclusion Council, Diversity Liaisons for each academic school, chronology, participation, and various resources for students.

USC Emergency

https://dps.usc.edu/

UPC phone number (213) 740-4321

HSC phone number (323) 442-1000

On call 24/7

Emergency assistance and avenue to report a crime. Latest updates regarding safety, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible.

USC Department of Public Safety

https://dps.usc.edu/

UPC phone number (213) 740-6000

HSC phone number (323) 442-120

On call 24/7

Non-emergency assistance or information.

Additional Resources

Students enrolled in the Virtual Academic Center can access support services for themselves and their families by contacting Perspectives, Ltd., an independent student assistance program offering crisis services, short-term counseling, and referral 24/7. To access Perspectives, Ltd., call 800-456-6327.

Spring 2023 Page **35** of **35**