

# USC Suzanne Dworak-Peck

School of Social Work

**Social Work 643**

**Section # 67128**

**Social Work Practice in Integrated Care**

**3 Units**

***Fall 2022***

**Instructor: Maureen C. Macias, LCSW**

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**Office Hours: Thursday 7:00pm-8:00pm & by appointment**

**Course Day(s): Thursday**

**Course Time(s) : 5:45pm-7:00pm**

**Course Location(s): VAC**

## **Course Pre-requisites, Co-requisites, and Concurrent Enrollment**

SOWK 544 and SOWK 637

## **Catalogue Description**

Social work processes and skills required for the implementation of short-term interventions in medical, behavioral health and integrated care settings with individuals, families and groups.

## **Course Description**

This course builds on previous practice courses in the Adult Mental Health and Wellness Department and reflects the recognition that emotional and physical well-being are inextricably connected. The course builds on advanced assessment and problem formulation skills acquired in SOWK 637 through focused DSM-5 diagnosis, interdisciplinary/collaborative treatment planning, identifying appropriate short-term interventions and establishing a goodness-of-fit for clients, families and groups. Students will acquire and practice specific evidence-based skills and techniques to work effectively with individuals and their support systems in medical, behavioral health and integrated care settings using short-term interventions. Ethnicity, culture, gender, sexual orientation, and SES will be examined and integrated throughout the course with attention to how they affect help-seeking behavior, access to services, and intervention adaptation. Students will explore how transference and countertransference may present in the therapeutic relationship and how to effectively manage it.

## Course Objectives

The course will:

Objective #	Objectives
1	Increase students' awareness of the unique contribution of social workers to interdisciplinary teams through the discussion and application of social work values, ethics and standards of care.
2	Increase student's competence in selection of evidence based interventions based on a biopsychosocial perspective, taking into account individuals' and families' culture, ethnicity, gender, sexual orientation and other salient factors
3	Facilitate students' ability to apply practice interventions that have been supported by research as being effective in integrated care settings, including an examination of the strengths and limitations of the interventions in working with diverse groups.
4	Provide students with the knowledge necessary to adapt interventions in taking into account individuals' and families' culture, ethnicity, gender, sexual orientation and other salient factors.

## Course Format / Instructional Methods

The format of the course will consist of didactic instruction and experiential exercises. Case vignettes, videos, and role plays will also be used to facilitate the students' learning. These exercises may include the use of videotapes, role-play, or structured small group exercises. Material from the field will be used to illustrate class content and to provide integration between class and field. Confidentiality of material shared in class will be maintained. As class discussion is an integral part of the learning process, students are expected to come to class ready to discuss required reading and its application to theory and practice.

## Student Learning Outcomes

The following table lists the nine Social Work core competencies, as defined by the Council on Social Work Education's 2015 Educational Policy and Accreditation Standards, which are the basis of the student learning outcomes in the MSW program:

Social Work Core Competencies	
1	Demonstrate ethical and professional behavior
2	Engage in diversity and difference in practice
3	Advance human rights and social, economic, and environmental justice
4	Engage in practice-informed research and research-informed practice
5	Engage in policy practice
* 6	Engage with individuals, families, groups, organizations, and communities

- 7 Assess individuals, families, groups, organizations, and communities
- \* 8 Intervene with individuals, families, groups, organizations, and communities
- 9 Evaluate practice with individuals, families, groups, organizations, and communities

\* *Highlighted in this course*

See **Appendix A** for an expanded table, which details the competencies and dimensions of competence highlighted in this course. The table also shows the course objective(s), behaviors/indicators of competence, and course content and assignments related to each competency highlighted in the course.

### Course Assignments, Due Dates, and Grading

Assignment	Due Date	% of Final Grade
Assignment 1: Chronic Disease Self- Management		
Psychoeducation Curriculum Paper (part 1)	<b>Unit 6 9/29</b>	30%
Program Brochure & Presentation (part 2)	<b>Units 6-13 9/29, 10/6, 10/13, 10/20, 10/27, 11/3,</b>	15%
Assignment 2: Case Analysis	<b>Unit 15 12/1</b>	45%
Class Participation	<b>Ongoing</b>	10%

Each of the major assignments is described below.

#### Assignment 1

This written and oral assignment requires you to build on knowledge from course content on Stanford University's Chronic Disease Self-Management model and create or adapt psycho-educational curriculum for clients in your agency. Students will work individually or in groups of 2-3 students.

**Due:** **Unit 6** the psychoeducation curriculum paper (part 1) is **due 9/29 @ 11:59pm PST** [30% of final grade];

**Units 6-15 presentations** will occur & program brochures (part 2) are **due the day before the presentation** (1-2 per day) [15% of final grade]

*This assignment relates to course objectives 1-4 and social work competency 6 & 8.*

## Assignment 2

The 2<sup>nd</sup> assignment will require you to build on skills acquired from SOWK 637. Using a clinical vignette, you will present a brief biopsychosocial-spiritual assessment with risk and protective factors; formulate a diagnosis/presentation of issues for treatment; develop a treatment plan that includes SMART goals and objectives; discuss the collaborative care, interdisciplinary, and/or inter-agency context of care/needs for the client; identify a specific evidence-based brief intervention(s) and discuss how you as a social worker would provide treatment with the client (i.e., how you would apply specific skills & techniques to address client symptoms/issues); discuss goodness-of-fit and cultural adaptations of the intervention as they relate to the client; and identify potential transference/countertransference issues as well as how to manage them in the therapeutic relationship. You may work individually or in pairs on this assignment.

Students will be provided 5 case vignettes Unit 9 and will be required to select 1 of the case vignettes to write the case analysis on. [45% of final grade].

**Due: Unit 15 12/1 @ 11:59pm PST**

*This assignment relates course objective xxx and social work competency xxx.*

### Class Participation (10% of Course Grade)

Class grades will be based on the following:

Grade Points		Letter Grades	
3.85 – 4.00	A	93 – 100	A
3.60 – 3.84	A-	90 – 92	A-
3.25 – 3.59	B+	87 – 89	B+
2.90 – 3.24	B	83 – 86	B
2.60 – 2.89	B-	80 – 82	B-
2.25 – 2.59	C+	77 – 79	C+
1.90 – 2.24	C	73 – 76	C
		70 – 72	C-

See **Appendix B** for additional details regarding the definitions of grades and standards established by faculty of the School.

### Attendance and Participation

Students' active involvement in the class is considered essential to their growth as practitioners. Consistent attendance, preparation for and participation in class discussions and activities, timely completion of coursework and assignments, and personal conduct that fosters a respectful, collegial, and professional learning environment are expected. Having more than 2 unexcused absences in class may result in the lowering of the grade. For VAC and remote/hybrid Ground courses, substantive participation includes maintaining an active screen in live sessions and completing all asynchronous content and activities prior to the scheduled live class discussion. Failure to complete 2 or more asynchronous units before the live class, without prior instructor permission, also may result in a lowered grade.

**Class participation will be assessed according to the following criteria:**

“A” grade range: Very Good to Outstanding Participation: Contributions in class reflect thorough preparation, and participation is substantial. Ideas offered are always substantive. Regularly provides one or more major insights and comments that provoke deeper thought. If this person were not a member of the class, the quality of discussion and class activities would be diminished markedly.

“B” grade range: Good Participation: Contributions in class reflect solid preparation. Ideas offered are usually substantive, and participation is regular. Provides generally useful insights and some comments that provoke thought. If this person were not a member of the class, the quality of discussion would be diminished somewhat.

“C+” or “C”: Adequate Participation: Contributions in class reflect some preparation. Ideas offered are somewhat substantive. Provides some insights, but seldom offers comments that provoke deeper thought. Participation is somewhat regular. If this person were not a member of the class, the quality of discussion would be diminished slightly. Please note: The minimum passing grade at the graduate level is “C”.

“C-” or “D”: Inadequate Participation: Says little in class and does not adequately participate in activities or present insights or ideas. Does not appear to be engaged. Submits late work. If this person were not a member of the class, the quality of discussion would not be affected.

“F”: Nonparticipant/Unsatisfactory Participation: Misses class. When present, contributions in class, if any, reflect inadequate preparation. Ideas offered are seldom substantive, and behavior may be inappropriate and/or disrespectful. Unable to work effectively on in-class assignments/activities and detracts from the learning process. Regularly misses assignment deadlines, if work is submitted at all.

**Required Instructional Materials and Resources**

***Required Textbooks***

Finney, K. (2018). *Basic psychopharmacology principles: A quick guide for mental health professionals*. San Diego, CA: Cognella Academic Publishing.  
\*\*\*This book is used again your last semester in 647

Joosten-Hagye, D. (2019). *Social work practice with older adults: An evidence-based approach*. San Diego, CA: Cognella Academic Publishing. [Note: this is an abridged version of the text with chapters that are required readings]

***On Reserve***

All required articles and chapters (except from the required textbooks) can be accessed through ARES under Dawn Joosten-Hagye, instructor.

***Course Reader***

None

***Notes:***

- Additional required and recommended readings may be assigned by the instructor throughout the course.
- See **Appendix C** for recommended instructional materials and resources

Course Overview

Unit/Week #	Date	Topics	Asynchronous Content	Assignments
1		Introduction to Problem Identification, Diagnosis with DSM-5 and Treatment Planning in a Collaborative Integrated Context	Asynchronous Videos or Synchronous Lecture (unit 1) Readings	8/25
2		Advanced Clinical and Cognitive Behavioral Skills	Asynchronous Videos or Synchronous Lecture (unit 2) Readings	9/1
3		Chronic Care Model: Chronic Disease Management and Psycho-Education	Asynchronous Videos or Synchronous Lecture (unit 3) Readings	9/8
4		Health Interventions: Medications, Adherence, and Retention	Asynchronous Videos or Synchronous Lecture (unit 4) Readings	9/15
5		Advanced Crisis Intervention: Suicide/Homicide	Asynchronous Videos or Synchronous Lecture (unit 5) Readings	9/22
6		Diagnosis and Interventions for Grief, Loss, and Bereavement	Asynchronous Videos or Synchronous Lecture (unit 6) Readings	9/29 Assignment 1 part 1 Assignment 1 part 2
7		Diagnosis and Introduction to Interventions for Trauma and stressor-related disorders	Asynchronous Videos or Synchronous Lecture (unit 7) Readings	10/6 Assignment 1 part 2

8		Diagnosis and Interventions for Anxiety, Bipolar and Related Disorders	Asynchronous Videos or Synchronous Lecture (unit 8) Readings	<b>10/20</b> <b>Assignment 1</b> <b>part 2</b>
9		Diagnosis & Short-Term Interventions for Depression: CBT and Behavioral Activation	Asynchronous Videos or Synchronous Lecture (unit 9) Readings	<b>10/27</b> <b>Assignment 1</b> <b>part 2</b>
10		Advanced Substance Use Interventions	Asynchronous Videos or Synchronous Lecture (unit 10) Readings	<b>11/3</b> <b>Assignment 1</b> <b>part 2</b>
11		Treatments for Co-Occurring Disorders	Asynchronous Videos or Synchronous Lecture (unit 11) Readings	<b>11/3</b> <b>Assignment 1</b> <b>part 2</b>
12		End-of-Life: Ethics and Interventions	Asynchronous Videos or Synchronous Lecture (unit 12) Readings	<b>11/10</b> <b>Assignment 1</b> <b>part 2</b>
13		Interventions for Older Adults and Caregivers	Asynchronous Videos or Synchronous Lecture (unit 13) Readings	<b>11/10</b> <b>Assignment 1</b> <b>part 2</b>
14		Group Psychoeducation with Mental Health, Substance Use and Co-occurring Disorders	Asynchronous Videos or Synchronous Lecture (unit 14) Readings	<b>11/17</b>
15		Sexual Health Assessment and Interventions	Asynchronous Videos or Synchronous Lecture (unit 15) Readings	<b>12/1</b> <b>Assignment 2</b>

**Course Schedule—Detailed Description**

**Unit 1: Introduction to Diagnosis with DSM-5 and Treatment Planning  
in a Collaborative Integrated Context**

8/25

**Topics**

Inter-professional collaborative care  
Interdisciplinary teams/models  
Introduction to Diagnosis with DSM-5  
Treatment planning- Review SMART goals and objectives  
Skill development: Formulating a collaborative treatment plan

This unit relates to course objective 1.

**Required Readings**

Finney, K. (2018). Patient diagnosis and treatment. In *Basic psychopharmacology principles: A quick guide for mental health professionals* (pp. 50-63). San Diego, CA: Cognella Academic Publishing.

Fraher, E. P., Richman, E. L., de Saxe Zerden, L., & Lombardi, B. (2018). Social work student and practitioner roles in integrated care settings. *American Journal of Preventive Medicine, 54*(6), S281-S289.

Huffman, J. C., Niazi, S. K., Rundell, J. R., Sharpe, M., & Katon, W. J. (2014). Essential articles on collaborative care models for the treatment of psychiatric disorders in medical settings: a publication by the Academy of Psychosomatic Medicine Research and Evidence-Based Practice Committee. *Psychosomatics, 55*(2), 109-122.

Nisbet, G., Dunn, S., & Lincoln, M. (2015). Interprofessional team meetings: Opportunities for informal interprofessional learning. *Journal of Interprofessional Care, 29*(5), 426-432.

**Recommended Readings**

Davis, T. S., Guada, J., Reno, R., Peck, A., Evans, S., Sigal, L. M., & Swenson, S. (2015). Integrated and culturally relevant care: A model to prepare social workers for primary care behavioral health practice. *Social Work in Health Care, 54*(10), 909.

\*\*\*Cross-Over Reading SOWK 638

Heath B, Wise Romero P, and Reynolds K. A Review and Proposed Standard Framework for Levels of Integrated Healthcare. Washington, D.C. SAMHSA-HRSA Center for Integrated Health Solutions. March 2013

Hussain, M., & Seitz, D. (2014). Integrated models of care for medical inpatients with psychiatric disorders: A systematic review. *Psychosomatics, 55*(4), 315.

Pollard, R. Q., Jr., Betts, W. R., Carroll, J. K., Waxmonsky, J. A., Barnett, S., deGruy, Frank V., I., II, & Kellar-Guenther, Y. (2014). Integrating primary care and behavioral health with four special populations: Children with special needs, people with serious mental illness, refugees, and deaf people. *American Psychologist, 69*(4), 377-387.



### Topics

- Advanced empathy
- Goodness of fit and cultural adaptations
- Skill development: Review Cognitive Behavioral Therapy skills

This unit relates to course objective 2.

### Required Readings

- Bernard, P., Romain, A. J., Caudroit, J., Chevance, G., Carayol, M., Gourlan, M., ... & Moullec, G. (2018). Cognitive behavior therapy combined with exercise for adults with chronic diseases: Systematic review and meta-analysis. *Health Psychology, 37*(5), 1-14.
- Hall, G. C. N., & Ibaraki, A. Y. (2015). 25 Multicultural Issues in Cognitive-Behavioral Therapy: Cultural Adaptations and Goodness of Fit. *The Oxford Handbook of Cognitive and Behavioral Therapies*, 465-478.
- Hatcher, R. L. (2015). Interpersonal competencies: Responsiveness, technique, and training in psychotherapy. *American Psychologist, 70*(8), 747–757.
- Hofmann, S. G., Asnaani, A., Vonk, I. J., Sawyer, A. T., & Fang, A. (2012). The efficacy of cognitive behavioral therapy: A review of meta-analyses. *Cognitive Therapy and Research, 36*(5), 427-440.

### Recommended Readings

- Culley, J.A. & Teten, A.L. (2008). A therapist's guide to brief Cognitive Behavioral Therapy. Retrieved from [http://associationcbrt.ru/wp-content/uploads/2015/12/therapists\\_guide\\_to\\_brief\\_cbtmanual.pdf](http://associationcbrt.ru/wp-content/uploads/2015/12/therapists_guide_to_brief_cbtmanual.pdf)
- Gitomer, J. (2008, April 28). Beginning the engagement. Retrieved from <http://www.youtube.com/watch?v=XqWXUciFbDg&feature=related>
- Norcross, J. C. (2011). *Psychotherapy relationships that work: Evidence-based responsiveness* (2nd ed.). New York, NY: Oxford University Press.

Unit 3: Chronic Care Model: Chronic Disease Management and  
Psychoeducation

9/8

**Topics**

- Models of chronic care management
- Pain management
- Economic impact
- Cultural competence
- Skill development: In class group activity- design and present a Chronic Disease Self-Management Program

This unit relates to course objective 1.

**Required Readings**

- Allegrante, J. P., Wells, M. T., & Peterson, J. C. (2019). Interventions to Support Behavioral Self-Management of Chronic Diseases. *Annual Review of Public Health, 40*, 127-146.
- Dauvrin, M., Lorant, V., & d'Hoore, W. (2015). Is the chronic care model integrated into research examining culturally competent interventions for ethnically diverse adults with type 2 diabetes mellitus? A review. *Evaluation and the Health Professions, 38*(4), 435–463. doi:10.1177/0163278715571004
- Lorig, K. (1996). Chronic Disease Self-Management. *American Behavioral Scientist, 39*(6), 676-683. [classic]

**Recommended Readings**

- Ahn, S., Smith, M. L., Altpeter, M., Post, L., & Ory, M. G. (2015). Healthcare cost savings estimator tool for chronic disease self-management program: A new tool for program administrators and decision makers. *Frontiers in Public Health, 3*, 42. doi:10.3389/fpubh.2015.00042
- Bashshur, R. L., Shannon, G. W., Smith, B. R., Alverson, D. C., Antoniotti, N., Barsan, W. G., & Yellowlees, P. (2014). The empirical foundations of telemedicine interventions for chronic disease management. *Telemedicine and e-Health, 20*(9), 769–800. doi:10.1089/tmj.2014.9981
- O'Donohue, W. T., & Maragakis, A. (Eds.). (2015). *Integrated primary and behavioral care: Role in medical homes and chronic disease management*. Cham, Switzerland: Springer International. doi:10.1007/978-3-319-19036-

### Topics

- Barriers to adherence
- Impact of non-adherence
- Introduction to common psychiatric medication
- Psychotherapeutic approaches: Crisis intervention, Problem-Solving Therapy, Chronic Disease Self-Management, Medical Case Management, Solution Focused Therapy, Motivational Interviewing
- Skill development: Family Medical Therapy and Case Management

This unit relates to course objective 1.

### Required Readings

- Cederbaum, J. A., Schott, E. M., & Craddock, J. (2018). *Health and HIV/AIDS*. In J.C. Heyman & E.P. Congress, (Eds.) *Health and Social Work: Practice, Policy, and Research* (pp. 251-267).
- Doherty, W. J., McDaniel, S. H., & Hepworth, J. (2014). Contributions of medical family therapy to the changing health care system. *Family Process, 53*(3), 529-543.
- Giardini, A., Martin, M. T., Cahir, C., Lehane, E., Menditto, E., Strano, M., & Marengoni, A. (2016). Toward appropriate criteria in medication adherence assessment in older persons: Position paper. *Aging Clinical and Experimental Research, 28*(3), 371–381. doi:10.1007/s40520-015-0435-z
- Joosten-Hagye, D. (2019). Chronic illness and disability. In *Social work practice with older adults: An evidence-based approach* (pp. 197-225). San Diego, CA: Cognella Academic Publishing.
- Scarborough, A. W., Moore, M., Shelton, S. R., & Knox, R. J. (2016). Improving primary care retention in medically underserved areas: What's a clinic to do? *The Health Care Manager, 35*(4), 368–372. doi:10.1097/HCM.000000000000137

### Recommended Readings

- Conn, V. S., Ruppap, T. M., Enriquez, M., & Cooper, P. (2016). Medication adherence interventions that target subjects with adherence problems: Systematic review and meta-analysis. *Research in Social and Administrative Pharmacy, 12*(2), 218–246. doi:10.1016/j.sapharm.2015.06.001
- Jain, K. M., Maulsby, C., Kinsky, S., Charles, V., Holtgrave, D. R., & PC Implementation Team. (2016). 2015–2020 national HIV/AIDS strategy goals for HIV linkage and retention in care: Recommendations from program implementers. *American Journal of Public Health, 106*(3), 399. doi:10.2105/AJPH.2015.302995

### Topics

- The seven-stage crisis intervention model-review
- Risk and protective factors
- Standards of care for intervention and documentation
- Pharmacotherapeutic strategies
- Psychotherapeutic approaches: Crisis Intervention, Psychological/Mental Health First Aid, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Interpersonal Therapy, Solution-Focused Therapy, and Problem-Solving Therapy
- Skill development: Psychological First Aid/Mental Health First Aid

**This unit relates to course objective 2.**

### Required Readings

Greene, G. J., & Lee, M. (2015). How to work with clients' strengths in crisis intervention: A solution-focused approach. In K.R Yeager & A.R. Roberts (Eds.), *Crisis intervention handbook: Assessment, treatment, and research* (4th ed., pp. 69–98). New York, NY: Oxford University Press.

Menon, V., Subramanian, K., Selvakumar, N., & Kattimani, S. (2018). Suicide prevention strategies: An overview of current evidence and best practice elements. *International Journal of Advanced Medical and Health Research*, 5(2), 43-49.

Stanley, B., & Brown, G. K. (2012). Safety planning intervention: A brief intervention to mitigate suicide risk. *Cognitive and Behavioral Practice*, 19(2), 256–264.

Stanley, B., Brown, G. K., Brenner, L. A., Galfalvy, H. C., Currier, G. W., Knox, K. L., ... & Green, K. L. (2018). Comparison of the safety planning intervention with follow-up vs usual care of suicidal patients treated in the emergency department. *JAMA Psychiatry*, 894-900.

### Recommended Readings

Brymer, M., Layne, C., Jacobs, A., Pynoos, R., Ruzek, J., Steinberg, A., ... & Watson, P. (2006). Psychological first aid field operations guide. *National Child Traumatic Stress Network*.

Ghahramanlou-Holloway, M., Bhar, S. S., Brown, G. K., Olsen, C., & Beck, A. T. (2012). Changes in problem-solving appraisal after cognitive therapy for the prevention of suicide. *Psychological Medicine*, 42(6), 1185-1193.

Linehan, M. M., Comtois, K. A., & Ward-Ciesielski, E. (2012). Assessing and managing risk with suicidal individuals. *Cognitive and Behavioral Practice*, 19(2), 218–232.

Miller, G. (2012). Working with different cultures. In G. Miller (Ed.), *Fundamentals of crisis counseling* (pp. 191–215). Hoboken, NJ: Wiley.

Stanley, B., & Brown, G. K. (2008). Safety plan treatment manual to reduce suicide risk: Veteran version. Retrieved from [http://www.mentalhealth.va.gov/docs/va\\_safety\\_planning\\_manual.pdf](http://www.mentalhealth.va.gov/docs/va_safety_planning_manual.pdf).

York, J. A., Lamis, D. A., Pope, C. A., & Egede, L. E. (2013). Veteran-specific suicide prevention. *Psychiatric Quarterly*, *84*(2), 219–238.

Unit 6: Diagnosis and Interventions for Grief, Loss, and Bereavement

9/29

**Topics**

- DSM-5 discussion
  - Uncomplicated grief/bereavement V62.82 (Z63.4)
  - Complicated grief
- Models of grief and loss intervention
- Therese Rando's 6 R Processes
- William Worden
  - Skill development: Grief counseling for uncomplicated, normal grief
  - Skill development: Grief therapy for complicated mourning

This unit relates to course objectives 1 and 2.

**Required Readings**

Neimeyer, R., & Currier, J. (2009). Grief Therapy. *Current Directions in Psychological Science*, *18*(6), 352-356.

Fox, J., & Jones, K. D. (2013). DSM-5 and bereavement: The loss of normal grief? *Journal of Counseling and Development*, *91*(1), 113–116. doi:10.1002/j.1556-6676.2013.00079.x

Joosten-Hagye, D. (2019). Loss, Grief, and bereavement. In *Social work practice with older adults: An evidence-based approach* (pp. 279-308). San Diego, CA: Cognella Academic Publishing.

Worden, J. W. (2018). Grief counseling: Facilitating uncomplicated grief. In J.W. Worden (Ed.), *Grief counseling and grief therapy: A handbook for the mental health practitioner* (5th ed.) (pp. 87-130). New York: Springer Publishing Company.

Worden, J. W. (2018). Grief therapy: Resolving complicated mourning. In J.W. Worden (Ed.), *Grief counseling and grief therapy: A handbook for the mental health practitioner* (5<sup>th</sup> ed). (pp. 159-182). New York: Springer Publishing Company.

**Recommended Readings**

Clements, P. T., Focht-New, G., & Faulkner, M. J. (2004). Grief in the shadows: Exploring loss and bereavement in people with developmental disabilities. *Issues in Mental Health Nursing*, *25*, 799–808.

Holland, J. M., & Neimeyer, R. A. (2010). An examination of stage theory of grief among individuals bereaved by natural and violent causes: A meaning-oriented contribution. *OMEGA*, *61*(2), 103–130.

### Topics

- DSM-5
  - Trauma and stressor-related disorders
  - Proposed criteria for complicated grief: Prolonged grief disorder (ICD-11& DSM-5) vs. Complex Bereavement Disorder (DSM-5)
- Trauma-informed care: SAMHSA principles
- Impact of trauma on health and well-being
- Overview of trauma interventions: CBT, Cognitive Processing Therapy, Cognitive Therapy, Prolonged Exposure Therapy (APA Clinical Practice Guidelines & VA Guidelines), EMDR
- Skill development: Diagnosis of Trauma & Stressor-related Disorders, CPT

This unit relates to course objective 1.

### Required Readings

Finney, K. (2018). Psychotropic medications and trauma. In *Basic psychopharmacology principles: A quick guide for mental health professionals* (pp. 148-167). San Diego, Cognella Academic Publishing.

Marzillier, J. S. (2014). *The trauma therapies*. Chapter 4. New York, NY: Oxford University Press.

Shear, M., & Gribbin Bloom, K. (2017). Complicated Grief Treatment: An Evidence-Based Approach to Grief Therapy. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 35(1), 6-25.

Substance Abuse and Mental Health Services Administration. (2014). *Trauma-Informed Care in Behavioral Health Services. Treatment Improvement Protocol (TIP) Series 57*. HHS Publication No. (SMA) 13-4801. Rockville, MD.

Watkins, L. E., Sprang, K. R., & Rothbaum, B. O. (2018). Treating PTSD: A Review of Evidence-Based Psychotherapy Interventions. *Frontiers in Behavioral Neuroscience*, 12, 258. <https://doi.org/10.3389/fnbeh.2018.00258>

### Recommended Readings

Parry, S., & Simpson, J. (2016). How do adult survivors of childhood sexual abuse experience formally delivered talking therapy? A systematic review. *Journal of Child Sexual Abuse*, 25(7), 793–812. doi:10.1080/10538712.2016.1208704

Williams, L. M., Debattista, C., Duchemin, A., Schatzberg, A. F., & Nemeroff, C. B. (2016). Childhood trauma predicts antidepressant response in adults with major depression: Data from the randomized international study to predict optimized treatment for depression. *Translational Psychiatry*, 6(5), e799. doi:10.1038/tp.2016.61

### Topics

- DSM-5
  - Anxiety disorders
  - Bipolar and related disorders
  - Differential diagnosis anxiety vs. bipolar disorder
- Goodness of fit and cultural adaptations
- Pharmacotherapeutic approaches
- Psychotherapeutic approaches: CBT for anxiety disorders, MBSR & Progressive Muscle Relaxation, Dialectical Behavioral Therapy, Interpersonal Therapy
- Skill development: CBT and DBT skills

This unit relates to course objective 2.

### Required Readings

Call, D., Miron, L., & Orcutt, H. (2014). Effectiveness of brief mindfulness techniques in reducing symptoms of anxiety and stress. *Mindfulness*, 5(6), 658–668.

Eisner, L., Eddie, D., Harley, R., Jacobo, M., Nierenberg, A. A., & Deckersbach, T. (2017). Dialectical Behavior Therapy Group Skills Training for Bipolar Disorder. *Behavior Therapy*, 48(4), 557–566. <https://doi.org/10.1016/j.beth.2016.12.006>

Finney, K. (2018). Psychotropic medications and anxiety. In *Basic psychopharmacology principles: A quick guide for mental health professionals* (pp. 123-137). San Diego, CA: Cognella Academic Publishing.

Hofmann, S. G., & Otto, M. W. (2018). Characterizing social anxiety disorder. In *Cognitive behavioral therapy for social anxiety disorder: Evidence-based and disorder specific treatment techniques*, (pp. 1-23). New York, NY: Routledge.

Oud, M., Mayo-Wilson, E., Braidwood, R., Schulte, P., Jones, S. H., Morriss, R., ... & Kendall, T. (2016). Psychological interventions for adults with bipolar disorder: systematic review and meta-analysis. *The British Journal of Psychiatry*, 208(3), 213-222.

### Recommended Readings

Bohlmeijer, E., Prenger, R., Taal, E., & Cuijpers, P. (2010). The effects of mindfulness-based stress reduction therapy on mental health of adults with a chronic medical disease: A meta-analysis. *Journal of Psychosomatic Research*, 68(6), 539–544.

Ledesma, D., & Kumano, H. (2009). Mindfulness-based stress reduction and cancer: A meta-analysis. *Psych-Oncology*, 18(6), 571–579.

Thompson, B. (2009). Mindfulness-based stress reduction for people with chronic conditions. *British Journal of Occupational Therapy*, 72(9), 405–410.

### Topics

- DSM-5
  - Depressive disorders
- Pharmacotherapeutic approaches
- Psychotherapeutic approaches: CBT, Behavioral Activation, PST
- Skill development: CBT and Behavioral Activation

This unit relates to course objective 2.

### Required Readings

- Cuijpers, P., Noma, H., Karyotaki, E., Cipriani, A., & Furukawa, T. A. (2019). Effectiveness and acceptability of cognitive behavior therapy delivery formats in adults with depression: a network meta-analysis. *JAMA Psychiatry*, *76*(7), 700-707.
- Finney, K. (2018). Psychotropic medications and depression. In *Basic psychopharmacology principles: A quick guide for mental health professionals* (pp. 88-105). San Diego, CA: Cognella Academic Publishing.
- Kanter, J. W., Santiago-Rivera, A. L., Santos, M. M., Nagy, G., López, M., Hurtado, G. D., & West, P. (2015). A randomized hybrid efficacy and effectiveness trial of behavioral activation for Latinos with depression. *Behavior Therapy*, *46*(2), 177-192.
- Webb, C. A., Beard, C., Kertz, S. J., Hsu, K. J., & Björngvinsson, T. (2016). Differential role of CBT skills, DBT skills and psychological flexibility in predicting depressive versus anxiety symptom improvement. *Behaviour Research and Therapy*, *81*, 12–20.  
<https://doi.org/10.1016/j.brat.2016.03.006>
- Wong, S. Y., Sun, Y. Y., Chan, A. T., Leung, M. K., Chao, D. V., Li, C. C., ... & Yip, B. H. (2018). Treating subthreshold depression in primary care: A randomized controlled trial of behavioral activation with mindfulness. *The Annals of Family Medicine*, *16*(2), 111-119.

### Recommended Readings

- Chaudhry, S., & Li, C. (2011). Is solution-focused brief therapy culturally appropriate for Muslim American counselees? *Journal of Contemporary Psychotherapy*, *41*(2), 109–113.
- Hsu, W.-S., & Wang, C. (2011). Integrating Asian clients' filial piety beliefs into solution-focused brief therapy. *International Journal of Advances in Counselling*, *33*, 322–334.
- Yokotani, K., & Tamura, K. (2014). Solution-focused group therapy program for repeated-drug users. *International Journal*, *4*(1), 28–43.



### Topics

- DSM-5
  - Substance-related and addictive disorders (review)
- Pharmacotherapeutic approaches
- Psychotherapeutic approaches: CBT, Contingency Management Interventions/Motivational Incentives, Motivational Enhancement Therapy, Solution Focused Therapy, SF Family Therapy, MAT
- Skill development:
  - Individual and group relapse prevention strategies (identifying and managing triggers use of coping skills, professional services and recovery network/resources) and establishing a goodness-of-fit for client and treatment

This unit relates to course objective 2.

### Required Readings

- Bien, T., Miller, W. R., & Tonigan, J. S. (1993). Brief interventions for alcohol problems: A review. *Addiction, 88*(3), 315–336. (Classic)
- Mullet, N., Zielinski, M., Jordan, S. S., & Brown, C. C. (2018). Solution-focused brief therapy for families: When a loved one struggles with substance abuse. *Journal of Systemic Therapies, 37*(3), 15-28.
- NIDA. (2018). Principles of Drug Addiction Treatment: A Research-based Guide (3rd edition). Evidence-Based Approaches to Drug Addiction Treatment. Retrieved from <https://www.drugabuse.gov/publications/principles-drug-addiction-treatment-research-based-guide-third-edition/evidence-based-approaches-to-drug-addiction-treatment> on 2020, July 31
- Substance Abuse and Mental Health Services Administration. (2012). *Brief interventions and brief therapies for substance abuse*. Treatment Improvement Protocol (TIP) Series, No. 34. HHS Publication No. (SMA) 12-3952. Rockville, MD: Author. Retrieved from [http://www.ncbi.nlm.nih.gov/books/NBK64947/pdf/Bookshelf\\_NBK64947.pdf](http://www.ncbi.nlm.nih.gov/books/NBK64947/pdf/Bookshelf_NBK64947.pdf)
- Volkow, N. D., Frieden, T. R., Hyde, P. S., & Cha, S. S. (2014). Medication-assisted therapies—tackling the opioid-overdose epidemic. *New England Journal of Medicine, 370*(22), 2063-2066.

### Recommended Readings

- Khan, A., Tansel, A., White, D. L., Kayani, W. T., Bano, S., Lindsay, J., . . . Kanwal, F. (2016). Efficacy of psychosocial interventions in inducing and maintaining alcohol abstinence in patients with chronic liver disease: A systematic review. *Clinical Gastroenterology and Hepatology, 14*(2), 191–202. doi:10.1016/j.cgh.2015.07.047
- Satre, D. D., & Leibowitz, A. (2015). Brief alcohol and drug interventions and motivational interviewing for older adults. In P. A. Arean (Ed.), *Treatment of late-life depression, anxiety, trauma, and substance abuse* (pp. 163–180). Washington, DC: American Psychological Association

Schonfeld, L., Hazlett, R. W., Hedgecock, D. K., Duchene, D. M., Burns, L. V., & Gum, A. M. (2015). Screening, brief intervention, and referral to treatment for older adults with substance misuse. *American Journal of Public Health, 105*(1), 205–211.

## Unit 11: Treatments for Co-Occurring Disorders

11/3

### Topics

- Psychiatric comorbidity
- Trauma and substance abuse
- Personality disorders and substance abuse
- Pharmacotherapeutic approaches
- Psychotherapeutic approaches: Integrated Care, CBT, Motivational Interviewing, individual and group self-management & relapse prevention, Seeking Safety, holistic approaches
- Skill development: Seeking Safety

This unit relates to course objective 2.

### Required Readings

Giordano, A. L., Prosek, E. A., Stamman, J., Callahan, M. M., Loseu, S., Bevly, C. M., & Chadwell, K. (2016). Addressing trauma in substance abuse treatment. *Journal of Alcohol and Drug Education, 60*(2), 55-71.

Hien, D. A., Levin, F. R., Ruglass, L. M., López-Castro, T., Papini, S., Hu, M. C., ... & Herron, A. (2015). Combining seeking safety with sertraline for PTSD and alcohol use disorders: A randomized controlled trial. *Journal of Consulting and Clinical Psychology, 83*(2), 359-369.

Joosten-Hagye, D. (2019). Mental health and substance use disorders. In *Social work practice with older adults: An evidence-based approach* (pp. 165-193). San Diego, CA: Cognella Academic Publishing.

Moore, M., Flamez, B., & Szirony, G. M. (2018). Motivational interviewing and dual diagnosis clients: Enhancing self-efficacy and treatment completion. *Journal of Substance Use, 23*(3), 247-253.

Najavits, L. M., & Hien, D. (2013). Helping vulnerable populations: A comprehensive review of the treatment outcome literature on substance use disorder and PTSD. *Journal of Clinical Psychology, 69*(5), 433-479.

### Recommended Readings

Gamble, J., & O'Lawrence, H. (2016). An overview of the efficacy of the 12-step group therapy for substance abuse treatment. *Journal of Health and Human Services Administration, 39*(1), 142.

Lenz, A. S., Henesy, R., & Callender, K. (2016). Effectiveness of seeking safety for co-occurring posttraumatic stress disorder and substance use. *Journal of Counseling & Development, 94*(1), 51-61.

Proeschold-Bell, R. J., Reif, S., Taylor, B., Patkar, A., Mannelli, P., Yao, J., & Quinlivan, E. B. (2016). Substance use outcomes of an integrated HIV-substance use treatment model implemented by social workers and HIV medical providers. *Health and Social Work, 41*(1), e1–e10. doi:10.1093/hsw/hlv088

Unit 12: End-of-Life: Ethics and Interventions

11/10

**Topics**

- Bioethics & Ethical dilemmas
- Options in End-of-Life care
- Advance Care Planning
- Families
- Skill development: Advance Care Planning and Dignity Therapy

This unit relates to course objective 2.

**Required Readings**

Arthur, D. P. (2015). Social work practice with LGBT elders at end of life: Developing practice evaluation and clinical skills through a cultural perspective. *Journal of Social Work in End-of-life & Palliative Care, 11*(2), 178-201.

Joosten-Hagye, D. (2019). Advance care planning and end-of-life issues. In *Social work practice with older adults: An evidence-based approach* (pp. 253-278). San Diego, CA: Cognella Academic Publishing.

Montross, L., Winters, K. D., & Irwin, S. A. (2011). Dignity therapy implementation in a community-based hospice setting. *Journal of Palliative Medicine, 14*(6), 729–734. doi:10.1089/jpm.2010.0449 (classic)

Wiegand, D. L., MacMillan, J., dos Santos, M. R., & Bousso, R. S. (2015). Palliative and end-of-life ethical dilemmas in the intensive care unit. *AACN Advanced Critical Care, 26*(2), 142-150.

**Recommended Readings**

Klingler, C., in der Schmitt, J., & Marckmann, G. (2016). Does facilitated Advance Care Planning reduce the costs of care near the end of life? Systematic review and ethical considerations. *Palliative medicine, 30*(5), 423-433.

National Association of Social Workers. (2004). NASW standards for palliative and end-of-life care. Available at: <https://www.socialworkers.org/LinkClick.aspx?fileticket=xBMd58VwEhk%3D&portalid=0>

National Hospice and Palliative Care Organization. (2017). Social work competencies. Available at: <https://www.nhpco.org/social-work-competencies>

### Topics

- Caregiver burden
- Reminiscence therapy
- PEARLS program
- Savvy Caregiver program
- Long-term care planning
- Issues of gender, ethnicity, and culture in caregiving
- Skill development: Reminiscence therapy and Caregiver interventions

This unit relates to course objectives 1 and 2.

### Required Readings

Moral, J. C. M., Terrero, F. B. F., Galán, A. S., & Rodríguez, T. M. (2015). Effect of integrative reminiscence therapy on depression, well-being, integrity, self-esteem, and life satisfaction in older adults. *Journal of Positive Psychology, 10*(3), 240–247.

Hughes, S., Shuman, S. B., Wiener, J. M., & Gould, E. (2017). Research on supportive approaches for family and other caregivers, 1-12.

Joosten-Hagye, D. (2019). Long-term care planning. In *Social work practice with older adults: An evidence-based approach* (pp. 227-252). San Diego, CA: Cognella Academic Publishing.

Joosten-Hagye, D. (2019). Caregiving. In *Social Work Practice with Older Adults: An Evidence-based Approach* (pp. 309-333). San Diego, CA: Cognella Academic Publishing.

### Recommended Readings

Areán, P. A. (2015). *Treatment of late-life depression, anxiety, trauma, and substance abuse*. Washington, DC: American Psychological Association.

Iris, M., Berman, R. L., & Stein, S. (2014). Developing a faith-based caregiver support partnership. *Journal of Gerontological Social Work, 57*(6-7), 728–749.

Lai, D. W. L. (2007). Cultural aspects of reminiscence and life review. In *Transformational reminiscence: Life story work* (pp. 143–154). New York, NY: Springer

Renn, B. N., & Areán, P. A. (2017). Psychosocial Treatment Options for Major Depressive Disorder in Older Adults. *Current treatment options in psychiatry, 4*(1), 1-12

Scharlach, A. E., Kellam, R., Ong, N., Baskin, A., Goldstein, C., & Fox, P. J. (2006). Cultural attitudes and caregiver service use: Lessons from focus groups with racially and ethnically diverse family caregivers. *Journal of Gerontological Social Work, 47*(1-2), 133–156.

Shellman, J. M., Mokel, M., & Hewitt, N. (2009). The effects of integrative reminiscence on depressive symptoms in older African Americans. *Western Journal of Nursing Research, 31*(6), 772–786.

Unit 14: Group Psychoeducation with Mental Health, Substance Use and Co-occurring Disorders

11/17

**Topics**

- Group psychotherapy and psychoeducation overview
- Types of Groups
- Family Groups
- Skill development: Group activity- curriculum selection & skills for conducting mental health, substance use, and co-occurring disorder group psychotherapy

This unit relates to course objectives 1 and 2.

**Required Readings**

- Garland, E. L., Roberts-Lewis, A., Tronnier, C. D., Graves, R., & Kelley, K. (2016). Mindfulness-Oriented Recovery Enhancement versus CBT for co-occurring substance dependence, traumatic stress, and psychiatric disorders: Proximal outcomes from a pragmatic randomized trial. *Behaviour Research and Therapy*, 77, 7–16. <https://doi.org/10.1016/j.brat.2015.11.012>
- Hilker, I., Sánchez, I., Steward, T., Jiménez-Murcia, S., Granero, R., Gearhardt, A. N., ... & Casanueva, F. F. (2016). Food addiction in bulimia nervosa: clinical correlates and association with response to a brief psychoeducational intervention. *European Eating Disorders Review*, 24(6), 482-488.
- Rosney, D. M., F Noe, M., & J Horvath, P. (2017). Powerful tools for caregivers, a group psychoeducational skill-building intervention for family caregivers. *Journal of Caring Sciences*, 6(3), 187–198. <https://doi.org/10.15171/jcs.2017.019>
- Spears, C. A., Hedeker, D., Li, L., Wu, C., Anderson, N. K., Houchins, S. C., ... & Waters, A. J. (2017). Mechanisms underlying mindfulness-based addiction treatment versus cognitive behavioral therapy and usual care for smoking cessation. *Journal of Consulting and Clinical Psychology*, 85(11), 1029.
- Tavares, L. R., & Barbosa, M. R. (2018). Efficacy of group psychotherapy for geriatric depression: A systematic review. *Archives of Gerontology and Geriatrics*, 78, 71-80.

**Recommended Readings**

- Bloom, S.L. (2018). S.E.L.F. Group Curriculum: A trauma-informed psychoeducation group curriculum. Available at <http://sanctuaryweb.com/Portals/0/PDFs/Other%20PDFs/Outline%20of%20S.E.L.F.%20Psychoeducational%20Curriculum.pdf>
- Morano, C. L., & Bravo, M. (2002). A psychoeducational model for Hispanic Alzheimer's disease caregivers. *The Gerontologist*, 42(1), 122-126.
- SAMHSA. (2010). Family psychoeducation evidence-based practices (EBP) kit. Available at <https://store.samhsa.gov/product/Family-Psychoeducation-Evidence-Based-Practices-EBP-KIT/SMA09-4423>

**Topics**

- PLISSIT model
- Sexological ecosystem assessment
- Sexual health interventions

This unit relates to course objective 2.

**Required Readings**

Buehler, S. (2017). *What every mental health professional needs to know about sex* (2nd ed., p. 1-14). New York, NY: Springer.

Cohn, R. (2016). Toward a trauma-informed approach to adult sexuality: A largely barren field awaits its plow. *Current Sexual Health Reports*, 8(2), 77–85. doi:10.1007/s11930-016-0071-4

**List of Appendices**

- A. Detailed Descriptions of Social Work Core Competencies Highlighted in this Course
- B. Definitions of Grades and Standards Established by Faculty of the School
- C. Recommended Instructional Materials and Resources
- D. Suzanne Dworak-Peck School of Social Work DEI Statement
- E. Statement on Academic Conduct and Support Systems

**Appendix A: Detailed Description of Social Work Core Competencies Highlighted in this Course**

Competency	Objective(s)	Behavior(s)	Dimension(s)	Content
<p><b>Competency 6: Engage with Individuals, Families, Groups, Organizations, and Communities</b></p> <p>Social workers in health, behavioral health and integrated care settings value and understand the primacy of relationships in the engagement process. Social workers practicing with adults and older adults understand that engagement involves the dynamic, interactive, and reciprocal processes. Social workers understand theories of human behavior and the social environment, and critically evaluate and apply this knowledge along with knowledge of practice theories (models, strategies, techniques, and approaches) to facilitate engagement with individuals, families and groups. Social workers understand strategies to engage diverse clients and constituencies to advance practice effectiveness. Social workers understand how their personal experiences and affective reactions may impact their ability to effectively engage with</p>	<p>Increase students' competence in selection of evidence based interventions based on a biopsychosocial perspective, by deepening understanding of individuals' and families' culture, ethnicity, gender, sexual orientation and other salient factors.</p>	<p>Recognize the primacy of the relationship when engaging with others in integrated care settings.</p> <p>Use empathy and other interpersonal skills to engage and intervene with others using brief evidence based interventions in multi-disciplinary settings.</p>	<p>Values</p> <p>Affective Reaction</p>	<p>Units: 1-15</p> <p><b>Assignment 1: Chronic Disease Self-Management</b></p> <p><b>Assignment 2: Case Analysis</b></p>

diverse clients and constituencies.				
<p><b>Competency 8: Intervene with Individuals, Families, Groups, Organizations, and Communities</b></p> <p>Social workers understand that intervention is an ongoing component of the dynamic and interactive process of social work practice with and on behalf of diverse individuals, families and groups in health, behavioral health and integrated care settings. Social workers working with adults and older adults identify issues related to losses, changes, and transitions over their life cycle in designing intervention. Social workers understand methods of identifying, analyzing, modifying and implementing evidence-informed interventions to achieve client goals, taking into account influences such as cultural preferences, strengths and desires. Social workers in working with adults and older adults value and readily negotiate, mediate, and advocate for clients. Social workers value the importance of inter-professional teamwork and communication in interventions, recognizing that beneficial outcomes</p>	<p>Advances students' ability to apply practice interventions that have been supported by research by demonstrating effective practice in integrated care settings, including an examination of the strengths and limitations of the interventions in working with diverse groups.</p>	<p>Skillfully choose and implement culturally competent interventions to achieve practice goals and enhance capacities of clients.</p> <p>Are self-reflective in understanding transference and countertransference in client interactions as well as practice self-care in the face of disturbing personal reactions.</p>	<p>Exercise of Judgment</p> <p>Reflection</p>	<p>Units: 1-15</p> <p><b>Assignment 1: Chronic Disease Self-Management</b></p> <p><b>Assignment 2: Case Analysis</b></p>



may require interdisciplinary, inter-professional, and inter-organizational collaboration.				
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**Appendix B: Definitions of Grades and Standards Established by Faculty of the School**

Within the USC Suzanne Dworak-Peck School of Social Work, grades are determined in each class based on the following standards which have been established by the faculty of the School:

1. Grades of A or A- are reserved for student work which not only demonstrates very good mastery of content but which also shows that the student has undertaken a complex task, has applied critical thinking skills to the assignment, and/or has demonstrated creativity in her or his approach to the assignment. The difference between these two grades would be determined by the degree to which these skills have been demonstrated by the student.
2. A grade of B+ will be given to work which is judged to be very good. This grade denotes that a student has demonstrated a more-than-competent understanding of the material being tested in the assignment.
3. A grade of B will be given to student work which meets the basic requirements of the assignment. It denotes that the student has done adequate work on the assignment and meets basic course expectations.
4. A grade of B- will denote that a student’s performance was less than adequate on an assignment, reflecting only moderate grasp of content and/or expectations.
5. A grade of C would reflect a minimal grasp of the assignments, poor organization of ideas and/or several significant areas requiring improvement.
6. Grades between C- and F will be applied to denote a failure to meet minimum standards, reflecting serious deficiencies in all aspects of a student’s performance on the assignment.

**Appendix C: Recommended Instructional Materials and Resources**

***Recommended Guidebook for APA Style Formatting***

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7<sup>th</sup> ed.). Washington, DC: Author.

***Recommended Websites***

Purdue Owl Online Writing Lab. (n.d.). *APA changes* (6th ed.). Retrieved from <http://owl.english.purdue.edu/owl/resource/560/24/>.

## **Appendix D: Suzanne Dworak-Peck School of Social Work Diversity, Equity, and Inclusion Statement**

At the USC Suzanne Dworak-Peck School of Social Work, we aspire to promote diversity, equity and inclusion in our courses and professional practice. We value the diverse backgrounds and perspectives that our students bring into the classroom as strengths and resources that enrich the academic and learning experience. We offer and value inclusive learning in the classroom and beyond. We integrate readings, materials and activities that are respectful of diversity in all forms, including race, ethnicity, culture, gender identity and expression, sexual orientation, age, ability and disability, socioeconomic status, religion, and political perspectives. Collectively, we aspire to co-create a brave space with students and instructors to critically examine individual and collective sources of bias, prejudice, discrimination, and systematic oppression that affect the ability of people and communities to thrive. In this way, we fulfill our professional responsibility to practice the [NASW Code of Ethics](#), abide by the [CSWE Educational Policy and Accreditation Standards](#), and address the [American Academy of Social Work and Social Welfare, Grand Challenges for Social Work](#).

## **Appendix E: University Policies and Guidelines**

### **Attendance Policy**

Students are expected to attend every class and to remain in class for the duration of the unit. Failure to attend class or arriving late may impact your ability to achieve course objectives which could affect your course grade. Students are expected to notify the instructor by email ([mcmacias@usc.edu](mailto:mcmacias@usc.edu)) of any anticipated absence or reason for tardiness.

University of Southern California policy permits students to be excused from class for the observance of religious holy days. This policy also covers scheduled final examinations which conflict with students' observance of a holy day. Students must make arrangements in advance to complete class work which will be missed, or to reschedule an examination, due to holy days observance.

Please refer to [SCampus](#) and to the [USC School of Social Work Policies and Procedures](#) for additional information on attendance policies.

### **Statement on Academic Conduct**

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Recording a university class without the express permission of the instructor and an announcement to the class, as well as distributing or using recordings of university lectures or classes without the express permission of the instructor, for purposes other than individual or group study, also constitute violations of the USC Student Conduct Code.

Please familiarize yourself with the discussion of plagiarism, unauthorized recording of university classes, and other forms of academic dishonesty and misconduct in SCampus, Part B, Section 11, "Behavior Violating University Standards," as well as information in SCampus and in the university policies on scientific misconduct.

### **Statement about Incompletes**

The Grade of Incomplete (IN) can be assigned only if there is work not completed because of a documented illness or some other emergency occurring after the 12th week of the semester. Students must NOT assume that the instructor will agree to the grade of IN. Removal of the grade of IN must be instituted by the student and agreed to be the instructor and reported on the official "Incomplete Completion Form."

### **Policy on Late or Make-up Work**

Papers are due on the day and time specified. Extensions will be granted only for extenuating circumstances. If the paper is late without permission, the grade will be affected.

### **Policy on Changes to the Syllabus and/or Course Requirements**

It may be necessary to make some adjustments in the syllabus during the semester in order to respond to unforeseen or extenuating circumstances. Adjustments that are made will be communicated to students both verbally and in writing.

### **Code of Ethics of the National Association of Social Workers (Optional)**

*Approved by the 1996 NASW Delegate Assembly and revised by the 2017 NASW Delegate Assembly*  
<https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English>

#### **Preamble**

The primary mission of the social work profession is to enhance human well-being and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. A historic and defining feature of social work is the profession's focus on individual well-being in a social context and the well-being of society. Fundamental to social work is attention to the environmental forces that create, contribute to, and address problems in living.

Social workers promote social justice and social change with and on behalf of clients. "Clients" is used inclusively to refer to individuals, families, groups, organizations, and communities. Social workers are sensitive to cultural and ethnic diversity and strive to end discrimination, oppression, poverty, and other forms of social injustice. These activities may be in the form of direct practice, community organizing, supervision, consultation, administration, advocacy, social and political action, policy development and implementation, education, and research and evaluation. Social workers seek to enhance the capacity of people to address their own needs. Social workers also seek to promote the responsiveness of organizations, communities, and other social institutions to individuals' needs and social problems.

The mission of the social work profession is rooted in a set of core values. These core values, embraced by social workers throughout the profession's history, are the foundation of social work's unique purpose and perspective:

- Service
- Social justice
- Dignity and worth of the person
- Importance of human relationships
- Integrity
- Competence

This constellation of core values reflects what is unique to the social work profession. Core values, and the principles that flow from them, must be balanced within the context and complexity of the human experience.

### **Academic Dishonesty Sanction Guidelines**

Some lecture slides, notes, or exercises used in this course may be the property of the textbook publisher or other third parties. All other course material, including but not limited to slides developed by the instructor(s), the syllabus, assignments, course notes, course recordings (whether audio or video) and examinations or quizzes are the property of the University or of the individual instructor who developed them. Students are free to use this material for study and learning, and for discussion with others, including those who may not be in this class, unless the instructor imposes more stringent requirements. Republishing or redistributing this material, including uploading it to web sites or linking to it through services like iTunes, violates the rights of the copyright holder and is prohibited. There are civil and criminal penalties for copyright violation. Publishing or redistributing this material in a way that might give others an unfair advantage in this or future courses may subject you to penalties for academic misconduct.

### **Complaints**

Please direct any concerns about the course with the instructor first. If you are unable to discuss your concerns with the instructor, please contact the faculty course lead. Any concerns unresolved with the course instructor or faculty course lead may be directed to the student's advisor and/or the Chair of your program.

### **Tips for Maximizing Your Learning Experience in this Course (Optional)**

- Be mindful of getting proper nutrition, exercise, rest and sleep!
- Come to class.
- Complete required readings and assignments BEFORE coming to class.
- BEFORE coming to class, review the materials from the previous Unit AND the current Unit, AND scan the topics to be covered in the next Unit.
- Come to class prepared to ask any questions you might have.
- Participate in class discussions.
- AFTER you leave class, review the materials assigned for that Unit again, along with your notes from that Unit.
- If you don't understand something, ask questions! Ask questions in class, during office hours, and/or through email!
- Keep up with the assigned readings.

### **Appendix F: Support Systems and Additional Resources**

#### **Counseling and Mental Health**

<https://studenthealth.usc.edu/counseling/>

Phone number (213) 740-9355

On call 24/7

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention.

#### **National Suicide Prevention Lifeline**

<https://suicidepreventionlifeline.org/>

Phone number 1 (800) 273-8255

On call 24/7

Free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

#### **Relationship and Sexual Violence Prevention Services (RSVP)**

<https://studenthealth.usc.edu/sexual-assault/>

Phone Number (213) 740-9355(WELL), press "0" after hours

On call 24/7

Free and confidential therapy services, workshops, and training for situations related to gender-based harm.

#### **USC Office of Equity, Equal Opportunity, and Title IX**

<https://eeotix.usc.edu/>

Phone number (213) 740-5086

Title IX Office (213) 821-8298

Information about how to get help or help someone affected by harassment or discrimination, rights of protected classes, reporting options, and additional resources for students, faculty, staff, visitors, and applicants.

### **Reporting Incidents of Bias or Harassment**

[https://usc-advocate.symplcity.com/care\\_report/index.php/pid422659?](https://usc-advocate.symplcity.com/care_report/index.php/pid422659?)

Phone number (213) 740-5086 or (213) 821-8298

Avenue to report incidents of bias, hate crimes, and microaggressions to the Office of Equity, Equal Opportunity, and Title IX for appropriate investigation, supportive measures, and response.

### **The Office of Disability Services and Programs**

<https://dsp.usc.edu/>

Phone number (213) 740-0776

Support and accommodations for students with disabilities. Services include assistance in providing readers/notetakers/interpreters, special accommodations for test taking needs, assistance with architectural barriers, assistive technology, and support for individual needs.

### **USC Campus Support and Intervention**

<https://campussupport.usc.edu/>

Phone number (213) 821-4710

Assists students and families in resolving complex personal, financial, and academic issues adversely affecting their success as a student.

### **Diversity at USC**

<https://diversity.usc.edu/>

Phone number (213) 740-2101

Information on events, programs and training, the Provost's Diversity and Inclusion Council, Diversity Liaisons for each academic school, chronology, participation, and various resources for students.

### **USC Emergency**

<https://dps.usc.edu/>

UPC phone number (213) 740-4321

HSC phone number (323) 442-1000

On call 24/7

Emergency assistance and avenue to report a crime. Latest updates regarding safety, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible.

### **USC Department of Public Safety**

<https://dps.usc.edu/>

UPC phone number (213) 740-6000

HSC phone number (323) 442-120

On call 24/7

Non-emergency assistance or information.

### **Additional Resources**

Students enrolled in the Virtual Academic Center can access support services for themselves and their families by contacting Perspectives, Ltd., an independent student assistance program offering crisis services, short-term counseling, and referral 24/7. To access Perspectives, Ltd., call 800-456-6327.