**Social Work 647**

**Section: 67207**

**Advanced Practice with Complex Social Work Cases**

**3 Units**

**Fall 2021**

[*The function of education is to teach one to think intensively and to think critically. Intelligence plus character—that is the goal of true education.*](http://www.brainyquote.com/quotes/quotes/m/martinluth402936.html)

—[**Martin Luther King Jr.**](http://www.brainyquote.com/quotes/quotes/m/martinluth402936.html)

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| --- | --- |
| **Instructor** | David Bringhurst |
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| **Office** | N/A |
| **Office Hours** | After class and by appointment |
| **Course Day(s)** | Tuesday |
| **Course Time(s)** | 7:00am Pacific |
| **Course Location(s)** | VAC |

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# Course Pre-requisites, Co-requisites, and Concurrent Enrollment

SOWK 506, 536, 544, 635, 637, 638, 643, 644

# Catalogue Description

This course is the capstone practice course in the Department of Adult Mental Health and Wellness (AMHW) and introduces students to the advanced practice concepts essential to understanding engagement, assessment, and diagnosis with complex social work cases from a meta-framework perspective.

# Course Description

The purpose of this capstone advanced-practice course in the Department of Adult Mental Health and Wellness (AMHW) is to equip the student with proven neurobiologically informed interventions to treat a diversity of complex client cases in social work services. This course will review and deepen important practice concepts such as advanced assessment and diagnostic skills and further familiarity with the ICD-10/DSM-5. By building on and augmenting prior foundation practice skills and proven evidence-based practices in holistic treatment, the student will be skilled in using the interplay of body, mind, and brain to advance client functioning. Building on the integration of AMHW required courses (635 Research, 637 Wellness, 644 Theory, 643 Integrated Care Practice, and 588/589a/b Field Education), implicit and explicit brain functioning will be reviewed and *applied* to complex case material using multifaceted interventions for clients with complex diagnoses. Upon the conclusion of this advanced-practice course, students will have *mastered* the following key course objectives necessary for advanced and transformative social work practice from a metaframework perspective.

# Course Objectives

| **Objective** | **Objectives** |
| --- | --- |
| 1 | Evaluate a client from a biopsychosocial cultural perspective and Evaluate the role that the science plays in guiding assessment and justify a more effective intervention using a neurobiologically informed framework (evaluated in assignment 1). |
| 2 | Identify models for treating trauma and an understanding of application of evidence-based interventions for individuals, couples and groups (evaluated in assignment 2). |
| 3 | Demonstrate the application of interventional skills to treat trauma (evaluated in assignment 3). |
| 4 | Enhance self-awareness by critically reflecting on a case that was not effective (evaluated in assignment 1). |

# Course Format/Instructional Methods

The format of the course will consist of didactic instruction and experiential exercises. Case vignettes, videos, and role-plays will also be used to facilitate the students’ learning. These exercises may include the use of videotapes, role-plays, or structured small-group exercises. Material from the field will be used to illustrate class content and to provide integration between class and field. Confidentiality of material shared in class will be maintained. As class discussion is an integral part of the learning process, students are expected to come to class ready to discuss required reading and its application to theory and practice.

# Student Learning Outcomes

The following table lists the nine Social Work Core Competencies as defined by the Council on Social Work Education’s 2015 Educational Policy and Accreditation Standards:

|  |  |
| --- | --- |
| **Social Work Core Competencies** | |
| 1 | **Demonstrate Ethical and Professional Behavior** |
| 2 | **Engage in Diversity and Difference in Practice** |
| 3 | **Advance Human Rights and Social, Economic, and Environmental Justice** |
| 4 | **Engage in Practice-Informed Research and Research-Informed Practice** |
| 5 | **Engage in Policy Practice** |
| 6 | **Engage With Individuals, Families, Groups, Organizations, and Communities** |
| 7 | **Assess Individuals, Families, Groups, Organizations, and Communities\*** |
| 8 | **Intervene With Individuals, Families, Groups, Organizations, and Communities\*** |
| 9 | **Evaluate Practice With Individuals, Families, Groups, Organizations and Communities** |

\* Highlighted in this course

See **Appendix A** for an expanded table, which details the competencies and dimensions of competence highlighted in this course. The table also shows the course objective(s), behaviors/indicators of competence, and course content and assignments related to each competency highlighted in the course.

# VII. Course Assignments, Due Dates, and Grading

| **Capstone Project** | **Due Date** | **% of Final Grade** |
| --- | --- | --- |
| **Assignment 1: Assessment & Intervention Paper** | **Unit 8** | 35 points |
|  |  |  |
| **Assignment 2: Reading Application & Quiz** | **Between Unit 12 and 13** | 20 points |
| **Assignment 3: Clinical Skills Video Demonstration** | 15 | 35 points |
| **Assignment 4: Participation** | Ongoing | 10 points |
|  |  | **100 points total**  **100%** |

## Assignment 1: Assessment and Interventions Paper With a Complex Client

1. Identify a client (family, couple) with whom you have worked but who has not responded in the way that you (or they) would have liked to their treatment (a client that you have not written on in any prior assignment);
2. Provide a concise biopsychosocial assessment;
3. Using a neurobiological framework in understanding the client’s symptoms/diagnosis apply the *theory of the triune brain* and why the original intervention was ineffective.
4. Define, describe and apply one bottom-up or one top-down intervention that may have been more effective.

* 6-8 pages (not including title or reference pages)
* Minimum 6 references inside and outside syllabus
* APA 7th Edition, 12-point Times New Roman Font, 1” margins
* Class lectures and PowerPoints should not be referenced
* Writing style includes proper grammar, syntax, sentence structure, and spelling
* Writing includes clarity of concepts and ideas (articulation), as well as integration of the assigned readings and/or recommended readings and/or independent research
* -1 point for each day late

## Assignment 2: Reading Application and Quiz—Timed Open Book Quiz on Blackboard or VAC

The open-book quiz will open for 1 week between Units 12 and 13. Your instructor will provide instructions for times and days of the assignment and log-on instructions. Students will choose any 1-hour slot during that time period to take the timed quiz. One hour will be allotted and there will be no pausing. The 10-question exam will consist of concepts ranging from Week 10 to Week 12 on Judith Herman’s triphasic model of treating trauma to Emotion-Focused couple’s therapy. If students have read the required readings from the syllabus and engaged in class discussion during those weeks, they will be well prepared for the quiz. It will consist of T/F, multiple choice, and two short answers. Reduction in grade for late completion of assignment.

## Assignment 3: Clinical Skills Video Demonstration—Individual or Group Project

Students will work in groups of 2-4 and submit a 10 minute clinical skills video demonstration and a 1 page summary of the chosen intervention and skill. Students will demonstrate advanced level skills of a top down or bottom up intervention. Please receive approval from your instructor before beginning this project. Upload video to VAC/Blackboard. One-point reduction in grade for each day assignment is late.

## Class Participation (10% of Course Grade)

**Due:** Ongoing

## Guidelines for Evaluating Class Participation

Class participation is defined as students’ active engagement in class-related learning. Students are expected to participate fully in the discussions and activities that will be conducted in class. Students are expected to contribute to the development of a positive learning environment and to demonstrate their learning through the quality and depth of class comments, participation in small group activities, and experiential exercise and discussions related to readings, lectures, and assignments. Class participation should consist of meaningful, thoughtful, and respectful participation based on having completed required and independent readings and assignments prior to class. When in class, students should demonstrate their understanding of the material and be prepared to offer comments or reflections about the material, or alternatively, to have a set of thoughtful questions about the material. Class participation evaluation will be based on the following criteria:

1. **Good Contributor:** Contributions in class reflect thorough preparation. Ideas offered are usually substantive, provide good insights, and sometimes direction for the class. Challenges are well substantiated and often persuasive. If this person were not a member of the class, the quality of discussion would be diminished. Attendance is factored in (90% to 100% points).

2. **Adequate Contributor:** Contributions in class reflect satisfactory preparation. Ideas offered are sometimes substantive and provide generally useful insights but seldom offer a new direction for the discussion. Challenges are sometimes presented, are fairly well substantiated, and are sometimes persuasive. If this person were not a member of the class, the quality of discussion would be diminished somewhat. Attendance is factored in (80% or 90% points).

3. **Nonparticipant:** This person says little or nothing in class. Hence, there is not an adequate basis for evaluation. Attendance is factored in (40% to 80% points).

4. **Unsatisfactory Contributor:** Contributions in class reflect inadequate preparation. Ideas offered are seldom substantive, provide few if any insights, and do not provide a constructive direction for the class. Integrative comments and effective challenges are absent (0% to 40% points).

Class grades will be based on the following:

| **Class Grades** | | **Final Grade** | | |
| --- | --- | --- | --- | --- |
| 3.85–4.00 | A | | 93–100 | A |
| 3.60–3.84 | A– | | 90–92 | A– |
| 3.25–3.59 | B+ | | 87–89 | B+ |
| 2.90–3.24 | B | | 83–86 | B |
| 2.60–2.87 | B– | | 80–82 | B– |
| 2.25–2.50 | C+ | | 77–79 | C+ |
| 1.90–2.24 | C | | 73–76 | C |
|  |  | | 70–72 | C– |

See **Appendix B** for additional details regarding the definitions of grades and standards established by faculty of the School.

**Attendance and Participation**

Students’ active involvement in the class is considered essential to their growth as practitioners. Consistent attendance, preparation for and participation in class discussions and activities, timely completion of coursework and assignments, and personal conduct that fosters a respectful, collegial, and professional learning environment are expected. Having more than 2 unexcused absences in class may result in the lowering of the grade. For VAC and remote/hybrid Ground courses, substantive participation includes maintaining an active screen in live sessions and completing all asynchronous content and activities prior to the scheduled live class discussion. Failure to complete 2 or more asynchronous units before the live class, without prior instructor permission, also may result in a lowered grade.

**Class participation will be assessed according to the following criteria:**

“A” grade range: Very Good to Outstanding Participation: Contributions in class reflect thorough preparation, and participation is substantial. Ideas offered are always substantive. Regularly provides one or more major insights and comments that provoke deeper thought. If this person were not a member of the class, the quality of discussion and class activities would be diminished markedly.

“B” grade range: Good Participation: Contributions in class reflect solid preparation. Ideas offered are usually substantive, and participation is regular. Provides generally useful insights and some comments that provoke thought. If this person were not a member of the class, the quality of discussion would be diminished somewhat.

“C+” or “C”: Adequate Participation: Contributions in class reflect some preparation. Ideas offered are somewhat substantive. Provides some insights, but seldom offers comments that provoke deeper thought. Participation is somewhat regular. If this person were not a member of the class, the quality of discussion would be diminished slightly. Please note: The minimum passing grade at the graduate level is “C”.

“C-” or “D”: Inadequate Participation: Says little in class and does not adequately participate in activities or present insights or ideas. Does not appear to be engaged. Submits late work. If this person were not a member of the class, the quality of discussion would not be affected.

“F”: Nonparticipant/Unsatisfactory Participation: Misses class. When present, contributions in class, if any, reflect inadequate preparation. Ideas offered are seldom substantive, and behavior may be inappropriate and/or disrespectful. Unable to work effectively on in-class assignments/activities and detracts from the learning process. Regularly misses assignment deadlines, if work is submitted at all.

# VIII. Required and Supplementary Instructional Materials and Resources

## Required Textbooks

Badenoch, B., & Gantt, S. P. (Eds.). (2013). *Interpersonal neurobiology of group psychotherapy and group process.* London, UK: Karnac Books. \*\*\*(FREE E-BOOK available online at USC’s Library)\*\*\*

Cozolino, L. (2016). *Why therapy works: Using our minds to change our brains.* New York, NY: Norton. ($11.99 Kindle, $18.92 hardcover)

## Recommended Guidebook for APA Style Formatting

American Psychological Association. (2019). *Publication manual of the American Psychological Association* (7th ed.). Washington, DC: Author.

## Recommended Websites

<https://owl.english.purdue.edu/owl/resource/560/01/>

<https://www.emdria.org>

<https://www.nasw.org>

**Note:** Additional required and recommended readings may be assigned by the instructor throughout the course.

## On Reserve

All additional required reading that is not in the above required texts is available online through electronic reserve (ARES). The textbooks have also been placed on reserve at Leavey Library.

Search under SOWK 647 and instructor name GONZALEZ to add this course on ARES and access all nontextbook “required” readings. “Recommended” readings are not on ARES and not required to read for this course.

***DSM-5***

Just a reminder that the *DSM-5* is available online through the library’s subscription using the link below.

**URL:** <https://libproxy.usc.edu/login?url=http://www.psychiatryonline.org/>

You’ll be asked to log in using your USC ID and password. Once you’re on the page, click Explore the New Edition to access the content.

***ICD-11:*** <http://www.who.int/classifications/icd/en/>

**Course Overview**

| **Unit** | **Topics** | **Assignments** |
| --- | --- | --- |
| **1** | * ­ Introduction: How and Why Therapy Works |  |
| **2** | * Introduction to the Neurobiology of Assessment, Intervention, and Evaluation |  |
| **3** | * M |  |
| **4** | * Implicit (Bottom-Up) Interventions |  |
| **5** | * Explicit (Top-Down) Interventions: Dialectical Behavioral Therapy (DBT) |  |
| **6** | * Social Work Practice with Sexual and Gender Minorities |  |
| **7** | * Explicit (Top-Down) Interventions for LGBTQI Community |  |
| **8** | * Integrating Implicit and Explicit Interventions I | 1 |
| **9** | * Integrating Implicit and Explicit Interventions II: Diagnosis and Treatment for the Body |  |
| **10** | * Knowing When to Do What in Therapy: Herman’s Triphasic Model of Trauma Treatment |  |
| **11** | * Neuro-Integrative Therapies for Reconnection: Couple Therapy I |  |
| **12** | * Neuro-Integrative Therapies for Reconnection: Couple Therapy II | 2 |
| **13** | * Neural-Integration and Reconnection in Group Therapy I: Using Top-Down Group Treatment |  |
| **14** | * Neural-Integration and Reconnection in Group Therapy: Using Bottom-Up Group Treatment |  |
| **15** | * Video Demos, Student Evaluations, Termination, Continuing Education | 3 |

Detailed description of each unit begins on the next page

**Course Schedule―Detailed Description**

| **Unit 1: Introduction: How and Why Therapy Works** | **Month Date** |
| --- | --- |
| **Topics** | |
| * Professional applications * Complex client statistics * Community mental health projections * Neurosequential model of therapeutics (Perry) | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Cozolino, L. (2016). *Why therapy works: Using our minds to change our brains* (Chapters 1 and 2). Norton.

Perry, B. D., & Hambrick, E. P. (2008). The neurosequential model of therapeutics. *Reclaiming Children and Youth, 17*(3), 38.

| **Unit 2: Introduction to the Neurobiology of Assessment, Intervention, and Evaluation** | **Month Date** |
| --- | --- |
| **Topics** | |
| * Top-down processing (explicit) * Bottom-up processing (implicit) * Neurobiology and psychodynamic therapy | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Cozolino, L. (2016). *Why therapy works: Using our minds to change our brains* (Chapters 3, 4, and 6).Norton.

Holden, C. (1979). Paul MacLean and the triune brain. *Science*, *204*(4397), 1066–1068. Retrieved from <http://www.jstor.org.libproxy2.usc.edu/stable/1748710>. (Seminal work from 1979.)

Schore, J. R. (2012). Using concepts from interpersonal neurobiology in revisiting psychodynamic theory. *Smith College Studies in Social Work, 82*(1), 90–111. doi:10.1080/00377317.2012.644494

| **Unit 3:**  Psychopharmacology Applications With Diverse Clients | **Month Date** |
| --- | --- |
| * PsychoPharm applications with complex clinical vignettes * PsychoPharm concepts * Application of the BioPsychoSoc PsychoPharm model to social work practice | |
|  | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Finney, K., & Schott, E. (2016). Psychopharmacology and psychoeducation for the treatment of major depressive disorder. In E. M. P. Schott & E. L. Weiss (Eds.), *Transformative Social Work Practice.* Sage.

Finney, K. (2018). *Basic psychopharmacology principles: A quick guide for mental health professionals.* Cognella Academic Publishing.

Chapter 1& 2

| **Unit 4: Implicit (Bottom-Up) Interventions** | **Month Date** |
| --- | --- |
| **Topics** | |
| * EMDR * Assessment and treatment planning in EMDR | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Leeds, A. (2016). *A guide to the standard EMDR therapy protocols for clinicians, supervisors, and consultants* (Chapters 1 and 3). Springer.

Van Der Kolk, B. (2015). *The body keeps the score: Brain, mind, and body in the healing of trauma* (Chapter 15). Penguin.

| **Unit 5: Explicit (Top-Down) Interventions: Dialectical Behavioral Therapy (DBT)** | **Month Date** |
| --- | --- |
| **Topics** | |
| * Dialectical behavioral therapy (DBT) * Assessment and treatment planning in DBT | |

This unit relates to Course Objectives 1 through 5.

### Required Manual Reading on ARES

Linehan, M. M. (2015). *DBT skills training handouts and worksheets* (2nd ed.). Guilford Press. \*DBT Manual is available on ARES

\*Student does not need to read entire manual.

### Recommended Readings

Resick, P. A., Monson, C. M., & Chard, K. M. (2016). *Cognitive processing therapy for PTSD: A comprehensive manual.* Guilford Press.  
Chapter 1: The origins of cognitive processing therapy  
Chapter 5: Overview of PTSD and CPT: Session 1

| **Unit 6: Social Work Practice Sexual and Gender Minorities** | **Month Date** |
| --- | --- |
| **Topics** | |
| * Understand the person-in-environment context for sexual and gender nonconforming (GNC) minorities * Provide education on LGBTQ populations * Introduce Affirmative Therapy (AT) or LGBTQI Affirmative Therapy stance | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Argüello, T. M. (2018). Identity development. In M. P. Dentato (Ed.), *Social Work Practice with the*

*LGBTQ Community* (pp. 71–96)*.* Oxford University Press.

Schott, E. (2021). LGBTQI Identity Iguana (Chapter 4). *LGBTQI Workbook for CBT.* Routledge.

\*see file on Blackboard or VAC

### Recommended Readings

* **National Association of Social Workers (NASW):** <https://www.socialworkers.org/Practice/LGBT>
* **Council on Social Work Education (CSWE):** **Guidelines for affirmative social work education: Enhancing the climate for LGBQQ students, staff, and faculty in social work education:** <https://www.cswe.org/getattachment/Centers-Initiatives/Centers/Center-for-Diversity/About/Stakeholders/Commission-for-Diversity-and-Social-and-Economic-J/Council-on-Sexual-Orientation-and-Gender-Identity/5560-Acswe_CSOGIE_WP1_LGBQQ_final_WEB.pdf.aspx>
* **Council on Social Work Education (CSWE):** **Guidelines for Transgender and Gender Nonconforming (TGNC) Affirmative Education: Enhancing the Climate for TGNC Students, Staff and Faculty in Social Work Education:**

<https://www.cswe.org/getattachment/Centers-Initiatives/Centers/Center-for-Diversity/About/Stakeholders/Commission-for-Diversity-and-Social-and-Economic-J/Council-on-Sexual-Orientation-and-Gender-Identity/5560-Bcswe_CSOGIE_WP2_TGNC_final_web.pdf.aspx>

* **American Nursing Association (ANA):** <https://www.nursingworld.org/news/news-releases/2017-news-releases/statement-in-support-of-equality-and-human-rights-for-the-lgbtq-community/>

**Review at least one of the following sites regarding information on LGBTQI terminology:**

* <https://www.lgbthealtheducation.org/publication/lgbtqia-glossary-of-terms-for-health-care-teams/>
* https://itgetsbetter.org/blog/lesson/glossary/
* [https://lgbtqia.ucdavis.edu/educated/glossary](https://urldefense.proofpoint.com/v2/url?u=https-3A__lgbtqia.ucdavis.edu_educated_glossary&d=DwMFaQ&c=clK7kQUTWtAVEOVIgvi0NU5BOUHhpN0H8p7CSfnc_gI&r=DWjuoxJrAPpFOnCxrlrdoQ&m=2icNovv4qsGHDLBsrvQ7faM1m8YBYkiftroxxYRAMUI&s=Nx8A0LxNypq3pzBelbKvQ2u5H-syTFcjDJko4przQlo&e=)
* [https://www.itspronouncedmetrosexual.com/2013/01/a-comprehensive-list-of-lgbtq-term-definitions/](file:///C:\Users\irisgonz\Downloads\•%09https:\www.itspronouncedmetrosexual.com\2013\01\a-comprehensive-list-of-lgbtq-term-definitions)

| **Unit 7: Explicit (Top-Down) Interventions for the LGBTOI** **Community** | **Month Date** |
| --- | --- |
| **Topics** | |
| * Understand minority stress theory in application to sexual and gender nonconforming minorities * Apply LGBTQ affirmative therapy with a top-down intervention conceptual framework * Discuss the similarities and differences of working with LGBTQ populations through a trauma lens as compared to heterosexual or cisgender identities | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Goldbach, J., & Dunlap, S. (2016). Social work practice with sexual minorities. In E. Schott & E. Weiss (Eds.), *Transformative Social Work Practice.* Sage Publications, Inc.

McKinnish, T. R., Burgess, C., & Sloan, C. A. (2019). Trauma-informed care of sexual and

gender minority patients. In M. R. Gerber (Ed.), *Trauma-Informed Healthcare Approaches* (pp.85–105). Springer.

### Recommended Readings

Najavits, L. (2001). *Seeking safety: A treatment manual for PTSD and substance abuse.* Guilford Press.

Stuart, S., & Robertson, M. (2012). *Interpersonal psychotherapy: A clinician's guide* (2nd ed.). CRC Press.

Chapter 1: Introduction

Chapter 3: The structure of interpersonal psychotherapy

**Online Resources**

* USC ONE Archive (<https://one.usc.edu>)
* LGBTQ+ Student Center at USC ([https://lgbtrc.usc.edu](https://lgbtrc.usc.edu/))
* LGBTQI History (see links below)
* LGBTQ Centers (<https://www.lgbtcenters.org>)
* Intersex Awareness Day (October 26) (<https://interactadvocates.org/intersex-awareness-day/>)
* The Audre Lorde Project (<https://alp.org>)
* Trans Awareness Week (November 13-19) (<https://www.glaad.org/transweek>)
* Transgender Day of Remembrance (TDOR) (November 20) (<https://www.glaad.org/tdor>)
* Harvey Milk Day (May 22) (<https://gsanetwork.org/resources/harvey-milk-day/>)

### Review Historical Timelines

* OutHistory’s Transgender History Timeline: <https://outhistory.org/exhibits/show/trans-timeline/timeline>
* Milestones in the American Gay Rights Movement on PBS: <https://www.pbs.org/wgbh/americanexperience/features/stonewall-milestones-american-gay-rights-movement/>
* CNN’s website for their LGBTQ Rights Milestone Fast Facts: <https://www.cnn.com/2015/06/19/us/lgbt-rights-milestones-fast-facts/index.html>
* LGBTQ historical timeline from the LGBTQ+ Student Center at USC: <https://lgbtrc.usc.edu/about/timeline/>
* LGBTQ archives in the country at the ONE Archives at the USC Libraries: <https://one.usc.edu>
* LGBTQI victims of holocaust at the Institute for Visual History and Education at the USC Shoah Foundation: <https://sfi.usc.edu/gaypride>
* GLSEN (resources on history, podcast, coloring books..): <https://www.glsen.org/resources/educator-resources#snt--3>
* interACT: <https://interactadvocates.org/resources/intersex-brochures/>

| **Unit 8: Integrating Implicit and Explicit Interventions I** | **Month Date** |
| --- | --- |
| **Topics** | |
| * Overview of somatic interventions, i.e., sandtray, biofeedback, somatic experiencing, and animal-assisted therapy | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Badenoch, B. (2008). *Being a brain-wise therapist* (Chapter 16: The integrating power of sandplay). Norton.

Payne, P., Levine, P. A., & Crane-Godreau, M. A. (2015). Somatic experiencing: Using interoception and proprioception as core elements of trauma therapy. *Frontiers in Psychology*, *6*(93).

Van Der Kolk, B. (2015). *The body keeps the score: Brain, mind, and body in the healing of trauma* (Chapter 16). Penguin.

Weiss, E. L., Kaiser, S., & Adler, G. (2016). Equine assisted counseling: An alternative approach for trauma. In E. M. P. Schott & E. L. Weiss (Eds.), *Transformative Social Work Practice.* Sage Publications, Inc..

**Manual on ARES**

Homeyer, L. E., & Sweeney, D. S. (2016). *Sandtray therapy: A practical manual* (3rd ed.). Routledge.

Chapter 1: Introduction

Chapter 5: Protocol for sandtray therapy session

| **Unit 9: Integrating Implicit and Explicit Interventions II: Diagnosis and Treatment for the Body** | **Month Date** |
| --- | --- |
| **Topics** | |
| * Creative arts therapies * Review of ICD-10 (DSM-5) * Eating disorder (bulimia nervosa and anorexia nervosa) * Body dysmorphic disorder * Self-injury * Reference back to SOWK 644 (Theory) | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Fulginiti, A., Rhoades, H., Mamey, M. R., Klemmer, C., Srivastava, A., Weskamp, G., &

Goldbach, J. T. (2020). Sexual minority stress, mental health symptoms, and suicidality among LGBTQ youth accessing crisis services. *Journal of Youth and Adolescence*, 1–13.

Heiderscheit, A. (2015). *Creative arts therapies and clients with eating disorders* (Chapter 1).

Kingsley.

Shay, J. (2014). Moral injury. *Psychoanalytic Psychology, 31*(2), 182–191. doi:10.1037/a0036090

Singer, J. B. (2012, August 10). Non-suicidal self-injury (NSSI): Interview with Jennifer Molenkamp, PhD. [Episode 73]. Social Work Podcast. Podcast retrieved from <http://www.socialworkpodcast.com/2012/08/non-suicidal-self-injury-nssi-interview.html>.

| **Unit 10: Knowing When to Do What in Therapy: Herman’s Triphasic Model of Trauma Treatment** | **Month Date** |
| --- | --- |
| **Topics** | |
| * Herman’s model of triphasic healing * Conceptualizing top-down and bottom-up treatments within the Herman model * Herman’s discussion on group therapy for trauma reconnection | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Herman, J. (1992). *Trauma and recovery.* (pp. 1–23).Basic Books.

Quillman, T. (2013). Treating trauma through three interconnected lenses: Body, personality, and intersubjective fields. *Clinical Social Work Journal, 41*(4), 356–365. doi:10.1007/s10615-012-0414-1

Zaleski, K. L., Johnson, D. K., & Klein, J. T. (2016). Grounding Judith Herman’s trauma theory within interpersonal neuroscience and evidence-based practice modalities for trauma treatment. *Smith College Studies in Social Work*, *86*(4), 377–393.

| **Unit 11: Neuro-Integrative Therapies for Reconnection: Couple Therapy I** | **Month Date** |
| --- | --- |
| **Topics** | |
| * Introduction to emotionally focused therapy (EFT) | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Bradley, B., & Furrow, J. (2013). *The emotionally focused couple therapy for dummies* (Chapter 1). Wiley.

Metzl, E. (2020). Art therapy with couples: integrating art therapy practices with sex therapy and emotionally

focused therapy. *International Journal of Art Therapy*, *25*(3), 143-149.

Schwartz, A., Yarbrough, E., & McIntosh, C. A. (2020). Sex and relationship issues in work with

the LGBTQ community. *Focus*, *18*(3), 277–284.

### Recommended Readings

Furrow, J. L., Johnson, S. M., & Bradley, B. A. (Eds.). (2011). *The emotionally focused casebook: New directions in treating couples*. Routledge.

Johnson, S. M. (2012). *The practice of emotionally focused couple therapy: Creating connection*. Routledge.

| **Unit 12: Neuro-Integrative Therapies for Reconnection: Couple Therapy II** | **Month Date** |
| --- | --- |
| **Topics** | |
| * EFT advance principles/application * Couple therapy for LGBTQ population * Couple therapy for addictions * Diversity considerations in couple therapy * Singlehood ambivalence * Older adulthood, loss, and loneliness * Pregnancy | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Knight, B. G., & Pachana, N. A. (2015). *Psychological assessment and therapy with older adults* (Chapter 1). Oxford University Press.

Heiden‐Rootes, K. M., Addison, S. M., & Pettinelli, J. D. (2020). Working with queer couples.

In K. S. Wampler & A. J. Blow (Eds.), *The Handbook of Systemic Family Therapy* (pp. 123–154). Wiley.

Tadros, E., Fye, J. M., McCrone, C. L., & Finney, N. (2019). Incorporating multicultural couple and family therapy

into incarcerated settings. *International Journal of Offender Therapy and Comparative Criminology*, *63*(4), 641–658.

| **Unit 13: Neural-Integration and Reconnection in Group Therapy I: Using Top-Down Group Treatment** | **Month Date** |
| --- | --- |
| **Topics** | |
| * Interpersonal neurobiology in group psychotherapy | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Badenoch, B., & Gantt, S. P. (Eds.). (2013). *Interpersonal neurobiology of group psychotherapy and group process* (Chapters 1 and 2).Karnac Books. \*\*\*(FREE E-BOOK available online at USC’s Library/ARES)\*\*\*

Walker, M. S., Kaimal, G., Koffman, R., & DeGraba, T. J. (2016). Art therapy for PTSD and TBI: A senior active duty military service member’s therapeutic journey. *The Arts in Psychotherapy, 49*, 10–18. doi:10.1016/j.aip/2016.05.015

| **Unit 14: Neural-Integration and Reconnection in Group Therapy: Using Bottom-Up Group Treatment** | **Month Date** |
| --- | --- |
| **Topics** | |
| * Long-term psychodynamic group therapy * Yalom’s model of psychodynamic groups | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Yalom, I. D., & Leszcz, M. (2005). *Theory and practice of group psychotherapy* (Chapters 1 and 6). Basic Books.

| **Unit 15: Video Demos, Student Evaluations, Termination, Continuing Education** | **Month Date** |
| --- | --- |
| **Topics** | |
| * Terminating with long-term complex clients * Social work continuing education, specializations, and certifications * Licensing (national) | |

This unit relates to Course Objectives 1 through 5.

### Required Readings

Hepworth, D. H., Rooney, R. H., Dewberry-Rooney, G., & Strom-Gottfried, K. (2018). The final phase evaluation and termination. *Direct Social Work Practice: Theory and Skills* (10th ed.). Brooks/Cole.

**List of Appendices**

1. Detailed Descriptions of Social Work Core Competencies Highlighted in this Course
2. Definitions of Grades and Standards Established by Faculty of the School
3. Recommended Instructional Materials and Resources
4. Suzanne Dworak-Peck School of Social Work DEI Statement
5. Statement on Academic Conduct and Support Systems
6. Support Systems and Additional Resources / Emergency Preparedness and Response Resources

**Appendix A: Detailed Description of Social Work Core Competencies Highlighted in this Course**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Competency** | | **Objectives** | | **Behaviors** | | **Dimensions** | **Content** | |
| **Competency 7:** **Assess Individuals, Families, Groups, Organizations, and Communities**  Social workers in health, behavioral health, and integrated care settings understand that assessment is an ongoing component of the dynamic and interactive process of social work practice with, and on behalf of, diverse individuals, families, and groups. Social workers understand theories of human behavior and the social environment, person in environment, and other multidisciplinary frameworks, and critically evaluate and apply this knowledge in the assessment of diverse clients and constituencies, including individuals, families, and groups. Social workers collect, organize, and interpret client data with a primary focus of assessing client’s strengths. Social workers understand how their personal experiences and affective reactions may affect their assessment and decision-making. | **1.** Evaluate risk and protective factors throughout life-span development with focus on how adverse childhood experiences (ACE) can impact an individual’s bio/psycho/social development. | | **7a.** Understand theories of human behavior and the social environment, person in environment, and other multidisciplinary frameworks, and critically evaluate and apply this knowledge in the assessment of diverse clients and constituencies, including individuals, families, and groups. | | Knowledge/Skills | | | **Unit 2:** Advanced Assessment Skills I: Specialty Assessment  **Unit 3:** Introduction to the Neurobiology of Assessment, Intervention, and Evaluation Skills II: Understand the Neurobiology of These Skills and Rehearsal  **Unit 6:** Neurobiology of Sexual and Gender Minorities  **Unit 7:** Explicit interventions for the LGBT and GNC Community  **Assignment 1:** Bio/Psych/Social Assessment Paper With Complex Case  **Assignment 2:** Reading Application and Quiz |
| **7b.** Critically evaluate thoughts, feelings, and behaviors and their potential influence when assessing complex cases. | | Cognitive and Affective Processes | | |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Competency** | **Objectives** | **Behaviors** | **Dimensions** | **Content** |
| **Competency 8:** **Intervene With Individuals, Families, Groups, Organizations, and Communities**  Social workers understand that intervention is an ongoing component of the dynamic and interactive process of social work practice with, and on behalf of, diverse individuals, families, and groups in health, behavioral health, and integrated care settings. Social workers working with adults and older adults identify issues related to losses, changes, and transitions over their life cycle in designing intervention. Social workers understand methods of identifying, analyzing, modifying, and implementing evidence-informed interventions to achieve client goals, taking into account influences such as cultural preferences, strengths, and desires. Social workers in working with adults and older adults value and readily negotiate, mediate, and advocate for clients. Social workers value the importance of interprofessional teamwork and communication in interventions, recognizing that beneficial outcomes may require interdisciplinary, interprofessional, and interorganizational collaboration. | **2.** Develop skills on conducting advanced assessment and diagnosis of individuals within the holon interplay of families, couples, groups, communities, and society in social work practice. | **8a.** Skillfully choose and implement culturally competent interventions to achieve practice goals and enhance capacities of clients. | Skills | **Unit 8:** Integrating Implicit and Explicit Interventions I  **Unit 9:** Integrating Implicit and Explicit Interventions II: Diagnosis and Treatment for the Body  **Unit 10:** Knowing When to Do What in Therapy  **Unit 11:** Neuro-Integrative Therapies for Reconnection: Couples Therapy I  **Assignment 3:** Clinical Skills Demonstration  **Class Participation** |
| **8b.** Critically evaluate thoughts, feelings, and behaviors and their potential influence when intervening with complex cases. | Cognitive and Affective Processes |

**Appendix B: Definitions of Grades and Standards Established by Faculty of the School**

Within the USC Suzanne Dworak-Peck School of Social Work, grades are determined in each class based on the following standards which have been established by the faculty of the School:

1. Grades of A or A- are reserved for student work which not only demonstrates very good mastery of content but which also shows that the student has undertaken a complex task, has applied critical thinking skills to the assignment, and/or has demonstrated creativity in her or his approach to the assignment. The difference between these two grades would be determined by the degree to which these skills have been demonstrated by the student.
2. A grade of B+ will be given to work which is judged to be very good. This grade denotes that a student has demonstrated a more-than-competent understanding of the material being tested in the assignment.
3. A grade of B will be given to student work which meets the basic requirements of the assignment. It denotes that the student has done adequate work on the assignment and meets basic course expectations.
4. A grade of B- will denote that a student’s performance was less than adequate on an assignment, reflecting only moderate grasp of content and/or expectations.
5. A grade of C would reflect a minimal grasp of the assignments, poor organization of ideas and/or several significant areas requiring improvement.
6. Grades between C- and F will be applied to denote a failure to meet minimum standards, reflecting serious deficiencies in all aspects of a student’s performance on the assignment.

**Appendix C: Recommended Instructional Materials and Resources**

## Recommended Guidebook for APA Style Formatting

American Psychological Association. (2019). *Publication manual of the American Psychological Association* (7th ed.). Washington, DC: Author.

## Recommended Websites

<https://owl.english.purdue.edu/owl/resource/560/01/>

<https://www.emdria.org>

<https://www.nasw.org>

**Note:** Additional required and recommended readings may be assigned by the instructor throughout the course.

**Appendix D: Suzanne Dworak-Peck School of Social Work Diversity, Equity, and Inclusion Statement**

At the USC Suzanne Dworak-Peck School of Social Work, we aspire to promote diversity, equity and inclusion in our courses and professional practice. We value the diverse backgrounds and perspectives that our students bring into the classroom as strengths and resources that enrich the academic and learning experience. We offer and value inclusive learning in the classroom and beyond. We integrate readings, materials and activities that are respectful of diversity in all forms, including race, ethnicity, culture, gender identity and expression, sexual orientation, age, ability and disability, socioeconomic status, religion, and political perspectives. Collectively, we aspire to co-create a brave space with students and instructors to critically examine individual and collective sources of bias, prejudice, discrimination, and systematic oppression that affect the ability of people and communities to thrive. In this way, we fulfill our professional responsibility to practice the [NASW Code of Ethics](https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English), abide by the [CSWE Educational Policy and Accreditation Standards](https://www.cswe.org/getattachment/Accreditation/Accreditation-Process/2015-EPAS/2015EPAS_Web_FINAL.pdf.aspx), and address the [American Academy of Social Work and Social Welfare, Grand Challenges for Social Work.](https://grandchallengesforsocialwork.org/)

**Appendix E: University Policies and Guidelines**

**Attendance Policy**

Students are expected to attend every class and to remain in class for the duration of the unit. Failure to attend class or arriving late may impact your ability to achieve course objectives which could affect your course grade. Students are expected to notify the instructor by email (bringhur@usc.edu) of any anticipated absence or reason for tardiness.

University of Southern California policy permits students to be excused from class for the observance of religious holy days. This policy also covers scheduled final examinations which conflict with students’ observance of a holy day. Students must make arrangements in advance to complete class work which will be missed, or to reschedule an examination, due to holy days observance.

Please refer to [SCampus](https://policy.usc.edu/scampus/) and to the [USC School of Social Work Policies and Procedures](https://dworakpeck.usc.edu/student-life/student-resources) for additional information on attendance policies.

**Statement on Academic Conduct**

Plagiarism – presenting someone else’s ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Recording a university class without the express permission of the instructor and an announcement to the class, as well as distributing or using recordings of university lectures or classes without the express permission of the instructor, for purposes other than individual or group study, also constitute violations of the USC Student Conduct Code.

Please familiarize yourself with the discussion of plagiarism, unauthorized recording of university classes, and other forms of academic dishonesty and misconduct in SCampus, Part B, Section 11, “Behavior Violating University Standards,” as well as information in SCampus and in the university policies on scientific misconduct.

**Statement about Incompletes**

The Grade of Incomplete (IN) can be assigned only if there is work not completed because of a documented illness or some other emergency occurring after the 12th week of the semester. Students must NOT assume that the instructor will agree to the grade of IN. Removal of the grade of IN must be instituted by the student and agreed to be the instructor and reported on the official “Incomplete Completion Form.”

**Policy on Late or Make-up Work**

Papers are due on the day and time specified. Extensions will be granted only for extenuating circumstances. If the paper is late without permission, the grade will be affected.

**Policy on Changes to the Syllabus and/or Course Requirements**

It may be necessary to make some adjustments in the syllabus during the semester in order to respond to unforeseen or extenuating circumstances. Adjustments that are made will be communicated to students both verbally and in writing.

**Code of Ethics of the National Association of Social Workers (Optional)**

*Approved by the 1996 NASW Delegate Assembly and revised by the 2017 NASW Delegate Assembly* [*https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English*](https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English)

**Preamble**

The primary mission of the social work profession is to enhance human well-being and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. A historic and defining feature of social work is the profession's focus on individual well-being in a social context and the well-being of society. Fundamental to social work is attention to the environmental forces that create, contribute to, and address problems in living.

Social workers promote social justice and social change with and on behalf of clients. "Clients" is used inclusively to refer to individuals, families, groups, organizations, and communities. Social workers are sensitive to cultural and ethnic diversity and strive to end discrimination, oppression, poverty, and other forms of social injustice. These activities may be in the form of direct practice, community organizing, supervision, consultation, administration, advocacy, social and political action, policy development and implementation, education, and research and evaluation. Social workers seek to enhance the capacity of people to address their own needs. Social workers also seek to promote the responsiveness of organizations, communities, and other social institutions to individuals' needs and social problems.

The mission of the social work profession is rooted in a set of core values. These core values, embraced by social workers throughout the profession's history, are the foundation of social work's unique purpose and perspective:

* Service
* Social justice
* Dignity and worth of the person
* Importance of human relationships
* Integrity
* Competence

This constellation of core values reflects what is unique to the social work profession. Core values, and the principles that flow from them, must be balanced within the context and complexity of the human experience.

**Academic Dishonesty Sanction Guidelines**

Some lecture slides, notes, or exercises used in this course may be the property of the textbook publisher or other third parties. All other course material, including but not limited to slides developed by the instructor(s), the syllabus, assignments, course notes, course recordings (whether audio or video) and examinations or quizzes are the property of the University or of the individual instructor who developed them. Students are free to use this material for study and learning, and for discussion with others, including those who may not be in this class, unless the instructor imposes more stringent requirements. Republishing or redistributing this material, including uploading it to web sites or linking to it through services like iTunes, violates the rights of the copyright holder and is prohibited. There are civil and criminal penalties for copyright violation. Publishing or redistributing this material in a way that might give others an unfair advantage in this or future courses may subject you to penalties for academic misconduct.

**Complaints**

Please direct any concerns about the course with the instructor first. If you are unable to discuss your concerns with the instructor, please contact the faculty course lead. Any concerns unresolved with the course instructor or faculty course lead may be directed to the student’s advisor and/or the Chair of your program.

**Tips for Maximizing Your Learning Experience in this Course (Optional)**

* Be mindful of getting proper nutrition, exercise, rest and sleep!
* Come to class.
* Complete required readings and assignments BEFORE coming to class.
* BEFORE coming to class, review the materials from the previous Unit AND the current Unit, AND scan the topics to be covered in the next Unit.
* Come to class prepared to ask any questions you might have.
* Participate in class discussions.
* AFTER you leave class, review the materials assigned for that Unit again, along with your notes from that Unit.
* If you don't understand something, ask questions! Ask questions in class, during office hours, and/or through email!
* Keep up with the assigned readings.

**Appendix F: Support Systems and Additional Resources**

**Counseling and Mental Health**

<https://studenthealth.usc.edu/counseling/>

Phone number (213) 740-9355

On call 24/7

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention.

**National Suicide Prevention Lifeline**

<https://suicidepreventionlifeline.org/>

Phone number 1 (800) 273-8255

On call 24/7

Free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

**Relationship and Sexual Violence Prevention Services (RSVP)**

<https://studenthealth.usc.edu/sexual-assault/>

Phone Number (213) 740-9355(WELL), press “0” after hours

On call 24/7

Free and confidential therapy services, workshops, and training for situations related to gender-based harm.

**USC Office of Equity, Equal Opportunity, and Title IX**

<https://eeotix.usc.edu/>

Phone number (213) 740-5086

Title IX Office (213) 821-8298

Information about how to get help or help someone affected by harassment or discrimination, rights of protected classes, reporting options, and additional resources for students, faculty, staff, visitors, and applicants.

**Reporting Incidents of Bias or Harassment**

<https://usc-advocate.symplicity.com/care_report/index.php/pid422659>?

Phone number (213) 740-5086 or (213) 821-8298

Avenue to report incidents of bias, hate crimes, and microaggressions to the Office of Equity, Equal Opportunity, and Title IX for appropriate investigation, supportive measures, and response.

**The Office of Student Accessibility Services**

<https://osas.usc.edu/>

Phone number (213) 740-0776

Support and accommodations for students with disabilities. Services include assistance in providing readers/notetakers/interpreters, special accommodations for test taking needs, assistance with architectural barriers, assistive technology, and support for individual needs.

**USC Campus Support and Intervention**

<https://campussupport.usc.edu/>

Phone number (213) 821-4710

Assists students and families in resolving complex personal, financial, and academic issues adversely affecting their success as a student.

**Diversity at USC**

<https://diversity.usc.edu/>

Phone number (213) 740-2101

Information on events, programs and training, the Provost’s Diversity and Inclusion Council, Diversity Liaisons for each academic school, chronology, participation, and various resources for students.

**USC Emergency**

<https://dps.usc.edu/>

UPC phone number (213) 740-4321

HSC phone number (323) 442-1000

On call 24/7

Emergency assistance and avenue to report a crime. Latest updates regarding safety, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible.

**USC Department of Public Safety**

<https://dps.usc.edu/>

UPC phone number (213) 740-6000

HSC phone number (323) 442-120

On call 24/7

Non-emergency assistance or information.

**Additional Resources**

Students enrolled in the Virtual Academic Center can access support services for themselves and their families by contacting Perspectives, Ltd., an independent student assistance program offering crisis services, short-term counseling, and referral 24/7. To access Perspectives, Ltd., call 800-456-6327.

**Emergency Preparedness and Response Resources**

**USC Earthquake Procedures**:

<https://fsep.usc.edu/usc-emergency-procedures/emergency-procedures-for/during-an-earthquake/>

**USC Emergency Procedures Video**:

<https://usc.edu/emergencyvideos>

**Campus Building Emergency Information Fact Sheets**:

<https://fsep.usc.edu/emergency-planning/building-emergency-fact-sheets/>

**USC ShakeOut Drill: (morning of October 21, 2021)**

<https://fsep.usc.edu/shakeout/>

**Personal Preparedness Resources, such as preparing your home, etc.**

<https://fsep.usc.edu/personal-preparedness/>