

**Social Work 609**  
**Introduction to Social Work Practice with Children, Youth, and Families**  
**Spring 2022**  
**3 Units**

The function of education is to teach one to think intensively and to think critically.  
Intelligence plus character—that is the goal of true education.  
—**Martin Luther King, Jr.**

Instructor: Julie Cederbaum, PhD, MSW, MPH      Course Day: Tuesday  
E-mail: jcederba@usc.edu      Course Time: 8:00-10:50am  
Telephone: 323-829-7993 (cell)      Course Location: CPA 257  
Office Location: MRF 222  
Office Hours: Tuesday universal break (or by appointment)

**I. COURSE PREREQUISITES**

SOWK 544, 506, 546, 536, 589A

Social Work Practice with Children, Youth, and Families is the introductory specialized practice course of the Department of Children, Youth, and Families. Students will have successfully completed the generalist semester before enrolling in this course.

**II. CATALOGUE DESCRIPTION**

This course introduces students to the concepts essential to understand typical development of children and families from birth through adolescence and the difficulties that may arise in that development from an ecological perspective. Assessment, and engagement of families, is a core component. Interventions are introduced.

**III. COURSE DESCRIPTION**

As the introductory specialized practice course in the Department of Children, Youth, and Families, this course will introduce students to understanding development of the child within the family and the role that the larger social environment has on that development. This will be done by highlighting current research that informs these theories. It will highlight risk and

protective factors and common problems that can occur during each stage. It will present ways to engage with children and families in a developmentally appropriate manner through use of evidence supported interventions at the micro, macro, and mezzo levels.

In this course students will participate in parts of the Managing and Adapting Practice (MAP) therapist training. Students will be introduced MAP and will learn various MAP tools to utilize with families. In this course content on MAP will be incorporated in several units and will be part of the student’s overall training in the department towards becoming MAP trained.

**IV. COURSE OBJECTIVES**

Social Work Practice with Children, Youth and Families (SOWK 609) will:

Objective No.	Objectives
1	Teach typical development of children and families from infancy through adolescence understanding cultural and environmental factors that influence that development.
2	Teach about risk and protective factors throughout development with a particular focus on how adverse childhood experiences can impact development.
3	Provide strategies for engagement with children and families from infancy through adolescence in a culturally and developmentally appropriate way.
4	Provide skills on conducting an ecological assessment of families and children and experiences for students to practice assessment.
5	Provide general principles of intervention with families and children.
6	Provide opportunities for students to enhance self-awareness by critically evaluating thoughts, feelings, and behaviors when working with children and families.
7	Provide knowledge on the role of science in guiding assessment and intervention choices of children and their families and the way in which that evidence creates changes in our understanding of children and their families and choices of appropriate intervention
8	Provide knowledge on the importance of intervention on micro, mezzo, and macro systems levels and the role of social policy in influencing decisions in working with children and their families.

**V. COURSE FORMAT / INSTRUCTIONAL METHODS**

The format of the course will consist of didactic instruction and experiential exercises. Case vignettes, videos, and role plays will also be used to facilitate the students’ learning. These exercises may include the use of videotapes, role-play, or structured small group exercises. Material from the field will be used to illustrate class content and to provide integration between class and field. Confidentiality of material shared in class will be maintained. As class discussion is an integral part of the learning process, students are expected to come to class ready to discuss required reading and its application to theory and practice.

**VI. STUDENT LEARNING OUTCOMES**

Student learning for this course relates to one or more of the following 10 social work core competencies:

	<b>Social Work Core Competencies</b>	<b>SOWK 609</b>	<b>Course Objective</b>
1	<b>Demonstrate Ethical and Professional Behavior</b>		<b>6</b>
2	<b>Engage in Diversity and Difference in Practice</b>		<b>1, 3</b>
3	<b>Advance Human Rights and Social, Economic, and Environmental Justice</b>		
4	<b>Engage in Practice-Informed Research and Research-Informed Practice</b>		<b>7</b>
5	<b>Engage in Policy Practice</b>		<b>8</b>
6	<b>Engage With Individuals, Families, Groups, Organizations, and Communities</b>	*	<b>1, 2, 4, 6, 7</b>
7	<b>Assess Individuals, Families, Groups, Organizations, and Communities</b>	*	<b>1, 2, 4, 6, 7</b>
8	<b>Intervene With Individuals, Families, Groups, Organizations, and Communities</b>		<b>1, 2, 4, 6, 7</b>
9	<b>Evaluate Practice With Individuals, Families, Groups, Organizations, and Communities</b>		<b>1, 2, 4, 6, 7</b>

\* Highlighted in this course

The following table explains the highlighted competencies for this course, the related student learning outcomes, and the method of assessment.

Competency	Objectives	Behaviors	Dimensions	Content
<p><b>Competency 6: Engage with Individuals, Families, Groups, Organizations, and Communities</b>            Child and family social workers understand that engagement is an ongoing component of the dynamic and interactive process of social work practice with, and on behalf of, diverse children, youth, and, families. They understand the importance of significant relationships and development from an ecological perspective with an understanding of risk and protective factors and how these interact within the larger social environment. Social workers utilize theories of human behavior and the social environment to facilitate engagement with their clients and the groups, organizations, institutions, and communities that impact them. Social workers understand and utilize varied engagement strategies to advance practice effectiveness with diverse children, youth, and families and thus advance social, economic and environmental justice within marginalized communities. Social workers understand that their personal experiences and affective reactions may have an impact on their ability to effectively engage with diverse families and children. Social workers understand the role of relationship-building and inter-professional collaboration in facilitating engagement with children, youth, and families.</p>	<p>Objective 2: Teach about risk and protective factors throughout development with a particular focus on how adverse childhood experiences can impact development.</p> <p>Objective 3: Provide strategies for engagement with children and families from infancy through adolescence in a culturally and developmentally appropriate way.</p> <p>Objective 6: Provide opportunities for students to enhance self-awareness by critically evaluating thoughts, feelings, and behaviors when working with children and families.</p> <p>Objective 8: Provide knowledge on the importance of intervention on micro, mezzo, and macro systems levels and the role of social policy in influencing decisions in working with children and their families.</p>	<p>6a. Apply knowledge of human behavior and the social environment and development to engage with children, youth, and families in a culturally and developmentally appropriate manner.</p>	<p>Knowledge/Skills</p>	<ol style="list-style-type: none"> <li>1. Weeks 1-15: Group and individual participation in class discussions and role-play around specific age group-based vignettes.</li> <li>2. Units 2 and 3: “Engagement and Assessment of Children and their families</li> <li>3. Quizzes 1-4</li> <li>4. Assignment 2</li> </ol>

Competency	Objective	Behavior	Dimension	Content
<p><b>Competency 7: Assess Individuals, Families, Groups, Organizations, and Communities</b></p> <p>Social workers use their knowledge of theories of human behavior and the social environment to inform ongoing assessment as they work with diverse children, youth, and families, as well as with the groups, organizations, and institutions that play important parts in their lives. Social workers use culturally informed and varied assessment methods to capture the diverse strengths, resources, and needs of children, youth and families, which in turn advances the effectiveness of their practice. Social workers work collaboratively with other service providers involved in the family’s life in order to obtain a comprehensive understanding of the family system to enhance the assessment process. Social workers are mindful of the potential influence of their personal experiences and affective reactions on the processes of assessment with children, youth, and families.</p>	<p>Objective 4: Provide skills on conducting an ecological assessment of families and children and experiences for students to practice assessment.</p> <p>Objective 7: Provide knowledge on the role of science in guiding assessment and intervention choices of children and their families and the way in which that evidence creates changes in our understanding of children and their families and choices of appropriate intervention</p>	<p><b>7a.</b> Create developmentally and culturally appropriate intervention strategies based on an ecological assessment, research knowledge, and values and preferences of children, youth, and families.</p>	<p>Skills/Values</p>	<ol style="list-style-type: none"> <li>1. Weeks 1-15 of content, group, and individual participation for each age group.</li> <li>2. Units 2 and 3 “Engagement and Assessment of Children and their families.”</li> <li>3. Quizzes 1-4</li> <li>4. Assignment 2</li> </ol>

**VII. COURSE ASSIGNMENTS, DUE DATES, AND GRADING**

Assignment	Due Date	% of Final Grade
Quiz x4	Week 3, 6, 10, 15	40%
Development and Practice Paper	Week 9 (Part 1) & Week 14 (Part 2)	10% 30%
Group Work	Ongoing	10%
Class Participation	Ongoing	10%

Class grades will be based on the following:

Class Grades		Final Grade	
3.85–4	A	93–100	A
3.60–3.84	A-	90–92	A-
3.25–3.59	B+	87–89	B+
2.90–3.24	B	83–86	B
2.60–2.87	B-	80–82	B-
2.25–2.50	C+	77–79	C+
1.90–2.24	C	73–76	C
		70–72	C-

Within the School of Social Work, grades are determined in each class based on the following standards, which have been established by the faculty of the School: (1) Grades of A or A- are reserved for student work that not only demonstrates very good mastery of content but that also shows that the student has undertaken a complex task, has applied critical thinking skills to the assignment, and/or has demonstrated creativity in her or his approach to the assignment. The difference between these two grades would be determined by the degree to which these skills have been demonstrated by the student. (2) A grade of B+ will be given to work that is judged to be very good. This grade denotes that a student has demonstrated a more-than-competent understanding of the material being tested in the assignment. (3) A grade of B will be given to student work that meets the basic requirements of the assignment. It denotes that the student has done adequate work on the assignment and meets basic course expectations. (4) A grade of B- will denote that a student’s performance was less than adequate on an assignment, reflecting only moderate grasp of content and/or expectations. (5) A grade of C would reflect a minimal grasp of the assignments, poor organization of ideas, and/or several significant areas requiring improvement. (6) Grades between C- and F will be applied to denote a failure to meet minimum standards, reflecting serious deficiencies in all aspects of a student’s performance on the assignment.

As a professional school, class attendance and participation is an essential part of your professional training and development at the USC Suzanne Dworak-Peck School of Social Work. You are expected to attend all classes and meaningfully participate. For Ground courses, having more than 2 unexcused absences in class may result in the lowering of your grade by a half grade. Additional absences can result in additional deductions. Meaningful participation also requires active engagement in class discussions and maintaining an active screen. Having more

than two unexcused absences in class may result in the lowering of your grade by a half grade. Additional absences in the live class can result in additional deductions. Furthermore, unless directed by your course instructor, you are expected to complete all asynchronous content and activities prior to the scheduled live class discussion. Failure to complete two asynchronous units before the live class without prior permission may also lower your final grade by a half grade. Not completing additional units can result in additional deductions.

**Each of the major assignments is described below**

**Assignment 1: Quiz.** Quiz will include a variation of multiple choice, matching and fill in the blank.

Quiz 1 (Week 3): Covers Weeks 1–2. *Quiz is available beginning at the end of class time Week 3 (January 25, 2022) and closes out by the start of class time Week 4 (February 1, 2022).*

Quiz 2 (Week 6): Covers Weeks 3–5. *Quiz is available beginning at the end of class time Week 6 (February 15, 2022) and closes out by the start of class time Week 7 (February 22, 2022).*

Quiz 3 (Week 10): Covers Weeks 6–9. *Quiz is available beginning at the end of class time Week 10 (March 22, 2022) and closes out by the start of class time Week 11 (March 29, 2022).*

Quiz 4 (Week 15): Covers Weeks 10–11. *Quiz is available beginning at 12pm on the Sunday of Week 15 (April 24, 2022) and closes at 12pm the following Sunday (May 1, 2022).*

Quizzes will be done on the Blackboard and will cover content from cover content from the Konrad and Hauser-Cram et al. textbooks, and other required readings listed within the units. Quizzes must be done independently and will be timed for one hour (60 minutes). Quizzes must be completed anytime during the open time period.

Quizzes 1 and 3 have 20 multiple choice questions.

Quizzes 2 and 4 have 10 multiple choice questions that are centered around a specific vignette which will be provided at the time of the quiz.

*This assignment relates to student learning outcomes 6a and 7a.*

**Assignment 2: Development and Practice Paper:** In this paper, you will be choosing a client-related challenge of your child and explore it through the lens of a developmental period covered in this course. This means that there must be something that would arise and is particularly relevant during the stage you have chosen. You will want to think about this stage of development from a biological, social, cultural, and psychological perspective. This is important because the impact of the issue you choose may vary based on developmental stage. Further, you will want to consider issues of gender, socioeconomic status, culture, race/ethnicity, sexual orientation, etc. Once established, you will describe how you would assess a child and family with this client-related challenge, and how you would engage them in an intervention process. Last, you will choose and describe one evidence-based intervention effective (or could be effective) for this problem that meets the needs of a child and/or family at this developmental stage. The paper will be between 6-8 pages.

Part 1: **On Week 9, the 1<sup>st</sup> 3 pages of the paper are due before the start of class.** This is to ensure you will get initial feedback around the topic chosen, writing skills and formatting. This part of your paper will be worth 10% of your class grade and should include an introduction, state of the problem, and application of the problem to the developmental stage you have chosen.

Part 2: **The complete paper is due Week 14 by the start of class.** You will take feedback from Part 1 and incorporate it into the complete paper. This part of your paper is worth 30% of your final class grade.

**More detailed information about this assignment can be found on page 21.**

*This assignment relates to student learning outcomes 6a and 7a.*

**Assignment 3: Group Work.** You will work in groups throughout the semester on exercises presented by the instructor or developed by the group. This material will then be presented to the class as a whole. Your performance will be judged by your willingness to participate, your preparation for the groups by having done the required readings, and your mastery of the material in class exercises.

**Assignment 4: Class Participation.** It is expected that students will attend class regularly, participate in the class discussions, and submit work promptly. Failure to meet these expectations may result in a reduction in grades.

Your involvement in this class is considered essential to your growth as a practitioner. You will be asked to discuss the material assigned, participate in role-playing, exercises, etc. Knowing the "right" answers is not nearly as important as being willing to risk and explore your ideas, and being open to new information and ideas. Your presence in class along with preparation by having read and considered the assignments, and participation in discussion, is essential. This includes response to asynchronous materials, course website (message board/chat room), if developed, etc.

### **Guidelines for Evaluating Class Participation**

**10: Outstanding Contributor:** Contributions in class reflect exceptional preparation, and participation is substantial. Ideas offered are always substantive, provides one or more major insights, as well as direction for the class. Application to cases held is on target and on topic. Challenges are well substantiated, persuasively presented, and presented with excellent comportment. If this person were not a member of the class, the quality of discussion would be diminished markedly. Exemplary behavior in experiential exercises demonstrating on-target behavior in role-plays, small-group discussions, and other activities.

**9: Very Good Contributor:** Contributions in class reflect thorough preparation, and frequency in participation is high. Ideas offered are usually substantive, provide good insights, and sometimes direction for the class. Application to cases held is usually on target and on topic. Challenges are well substantiated, often persuasive, and presented with excellent comportment. If this person were not a member of the class, the quality of discussion would be diminished.



Good activity in experiential exercises demonstrating behavior that is usually on target in role-plays, small-group discussions, and other activities.

**8: Good Contributor:** Contributions in class reflect solid preparation. Ideas offered are usually substantive, and participation is very regular, provides generally useful insights, but seldom offers a new direction for the discussion. Sometimes provides application of class material to cases held. Challenges are sometimes presented, well substantiated, and are sometimes persuasive with good comportment. If this person were not a member of the class, the quality of discussion would be diminished somewhat. Behavior in experiential exercises demonstrates good understanding of methods in role-plays, small-group discussions, and other activities.

**7: Adequate Contributor:** Contributions in class reflect some preparation. Ideas offered are somewhat substantive, provides some insights, but seldom offers a new direction for the discussion. Participation is somewhat regular. Challenges are sometimes presented, and are sometimes persuasive with adequate comportment. If this person were not a member of the class, the quality of discussion would be diminished slightly. Occasionally applies class content to cases. Behavior in experiential exercises is occasionally sporadically on target, demonstrating uneven understanding of methods in role-plays, small-group discussions, and other activities.

**6: Inadequate:** This person says little in class. Hence, there is not an adequate basis for evaluation. If this person were not a member of the class, the quality of discussion would not be changed. Does not participate actively in exercises but sits almost silently and does not ever present material to the class from exercises. Does not appear to be engaged.

**5: Nonparticipant:** Attends class only.

**0: Unsatisfactory Contributor:** Contributions in class reflect inadequate preparation. Ideas offered are seldom substantive, provides few if any insights, and never a constructive direction for the class. Integrative comments and effective challenges are absent. Comportment is negative. If this person were not a member of the class, valuable air time would be saved. Is unable to perform exercises and detracts from the experience.

## VIII. REQUIRED AND SUPPLEMENTARY INSTRUCTIONAL MATERIALS AND RESOURCES

### Required Textbooks

- 1) Konrad, S. C. (2020). *Child and family practice: A relational perspective*. (2<sup>nd</sup> ed.)  
New York: Oxford University Press.

**\*\*THIS BOOK IS AVAILABLE FREE THROUGH THE USC LIBRARY\*\***

- 2) Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.

**\*\*SOME COPIES OF THIS BOOK IS AVAILABLE FREE THROUGH THE USC LIBRARY\*\***

### Recommended Websites

APA 7<sup>th</sup> Edition:

[https://owl.purdue.edu/owl/research\\_and\\_citation/apa\\_style/apa\\_style\\_introduction.html](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_style_introduction.html)

The California Evidence-Based Clearinghouse for Child Welfare

\*The leading evidence-information portal that contains **A Guide for Students** and **A Guide for Professors**. <http://www.cebc4cw.org/home/using-the-cebc/>

**Note:** Additional required and recommended readings may be assigned by the instructor throughout the course.

### On Reserve

All additional required reading that is not in the above required texts is available online through electronic reserve (ARES). The textbooks have also been placed on reserve at Leavey Library. Search under SOWK 609 and instructor name “Cederbaum” to add this course on ARES and access all non-textbook “required” readings. “Recommended” readings are not on ARES and not required to read for this course.

**DSM-5:** Just a reminder that the DSM-5 is available online through the library’s subscription using the link below. **URL:** <https://libproxy.usc.edu/login?url=http://www.psychiatryonline.org/> You’ll be asked to log in using your USC ID and password. Once you’re on the page, click the Explore the New Edition link to access the content.

**ICD-10:** <http://www.who.int/classifications/icd/en/>

### **Practicewise - MAP**

You will be provided access to the Practicewise website, which enables you to do a PWEBS database search and utilize various MAP documents. Throughout this course, your instructor will be teaching you components towards the 40 hours of MAP training. At the end of the semester, your instructor will provide you with your *Direct Service Learning Record*, which will identify the various elements you were taught in this course. Please note that once the Direct Service Learning Record is signed, all students are responsible for maintaining and keeping all documentation for future use. The School and Faculty are not responsible for retaining copies of the documentation.

**Course Overview**

<b>Unit</b>	<b>Topics</b>	<b>Assignments</b>
1	Introduction and Overview of Course	3 AND 4 ONGOING
2	Engagement and Assessment of Children and Their Families, Part 1	
3	Engagement and Assessment of Children and Their Families, Part 2	1
4	Neonate to Toddler and Their Families, Part 1	
5	Neonate to Toddler and Their Families, Part 2	
6	Young Children and Their Families, Part 1	1
7	Young Children and Their Families, Part 2	
8	School-Age Children and Their Families, Part 1	
9	School-Age Children and Their Families, Part 2	2 – part one
10	Young Adolescents and Their Families, Part 1	1
11	Young Adolescents and Their Families, Part 2	
12	Middle Adolescents and Their Families, Part 1	
13	Middle Adolescents and Their Families, Part 2	
14	Older Adolescents and Transitional-Age Youth and Their Families	2 - part two
15	Wrap-Up and Summary	1
<b>STUDY DAYS / NO CLASSES</b>		
<b>FINAL EXAMINATION</b>		

## Course Schedule—Detailed Description

### Unit 1: Introduction and Overview of Course

January 11, 2022

#### Topics

- Introduction to the development of children and adolescents within the family
- Review the ecological framework and other theoretical perspectives as they apply to families
- The role of adverse childhood experiences in development
- How research informs our understanding of children and their families
- The integration of epigenetics and neurobiology into development
- Considering intersectionality, and the role of culture and environment on development and families

This session relates to Course Objectives 1–8.

#### Required Readings:

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.

Chapter 1 (p. 3-28): A child's journey

Chapter 2 (p.66-77): Biological foundations of child development

Konrad, S. C. (2020). *Child and family practice: A relational perspective*. (2<sup>nd</sup> ed.)  
New York: Oxford University Press.

Chapter 1 (pp. 1-20): Practice with children and their Families: A relational perspective

Chapter 2 (pp. 23-48): Early experiences matter

#### Suggested Readings:

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). Psychosocial development in infancy and toddlerhood. In *The development of children and adolescents* (pp. 235-242). Hoboken, NJ: John Wiley & Sons.

Nurius, P. S., Logan-Greene, P., & Green, S. (2012). Adverse childhood experiences (ACE) within a social disadvantage framework: Distinguishing unique, cumulative, and moderated contributions to adult mental health. *Journal of Prevention & Intervention in the Community*, 40(4), 278-290. Doi:<http://dx.doi.org/10.1080/10852352.2012.707443>

Sapienza, J. K., & Masten, A. S. (2011). Understanding and promoting resilience in children and youth. *Current Opinion in Psychiatry*, 24(4), 267-273.  
doi:<http://dx.doi.org/10.1097/YCO.0b013e32834776a8>

**Unit 2: Engagement and Assessment of Children and Their Families, Part 1**

**January 18, 2022**

**JTopics**

- Review of the primacy of the helping relationship
- Engaging with both the family and the individuals in the family
- The role of culture in engagement
- The role of Social Workers in child abuse assessment and reporting
- **Introduction to Managing and Adapting Practice**

This session relates to Course Objectives 1–8.

**Required Readings:**

Konrad, S. C. (2020). Therapeutic conversations with children *Child and family practice: A relational perspective*, 2nd ed. (Chap 5; 116-138). New York: Oxford University Press.

Murray, L. K., Nguyen, A., & Cohen, J. A. (2014). Child sexual abuse. *Child and Adolescent Psychiatric Clinics of North America*, 23(2), 321-337.  
doi:http://dx.doi.org/10.1016/j.chc.2014.01.003

Schilling, S., & Christian, C. W. (2014). Child physical abuse and neglect. *Child and Adolescent Psychiatric Clinics of North America*, 23(2), 309-319.  
doi:http://dx.doi.org/10.1016/j.chc.2014.01.001

**Suggested Readings:**

Canino, I. A., & Spurlock, J. (2000). The influence of culture and multiple social stressors on the culturally diverse child. In *Culturally diverse children and adolescents: Assessment, diagnosis, and treatment* (2nd ed., pp. 7-44). New York, NY: Guilford Press.

Lanyado, M. (1996). Winnicott's children: The holding environment and therapeutic communication in brief and non-intensive work. *Journal of Child Psychotherapy*, 22(3), 423-443.

**Unit 3: Engagement and Assessment of Children and Their Families, Part 2**

**January 25, 2022**

**Topics**

- Review of ecological assessment
- Ecological assessment of a family and a child within a family
- Case Conceptualization
- **Continued Introduction to MAP**

This session relates to Course Objectives 1–8.

**QUIZ #1 OPENS**

**Required Readings:**

Konrad, S. C. (2020). *Child and family practice: A relational perspective*. (2nd ed.) New York: Oxford University Press.  
Chapter 4 (pp. 83-100): Child-centered assessment: Lives in translation  
Chapter 6 (pp. 147-164): Working with parents

Hays-Grudo, J. & Sheffield Morris, A. (2020). The intergenerational transmission of ACEs and PACES. In *Adverse and protective childhood experiences: A developmental perspective* (pp. 69-84). Washington, D.C.: American Psychological Association.

**Suggested Readings:**

Chorpita, B. F., Daleiden, E. L., Ebesutani, C., Young, J., Becker, K. D., Nakamura, B. J., & Starace, N. (2011). Evidence-based treatments for children and adolescents: An updated review of indicators of efficacy and effectiveness. *Clinical Psychology: Science and Practice, 18*(2), 154-172.

**Unit 4: Neonate to Toddler and Their Families, Part 1**

**February 1, 2022**

**Topics**

- Pregnancy, beginning of a family, development and family relationships, loss
- Critical tasks of development from ages 0 to 5 years
- The role of sex on development
- Gender and identity development in the early period
- The influence of adverse child experiences on development
- Common struggles in this period and the larger social context
- PracticeWise MAP: Engagement with Caregiver

This session relates to Course Objectives 1–8.

**Required Readings:**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.  
Chapter 3 (p. 85-107): Prenatal Development  
Chapter 4 (p. 138-152): Birth and the Newborn

**Suggested Readings:**

Koopmans, L., Wilson, T., Cacciatore, J., & Flenady, V. (2013). Support for mothers, fathers and families after perinatal death. *Cochrane Database of Systematic Reviews*, Issue 6. Art. No.: CD000452. doi: 10.1002/14651858.CD000452.pub3

Mennen, F. E., Pohle, C., Monro, W. L., Duan, L., Finello, K. M., Ambrose, S., . . . Arroyo, W. (2015). The effect of maternal depression on young children’s progress in treatment. *Journal of Child and Family Studies*, doi:http://dx.doi.org/10.1007/s10826-014-0010-9

**Unit 5: Neonate to Toddler and Their Families, Part 2**

**February 8, 2022**

**Topics**

- Engaging the young child and family
- Assessing the young child and family
- Skills for intervention with the young child and family
- How social policies and specific challenges influence service delivery
- PracticeWise MAP: The MAP & The MAP Worksheet

This session relates to Course Objectives 1–8.

**Required Readings:**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.  
 Chapter 5 (p. 155-192): Physical Development and Health in Infancy and Toddlerhood  
 Chapter 6 (p. 197-220): Cognitive Development in Infancy and Toddlerhood  
 Chapter 7 (p. 231-266): Psychosocial Development in Infancy and Toddlerhood

**Unit 6: Young Children and Their Families, Part 1**

**February 15, 2022**

**Topics**

- Critical tasks of development from ages 4 to 5 years
- The role of sex on development
- The influence of adverse child experiences on development (e.g., child abuse, poverty, family violence, community violence, other trauma)
- Common struggles in this period
- The larger social context
- PracticeWise MAP: Engagement with Child

This session relates to Course Objectives 1–8.

**QUIZ #2 OPENS**

**Required Readings:**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.  
 Chapter 8 (p.273-289): Physical Health and Development in Early Childhood  
 Chapter 9 (p. 313-338): Cognitive development in early childhood

**Suggested Readings:**

DiGangi, J. A., Gomez, D., Mendoza, L., Jason, L. A., Keys, C. B., & Koenen, K. C. (2013). Pretrauma risk factors for posttraumatic stress disorder: A systematic review of the literature. *Clinical Psychology Review*, 33(6), 728-744.  
 doi:http://dx.doi.org/10.1016/j.cpr.2013.05.002

Kohut, H. (2010). On Empathy. *International Journal of Psychoanalytic Self Psychology*, 5(2), 122-131.

**Unit 7: Young Children and Their Families, Part 2**

**February 22, 2022**

**Topics**

- Assessing the young child and family
- Engaging the young child and family
- Skills for intervention with the young child and family
- How social policies and specific challenges influence service delivery
- PracticeWise MAP: EBS System Model (Case Conceptualization)

This session relates to Course Objectives 1–8.

**Required Readings:**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). Psychosocial development in early childhood. In *The development of children and adolescents* (p. 355-391). Hoboken, NJ: John Wiley & Sons.

Sciaraffa, M. A., Zeanah, P. D., & Zeanah, C. H. (2018). Understanding and promoting resilience in the context of adverse childhood experiences. *Early Childhood Education Journal*, 46(3), 343-353.

**Suggested Readings:**

Konrad, S. C. (2020). Play and expressive therapies. In *Child and family practice: A relational perspective* (p. 171-204). Chicago, IL: Lyceum.

**Unit 8: School-Age children and Their Families, Part 1**

**March 1, 2022**

**Topics**

- Critical tasks of development from ages 6 to 10 years
- The influence of adverse child experiences on development
- The role of school and peers on development
- The role of sex, gender and identity development in the school-age child
- Common struggles in this period
- PracticeWise MAP: Rapport Building

This session relates to Course Objectives 1–8.

**Required Readings:**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.

Chapter 11 (p. 397-418): Physical health and development in middle childhood

Chapter 12 (p. 435-443): Cognitive development in middle childhood

Konrad, S. C. (2020). The impact of violence on children. *Child and family practice: A relational perspective, 2nd ed.* (pp333-358). New York: Oxford University Press.



**Suggested Readings:**

Bastaitis, K., Ponnet, K., & Mortelmans, D. (2014). Do divorced fathers matter? The impact of parenting styles of divorced fathers on the well-being of the child. *Journal of Divorce & Remarriage*, 55(5), 363-390. doi:http://dx.doi.org/10.1080/10502556.2014.920682

Golombok, S., Mellish, L., Jennings, S., Casey, P., Tasker, F., & Lamb, M. E. (2014). Adoptive gay father families: Parent-child relationships and children's psychological adjustment. *Child Development*, 85(2), 456-468. doi:http://dx.doi.org/10.1111/cdev.12155

Jabaghourian, J. J., Sorkhabi, N., Quach, W., & Strage, A. (2014). Parenting styles and practices of Latino parents and Latino fifth graders' academic, cognitive, social, and behavioral outcomes. *Hispanic Journal of Behavioral Sciences*, 36(2), 175-194. doi:http://dx.doi.org/10.1177/0739986314523289

**Unit 9: School-Age children and Their Families, Part 2**

**March 8, 2022**

**Topics:**

- Engaging the school-age child and family
- Assessing the school-age child and family
- Skills for intervention with the school-age child and family
- How social policies and specific challenges influence service delivery

This session relates to Course Objectives 1–8.

**Assignment 2 – Part 1 DUE**

**Required Readings:**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). Psychosocial development in middle childhood milestones. In *The development of children and adolescents* (pp. 475-513). Hoboken, NJ: John Wiley & Sons.

Konrad, S. C. (2020). Family disruptions and ambiguous losses. *Child and family practice: A relational perspective, 2nd ed.* (pp. 269-302). New York: Oxford University Press.

**SPRING BREAK  
MARCH 15, 2022**

**Topics:**

- Critical tasks of development from ages 11-13 years
- Influence of adverse childhood experiences on development
- Role of school and peers on development
- Role of sex, gender, and identity development in young adolescents
- Common struggles
- PracticeWise MAP: Goal Setting

This session relates to Course Objectives 1–8.

**QUIZ #3 OPENS**

**Required Readings:**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.  
 Chapter 14 (p 515-532): Physical health and development in adolescence  
 Chapter 15 (p. 555-573): Cognitive development in middle adolescence

**Suggested Readings:**

Bøe, T., Sivertsen, B., Heiervang, E., Goodman, R., Lundervold, A. J., & Hysing, M. (2014). Socioeconomic status and child mental health: The role of parental emotional well-being and parenting practices. *Journal of Abnormal Child Psychology*, 42(5), 705-715. doi:http://dx.doi.org/10.1007/s10802-013-9818-9

Gonzalez, M., Jones, D., & Parent, J. (2014). Coparenting experiences in African American families: An examination of single mothers and their nonmarital coparents. *Family Process* 53(1), 33-54. Retrieved from <http://search.proquest.com/docview/1515991192?accountid=14749>

Juvonen, J., & Graham, S. (2014). Bullying in schools: The power of bullies and the plight of victims. *Annual Review of Psychology*, 65, 159-185. Retrieved from <http://search.proquest.com/docview/1515991298?accountid=14749>

Sanchez, Y. M., Lambert, S. F., & Cooley-Strickland, M. (2013). Adverse life events, coping and internalizing and externalizing behaviors in urban African American youth. *Journal of Child and Family Studies*, 22(1), 38-47. doi:http://dx.doi.org/10.1007/s10826-012-9590-4

Wormington, S. V., Anderson, K. G., Tomlinson, K. L., & Brown, S. A. (2013). Alcohol and other drug use in middle school: The interplay of gender, peer victimization, and supportive social relationships. *The Journal of Early Adolescence*, 33(5), 610-634. doi:http://dx.doi.org/10.1177/0272431612453650

**Unit 11: Young Adolescents and Their Families, Part 2**

**March 28, 2022**

**Topics**

- Engaging the young adolescent and family
- Assessing the young adolescent and family
- Skills for intervention with the young adolescent and family
- How social policies and specific challenges influence service delivery
- PracticeWise MAP: Embracing Diversity

This session relates to Course Objectives 1–8.

Applying The Session Planner, The Dashboard & The Treatment Planner to case study.

**Required Readings:**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). Psychosocial development in middle adolescence. In *The development of children and adolescents* (pp. 591-617). Hoboken, NJ: John Wiley & Sons.

Konrad, S. C. (2020). Working with adolescents. In *Child and family practice: A relational perspective, 2nd ed.* (pp. 209-234). New York: Oxford University Press.

**Unit 12: Middle Adolescents and Their Families, Part 1**

**April 5, 2022**

**Topics**

- Critical tasks of development from ages 14 to 16 years
- The influence of adverse child experiences on development
- The role of school and peers on development
- The role of sex, gender and identity development in adolescents
- Common struggles in this period
- PracticeWise MAP: Relaxation

This session relates to Course Objectives 1–8.

**Required Readings:**

Butler-Barnes, S. T., Leath, S., Williams, A., Byrd, C., Carter, R., & Chavous, T. M. (2018). Promoting resilience among African American girls: Racial identity as a protective factor. *Child Development, 89*(6), e552-e571.

Craddock, J. B., Rice, E., Rhoades, H., & Winetrobe, H. (2016). Are parental relationships always protective? A social network analysis of Black, Latino, and White homeless youth and sexual risk-taking behaviors. *Prevention Science, 17*(8), 914-924.

Hatzenbuehler, M. L., & Pachankis, J. E. (2016). Stigma and minority stress as social determinants of health among lesbian, gay, bisexual, and transgender youth: research evidence and clinical implications. *Pediatric Clinics, 63*(6), 985-997.

**Unit 13: Middle Adolescents and Their Families, Part 2**

**April 12, 2022**

**Topics**

- Engaging & assessment with the adolescent and family
- Skills for intervention with the adolescent and family
- How social policies and specific challenges influence service delivery

This session relates to Course Objectives 1–8.

Applying The Session Planner, The Dashboard & The Treatment Planner to case study.

**Required Readings:**

Bosma, L. M., Orozco, L., Barriga, C. C., Rosas-Lee, M., & Sieving, R. E. (2019). Promoting resilience during adolescence: voices of Latino youth and parents. *Youth & Society, 51*(6), 735-755.

Dickerson, D. L., Brown, R. A., Johnson, C. L., Schweigman, K., & D’Amico, E. J. (2016). Integrating motivational interviewing and traditional practices to address alcohol and drug use among urban American Indian/Alaska Native youth. *Journal of Substance Abuse Treatment, 65*, 26-35.

Stevens, R., Bleakley, A., Hennessy, M., Dunaev, J., & Gilliard-Matthews, S. (2019). # digital hood: Engagement with risk content on social media among Black and Hispanic youth. *Journal of Urban Health, 96*(1), 74-82.

**Unit 14: Older Adolescents and Transitional-Age Youth and Their Families**

**April 19, 2022**

**Topics**

- Critical tasks of development from ages 17 to 19 years
- Emerging independence; common struggles in this period
- Engaging & Assessing the older adolescent and family
- Skills for intervention with the older adolescent and family
- How social policies and specific challenges influence service delivery
- PracticeWise MAP: The CARE Process

This session relates to Course Objectives 1–8.

**Assignment 2 – Part 2 DUE**

Applying The Session Planner, The Dashboard & The Treatment Planner to case study.

**Required Reading:**

LaBrenz, C. A., O’Gara, J. L., Panisch, L. S., Baiden, P., & Larkin, H. (2020). Adverse childhood experiences and mental and physical health disparities: the moderating effect of race and implications for social work. *Social work in health care, 1*-26.

Rivas-Drake, D., & Stein, G. L. (2017). Multicultural developmental experiences: implications for resilience in transitional age youth. *Child and Adolescent Psychiatric Clinics, 26*(2), 271-281.

McConnell, E. A., Birkett, M., & Mustanski, B. (2016). Families matter: Social support and mental health trajectories among lesbian, gay, bisexual, and transgender youth. *Journal of Adolescent Health, 59*(6), 674-680.

**Suggested Reading:**

Walkner, A. J., & Rueter, M. A. (2014). Adoption status and family relationships during the transition to young adulthood. *Journal of Family Psychology, 28*(6), 877-886.  
doi:<http://dx.doi.org/10.1037/fam0000020>

**Unit 15: Wrap up and summary**

**April 26, 2022**

**Topics**

- Integrating knowledge of child and family development, intervention, and assessment with practice settings in mental health, child welfare, health, school, and juvenile justice settings
- Empirical evaluation of practice
- Social work practice on micro, mezzo, and macro levels with children and families

This session relates to Course Objectives 1–8.

**QUIZ #4 OPENS 4/24/2021**

## Guidelines for Development and Practice Paper

**Assignment 2: Development and Practice Paper:** In this paper, you will be choosing a client-related challenge of your child and explore it through the lens of a developmental period covered in this course. This means that there must be something that would arise and is particularly relevant during the stage you have chosen. You will want to think about this stage of development from a biological, social, cultural, and psychological perspective. This is important because the impact of the issue you choose may vary based on developmental stage. Further, you will want to consider issues of gender, socioeconomic status, culture, race/ethnicity, sexual orientation, etc. Once established, you will describe how you would assess a child and family with this client-related challenge, and how you would engage them in an intervention process. Last, you will choose and describe one evidence-based intervention effective (or could be effective) for this problem that meets the needs of a child and/or family at this developmental stage. The paper will be between 6-8 pages.

Part 1: **On Week 9, the 1<sup>st</sup> 3 pages of the paper are due by the start of class.** This is to ensure you will get initial feedback around the topic chosen, writing skills and formatting. This part of your paper will be worth 10% of your class grade and should include an introduction, state of the problem, and application of the problem to the developmental stage you have chosen.

Part 2: **The complete paper is due Week 14 by the start of class.** You will take feedback from Part 1 and incorporate it into the complete paper. This part of your paper is worth 30% of your final class grade.

### **Introduction – approximately 1 paragraph**

The introduction will lay out your client-related challenge, population, developmental stage, and proposed intervention.

### **State of the problem and application to developmental stage (approximately 3 pages)**

Choose one of the stages of development covered in class [prenatal development, infancy, toddlerhood (1 ½ years old through 3), young children (4-5), school age children (6-10), young adolescents 11-13), middle adolescence (14-16), older adolescents and transitional age youth (17-19)] and a problem you are interested in. Clearing your choice with your instructor before writing will help you know if you have chosen a subject that is doable.

What do we know about this problem? What is the incidence and/or prevalence? What does this problem look like for the developmental stage you have chosen? Who does it most impact most frequently? In what ways does it impact children and families (social-emotional, developmental, etc)? Why is it important to prevent the problem and/or treat this problem at/or before this developmental stage? *For example, if you are choosing poverty in toddlerhood, you would describe the frequency of the problem, the impact of the problem on toddlers and their families (you want to think about this from a cognitive, social-emotional, and physical development lens), and why this problem is particularly important to prevent or intervene on during this developmental stage.* Other examples: *autism in preschool immigrant Latinx children, sickle cell anemia among African American young adolescents, young Armenian children traumatized from exposure to domestic violence, or a middle class Irish American school age child with behavior problems whose parents have been referred to child welfare for physical abuse.*

**Engagement – ½ - 1 page**

Talk about how you would go about engaging a child and a family at this developmental stage and with this client-related challenge. How would you tailor engagement for your specific age group and challenge? Include the way in which you would demonstrate cultural awareness (using an intersectional lens) as part of your engagement. Account for the child's age and address whether you would engage the family as a whole, the family and child separately, or just the child (in rare instances)

**Assessment – 1-2 page**

What are the strategies would you use for assessment? What domains are critical to understand for the particular challenge you have selected? What collateral sources might be important to access to do a better assessment of the family?

**Intervention – 1-2 page**

Discuss one evidence-based intervention that would be appropriate for this client-related challenge. Consider the evidence for the intervention you have chosen and how would you make it age-appropriate (if not evidence based for your developmental stage of interest) for children or families with this problem. If there are no intervention(s) with compelling evidence, discuss what strategies you would use and make a good justification for your intervention.

**Conclusion – approximately 1 paragraph**

The conclusion will recap the information provided throughout the paper to emphasize argument for the intended intervention.

Your paper should be written in APA style, Times font size 12. You should have a **minimum** of 10 references. With the exception of citations for theory and intervention, all citations should be from within the last 5-10 years. Use a variety of citations; do not rely solely on one or two texts or solely on classroom readings. Readings should primarily be from peer-reviewed sources, thus information on websites that are not peer reviewed and therefore not appropriate.

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## University Policies and Guidelines

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### IX. ATTENDANCE POLICY

Students are expected to attend every class and to remain in class for the duration of the unit. Failure to attend class or arriving late may impact your ability to achieve course objectives which could affect your course grade. Students are expected to notify the instructor by email ([xxx@usc.edu](mailto:xxx@usc.edu)) of any anticipated absence or reason for tardiness. Therefore, having more than 2 unexcused absences may result in the lowering of the grade by a half grade. Additional absences can result in additional deductions.

University of Southern California policy permits students to be excused from class for the observance of religious holy days. This policy also covers scheduled final examinations which conflict with students' observance of a holy day. Students must make arrangements *in advance* to complete class work which will be missed, or to reschedule an examination, due to holy days observance.

Please refer to Scampus and to the USC School of Social Work Student Handbook for additional information on attendance policies.

### X. ACADEMIC CONDUCT

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Part B, Section 11, "Behavior Violating University Standards" <https://policy.usc.edu/scampus-part-b/>. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, <http://policy.usc.edu/scientific-misconduct>.

### XI. SUPPORT SYSTEMS

*Student Counseling Services (SCS) – (213) 740-7711 – 24/7 on call*

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention. [engemannshc.usc.edu/counseling](http://engemannshc.usc.edu/counseling)

*National Suicide Prevention Lifeline – 1 (800) 273-8255*

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

*Relationship and Sexual Violence Prevention Services (RSVP) – (213) 740-4900 – 24/7 on call*

Free and confidential therapy services, workshops, and training for situations related to gender-based harm. [engemannshc.usc.edu/rsvp](http://engemannshc.usc.edu/rsvp)

*Sexual Assault Resource Center*

For more information about how to get help or help a survivor, rights, reporting options, and additional resources, visit the website: [sarc.usc.edu](http://sarc.usc.edu)

*Office of Equity and Diversity (OED)/Title IX Compliance – (213) 740-5086*

Works with faculty, staff, visitors, applicants, and students around issues of protected class. [equity.usc.edu](http://equity.usc.edu)

*Bias Assessment Response and Support*

Incidents of bias, hate crimes and micro aggressions need to be reported allowing for appropriate investigation and response. [studentaffairs.usc.edu/bias-assessment-response-support](http://studentaffairs.usc.edu/bias-assessment-response-support)

*The Office of Disability Services and Programs*

Provides certification for students with disabilities and helps arrange relevant accommodations. [dsp.usc.edu](http://dsp.usc.edu)



*USC Support and Advocacy (USCSA) – (213) 821-4710*

Assists students and families in resolving complex issues adversely affecting their success as a student EX: personal, financial, and academic. [studentaffairs.usc.edu/ssa](http://studentaffairs.usc.edu/ssa)

*Diversity at USC*

Information on events, programs and training, the Diversity Task Force (including representatives for each school), chronology, participation, and various resources for students. [diversity.usc.edu](http://diversity.usc.edu)

*USC Emergency Information*

Provides safety and other updates, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible. [emergency.usc.edu](http://emergency.usc.edu)

*USC Department of Public Safety – UPC: (213) 740-4321 – HSC: (323) 442-1000 – 24-hour emergency or to report a crime.* Provides overall safety to USC community. [dps.usc.edu](http://dps.usc.edu)

## **XII. ADDITIONAL RESOURCES**

Students enrolled in the Virtual Academic Center can access support services for themselves and their families by contacting Perspectives, Ltd., an independent student assistance program offering crisis services, short-term counseling, and referral 24/7. To access Perspectives, Ltd., call 800-456-6327.

## **XIII. STATEMENT ABOUT INCOMPLETES**

The Grade of Incomplete (IN) can be assigned only if there is work not completed because of a documented illness or some other emergency occurring after the 12th week of the semester. Students must NOT assume that the instructor will agree to the grade of IN. Removal of the grade of IN must be instituted by the student and agreed to be the instructor and reported on the official “Incomplete Completion Form.”

## **XIV. POLICY ON LATE OR MAKE-UP WORK**

Papers are due on the day and time specified. Extensions will be granted only for extenuating circumstances. If the paper is late without permission, the grade will be affected.

## **XV. POLICY ON CHANGES TO THE SYLLABUS AND/OR COURSE REQUIREMENTS**

It may be necessary to make some adjustments in the syllabus during the semester in order to respond to unforeseen or extenuating circumstances. Adjustments that are made will be communicated to students both verbally and in writing.

## **XVI. CODE OF ETHICS OF THE NATIONAL ASSOCIATION OF SOCIAL WORKERS (OPTIONAL)**

*Approved by the 1996 NASW Delegate Assembly and revised by the 2017 NASW Delegate Assembly*  
<https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English>

### **Preamble**

The primary mission of the social work profession is to enhance human well-being and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. A historic and defining feature of social work is the profession's focus on individual well-being in a social context and the well-being of society. Fundamental to social work is attention to the environmental forces that create, contribute to, and address problems in living.

Social workers promote social justice and social change with and on behalf of clients. "Clients" is used inclusively to refer to individuals, families, groups, organizations, and communities. Social workers are sensitive to cultural and ethnic diversity and strive to end discrimination, oppression, poverty, and other forms of social injustice. These activities may be in the form of direct practice, community organizing, supervision, consultation, administration, advocacy, social and political action, policy development and implementation, education, and research and evaluation. Social workers seek to enhance the capacity of people to address their own needs. Social workers also seek to promote the responsiveness of organizations, communities, and other social institutions to individuals' needs and social problems.

The mission of the social work profession is rooted in a set of core values. These core values, embraced by social workers throughout the profession's history, are the foundation of social work's unique purpose and perspective:

- Service
- Social justice
- Dignity and worth of the person
- Importance of human relationships
- Integrity
- Competence

This constellation of core values reflects what is unique to the social work profession. Core values, and the principles that flow from them, must be balanced within the context and complexity of the human experience.

## **XVII. ACADEMIC DISHONESTY SANCTION GUIDELINES**

Some lecture slides, notes, or exercises used in this course may be the property of the textbook publisher or other third parties. All other course material, including but not limited to slides developed by the instructor(s), the syllabus, assignments, course notes, course recordings (whether audio or video) and examinations or quizzes are the property of the University or of the individual instructor who developed them. Students are free to use this material for study and learning, and for discussion with others, including those who may not be in this class, unless the instructor imposes more stringent requirements. Republishing or redistributing this material, including uploading it to web sites or linking to it through services like iTunes, violates the rights of the copyright holder and is prohibited. There are civil and criminal penalties for copyright violation. Publishing or redistributing this material in a way that might give others an unfair advantage in this or future courses may subject you to penalties for academic misconduct.

## **XVIII. COMPLAINTS**

If you have a complaint or concern about the course or the instructor, please discuss it first with the instructor. If you feel cannot discuss it with the instructor, contact the chair of the [xxx]. If you do not receive a satisfactory response or solution, contact your advisor and/or Associate Dean and MSW Chair Dr. Leslie Wind for further guidance.

## **XIX. Tips for Maximizing Your Learning Experience in this Course (Optional)**

- ✓ Be mindful of getting proper nutrition, exercise, rest and sleep!
- ✓ Come to class.
- ✓ Complete required readings and assignments BEFORE coming to class.
- ✓ BEFORE coming to class, review the materials from the previous Unit AND the current Unit, AND scan the topics to be covered in the next Unit.
- ✓ Come to class prepared to ask any questions you might have.
- ✓ Participate in class discussions.

- ✓ AFTER you leave class, review the materials assigned for that Unit again, along with your notes from that Unit.
- ✓ If you don't understand something, ask questions! Ask questions in class, during office hours, and/or through email!
- ✓ Keep up with the assigned readings.

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*Don't procrastinate or postpone working on assignments.*

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