Social Work 506

Human Behavior in the Social Environment

Section #

3 Units

Fall 2021

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Dr. Michal Sela-Amit</th>
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</thead>
<tbody>
<tr>
<td>Email</td>
<td><a href="mailto:mselaami@usc.edu">mselaami@usc.edu</a></td>
</tr>
<tr>
<td>Telephone</td>
<td>213-821-4402</td>
</tr>
<tr>
<td>Office</td>
<td>SWC 230</td>
</tr>
<tr>
<td>Office Hours</td>
<td>Tuesdays, 11:00 am -12:00 pm</td>
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<tr>
<td>Course Day(s)</td>
<td>Tuesdays</td>
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<td>Course Time(s)</td>
<td>8:00-10:50 am</td>
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<tr>
<td>Course Location(s)</td>
<td>SOS B52</td>
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**CATALOGUE DESCRIPTION**

The person-in-environment, biopsychosocial perspective is the lens through which theories of personality, family, group, organization, community, and culture and the interaction among these systems are explored.

**COURSE DESCRIPTION**

This course prepares students with a critical working knowledge of a set of core theories of human behavior and development as foundational preparation for the social work field. The course introduces students to the values and ethics of social work and to the profession’s person-in-environment orientation for understanding human behavior. Biopsychosocial dimensions of human behavior are critically examined through focused study in four intellectual domains considered essential for 21st-century social work: neurobiological aspects of behavior, psychodynamic theory, social cognitive behavioral theory, and social network theory. These domains provide a core set of lenses through which students will learn to critically analyze how people develop and function across a spectrum of micro to macro social systems (e.g., individual, family, social group/network, organizational/institutional, community, cultural, and temporal), and how these systems promote or impede health, well-being, and resiliency. The course will afford students the opportunity to thoughtfully apply theoretical concepts and empirical knowledge to case studies of contemporary situations involving a range of adaptive issues for a diverse array of client systems. Special attention will be given to the influence of diversity.
characterized by (but not limited to) age, gender, class, race, ethnicity, culture, sexual orientation, disability, and religion. The course makes important linkages between theory, practice, and research, specifically in evaluating biopsychosocial factors that impinge on person-in-environment functioning across micro, mezzo, and macro contexts.

COURSE OBJECTIVES

<table>
<thead>
<tr>
<th>Objective #</th>
<th>Objectives</th>
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<tbody>
<tr>
<td>1</td>
<td>Teach the values and ethical standards of social work, as well as the profession’s person-in-environment, biopsychosocial framework for understanding human behavior in the social environment. Provide an environment that encourages students to explore how their gender, age, religion, ethnicity, social class, and sexual orientation influence their personal ethics and how these variables may affect their ethical decision-making in professional practice.</td>
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<tr>
<td>2</td>
<td>Provide opportunities for students to increase awareness of the dynamics of social privilege, social disadvantage, and social inequality, and the unique needs of diverse populations (gender, race, sexual orientation, social class, religion, and vulnerable and oppressed groups). Help students to critically examine the extent to which mainstream theories of behavior and development consider the special influence of diversity on human behavior.</td>
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<tr>
<td>3</td>
<td>Foster students’ critical analysis of theories and their relation to the social work profession to provide students with analytical skills necessary to integrate and apply multiple (sometimes competing) perspectives, using varying learning formats through both oral and written assignments and case study analysis.</td>
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<tr>
<td>4</td>
<td>Present foundation materials on the complex nature and scope of human behavior and the social environment and how understanding of behavior theories assist social workers in becoming effective change agents in micro, mezzo, and macro contexts. Emphasis will also be placed on the role of research in generating, supporting, and revising the knowledge base, as well as the relative gap in evidence across theories and populations.</td>
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<tr>
<td>5</td>
<td>Provide the theoretical foundation needed for students to develop core knowledge of human behavior and the social environment. Demonstrate an in-depth understanding of four major domains of knowledge (neurobiology, psychodynamic theory, behaviorism/social cognitive theory, and social network theory) considered foundational to 21st-century social work practice.</td>
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</tbody>
</table>

COURSE FORMAT/INSTRUCTIONAL METHODS

The course will encompass a combination of diverse learning modalities and tools, which may include, but are not limited to the following: didactic presentations by the instructor; small- and large-group discussions; case studies; videos; guest speakers; experiential exercises; and computer-based, online activities.

The online teaching and learning environment provided by the University’s Blackboard Academic Suite™ System (https://blackboard.usc.edu/) will support access to course-related materials and communication for on-ground students, whereas the Virtual Academic Center (VAC) platform will be utilized for MSW@USC students.
**STUDENT LEARNING OUTCOMES**

The following table lists the nine Social Work core competencies as defined by the Council on Social Work Education’s 2015 Educational Policy and Accreditation Standards:

<table>
<thead>
<tr>
<th>Social Work Core Competencies</th>
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<tbody>
<tr>
<td>1. Demonstrate Ethical and Professional Behavior *</td>
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<tr>
<td>2. Engage in Diversity and Difference in Practice *</td>
</tr>
<tr>
<td>3. Advance Human Rights and Social, Economic, and Environmental Justice</td>
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<tr>
<td>4. Engage in Practice-informed Research and Research-informed Practice</td>
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<tr>
<td>5. Engage in Policy Practice</td>
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<tr>
<td>6. Engage with Individuals, Families, Groups, Organizations, and Communities</td>
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<td>7. Assess Individuals, Families, Groups, Organizations, and Communities *</td>
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<tr>
<td>8. Intervene with Individuals, Families, Groups, Organizations, and Communities</td>
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<tr>
<td>9. Evaluate Practice with Individuals, Families, Groups, Organizations and Communities</td>
</tr>
</tbody>
</table>

* Highlighted in this course

See Appendix A for an expanded table, which details the competencies and dimensions of competence highlighted in this course. The table also shows the course objective(s), behaviors/indicators of competence, and course content and assignments related to each competency highlighted in the course.
**Course Assignments, Due Dates, and Grading**

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Due Date</th>
<th>% of Final Grade</th>
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</thead>
<tbody>
<tr>
<td>1) Personal Reflection</td>
<td>Unit 2</td>
<td>15%</td>
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<tr>
<td>2) Midterm Exam</td>
<td>Unit 8</td>
<td>35%</td>
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<tr>
<td>3) Life History Interview Paper and Oral Presentation</td>
<td>Units 14, 15</td>
<td>40%</td>
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<tr>
<td>4) Class Participation</td>
<td>Ongoing</td>
<td>10%</td>
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</table>

Each of the major assignments is described briefly below. Detailed guidelines for each assignment will be distributed in class.

1) **Personal Reflection (15% of course grade)**

   Students will complete a written reflection about key concepts related to the social work practice paradigm and code of ethics introduced in Unit 1. The paper is due by 11:59pm PT on the day of the Unit 2 class session.

   **Due: Unit 2**

   *This assignment relates to student learning outcomes 1, 2, 7.*

2) **Midterm Exam (35% of course grade)**

   Students will complete a 2-part, open-book midterm exam covering content from Units 2-7. Part 1 (15%) will assess students’ objective knowledge of core concepts (multiple choice, fill-in-the-blank items) and will be completed on Blackboard (Campus-based) or online-Virtual Academic Center (VAC students) during the designated exam period. Part 2 (20%) will assess students’ ability to apply theoretical concepts to case material through short-answer essay items; Part 2 will be completed as a written take-home assignment. The exam opens 12noon PT on the Saturday of Week 7. Students will have 1 week to complete both Part 1 and Part 2. The exam is due by 12noon PT on the Saturday of Week 8.

   **Due: Unit 8**

   *This assignment relates to student learning outcomes 1, 2, 7.*

3) **Life History Interview Paper and Oral Presentation (40% of course grade)**

   Students will integrate their learning across the semester by conducting a life history interview with an older adult (age 65 or older) and writing a theoretical analysis of the person’s development and behavior across the life course. In addition to the paper, students also have an extra credit option -- present their work in class during Unit 14 or 15 to earn extra credit toward the midterm. The paper is due by 11:59pm PT the day of the Unit 15 class session.

   **Due: Units 14, 15, Finals Week**

   *This assignment relates to student learning outcomes 1, 2, 7.*

4) **Class Participation (10% of course grade)**

   Students’ active involvement in the class is considered essential to their growth as practitioners. Consistent attendance, preparation for and participation in class discussions and activities, timely
completion of coursework and assignments, and personal conduct that fosters a respectful, collegial, and professional learning environment are expected.

**Class participation will be assessed according to the following criteria:**

“**A**” range: Very Good to Outstanding: Contributions in class reflect thorough preparation, and participation is substantial. Ideas offered are always substantive. Regularly provides one or more major insights and comments that provoke deeper thought. If this person were not a member of the class, the quality of discussion and class activities would be diminished markedly.

“**B**” range: Good: Contributions in class reflect solid preparation. Ideas offered are usually substantive, and participation is regular. Provides generally useful insights and some comments that provoke thought. If this person were not a member of the class, the quality of discussion would be diminished somewhat.

“**C**” range: Adequate: Contributions in class reflect some preparation. Ideas offered are somewhat substantive. Provides some insights, but seldom offers comments that provoke deeper thought. Participation is somewhat regular. If this person were not a member of the class, the quality of discussion would be diminished slightly. Please note: The minimum passing grade at the graduate level is “**C**”.

“**C-**” or “**D**” range: Inadequate: Says little in class and does not adequately participate in activities or present insights or ideas. Does not appear to be engaged. Submits late work. If this person were not a member of the class, the quality of discussion would not be affected.

“**F**: Nonparticipant/Unsatisfactory: Misses class. When present, contributions in class, if any, reflect inadequate preparation. Ideas offered are seldom substantive, and behavior may be inappropriate and/or disrespectful. Unable to work effectively on in-class assignments/activities and detracts from the learning process. Regularly misses assignment deadlines, if work is submitted at all.

**Class grades will be based on the following letter grade distribution:**

<table>
<thead>
<tr>
<th>Letter Grade</th>
<th>Grade Point Equivalent</th>
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<tbody>
<tr>
<td>93–100</td>
<td>A</td>
</tr>
<tr>
<td>90–92</td>
<td>A–</td>
</tr>
<tr>
<td>87–89</td>
<td>B+</td>
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<tr>
<td>83–86</td>
<td>B</td>
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<tr>
<td>80–82</td>
<td>B–</td>
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<tr>
<td>77–79</td>
<td>C+</td>
</tr>
<tr>
<td>73–76</td>
<td>C</td>
</tr>
<tr>
<td>70–72</td>
<td>C–</td>
</tr>
</tbody>
</table>

Within the School of Social Work, grades are determined in each class based on the following standards, which have been established by the faculty of the school: (1) Grades of A or A– are reserved for student work that not only demonstrates very good mastery of content but that also shows that the student has undertaken a complex task, has applied critical thinking skills to the
assignment, and/or has demonstrated creativity in her or his approach to the assignment. The difference between these two grades would be determined by the degree to which the student has demonstrated these skills. (2) A grade of B+ will be given to work that is judged to be very good. This grade denotes that a student has demonstrated a more-than-competent understanding of the material being tested in the assignment. (3) A grade of B will be given to student work that meets the basic requirements of the assignment. It denotes that the student has done adequate work on the assignment and meets basic course expectations. (4) A grade of B– will denote that a student’s performance was less than adequate on an assignment, reflecting only moderate grasp of content and/or expectations. (5) A grade of C would reflect a minimal grasp of the assignments, poor organization of ideas and/or several significant areas requiring improvement. (6) **Grades between C– and F will be applied to denote a failure to meet minimum standards,** reflecting serious deficiencies in all aspects of a student’s performance on the assignment.

As a professional school, class attendance and participation is an essential part of your professional training and development at the USC Suzanne Dworak-Peck School of Social Work. You are expected to attend all classes and meaningfully participate. For Ground courses, having more than 2 unexcused absences in class may result in the lowering of your grade by a half grade. Additional absences can result in additional deductions. For VAC courses, meaningful participation requires active engagement in class discussions and maintaining an active screen. Having more than two unexcused absences in class may result in the lowering of your grade by a half grade. Additional absences in the live class can result in additional deductions. Furthermore, unless directed by your course instructor, you are expected to complete all asynchronous content and activities prior to the scheduled live class discussion. Failure to complete two asynchronous units before the live class without prior permission may also lower your final grade by a half grade. Not completing additional units can result in additional deductions.
REQUIRED AND SUPPLEMENTARY INSTRUCTIONAL MATERIALS AND RESOURCES

Required Textbook

Recommended Textbook

The required non-text readings will be available on ARES. Access USC Library’s online reserves system, ARES, to view the required readings for 506 that are not included in the textbook. You will need your student email address and password to access the system: https://usc.ares.atlas-sys.com/

Recommended Guidebook for APA Style Formatting


Recommended Websites
National Association of Social Workers
http://www.naswdc.org

The Elements of Style—A Rule Book for Writing
http://www.bartleby.com/141/

USC Guide to Avoiding Plagiarism
http://www.usc.edu/student-affairs/student-conduct/ug_plag.htm

Note: Additional required and recommended readings may be assigned by the instructor throughout the course.
## Course Overview

<table>
<thead>
<tr>
<th>Unit</th>
<th>Topics</th>
<th>Assignments</th>
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<tbody>
<tr>
<td>1</td>
<td><strong>HUMAN BEHAVIOR IN THE SOCIAL ENVIRONMENT</strong> (Units 1–3)</td>
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<td></td>
<td><strong>Introduction to HBSE: A Social Work Perspective</strong></td>
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<td></td>
<td>› Course and syllabus overview</td>
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<td>› Social work values and ethics</td>
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<td>› Social work practice paradigm</td>
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<td></td>
<td>› The nature of theories</td>
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<td></td>
<td>› Diversity spotlight</td>
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<tr>
<td>2</td>
<td><strong>Integrating Biopsychosocial Dimensions of Behavior: Systems and Ecological Theories</strong></td>
<td>Personal Reflection due by 11:59pm PT the day of the Unit 2 class session</td>
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<tr>
<td></td>
<td>› General Systems theory</td>
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<td>› Dynamic Systems theory</td>
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<td>› Bronfenbrenner’s Ecological Theory</td>
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<td>› Germain &amp; Gitterman’s Life Model</td>
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<td>› Social determinants of health</td>
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<td></td>
<td>› Groups, communities, organizations, institutions, culture</td>
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<td>› Diversity spotlight</td>
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<tr>
<td>3 and 4</td>
<td><strong>Theories of Social Conflict and Social Change</strong></td>
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<td>› Classism/ Conflict Theory</td>
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<td>› Racism/Critical Race Theory</td>
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<td>› Sexism/ Feminist Theory</td>
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<td>› Implicit bias</td>
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<td></td>
<td>› Neurobiology of prejudice, politics, culture</td>
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<tr>
<td>5</td>
<td><strong>Theories of Social Stress and Adaptation</strong></td>
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<td></td>
<td>› Theories of social stress</td>
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<td></td>
<td>› Allostasis/allostatic load, epigenetics</td>
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<td></td>
<td>› Social networks, social support</td>
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<td>› Coping, resilience</td>
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<td></td>
<td>› Diversity spotlight</td>
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<td>6</td>
<td><strong>Theories of the Family Environment</strong></td>
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<td></td>
<td>› Individuals in the context of families</td>
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<td>› Families in the context of society</td>
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<td></td>
<td>› Classic theories of the family</td>
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<td></td>
<td>› Contemporary theories of the family</td>
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<td>› Diversity spotlight</td>
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<td>Unit</td>
<td>Topics</td>
<td>Assignments</td>
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<tr>
<td>7</td>
<td>THEORIES OF DEVELOPMENT, PERSONALITY, &amp; IDENTITY</td>
<td>Midterm Exam period begins at 12noon PT the Saturday of Week 7</td>
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<tr>
<td></td>
<td>Biopsychosocial Development in Early and Middle Childhood</td>
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<td></td>
<td>› Developmental milestones 0–12</td>
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<td>› Bio-psycho-social factors</td>
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<td>› Peer acceptance, self-concept</td>
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<td>› Neurobiology and developmental implications of early life stress</td>
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<td>› Adverse childhood experiences</td>
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<td>› Diversity spotlight</td>
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<tr>
<td>8 and 9</td>
<td>Theories of Personality: Psychodynamic Theories</td>
<td>Midterm Exam due by 12noon PT the Saturday of Week 8</td>
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<tr>
<td></td>
<td>› Classic psychoanalytic theory</td>
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<td>› Ego psychology</td>
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<td>› Object Relations</td>
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<td>› Classic and contemporary attachment</td>
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<td>› Affect regulation</td>
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<td>› Neurobiology of attachment</td>
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<td>› Diversity spotlight</td>
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<td>10 and 11</td>
<td>Learning Theories</td>
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<td></td>
<td>› Classical conditioning</td>
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<td>› Operant conditioning</td>
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<td>› Cognitive &amp; moral development</td>
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<td>› Social cognitive theory</td>
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<td>› Social learning</td>
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<td>› Self-efficacy</td>
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<td>› Diversity spotlight</td>
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<tr>
<td>12</td>
<td>Biopsychosocial Development in Adolescence, Early &amp; Middle Adulthood</td>
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<tr>
<td></td>
<td>› Biopsychosocial developmental milestones</td>
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<td></td>
<td>› Neurobiology of adolescent behavior</td>
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<td>› Models of early and middle adult development</td>
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<td>› Gender differences</td>
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<td>13</td>
<td>Theories of Social Identity Development</td>
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<tr>
<td></td>
<td>› Ethnic identity</td>
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<td>› Gender identity</td>
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<td>› Sexual identity</td>
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<td>› Faith/Spirituality development</td>
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<td>› Intersectionality</td>
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<tr>
<td>Unit</td>
<td>Topics</td>
<td>Assignments</td>
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<tr>
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<tr>
<td>14</td>
<td>Biopsychosocial Development in Older Adulthood</td>
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<td></td>
<td>› Biopsychosocial developmental milestones</td>
<td>Oral presentations (Optional)</td>
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<tr>
<td></td>
<td>› Stereotypes about aging</td>
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<td></td>
<td>› Attachment in adults</td>
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<td>› Stress and memory</td>
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<td></td>
<td>› Diversity Spotlight</td>
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<tr>
<td>15</td>
<td>COURSE WRAP-UP</td>
<td>Oral presentations (Optional);</td>
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<td></td>
<td></td>
<td>continued Life History Papers</td>
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<td>due by 11:59pm PT the day of class</td>
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<td>session.</td>
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<td></td>
<td>STUDY DAYS/NO CLASSES</td>
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<tr>
<td></td>
<td>FINAL EXAMINATIONS</td>
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</tbody>
</table>
Course Schedule—Detailed Description

HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT: A SOCIAL WORK PERSPECTIVE (Units 1–3)

Unit 1: Course Overview: The Nature of Theories

Topics of Focus
- Course and syllabus overview
- Social work values and ethics
- Social work practice paradigm: biopsychosocial/person-in-the-environment
- The nature of theories
- Diversity spotlight: human behavior theory and the African American experience

This unit relates to course objectives 1, 4, and 5.

Required Reading:


OR


Recommended Reading:

Unit 2: Integrating the Biopsychosocial Dimensions of Human Behavior: Systems and Ecological Theories

Assignment 1 is due by 11:59pm PT

Topics of Focus
- General and dynamic systems theory
- Ecological perspective
- Diversity spotlight

This unit relates to course objectives 2, 3, 4, and 5.

Required Readings:


Recommended Readings:


Units 3 and 4: Theories of Social Conflict and Social Inequality

Topics of Focus
- Classicism/Conflict theory
- Racism/Critical race theory
- Sexism/Feminist Theory
- Neurobiology of prejudice, politics
- Implicit bias

This unit relates to course objectives 2, 3, 4, and 5.

Required Readings - Unit 3


**Required Readings - Unit 4**


**Recommended Readings:**


### Unit 5: Theories of Social Stress and Adaptation

#### Topics of Focus
- Theories of social stress across the life course
- Allostasis/allostatic load
- Coping, resilience
- Social networks and social support
- Diversity Spotlight

This unit relates to course objectives 2, 3, 4, and 5.

#### Required Readings:


#### Recommended Readings:


### Units 6: Theories of the Family Environment

**Topics of Focus**
- The individual in the context of family
- Family in the context of society
- Classic and contemporary theories of the family
- Diversity in family systems

This unit relates to course objectives 3, 4, and 5.

**Required Readings:**


**Recommended Reading:**

**THEORIES OF BIOPSYCHOSOCIAL DEVELOPMENT, BEHAVIOR & IDENTITY IN CHILDHOOD, ADOLESCENCE, AND ADULTHOOD**

**Unit 7:** Biopsychosocial Development in Early & Middle Childhood

Midterm period begins 12noon PT the Saturday of Week 7

**Topics of Focus**
- Biopsychosocial milestones 0-12
- Peer relations
- Self-concept
- Early life stress and implications throughout the life span
- Diversity spotlight: racial differences in stress and birth outcomes

This unit relates to course objectives 2, 3, 4, and 5.

**Required Readings:**


**Recommended Readings:**


Unit 8: Personality Theories: Psychodynamic Theories

Midterm period ends 12noon PT the Saturday of Week 8

Topics of Focus
- Classic psychodynamic theories – psychoanalytic theory, ego psychology
- Diversity spotlight: race/ethnicity and psychodynamic theory

This unit relates to course objectives 2, 3, 4, and 5.

Required Readings:


Recommended Readings:


Unit 9: Personality Theories, Continued: Object Relations and Attachment Theories

Topics of Focus

- Object Relations theory
- Classic and Contemporary Attachment theory
- Attachment and affect regulation, neurobiology

This unit relates to course objectives 3, 4, and 5.

Required Readings:


Recommended Readings:


Unit 10: Learning Theories: Behaviorism

Topics of Focus
- Classical conditioning
- Operant conditioning

This unit relates to course objectives 3, 4, and 5.

Required Readings:


Recommended Readings:


### Unit 11: Learning Theories, Continued: Cognitive Development and Social Cognitive Theory

**Topics of Focus**

- Cognitive and moral development
  - Kohlberg, Gilligan
- Social cognitive theory
  - Social learning
  - Self- and collective efficacy
- Diversity spotlight: cultural context of learned behavior

This unit relates to course objectives 2, 3, 4, and 5.

**Required Readings:**


**Recommended Readings:**


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**Unit 12: Biopsychosocial Development in Adolescence, Early and Middle Adulthood**

**Topics of Focus:**

- Bio-psycho-social milestones
- Neurobiology of adolescent behavior, romantic love
- Stages of early adulthood
- Diversity spotlight: women’s development
This unit relates to course objectives 2, 3, 4, and 5.

**Required Readings:**


**Recommended Readings:**


**Unit 13: Theories of Social Identity**

**Topics of Focus**

- Racial/Ethnic identity
- Gender identity
- Sexual identity
- Faith/Spirituality
- Intersectionality

This unit relates to course objectives 2, 3, 4, and 5.

**Required Readings:**


**Recommended Readings:**


Unit 14: Biopsychosocial Development in Older Adulthood

Optional Oral Presentations

Topics of Focus

- Bio-psycho-social milestones
- Models of adult development
- Stereotypes about aging

This unit relates to course objectives 2, 3, 4, and 5.

Required Readings:


Recommended Readings:


Unit 15: Course Review and Wrap-Up

Optional Oral Presentations; Life History Paper due by 11:59pm PT

Topic of Focus
- Social work ethics and theories: A review

This unit relates to course objectives 1–5.

Required Reading:


STUDY DAYS / NO CLASSES

FINAL EXAMINATIONS

List of Appendices
A. Detailed Descriptions of Social Work Core Competencies Highlighted in this course
B. Definitions of Grades and Standards Established by Faculty of the School
C. Recommended Instructional Materials and Resources
D. Suzanne Dworak-Peck School of Social Work DEI Statement
E. Statement on Academic Conduct & Support Systems
### Appendix A: Detailed Description of Social Work Core Competencies Highlighted in this course

<table>
<thead>
<tr>
<th>Competency</th>
<th>Objectives</th>
<th>Behaviors</th>
<th>Dimensions</th>
<th>Content</th>
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</thead>
<tbody>
<tr>
<td><strong>Competency 1: Demonstrate Ethical and Professional Behavior</strong>&lt;br&gt; Social workers understand the value base of the profession and its ethical standards, as well as relevant laws and regulations that may impact practice at the micro, mezzo, and macro levels. Social workers understand frameworks of ethical decision-making and how to apply principles of critical thinking to those frameworks in practice, research, and policy arenas. Social workers recognize personal values and the distinction between personal and professional values. They also understand how their personal experiences and affective reactions influence their professional judgment and behavior. Social workers understand the profession’s history, its mission, and the roles and responsibilities of the profession. Social Workers also understand the role of other professions when engaged in inter-professional teams. Social workers recognize the importance of life-long learning and are committed to continually updating their skills to ensure they are relevant and effective. Social workers also understand emerging forms of technology and the ethical use of technology in social work practice.</td>
<td>1. Teach the values and ethical standards of social work, as well as the profession’s person-in-environment, biopsychosocial framework for understanding human behavior in the social environment. Provide an environment that encourages students to explore how their gender, age, religion, ethnicity, social class, and sexual orientation influence their personal ethics and how these variables may affect their ethical decision-making in professional practice.</td>
<td>1a. Makes ethical decisions by applying the standards of the NASW Code of Ethics, relevant laws and regulations, models for ethical decision-making, ethical conduct of research, and additional codes of ethics as appropriate to context.</td>
<td>Values, Skills</td>
<td>Course Overview/The Nature of Theories&lt;br&gt;&lt;br&gt; Assignment 1: Personal Reflection&lt;br&gt;&lt;br&gt; Assignment 3: Life History Interview and Oral Presentation&lt;br&gt;&lt;br&gt; Class Participation</td>
</tr>
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| Competency 2: Engage Diversity and Difference in Practice<br> Social workers understand how diversity and difference characterize and shape the human experience and are critical to the formation of identity. The dimensions of diversity are understood as the intersectionality of multiple factors including but not limited to age, class, color, culture, disability and ability, ethnicity, gender, gender identity and expression, immigration status, marital status, political ideology, race, religion/spirituality, sex, sexual orientation, and tribal sovereign status. Social workers understand that, because of difference, a person’s life experiences may include oppression, poverty, marginalization, and alienation as well as privilege, power, and acclaim. Social workers also understand the forms and mechanisms of oppression and discrimination and recognize the extent to which a culture’s structures and values, including social, economic, political, and cultural exclusions, may oppress, marginalize, alienate, or create privilege and power. | 1. Teach the values and ethical standards of social work, as well as the profession’s person-in-environment, biopsychosocial framework for understanding human behavior in the social environment. Provide an environment that encourages students to explore how their gender, age, religion, ethnicity, social class, and sexual orientation influence their personal ethics and how these variables may affect their ethical decision-making in professional practice. | 2a. Applies and communicates understanding of the importance of diversity and difference in shaping life experiences in practice at the micro, mezzo, and macro levels. | Knowledge, Skills | Assignment 2: Part 1 Multiple Choice Midterm Exam and Part Take-home Midterm<br><br> Assignment 3: Life History Interview and Oral Presentation<br><br> Class Participation |
| Cognitive and Affective Processes | 2c. Applies self-awareness and self-regulation to manage the influence of personal biases and values in working with diverse clients and constituencies. | Assignment 1: Personal Reflection<br><br> Unit 1: Course Overview/The Nature of Theories<br><br> Unit 2: Systems and Ecological Theories<br><br> Unit 3/4 Theories of Social Conflict and Social Change<br><br> Unit 5: Theories of Social Stress & Adaptation<br><br> Units 6/9 Theories of Personality: Psychodynamic Theories<br><br> Unit 13: Theories of Social Identity Development |
## Competency

**Competency 7: Assess Individuals, Families, Groups, Organizations, and Communities**

Social workers understand that assessment is an ongoing component of the dynamic and interactive process of social work practice with, and on behalf of, diverse individuals, families, groups, organizations, and communities. Social workers understand theories of human behavior and the social environment, and critically evaluate and apply this knowledge in the assessment of diverse clients and constituencies, including individuals, families, groups, and communities. Social workers understand the implications of the larger practice context in the assessment process and value the importance of interprofessional collaboration in this process. Social workers understand how their personal experiences and affective reactions may affect their assessment and decision-making.

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<td>3. Foster students’ critical analysis of theories and their relation to the social work profession in order to provide students with analytical skills necessary to integrate and apply multiple (sometimes competing) perspectives, using varying learning formats through both oral and written assignments and case study analysis.</td>
<td>7b. Applies knowledge of human behavior and the social environment, person-in-environment, and other multidisciplinary theoretical frameworks in the analysis of assessment data from clients and constituencies</td>
<td>Knowledge Skill, Cognitive and Affective Processes</td>
<td>Assignment 1: Personal Reflection Assignment 2: Part 1 Multiple choice Midterm Exam and Part 2 Take Home Midterm Assignment 3: Life History Interview and Oral Presentation Class Participation Unit 2: Systems and Ecological Theories Unit 3 &amp; 4: Theories of Social Conflict and Social Change Unit 5: Theories of Social Stress &amp; Adaptation Unit 6: Theories of the Family Environment Unit 7: Biopsychosocial Development in Early and Middle Childhood Units 10 &amp; 11: Learning Theories Unit 12: Biopsychosocial Development in Adolescence and Early Adulthood Unit 13: Theories of Social Identity Development Unit 14: Biopsychosocial Development in Middle and Older Adulthood</td>
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<tr>
<td>4. Present foundation materials on the complex nature and scope of human behavior and the social environment and how understanding of behavior theories assists social workers in becoming effective change agents in micro, mezzo, and macro contexts. Emphasis will also be placed on the role of research in generating, supporting, and revising the knowledge base, as well as the relative gap in evidence across theories and populations.</td>
<td>7c. Develops mutually agreed-on intervention goals and objectives based on the critical assessment of strengths, needs, and challenges within clients and constituencies</td>
<td>Knowledge Skill, Cognitive and Affective Processes</td>
<td>Assignment 1: Personal Reflection Assignment 2: Part 1 Multiple choice Midterm Exam and Part 2 Take Home Midterm Assignment 3: Life History Interview and Oral Presentation Class Participation Unit 2: Systems and Ecological Theories Unit 3 &amp; 4: Theories of Social Conflict and Social Change Unit 5: Theories of Social Stress &amp; Adaptation Unit 6: Theories of the Family Environment Unit 7: Biopsychosocial Development in Early and Middle Childhood Units 10 &amp; 11: Learning Theories Unit 12: Biopsychosocial Development in Adolescence and Early Adulthood Unit 13: Theories of Social Identity Development Unit 14: Biopsychosocial Development in Middle and Older Adulthood</td>
</tr>
<tr>
<td>1. Provide the theoretical foundation needed for students to develop core knowledge of human behavior and the social environment. Demonstrate an in-depth understanding of four major domains of knowledge (neurobiology, psychodynamic theory, behaviorism/social cognitive theory, and social network theory) considered foundational to 21st-century social work practice.</td>
<td></td>
<td>Knowledge Skill, Cognitive and Affective Processes</td>
<td>Assignment 1: Personal Reflection Assignment 2: Part 1 Multiple choice Midterm Exam and Part 2 Take Home Midterm Assignment 3: Life History Interview and Oral Presentation Class Participation Unit 2: Systems and Ecological Theories Unit 3 &amp; 4: Theories of Social Conflict and Social Change Unit 5: Theories of Social Stress &amp; Adaptation Unit 6: Theories of the Family Environment Unit 7: Biopsychosocial Development in Early and Middle Childhood Units 10 &amp; 11: Learning Theories Unit 12: Biopsychosocial Development in Adolescence and Early Adulthood Unit 13: Theories of Social Identity Development Unit 14: Biopsychosocial Development in Middle and Older Adulthood</td>
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### Appendix B: Definitions of Grades and Standards Established by Faculty of the School

Within the USC Suzanne Dworak-Peck School of Social Work, grades are determined in each class based on the following standards which have been established by the faculty of the School:

1. Grades of A or A- are reserved for student work which not only demonstrates very good mastery of content, but which also shows that the student has undertaken a complex task, has applied critical thinking skills to the assignment, and/or has demonstrated creativity in her or his approach
to the assignment. The difference between these two grades would be determined by the degree to which these skills have been demonstrated by the student.

2. A grade of B+ will be given to work which is judged to be very good. This grade denotes that a student has demonstrated a more-than-competent understanding of the material being tested in the assignment.

3. A grade of B will be given to student work which meets the basic requirements of the assignment. It denotes that the student has done adequate work on the assignment and meets basic course expectations.

4. A grade of B- will denote that a student’s performance was less than adequate on an assignment, reflecting only moderate grasp of content and/or expectations.

5. A grade of C would reflect a minimal grasp of the assignments, poor organization of ideas and/or several significant areas requiring improvement.

6. Grades between C- and F will be applied to denote a failure to meet minimum standards, reflecting serious deficiencies in all aspects of a student’s performance on the assignment.
Appendix C: Recommended Instructional Materials and Resources

Recommended Guidebook for APA Style Formatting

https://libguides.usc.edu/APA7th/additionalresources

Appendix D: Suzanne Dworak-Peck School of Social Work Diversity, Equity, and Inclusion Statement

At the USC Suzanne Dworak-Peck School of Social Work, we aspire to promote diversity, equity and inclusion in our courses and professional practice. We value the diverse backgrounds and perspectives that our students bring into the classroom as strengths and resources that enrich the academic and learning experience. We offer and value inclusive learning in the classroom and beyond. We integrate readings, materials and activities that are respectful of diversity in all forms, including race, ethnicity, culture, gender identity and expression, sexual orientation, age, ability and disability, socioeconomic status, religion, and political perspectives. Collectively, we aspire to co-create a brave space with students and instructors to critically examine individual and collective sources of bias, prejudice, discrimination, and systematic oppression that affect the ability of people and communities to thrive. In this way, we fulfill our professional responsibility to practice the NASW Code of Ethics, abide by the CSWE Educational Policy and Accreditation Standards, and address the American Academy of Social Work and Social Welfare, Grand Challenges for Social Work.
Appendix E: University Policies and Guidelines

Attendance Policy

Students are expected to attend every class and to remain in class for the duration of the unit. Failure to attend class or arriving late may impact your ability to achieve course objectives which could affect your course grade. Students are expected to notify the instructor by email (xxx@usc.edu) of any anticipated absence or reason for tardiness.

University of Southern California policy permits students to be excused from class for the observance of religious holy days. This policy also covers scheduled final examinations which conflict with students’ observance of a holy day. Students must make arrangements in advance to complete class work which will be missed, or to reschedule an examination, due to holy days observance.

Please refer to SCampus and to the USC School of Social Work Policies and Procedures for additional information on attendance policies.

Statement on Academic Conduct

Plagiarism – presenting someone else’s ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Recording a university class without the express permission of the instructor and an announcement to the class, as well as distributing or using recordings of university lectures or classes without the express permission of the instructor, for purposes other than individual or group study, also constitute violations of the USC Student Conduct Code.

Please familiarize yourself with the discussion of plagiarism, unauthorized recording of university classes, and other forms of academic dishonesty and misconduct in SCampus, Part B, Section 11, “Behavior Violating University Standards,” as well as information in SCampus and in the university policies on scientific misconduct.

Statement about Incompletes

The Grade of Incomplete (IN) can be assigned only if there is work not completed because of a documented illness or some other emergency occurring after the 12th week of the semester. Students must NOT assume that the instructor will agree to the grade of IN. Removal of the grade of IN must be instituted by the student and agreed to by the instructor and reported on the official “Incomplete Completion Form.”

Policy on Late or Make-up Work

Papers are due on the day and time specified. Extensions will be granted only for extenuating circumstances. If the paper is late without permission, the grade will be affected.
Policy on Changes to the Syllabus and/or Course Requirements

It may be necessary to make some adjustments in the syllabus during the semester in order to respond to unforeseen or extenuating circumstances. Adjustments that are made will be communicated to students both verbally and in writing.

Code of Ethics of the National Association of Social Workers (Optional)

Approved by the 1996 NASW Delegate Assembly and revised by the 2017 NASW Delegate Assembly

Preamble

The primary mission of the social work profession is to enhance human well-being and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. A historic and defining feature of social work is the profession's focus on individual well-being in a social context and the well-being of society. Fundamental to social work is attention to the environmental forces that create, contribute to, and address problems in living.

Social workers promote social justice and social change with and on behalf of clients. "Clients" is used inclusively to refer to individuals, families, groups, organizations, and communities. Social workers are sensitive to cultural and ethnic diversity and strive to end discrimination, oppression, poverty, and other forms of social injustice. These activities may be in the form of direct practice, community organizing, supervision, consultation, administration, advocacy, social and political action, policy development and implementation, education, and research and evaluation. Social workers seek to enhance the capacity of people to address their own needs. Social workers also seek to promote the responsiveness of organizations, communities, and other social institutions to individuals' needs and social problems.

The mission of the social work profession is rooted in a set of core values. These core values, embraced by social workers throughout the profession's history, are the foundation of social work's unique purpose and perspective:

- Service
- Social justice
- Dignity and worth of the person
- Importance of human relationships
- Integrity
- Competence

This constellation of core values reflects what is unique to the social work profession. Core values, and the principles that flow from them, must be balanced within the context and complexity of the human experience.

Academic Dishonesty Sanction Guidelines

Some lecture slides, notes, or exercises used in this course may be the property of the textbook publisher or other third parties. All other course material, including but not limited to slides developed by the instructor(s), the syllabus, assignments, course notes, course recordings (whether audio or video) and
examinations or quizzes are the property of the University or of the individual instructor who developed them. Students are free to use this material for study and learning, and for discussion with others, including those who may not be in this class, unless the instructor imposes more stringent requirements. Republishing or redistributing this material, including uploading it to web sites or linking to it through services like iTunes, violates the rights of the copyright holder and is prohibited. There are civil and criminal penalties for copyright violation. Publishing or redistributing this material in a way that might give others an unfair advantage in this or future courses may subject you to penalties for academic misconduct.

Complaints

Please direct any concerns about the course with the instructor first. If you are unable to discuss your concerns with the instructor, please contact the faculty course lead. Any concerns unresolved with the course instructor or faculty course lead may be directed to the student’s advisor and/or the Chair of your program.

Tips for Maximizing Your Learning Experience in this Course (Optional)

- Be mindful of getting proper nutrition, exercise, rest, and sleep!
- Come to class.
- Complete required readings and assignments BEFORE coming to class.
- BEFORE coming to class, review the materials from the previous Unit AND the current Unit, AND scan the topics to be covered in the next Unit.
- Come to class prepared to ask any questions you might have.
- Participate in class discussions.
- AFTER you leave class, review the materials assigned for that Unit again, along with your notes from that Unit.
- If you don’t understand something, ask questions! Ask questions in class, during office hours, and/or through email!
- Keep up with the assigned readings.
Appendix F: Support Systems and Additional Resources

**Counseling and Mental Health**
https://studenthealth.usc.edu/counseling/
Phone number (213) 740-9355
On call 24/7
Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention.

**National Suicide Prevention Lifeline**
https://suicidepreventionlifeline.org/
Phone number 1 (800) 273-8255
On call 24/7
Free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

**Relationship and Sexual Violence Prevention Services (RSVP)**
https://studenthealth.usc.edu/sexual-assault/
Phone Number (213) 740-9355(WELL), press “0” after hours
On call 24/7
Free and confidential therapy services, workshops, and training for situations related to gender-based harm.

**USC Office of Equity, Equal Opportunity, and Title IX**
https://eeotix.usc.edu/
Phone number (213) 740-5086
Title IX Office (213) 821-8298
Information about how to get help or help someone affected by harassment or discrimination, rights of protected classes, reporting options, and additional resources for students, faculty, staff, visitors, and applicants.

**Reporting Incidents of Bias or Harassment**
Phone number (213) 740-5086 or (213) 821-8298
Avenue to report incidents of bias, hate crimes, and microaggressions to the Office of Equity, Equal Opportunity, and Title IX for appropriate investigation, supportive measures, and response.

**The Office of Disability Services and Programs**
https://dsp.usc.edu/
Phone number (213) 740-0776
Support and accommodations for students with disabilities. Services include assistance in providing readers/notetakers/interpreters, special accommodations for test taking needs, assistance with architectural barriers, assistive technology, and support for individual needs.

**USC Campus Support and Intervention**
https://campussupport.usc.edu/
Phone number (213) 821-4710
Assists students and families in resolving complex personal, financial, and academic issues adversely affecting their success as a student.

**Diversity at USC**
[https://diversity.usc.edu/](https://diversity.usc.edu/)
Phone number (213) 740-2101
Information on events, programs and training, the Provost’s Diversity and Inclusion Council, Diversity Liaisons for each academic school, chronology, participation, and various resources for students.

**USC Emergency**
[https://dps.usc.edu/](https://dps.usc.edu/)
UPC phone number (213) 740-4321
HSC phone number (323) 442-1000
On call 24/7
Emergency assistance and avenue to report a crime. Latest updates regarding safety, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible.

**USC Department of Public Safety**
[https://dps.usc.edu/](https://dps.usc.edu/)
UPC phone number (213) 740-6000
HSC phone number (323) 442-120
On call 24/7
Non-emergency assistance or information.

**Additional Resources**

Students enrolled in the Virtual Academic Center can access support services for themselves and their families by contacting Perspectives, Ltd., an independent student assistance program offering crisis services, short-term counseling, and referral 24/7. To access Perspectives, Ltd., call 800-456-6327.