School of Social Wor Department of Nursing

NURS 600

Theory: Clinical Management of Adult Patients with Complex Medical Issues

3 Units

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Office Hours:	variable

Course Days: variable **Course Time:** variable **Course Location:** variable

I. Course Prerequisites

NURS 503 Theory: Clinical Management of Adult Patients NURS 507 Theory: Clinical Management of the Childbearing/Childrearing Family

II. Catalogue Description

The scope of practice and responsibilities of the family nurse practitioner in the diagnosis and management of patients with acute, complex and chronic illnesses are explored.

III. Course Description

This course provides the nurse practitioner student with the necessary knowledge and experience to conduct comprehensive assessments, formulate differential diagnoses, and develop plans of care to manage acute and chronic complex health problems. Emphasis will be placed on the development of advanced clinical skills. The unique perspective the family nurse practitioner brings to the patient encounter, as well as interprofessional collaboration with colleagues, and knowledge of specialty referrals are important aspects of the course.

IV. Course Objectives

Upon completion of this course, the student will be able to apply a systematic approach to the diagnosis and management of complex health problems. At the completion of the course, the student will be able to:

Objective #	Objectives
1	Demonstrate the ability to take and analyze environmental, historical, psychosocial, physical and diagnostic findings in order to arrive at a differential diagnosis.
2	Develop and evaluate a plan of care that takes into consideration the biophysical, psychosocial, and cultural demands of the individual patient and family.

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3	Identify safe, ethical, culturally aware, evidence-based care for patients who have acute, chronic, and complex illness in order to integrate theoretical knowledge of current evidence-based medicine and interventions into practice.
4	Determine interventions that optimize health, minimize harm and enhance quality of life while promoting patient self-determination.
5	Delineate the role of the family nurse practitioner in illness management specific to the patient, family and community
6	Determine appropriate interprofessional collaboration, utilizing community resources and specialists in order to optimize the health and wellness of the patient and family.

V. Course Format/Instructional Methods

The format of the course will be online, using both asynchronous and synchronous approaches. Interactive activities, case studies, active group discussion, presentations, didactic lecture by webcast, viewing online resources and Required Readings: will also be used to facilitate the students' learning. Material from clinical practice will be used to illustrate class content and to provide integration between class and clinical.

VI. Student Learning Outcomes

Student learning for this course relates to one or more of the following nine nursing core competencies:

	Nursing Core Competencies	NURS 600	Course Objective
1	Scientific Foundation Competencies	*	3
2	Leadership		
3	Quality	*	3
4	Practice Inquiry	*	3
5	Technology and Information Literacy		
6	Policy		
7	Health Delivery System	*	2,3,4,6
8	Ethics	*	3
9	Independent Practice		

*Highlighted in this course

The following table explains the highlighted competencies for this course, the related student learning outcomes, and the method of assessment.

SCIENTIFIC FOUNDATION COMPETENCIES		
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment
 Family Nurse Practitioner competent in Scientific Foundation Competencies: Integrates scientific findings from nursing, biopsychosocial fields, genetics, public health, quality improvement, and organizational sciences for the continual improvement of nursing care across diverse settings 	Critically analyzes data and evidence for improving advanced nursing practice Integrates knowledge from the humanities and sciences within the context of nursing science. Translates research and other forms of knowledge to improve practice processes and outcomes. Develops new practice approaches based on the integration of research, theory, and practice knowledge.	Journal Club Exams

QUALITY COMPETENCIES		
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment
 Family Nurse Practitioner competent in Quality Competencies: Discusses methods, tools, performance measures, and standards related to quality, and applies quality principles within an organization. 	Uses best available evidence to continuously improve quality of clinical practice. Evaluates the relationships among access, cost, quality, and safety and their influence on health care. Evaluates how organizational structure, care processes, financing, marketing and policy decisions impact the quality of health care. Applies skills in peer review to promote a culture of excellence. Anticipates variations in practice and is proactive in implementing interventions to ensure quality.	Journal Club Exams

PRACTICE INQUIRY COMPETENCIES		
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment

HEALTH DELIVERY SYSTEM COMPETENCIES		
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment
 Values, Skills Family Nurse Practitioners competent in Health Delivery System Competencies: Explains how the advanced practice nurse applies and integrates broad, organizational, client- centered, and culturally 	Applies knowledge of organizational practices and complex systems to improve health care delivery. Effects health care change using broad based skills including negotiating, consensus building, and partnering.	Journal Club Group Project Exams
 appropriate concepts in the planning, delivery, management, and evaluation of evidence-based clinical prevention and population care and services to individuals, families, and aggregates/identified populations. As a member and leader of interprofessional health care 	Minimizes risk to patients and providers at the individual and systems level. Facilitates the development of health care systems that address the needs of culturally diverse populations, providers, and other stakeholders. Evaluates the impact of health care delivery on patients, providers, other stakeholders, and the environment.	
system, the advanced practice nurse communicates, collaborates, and consults with other	Analyzes organizational structure, functions and resources to improve the delivery of care.	

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health professionals to	
manage and coordinate care.	

ETHICS COMPETENCIES		
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment
 Family Nurse Practitioner competent in Ethics Competencies: Integrates the highest level of moral principles and social policy when applying professional guidelines in the practice environment. 	Integrates ethical principles in decision-making. Evaluates the ethical consequences of decisions. Applies ethically sound solutions to complex issues related to individuals, populations and systems of care.	Group Project

VII. Course Assignments, Due Dates, and Grading

Assignment	Due Date	% of Final Grade
Journal Club	Ongoing	5%
Exams	Weeks	70%
	3,5,7,9,12 &15	
Group Project	Weeks 11-14	15%
Class Participation	Ongoing	10%

Assignment 1: Journal Club (5% of course grade)

Details on this assignment will be available online. Students will choose one or two peer-reviewed journal articles selected related to the module topic. The student will read and familiarize themselves with the article and then share two to three pieces of information that they have learned with their fellow classmates.

- Post a link to the journal article/s and the citation 72 hours before class (1 pt.)
- Critique the level of evidence of the article (1 point)
- Describe why the article was chosen and relevance to primary care (1 points)
- Synthesize 2-3 key points relevant to adult-geriatric primary care i.e. provider insights (2 points)



Due: Ongoing

This assignment relates to student learning outcome 1, 3, 4, and 7.

Assignment 2: 6 Exams (70% of course grade, each exam worth 11.6%)

Students will be given six multiple choice exams during weeks 3,5,7,9,12,15

Due: Every 2 weeks

This assignment relates to student learning outcomes 1, 3, 4, and 7.

All exams are password protected. Students will have 72 hours to complete each exam. All exams may only be taken once and must be completed in one session. See course outline for specific exam date ranges. You are allotted 1.5 minutes per question; thus a 50-item exam would be allotted 75 minutes.

All exams in this course will require students to deploy a software called Proctortrack. This is a software system that automatically proctor's student exams, verifies student identities throughout the exam, and provides instructors with brief video clips and screenshots if potential testing violations occur. Proctortrack is fully integrated with the Learning Management System, however, students are required to complete a practice exam at the start of the semester to ensure the technology is setup properly on their computers. If students experience issues or have questions with the practice exam or with Proctortrack in general, students should contact student support for help in advance of taking the exam.

- To ensure a successful testing environment, students should:
- Choose a private location with no distractions
- Have nothing around that could make noise
- Set up proper lighting and ensure his/her face is clearly visible
- Not have food or drink
- · Close all browser tabs and other programs
- Have only one keyboard, mouse, and monitor connected
- Not leave testing area/camera view during the exam
- Not take or use notes (unless specifically allowed by instructor)
- Not use or have nearby additional technology (phones, tablets, television, etc.)
- Not have other people in the room
- Have a hardwire connection

Assignment 3: Group Project: (15% of course grade)

Students will work in groups of 2 on a project focused on a selected illness that has a strong genetic correlation (i.e. Polycystic Kidney Disease, Marfan's Syndrome etc.). The group will prepare a presentation for the class that includes the following components: definition of the disease or illness, epidemiology, pathophysiology, clinical presentation, diagnostics, management, complications,



patient and family education, health promotion, disease prevention. Also includes genetic testing/screening and ethical considerations. Each presentation will be worth 20% of course grade.

Grading Rubric for Group Project

• 70%: Present an accurate, coherent, detailed presentation on selected topic that includes the following components: definition of the disease or illness, epidemiology, pathophysiology, clinical presentation, diagnostics, management, complications, patient and family education, health promotion, disease prevention.

- 20% integrates genetic screening implications and ethical considerations.
- 10% leads interactive case discussion.
- Presentation time should be approximately 20 minutes.

Due: Weeks 11-14

This assignment relates to student learning outcome 7 and 8.

Class Participation (10% of Course Grade)

Students' active involvement in the class is considered essential to their growth as practitioners. Their presence in class, along with preparation by having read and considered the assignments and participation in discussion and activities are essential. Class participation is based on attendance and participation in online and in class discussions. Class attendance is mandatory; if a student anticipates missing a class or is ill, they will need to notify the instructor as soon as possible.

Class grades will be based on the following:

Class C	Grades	Final	Grade
3.85 - 4.00	A	93 – 100	A
3.60 - 3.84	A-	90 – 92	A-
3.25 – 3.59	B+	87 – 89	B+
2.90 - 3.24	В	83 - 86	В
2.60 - 2.89	B-	80 - 82	B-
2.25 – 2.59	C+	77 – 79	C+
1.90 - 2.24	С	73 – 76	С
		70 – 72	C-

Within the School of Social Work, grades are determined in each class based on the following standards which have been established by the faculty of the School: (1) Grades of A or A- are reserved for student work which not only demonstrates very good mastery of content but which also shows that the student has undertaken a complex task, has applied critical thinking skills to the assignment, and/or has demonstrated creativity in her or his approach to the assignment. The difference between these two grades would be determined by the degree to which the student has



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demonstrated these skills. (2) A grade of B+ will be given to work that is judged very good. This grade denotes that a student has demonstrated a more-than-competent understanding of the material being tested in the assignment. (3) A grade of B will be given to student work that meets the basic requirements of the assignment. It denotes that the student has done adequate work on the assignment and meets basic course expectations. (4) A grade of B- will denote that a student's performance was less than adequate on an assignment, reflecting only moderate grasp of content and/or expectations. (5) A grade of C would reflect a minimal grasp of the assignments, poor organization of ideas and/or several significant areas requiring improvement. (6) Grades between C- and F will be applied to denote a failure to meet minimum standards, reflecting serious deficiencies in all aspects of a student's performance on the assignment.

As a professional school, class attendance and participation is an essential part of your professional training and development at the USC Suzanne Dworak-Peck School of Social Work. You are expected to attend all classes and meaningfully participate. For Ground courses, having more than 2 unexcused absences in class may result in the lowering of your grade by a half grade. Additional absences can result in additional deductions. For VAC courses, meaningful participation requires active engagement in class discussions and maintaining an active screen. Having more than two unexcused absences in class may result in the lowering of your grade by a half grade. Additional absences absences in class may result in the lowering of your grade by a half grade. Additional absences in the live class can result in additional deductions. Furthermore, unless directed by your course instructor, you are expected to complete all asynchronous content and activities prior to the scheduled live class discussion. Failure to complete two asynchronous units before the live class without prior permission may also lower your final grade by a half grade. Not completing additional units can result in additional deductions.

Note: Faculty reserve the right to modify content and/or date for assignments and/or exams. In some cases, depending on national and University holidays, live session days and times may be adjusted. Notice of such changes will be given at the start of the semester to permit students to arrange their work schedules accordingly.



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VIII. Required and Supplementary Instructional Materials and Resources

Required Textbooks:

Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company Usatine, R.P., Smith, M.A., Mayeaux, Jr., E.J., & Chumley, H.S. (2019). *The Color Atlas and Synopsis of Family Medicine* (3e Ed.), New York, NY: McGraw-Hill Education
Grossman, S. C., Porth, C. M., (2014). *Porth's pathophysiology: Concepts of altered health states*. (9th Ed.), Philadelphia, PA: Wolters Kluwer Health/Lippincott Williams & Wilkins.

Recommended Guidebook for APA Formatting:

American Psychological Association (2009). *Publication manual of the American Psychological Association,* (6th Ed.). Washington, D.C.: American Psychological Association.

Recommended Textbooks & Websites:

Available through Norris Medical Library as e-books.

- Kasper, D. et al. (2018) Harrison's Principles of Internal Medicine (20th Ed.) New York, NY: McGraw-Hill.
- Papadakis, M.A, McPhee, S.J & Rabow, M.W. (2018). Current Medical Diagnosis & Treatment 2018 (56th Ed.) New York, NY. McGraw-Hill.

UptoDate (2018). https://www-uptodate-

<u>com.libproxy2.usc.edu/contents/search?unid=scwj3mn7&srcsys=UTD198629&eiv=2.1.0</u>. Accessed February 10, 2018.

Access Medicine (2018). <u>http://accessmedicine.mhmedical.com.libproxy1.usc.edu/</u> Accessed March 9, 2018.

Recommended Websites:

American College of Cardiology: http://www.acc.org/

American College of Gastroenterology: www.acg.gi.org

American Diabetes Association: http://www.diabetes.org/http://www.diabetes.org/

American Heart Association: www.heart.org/HEARTORG/

National Heart, Lung, and Blood Institute: <u>http://www.nhlbi.nih.gov/http://www.nhlbi.nih.gov/</u>

National Institute of Diabetes and Digestive and Kidney Diseases: http://www.niddk.nih.gov/Pages/default.aspx

http://www.niddk.nih.gov/Pages/default.aspx

Note: Throughout the course, the instructor may assign additional required and Recommended Readings.

Course Overview

Week	Content	Assignments
1	Module 1: Course Introduction Syllabus Overview,	No Assignment
	Shared Decision Making and Common Dermatologic	
	Disorders	
	Chronic disease management/chronic care model	
	 Shared decision making 	
	 Patient centered medical home 	
	Alopecia	
	Hidradenitis Suppurativa	
	Psoriasis	
	Seborrheic Dermatitis	
2	Module 2: Ears, Eyes, Nose & Throat: Common Eye	Module 2
	Disorders	Journal Club
	Cataract	
	Refractive errors	
	Glaucoma Magular degeneration	
	Macular degeneration	
	Iritis Dre contal and Orbital Callulitie	
3	 Pre-septal and Orbital Cellulitis Module 3: Ears, Eyes, Nose & Throat: Common ENT 	Module 3:
5	Disorders and Pulmonary	• Exam 1
	Impaired hearing	
	 Inner ear disorders 	
	Tumors and polyps of the nose	
	Dysphagia	
	Chronic Cough	
	Chronic Obstructive Pulmonary Disease	
	Lung Cancer	
	 Pleural Effusion and Pleurisy 	
4	Module 4: Musculoskeletal Disorders	Module 4:
	 Back and Neck Pain 	Journal Club
	Knee Pain	
	Hip Pain	
	Shoulder Pain	
	Gout	
	Fibromyalgia and Myofascial Pain Syndrome	
5	Module 5: Rheumatologic Disorders	Module 5:
	Rheumatoid Arthritis	Journal Club
	Systemic Lupus Erythematous	• Exam 2
	Raynaud's Phenomenon	
	 Ankylosing Spondylitis 	

	Dolymyolaia Phoumatica	
	 Polymyalgia Rheumatica Vasculitis 	
	Psoriatic Arthritis Operative Tiesue Diserders	
<u> </u>	Connective Tissue Disorders	Module 6:
6	Module 6: Common Mental Health Disorders	
	Anxiety and Panic	Journal Club
	Depression	
	Eating Disorders Seking provide the Provention Disorders	
7	Schizophrenia and other Psychotic Disorders Module 7: Endocrine Disorders	Module 7:
1		
	Diabetes Mellitus Type I	Journal Club
	Diabetes Mellitus Type II	• Exam 3
-	Adrenal gland disorders	
8	Module 8: Cardiovascular I	Module 8:
	Heart Failure	Journal Club
	Angina	
9	Module 9: Cardiovascular II	Module 9:
	Managing Complex Cardiac Conditions	• Exam 4
	Palpitations	
10	Atrial Fibrillation	
10	Module 10: Neurologic Disorders 1	Module 10:
	Cerebrovascular Accidents	Group Project
	Concussion	Presentation
	Myasthenia gravis	
	Parkinson's	
	Huntington Disease	
	Amyotrophic Lateral Sclerosis	
11	Module 11: Neurologic Disorders II	Module 11:
	Seizures and strokes	Group Project
	Carotid Artery Stenosis	Presentation
	Multiple Sclerosis	
	Dementia/Delirium	
12	Module 12: Hematologic and Oncologic Disorders	Module 12:
	Anemia	• Exam 5
	Coagulopathies	
	Leukemias, Lymphomas, Myelodysplastic	
	Syndromes	
13	Module 13: Gastrointestinal Disorders	Module 13:
	Gallstone Disease	Group Project
	Pancreatitis	Presentations
	Hepatitis	
	 Inflammatory Bowel Disease 	
	Cholelithiasis and Cholecystitis	

	Diverticular Disease	
14	Module 14: Renal, Gynecologic Concerns and Genitourinary	Module 14: • Group Project
	 Chronic Kidney Disease/Renal Failure Polycystic Kidney Disease Gyn Concerns and Genitourinary Disorders Incontinence Prostate Disorders Pelvic Pain Polycystic Ovarian Syndrome 	Presentations
15	 Module 15: Infectious Diseases HIV Infection Tick-Borne Illnesses Tuberculosis West Nile Virus Zika Virus 	Module 15: • Exam 6

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Course Schedule—Detailed Description

CS	
Chronic Disease Manageme	ent
 Shared Decision Making 	
 Patient medical homes 	
Alopecia	
Hidradenitis Suppurativa	
Psoriasis	
Seborrheic Dermatitis	
examination, diagnostics, diffe	

This Module relates to course objectives 1-6.

Required Readings:

- Elwyn, G. et al. (2012) Shared decision making: A model for clinical practice (2012). <u>Journal of</u> <u>General Internal Medicine</u>. Oct;27(10): 1361-1367
- Mayo Clinic Shared Decision Making National Resource Center. Retrieved from http://shareddecisions.mayoclinic.org/
- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company
 - Garnett, S., Winland-Brown, J.E. & Porter, B.O. (2019). Chapter 11: Common Skin Complaints
 - o Maheady, D., Winland-Brown, J.E. & Porter, B.O. (2019). Chapter 16: Dermatitis
 - Winland-Brown, J.E. & Porter, B.O. (2019). Chapter 17: Skin Lesions
- Dahl, M.V., Dellavalle, R.P. & Ofori, A.O. (2019). Hidradenitis suppurativa (acne inversa): Pathogenesis, clinical features and diagnosis. UptoDate.

Recommended Readings:

 Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6

Module 2: Ears, Eyes, Nose and Throat: Common Eye Disorders Topics

- USC Suzanne Dworak-Peck
- Common Eye Disorders
- Cataract
- Glaucoma
- Preseptal and Orbital Cellulitis
- Refractive Errors
- Iritis

Definition, epidemiology, pathophysiology, clinical presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention. Ethical, cultural, lifespan, environmental considerations.

This Module relates to course objectives 1-6.

Required Readings:

- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2015). Primary care: The art and science of advanced practice nursing (4th ed), Philadelphia, PA: F.A. Davis Company
 - Kelly-Weeder, S., Thrush, S. & Porter, B.O. (2015). Chapter 8: Eye Pain, Red Eye, Visual Disturbances and Impaired Vision, Cataracts, Glaucoma, Macular Degeneration, Refractive Errors.
- Papadakis, M.A, McPhee, S.J & Rabow, M.W. (2018). Current Medical Diagnosis & Treatment 2018 (56th Ed.) New York, NY. McGraw-Hill.
 - Riordan-Eva, P. (2018) Chapter 7. Read the following sections in this chapter: agerelated macular degeneration, acute angle-closure glaucoma, cataract, chronic glaucoma, orbital cellulitis, refractive errors, and uveitis. (this is available as an ebook)

Recommended Readings:

- Grossman, S. C., Porth, C. M., (2014). *Porth's pathophysiology: Concepts of altered health states.* (9th Ed.), Philadelphia, PA: Wolters Kluwer Health/Lippincott Williams & Wilkins.
 - o Grossman, S. (2014). Chapter 24: Disorders of the auditory system, pp. 613-627.
 - o O'Brien, M.B. (2014). Chapter 23: Disorders of the lens and lens function, pp. 589-592.
 - O'Brien, M.B. (2014). Chapter 23: Intraocular pressure and glaucoma, pp. 585-589.

Module 3: Ears, Nose & Throat: Common ENT & Pulmonary Disorders

Topics

- Impaired Hearing
- Inner Ear Disturbances: Labyrinthitis, Meniere's Disease, Tinnitus
- Dysphagia
- Dental abscess
- Tumors/polyps of nose
- Chronic Cough
- Chronic Obstructive Pulmonary Disease
- Lung Cancer

• Pleural effusions and Pleurisy

Definition, epidemiology, pathophysiology, clinical presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention. Ethical, cultural, lifespan, environmental considerations

This Module relates to course objectives 1-6.

Required Readings:

- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company
 - Kelly-Weeder, S., Thrush, S. & Porter, B.O. (2015). Chapter 8: Hearing loss, tinnitus, Meniere's disease
- Henderson, M., Tierney, L. & Smetana, G. The Patient History: An evidence-based approach to differential diagnosis (2012). <Available in ACCESS Medicine>
 - o Lembo, A. & Cremonini, F. Chapter 35: Dysphagia
- Papadakis, M.A, McPhee, S.J & Rabow, M.W. (2018). Current Medical Diagnosis & Treatment 2018 (56th Ed.) New York, NY. McGraw-Hill.
 - Chesnutt, A., Chesnutt, M. & Prendergast, T. (2018): Chapter 9: Pleural effusions (in Pulmonary Disorders)
 - Lustig, L.R. & Schindler (2018): Chapter 8: Tumors & granulomatous disease (in Diseases of the nose & paranasal sinuses)
- Gross A.J., Paskett, K.T., Cheever, V.J., *et al* Periodontitis: a global disease and the primary care provider's role. *Postgraduate Medical Journal* 2017u:560-565

Recommended Readings:

- Global Initiative for Chronic Obstructive Lung Disease (2018). Global strategies for the diagnosis, management and prevention of chronic obstructive pulmonary disease. Global Initiative for Chronic Obstructive Lung Disease Pocket Guide. Retrieved from: https://goldcopd.org/wp-content/uploads/2018/02/WMS-GOLD-2018-Feb-Final-to-print-v2.pdf
- Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6

Module 4: Musculoskeletal Disorders		
Topics		
 Shoulder Pain 		
Knee Pain		
Neck Pain		
Hip Pain		

- Chronic Back Pain
- Gout

• Fibromyalgia and Myofascial Pain Syndrome Definition, epidemiology, pathophysiology, clinical presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention.

Ethical, cultural, lifespan, environmental considerations

This Module relates to course objectives 1-6.

Required Readings:

- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company
 - Vanhook, P., et al., (2019). Chapter 52. Common musculoskeletal complaints Neck pain, myofascial pain, shoulder pain, arm pain, elbow problems, wrist problems, hip pain, knee pain ankle pain, foot pain, low back pain.
 - o Vanhook, P., et al., (2019). Chapter 53. Spinal disorders
 - Vanhook, P., et al., (2019). Chapter 54. Soft-tissue disorders
 - o Vanhook, P., et al., (2019). Chapter 55. Osteoarthritis and osteoporosis

Required YouTube Videos:

- Basic ankle Exam https://www.youtube.com/watch?v=QiSm8rz2cmo
- Shoulder and Neck Exam https://youtu.be/f9kYF8K0HSs
- Knee Exam https://youtu.be/-Z7j09LKt8Q

Recommended Readings:

 Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6

Module 5: Rheumatology

Topics

- Rheumatoid Arthritis
- Systemic Lupus Erythematous
- Raynaud's
- Ankylosing Spondylitis
- Polymyalgia Rheumatica and Giant Cell Arteritis
- Vasculitis
- Content will include:

Definition, epidemiology, pathophysiology, clinical presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention. Ethical, cultural, lifespan, environmental considerations



This Module relates to course objectives 1-6.

Required Readings:

- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company
 - o Thomas, D.J. & Porter, B.O. (2019). Chapter 59: Metabolic disorders
 - o Porter. B.O. & Winland-Brown, J.E. (2019). Chapter 62: Immunological disorders
 - Hellman, D.B. & Imboden, J. B. (2018). Chapter 20: Ankylosing spondylitis and related disorders, Raynaud's phenomenon, polymyalgia rheumatica & giant cell arteritis
- Goldenberg, D., Schur, P. & Romain, P. (2019). Clinical Manifestations and diagnosis of fibromyalgia in adults. UpToDate (access through Norris Medical Library)

Recommended Readings:

 Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6

	Mental Health Disorders
Topics	
 Eati 	ing Disorders: Anorexia Nervosa, Eating Disorder NOS
• Moo	od Disorders: Anxiety, Depression, Bipolar Disorder
 Sch 	nizophrenia and other Psychotic disorders
Con	ntent will include:
	on enidemiology nathophysiology clinical presentation physical examination

Definition, epidemiology, pathophysiology, clinical presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention. Ethical, cultural, lifespan, environmental considerations

This Module relates to course objectives 1-6.

Required Readings:

- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company
 - King, B.M., Wilson, T., & Dunphy, L.M. (2019). Chapter 64: Common psychological complaints
 - Strassing, M.T., Thase, M.E. & Dunphy, L.M. (2019). Chapter 66: Schizophrenia spectrum disorders
 - o Aziz, R., Dunphy, L.M. & Bulfin, S. (2019). Chapter 67: Mood disorders
 - Millender, E., & Dunphy, L.M. (2019). Chapter 68: Anxiety, stress, and trauma-related disorders
- Ranzenhofer, L.M., Lewis, E.L. & Tanofsky-Kraff, M. (2019) Chapter 11. Eating Disorders. In: South-Paul JE, Matheny SC, Lewis EL. eds. CURRENT Diagnosis & Treatment in Family Medicine, 4e New York, NY: McGraw-Hill;

Recommended Readings:

 Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6

Module 7: Endocrine

Topics

- Complex Diabetes Mellitus Type II
- Diabetes Mellitus Type 1
- Adrenal disease: Addison's Primary Adrenal Insufficiency, Cushing's syndrome, Pheochromocytoma

Definition, epidemiology, pathophysiology, clinical presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention. Ethical, cultural, lifespan, environmental considerations

This Module relates to course objectives 1-6.

Required Readings:

- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company
 - o Golden, A.K., Thomas, D.J. & Porter, B.O. (2019). Chapter 58: Diabetes mellitus
 - Thomas, D.J. & Porter, B.O. (2019). Chapter 57: glandular disorders
- Davies, M.J et al., (2018) Management of Hyperglycemia in Type 2 Diabetes, 2018. A Consensus Report by the American Diabetes Association (ADA) and the European Association for the Study of Diabetes (EASD) Diabetes Care 2018 Dec; 41(12): 2669-2701. Retrieved from <u>http://care.diabetesjournals.org/content/41/12/2669</u>

Recommended Readings:

 Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6

Module 8: Cardiovascular I

Topics

- Heart Failure
- Angina

Definition, epidemiology, pathophysiology, clinical presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention. Ethical, cultural, lifespan, environmental considerations.

This Module relates to course objectives 1-6.

Required Readings:

- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company
 - Keller, K., Winland-Brown, J.E. & Porter B.O., (2019). Chapter 34: Common cardiovascular complaints
 - Keller, K., Winland-Brown, J.E. & Porter B.O., (2019). Chapter 35: Cardiac & associated rick factors
- Yancy, C.W. et al., (2017). 2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure. *Circulation* 136(24) Retrieved from : <u>http://circ.ahajournals.org/content/early/2017/04/26/CIR.00000000000000509</u>

Recommended Readings:

- Apex Innovations. (2015). Apex Innovations: Improving Outcomes through Education. Apex Innovations. Retrieved from: <u>http://www.apexinnovations.com/imPULSE2.0.html</u>
- Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6

Module 9: Cardiovascular II

Topics

- Palpitations
- Atrial fibrillation
- Aortic Stenosis
- Peripheral Arterial and Venous Insufficiency: Chronic Arterial Insufficiency, Acute Arterial Insufficiency, Deep Vein Thrombosis, Chronic Venous Stasis, Varicose Veins, Venous Stasis Ulceration

Definition, epidemiology, pathophysiology, clinical presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention. Ethical, cultural, lifespan, environmental considerations.

This Module relates to course objectives 1-6.

Required Readings:

- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company
 - Keller, K., Sabatino, D, Winland-Brown, J. et al. (2019). Chapter 36: Dysrhythmias and valvular disorders
 - Keller, K., Sabatino, D, Winland-Brown, J. et al. (2019). Chapter 37: disorders of the vascular system



Recommended Readings:

 Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6

Module 10: Neurological Disorders I
Topics
Cerebrovascular Accidents
Concussion
Myasthenia gravis
Parkinson's
Huntington Disease
Content will include:
Definition, epidemiology, pathophysiology, clinical presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention. Ethical, cultural, lifespan, environmental considerations
hospitalization, patient and family education, health promotion and disease prevention.

This Module relates to course objectives 1-6.

Required Readings:

- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company
 - Horn, S. & Winland-Brown (2019). Chapter 9: Cerebrovascular Accident (Stroke)
 - Horn, S. & Winland-Brown (2019). Chapter 8: Degenerative Disorders
 - Horn, S. & Winland-Brown (2019). Chapter 10: Infectious & Inflammatory Neurological Disorders
- Bernardt, D.T. & Young, C.C. (2017) Concussion. Medscape. Retrieved from <u>https://emedicine.medscape.com/article/92095-overview</u>

Recommended Readings:

 Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6

Module 11: Neurologic Disorders II

<u>Topi</u>cs

- Multiple Sclerosis
- Amyotrophic Lateral Sclerosis
- Carotid Artery Stenosis
- Delirium
- Dementia

Definition, epidemiology, pathophysiology, clinical presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention. Ethical, cultural, lifespan, environmental considerations

School of Social Work

Required Readings:

• Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company

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- Horn, S. & Winland-Brown (2019). Chapter 8: Degenerative Disorders
- Horn, S. & Winland-Brown (2019). Chapter 10: Infectious & Inflammatory Neurological Disorders

Recommended Readings:

 Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6

Module 12: Hematologic and Oncologic Disorders

Topics

- Anemia: Anemia of Chronic Disease, Aplastic Anemia
- Coagulopathies
- Leukemia's
- Lymphomas
- Myelodysplastic Syndromes
- Content will include:

Definition, epidemiology, pathophysiology, clinical presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention. Ethical, cultural, lifespan, environmental considerations

Required Readings:

- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company
 - Elder, J.D., Porter, B.O., & Winland-Brown, J.E. (2019). Chapter 61: Hematological disorders
- Besa, E. C. (2016). Myelodysplastic syndrome. Retrieved from http://emedicine.medscape.com/article/207347-overview.accessed

Recommended Readings:

 Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6

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Module 13: Gastrointestinal Disorders

Topics

- Hepatitis: Viral hepatitis (A, B, C, D, E), Alcoholic hepatitis, Autoimmune hepatitis
- Cirrhosis
- Inflammatory Bowel Disease: Ulcerative Colitis and Crohn's Disease
- Cholelithiasis and Cholecystitis
- Diverticular Disease: Diverticulitis, Diverticulosis, Diverticular bleeding (Lower GI bleed)
- Pancreatitis
- Content will include:

Definition, epidemiology, pathophysiology, clinical presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention. Ethical, cultural, lifespan, environmental considerations

Required Readings:

- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company
 - o Thomas, D.J (2019). Chapter 38: Common abdominal complaints
 - o Thomas, D.J (2019). Chapter 39: Infectious gastrointestinal disorders
 - Thomas, D.J (2019). Chapter 40: Gastric and intestinal disorders
 - o Thomas, D.J (2019). Chapter 41: Gallbladder and pancreatic disorders
- Freidman, L.S., Chopra, S. & Travis, A.C. (2019). Approach to the patient with abnormal liver biochemical and function tests. UptoDate.

Recommended Readings:

- Bennet, A.L., Munkholm, P., & Andrews J.M. (2019). Tools for primary care management of inflammatory bowel disease: Do they exist? World Journal of Gastroenterology. 21(15): 4457-4465
- Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6

Module 14: Renal, Gynecologic Concerns and Genitourinary Disorders

Topics

- Chronic Kidney Disease and Renal Failure including stages 2,3,4 and End-Stage Renal Disease
- Polycystic Kidney Disease
- Incontinence
- Prostate disorders
- Pelvic pain
- Polycystic ovarian disorder

Definition, epidemiology, pathophysiology, presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention. Ethical, cultural, lifespan, environmental considerations

Required Readings:

- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company
 - o Nogueras, D.J., Thomas, D.J. & Porter, B.O. (2019). Chapter 44: Urinary track disorders
 - Nogueras, D.J., Thomas, D.J. & Porter, B.O. (2019). Chapter 45: Kidney and bladder disorders
 - Bulfin, S., Thomas, D.J. & Porter, B.O. (2019). Chapter 46: Common reproductive system complaints
 - o Nogueras, D.J., Thomas, D.J. & Porter, B.O. (2019). Chapter 49: Prostate disorders
 - o Johnson, J., Thomas, D.J. & Porter, B.O. (2019). Chapter 14: Pelvic pain
- Papadakis, M.A, McPhee, S.J & Rabow, M.W. (2019). Current Medical Diagnosis & Treatment 2019 (58th Ed.) New York, NY. McGraw-Hill
 - Fitzgerald, P.A. (2018). Chapter 26: PCOS

Recommended Readings:

 Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6

Module 15: Infectious Diseases

Topics

- HIV Infection
- Tick-Borne Illnesses: Lyme disease, Babesiosis, Rocky Mountain Spotted Fever
- Tuberculosis
- West Nile Virus

Definition, epidemiology, pathophysiology, clinical presentation, physical examination, diagnostics, differential diagnosis, management, complications, indications for referral or hospitalization, patient and family education, health promotion and disease prevention. Ethical, cultural, lifespan, environmental considerations

Required Readings:

- Dunphy, L.M., Winland-Brown, J.E., Porter, B.O. & Thomas, D.J. (2019). Primary care: The art and science of advanced practice nursing (5th ed), Philadelphia, PA: F.A. Davis Company
 o Porter, B.O. & Windland-Brown, J.E. Chapter 17: HIV Infection.
- UptoDate (2019)
 - Hu, L., Steere, A. & Mitty, J. (2019) Evaluation of a tick bite for possible Lyme disease. UptoDate.
 - Sexton, D.J., Calderwood, S., Kaplan S. et al. (2019). Clinical manifestations and diagnosis of Rocky Mountain spotted fever
 - Petersen, L.R., Hirsch, M.S. & Mitty, J. (2019). Clinical manifestations of West Nile virus infections.

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Recommended Readings:

- Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents Living with HIV. What's New in the Guidelines (2017). Retrieved from https://aidsinfo.nih.gov/guidelines/html/1/adult-and-adolescent-arv/0
- Center for Disease Control and Prevention. (2018). Pre-Exposure Prophylaxis (PrEP). Retrieved from https://www.cdc.gov/hiv/risk/prep/index.html
- Center for Disease Control and Prevention. (2018). Post-Exposure Prophylaxis (PEP). Retrieved from https://www.cdc.gov/hiv/risk/pep/index.html
- <u>https://aidsinfo.nih.gov/guidelines</u>
- Costanzo, L. (2017). Physiology (6th ed.). Philadelphia, PA: Elsevier/Saunders. ISBN 978-0-323-47881-6
 - o Grossman, S. (2014). Chapter 16: Acquired immunodeficiency syndrome, pp. 361-379.
 - o Grossman, S. (2014). Chapter 36: Tuberculosis, pp. 939-942.



University Policies and Guidelines

IX. ATTENDANCE POLICY

Students are expected to attend every class and to remain in class for the duration of the unit. Failure to attend class or arriving late may impact your ability to achieve course objectives which could affect your course grade. Students are expected to notify the instructor by email (<u>xxx@usc.edu</u>) of any anticipated absence or reason for tardiness.

University of Southern California policy permits students to be excused from class for the observance of religious holy days. This policy also covers scheduled final examinations which conflict with students' observance of a holy day. Students must make arrangements *in advance* to complete class work which will be missed, or to reschedule an examination, due to holy days observance.

Please refer to Scampus and to the USC School of Social Work Student Handbook for additional information on attendance policies.

X. ACADEMIC CONDUCT

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in SCampus in Part B, Section 11, "Behavior Violating University Standards" <u>policy.usc.edu/scampus-part-b</u>. Other forms of academic dishonesty are equally unacceptable. See additional information in SCampus and university policies on scientific misconduct, <u>policy.usc.edu/scientific-misconduct</u>.

XI. SUPPORT SYSTEMS

Counseling and Mental Health - (213) 740-9355 – 24/7 on call studenthealth.usc.edu/counseling

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention.

National Suicide Prevention Lifeline - 1 (800) 273-8255 - 24/7 on call

suicidepreventionlifeline.org

Free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

Relationship and Sexual Violence Prevention Services (RSVP) - (213) 740-9355(WELL), press "0" after hours – 24/7 on call

studenthealth.usc.edu/sexual-assault

Free and confidential therapy services, workshops, and training for situations related to gender-based harm.

Office of Equity and Diversity (OED) - (213) 740-5086 | Title IX - (213) 821-8298

equity.usc.edu, titleix.usc.edu

Information about how to get help or help someone affected by harassment or discrimination, rights of protected classes, reporting options, and additional resources for students, faculty, staff, visitors, and applicants.



Reporting Incidents of Bias or Harassment - (213) 740-5086 or (213) 821-8298 usc-advocate.symplicity.com/care_report

Avenue to report incidents of bias, hate crimes, and microaggressions to the Office of Equity and Diversity [Title IX for appropriate investigation, supportive measures, and response.

The Office of Disability Services and Programs - (213) 740-0776 dsp.usc.edu

Support and accommodations for students with disabilities. Services include assistance in providing readers/notetakers/interpreters, special accommodations for test taking needs, assistance with architectural barriers, assistive technology, and support for individual needs.

USC Campus Support and Intervention - (213) 821-4710

campussupport.usc.edu

Assists students and families in resolving complex personal, financial, and academic issues adversely affecting their success as a student.

Diversity at USC - (213) 740-2101

diversity.usc.edu

Information on events, programs and training, the Provost's Diversity and Inclusion Council, Diversity Liaisons for each academic school, chronology, participation, and various resources for students.

USC Emergency - UPC: (213) 740-4321, HSC: (323) 442-1000 – 24/7 on call dps.usc.edu, emergency.usc.edu

Emergency assistance and avenue to report a crime. Latest updates regarding safety, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible.

USC Department of Public Safety - UPC: (213) 740-6000, HSC: (323) 442-120 – 24/7 on call dps.usc.edu

Non-emergency assistance or information.

Office of the Ombuds - (213) 821-9556 (UPC) / (323-442-0382 (HSC)

ombuds.usc.edu

A safe and confidential place to share your USC-related issues with a University Ombuds who will work with you to explore options or paths to manage your concern.

XII. ADDITIONAL RESOURCES

Students enrolled in the Virtual Academic Center can access support services for themselves and their families by contacting Perspectives, Ltd., an independent student assistance program offering crisis services, short-term counseling, and referral 24/7. To access Perspectives, Ltd., call 800-456-6327.

XIII. STATEMENT ABOUT INCOMPLETES

The Grade of Incomplete (IN) can be assigned only if there is work not completed because of a documented illness or some other emergency occurring after the 12th week of the semester. Students must NOT assume that the instructor will agree to the grade of IN. Removal of the grade of IN must be instituted by the student and agreed to be the instructor and reported on the official "Incomplete Completion Form."

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XIV. POLICY ON LATE OR MAKE-UP WORK

Papers are due on the day and time specified. Extensions will be granted only for extenuating circumstances. If the paper is late without permission, the grade will be affected.

XV. POLICY ON CHANGES TO THE SYLLABUS AND/OR COURSE REQUIREMENTS

It may be necessary to make some adjustments in the syllabus during the semester in order to respond to unforeseen or extenuating circumstances. Adjustments that are made will be communicated to students both verbally and in writing.

XVI. CODE OF ETHICS OF THE NATIONAL ASSOCIATION OF SOCIAL WORKERS (OPTIONAL)

Approved by the 1996 NASW Delegate Assembly and revised by the 2017 NASW Delegate Assembly <u>https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English</u>

Preamble

The primary mission of the social work profession is to enhance human well-being and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. A historic and defining feature of social work is the profession's focus on individual well-being in a social context and the well-being of society. Fundamental to social work is attention to the environmental forces that create, contribute to, and address problems in living.

Social workers promote social justice and social change with and on behalf of clients. "Clients" is used inclusively to refer to individuals, families, groups, organizations, and communities. .Social workers are sensitive to cultural and ethnic diversity and strive to end discrimination, oppression, poverty, and other forms of social injustice. These activities may be in the form of direct practice, community organizing, supervision, consultation, administration, advocacy, social and political action, policy development and implementation, education, and research and evaluation. Social workers seek to enhance the capacity of people to address their own needs. Social workers also seek to promote the responsiveness of organizations, communities, and other social institutions to individuals' needs and social problems.

The mission of the social work profession is rooted in a set of core values. These core values, embraced by social workers throughout the profession's history, are the foundation of social work's unique purpose and perspective:

- Service
- Social justice
- Dignity and worth of the person
- Importance of human relationships
- Integrity
- Competence

This constellation of core values reflects what is unique to the social work profession. Core values, and the principles that flow from them, must be balanced within the context and complexity of the human experience.

Department of Nursing

Code of Ethics for Nurses

Ethics is an integral part of the foundation of nursing. Nursing has a distinguished history of concern for the welfare of the sick, injured, and vulnerable and for social justice. This concern is embodied in the provision of nursing care to individuals and the community. Nursing encompasses the prevention of illness, the alleviation of suffering, and the protection, promotion, and restoration of health in the care of individuals, families, groups, and communities. Nurses act to change those aspects of social structures that detract from health and well-being. Individuals who become nurses are expected not only to adhere to the ideals and moral norms of the profession but also to embrace them as a part of what it means to be a nurse. The ethical tradition of nursing is self-reflective, enduring, and distinctive. A code of ethics makes explicit the primary goals, values, and obligations of the profession.

The Code of Ethics for Nurses serves the following purposes:

- It is a succinct statement of the ethical obligations and duties of every individual who enters the nursing profession.
- It is the profession's nonnegotiable ethical standard.
- It is an expression of nursing's own understanding of its commitment to society.

There are numerous approaches for addressing ethics; these include adopting or subscribing to ethical theories, including humanist, feminist, and social ethics, adhering to ethical principles, and cultivating virtues. The Code of Ethics for Nurses reflects all of these approaches. The words *ethical* and *moral* are used throughout the Code of Ethics. "Ethical" is used to refer to reasons for decisions about how one ought to act, using the abovementioned approaches. In general, the word *moral* overlaps with *ethical* but is more aligned with personal belief and cultural values. Statements that describe activities and attributes of nurses in this Code of Ethics are to be understood as normative or prescriptive statements expressing expectations of ethical behavior.

The Code of Ethics for Nurses uses the term *patient* to refer to recipients of nursing care. The derivation of this word refers to "one who suffers," reflecting a universal aspect of human existence. Nonetheless, it is recognized that nurses also provide services to those seeking health as well as those responding to illness, to students and to staff, in health care facilities as well as in communities. Similarly, the term *practice* refers to the actions of the nurse in whatever role the nurse fulfills, including direct patient care provider, educator, administrator, researcher, policy developer, or other. Thus, the values and obligations expressed in this Code of Ethics apply to nurses in all roles and settings.

The Code of Ethics for Nurses is a dynamic document. As nursing and its social context change, changes to the Code of Ethics are also necessary. The Code of Ethics consists of two components: the provisions and the accompanying interpretive statements. There are nine provisions. The first three describe the most fundamental values and commitments of the nurse; the next three address boundaries of duty and loyalty, and the last three address aspects of duties beyond individual patient encounters. For each provision, there are interpretive statements that provide greater specificity for practice and are responsive to the contemporary context of nursing. Consequently, the interpretive statements are subject to more frequent revision than are the provisions.

Additional ethical guidance and detail can be found in ANA or constituent member association position statements that address clinical, research, administrative, educational, or public policy issues.

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Code of Ethics for Nurses with Interpretive Statements provides a framework for nurses to use in ethical analysis and decision-making. The Code of Ethics establishes the ethical standard for the profession. It is not negotiable in any setting nor is it subject to revision or amendment except by formal process of the House of Delegates of the ANA. The Code of Ethics for Nurses is a reflection of the proud ethical heritage of nursing, a guide for nurses now and in the future.

XVII. ACADEMIC DISHONESTY SANCTION GUIDELINES

Some lecture slides, notes, or exercises used in this course may be the property of the textbook publisher or other third parties. All other course material, including but not limited to slides developed by the instructor(s), the syllabus, assignments, course notes, course recordings (whether audio or video) and examinations or quizzes are the property of the University or of the individual instructor who developed them. Students are free to use this material for study and learning, and for discussion with others, including those who may not be in this class, unless the instructor imposes more stringent requirements. Republishing or redistributing this material, including uploading it to web sites or linking to it through services like iTunes, violates the rights of the copyright holder and is prohibited. There are civil and criminal penalties for copyright violation. Publishing or redistributing this material in a way that might give others an unfair advantage in this or future courses may subject you to penalties for academic misconduct.

XVIII. COMPLAINTS

Please direct any concerns about the course with the instructor first. If you are unable to discuss your concerns with the instructor, please contact the faculty course lead. Any concerns unresolved with the course instructor or faculty course lead may be directed to the student's advisor and/or the Chair of your program.

XIX. Tips for Maximizing Your Learning Experience in this Course (Optional)

- ✓ Be mindful of getting proper nutrition, exercise, rest and sleep!
- ✓ Come to class.
- ✓ Complete Required Readings: and assignments BEFORE coming to class.
- BEFORE coming to class, review the materials from the previous Unit AND the current Unit, AND scan the topics to be covered in the next Unit.
- ✓ Come to class prepared to ask any questions you might have.
- ✓ Participate in class discussions.
- ✓ AFTER you leave class, review the materials assigned for that Unit again, along with your notes from that Unit.
- ✓ If you don't understand something, ask questions! Ask questions in class, during office hours, and/or through email!
- ✓ Keep up with the assigned readings.

Don't procrastinate or postpone working on assignments.