

School of Social Work

Social Work 617 Substance Related and Behavioral Addictive Disorders and Recovery Section: 60871 3 Units

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I. COURSE PREREQUISITES

This elective course is open to School of Social Work students who have completed their foundation year course requirements and open to all concentration students.

II. CATALOGUE DESCRIPTION

Causal exploration of substance related and behavioral addictive disorders. Evidence-based and practice informed treatment models for vulnerable individuals, groups and families.

III. COURSE DESCRIPTION

This course uses a social work systemic approach to understanding substance misuse and other addictive behaviors. At present, there are no unifying theories of addiction and there are no unifying theories on treating addictions. Given the absence of overarching theoretical support, this course begins with a historical overview of addiction and the systems used in the past to try to eradicate addiction to illegal substances and the systems of care used to treat addiction and improve the well-being of vulnerable individuals and communities. The course is designed to then provide an overview of the epidemiological perspective, ethical and legal perspective, and sociological perspective. It also contains information on current treatment trends including the recognized levels of care. The course ends with an overview of both the historic and the contemporary policy trends for how our society views addiction, responds to those people affected by addiction, advances social and economic justice, and to eradicate pressing societal problems in complex and culturally diverse environments.

IV. COURSE OBJECTIVES

Th course objectives are constructed from standards that are set by CSWE, the social work profession and by the University.

Objective #	Objectives
1	Identify the context and stages of substance and behavioral misuse and
	dependence, including the professional's roles in mitigating micro,
	mezzo, and macro crises.

Objective #	Objectives
2	Analyze how 12 step fellowship communities' foundations are similar and contrast with historical and present-day approaches to addiction intervention.
3	Demonstrate effective intervention options for individuals who have been diagnosed with substance use disorder or co-occurring disorders.
4	Apply effective cultural vulnerabilities and EBP interventions to groups who are at risk for addiction.
5.	Interpret and describe contributing factors of addiction and recovery processes, including family contributions and impact. Evaluate the efficacy of recovery interventions that were available, including assembling interventions that were not available.

V. COURSE FORMAT / INSTRUCTIONAL METHODS

The format of the course will consist of didactic instruction and experiential exercises. Case vignettes, videos, and role plays will also be used to facilitate the students' learning. These exercises may include the use of videotapes, role-play, or structured small group exercises. Material from the field will be used to illustrate class content and to provide integration between class and field. Confidentiality of material shared in class will be maintained. As class discussion is an integral part of the learning process, students are expected to come to class ready to discuss required reading and its application to theory and practice.

VI. STUDENT LEARNING OUTCOMES

The following table lists the nine Social Work core competencies as defined by the Council on Social Work Education's 2015 Educational Policy and Accreditation Standards:

	Social Work Core Competencies
1	Demonstrate Ethical and Professional Behavior *
2	Engage in Diversity and Difference in Practice *
3	Advance Human Rights and Social, Economic, and Environmental Justice *
4	Engage in Practice-informed Research and Research-informed Practice *
5	Engage in Policy Practice *
6	Engage with Individuals, Families, Groups, Organizations, and Communities *
7	Assess Individuals, Families, Groups, Organizations, and Communities *
8	Intervene with Individuals, Families, Groups, Organizations, and Communities *
9	Evaluate Practice with Individuals, Families, Groups, Organizations and Communities *

* Highlighted in this course

The following table shows the competencies highlighted in this course, the related course objectives, student learning outcomes, and dimensions of each competency measured. The final column provides the location of course content related to the competency.

Competency	Objectives	Behaviors	Dimensions	Content
Competency 7: Assess Individuals, Families, Groups, Organizations, and Communities Social workers in health, behavioral health and integrated care settings understand that assessment is an ongoing component of the dynamic and interactive process of social work practice with and on behalf of, diverse individuals, and groups. Social workers understand theories of human behavior and the social environment, person in environment, and other multi-disciplinary frameworks, and critically evaluate and apply this knowledge in the assessment of diverse clients and constituencies, including individuals, families, and groups. Social workers collect, organize, and interpret client data with a primary focus of assessing client's strengths. Social workers understand how their personal experiences and affective reactions may affect their assessment and decision-making.	 Provide an understanding of appropriate professional conduct and responsibilities regarding the assessment and diagnosis of mental disorders and the application of ethical guidelines regarding confidentiality, self-determination, and high-risk manifestations of mental illnesses. Promote knowledge about the logic and method of diagnostic classification and the criteria necessary for the diagnosis of various mental disorders, the process for ruling out alternative explanations for observed symptoms, and differentiating between disorders with shared symptoms. Demonstrate the importance and value of ethno cultural and gender factors in differential diagnostics, providing opportunities for students to consider and increase awareness about the subjective experience of mental illness and clinical conditions. Diversity issues include, but are not limited to, race, ethnicity, cultural values and beliefs, gender, sexual orientation, age, socioeconomic status, and religion/spirituality. Teach the theoretical foundation needed for constructing a comprehensive and concise biopsychosocial assessment, including a mental status exam. 	 7a. Understand theories of human behavior and the social environment, person in environment, and other multi- disciplinary frameworks, and critically evaluate and apply this knowledge in the assessment of diverse clients and constituencies, including individuals, families, and groups. 7b. Understand how their personal experiences and affective reactions may affect their assessment and decision-making and seek reflection through supervision and consultation. 	Knowledge	Assignments: 1,2,3, & 4. Class Participation

Competency	Objectives	Behaviors	Dimensions	Content
Competency 8: Intervene with Individuals, Families, Groups, Organizations, and Communities Social workers understand that intervention is an ongoing component of the dynamic and interactive process of social work practice with and on behalf of diverse individuals, families and groups in health, behavioral health and integrated care settings. Social workers working with adults and older adults identify issues related to losses, changes, and transitions over their life cycle in designing intervention. Social workers understand methods of identifying, analyzing, modifying and implementing evidence- informed interventions to achieve client goals, taking into account influences such as cultural preferences, strengths and desires. Social workers in working with adults and older adults value and readily negotiate, mediate, and advocate for clients. Social workers value the importance of inter- professional teamwork and communication in interventions, recognizing that beneficial outcomes may require interdisciplinary, inter-professional, and inter-organizational collaboration.	Critically choose and implement interventions to achieve practice goals and enhance capacities of clients and constituencies. Apply knowledge of human behavior and the social environment, person in-environment, and other multidisciplinary theoretical frameworks in interventions with clients and constituencies. Use inter-professional collaboration as appropriate to achieve beneficial practice outcomes Negotiate, mediate, and advocate with and on behalf of diverse clients and constituencies. Facilitate effective transitions and endings that advance mutually agreed-on goals.	 8a. Skillfully choose and implement culturally competent interventions to achieve practice goals and enhance capacities of clients. 8b. Are self-reflective in understanding transference and countertransference in client interactions as well as practice self-care in the face of disturbing personal reactions. 	Exercise of judgment	Brief Reaction Paper Crisis Intervention Demonstration Application Exercise of Brief Therapy Brief Therapy Demonstration Class Discussions



VII. COURSE ASSIGNMENTS, DUE DATES & GRADING

Assignment	Due Date	% of Final Grade
Assignment 1: Written Assignment: Reaction Paper to Self- help Meeting	11:59pm, night before Session 5	20%
Assignment 2: Policy Paper	Session 8	20%
Assignment 3: Group Projects with At-risk Populations	Outline due Session 11; Presentation delivery Session 13 - 14	25%
Assignment 4: Long-term Recovery Interview and Paper	11:59pm, night before Session 15	25%
Class Participation	Ongoing	10%

Each of the major assignments is described below. All student papers are automatically submitted throughTurnItIn.com and inadequate or erroneous referencing will result in failure of the paper.

Assignment 1: Written Assignment (Reaction Paper - Self Help Meeting) - 20%

- The student will attend a traditional 12-step meeting or other non-traditional self-help arena. Please do not attend a group that is led by a professional facilitator. One place to locate 12-step meetings is by looking on the Internet.
- Be sure to attend an OPEN meeting where visitors are welcome. Those who are able to honestly identify as having been in the process of addiction are welcome to go to a CLOSED meeting.
- Try to go alone. If you do find the need to carpool, do not sit in the meeting with your friend. Be aware of how you are feeling, your thoughts, and the dynamics of the group. Please do not take notes or write during the meeting as anonymity is a strong value within self-help meetings and is adhered to by participants.
- Compare at least 5 academic references and class content to your experience and throughout the paper to make academic sense of your observations.

The student will write a 5-page (not counting cover and reference pages - or more if needed) paper that addresses the following issues. PLEASE USE ALL HEADINGS AS LISTED BELOW.

• Etiology of self-help groups. Please begin with a literature review and description of self-help groups, how they started, what the purpose is, and how they have changed over the years. What is different now (i.e., online meetings, meetings designated for specific groups, age

differences etc). This review should set up your paper and allow a more historical and epidemiological view of the problem. That is, what is the problem orientation of, for example, alcohol use among individuals in the United States and how has self-help meetings been a part of the recovery process.

- Briefly describe the meeting, including location, time of day, and composition of the group (including sociocultural aspects such as gender, class, race, etc.)
- Describe a story that was told at the meeting. Try to organize the story with the headings of the Jelinek chart, using both the downward spiral and the process of recovery. (Sometimes people are not comprehensive about all the stages. It is up to you to meet this requirement. Sometimes people talk with the person afterwards.) Explain the hallmarks of each phase and support your explanation with academic information.
- Describe at least 4 foundational principles of 12-step fellowship communities. How are these principles similar and different to historical and present-day approaches to addiction intervention?
- In a few paragraphs, describe your personal experience of the meeting. What dynamics resonated with you? What dynamics discouraged you? What is your personal opinion about the usefulness of 12 step groups for people with addictions? And give a rationale for your opinion.

Due: 11:59pm PST the night before Session 5.

Assignment 2: Policy Impact and Implications Paper – 20%

The student will conduct a literature review pertaining to current drug policy in the US and will identify the primary intent of one of two of the following areas of policy.

- 1. Prevention of illegal drug use.
- 2. Treatment of drug addiction.

Here are some web links where you can search for a policy.

www.drugpolicy.org

www.samhsa.gov

The paper is to include 1) a discussion of how the policies in the area chosen have changed over time and then 2) a discussion, based on knowledge gleaned from this class, of possible changes that could be made to improve policy in this area. Please use the following points and format the paper in heading, then answer format.

• Choose and research a policy that has been used in the United States. This policy can be long standing or quite new.

- For example, this could be about policies protecting rights of specific groups (i.e., juvenile justice involved youth), criminalization of addiction, funding of treatment etc.
- Trace the evolution of that policy (or policy area) and explain it so the reader can follow along with the changes.
- Based on what you have learned in this class and in others, discuss what changes to policy you would suggest to improve how we respond to either illegal drug use or addiction treatment. Include in your discussion barriers to the changes that you are recommending.

This paper should be no longer than 5 pages, at least 5 academic references, and should demonstrate the results of your literature review and knowledge that you have gained from this class.

Assignment 3: Group Project - Recovery with At-risk Populations - 25%

Students will work in a group of no more than three. Students will choose an identifiable group or system and discuss the developmental process of how substance use and substance use disorders develop over time. This should include a discussion of theory that helps explain the life course development of substance use disorders. This can also include a discussion of co-occurring disorders (i.e., depression), past experiences (i.e., experiences of adverse childhood events), or ancillary problems (i.e., suicidal thoughts and ideation). The project should also discuss aspects of development such as risk factors, protective factors, and systematic risk factors that accelerate development of substance use disorders among a specific at-risk-population. Finally, the project should touch on current treatment practices, evidence behind specific treatments for an at-risk-population, and the components of these evidence-based interventions (i.e., how do these interventions propose to work?). Finally, groups may with to include some sort of activity, vignette, video, or other experiential piece to their presentation – please feel free to create this presentation in a way that best gets the information across to the class.

Presentations should be approximately 15- 20 minutes in length. Groups may also wish to include a class activity, short video, or some way of giving an 'e Power Points should be developed and will be posted to a place of the instructor's direction for the class to view.

Some topics to think about when researching:

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- What theoretical models best explain the development of substance use disorders and related problems (examples: General strain theory, Risk Amplification Model, allostatic load, general theory of crime etc.).
- How do these theoretical models apply (or have they been applied) to this specific group?
 - What are the prevalence rates (comparatively) of substance use and related problems among this group?
 - Include cultural issues and how aspects of systematic oppression influence problematic substance use
 - o Include prevalence of the various substances/behaviors. (Utilize official websites and documents for statistic collection.)
- Identify evidence-based intervention models. If there are none, state that.
 - What treatments are available, what evidence is there that this treatment works for this population?
 - Are there disparities that exist in treatment receipt or treatment outcomes?



Due: Outline is due in week 11. Will be presented in class during Unit 13 or 14.

Assignment 4: Long-term Recovery Interview and Paper - 25%

For this assignment, students will interview an individual who had been in recovery for at least 5 years (if a student cannot find someone with 5 years in recovery, less time is allowable). The student will conduct an interview addressing questions about the life course of their journey. Specifically, students may wish to ask about early life experiences, how these experiences influenced their use, parent/sibling/peers in early life (i.e., adolescence, young adulthood etc.). Further, students may wish to discuss aspects of the recovery process, treatment experiences, self-help experiences etc. It will also be crucial to gain insight into the early stages of the recovery process has changed over time. Other prompts are below, but students should feel comfortable creating their own interview questions.

Prior to the interview, students should send the instructor a bulleted list of questions in interview format that they are planning on asking. These should be probes for discussion rather than information gathering (think of this like a qualitative study, where you are attempting to gain insight into the life of someone). When writing the paper, students should organize the paper in a way that flows through the life course of recovery. Students are also expected to integrate academic references into this paper, which may support or refute the interviewees experience. Students may wish to include theory to help navigate the recovery process and story being told.

The following are questions that can help aid your interview. However, I encourage each person to create their own set of questions. These questions should be directed at the recovery process and their 'road to recovery.' Understanding the process from early adolescence, to initiation of alcohol or drug use, to dependence, to recovery should be the focus of the interview:

- What were the contributing factors that lead you to use alcohol, drugs, or behaviors in excess?
- Tell me about the process of early (first 6 months) recovery.
- What were the relapse triggers? How did you manage relapse risk?
- What people, places, things, and activities did/do you turn to for your stability?
- How did you know that your life was taking a turn for the better? (Be specific.)
- How is your life different now?
- What do you most appreciate about your recovery?
- What were the most helpful and least helpful things during your recovery?

For this assignment – you are asked to utilize at least 5 academic references throughout your paper. These references must be from peer reviewed journals. Remember, all papers must follow APA formatting. You can find help with APA formatting from: https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/general_format.html



This paper should be no more than 10 pages in length. This **does not** include the reference page or the title page.

Participation – 10%

Class Participation (10% of Course Grade)

Student is expected to come to and remain in class for entire sessions. Student is expected to participate in class discussions. Texting, driving, and working on anything other than course material are considered not participating and participations points will be deducted accordingly.

Due date: Each class session

Guidelines for Evaluating Class Participation

10: Outstanding Contributor: Contributions in class reflect exceptional preparation and participation is substantial. Ideas offered are always substantive, provides one or more major insights as well as direction for the class. Application to cases held is on target and on topic. Challenges are well substantiated, persuasively presented, and presented with excellent comportment. If this person were not a member of the class, the quality of discussion would be diminished markedly. Exemplary social work behavior in experiential exercises and demonstrating on target behavior in role-plays, small group discussions, and other activities.

9: Very Good Contributor: Contributions in class reflect thorough preparation and frequency of participation is high. Ideas offered are usually substantive and provide good insights and sometimes direction for the class. Application to cases held is usually on target and on topic. Challenges are well substantiated, often persuasive, and presented with excellent comportment. If this person were not a member of the class, the quality of discussion would be diminished. Good activity in experiential exercises demonstrating behavior that is usually on target in role-plays, small group discussions, and other activities.

8: Good Contributor: Contributions in class reflect solid preparation. Ideas offered are usually substantive and participation is very regular, provides generally useful insights but seldom offer a new direction for the discussion. Sometimes provides application of class material to cases held. Challenges are sometimes presented, fairly well substantiated, and are sometimes persuasive with good comportment. If this person were not a member of the class, the quality of discussion would be diminished somewhat. Behavior in experiential exercises demonstrates good understanding of methods in role-plays, small group discussions, and other activities.

7: Adequate Contributor: Contributions in class reflect some preparation. Ideas offered are somewhat substantive, provides some insights but seldom offers a new direction for the discussion. Participation is somewhat regular. Challenges are sometimes presented, and are sometimes persuasive with adequate comportment. If this person were not a member of the class, the quality of discussion would be diminished slightly. Occasionally applies class content to cases. Behavior in experiential exercises is occasionally sporadically on target demonstrating uneven understanding of methods in role-plays, small group discussions, and other activities.

6: Inadequate: This person says little in class. Hence, there is not an adequate basis for evaluation. If this person were not a member of the class, the quality of discussion would not be changed. Does not participate actively in exercises but sits almost silently and does not ever present material to the class from exercises. Does not appear to be engaged.

5: Non-Participant: Attends class only.

0: Unsatisfactory Contributor: Contributions in class reflect inadequate preparation. Ideas offered are seldom substantive; provides few if any insights and never a constructive direction for the class. Integrative comments and effective challenges are absent. Comportment is negative. If this person were not a member of the class, valuable airtime would be saved. Is unable to perform exercises and detracts from the experience.

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lass Grades	Final Grade
3.85 – 4 A	93 – 100 A
3.60 – 3.84 A-	90 – 92 A-
3.25 – 3.59 B+	87 – 89 B+
2.90 – 3.24 B	83 – 86 B
2.60 – 2.87 B-	80 – 82 B-
2.25 – 2.50 C+	77 – 79 C+
1.90 – 2.24 C	73–76 C
	70 – 72 C-

Class grades will be based on the following:

Within the School of Social Work, grades are determined in each class based on the following standards which have been established by the faculty of the School: (1) Grades of A or A- are reserved for student work which not only demonstrates very good mastery of content but which also shows that the student has undertaken a complex task, has applied critical thinking skills to the assignment, and/or has demonstrated creativity in her or his approach to the assignment. The difference between these two grades would be determined by the degree to which these skills have been demonstrated by the student. (2) A grade of B+ will be given to work which is judged to be very good. This grade denotes that a student has demonstrated a more-than-competent understanding of the material being tested in the assignment. (3) A grade of B will be given to student work which meets the basic requirements of the assignment. It denotes that the student has done adequate work on the assignment and meets basic course expectations. (4) A grade of B- will denote that a student's performance was less than adequate on an assignment, reflecting only moderate grasp of content and/or expectations. (5) A grade of C would reflect a minimal grasp of the assignments, poor organization of ideas and/or several significant areas requiring improvement. (6) Grades between C- and F will be applied to denote a failure to meet minimum standards, reflecting serious deficiencies in all aspects of a student's performance on the assignment.

As a professional school, class attendance and participation is an essential part of your professional training and development at the USC Suzanne Dworak-Peck School of Social Work. You are expected to attend all classes and meaningfully participate. For Ground courses, having more than 2 unexcused absences in class may result in the lowering of your grade by a half grade. Additional absences can result in additional deductions. For VAC courses, meaningful participation requires active engagement in class discussions and maintaining an active screen. Having more than two unexcused absences in class may result in the lowering of your grade by a half grade. Additional absences can result in additional deductions. Furthermore, unless directed by your course instructor, you are expected to complete all asynchronous content and activities prior to the scheduled live class discussion. Failure to complete two asynchronous units before the live class without prior permission may also lower your final grade by a half grade. Not completing additional units can result in additional deductions.



VIII. REQUIRED AND SUPPLEMENTARY INSTRUCTIONAL MATERIALS & RESOURCES

Required Textbooks

Maté, Gabor. (2010). In the realm of the hungry ghost: Close encounters with addiction. North Atlantic Books. (There are no actual assigned chapters for this books. The student should pace reading throughout the semester and be prepared for classroom discussions.)

http://thezeitgeistmovement.se/files/In_the_Realm_of_Hungry_Ghosts_-_Gabor_Mate_M.D_.pdf

McNeece, C. A. & DiNitto, D. (2012). Chemical dependency: A systems approach. (4th Ed.) Allyn & Bacon.

Psych Drugs. Smart Phone App (free)

Required Video

Do No Harm – Please rent (\$3.99) or purchase (\$7.99) on iTunes.

Guidebook for APA Style Formatting

American Psychological Association (2009). Publication manual of the American Psychological Association, 7th Edition.

Optional Reading

Brown, S. & Yalom, I. (1997). *Treating alcoholism.* Jossey-Bass. (Classic).

Hansen, G., Venturelli, P., & Fleckenstein, A. (2008). Drugs and society. 10th Ed. Jones & Bartlett Publishers.

Khantzian, E. J., & Albanese, M. J. (2008). Understanding addiction as self-medication. Lanham, MD: Rowman & Littlefield Publishers, Inc.

Van Wormer, K. and Davis D. R. (2008). Addiction treatment: A strengths perspective. 2nd Ed. Brooks / Cole: Belmont, CA.

Walant, K. B. (1995). Creating the capacity for attachment: Treating addictions and the alienated self. New York: Rowman & Littlefield Publishers, Inc. (classic)

Journal of Addiction Studies

Journal of Social Work Practice in the Addictions

Note: the instructor throughout the course may assign additional required and optional readings.



Optional Resources

Articles Podcasts Videos Websites such as:

- aa.org
- bhmr.org
- csat.org
- http://www.ihra.net (International Association for Harm Reduction)
- projectcork.org
- samsha.org (Substance Abuse and Mental Health Services Administration)
- whitebison.org



Week	Unit Learning Objectives	Topics	Assignments	Coordinates with Course Learning Objectives
1	 Familiarize with instructor and classmates. Identify course learning goals, topics, resources, assignment instructions and due dates. 	 Introduction Faculty/classmate introductions Introduction to course Format, syllabus, assignments, objectives and overview of course material 		
2		 Historical, ethical, legal/political, sociological, epidemiological perspectives on substance use and abuse, and misuse. History of Addiction Intervention Primary, Secondary, Tertiary Interventions 		
3	The phases of addiction The causes of addiction	 Understanding the process of addiction; Jelinek Chart Definitions DSM 5 Etiological Theories Nature: Neurobiology Nurture Learned Self-medication Psychic: Early Attachment Loss/Trauma Adult Trauma 		
4	Street names, pleasurable effects, risks including heavy use over time and overdose, long term use. Name the four categories of drugs that one is at high risk if stopped or slowed down significantly.	 Understanding how commonly used psychoactive drugs work on the body. Epidemiology: Prevalence, incidence, risk factors Street names, pleasurable effects, paraphernalia, risk of overuse and long-term use 		

5	Street names, pleasurable effects, risks including heavy use over time and overdose, long term use.	Understanding how commonly used psychoactive drugs work on the body, continued	chool of Social Work
6	Name the level of care, treatment goals, length of stay, cost.	 Levels of Care Screening (Screening, Brief Intervention, and Referral to Treatment: SBIRT) Social Work role in identification Assessment Best Practices for Identification Detox Intensive Outpatient Program Residential Treatment Sober Living Relapse Prevention / Maintenance Ongoing Outpatient Treatment 	
7		 Evidence-based / Evidence Informed Intervention Methods Motivational Interviewing Seeking Safety Illness Management and Recovery Harm Reduction Narrative Therapy 12-step Communities Pharmacology 	•
8	Recognize group roles, name several interventions, distinguish potential consequences of delivering consequences privately and in person	 Recovery Intervention in Group Settings Intervention skills with more challenging roles and group dynamics. 	
9		Assessment and Evidence-based Intervention with People with Co- occurring Disorders	
10		 Evidence-based Intervention for Early, Transition, Ongoing Recovery and Relapse Prevention Addiction in the Workplace Burnout Prevention and Intervention 	

11	Evaluation of Treatment	
	 Barriers to treatment 	
	 Culture/ lifestyle of use 	
	 How does coerced treatment compare to voluntary treatment? 	
	 Apply research skills to evaluating the prevention of substance u and process disorders; identify and use evaluation tools for substance use and process disorders and prevention 	se
	 Communicate and disseminate evaluation results appropriate to intended audience 	he
	 Work collaboratively with evaluators / researchers to assess intervention efficacy and effectiveness. 	
12	Recovery with Families	
13	Evidence-based Intervention with Special Populations	
	The impact of stigma and shame	
14	Evidence-based interventions with Special Populations, continued	
15	Wrap-up	
	Student Evaluations	

oals	Unit	Topics	Assessments	
	1	 Introduction Introductions Introduction to course Format, syllabus, assignments, objectives and overview of course material 	USC Suzanne School of Social Work	Dworak-Peck
	2	 Historical, ethical, legal/political, sociological, epidemiological perspectives on substance use and abuse, and misuse. V History of Addiction Intervention V Primary, Secondary, Tertiary Interventions 		
	3	 Understanding the process of addiction; Jellinek Chart Definitions DSM 5 Etiological Theories Nature: Neurobiology Nurture Learned Self-medication Psychic: Trauma Early Attachment Loss Physical 		
	4	 Understanding how commonly used psychoactive drugs work on the body. Epidemiology: Prevalence, incidence, risk factors Street names, pleasurable effects, paraphernalia, risk of overuse and long-term use 		
	5	 Understanding how commonly used psychoactive drugs work on the body, continued 		
	6	 Levels of Care Screening (Screening, Brief Intervention, and Referral to Treatment: SBIRT) Social Work role in identification Assessment Best Practices for Identification Detox Intensive Outpatient Program Residential Treatment Sober Living Relapse Prevention / Maintenance Ongoing Outpatient Treatment 		

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	 Continuity of Care (Potential Impact) Public Health vs. Private Care Third-party payers
7	 Evidence-based / Evidence Informed Intervention Methods Motivational Interviewing Seeking Safety Illness Management and Recovery Harm Reduction Narrative Therapy 12-step Communities Pharmacology
8	 Recovery Intervention in Group Settings Intervention skills with more challenging roles and group dynamics.
9	 Assessment and Evidence-based Intervention with People with Co-occurring Disorders
10	 Evidence-based Intervention for Early, Transition, Ongoing Recovery and Relapse Prevention Addiction in the Workplace Burnout Prevention and Intervention
11	 Evaluation of Treatment Barriers to treatment Culture/ lifestyle of use How does coerced treatment compare to voluntary treatment? Apply research skills to evaluating the prevention of substance use and process disorders; identify and use evaluation tools for substance use and process disorders appropriate to the intended audience Work collaboratively with evaluators / researchers to assess intervention efficacy and effectiveness.
12	Recovery with Families
	Evidence-based Intervention with Special Populations

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	The impact of stigma and shame	
Course	• Evidence-based interventions with Special Populations, continued	Overview
	15 • Wrap-up	
	Student Evaluations	
	STUDY DAYS / NO CLASSES	
	FINAL EXAMINATIONS	



Course Schedule—Detailed Description

Unit 1: Introduction

Topics

- Introductions
- Introduction to course
- Format, syllabus, assignments, objective, and overview of course material

This Unit relates to course objectives 1 and 2.

Required Readings / Video

Video: Bill Moyers. *Portrait of Addiction* (If link on platform is broken, use link below.)

https://mvcc-video.mvcc.edu/app/plugin/plugin.aspx?insidelFrame=true&styleSheetUrl=http%3A%2F%2Fmvcc-

video.mvcc.edu%2Fapp%2Fplugin%2Fcss%2FensemblePlugin.css&q=www.mvcc.edu&destinationID=no0t7hZkV0eZoP1_7oMeIw&contentID=1tIPz0HPIU2u95A WokFvhw&orderBy=vide

Unit 2:	Historical, ethical, legal/political, sociological, perspectives
Topics	

- Historical, ethical, legal/political, sociological, epidemiological perspectives on substance use and abuse
 - o History of addiction intervention
 - o Primary, secondary, and tertiary intervention
 - o Interdisciplinary approaches

VIDEO: The House I Live In

http://www.netflix.com/watch/70229263?trackId=13752289&tctx=0%2C0%2C587709d75a35ce74f3ec902b42625109f8ea4c87%3A8fdacb2ce7be1dc4b792c 8a81f10898cddeb21b8

This Unit relates to course objectives 4.

Required Readings

McNeece, C. A. & DiNitto, D. (2012). Chemical dependency: A systems approach. (4th Ed.) Allyn & Bacon. Chapters 7 & 8.

Bostwick J.M. Blurred boundaries: The therapeutics and politics of medical marijuana. *Mayo Clinic proceedings* 87(2): 172-186, 2012.

Optional Readings

Schaeff, A. W. (1988). *When society becomes an addict.* San Francisco, CA: Harper. (Classic.)



Zoja, L. (2000). Drugs, addiction, and initiation: The modern search for ritual. New Haven, MA: Sigo Press. (Classic.)

Unit 3: Understanding the Process of Addiction

Month Day, Year

Topics

- Understanding the Process of Addiction: Jellinek Chart
 - o Definitions
 - DSM 5
 - o Etiological Theories
 - o Nature
- Neuropsychology
- o Nurture
- Learned
 - Self-medication
 - o Psychic
 - Trauma
 - Early Attachment Loss
 - Adverse Childhood Experiences (ACE)
 - o Physical
- Ethical practice
- Diversity in practice
- Social Work role identification

This Unit relates to course objectives 4 and 5.

Required Readings/Video

Hari, Johann. (2015). Everything You Know About Addiction Is Wrong. https://www.ted.com/talks/johann_hari_everything_you_think_you_know_about_addiction_is_wrong?language=en

McNeece, C. A. & DiNitto, D. (2012). Chemical dependency: A systems approach. 4th Ed. Allyn & Bacon. Chapters 1, 2, and 3

Stevens, J. (2017). Addiction doc says: "It's not the drugs. It's the ACEs...adverse childhood experiences. Retrieved from: <u>https://acestoohigh.com/2017/05/02/addiction-doc-says-stop-chasing-the-drug-focus-on-aces-people-can-recover/</u>

Walant, K. B. (1995). Creating the capacity for attachment: Treating addictions and the alienated self. New York: Rowman & Littlefield Publishers, Inc. (classic). Chapters 1, 4 and 6.

Optional Readings



Khantzian, E. J., & Albanese, M. J. (2008). *Understanding addiction as self-medication*. Lanham, MD: Rowman & Littlefield Publishers, Inc.

Unit 4: Understanding How Commonly used Psychoactive Drugs Work on the Body

Topics

- Understanding how commonly used psychoactive drugs work on the body
 - Epidemiology: Prevalence, incidence, risk factors
 - Street names, pleasurable effects, paraphernalia, risk of overuse and long-term use

This Unit relates to course objectives 2, 4, and 5.

Required Readings / Videos

CNN, Sanjay Gupta – Weed. <u>https://www.youtube.com/watch?v=Z3IMfIQ_K6U</u>

McNeece, C. A. & DiNitto, D. (2012). Chemical dependency: A systems approach. 4th Ed. Allyn & Bacon. Chapter 4

Video: Clearing the Smoke: The Science of Cannabis (<u>http://topdocumentaryfilms.com/</u>)

RequiredVideo: Drugs, Inc. – Meth (<u>https://www.youtube.com/watch?v=ha0GVVXTA7U</u>)

Video: (variety of topics and substances) -

http://www.youtube.com/watch?v=kYiuRyLnZOk&list=PLImletmkNNsIn-P3wkJFx9bnv2HothoFV

RequiredVideo:

Understanding the Opioid Epidemic https://www.amazon.com/gp/video/detail/B07HSQXC6J/ref=pd_cbs_318_5

RequiredVideo:

Do No Harm – Please rent (\$3.99) or purchase (\$7.99) on iTunes.

Students are encouraged to explore information on the various categories of substances on their own by way of conversations, videos, and websites.

Streetdrugs.org. (n.d.). Street drugs: A drug information guide. Retrieved from http://streetdrugs.org/



Optional Readings

Unit 5:	Understanding on the body	g how co	mmor	nly use	ed ps	ychoac	tive dru	ugs v	vork	
Topics										

- Understanding how commonly used psychoactive drugs work on the body, Continued
 - Epidemiology: Prevalence, incidence, risk factors
 - Street names, pleasurable effects, paraphernalia, risk of overuse and long-term use

This Unit relates to course objectives 4, and 5.

Required Readings

Please see readings from Unit 4.

Readings on Opiate Epidemic:

Carlson, R., Nahhas, R., Martins, S., & Daniulaityte, R. (2016). Predictors of transition to heroin use among initially non-opioid dependent illicit pharmaceutical opioid users: A natural history study. Drug and Alcohol Dependence. 160; 127-134. Retrieved from: <u>https://www.ncbi.nlm.nih.gov/pubmed/26785634</u>

Ghertner, R. & Groves, L. (2108). The opioid crisis and economic opportunity: geographic and economic trends. https://aspe.hhs.gov/system/files/pdf/259261/ASPEEconomicOpportunityOpioidCrisis.pdf

Kazanis, W., Pugh, M., Tami, C., Maddry, J., Bebarta, V., Finley, E., ... Potter, J. (2018). Opioid Use Patterns Among Active Duty Service Members and Civilians: 2006–2014. *Military Medicine*, 183(3-4), e157–e164. <u>https://doi.org/10.1093/milmed/usx014</u>

Keyes, K.M., Cerda, M., Brady, J.E., Havens, J.R., & Galea, S. (2014). Understanding the Rural-Urban differences in nonmedical prescription opioid use and abuse in the united states. *American Journal of Public Health, 104*(2), e52-9.

Levy, S. (2019). Youth and the Opioid Epidemic. Pediatrics, Vol 143 (2).

National Institute on Drug Abuse (2019). Retrieved from https://www.drugabuse.gov/drugs-abuse/opioids/opioid-summaries-by-state



Unit 6: Levels of Care

Topics

- Levels of Care
 - Screening (Screening, Brief Intervention, and Referral to Treatment (SBIRT)
 - Assessment
 - o Detox
 - Intensive Outpatient Program
 - Residential Treatment
 - o Sober Living
 - Relapse Prevention / Maintenance
 - Ongoing Outpatient Treatment
 - Continuity of Care (potential impact)
 - o Affordable Care Act
 - $\circ \quad \text{Public Health vs. Private Care}$
 - $\circ \quad \text{Third-party payers} \\$
- Diversity in practice
- Ethical practice
- o Engage, assess, intervene, evaluate
- Critical thinking
- Policy practice
- Professional identity
- o Interdisciplinary approaches

This Unit relates to course objectives 2, 4, and 5.

Required Readings

McNeece, C. A. & DiNitto, D. (2012). Chemical dependency: A systems approach. 4th Ed. Allyn & Bacon. Chapters 5, 6, 16.

Sanders, J. M. (2011). Feminist perspectives on 12-step recovery: A comparative descriptive analysis of women in alcoholics anonymous and narcotics anonymous. *Alcoholism Treatment Quarterly, 29*(4), 357-378. http://www.amersa.org/journal/Volume%2028,%20Number%203.pdf

http://www.samhsa.gov/sbirt



• Unit 7: Evidence-based / Evidence Informed Intervention Methods

Topics

- Evidence-based / Evidence Informed Intervention Methods
 - Motivational Interviewing
 - o Seeking Safety
 - Illness Management and Recovery
 - Harm Reduction
 - Cognitive Behavioral Therapy
 - o Narrative Therapy
 - 12-step communities
- Diversity practice
- Ethical practice
- Critical thinking
- Engage, assess, intervene, evaluate
- Social Work role identity

This Unit relates to course objectives 4, and 5.

Required Readings

- Khantzian, E. J., & Albanese, M. J. (2008). *Understanding addiction as self-medication*. Lanham, MD: Rowman & Littlefield Publishers, Inc. Chapters 3 & 4.
- Najavatis, L. (2001). Seeking Safety: A treatment manual for PTSD and substance abuse. The Guilford Press.

Miller, W. & Rollnick, S. (2012). *Motivational interviewing: Helping people change.* 3rd edition. The Guilford Press.

Illness Management and Recovery. <u>http://store.samhsa.gov/product/Illness-Management-and-Recovery-Evidence-Based-Practices-EBP-KIT/SMA09-4463</u> (all materials are available for free download.)

http://www.ihra.net (International Association for Harm Reduction)

www.harmreduction.org (Harm Reduction Coalition)

Motivational Interviewing Treatment Manuals

http://store.samhsa.gov/product/TIP-35-Enhancing-Motivation-for-Change-in-Substance-Abuse-Treatment/SMA13-4212

http://www.integration.samhsa.gov/clinical-practice/motivational-interviewing



Narrative Therapy

Making empathy books. While this document is meant for working with children, the same principles can be adapted for work with adults.

http://www.echoparenting.org/wp-content/uploads/2012/07/empathy-book-toolkit.pdf

http://www.youtube.com/watch?feature=player_embedded&v=ruzGK8ySay0

Unit 8:	Recovery Intervention with Group Settings

Topics

- Recovery Intervention in Group Settings
 - Clinical skills with challenging roles and group dynamics: Engage, assess, intervene, evaluate
- Ethical practice
- Diversity in practice
- Social Work role identification
- Ethical practice
- Diversity in practice
- Social Work role identification

This Unit relates to course objectives 4 and 5.

Required Readings

Substance Abuse Treatment: Group Therapy. https://store.samhsa.gov/system/files/sma15-3991.pdf

Tatarsky, A. (Ed.). (2007). The healing power of groups and the residential therapeutic community. In *Harm reduction psychotherapy: New treatment for drug & alcohol problems*. New Jersey: Jason Aronson. (Chapter 9, pp. 262-309).

van Wormer, K., & Davis, D. R. (2008). Mutual-help groups: A strengths perspective. In *Addiction treatment: A strengths perspective*. Thomson Belmont, CA: Brooks/Cole. (Chapter 12, pp. 489-520).

Weegmann, M. (2006). Edward Khantzian interview. Journal of Groups in Addiction and Recovery, 1(2), 15-32.



Unit 9: Assessment and Evidence Based Intervention with People with Co-occurring Disorders

Topics

- o Assessment and Evidence Based Intervention with People with Co-occurring Disorders
- o Ethical practice
- o Diversity in practice
- Social Work role identification
- Ethical practice
- o Diversity in practice
- Social Work role identification

This Unit relates to course objectives 2, 4, and 5.

Required Readings

McNeece, C. A. & DiNitto, D. (2012). Chemical dependency: A systems approach. 4th Ed. Allyn & Bacon. Chapter 13

Unit 10:	-Evidence-based Intervention for Early, Transitional, Ongoing Recovery and Relapse Prevention
	-Addiction in the Workplace
	-Burnout Prevention and Intervention

Topics

- o Evidence Based Intervention for Early, Transitional, Ongoing Recovery and Relapse Prevention
- o Addiction in the Workplace
- o Burnout Prevention and Intervention
- o Ethical practice
- o Diversity in practice
- o Social Work role identification
- o Ethical practice
- o Diversity in practice
- o Social Work role identification

This Unit relates to course objectives 4, 5.

Required Readings

Witkewitz, K., Marlatt, A., & Waker, D. (2005). Mindfulness based relapse prevention for alcohol and substance use disorders, *Journal of Cognitive Psychotherapy*, 19(3) pp. 1-19

- Miller, W., & Rollnick, S. (2002). Motivational Interviewing with couples. In *Motivational interviewing: Preparing People to Change Addictive Behavior*. New York: The Guilford Press. (Chapter 23, pp. 347-361).
- Miller, W., & Rollnick, S. (2002). Perils and possibilities of group-based motivational interviewing. In *Motivational Interviewing: Preparing People to Change Addictive Behavior.* New York: The Guilford Press. (Chapter 25, pp. 377-390)

SAMHSA. (n.d.). TIP 41: SAMHSA issues group therapy guide for substance use disorders treatment. Retrieved from www.samhsa.gov

Unit 11: Evaluation of Treatment

Topics

- Evaluation of Treatment
 - Apply research skills to evaluating the prevention of substance use disorders; identify and use evaluation tools for substance use disorders and prevention;
 - Communicate and disseminate evaluation results appropriate to the intended audience
 - Work collaboratively with evaluators/researchers to assess intervention efficacy and effectiveness in all phases of treatment: beginning, middle, and termination.
- Diversity practice
- Ethical practice
- o Critical thinking
- Social Work role identity

This Unit relates to course objectives 2, 4, and 5.

Required Readings

United Nations Office on Drugs and Crime, International Network of Drug Dependence, Treatment and Rehabilitation Resource Centres. (2008). *Evaluation of Substance Use Treatment Programmes.* Retrieved from<u>http://www.unodc.org/ddt-</u> <u>training/treatment/VOLUME%20D/Topic%203/1.VoID_Prog_Eval.pdf</u>



Unit 12: Recovery with Families

Topics

- Recovery with Families
- Ethical practice
- Diversity in practice
- Social Work role identification
- Ethical practice
- Diversity in practice
- Social Work role identification

This Unit relates to course objectives 4, 5.

Required Readings

McNeece, C. A. & DiNitto, D. (2012). Chemical dependency: A systems approach. (4th Ed.) Allyn & Bacon. Chapter 10

Optional Readings

Brown, S., & Yalom, I. (1997). Treating alcoholism. Jossey-Bass. (Classic)

Topics

- Evidence-based Intervention with Special Populations
 - Impact of stigma and shame
- Ethical practice
- Diversity in practice
- Social Work role identification
- Ethical practice
- Diversity in practice
- Social Work role identification
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This Unit relates to course objectives 1, 2, and 5.

Required Readings

McNeece, C. A. & DiNitto, D. (2012). Chemical dependency: A systems approach. (4th Ed.) Allyn & Bacon. Chapters 9, 11, 12, 14, and 15

Recovery Management

http://www.bhrm.org/papers/BHRM%20primer.pdf

-Variety of readings across populations



Optional Readings

Blume, A. & Lovato, L. (2010). Empowering the disempowered: harm reduction with *Psychology*. 66(2) 189-200.

White Bison, Inc. (2006). The red road to wellbriety: In the Native American way. White Bison, Inc.

Unit 14: Evidence-based Intervention with Special Populations

Topics

- Evidence-based Intervention with Special Populations, Continued
- Ethical practice
- Diversity in practice
- Social Work role identification
- Ethical practice
- Diversity in practice
- Social Work role identification

This Unit relates to course objectives 4 and 5.

Required Readings

McNeece, C. A. & DiNitto, D. (2012). Chemical dependency: A systems approach. (4th Ed.) Allyn & Bacon. Chapter 16

Unit 15:	Wrap-up; Student Evaluations

Topics

- Wrap-up
- Student Evaluations

STUDY DAYS / NO CLASSES

FINAL EXAMINATIONS

racial/ethnic minority clients, Journal of Clinical

University Policies and Guidelines

IX. ATTENDANCE POLICY

Students are expected to attend every class and to remain in class for the duration of the unit. Failure to attend class or arriving late may impact your ability to achieve course objectives which could affect your course grade. Students are expected to notify the instructor by email (xxx@usc.edu) of any anticipated absence or reason for tardiness.

University of Southern California policy permits students to be excused from class for the observance of religious holy days. This policy also covers scheduled final examinations which conflict with students' observance of a holy day. Students must make arrangements *in advance* to complete class work which will be missed, or to reschedule an examination, due to holy days observance.

Please refer to Scampus and to the USC School of Social Work Student Handbook for additional information on attendance policies.

X. ACADEMIC CONDUCT

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Part B, Section 11, "Behavior Violating University Standards" https://policy.usc.edu/scampus-part-b/. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, https://policy.usc.edu/scientific-misconduct.

XI. SUPPORT SYSTEMS

Student Counseling Services (SCS) – (213) 740-7711 – 24/7 on call <u>engemannshc.usc.edu/counseling</u> Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention.

National Suicide Prevention Lifeline – 1 (800) 273-8255 <u>www.suicidepreventionlifeline.org</u> Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

Relationship and Sexual Violence Prevention Services (RSVP) – (213) 740-4900 – 24/7 on call USC Student Health Sexual Assault & Survivor Support: <u>https://studenthealth.usc.edu/sexual-assault/</u> Free and confidential therapy services, workshops, and training for situations related to gender-based harm.

Sexual Assault Resource Center

For more information about how to get help or help a survivor, rights, reporting options, and additional resources, visit the website: sarc.usc.edu

Office of Equity and Diversity (OED) / Title IX Compliance – (213) 740-5086 equity.usc.edu, titleix.usc.edu

Information about how to get help or help a survivor of harassment or discrimination, rights of protected classes, reporting options, and additional resources for students, faculty, staff, visitors, and applicants. The university prohibits discrimination or harassment based on the following protected characteristics: race, color, national origin, ancestry, religion, sex, gender, gender identity, gender expression, sexual orientation, age, physical disability, medical condition, mental disability, marital status, pregnancy, veteran status, genetic information, and any other characteristic which may be specified in applicable laws and governmental regulations.

Bias Assessment Response and Support – (213) 740-2421

USC Policy Reporting to Title IX: <u>https://policy.usc.edu/reporting-to-title-ix-student-misconduct/</u> Incidents of bias, hate crimes and micro aggressions need to be reported allowing for appropriate investigation and response.

The Office of Disability Services and Programs (213) 740-0776 dsp.usc.edu

Support and accommodations for students with disabilities. Services include assistance in providing readers/notetakers/interpreters, special accommodations for test taking needs, and assistance with architectural barriers, assistive technology, and support for individual needs.

USC Support and Advocacy - (213) 821-4710

studentaffairs.usc.edu/ssa

Assists students and families in resolving complex personal, financial, and academic issues adversely affecting their success as a student.

Diversity at USC - (213) 740-2101

diversity.usc.edu

Information on events, programs and training, the Diversity Task Force (including representatives for each school), chronology, participation, and various resources for students.

USC Emergency - UPC: (213) 740-4321, HSC: (323) 442-1000 - 24/7 on call

dps.usc.edu, emergency.usc.edu

Emergency assistance and avenue to report a crime. Latest updates regarding safety, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible.

USC Department of Public Safety - UPC: (213) 740-6000, HSC: (323) 442-120 – 24/7 on call dps.usc.edu

Non-emergency assistance or information.

XII. ADDITIONAL RESOURCES

Students enrolled in the Virtual Academic Center can access support services for themselves and their families by contacting Perspectives, Ltd., an independent student assistance program offering crisis services, short-term counseling, and referral 24/7. To access Perspectives, Ltd., call 800-456-6327.



XIII. STATEMENT ABOUT INCOMPLETES

The Grade of Incomplete (IN) can be assigned only if there is work not completed because of a documented illness or some other emergency occurring after the 12th week of the semester. Students must NOT assume that the instructor will agree to the grade of IN. Removal of the grade of IN must be instituted by the student and agreed to be the instructor and reported on the official "Incomplete Completion Form."

XIV. POLICY ON LATE OR MAKE-UP WORK

Papers are due on the day and time specified. Extensions will be granted only for extenuating circumstances. If the paper is late without permission, the grade will be deducted by ½ grade or each day.

XV. POLICY ON CHANGES TO THE SYLLABUS AND/OR COURSE REQUIREMENTS

It may be necessary to make some adjustments in the syllabus during the semester in order to respond to unforeseen or extenuating circumstances. Adjustments that are made will be communicated to students both verbally and in writing.

XVI. CODE OF ETHICS OF THE NATIONAL ASSOCIATION OF SOCIAL WORKERS (OPTIONAL)

Approved by the 1996 NASW Delegate Assembly and revised by the 2017 NASW Delegate Assembly <u>https://www.socialworkers.org/About/Ethics/Code-of-</u> <u>Ethics/Code-of-Ethics-English</u>

Preamble

The primary mission of the social work profession is to enhance human well-being and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. A historic and defining feature of social work is the profession's focus on individual well-being in a social context and the well-being of society. Fundamental to social work is attention to the environmental forces that create, contribute to, and address problems in living.

Social workers promote social justice and social change with and on behalf of clients. "Clients" is used inclusively to refer to individuals, families, groups, organizations, and communities. Social workers are sensitive to cultural and ethnic diversity and strive to end discrimination, oppression, poverty, and other forms of social injustice. These activities may be in the form of direct practice, community organizing, supervision, consultation, administration, advocacy, social and political action, policy development and implementation, education, and research and evaluation. Social workers seek to enhance the capacity of people to address their own needs. Social workers also seek to promote the responsiveness of organizations, communities, and other social institutions to individuals' needs and social problems.

The mission of the social work profession is rooted in a set of core values. These core values, embraced by social workers throughout the profession's history, are the foundation of social work's unique purpose and perspective:

- Service
- Social justice
- Dignity and worth of the person



- Importance of human relationships
- Integrity
- Competence

This constellation of core values reflects what is unique to the social work profession. Core values, and the principles that flow from them, must be balanced within the context and complexity of the human experience.

XVII. COMPLAINTS

If you have a complaint or concern about the course or the instructor, please discuss it first with the instructor. If you feel cannot discuss it with the instructor, contact the chair of the course. If you do not receive a satisfactory response or solution, contact your advisor and/or Associate Dean and MSW Chair Dr. Leslie Wind for further guidance.

XVIII. ACADEMIC DISHONESTY SANCTION GUIDELINES

Some lecture slides, notes, or exercises used in this course may be the property of the textbook publisher or other third parties. All other course material, including but not limited to slides developed by the instructor(s), the syllabus, assignments, course notes, course recordings (whether audio or video) and examinations or quizzes are the property of the University or of the individual instructor who developed them. Students are free to use this material for study and learning, and for discussion with others, including those who may not be in this class, unless the instructor imposes more stringent requirements. Republishing or redistributing this material, including uploading it to web sites or linking to it through services like iTunes, violates the rights of the copyright holder and is prohibited. There are civil and criminal penalties for copyright violation. Publishing or redistributing this material in a way that might give others an unfair advantage in this or future courses may subject you to penalties for academic misconduct.

XIX. STATEMENT ON DIVIRSITY AND INCLUSION

The Suzanne Dworak-Peck School of Social Work (SDPSSW) mission statement The mission of the USC Suzanne Dworak-Peck School of Social Work is to promote social justice and well-being at every social level through advanced education, community engagement, interdisciplinary scientific activity, advocacy, and professional leadership. The school advances its mission through its four academic departments: Children, Youth, and Families (CYF), Adult, Mental Health and Wellness (AMHW), Social Change and Innovation (SCI) and Nursing, each of which reflects the school's mission and opportunities for teaching, scholarship, and service.

Full document can be located at file:///users/shannondunn/Downloads/Diversity-SDP-Diversity-DEI-Plan_Formatted_FINAL%20REV_2-2018.pdf

TIPS FOR MAXIMIZING YOUR LEARNING EXPERIENCE IN THIS COURSE (OPTIONAL)

- ✓ Be mindful of getting proper nutrition, exercise, rest and sleep!
- ✓ Come to class.
- ✓ Complete required readings and assignments BEFORE coming to class.
- ✓ BEFORE coming to class, review the materials from the previous Unit AND the current Unit, AND scan the topics to be covered in the nextUnit.
- ✓ Come to class prepared to ask any questions you might have.
- ✓ Participate in class discussions.



- AFTER you leave class, review the materials assigned for that Unit again, along with your notes from that Unit.
 If you don't understand something, ask questions! Ask questions in class, during office hours, and/or through email!
- Keep up with the assigned readings.

Don't procrastinate or postpone working on assignments.