

USC Dornsife

Dana and David Dornsife
College of Letters, Arts and Sciences

PHYSICAL EDUCATION DEPARTMENT PHED 145 TEAM HANDBALL FALL 2020

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Course Description

This is a beginning handball course in which students will develop the basic skills necessary to play the game of handball. Instruction will include an emphasis on the fundamental strategies and rules used in 6v6 play.

Course Objectives

- To learn a variety of basic technical, physical and tactical functional drills unique to the game of handball.
- To develop knowledge of various tactical training strategies.
- To understand the history and laws of handball.
- To be exposed to current handball trends and events.

Physical Education Learning Objectives

- To understand and utilize various functional training methods.
- To participate in a safe, progressive, methodical and efficient activity based plan to enhance improvement and minimize risk of injury.
- To acquire or enhance the basic motor skills and skill-related competencies, concepts, and strategies of physical activities.
- To apply knowledge of the fundamentals of health-related fitness toward developing, maintaining, and sustaining an active and healthy lifestyle.

Blackboard

Additional information will be posted on blackboard. <https://blackboard.usc.edu>

Assignment

Observe a professional handball game and complete a 2-page analysis detailing and applying the material learned in class as it relates to that game. Note the various strategies and tactics of each team. Indicate the score and noteworthy plays, situations and rulings.

Evaluation Criteria

Participation	30%
Midterm	15%
Assignment	15%
Skills Assessments	15%
Final	25%

A 94-100 **A-** 90-93 **B+** 87-89 **B** 84-86 **B-** 80-83 **C+** 77-79 **C** 74-76 **C-** 70-73

**Extra credit work and make-up work are not available. You are not permitted to make-up absences in another section. It is your responsibility to attend class consistently and fulfill the requirements of this course.*

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Course Schedule

- Week 1** Review of Syllabus (PED 210 South Gym)
Aug 24-26 Understanding the court lines and getting familiar with the ball
- Week 2** Passing Technique: serve, overhand, sidearm, bounced pass, diagonal...
Aug 31 – Sept 2 Goalkeeper-throw, Throw-off, Throw-in, Free-throw
- Week 3** Dribbling Drills: Body faking/Changing Speed/Combinations
Sept 7*-9 ***Labor Day No Class - Last Day to change grading option**
- Week 4** Finishing Drills: Placement, chip, power shots – Play 4v4
Sept 14-16 Air ball finishing, simple crossing, combination plays
- Week 5** Team Formations & Players' Roles – Play 4v4
Sept 21-23 Elements of Possession
- Week 6** Offensive Plays (First, Second & Third Wave) – Play 4v4
Sept 28-30 Combinations, Blocking, Stealing, Traps...
- Week 7** Defensive Plays – Play 5v5
Oct 5-7
- Week 8** Review for Midterm – Play 5v5
Oct 12-14 **Midterm Exam**
- Week 9** Yellow & Red Cards – Play 5v5
Oct 19-21 **Last Day to Drop without W and change pass/no pass to letter grade**
- Week 10** Penalty Shot: Seven Meter Throw – Play 6v6
Oct 26-28
- Week 11** Handball History Facts – Play 6v6
Nov 2-4
- Week 12** **Skills Assessment – Handball Circuit**
Nov 9-11 World Rivalry Games - Play 6v6
- Week 13** **Handball Game Assignment Due!!!**
Nov 16-18 World Rivalry Games - Play 6v6 **Last Day to Drop with a “W”**
- Week 14** World Rivalry Games - Play 6v6
Nov 23-25 **Thanksgiving Nov 21-25**
- Week 15** **Review and Final Exam** World Rivalry Games – Play 6v6
Nov 28

Miscellaneous

Participation

Demonstration of acquired learning objectives requires regular participation, particularly in a performance skill based class. Failure to attend class **WILL IMPACT** your final grade.

Equipment

Wear proper light clothes, flat shoes, knee pads, elbow pads and water bottle.

Class Meeting Information

Classes will meet at PHED North or South Gym

USC Physical Education IS NOT responsible for any lost, stolen or damaged property. If you choose to bring any valuables to class, it is strongly recommended that they be locked up during class. Locker rooms are available in the PE building and the Lyons Center.

Academic Accommodations: Students requesting academic accommodations based on a disability are required to register with Disability Services and Programs (DSP) each semester. A letter of verification for approved accommodations can be obtained from DSP when adequate documentation is filed. Please be sure the letter is delivered to me as early in the semester as possible. DSP is open Monday-Friday, 8:30am-5:00pm. The office is in Student Union 301 and the phone number is (213) 740-0776.

Emergency Preparedness/ course Continuity in a Crisis: In case of a declared emergency if travel to campus is not feasible, USC executive leadership will announce an electronic way for instructors to teach students in their residence halls or homes using a combination of blackboard, teleconferencing, and other technologies.

Statement on Academic Conduct and Support System

Academic Conduct

Plagiarism – presenting someone else’s ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Section 11, *Behavior Violating University Standards* <https://scampus.usc.edu/1100-behavior-violating-university-standards-and-appropriate-sanctions/>. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, <http://policy.usc.edu/scientific-misconduct/>.

Discrimination, sexual assault, and harassment are not tolerated by the university. You are encouraged to report any incidents to the *Office of Equity and Diversity* <http://equity.usc.edu/> or to the *Department of Public Safety* <http://capsnet.usc.edu/department/department-public-safety/online-forms/contact-us>. This is important for the jjsafety whole USC community. Another member of the university community – such as a friend, classmate, advisor, or faculty member – can help initiate the report, or can initiate the report on behalf of another person. *The Center for Women and Men* <http://www.usc.edu/student-affairs/cwm/> provides 24/7 confidential support, and the sexual assault resource center webpage sarc@usc.edu describes reporting options and other resources.

Support Systems

A number of USC’s schools provide support for students who need help with scholarly writing. Check with your advisor or program staff to find out more. Students whose primary language is not English should check with the *American Language Institute* <http://dornsife.usc.edu/ali>, which sponsors courses and workshops specifically for international graduate students. *The Office of Disability Services and Programs* http://sait.usc.edu/academicsupport/centerprograms/dsp/home_index.html provides certification for students with disabilities and helps arrange the relevant accommodations. If an officially declared emergency makes travel to campus infeasible, *USC Emergency Information* <http://emergency.usc.edu/> will provide safety and other updates, including ways in which instruction will be continued by means of blackboard, teleconferencing, and other technology.