

**PHED 140A BEGINNING TENNIS**

**Units: 1**

**Location:** PRACTICE COURTS (PED 210 on FIRST DAY OF CLASS ONLY)

**Class Materials:** 1 can of tennis balls

**Instructor: John Jessee**

**Office:** PED 107

**Office Hours:** By appointment

**Email:** [jessee@usc.edu](mailto:jessee@usc.edu)

**Phone:** 213-740-2488

**Course Description**

This is an introductory course teaching the fundamental skills of tennis. Focus includes: basic strokes; strategy; rules; scoring; etiquette; singles and doubles strategy and matches.

**Course Objectives**

1. To improve student's skill in the basic strokes: forehand; backhand; serve; volley; lob; and overhead.
2. To introduce or acquaint each student to the basic rules, scoring, and etiquette of tennis.
3. To offer each student an opportunity to apply their skill and knowledge in actual match play.
4. To make each student aware of the basic differences in strategy for singles and doubles and provide an opportunity to apply this information in actual match play.
5. To provide each student with information about current tennis trends, specifically in regard to local tennis programs, professional tournaments and equipment selection.
6. To encourage development and appreciation of tennis for lifetime fitness.

**PHYSICAL EDUCATION PROGRAM OBJECTIVES**

**Students will be exposed to a variety of activities providing them the opportunity to:**

- Apply learned fundamental skills.
- Empower themselves by setting and working toward realistic individual goals.
- Participate in a motivating and nurturing environment resulting in a greater sense of well being and self esteem.

**Students will demonstrate proficiency through knowledge and acquired skills enabling them to:**

- Develop an appreciation of physical activity as a lifetime pursuit and a means to better health.

**Course Location**

Meet in the south gym of the PED building for the first meeting. All other meetings for the class will take place on the tennis courts located behind the baseball field and tennis stadium. On rainy days meet in the lobby of the PED building.

## **Course Materials**

Each student is responsible for bringing one (1) new, unopened can of tennis balls before the third week of class. Running shoes and black soled shoes that leave marks will not be allowed on the court. Bring your own tennis racket. Course reader and other handouts for the class are on Blackboard.

*USC Physical Education IS NOT responsible for any lost, stolen or damaged property. If you choose to bring any valuables to class, it is strongly recommended that they be locked up during class. Locker rooms are available in the PE building and the Lyons Center.*

## **Evaluation Criteria:**

Assignment-10% (2 tennis observations - 1 men's and 1 women's match)

Midterm - 20%

Final Exam-25%

Fundamental Skill Assessment-15% (Tennis match play amongst students in a round robin format to assess learned knowledge and apply it to actual game play)

Participation-30% (Attending class regularly; arriving on time; active participation in warm-up, drills and games)

## **Weekly Course Content**

1. Orientation and Basic Fundamentals
2. Forehand and Backhand Fundamentals and Practice
3. Combined Groundstroke Review and Court Positioning
4. Serve and Service return Fundamentals and Practice
5. Rules, Scoring and Etiquette
6. Singles Match Play
7. Volley Fundamentals and Practice
8. Midterm
9. Doubles Positioning and Strategy; Double Match Play
10. Overhead and Lob Fundamentals and Practice
11. Combined Stroke Review and Warmup Sequence
12. Specific Rule Situations
13. Tournaments – Amateur and Professional
14. Skills Assessment and Final Exam Review
15. **Final exam – last class meeting of the semester**

**Final is comprehensive**

## **IMPORTANT DATES:**

3<sup>rd</sup> week (Friday) Last day to add / Last day to drop without a mark of “W” and receive a refund.

7<sup>th</sup> week (Friday) Last day to withdraw without a “W” on transcript or change pass/no pass to letter grade.

**8<sup>th</sup> week Midterm Exam**

12<sup>th</sup> week (Friday) Last day to drop with a mark of “W” on permanent record.

**15<sup>th</sup> week Final Exam**

## Statement on Academic Conduct and Support Systems

### Academic Conduct:

Plagiarism – presenting someone else’s ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in SCampus in Part B, Section 11, “Behavior Violating University Standards” [policy.usc.edu/scampus-part-b](http://policy.usc.edu/scampus-part-b). Other forms of academic dishonesty are equally unacceptable. See additional information in SCampus and university policies on scientific misconduct, [policy.usc.edu/scientific-misconduct](http://policy.usc.edu/scientific-misconduct).

### Support Systems:

*Student Health Counseling Services - (213) 740-7711 – 24/7 on call*  
[engemannshc.usc.edu/counseling](http://engemannshc.usc.edu/counseling)

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention.

*National Suicide Prevention Lifeline - 1 (800) 273-8255 – 24/7 on call*  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

Free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

*Relationship and Sexual Violence Prevention Services (RSVP) - (213) 740-4900 – 24/7 on call*  
[engemannshc.usc.edu/rsvp](http://engemannshc.usc.edu/rsvp)

Free and confidential therapy services, workshops, and training for situations related to gender-based harm.

*Office of Equity and Diversity (OED) | Title IX - (213) 740-5086*  
[equity.usc.edu](http://equity.usc.edu), [titleix.usc.edu](http://titleix.usc.edu)

Information about how to get help or help a survivor of harassment or discrimination, rights of protected classes, reporting options, and additional resources for students, faculty, staff, visitors, and applicants. The university prohibits discrimination or harassment based on the following protected characteristics: race, color, national origin, ancestry, religion, sex, gender, gender identity, gender expression, sexual orientation, age, physical disability, medical condition, mental disability, marital status, pregnancy, veteran status, genetic information, and any other characteristic which may be specified in applicable laws and governmental regulations.

*Bias Assessment Response and Support - (213) 740-2421*  
[studentaffairs.usc.edu/bias-assessment-response-support](http://studentaffairs.usc.edu/bias-assessment-response-support)

Avenue to report incidents of bias, hate crimes, and microaggressions for appropriate investigation and response.

*The Office of Disability Services and Programs - (213) 740-0776*  
[dsp.usc.edu](http://dsp.usc.edu)

Support and accommodations for students with disabilities. Services include assistance in providing readers/notetakers/interpreters, special accommodations for test taking needs, assistance with architectural barriers, assistive technology, and support for individual needs.

*USC Support and Advocacy - (213) 821-4710*

[studentaffairs.usc.edu/ssu](http://studentaffairs.usc.edu/ssu)

Assists students and families in resolving complex personal, financial, and academic issues adversely affecting their success as a student.

*Diversity at USC - (213) 740-2101*

[diversity.usc.edu](http://diversity.usc.edu)

Information on events, programs and training, the Provost's Diversity and Inclusion Council, Diversity Liaisons for each academic school, chronology, participation, and various resources for students.

*USC Emergency - UPC: (213) 740-4321, HSC: (323) 442-1000 – 24/7 on call*

[dps.usc.edu](http://dps.usc.edu), [emergency.usc.edu](http://emergency.usc.edu)

Emergency assistance and avenue to report a crime. Latest updates regarding safety, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible.

*USC Department of Public Safety - UPC: (213) 740-6000, HSC: (323) 442-120 – 24/7 on call*

[dps.usc.edu](http://dps.usc.edu)

Non-emergency assistance or information.