

USC Dornsife

Dana and David Dornsife
College of Letters, Arts and Sciences

DEPARTMENT OF PHYSICAL EDUCATION PHED 152 BEACH SOCCER FALL 2019

Instructor: Luis Paulo Oliveira, MS
Office: PED 107
Office Hours: Friday 10-11:50AM #49937
Phone: 213 740-0481/ Fax: 213-821-1098
Email: luispauo@usc.edu

Course Description

This class emphasizes the development of beach soccer technical specific skills, knowledge of rules, individual/team tactics and positional offensive/defensive elements of play for beginning to advanced players.

Course Objectives

- To learn a variety of technical, physical and tactical functional drills
- To develop knowledge of various tactical strategies
- To understand the history and laws of beach soccer
- To be exposed to current beach soccer trends and events

Physical Education Learning Objectives

- To acquire the fundamentals of health-related fitness, encompassing cardio-respiratory and cardiovascular endurance, muscular strength and endurance, muscular flexibility and body composition
- To apply knowledge of the fundamentals of health-related fitness toward developing, maintaining, and sustaining an active and healthy lifestyle
- To acquire or enhance the basic motor skills and skill-related competencies, concepts, and strategies of physical activities and sport
- To gain a thorough working knowledge, appreciation, and understanding of the spirit and rules, history, safety, and etiquette of physical activities and sport

Blackboard

Additional information will be posted on blackboard. <https://blackboard.usc.edu>

Assignment

Observe a professional beach soccer game and complete a 2-page analysis detailing and applying the material learned in class during the first eleven weeks as it relates to that game. Note the various strategies and tactics of each team. Indicate the score and noteworthy plays, situations and rulings.

Evaluation Criteria

Participation	15%
Midterm	15%
Assignment	20%
Skills Assessments	25%
Final	25%

A 94-100 **A-** 90-93 **B+** 87-89 **B** 84-86 **B-** 80-83 **C+** 77-79 **C** 74-76 **C-** 70-73

Extra credit work and make-up work are **not available. You are **not** permitted to make-up absences in another section. It is your responsibility to attend class consistently and fulfill the requirements of this course.*

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Course Schedule

Week 1 Aug 30	Review of Syllabus (PED 210 South Gym) Passing Technique: foot, thigh, chest, heading – Play 5v5
Week 2 Sept 6	Passing Drills: Air ball – Play 5v5 Field goals and marks
Week 3 Sept 13	Dribbling Drills – Play 1v1s, 2v1, 2v2, 3v2, 3v3, 4v3 Last Day to withdraw without a W or change grading option
Week 4 Sept 20	Finishing Drills: Shooting, Heading, Chest – Play 5v5 Air ball finishing: Bicycle Kicks, Volleys, Heading
Week 5 Sept 27	Elements of Possession – Play 5v5 Team Shapes & Players' Roles
Week 6 Oct 4	Principles of Attacking/Defending – Play 5v5
Week 7 Oct 11	Yellow & Red Cards – Play 5v5 Direct & Indirect Fouls Review for Midterm/Midterm
Week 8 Oct 18	Fall Recess No Class
Week 9 Oct 25	Heading Progression – Play 5v5 Last Day to Drop without W and change pass/no pass to letter grade
Week 10 Nov 1	Corner Kicks and Throw-ins – Play 5v5 World Rivalry Games
Week 11 Nov 8	Penalty Kicks – Play 5v5 World Rivalry Games
Week 12 Nov 15	Skills Assessment – Beach Soccer Circuit World Rivalry Games - Play 5v5
Week 13 Nov 22	Soccer Game Assignment Due!!! Last Day to Drop with a “W” World Rivalry Games - Play 5v5
Week 14 Nov 29*	World Rivalry Games - Play 5v5 Thanksgiving Break Nov 27-Dec 1 *No Class
Week 15 Dec 6	Review & take the final exam

Miscellaneous

Participation

Demonstration of acquired learning objectives requires regular participation, particularly in a performance skill-based class. Failure to attend class **WILL IMPACT** your final grade.

Equipment

Bring proper light gear, water bottle and sunblock.

Class Meeting Information

Classes will meet at Santa Monica Beach Sand in front of Annenberg Beach House 415 Pacific Coast Hwy, Santa Monica, CA 90402. Parking cost is \$3 per hour. Transportation is the responsibility of the student.

USC Physical Education IS NOT responsible for any lost, stolen or damaged property. If you choose to bring any valuables to class, it is strongly recommended that they be locked up during class. Locker rooms are available in the PE building and the Lyons Center.

Academic Accommodations: Students requesting academic accommodations based on a disability are required to register with Disability Services and Programs (DSP) each semester. A letter of verification for approved accommodations can be obtained from DSP when adequate documentation is filed. Please be sure the letter is delivered to me as early in the semester as possible. DSP is open Monday-Friday, 8:30am-5:00pm. The office is in Student Union 301 and the phone number is (213) 740-0776.

Emergency Preparedness/ course Continuity in a Crisis: In case of a declared emergency if travel to campus is not feasible, USC executive leadership will announce an electronic way for instructors to teach students in their residence halls or homes using a combination of blackboard, teleconferencing, and other technologies.

Statement on Academic Conduct and Support System

Academic Conduct:

Plagiarism – presenting someone else’s ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in SCampus in Part B, Section 11, “Behavior Violating University Standards” policy.usc.edu/scampus-part-b. Other forms of academic dishonesty are equally unacceptable. See additional information in SCampus and university policies on scientific misconduct, <http://policy.usc.edu/scientificmisconduct>.

Support Systems:

Student Counseling Services (SCS) – (213) 740-7711 – 24/7 on call Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention. www.engemannshc.usc.edu/counseling

National Suicide Prevention Lifeline – 1 (800) 273-8255 Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. www.suicidepreventionlifeline.org

Relationship and Sexual Violence Prevention Services (RSVP) – (213) 740-4900 – 24/7 on call Free and confidential therapy services, workshops, and training for situations related to gender-based harm. www.engemannshc.usc.edu/rsvp.

Sexual Assault Resource Center:

For more information about how to get help or help a survivor, rights, reporting options, and additional resources, visit the website: www.sarc.usc.edu.

Office of Equity and Diversity (OED)/Title IX Compliance – (213) 740-5086 Works with faculty, staff, visitors, applicants, and students around issues of protected class. www.equity.usc.edu

Bias Assessment Response and Support Incidents of bias hate crimes and microaggressions need to be reported allowing for appropriate investigation and response. www.studentaffairs.usc.edu/bias-assessment-response-support

The Office of Disability Services and Programs Provides certification for students with disabilities and helps arrange relevant accommodations. www.dsp.usc.edu

Student Support and Advocacy – (213) 821-4710 Assists students and families in resolving complex issues adversely affecting their success as a student EX: personal, financial, and academic. studentaffairs.usc.edu/ssa

Diversity at USC Information on events, programs and training, the Diversity Task Force (including representatives for each school), chronology, participation, and various resources for students. www.diversity.usc.edu

USC Emergency Information Provides safety and other updates, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible. www.emergency.usc.edu

USC Department of Public Safety – UPC: (213) 740-4321 – HSC: (323) 442-1000 – 24-hour emergency or to report a crime. Provides overall safety to USC community. www.dps.usc.edu