

Golf - PHED 155a

Units: 1 unit (#49903R)

Fall 2019 – TTH 9 am

Location: Dedeaux Field (BDX)

Blackboard: <https://blackboard.usc.edu>

Instructor: Marcos Briano, *Ph.D.* "Coach Briano"

Office Hours: By Appointment

Contact Info: marcos@usc.edu

Course Description

This course is an introductory golf class to develop basic golf skills, swing mechanics (stance, grip, posture, and alignment), utilization of golf equipment (irons, woods and putter), history, rules, scoring, etiquette, and strategies of play (golf course layout/play). This course will provide fundamental golf skills through practice and play.

Prerequisite: None

Co-Requisite: None

Recommended Preparation: None

Course Learning Objectives

1. To acquire fundamental golf skills with proficiency and ability to apply these skills.
2. To gain sufficient knowledge of basic golf rules, scoring, etiquette and play.
3. To develop knowledge and competency in golf fundamentals, skills, and game.
4. To develop, appreciate, and commit to adapting movement (golf) activity for lifetime fitness.

Physical Education Objectives

Students will understand the importance of sound health & fitness principles as they relate to better health & will be able to:

- Recognize the physical and mental benefits of increased physical activity.

Students will be exposed to a variety of activities providing them the opportunity to:

- Apply learned fundamental golf skills.

Students will demonstrate proficiency through knowledge & acquired skills enabling them to:

- Understand and utilize various training methods.
- Develop an appreciation of physical activity as a lifetime pursuit and a means to better health.

Course Textbook

Professional Golfers' Association of America. *First Swing: Golfer's Guide*, 2004. (Available on Blackboard)

Equipment

Golf equipment will be provided. Personal equipment is encouraged, but not mandatory. Appropriate workout attire is required. *Recommendations include:* athletic shoes, water & towel. Lockers are available for a rental fee in the PED building. Equipment may be checked out with student ID.

Participation/Performance

Timely and consistent attendance is imperative, in order to develop appropriate skills and to obtain supplemental information for course assignments/exams. Two tardiness equals 1 absence.

Failure to attend class **WILL IMPACT** your final grade.

Assignment Submission Policy

Video Analysis – (1-2 page[s]) paper analyzing the video of your golf swing mechanics initial-class and mid-class, due via Blackboard (*submit under Video Assignment*) on **October 31, 2019 by 11:59 p.m.**

OPTIONAL Driving Range (5 pts.) or Golf Round (15 pts.) – Driving range receipt or golf course scored scorecard and receipt, due at the **Final Exam Review**.

General Class Policies

- **No Make-Ups** will be given for any missed coursework or late assignments.
- Email (marcos@usc.edu) is the preferred method of communication outside of class.
Please NOTE: TTH8 in subject line of email.
- In the event of adverse weather conditions (i.e., rainy days), please check your email for additional class information.
- Wear appropriate clothing and athletic shoes.

Additional Policies

- USC Physical Education **IS NOT** responsible for any lost, stolen or damaged property. If you choose to bring any valuables to class, it is strongly recommended to lock them up during class. Lockers are available for rental fee in the PED building and Lyon Center.

Grading Criteria

200 Total Points

Cognitive	50%	100 pts.	Psychomotor	50%	100 pts.
Midterm	25%	50 pts.	Class Performance	30%	60 pts.
Final Exam	25%	50 pts.	Skills Assessment	15%	30 pts.
			Video Analysis	5%	10 pts.

Optional EXTRA Credit – Driving Range (5 pts.) or Golf Course Round (15 pts.)

A (184 pts. & higher) **A-** (180-183 pts.) **B+** (176-179 pts.) **B** (164-175 pts.) **B-** (160-163 pts.)
C+ (156-159 pts.) **C** (144-155 pts.) **C-** (140-143 pts.) **PASS** (>140 pts.)
D (120-139 pts.) **Fail** (<120 pts.)

Class Performance/Participation (30%): Regular participation in class activities is a cumulative portion of your grade and active participation is fully expected.

Skills Assessment (15%): In-class demonstration of learned skills of the basics elements of golf. Including but not limited to putting, short game, iron play, drivers and basic play and etiquette. To be administered during Weeks 13-14. A formal rubric will be given and used for this assessment activity.

Video Analysis (5%): Students will video during class time and analyze their swing including, but not limited to grip, posture, alignment, set-up and swing path. Students are expected to use initial-class to mid-class video to compare and contrast themselves. Analysis paper (1-2 page paper) is due on **October 31, 2019**.

Midterm (25%): Will consist of material covered to this point. Refer to course text, handouts, lecture and activities. Examination will consist of multiple choice, true/false and short answer.

Final Exam (25%): Comprehensive final examination of all course work. Students are responsible for all material covered. Examination will consist of multiple choice, true/false and short answer.

OPTIONAL – Driving Range (5 pts.) or Golf Course Round (15 pts.): Optional extra credit for applying learned golf skills at driving range or playing either a 9-hole or 18-hole golf course. Receipt/video and/or scored scorecard and receipt are required for credit.

Course Schedule

Week 1 August 27, 29	Course Introduction <i>Golf 101 – Chapter 1</i>		
Week 2 September 3, 5	Grip, Stance & Mechanics – Skills Practice <i>Review: Safety & golf terminology – Chapter 4</i>		
Week 3 September 10, 12	Swing Fundamentals – Skills Practice <i>Equipment & principles – Chapter 6</i>		
FRIDAY, SEPTEMBER 13	LAST DAY TO: REGISTER & ADD CLASSES, DROP WITHOUT MARK OF “W”, CHANGE ENROLLMENT OPTION TO P/NP OR AUDIT & PURCHASE/WAIVE TUITION REFUND INSURANCE		
Week 4 September 17, 19	Skills Practice <i>Ball flight laws/strategy – Chapter 5</i>		
Week 5 September 24, 26	Short Irons – Skills Practice <i>Ball flight laws/strategy – Chapter 5</i>		
Week 6 October 1, 3	Mid Irons – Skills Practice <i>Equipment selection, golf rules, scoring & etiquette</i>		
Week 7 October 8, 10	Club Selection (Short Game) Skills Practice Review: Golf rules, scoring & etiquette	Midterm (Review)	
FRIDAY, OCTOBER 11	LAST DAY TO: DROP COURSE WITHOUT MARK OF “W” ON TRANSCRIPT & CHANGE ENROLLMENT P/NP COURSE TO A LETTER GRADE		
Week 8 October 15	Midterm Exam	Fall Recess <i>October 17-18</i>	
Week 9 October 22, 24	Long Irons – Skills Practice <i>Ball positioning, targets & distance</i>		
Week 10 October 29, 31	Woods & Fairway Clubs – Skills Practice		Video Analysis Paper Due 10/31/19
Week 11 November 5, 7	Facility Orientation & Courses – Skills Practice <i>Chapter 2</i>		
Week 12 November 12, 14	Skills Review – Skills Practice <i>Chapter 7</i>		
FRIDAY, NOVEMBER 15	LAST DAY TO DROP CLASS WITH MARK OF “W”		
Week 13 November 19, 21	Skills Assessment		
Week 14 November 26	Skills Assessment	Thanksgiving Recess <i>(November 27 – December 1)</i>	
Week 15 December 3, 5	Final (Review)	Final Exam	Optional Extra Credit Due 12/3/19

Academic Conduct/Integrity

Plagiarism – presenting someone else’s ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Part B, Section 11, “Behavior Violating University Standards” policy.usc.edu/scampus-part-b. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, <http://policy.usc.edu/scientific-misconduct>.

Support Systems

Student Counseling Services (SCS) – (213) 740-7711 – 24/7 on call

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention. engemannshc.usc.edu/counseling

National Suicide Prevention Lifeline – 1 (800) 273-8255

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. www.suicidepreventionlifeline.org

Relationship and Sexual Violence Prevention Services (RSVP) – (213) 740-4900 – 24/7 on call

Free and confidential therapy services, workshops, and training for situations related to gender-based harm. engemannshc.usc.edu/rsvp

Sexual Assault Resource Center

For more information about how to get help or help a survivor, rights, reporting options, and additional resources, visit the website: sarc.usc.edu

Office of Equity and Diversity (OED)/Title IX Compliance – (213) 740-5086

Works with faculty, staff, visitors, applicants, and students around issues of protected class. equity.usc.edu

Bias Assessment Response and Support

Incidents of bias, hate crimes and microaggressions need to be reported allowing for appropriate investigation and response. studentaffairs.usc.edu/bias-assessment-response-support

The Office of Disability Services and Programs

Provides certification for students with disabilities and helps arrange relevant accommodations. dsp.usc.edu

Student Support and Advocacy – (213) 821-4710

Assists students and families in resolving complex issues adversely affecting their success as a student EX: personal, financial, and academic. studentaffairs.usc.edu/ssa

Diversity at USC

Information on events, programs and training, the Diversity Task Force (including representatives for each school), chronology, participation, and various resources for students. diversity.usc.edu

USC Emergency Information

Provides safety and other updates, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible. emergency.usc.edu

USC Department of Public Safety – UPC: (213) 740-4321 – HSC: (323) 442-1000 – 24-hour emergency or to report a crime. Provides overall safety to USC community. dps.usc.edu