

NURS 505

Clinical Practicum: Management of Adult Patients 3 Units

I. Course Prerequisites or Co-Requisites

NURS 503: Theory: Clinical Management of Adult Patients (Prerequisite)

NURS 504: Clinical Pharmacology for Advanced Practice Nursing (Prerequisite/Co-Requisite)

II. Catalogue Description

This clinical practicum course is intended to prepare family nurse practitioner (FNP) students to provide primary health care to patients throughout the life span with a focus on the prevention of disease, health maintenance, and the diagnosis and management of patients with common illness.

III. Course Description

This course provides advanced practice nursing students in the FNP track with a clinical experience to apply the theoretical concepts studied in Theory: Clinical Management of Adult Patients course. The focus of this clinical experience is on the assessment of adult health status incorporating health promotion, health maintenance, and delivery of care strategies. In addition, the clinical experience will foster skills in the planning and implementation of care for adults with an altered health status. The clinical experience may take place in a variety of practice settings.

IV. Course Objectives

In this clinical practicum, the student will perform histories and physical examinations. The students will focus on the health prevention, health promotion, and diagnosis and management of patients with illnesses commonly seen in primary care. This clinical practicum will allow the student to integrate the theoretical knowledge obtained in their didactic courses with clinical practice in preparation to deliver high-quality, evidence-based primary care. Upon completion of this clinical practicum the FNP student will be able to:

Objective	Objectives
1	Perform an efficient health history and a relevant, orderly, and complete physical examination for the
	adult patient, as well as analyze data from the history and physical to prioritize interventions based on
	the severity and complexity of the health problems presented.
2	Diagnose medical alterations of the patient based on an understanding of pathophysiology, as well as an
	accurate interpretation of data from the history, physical exam, laboratory, and diagnostic tests.
3	Communicate and record accurate and concise findings related to patient care management while
	maintaining patient confidentiality throughout all aspects of the relationship.
4	Develop a comprehensive management plan, in partnership with the patient or the family, based on
	medical alterations of the adult patient, and evaluate plans of care.
5	Provide health promotion and disease management for patients, families, and communities while taking
	into consideration culture, race, gender, spiritual beliefs, sexual orientation, social class, economic
	situations, and alternative healthcare practices using current guidelines.
6	Implement safe, accessible, cost-effective, quality, evidence-based care utilizing the current healthcare
	system which includes interprofessional collaboration, referral, and co-management of patients where
	appropriate to provide effective care.
7	Identify community and family support resources available to assist patients and their families while
	promoting self-advocacy.

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Ī	8	Evaluate their own performance, strengths, and weaknesses through written self-evaluation, preceptors'
		evaluations, and meetings with faculty while maintaining professional standards including
		responsibility, ethical practice, and accountability to the patient and their family.

V. Course Format/Instructional Methods

This is a challenging and exciting online course, using both asynchronous and synchronous approaches. Students will be expected to be prepared, fully present, and actively involved during all phases of the course. It is also the expectation that students will either possess or have access to the necessary computer equipment (desktop computer with audio/video capability), software (Microsoft Word and Adobe Acrobat), and a reliable **hard-wired** Internet connection.

A primary care setting is the clinical practicum site. On-site preceptors utilize their clinical expertise to assist students with the integration of content and the development of clinical judgment as well as other relevant skills. Attendance and active participation during all phases of this course is mandatory. Students may start their clinical rotation in Week 1 and may end no earlier than Week 14. All students must complete an average of 14 hours of clinical per week. A total of 196 clinical hours AND a favorable clinical practicum evaluation is required for successful completion of this course.

VI. Student Learning Outcomes

Student learning for this course relates to one or more of the following nine nursing core competencies:

	Nursing Core Competencies	NURS 505	Course Objective
1	Scientific Foundation Competencies	*	6
2	Leadership	*	3,6
3	Quality	*	4, 6
4	Practice Inquiry	*	6
5	Technology and Information Literacy	*	5, 6, 7
6	Policy	*	6, 7, 8
7	Health Delivery System	*	5, 6, 7
8	Ethics	*	8
9	Independent Practice	*	1–7

^{*}Highlighted in this course

The following table explains the highlighted competencies for this course, the related student learning outcomes, and the method of assessment.

SCIENTIFIC FOUNDATION COMPETENCIES			
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment	
Family Nurse Practitioner competent in Scientific Foundation Competencies: Integrates scientific findings from nursing, biopsychosocial fields, genetics, public health, quality improvement, and organizational sciences for the continual improvement of nursing care across diverse settings.	Critically analyzes data and evidence for improving advanced nursing practice. Integrates knowledge from the humanities and sciences within the context of nursing science. Translates research and other forms of knowledge to improve practice processes and outcomes. Develops new practice approaches based on the integration of research, theory, and practice knowledge.	Episodic Clinical Write Up 1 Episodic Clinical Write Up 2 Comprehensive Clinical Write Up Case Presentation Clinical Evaluation Tool	

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LEADERSHIP COMPETENCIES		
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment
Family Nurse Practitioner competent	Assumes complex and advanced	Clinical Evaluation Tool
in Leadership Competencies:	leadership roles to initiate and guide	
 Applies concepts of organizational 	change.	
and systems leadership critical to the	Provides leadership to foster	
promotion of high quality and safe	collaboration with multiple	
patient care and has leadership skills	stakeholders to improve health care.	
needed to make ethical and critical	Demonstrates leadership that uses	
decisions, working effectively within	critical and reflective thinking.	
a systems perspective.	Advances practice through the	
	development and implementation of	
	innovations incorporating principles	
	of change.	
	Advocates for improved access,	
	quality and cost effective health care.	
	Communicates practice knowledge	
	effectively, both orally and in writing.	
	Works with individuals of other	
	professions to maintain a climate of	
	mutual respect and shared values.	
	Engages diverse health care	
	professionals who complement one's	
	own professional expertise, as well as	
	associated resources, to develop	
	strategies to meet specific patient care	
	needs.	
	Engages in continuous professional	
	and interprofessional development to	
	enhance team performance.	
	Assumes leadership in	
	interprofessional groups to facilitate	
	the development, implementation and	
	evaluation of care provided in	
	complex systems.	

QUALITY COMPETENCIES			
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment	
Family Nurse Practitioner competent in Quality Competencies:	Uses best available evidence to continuously improve quality of clinical practice.	Episodic Clinical Write Up 1 Episodic Clinical Write Up 2 Comprehensive Clinical Write Up	
 Discusses methods, tools, performance measures, and standards related to quality, and 	Evaluates the relationships among access, cost, quality, and safety and their influence on health care.	Case Presentation Clinical Evaluation Tool	
applies quality principles within an organization.	Evaluates how organizational structure, care processes, financing, marketing and policy decisions		
	impact the quality of health care. Applies skills in peer review to promote a culture of excellence.		

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Anticipates variations in practice and	
is proactive in implementing	
interventions to ensure quality.	

PRACTICE INQUIRY COMPETENCIES			
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment	
 Family Nurse Practitioner competent in Practice Inquiry Competencies: Applies scholarship for evidence-based practices within the practice setting, resolves practice problems, works as a change agent, and disseminates results. 	Provides leadership in the translation of new knowledge into practice. Generates knowledge from clinical practice to improve practice and patient outcomes. Applies clinical investigative skills to improve health outcomes. Leads practice inquiry, individually or in partnership with others. Disseminates evidence from inquiry to diverse audiences using multiple modalities.	Episodic Clinical Write Up 1 Episodic Clinical Write Up 2 Comprehensive Clinical Write Up Case Presentation Clinical Evaluation Tool	

TECHNOLOGY AND INFORMATION LITERACY COMPETENCIES			
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment	
Family Nurse Practitioner competent in Technology and Information Literacy Competencies: Integrates and incorporates advances in technology within the practice setting, resolves practice problems, works as a change agent, and disseminates results.	Integrates appropriate technologies for knowledge management to improve health care. Translates technical and scientific health information appropriate for various users' needs. Assesses the patient's and caregiver's educational needs to provide effective, personalized health care. Coaches the patient and caregiver for positive behavioral change. Demonstrates information literacy skills in complex decision making. Contributes to the design of clinical information systems that promote safe, quality and cost effective care. Uses technology systems that capture data on variables for the evaluation of	Clinical Evaluation Tool	

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POLICY COMPETENCIES			
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment	
Family Nurse Practitioner competent in Policy Competencies:	Recognize and manage personal values in a way that allows professional values to guide practice.	Clinical Evaluation Tool	
 Defends the ability of the advanced practice nurse to intervene at the system level through the policy development process and to 	Advocates for ethical policies that promote access, equity, quality, and cost.		
employ advocacy strategies to influence health and health care.	Analyzes ethical, legal, and social factors influencing policy development.		
	Contributes in the development of health policy. Analyzes the implications of health		
	policy across disciplines. Evaluates the impact of globalization on health care policy development		

HEALTH DELIVERY SYSTEM COMPETENCIES			
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment	
Family Nurse Practitioners competent in Health Delivery System Competencies: Explains how the advanced practice nurse applies and integrates broad, organizational, client centered, and culturally appropriate concepts in the planning, delivery, management, and evaluation of evidence-based clinical prevention and population care and services to individuals, families, and aggregates/identified populations. As a member and leader of interprofessional health care system, the advanced practice nurse communicates, collaborates, and consults with other health professionals to manage and coordinate care.	Applies knowledge of organizational practices and complex systems to improve health care delivery. Effects health care change using broad based skills including negotiating, consensus-building, and partnering. Minimizes risk to patients and providers at the individual and systems level. Facilitates the development of health care systems that address the needs of culturally diverse populations, providers, and other stakeholders. Evaluates the impact of health care delivery on patients, providers, other stakeholders, and the environment. Analyzes organizational structure, functions and resources to improve the delivery of care.	Clinical Evaluation Tool	

ETHICS COMPETENCIES			
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment	
	Integrates ethical principles in	Clinical Evaluation Tool	
	decision making.		
	Evaluates the ethical consequences of		
	decisions.		

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Family Nurse Practitioner competent in Ethics Competencies:	Applies ethically sound solutions to complex issues related to individuals, populations and systems of care.	
 Includes matters involving moral 		
principles and social policy		
including professional guidelines		
for advanced practice nursing		
when providing care.		

INDEPENDENT PRACTICE COMPETENCIES			
Competencies/Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment	
Family Nurse Practitioner competent in Independent Practice Competencies:	Functions as a licensed independent practitioner. Demonstrates the highest level of accountability for professional	Clinical Evaluation Tool	
■ Demonstrates how nursing practice, at the master's level, is broadly defined as any form of nursing intervention that influences healthcare outcomes for individuals, populations, or systems. Advanced practice nurses must have an advanced level of understanding of nursing and relevant sciences as well as the ability to integrate this knowledge into practice. Nursing practice interventions include both direct and indirect care.	practices independently managing previously diagnosed and undiagnosed patients. Provides the full spectrum of health care services to include health promotion, disease prevention, health protection, anticipatory guidance, counseling, disease management, palliative, and end-of-life care. Uses advanced health assessment skills to differentiate between normal, variations of normal and abnormal findings. Employs screening and diagnostic strategies in the development of diagnoses. Prescribes medications within scope of practice. Manages the health/illness status of patients and families over time. Provides patient-centered care recognizing cultural diversity and the patient or designee as a full partner in decision-making. Works to establish a relationship with the patient characterized by mutual respect, empathy, and collaboration. Creates a climate of patient-centered care to include confidentiality, privacy, comfort, emotional support, mutual trust, and respect.		

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- Incorporates the patient's cultural and spiritual preferences, values, and beliefs into health care.
- Preserves the patient's control over decision making by negotiating a mutually acceptable plan of care.

Obtains and accurately documents a relevant health history and comprehensive or symptom-focused physical examinations for patients of all ages and in all phases of the individual and family life cycle using collateral information, as needed.

Identifies health and psychosocial risk factors and plans interventions to promote health of patients of all ages and families in all stages of the family life cycle, facilitating family decision-making about health.

Assesses the impact of an acute, and/or chronic illness, or common injuries on the family as a whole.

Assesses decision-making ability and consults and refers, appropriately.

Distinguishes between normal and abnormal change across the lifespan and synthesizes data from a variety of sources to make clinical decisions regarding appropriate management, consultation, or referral.

Plans diagnostic strategies and makes appropriate use of diagnostic tools for screening and prevention, with consideration of the costs, risks, and benefits to individuals.

Formulates comprehensive differential diagnoses.

Manages common acute and chronic physical and mental illnesses, including acute exacerbations and injuries across the lifespan to minimize the development of complications, and promote function and quality of living.

Prescribes therapeutic devices and medications with knowledge of altered pharmacodynamics and pharmacokinetics with special populations, such as infants and children, pregnant and lactating women, and older adults.

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Adapts interventions to meet the complex needs of individuals and families arising from aging, developmental/life transitions, comorbidities, psychosocial, and financial issues.

Assesses and promotes self-care in patients with disabilities.

Plans and orders palliative care and end-of-life care, as appropriate.

Performs primary care procedures safely.

Uses knowledge of family theories and development stages to individualize care provided to individuals and families.

Analyzes the impact of aging and age-and disease-related changes in sensory/perceptual function, cognition, confidence with technology, and health literacy and numeracy on the ability and readiness to learn and tailor interventions accordingly.

Demonstrates knowledge of the similarities and differences in roles of various health professionals proving mental health services, e.g., psychotherapists, psychologist, psychiatric social worker, psychiatrist, and advanced practice psychiatric nurse.

Evaluates the impact of life transitions on the health/illness status of patients and the impact of health and illness on patients (individuals, families, and communities).

Applies principles of self-efficacy/empowerment in promoting behavior change.

Develops patient-appropriate educational materials that address the language and cultural beliefs of the patient.

Monitors specialized care coordination to enhance effectiveness of outcomes for individuals and families.

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VII. Course Assignments, Due Dates, and Grading

Assignment	Due Date	% of Final Grade
Honor Pledge	Week 1	C/NC
Physical Exam Video	Week 1	C/NC
Learning Agreement	Week 1	C/NC
Episodic Clinical Write Up 1	Week 4	5%
Clinical Evaluation Tool	Week 7 &15	50%
Episodic Clinical Write Up 2	Week 7	10%
Case Presentation	Weeks 10-13	5%
Comprehensive Clinical Write Up	Week 13	10%
Asynchronous and Synchronous Class	Weekly	20%
Participation	*	
Typhon	Weekly	C/NC

Academic Dishonesty and Honor Code: In this class, students are permitted to work in groups only for designated group projects, which will be submitted for a group grade. All other assignments and exams are to be prepared individually.

Academic dishonesty is defined as a student's use of unauthorized assistance with intent to deceive an instructor or other such person who may be assigned to evaluate the student's work in meeting course and degree requirements. Familiarize yourself with the University Student Conduct Code, which applies to this course. Students are expected to be independently familiar with the Code and to recognize that their work in the course is to be their own original work that truthfully represents the time and effort applied. Violations of the Code are most serious and will be handled in a manner that fully represents the extent of the Code and that befits the seriousness of its violation.

Plagiarism and cheating of any kind on an examination, quiz, or assignment will result at least in an F for that assignment (and may, depending on the severity of the case, lead to an F for the entire course) and may be subject to appropriate referral for further action. It is assumed that for this course all students will adhere to the academic creed of this University and will maintain the highest standards of academic integrity. In other words, don't cheat by giving answers to others or taking them from anyone else. Course faculty will also adhere to the highest standards of academic integrity, so do not ask faculty to change your grade illegitimately or to bend or break rules for one person that will not apply to everyone.

Pacific Standard Time (PST) will be used for this course (example: assignments, exams, synchronous class sessions). Each student will be expected to adjust his/her time zone accordingly. Accommodations or exceptions will not be granted for conflicts caused by differing time zones.

Each of the major assignments is described below.

Episodic Clinical Write Up 1 and 2

Two written clinical write ups from the student's clinical practicum will be due at Weeks 4 and 7 of this course. Students will identify a patient who came into their clinical site for an **episodic visit**. **Students will use the clinical write up template and rubric as the organizing framework for this assignment.** The case should be deidentified of any patient, preceptor, or clinical site information; cases must be Health Insurance Portability and Accountability Act (HIPAA) complaint. **Students will also be expected to prepare and provide a five- to 10-minute verbal synopsis of their case during the synchronous session in Weeks 4/5 and 7/8.**

This assignment will be graded using a rubric. If a student receives a numerical grade of less than 75 on the clinical write up assignment, the paper (without initial clinical faculty comments or student name) will be graded by one of the lead

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faculty. If the lead faculty assigns a numerical grade within five points of the grade by the initial faculty, the grade from the initial faculty will be the final grade. The student will not have access to the other grade or the associated comments. If there is more than a five-point difference between the lead faculty and the initial faculty grade, the two will meet to discuss differences. The agreed-upon grade will then be the final grade, and the student will receive the comments associated with the final grade.

Due: Week 4 and 7

This assignment relates to student outcomes 1 and 3.

Comprehensive Clinical Write Up

One comprehensive written clinical write up from the student's clinical practicum will be due at the end of this course. The written case should use the clinical write up template and rubric as the organizing framework for this assignment. The case should be deidentified of any patient, preceptor, or clinical site information; cases must be HIPAA complaint.

This assignment will be graded according to a rubric. If a student receives a numerical grade of less than 75 on the clinical write up assignment, the paper (without initial clinical faculty comments or student name) will be graded by one of the lead faculty. If the lead faculty assigns a numerical grade within five points of the grade by the initial faculty, the grade from the initial faculty will be the final grade. The student will not have access to the other grade or the associated comments. If there is more than a five-point difference between the lead faculty and the initial faculty grade, the two will meet to discuss differences. The agreed-upon grade will then be the final grade, and the student will receive the comments associated with the final grade.

Due: Week 13

This assignment relates to student outcomes 1, 3, 7, and 8.

Case Presentation

Groups (two to three students per group) will be assigned during the first synchronous course of the session. Each group will be expected to present a case from their clinical practicum; this CANNOT be the same case/patient used in any of the clinical write ups. The presentation will be a summary of the case with an emphasis on exploring the differential diagnosis and using literature to guide your plan of care. During the discussion of the case the group should include an applicable "clinical pearl" or "lessons learned." The group should also include a recent (within the past five years) clinical article from a peer-reviewed journal that emphasizes either the clinical pearl or another interesting element of the case. Students should be prepared to discuss the article during their presentation. Additionally, the case discussion should include the consideration of a cultural or social determinant of health. Cases should include a cultural reflection that speaks to how the patient's culture impacted or affected the care received or how the student took the patient's culture into consideration OR it should encompass how a social determinant of health impacted or affected the patient, contributed to the patient's illness, or affected the care received.

This is a group project and a group grade will be assigned.

Presentations should be approximately 20 minutes in length with 10 minutes for discussions/questions.

Due: Week 10 with class presentations scheduled Weeks 10-13.

This assignment relates to student outcomes 1 and 3.

Clinical Practicum and Evaluation

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Students are expected to complete 196 clinical hours over the course of the semester. This averages to approximately 14 hours per week. Students should log ALL patient encounters (including observation) and clinical hours in the Typhon tracking system weekly. There is a ONE week window for entry. If the student misses this documentation period, he/she will not be able to use the clinical hours for the case logs that were not documented in a timely fashion. Specific information regarding the Typhon system has been posted to the course documents and will be reviewed during Week 1. Students should have a minimum of 80 hours completed by midterm (Week 7). Students may not start their clinical rotation until their Learning Agreement AND physical exam video have been submitted via the LMS. However, students should begin corresponding and planning their clinical rotation with each preceptor as soon as placements are made.

On or before week 4 of the term, course faculty will reach out to each preceptor with the intent of obtaining formative feedback about each student's current clinical performance. If there are adjustments or issues that need to be addressed regarding student performance, students will be notified and a faculty-student (preceptor if needed) conference will be scheduled. The preceptor, student, and course faculty may meet at another time during the semester regardless of student performance as an additional opportunity for evaluation and feedback.

The clinical evaluation tool contains a grading system. This tool will be used to determine if the student meets or exceeds each clinical objective. All students/preceptors/faculty must complete the approved clinical practicum tool. A copy of this tool is located in the course documents. The student and his/her preceptor are required to complete an evaluation at midterm (due Week 7) and a final evaluation upon completion of 196 clinical hours (due Week 15). Please note, you are expected to attend clinical weekly through Week 14 even if this means you go over the required 196 hours.

The grading for clinical courses is pass (credit)/fail (no credit). A grade of 100 will be recorded if the final grade is pass (credit). A grade of 0 will be recorded if the final grade is fail (no credit). Regardless of overall course grades, students must successfully pass the clinical practicum in order to successfully complete the course. An unfavorable/failing practicum evaluation will result in failure of the course. Course FNP faculty are a crucial part of the evaluative process and will make all final student decisions related to course/clinical progress, evaluation, and final course grading.

Due: Week 7 and 15

This assignment relates to student outcomes 1, 3, 5, 7, 8, and 9.

Learning Agreement (credit/no credit)

Preceptor signed learning agreements must be uploaded to the course learning management system PRIOR to starting your clinical experience.

This assignment relates to student outcome 4.

Due: Week 1

Synchronous and Asynchronous Class Participation

In preparation for weekly synchronous class sessions, students will be expected to complete and submit weekly class preparation assignments. These weekly asynchronous assignments/reflections/questions must be completed and submitted prior to class in order to receive credit. In order to receive credit for your asynchronous course work, the module must be completed in its entirety prior to class.

A significant amount of time (online, synchronous) will be spent in groups discussing core course content. A variety of techniques will be used to assist in stimulating a more meaningful learning environment. In order to get the full benefit of the learning experience, it is the expectation that every student will fully prepare and participate. Active presence in class

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(synchronous sessions), along with preparation by having read and completed the assignments, and full participation in discussion and activities are essential for a quality student learning experience.

Class participation is based on attendance and participation in both asynchronous work and synchronous sessions and discussions. Class attendance is mandatory. The presence (and absence) of students greatly affects the learning experience of others. If a student anticipates missing a class or is ill, he/she is expected to notify the instructor within 24 hours of the missed deadline or synchronous class session.

Note: Faculty reserve the right to modify content and/or date for assignments.

Class grades will be based on the following:

CR (**Credit**) Passing mark for **non-letter-graded** courses. Equivalent to C minus quality or better for undergraduate courses and **B quality or better for graduate courses**; no effect on GPA. Refer to Grading Options and Enrollment Status.

NC (No Credit) Less than the equivalent of C minus for an undergraduate course and less than equivalent of B quality for a graduate, non-letter-graded course; no effect on GPA.

Class	Grades	Final	Grade
3.85 - 4.00	A	93 – 100	A
3.60 - 3.84	A-	90 – 92	A-
3.25 - 3.59	B+	87 – 89	B+
2.90 - 3.24	В	83 – 86	В
2.60 - 2.89	B-	80 - 82	B-
2.25 - 2.59	C+	77 – 79	C+
1.90 - 2.24	С	73 – 76	С
		70 – 72	C-

Within the School of Social Work, grades are determined in each class based on the following standards which have been established by the faculty of the School: (1) Grades of A or A- are reserved for student work which not only demonstrates very good mastery of content but which also shows that the student has undertaken a complex task, has applied critical thinking skills to the assignment, and/or has demonstrated creativity in her or his approach to the assignment. The difference between these two grades would be determined by the degree to which these skills have been demonstrated by the student. (2) A grade of B+ will be given to work which is judged to be very good. This grade denotes that a student has demonstrated a more-than-competent understanding of the material being tested in the assignment. (3) A grade of B will be given to student work which meets the basic requirements of the assignment. It denotes that the student has done adequate work on the assignment and meets basic course expectations. (4) A grade of B- will denote that a student's performance was less than adequate on an assignment, reflecting only moderate grasp of content and/or expectations. (5) A grade of C would reflect a minimal grasp of the assignments, poor organization of ideas and/or several significant areas requiring improvement. (6) Grades between C- and F will be applied to denote a failure to meet minimum standards, reflecting serious deficiencies in all aspects of a student's performance on the assignment.

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VII. Required and Supplementary Instructional Materials and Resources

Recommended Textbooks:

- Ball, J. W., Dains, J. E., Flynn, J. A., Solomon, B. S., & Stewart, R. W. (2019). *Seidel's guide to physical assessment* (9th ed.). Philadelphia, PA: Elsevier/Saunders.
- Dunphy, L. M., Winland-Brown, J., Porter, B., & Thomas, D. (2015). *Primary care: Primary care: Art and science of advanced practice nursing* (4th ed.). Philadelphia, PA: F.A. Davis Company.
- Grossman, S., & Porth, C. M. (2014). *Porth's pathophysiology: Concepts of altered health states* (9th ed.). Philadelphia, PA: Wolters Kluwer Health/Lippincott Williams & Wilkins.
- Hatcher, R., Trusell, J., Nelson, A., Cates, W., Stewart, F., & Kowal, D. (2011). *Contraceptive technology* (20th ed.). Atlanta, GA: Bridging the Gap Communications.
- Hollier, A. (2016). *Clinical guidelines in primary care* (2nd ed.). Scott, LA: Advanced Practice Education Associates, Inc.

Recommended Guidebook for APA Formatting:

American Psychological Association. (2009). *Publication manual of the American Psychological Association* (6th ed.). Washington, D.C.: American Psychological Association.

Recommended Websites and Databases:

- Agency for Healthcare Research and Quality. (2014). Guide to clinical preventive services, 2014. Retrieved from http://www.ahrq.gov/professionals/clinicians-providers/guidelines-recommendations/guide/index.html
- Office of Disease Prevention and Health Promotion. (2014). Healthy People 2020. Retrieved from http://www.healthypeople.gov/

In addition to additional required and recommended readings, students will be expected to access and review select websites and databases. These resources will be embedded in each weekly module and will be available through the Internet.

Note: Additional required and recommended readings may be assigned by the instructor throughout the course.

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Course Overview

Course Overview			
Week	Content	Assignments	
1	Module 1: Course Introduction	Module 1:	
	This module covers an introduction to	Physical Exam Video	
	the course including course	Learning Agreement	
	expectations, orientation to clinical,	Clinical Practicum	
	and the use of the clinical tracking	Typhon	
	system. Patient and preceptor		
	etiquette will be discussed.		
2	Module 2: Coding and	Module 2:	
	Documentation	Clinical Practicum	
	This module summarizes	Typhon	
	documentation requirements for	Typhon	
	=		
	basic/common outpatient visits and		
	prepares the family nurse practitioner		
	student to recognize and identify		
	common CPT and ICD-10 codes.		
3	Module 3: Health Promotion,	Module 3:	
	Disease Prevention, and Treatment	Clinical Practicum	
	Guidelines (Part 1)	Typhon	
	This module will review the	Typhon	
	importance of health promotion and		
	disease prevention. Recommendations		
	regarding services and management		
	options that should routinely be		
	incorporated into primary care for		
	select populations and conditions will		
	• •		
	be covered.		
4	Module 4: Health Promotion,	Module 4:	
	Disease Prevention, and Treatment	Episodic Clinical Write Up 1	
	Guidelines (Part 2)	Clinical Practicum	
	This module will review the	Typhon	
	importance of health promotion and	71	
	disease prevention. Recommendations		
	regarding services and management		
	options that should be routinely		
	incorporated into primary care for		
	select populations and conditions will		
	be covered.		
5	Module 5: Social Determinants of	Module 5:	
	Health	Clinical Practicum	
	This module provides the family	Typhon	
	nurse practitioner student with an		
	overview of the social determinants of		
	health; the social, physical,		
	economical, and environmental		
	factors that influence the health of the		
	individual, the family, and the		
	community.		

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	overview of diagnostic testing for	
	certain disorders. The criteria for	
	ordering diagnostic scans of specific	
	complaints and conditions covered in	
	NURS 503 Theory: Clinical	
	Management of the Adult Patient is	
	reviewed.	
13	Module 13: Complementary	Module 13:
	Alternative Medicine	Comprehensive Clinical Write Up
	This module will be aimed at	Clinical Practicum
	providing primary care nurse	Typhon
	practitioners with the knowledge and	
	resources to provide safe	
	recommendations to their patients in	
	regards to Complementary	
	Alternative Medicine.	
14	Module 14: International Travel	Module 14:
	This module is intended to provide	Clinical Practicum
	the family nurse practitioner student	Typhon
	with the knowledge necessary to	
	safely prepare their patients for	
	international travel.	
15	Module 15: Course Conclusion	Module 15:
	This module is intended to wrap-up	Final Clinical Evaluation Tool
	the course and cover content of the	Clinical Practicum
	class's choosing.	Typhon
Study Days / No Classes		
Final Examinations		

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Course Schedule—Detailed Description

Module 1: Course Introduction

Topics

- Course introduction
- Clinical tracking systems (Typhon) orientation
- Library orientation and resources
- Orientation to clinical including patient and preceptor etiquette

This module relates to Course Objectives 1 through 8.

Module 2: Coding and Documentation

Topics

- General principles of medical record documentation
- International Classification of Diseases, 10th edition (ICD-10)
- Evaluation and management services
- Current Procedural Terminology (CPT) coding

This module relates to Course Objective 3.

Recommended Resources

Centers for Medicare & Medicaid Services (n.d.). *Centers for Medicare and Medicaid Services*. Retrieved from https://www.cms.gov/

Find-A-Code. (2015). Medical coding & billing made easy. Retrieved from https://www.findacode.com/

ICD10Data.com (n.d.). ICD10data.com. Retrieved from http://www.icd10data.com/

Module 3: Health Promotion, Disease Prevention, and Treatment Guidelines (Part 1)

Topics

- United States Preventive Services Task Force recommendations
- Advisory Committee on Immunization Practices adult immunization schedule
- Treatment guidelines for commonly seen primary care chronic disorders
- Behavioral change theories

This module relates to Course Objectives 4, 5, and 6.

Recommended Resources

Centers for Disease Control and Prevention. (2016). *Adult immunization schedule*. Retrieved from http://www.cdc.gov/vaccines/schedules/hcp/adult.html

U.S. Preventive Services Task Force. (2016). *Recommendations for primary care providers*. Retrieved from http://www.uspreventiveservicestaskforce.org/Page/Name/recommendations

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Module 4: Health Promotion, Disease Prevention, and Treatment Guidelines (Part 2)

Topics

- United States Preventive Services Task Force recommendations
- Advisory Committee on Immunization Practices adult immunization schedule
- Treatment guidelines for commonly seen primary care chronic disorders
- Behavioral change theories

This module relates to Course Objectives 4, 5, and 6.

Recommended Resources

Centers for Disease Control and Prevention. (2016). *Adult immunization schedule*. Retrieved from http://www.cdc.gov/vaccines/schedules/hcp/adult.html

U.S. Preventive Services Task Force. (2016). *Recommendations for primary care providers*. Retrieved from http://www.uspreventiveservicestaskforce.org/Page/Name/recommendations

Module 5: Social Determinants of Health

Topics

- Social determinants of health review including:
 - o Neighborhood conditions
 - Working conditions
 - Education
 - o Income and wealth
 - Race and ethnicity
 - o Stress
 - Life course
 - Homelessness
 - Incarceration
 - o Adverse childhood experiences

This module relates to Course Objectives 5 and 7.

Module 6: Ethics and Ethical Decision Making

Topics

- Brief history of bioethics
- Advance directives
- Ethical principles
- Ethical decision-making

This module relates to Course Objective 8.

Module 7: The Difficult Encounter

Topics

- Difficult patient and provider characteristics
- Situational issues that lead to a challenging encounter
- Tips for how to manage difficult patients/encounters

This module relates to Course Objective 8.

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Module 8: Prioritization and Time Management

Topics

- How to uncover and negotiate the patient agenda
- Prioritization of multiple complaints
- Managing multiple comorbidities

This module relates to Course Objectives 1, 4, 5, and 7.

Module 9: Interprofessional Collaboration

Topics

- Key principles of interprofessional healthcare
- Advantages and benefits of interprofessional collaboration
- Limitations and challenges of interprofessional collaboration
- Role clarification of other healthcare professionals

This module relates to Course Objectives 6 and 7.

Module 10: Cost-Conscious Care

Topics

- U.S. healthcare expenditures
- Defining overuse, overtesting, overdiagnosis, underuse, misuse, and misdiagnosis
- Shared decision-making
- Choosing Wisely recommendations
- Cost-effective treatment

This module relates to Course Objectives 5 and 6.

Recommended Resources

The ABIM Foundation. (2016). Choosing wisely. Retrieved from http://www.choosingwisely.org/

Module 11: Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Topics

SBIRT training

This module relates to Course Objectives 1, 4, 6, and 7.

Recommended Resources

Substance Abuse and Mental Health Services Administration. (2016). *Screening, brief intervention, and referral to treatment (SBIRT)*. Retrieved from http://www.samhsa.gov/sbirt

Module 12: Radiology

Topics

- Review of diagnostic imaging tests: X-rays, MRIs, and CT scans
- Radiation-related risks
- ACR guidelines for headaches, low back pain, acute trauma to ankle/foot, and acute trauma to hand/wrist

This module relates to Course Objectives 2, 4, and 6.

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Recommended Resources

American College of Radiology. (n.d.). *American College of Radiology: Quality is our image*. Retrieved from http://www.acr.org/

Module 13: Complementary Alternative Medicine

Topics

- Definition of *complementary alternative medicine* (CAM)
- Historical perspective and proposed policy recommendations
- Categories of CAM per the National Institutes of Health and the National Center for Complementary and Alternative Medicine (NCCAM)
- Evaluating the evidence
- Integrative health approaches
 - o Commonly used supplements and other interventions
 - o Risks/harms
 - o Efficacy and safety considerations
 - o Benefits and existing evidence
 - o Toxicity and interactions
 - Specific populations
 - o Cost and other considerations (reimbursement issues)

This module relates to Course Objectives 4, 5, and 6.

Recommended Resources

National Institutes of Health. (2016). Dietary Supplement Database. Retrieved from http://www.dsld.nlm.nih.gov/dsld/

National Institutes of Health. (2016). National center for complementary and integrative health. *U.S. Department of Health and Human Services*. Retrieved from https://nccih.nih.gov/

Therapeutic Research Faculty. (2016). *National Medicines Comprehensive Database*. Retrieved from http://naturaldatabase.therapeuticresearch.com/home.aspx?cs=cepda&s=ND

U.S. Food and Drug Administration. (2016). Dietary supplements. *U.S. Department of Health and Human Services*. Retrieved from http://www.fda.gov/Food/DietarySupplements/default.htm

Module 14: International Travel

Topics

- Components of a pretravel evaluation
- Vaccine-preventable diseases
- Nonvaccine-preventable diseases
- Taking a travel history
- Special populations
- Traveler's diarrhea
- Altitude sickness

This module relates to Course Objectives 1, 2, 4, 5, and 6.

Recommended Resources

Centers for Disease Control and Prevention. (2016). *Morbidity and mortality weekly report (MMWR)*. Retrieved from http://www.cdc.gov/mmwr/index.html

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Centers for Disease Control and Prevention. (2016). *Travelers' health*. Retrieved from http://wwwnc.cdc.gov/travel/destinations/list

Gideon. (2016). *Gideon: The world's premier global infectious disease database*. Retrieved from http://www.gideononline.com/

International Society of Travel Medicine. (n.d.). *International Society of Travel Medicine: Promoting healthy travel worldwide*. Retrieved from www.istm.org

U.S. Department of State, Bureau of Consular Affairs. (n.d.). Retrieved from https://travel.state.gov/content/travel/en.html

Module 15: Course Conclusion

Topics

• Course conclusion

This module relates to Course Objectives 1 through 8.

Study Days / No Classes

Final Examinations

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University Policies and Guidelines

IX. ATTENDANCE POLICY

Students are expected to attend every class and to remain in class for the duration of the unit. Failure to attend class or arriving late may impact your ability to achieve course objectives which could affect your course grade. Students are expected to notify the section faculty by email of any anticipated absence or reason for tardiness.

University of Southern California policy permits students to be excused from class for the observance of religious holy days. This policy also covers scheduled final examinations which conflict with students' observance of a holy day. Students must make arrangements *in advance* to complete class work which will be missed, or to reschedule an examination, due to holy days observance.

Please refer to Scampus and to the USC School of Social Work Student Handbook for additional information on attendance policies.

X. ACADEMIC CONDUCT

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Part B, Section 11, "Behavior Violating University Standards" https://policy.usc.edu/scampus-part-b/. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, http://policy.usc.edu/scientific-misconduct.

XI. SUPPORT SYSTEMS

Student Counseling Services (SCS) – (213) 740-7711 – 24/7 on call

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention. engemannshc.usc.edu/counseling

National Suicide Prevention Lifeline – 1 (800) 273-8255

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. www.suicidepreventionlifeline.org

Relationship and Sexual Violence Prevention Services (RSVP) – (213) 740-4900 – 24/7 on call Free and confidential therapy services, workshops, and training for situations related to gender-based harm. engemannshc.usc.edu/rsvp

Sexual Assault Resource Center

For more information about how to get help or help a survivor, rights, reporting options, and additional resources, visit the website: sarc.usc.edu

Office of Equity and Diversity (OED)/Title IX Compliance – (213) 740-5086

Works with faculty, staff, visitors, applicants, and students around issues of protected class. equity.usc.edu

Bias Assessment Response and Support

Incidents of bias, hate crimes and micro aggressions need to be reported allowing for appropriate investigation and response. studentaffairs.usc.edu/bias-assessment-response-support

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The Office of Disability Services and Programs

Provides certification for students with disabilities and helps arrange relevant accommodations. dsp.usc.edu

USC Support and Advocacy (USCSA) – (213) 821-4710

Assists students and families in resolving complex issues adversely affecting their success as a student EX: personal, financial, and academic. studentaffairs.usc.edu/ssa

Diversity at USC

Information on events, programs and training, the Diversity Task Force (including representatives for each school), chronology, participation, and various resources for students. diversity.usc.edu

USC Emergency Information

Provides safety and other updates, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible. emergency.usc.edu

USC Department of Public Safety – UPC: (213) 740-4321 – *HSC:* (323) 442-1000 – 24-hour emergency or to report a crime. Provides overall safety to USC community. dps.usc.edu

XII. ADDITIONAL RESOURCES

Students enrolled in the Virtual Academic Center can access support services for themselves and their families by contacting Perspectives, Ltd., an independent student assistance program offering crisis services, short-term counseling, and referral 24/7. To access Perspectives, Ltd., call 800-456-6327.

XIII. STATEMENT ABOUT INCOMPLETES

The Grade of Incomplete (IN) can be assigned only if there is work not completed because of a documented illness or some other emergency occurring after the 12th week of the semester. Students must NOT assume that the instructor will agree to the grade of IN. Removal of the grade of IN must be instituted by the student and agreed to be the instructor and reported on the official "Incomplete Completion Form."

XIV. POLICY ON LATE OR MAKE-UP WORK

Assignments are due on the day and time specified by the faculty. An extension for papers or other assignments will be granted only for serious extenuating circumstances with the permission of the faculty prior to the original due date. If the paper or other assignment is turned in late without prior permission, there will be an automatic deduction of 10% per day up to 5 days (i.e. 3 days late results in an automatic 30% deduction from the grade). After the 5th day, the late paper or assignment will receive an automatic 0.

XV. POLICY ON CHANGES TO THE SYLLABUS AND/OR COURSE REQUIREMENTS

It may be necessary to make some adjustments in the syllabus during the semester in order to respond to unforeseen or extenuating circumstances. Adjustments that are made will be communicated to students both verbally and in writing.

XVI. CODE OF ETHICS OF THE NATIONAL ASSOCIATION OF SOCIAL WORKERS (OPTIONAL)

Approved by the 1996 NASW Delegate Assembly and revised by the 2017 NASW Delegate Assembly https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English

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Preamble

The primary mission of the social work profession is to enhance human well-being and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. A historic and defining feature of social work is the profession's focus on individual well-being in a social context and the well-being of society. Fundamental to social work is attention to the environmental forces that create, contribute to, and address problems in living.

Social workers promote social justice and social change with and on behalf of clients. "Clients" is used inclusively to refer to individuals, families, groups, organizations, and communities. Social workers are sensitive to cultural and ethnic diversity and strive to end discrimination, oppression, poverty, and other forms of social injustice. These activities may be in the form of direct practice, community organizing, supervision, consultation, administration, advocacy, social and political action, policy development and implementation, education, and research and evaluation. Social workers seek to enhance the capacity of people to address their own needs. Social workers also seek to promote the responsiveness of organizations, communities, and other social institutions to individuals' needs and social problems.

The mission of the social work profession is rooted in a set of core values. These core values, embraced by social workers throughout the profession's history, are the foundation of social work's unique purpose and perspective:

- Service
- Social justice
- Dignity and worth of the person
- Importance of human relationships
- Integrity
- Competence

This constellation of core values reflects what is unique to the social work profession. Core values, and the principles that flow from them, must be balanced within the context and complexity of the human experience.

Code of Ethics for Nurses

Ethics is an integral part of the foundation of nursing. Nursing has a distinguished history of concern for the welfare of the sick, injured, and vulnerable and for social justice. This concern is embodied in the provision of nursing care to individuals and the community. Nursing encompasses the prevention of illness, the alleviation of suffering, and the protection, promotion, and restoration of health in the care of individuals, families, groups, and communities. Nurses act to change those aspects of social structures that detract from health and well-being. Individuals who become nurses are expected not only to adhere to the ideals and moral norms of the profession but also to embrace them as a part of what it means to be a nurse. The ethical tradition of nursing is self-reflective, enduring, and distinctive. A code of ethics makes explicit the primary goals, values, and obligations of the profession.

The Code of Ethics for Nurses serves the following purposes:

- It is a succinct statement of the ethical obligations and duties of every individual who enters the nursing profession.
- It is the profession's nonnegotiable ethical standard.
- It is an expression of nursing's own understanding of its commitment to society.

There are numerous approaches for addressing ethics; these include adopting or subscribing to ethical theories, including humanist, feminist, and social ethics, adhering to ethical principles, and cultivating virtues. The Code of Ethics for Nurses reflects all of these approaches. The words *ethical* and *moral* are used throughout the Code

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of Ethics. "Ethical" is used to refer to reasons for decisions about how one ought to act, using the abovementioned approaches. In general, the word *moral* overlaps with *ethical* but is more aligned with personal belief and cultural values. Statements that describe activities and attributes of nurses in this Code of Ethics are to be understood as normative or prescriptive statements expressing expectations of ethical behavior.

The Code of Ethics for Nurses uses the term *patient* to refer to recipients of nursing care. The derivation of this word refers to "one who suffers," reflecting a universal aspect of human existence. Nonetheless, it is recognized that nurses also provide services to those seeking health as well as those responding to illness, to students and to staff, in health care facilities as well as in communities. Similarly, the term *practice* refers to the actions of the nurse in whatever role the nurse fulfills, including direct patient care provider, educator, administrator, researcher, policy developer, or other. Thus, the values and obligations expressed in this Code of Ethics apply to nurses in all roles and settings.

The Code of Ethics for Nurses is a dynamic document. As nursing and its social context change, changes to the Code of Ethics are also necessary. The Code of Ethics consists of two components: the provisions and the accompanying interpretive statements. There are nine provisions. The first three describe the most fundamental values and commitments of the nurse; the next three address boundaries of duty and loyalty, and the last three address aspects of duties beyond individual patient encounters. For each provision, there are interpretive statements that provide greater specificity for practice and are responsive to the contemporary context of nursing. Consequently, the interpretive statements are subject to more frequent revision than are the provisions.

Additional ethical guidance and detail can be found in ANA or constituent member association position statements that address clinical, research, administrative, educational, or public policy issues.

Code of Ethics for Nurses with Interpretive Statements provides a framework for nurses to use in ethical analysis and decision-making. The Code of Ethics establishes the ethical standard for the profession. It is not negotiable in any setting nor is it subject to revision or amendment except by formal process of the House of Delegates of the ANA. The Code of Ethics for Nurses is a reflection of the proud ethical heritage of nursing, a guide for nurses now and in the future.

XVII. ACADEMIC DISHONESTY SANCTION GUIDELINES

Some lecture slides, notes, or exercises used in this course may be the property of the textbook publisher or other third parties. All other course material, including but not limited to slides developed by the instructor(s), the syllabus, assignments, course notes, course recordings (whether audio or video) and examinations or quizzes are the property of the University or of the individual instructor who developed them. Students are free to use this material for study and learning, and for discussion with others, including those who may not be in this class, unless the instructor imposes more stringent requirements. Republishing or redistributing this material, including uploading it to web sites or linking to it through services like iTunes, violates the rights of the copyright holder and is prohibited. There are civil and criminal penalties for copyright violation. Publishing or redistributing this material in a way that might give others an unfair advantage in this or future courses may subject you to penalties for academic misconduct.

XVIII. COMPLAINTS

If you have a complaint or concern about the course or the instructor, please discuss it first with the instructor. If you feel cannot discuss it with the instructor, contact the chair of the [xxx]. If you do not receive a satisfactory response or solution, contact your advisor and/or Associate Dean and MSW Chair Dr. Leslie Wind for further guidance.

XIX. Tips for Maximizing Your Learning Experience in this Course (Optional)

- ✓ Be mindful of getting proper nutrition, exercise, rest and sleep!
- ✓ Come to class.
- ✓ Complete Required Readings: and assignments BEFORE coming to class.

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- ✓ BEFORE coming to class, review the materials from the previous module AND the current module, AND scan the topics to be covered in the next module.
- ✓ Come to class prepared to ask any questions you might have.
- ✓ Participate in class discussions.
- ✓ AFTER you leave class, review the materials assigned for that Unit again, along with your notes from that Unit.
- ✓ If you don't understand something, ask questions! Ask questions in class, during office hours, and/or through email!
- ✓ Keep up with the assigned readings.

Don't procrastinate or postpone working on assignments.

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