

INTERMEDIATE TENNIS: PHED 140B

Course Description

An intermediate level course reinforcing the fundamental strokes: topspin/underspin; serve-variations; volley; lob and overhead; advanced singles and doubles play; tie breaks.

Course Objectives

1. To reinforce the student's fundamental skills and knowledge of tennis.
2. To improve each student's skill in hitting all of the basic strokes: forehand; backhand; serve; volley; lob; and overhead.
3. To introduce and practice topspin and underspin concepts for groundstrokes and serve variations.
4. To reacquaint each student to the basic rules, scoring, and etiquette of tennis.
5. To offer each student an opportunity to apply their skill and knowledge in actual match play.
6. To make each student aware of the basic differences in strategy for singles and doubles and provide an opportunity to apply this information in actual match play.
7. To provide each student with information about current tennis trends, specifically in regard to local tennis programs, professional tournaments and equipment selection.
8. To encourage each student to pursue tennis as a life-time leisure activity.

Physical Education Program Objectives

Students will be exposed to a variety of activities providing them the opportunity to:

Apply learned fundamental skills.
Empower themselves by setting and working toward realistic individual goals.
Participate in a motivating and nurturing environment resulting in a greater sense of well-being and self-esteem.

Students will demonstrate proficiency through knowledge and acquired skills enabling them to:

Develop an appreciation of physical activity as a lifetime pursuit and a means to better health.

Evaluation Criteria

Cognitive: 50%	Observation Assignment (Observe and analyze skill and strategy in 2 collegiate matches) -10%
	Midterm - 15%
	Final Exam - 25%
Psychomotor: 50%	Fundamental Skill Assessment (National Tennis Rating Program criteria used for assessing intermediate skill level by end of semester) - 20%
	Participation (Attending class regularly; arriving on time; active participation in warm-up, drills & games) - 30%

Course Materials

Each student is responsible for bringing one (1) new, unopened can of tennis balls before the third week of class. Running shoes and black soled shoes that leave marks will not be allowed on the court. Students also need to bring their own tennis rackets.

Course Location

Meet in the lobby of the south gym of the PED building for the first meeting. All other meetings will take place on the tennis courts located behind the baseball field and tennis stadium. Class will meet in the lobby of the PE building on rainy days.

USC Physical Education IS NOT responsible or any lost, stolen or damaged property. If you choose to bring any valuables to class, it is strongly recommended that they be locked up during class. Locker rooms are available in the PE building and the Lyons Center

Course Content Weekly Schedule

1. Fundamental Instruction of Topspin Groundstrokes
2. Fundamental Instruction of Underspin Groundstrokes
3. Movement and Court Positioning
4. Fundamental Instruction of Flat and Spin Serves
5. Rules, Scoring, and Tennis Terminology Review
6. Fundamental Instruction of Volleys
7. Fundamental Instruction of Return of Serve
8. Midterm
9. Doubles Positioning and Strategy
10. Fundamental Instruction of Approach Shots
11. Specific Rule Situations
1. Tournament Preparation and Observation Assignment due
13. Equipment Selection
14. Skills Assessment
15. Final Exam

Important Dates

8 th week	Midterm
15 th week	Final Exam

Academic Integrity:

Students who violate University standards of academic integrity are subject to disciplinary sanctions, including failure in the course and suspension from the University. Since dishonesty in any form harms the individual, other students and the University, academic integrity policies will be strictly enforced. I expect you will familiarize yourself with the Academic Integrity guidelines found in the current Student handbook.

Academic Accommodations:

**Students requesting academic accommodations based on a disability are required to register with Disability Services and Programs (DSP) each semester. A letter of verification for approved accommodations can be obtained from DSP when adequate documentation is filed. Please be sure the letter is delivered to the instructor as early in the semester as possible. DSP is open Monday-Friday, 8:30am-5:00pm. The office is in Student Union 301 and the phone number is (213) 740-0777.

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Emergency Preparedness/ course Continuity in a Crisis

In case of a declared emergency if travel to campus is not feasible, USC executive leadership will announce an electronic way for instructors to teach students in their residence halls or homes using a combination of blackboard, teleconferencing, and other technologies.

Statement on Academic Conduct and Support Systems**Academic Conduct:**

Plagiarism – presenting someone else’s ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Section 11, *Behavior Violating University Standards* <https://scampus.usc.edu/1100-behavior-violating-university-standards-and-appropriate-sanctions/>. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, <http://policy.usc.edu/scientific-misconduct/>.

Discrimination, sexual assault, and harassment are not tolerated by the university. You are encouraged to report any incidents to the *Office of Equity and Diversity* <http://equity.usc.edu/> or to the *Department of Public Safety* <http://capsnet.usc.edu/department/department-public-safety/online-forms/contact-us>. This is important for the safety whole USC community. Another member of the university community – such as a friend, classmate, advisor, or faculty member – can help initiate the report, or can initiate the report on behalf of another person. *The Center for Women and Men* <http://www.usc.edu/student-affairs/cwm/> provides 24/7 confidential support, and the sexual assault resource center webpage sarc@usc.edu describes reporting options and other resources.

Support Systems:

A number of USC’s schools provide support for students who need help with scholarly writing. Check with your advisor or program staff to find out more. Students whose primary language is not English should check with the *American Language Institute* <http://dornsife.usc.edu/ali>, which sponsors courses and workshops specifically for international graduate students. *The Office of Disability Services and Programs* http://sait.usc.edu/academicssupport/centerprograms/dsp/home_index.html provides certification for students with disabilities and helps arrange the relevant accommodations. If an officially declared emergency makes travel to campus infeasible, *USC Emergency Information* <http://emergency.usc.edu/> will provide safety and other updates, including ways in which instruction will be continued by means of blackboard, teleconferencing, and other technology.