

College of Letters, Arts and Sciences

PHYSICAL EDUCATION DEPARTMENT PHED 154B SOCCER SPRING 2019

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Course Description

This class emphasizes the development of soccer skills, knowledge of rules, small group/team tactics and positional elements of play for beginning to advanced players.

Course Objectives

- To acquire fundamental skills and apply those skills on actual 11v11 games
- To develop knowledge of various tactical strategies
- To learn a variety of drills enabling enhanced proficiency and skill acquisition
- To understand the history and rules of soccer
- To be exposed to current soccer trends and events

Physical Education Learning Objectives

- To understand and utilize various training methods
- To improve students' general health and fitness
- To participate in a safe, progressive, methodical and efficient activity based plan to enhance improvement and minimize risk of injury
- To participate in active learning to stimulate continued inquiry about physical education, health and fitness

Blackboard

Additional information will be posted on blackboard. https://blackboard.usc.edu

Assignment

Observe a professional/college soccer game and complete a 2-page analysis detailing and applying the material learned in class during the first ten weeks as it relates to that game. Note the various strategies and tactics of each team. Indicate the score and noteworthy plays, situations and rulings.

Evaluation Criteria

Participation	15%
Midterm	15%
Assignment	20%
Skills Assessments	25%
Final	25%

A 94-100 **A** - 90-93 **B** + 87-89 **B** 84-86 **B** - 80-83 **C** + 77-79 **C** 74-76 **C** - 70-73

^{*}Extra credit work and make-up work are <u>not</u> available. You are <u>not</u> permitted to make-up absences in another section. It is your responsibility to attend class consistently and fulfill the requirements of this course.



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Course Schedule

Week 1	Review of Syllabus (PED 210 South Gym)
Jan 7-9	Passing: Inside, outside, three toes spinning, banding, laces, chip long, mid, short passes
Week 2 Jan 14*-16	Trapping: bottom, inside, outside feet, thigh and chest – Play 7v7 *Martin Luther King Day NO CLASS
Week 3 Jan 21-23	Rondo, Keep Away, Passing, Moving, Doubles, Triangle Passes – Play 8v8 Last Day to withdraw without a W or change grading option
Week 4 Jan 28-30	Dribbling inside/outside cuts, snake, scissors, rainbow – Play 9v9 Shooting: placement, bending, chipping, laces shots
Week 5 Feb 4-6	Elements of Possession: four, six goal game – Play 10v10 Team Shapes & Players' Roles
Week 6 Feb 10-12	Principles of Attacking/Defending – Play 11v11 Counter-attack, 1v1s, 2v1s, 3v2s
Week 7 Feb 18*-20	Yellow & Red Cards – Play 11v11 Direct/Indirect & Penalty Kicks *President's Day NO CLASS Last Day to Drop without W and change pass/no pass to letter grade
Week 8 Feb 25-27	Review for Midterm – Play 11v11 Midterm
Week 9 Mar 4-6	Heading Progression – Play 11v11 Defensive and Attacking Heading, front and side
Week 10 Mar 10-17	SPRING BREAK!!!
Week 11 Mar 18-20	Corner Kicks and Throw-ins – Play 11v11 Short, mid, long, low, mid air crosses, dummies
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Mar 18-20 Week 12	Short, mid, long, low, mid air crosses, dummies Skills Assessment – Soccer Circuit
Mar 18-20 Week 12 Mar 25-27 Week 13	Short, mid, long, low, mid air crosses, dummies Skills Assessment – Soccer Circuit World Rivalry Games - Play 11v 11 Soccer Essay Assignment Due!!! Last Day to Drop with a "W"
Mar 18-20 Week 12 Mar 25-27 Week 13 Apr 1-3 Week 14	Short, mid, long, low, mid air crosses, dummies Skills Assessment – Soccer Circuit World Rivalry Games - Play 11v 11 Soccer Essay Assignment Due!!! Last Day to Drop with a "W" World Rivalry Games - Play 11v 11

Miscellaneous

Participation

Demonstration of acquired learning objectives requires regular participation, particularly in a performance skill based class.

Equipment

Bring proper soccer gear, water bottle and sunblock. **Grademaster scan form** (**Scan #25420**) is also required for the Midterm & Final Exams.

Class Meeting Information

Classes will meet at P.E. Cromwell Track & Field (in front of the PE Building).

USC Physical Education IS NOT responsible or any lost, stolen or damaged property. If you choose to bring any valuables to class, it is strongly recommended that they be locked up during class. Locker rooms are available in the PE building and the Lyons Center.

Academic Accommodations: Students requesting academic accommodations based on a disability are required to register with Disability Services and Programs (DSP) each semester. A letter of verification for approved accommodations can be obtained from DSP when adequate documentation is filed. Please be sure the letter is delivered to me as early in the semester as possible. DSP is open Monday-Friday, 8:30am-5:00pm. The office is in Student Union 301 and the phone number is (213) 740-0776.

Emergency Preparedness/ course Continuity in a Crisis: In case of a declared emergency if travel to campus is not feasible, USC executive leadership will announce an electronic way for instructors to teach students in their residence halls or homes using a combination of blackboard, teleconferencing, and other technologies.

Statement on Academic Conduct and Support System Academic Conduct:

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in SCampus in Part B, Section 11, "Behavior Violating University Standards" policy.usc.edu/scampus-part-b. Other forms of academic dishonesty are equally unacceptable. See additional information in SCampus and university policies on scientific misconduct, http://policy.usc.edu/scientific-misconduct.

Support Systems:

Student Counseling Services (SCS) – (213) 740-7711 – 24/7 on call

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention. www.engemannshc.usc.edu/counseling

National Suicide Prevention Lifeline – 1 (800) 273-8255

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. www.suicidepreventionlifeline.org

Relationship and Sexual Violence Prevention Services (RSVP) -(213) 740-4900 -24/7 on call Free and confidential therapy services, workshops, and training for situations related to gender-based harm. www.engemannshc.usc.edu/rsvp

Sexual Assault Resource Center For more information about how to get help or help a survivor, rights, reporting options, and additional resources, visit the website: www.sarc.usc.edu

Office of Equity and Diversity (OED)/Title IX Compliance – (213) 740-5086 Works with faculty, staff, visitors, applicants, and students around issues of protected class. www.equity.usc.edu

Bias Assessment Response and Support

Incidents of bias, hate crimes and microaggressions need to be reported allowing for appropriate investigation and response. www.studentaffairs.usc.edu/bias-assessment-response-support

The Office of Disability Services and Programs Provides certification for students with disabilities and helps arrange relevant accommodations. www.dsp.usc.edu

Student Support and Advocacy – (213) 821-4710 Assists students and families in resolving complex issues adversely affecting their success as a student EX: personal, financial, and academic. www.studentaffairs.usc.edu/ssa

Diversity at USC

Information on events, programs and training, the Diversity Task Force (including representatives for each school), chronology, participation, and various resources for students. www.diversity.usc.edu

USC Emergency Information

Provides safety and other updates, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible. www.emergency.usc.edu

USC Department of Public Safety – UPC: (213) 740-4321 – HSC: (323) 442-1000 – 24-hour emergency or to report a crime. Provides overall safety to USC community. www.dps.usc.edu