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Golf - PHED 155

Units: 1 unit (#49901R) Spring 2019 – TTH 8 am

Location: Dedeaux Field (BDX)

Blackboard: https://blackboard.usc.edu

Instructor: Marcos Briano, Ph.D. "Coach Briano"

Office Hours: By Appointment Contact Info: marcos@usc.edu

Course Description

This course is an introductory golf class to develop basic golf skills, swing mechanics (stance, grip, posture, and alignment), utilization of golf equipment (irons, woods and putter), history, rules, scoring, etiquette, and strategies of play (golf course layout/play). This course will provide fundamental golf skills through practice and play.

<u>Prerequisite</u>: None <u>Co-Requisite</u>: None

Recommended Preparation: None

Course Learning Objectives

- 1. To acquire fundamental golf skills with proficiency and ability to apply these skills.
- 2. To gain sufficient knowledge of basic golf rules, scoring, etiquette and play.
- 3. To develop knowledge and competency in golf fundamentals, skills, and game.
- 4. To develop, appreciate, and commit to adapting movement (golf) activity for lifetime fitness.

Physical Education Objectives

Students will understand the importance of sound health & fitness principles as they relate to better health & will be able to:

Recognize the physical and mental benefits of increased physical activity.

Students will be exposed to a variety of activities providing them the opportunity to:

Apply learned fundamental golf skills.

Students will demonstrate proficiency through knowledge & acquired skills enabling them to:

- Understand and utilize various training methods.
- Develop an appreciation of physical activity as a lifetime pursuit and a means to better health.

Course Textbook

Professional Golfers' Association of America. First Swing: Golfer's Guide, 2004. (Available on Blackboard)

Equipment

Golf equipment will be provided. Personal equipment is encouraged, but not mandatory. Appropriate workout attire is required. *Recommendations include:* athletic shoes, water & towel. Lockers are available for a rental fee in the PED building. Equipment may be checked out with student ID.

Participation/Performance

Timely and consistent attendance is imperative, in order to develop appropriate skills and to obtain supplemental information for course assignments/exams. Two tardiness equals 1 absence. Failure to attend class <u>WILL IMPACT</u> your final grade.

Assignment Submission Policy

Video Analysis – (1-2 page[s]) paper analyzing the video of your golf swing mechanics initial-class and mid-class, due via Blackboard (*submit under Video Assignment*) on **March 21, 2019** by **11:59 p.m.**

OPTIONAL Driving Range (5 pts.) or Golf Round (15 pts.) – Driving range receipt or golf course scored scorecard and receipt, due at the **Final Exam Review**.

General Class Policies

- <u>No Make-Ups</u> will be given for any missed coursework or late assignments.
- Email (<u>marcos@usc.edu</u>) is the preferred method of communication outside of class. *Please NOTE: TTH8 in subject line of email.*
- In the event of adverse weather conditions (i.e., rainy days), class will meet in lobby of PED Building.
- Wear appropriate clothing and athletic shoes.

Additional Policies

USC Physical Education IS NOT responsible for any lost, stolen or damaged property. If you choose
to bring any valuables to class, it is strongly recommended to lock them up during class. Lockers
are available for rental fee in the PED building and Lyon Center.

Grading Criteria

200 Total Points

Cognitive	50%	100 pts.	Psychomotor	50%	100 pts.
Midterm	25%	50 pts.	Class Performance	30%	60 pts.
Final Exam	25%	50 pts.	Skills Assessment	15%	30 pts.
			Video Analysis	5%	10 pts.

Optional EXTRA Credit – Driving Range (5 pts.) or Golf Course Round (15 pts.)

Class Performance/Participation (30%): Regular participation in class activities is a cumulative portion of your grade and active participation is fully expected.

Skills Assessment (15%): In-class demonstration of learned skills of the basics elements of golf. Including but not limited to putting, short game, iron play, drivers and basic play and etiquette. To be administered during Weeks 13-14. A formal rubric will be given and used for this assessment activity.

Video Analysis (5%): Students will video during class time and analyze their swing including, but not limited to grip, posture, alignment, set-up and swing path. Students are epected to use initial-class to mid-class video to compare and contrast themselves. Analysis paper (1-2 page paper) is due on March 21, 2019.

Midterm (25%): Will consist of material covered to this point. Refer to course text, handouts, lecture and activities. Examination will consist of multiple choice, true/false and short answer.

Final Exam (25%): Comprehensive final examination of all course work. Students are responsible for all material covered. Examination will consist of multiple choice, true/false and short answer.

OPTIONAL – Driving Range (5 pts.) or Golf Course Round (15 pts.): Optional extra credit for applying learned golf skills at driving range or playing either a 9-hole or 18-hole golf course. Receipt/video and/or scored scorecard and receipt are required for credit.

Course Schedule

Week 1 January 8, 10	Course In				
Week 2 January 15, 17	Grip, Stance & Mec Review: Safety & golf				
Week 3 January 22, 24	Swing Fundamer Equipment & prin				
FRIDAY, JANUARY 25	LAST DAY TO: REGISTER & ADD CLA CHANGE ENROLLMENT OPTION TO P/NP OR AUDIT				
Week 4 January 29, 31	Skills F Ball flight laws/str				
Week 5 February 5, 7	Short Irons - Ball flight laws/str				
Week 6 February 12, 14	Mid Irons – Equipment selection, gold				
Week 7 February 19, 21	Club Selection (Shor Review: Golf rules,				
FRIDAY, FEBRUARY 22	Last Day to: Drop course with Change Enrollment P/NP				
Week 8 February 26, 28	Midterm (Review)	Midterm Exam			
Week 9 March 5, 7	Long Irons - Ball positioning,				
March 10-17	Spring Recess				
Week 10 March 19, 21	Woods & Fairway	Video Analysis Paper Due 3/21/19			
Week 11 March 26,28	Facility Orientation & Chap				
Week 12 April 2, 4	Skills Review				
FRIDAY, APRIL 5	LAST DAY TO DROP CL				
Week 13 April 9, 11	Skill Ass				
Week 14 April 16, 18	Skill Assessment	Thanksgiving Recess (November 21-25)			
Week 15 April 23, 25	Final (Review)	Final Exam	Optional Extra Credit Due 4/23/19		

Academic Conduct/Integrity

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Part B, Section 11, "Behavior Violating University Standards" policy.usc.edu/scampus-part-b. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, http://policy.usc.edu/scientific-misconduct.

Support Systems

Student Counseling Services (SCS) – (213) 740-7711 – 24/7 on call

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention. engemannshc.usc.edu/counseling

National Suicide Prevention Lifeline - 1 (800) 273-8255

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. www.suicidepreventionlifeline.org

Relationship and Sexual Violence Prevention Services (RSVP) - (213) 740-4900 - 24/7 on call

Free and confidential therapy services, workshops, and training for situations related to gender-based harm. engemannshc.usc.edu/rsvp

Sexual Assault Resource Center

For more information about how to get help or help a survivor, rights, reporting options, and additional resources, visit the website: sarc.usc.edu

Office of Equity and Diversity (OED)/Title IX Compliance – (213) 740-5086

Works with faculty, staff, visitors, applicants, and students around issues of protected class. equity.usc.edu

Bias Assessment Response and Support

Incidents of bias, hate crimes and microaggressions need to be reported allowing for appropriate investigation and response. studentaffairs.usc.edu/bias-assessment-response-support

The Office of Disability Services and Programs

Provides certification for students with disabilities and helps arrange relevant accommodations. dsp.usc.edu

Student Support and Advocacy – (213) 821-4710

Assists students and families in resolving complex issues adversely affecting their success as a student EX: personal, financial, and academic. studentaffairs.usc.edu/ssa

Diversity at USC

Information on events, programs and training, the Diversity Task Force (including representatives for each school), chronology, participation, and various resources for students. <u>diversity.usc.edu</u>

USC Emergency Information

Provides safety and other updates, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible. emergency.usc.edu

USC Department of Public Safety – UPC: (213) 740-4321 – HSC: (323) 442-1000 – 24-hour emergency or to report a crime. Provides overall safety to USC community. <u>dps.usc.edu</u>