

Social Work 640
Section # 67536

**Clinical Practice with the Military Affiliated Family:
Understanding and Intervening**

3 Units

Instructor:	Dustin Harris		
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Telephone:	805-540-4460	Course Time:	4:45 to 6:00 PST
Office:	VAC	Course Location:	VAC
Office Hours:	3:45 to 4:45 PST or by Appt.		

I. COURSE PREREQUISITES

SOWK 505 and SOWK 535

II. CATALOGUE DESCRIPTION

Theoretical and practical approaches to clinical practice with military affiliated families. Overview of common social issues in the military and veteran systems and demands on their family dynamic.

III. COURSE DESCRIPTION

The purpose of this course is to understand the military culture within which military affiliated families and veteran families function, the stressors such as deployment that they navigate, and the diversity of military family structures, and how a range of diversity filters can impact the **military affiliated family and military culture**. The different military contexts (i.e., active duty, guard/reserve, veteran) are analyzed. Ethical issues for working in this environment are examined. Theory-based and research-informed strategies to intervene with military affiliated families are reviewed. Military affiliated family policies are examined and critiqued. Family life cycle interactions with the military demands are discussed. Students completing this course will have a more in-depth understanding of and ability to work with the military and military affiliated families that are a vital part of American society.

IV. COURSE OBJECTIVES

Clinical Practice with the Military Affiliated Family: Understanding and Intervening course will:

Objective #	Objectives
1	Provide students with an understanding of military culture and how military affiliated families cope with and thrive within and without of the military.
2	Challenge the student to consider ethical dilemmas, diversity, and the many stressors inherent in the military, when intervening with military affiliated families.
3	Explore theories and research-informed intervention strategies and have the student engage, assess, and develop intervention goals with case studies.

V. COURSE FORMAT / INSTRUCTIONAL METHODS

The format of the course will consist of didactic instruction and experiential exercises. Case vignettes, videos, and role plays will also be used to facilitate the students' learning. These exercises may include the use of videotapes, role-play, or structured small group exercises. Material from the field will be used to illustrate class content and to provide integration between class and field. Confidentiality of material shared in class will be maintained. As class discussion is an integral part of the learning process, students are expected to come to class ready to discuss required reading and its application to theory and practice.

VI. STUDENT LEARNING OUTCOMES

The following table lists the nine Social Work core competencies as defined by the Council on Social Work Education's 2015 Educational Policy and Accreditation Standards:

Social Work Core Competencies	
1	Demonstrate Ethical and Professional Behavior *
2	Engage in Diversity and Difference in Practice *
3	Advance Human Rights and Social, Economic, and Environmental Justice
4	Engage in Practice-informed Research and Research-informed Practice
5	Engage in Policy Practice
6	Engage with Individuals, Families, Groups, Organizations, and Communities *
7	Assess Individuals, Families, Groups, Organizations, and Communities *
8	Intervene with Individuals, Families, Groups, Organizations, and Communities *

**9 Evaluate Practice with Individuals,
Families, Groups, Organizations and
Communities**

* Highlighted in this course

The following table shows the competencies highlighted in this course, the related course objectives, student learning outcomes, and dimensions of each competency measured. The final column provides the location of course content related to the competency.

Competency	Objectives	Behaviors	Dimensions	Content
<p>Competency 1: Demonstrate Ethical and Professional Behavior</p> <p>Social workers working with military and veteran families understand the value base of the profession and its ethical standards, as well as relevant military and civilian laws and regulations that may impact practice at the micro, mezzo, and macro levels with military affiliated families. Social workers understand frameworks of ethical decision-making related to the military and military affiliated families and how to apply principles of critical thinking to those frameworks in practice, research, and policy arenas. Social workers recognize personal values and the distinction between personal and professional values. They also understand how their personal experiences and affective reactions influence their professional judgment and behavior. Social workers (especially those with their own military connected background) understand the potential for countertransference and prepare through using ethical decision making models to understand their own potential countertransference responses and how to best manage such responses. Social Workers also understand the role of other professions when engaged in inter-professional teams. Social workers recognize the importance of life-long learning and are committed to continually updating their skills to ensure they are relevant and effective.</p>	<p>Teach differences in ethical standards and practices of professional social work and the Uniform Code of Military Justice. Provide an environment that encourages students to explore how military law, policy, as well as their particular gender identity, age, religion, ethnicity, social class, and sexual orientation (sexual identity) influence their practice and decision making.</p>	<p>1a. Makes ethical decisions by applying the standards of the NASW Code of Ethics, relevant laws and regulations, models for ethical decision-making, ethical conduct of research, and additional codes of ethics as appropriate to context.</p> <p>1b. Uses reflection and self-regulation to manage personal values and maintain professionalism in practice situations.</p> <p>1e. Uses supervision and consultation to guide professional judgment and behavior.</p>	<p>Knowledge, Values, Skills, & Cognitive and Affective Processes</p>	<p>Unit 1: Course Overview/Review of Culture in Military Life</p> <p>Unit 3: Demands and Stressors on the Military Family</p> <p>Unit 5: Family Violence and Military Couples</p> <p>Unit 8: Substance Abuse and Military Families</p> <p>Unit 15: Self-Care for Social Workers in Traumatic Stress</p> <p>Assignment 1: Articles Analysis</p> <p>Assignment 2: Reflective Journal</p> <p>Assignment 3: In-Class Presentation/Role Play</p> <p>Assignment 4: Military Family Theory of Change Paper</p> <p>Class Participation</p>

Competency	Objectives	Behaviors	Dimensions	Content
<p>Competency 2: Engage Diversity and Difference in Practice</p> <p>Social workers understand how diversity and difference characterize and shape the human experience and are critical to the formation of identity. The dimensions of diversity are understood as the intersectionality of multiple factors including but not limited to age, class, color, culture, disability and ability, ethnicity, gender, gender identity and expression, immigration status, marital status, political ideology, race, religion/spirituality, sex, sexual orientation, tribal sovereign status, as well as including military rank, position, and branch of service status. Social workers understand that, as a consequence of difference, a person's life experiences may include oppression, poverty, marginalization, and alienation as well as privilege, power, and acclaim. Social workers also understand the forms and mechanisms of oppression and discrimination and recognize the extent to which the military (and greater societies') culture's structures and values, including social, economic, political, and cultural exclusions, may oppress, marginalize, alienate, or create privilege and power.</p>	<p>Provide opportunities for students to increase awareness of individual, family, and community needs that military populations (including gender, race, sexual orientation, social class, religion, and vulnerable and oppressed groups) present and which require appropriately matched effective services.</p>	<p>2a. Applies and communicates understanding of the importance of diversity and difference in shaping life experiences in practice at the micro, mezzo, and macro levels.</p> <p>2b. Presents themselves as learners and engages military affiliated families as experts of their own experiences.</p> <p>2c. Applies self-awareness and self-regulation to manage the influence of personal biases and values in working with military affiliated families.</p>	<p>Knowledge, Values, Skills, & Cognitive and Affective processes</p>	<p>Unit 1: Course Overview/Review of Culture in Military Life</p> <p>Unit 2: Systemic Approach to Military Families</p> <p>Unit 3: Demands and Stressors on the Military Family</p> <p>Unit 5: Family Violence and Military Couples</p> <p>Unit 7: Diversity and Military Families</p> <p>Unit 11: Veteran Reintegration and Civilian Spouse</p> <p>Unit 12: TBI and Polytrauma</p> <p>Unit 13: Support for Military Families</p> <p>Assignment 2: Reflective Journal</p> <p>Assignment 3: In-Class Presentation/Role Play</p> <p>Assignment 4: Military Family Theory of Change Paper</p> <p>Class Participation</p>

Competency	Objectives	Behaviors	Dimensions	Content
<p>Competency 6: Engage with Individuals, Families, Groups, Organizations, and Communities</p> <p>Child and family social workers understand that engagement is an ongoing component of the dynamic and interactive process of social work practice with, and on behalf of, military affiliated children, youth, and, families. They understand the importance of significant relationships and development from an ecological perspective with an understanding of risk and protective factors related to military affiliated families and how these interact within the larger social environment. Social workers utilize theories of human behavior and the social environment to facilitate engagement with their clients and the groups, organizations, institutions, and communities that impact them. Social workers understand and utilize varied engagement strategies to advance practice effectiveness with military affiliated children, youth, and families and thus advance social, economic and environmental justice within marginalized communities. Social workers understand that their personal experiences and affective reactions may have an impact on their ability to effectively engage with military affiliated families and children. Social workers understand the role of relationship-building and inter-professional collaboration in facilitating engagement with military affiliated children, youth, and families.</p>	<p>Provide students with an understanding of the military culture and how military affiliated families cope with and thrive within the military. Provide nuanced understanding of the ecological and other theoretical perspectives related to military affiliated families in order to facilitate engagement.</p>	<p>1a. Applies knowledge of human behavior and the social environment, person-in environment, and other multidisciplinary theoretical frameworks to engage with military affiliated families.</p> <p>1b. Uses empathy, reflection, and interpersonal skills to effectively engage military affiliated families.</p>	<p>Knowledge, Skills, Cognitive and Affective Processes</p>	<p>Unit 1: Course Overview/Review of Culture in Military Life</p> <p>Unit 2: Systemic Approach to Military Families</p> <p>Unit 3: Demands and Stressors on the Military Family</p> <p>Unit 4: Combat Related Stress and the Military Couple</p> <p>Unit 7: Diversity and Military Families</p> <p>Unit 9: Attachment and Parent-Child Interactions</p> <p>Unit 10: Grief and Loss</p> <p>Unit 11: Veteran Reintegration and Civilian Spouse</p> <p>Unit 12: TBI and Polytrauma</p> <p>Unit 13: Support for Military Families</p> <p>Unit 14: Intimacy for Couples after Wartime</p> <p>Assignment 1: Articles Analysis</p> <p>Assignment 2: Reflective Journal</p> <p>Assignment 4: Military Family Theory of Change Paper</p> <p>Class Participation</p>

Competency	Objectives	Behaviors	Dimensions	Content
<p>Competency 7: Assess Individuals, Families, Groups, Organizations, and Communities</p> <p>Social workers use their knowledge of theories of human behavior and the social environment to inform ongoing assessment as they work with military affiliated children, youth, and families, as well as with the groups, organizations, and institutions that play important parts in their lives. Social workers use culturally informed and varied assessment methods to capture the diverse strengths, resources, and needs of military affiliated children, youth and families, which in turn advances the effectiveness of their practice. Social workers work collaboratively with other service providers involved in the family's life in order to obtain a comprehensive understanding of the family system to enhance the assessment process. Social workers are mindful of the potential influence of their personal experiences and affective reactions on the processes of assessment with children, youth, and families.</p>	<p>Explore theories and research-informed intervention strategies and have the student assess and develop intervention goals with case studies.</p>	<p>Collect and organize data, and apply critical thinking to interpret information from military affiliated families</p>	<p>Knowledge, Skills, Cognitive and Affective Processes</p>	<p>Unit 1: Course Overview/Review of Culture in Military Life</p> <p>Unit 2: Systemic Approach to Military Families</p> <p>Unit 3: Demands and Stressors on the Military Family</p> <p>Unit 4: Combat Related Stress and the Military Couple</p> <p>Unit 5: Family Violence and the Military Couple</p> <p>Unit 6: Children and Family Violence</p> <p>Unit 7: Diversity and Military Families</p> <p>Unit 8: Substance Abuse and Military Families</p> <p>Unit 9: Attachment and Parent-Child Interactions</p> <p>Unit 10: Grief and Loss</p> <p>Unit 11: Veteran Reintegration and Civilian Spouse</p> <p>Unit 12: TBI and Polytrauma</p> <p>Unit 14: Intimacy for Couples after Wartime</p> <p>Assignment 1: Articles Analysis</p> <p>Assignment 2: Reflective Journal</p> <p>Assignment 3: In-Class Presentation/Role Play</p> <p>Assignment 4: Military Family Theory of Change Paper</p> <p>Class Participation</p>

Competency	Objectives	Behaviors	Dimensions	Content
<p>Competency 8: Intervene with Individuals, Families, Groups, Organizations, and Communities</p> <p>Social workers understand that intervention is an ongoing component of the dynamic and interactive process of social work practice with, and on behalf of, military affiliated individuals, families, groups, organizations, and communities. Social workers are knowledgeable about evidence-informed interventions to achieve the goals of military affiliated families, including individuals, families, groups, organizations, and communities. Social workers understand theories of human behavior and the social environment, and critically evaluate and apply this knowledge to effectively intervene with the military affiliated family. Social workers understand methods of identifying, analyzing and implementing evidence-informed interventions to achieve military affiliated family goals. Social workers value the importance of inter-professional teamwork and communication in interventions, recognizing that beneficial outcomes may require interdisciplinary, inter-professional, and inter-organizational collaboration.</p>	<p>Demonstrate major concepts to support the treatment process (engagement, assessment, planning and contracting, implementation, and termination/evaluation phases). Provide students with commonly applied models of practice and experiential activities to practice clinical skills related to military affiliated families.</p>	<p>8a. Critically choose and implement interventions to achieve practice goals and enhance capacities of military affiliated families.</p> <p>8b. Apply knowledge of human behavior and the social environment, person-in-environment, and other multidisciplinary theoretical frameworks in interventions with military affiliated families.</p> <p>8c. Use inter-professional collaboration as appropriate to achieve beneficial practice outcomes.</p> <p>8d. Negotiate, mediate, and advocate with and on behalf of military affiliated families.</p> <p>8e. Facilitate effective transitions and endings that advance mutually agreed-on goals.</p>	<p>Knowledge, Values, Skills, & Cognitive and Affective Processes</p>	<p>Unit 2: Systemic Approach to Military Families</p> <p>Unit 3: Demands and Stressors on the Military Family</p> <p>Unit 5: Family Violence and the Military Couple</p> <p>Unit 6: Children and Family Violence</p> <p>Unit 7: Diversity and Military Families</p> <p>Unit 8: Substance Abuse and Military Families</p> <p>Unit 9: Attachment and Parent-Child Interactions</p> <p>Unit 10: Grief and Loss</p> <p>Unit 11: Veteran Reintegration and Civilian Spouse</p> <p>Unit 12: TBI and Polytrauma</p> <p>Unit 14: Intimacy for Couples after Wartime</p> <p>Assignment 1: Articles Analysis</p> <p>Assignment 2: Reflective Journal</p> <p>Assignment 3: In-Class Presentation/Role Play</p> <p>Assignment 4: Military Family Theory of Change Paper</p> <p>Class Participation</p>

VII. COURSE ASSIGNMENTS, DUE DATES & GRADING

<u>Assignment</u>	<u>Due Date</u>	<u>% of Final Grade</u>
Assignment 1: Articles Analyses	Week 4	20%
Assignment 2: Reflective Journal Assignment	Week 8	25%
Assignment 3: In Class Presentation/ Role Play	Students will sign up for dates Weeks 9-14	20%
Assignment 4: Military Family Theory of Change Paper	End of Week 15	25%
Meaningful Class Participation	On going	10%

Each of the major assignments is described below. Please get approval for assignment topics from instructor for assignments one and three.

Assignment One: Articles Analyses

Select and critically analyze two scholarly articles on **working with military affiliated families**. For example, two articles on the issue of family stressors related to deployment, transition, or reintegration/readjustment. **Write a four (4) to six (6) page, double-spaced paper (not including the title or reference page) of your analysis.** A detailed description of the assignment can be found at the end of this syllabus.

Due: (Week 4) This assignment relates to student learning outcomes 1, 2, & 3.

Assignment Two: Reflective Journal Assignment

This written assignment is focused on course readings of your choice. You are to select at least six (6) readings **from the required course readings** and **integrate** the main ideas or concepts into an original narrative. Use the readings to help you further explore issues that have been challenging to you in the field or to your pre course understanding. A detailed description of the assignment can be found at the end of this syllabus.

Due: (Week 8) This assignment relates to student learning outcomes 1, 2, & 3.

Assignment Three: In-Class Presentation/Role Play

Students are to present as pairs (one group of three will be assigned by the instructor if needed) to the class on a topic relating to military affiliated families. Students are encouraged to find a partner by the second or third class session or may be paired with a classmate by the instructor. The in-class presentation/role play should include the use of presentation slides; and the student presenters should lead a discussion on this topic area for **30 to 45 minutes. The use of experiential exercises such as role plays/case vignettes or leading a class debate is required.** A detailed description of the assignment can be found at the end of this syllabus.

Due: (Weeks 9-14) This assignment relates to student learning outcomes 1, 2, & 3.

Assignment Four: Military Family Theory of Change Paper:

For this written assignment students will complete a **six (6) to eight (8) page scholarly paper** related to military families, couples, and/or children, suitable for submission to a scholarly journal. In this paper students will address **challenges related to change**; especially in relation to military affiliated families impacted by psychopathology, dysfunction, and parent-child, sibling-sibling, or parent-parent relational

distress (couples, children, or the family unit) experienced while serving. **Students may pair as co-authors.** A detailed description of the assignment can be found at the end of this syllabus.

Due: (Week 15) This assignment relates to student learning outcomes 1, 2, & 3.

Class Participation (10% of Course Grade)

Each student is to participate in designated class activities and discussions in each class. Students may also be expected to participate in on-line discussion boards as arranged by instructor. Attendance to class and promptness are also part of the participation grade. **Cell phone usage (texting) and recreational computer use are not permitted during class time.** Please respect the VAC learning environment.

***Trauma Focused CBT.** (n.d.). <http://tfcbt.musc.edu>

Note: This is an optional free training; a web-based course. Students who take the training and turn in the certificate to their instructor will earn **five points** towards their class participation grade.)

Policy on Late Assignments

Assignments are due on the day and time specified. Extensions will be granted only for extenuating circumstances. If an assignment is late without permission, the grade **will** be lowered.

Grading

Class grades will be based on the following:

Class Grades		Final Grade	
3.85–4.00	A	93–100	A
3.60–3.84	A–	90–92	A–
3.25–3.59	B+	87–89	B+
2.90–3.24	B	83–86	B
2.60–2.89	B–	80–82	B–
2.25–2.59	C+	77–79	C+
1.90–2.24	C	73–76	C
		70–72	C–

Grades in the School of Social Work are determined based on the following standards that have been established by the faculty of the School:

Grades of A or A- are reserved for student work which not only demonstrates strong mastery of content but which also shows that the student has undertaken a complex task, has applied critical thinking skills to the assignment, and/or has demonstrated creativity in her or his approach to the assignment. The difference between these two grades would be determined by the degree to which these skills have been demonstrated by the student.

Grade of B+ will be given to work that is judged to be very good and demonstrates a more-than-competent understanding of the material being tested in the assignment.

Grade of B will be given to student work, which meets the basic requirements of the assignment and demonstrates work that meets course expectations at an adequate level.

Grade of B- will indicate that a student's performance was less than adequate on an assignment and reflects only moderate grasp of content and/or expectations.

Grade of C would reflect a minimal grasp of the assignments, poor organization of ideas and/or several areas requiring improvement.

Grades between C- and F will denote a failure to meet minimum standards, reflecting serious deficiencies in all aspects of a student's performance on the assignment.

VIII. REQUIRED AND SUPPLEMENTARY INSTRUCTIONAL MATERIALS & RESOURCES

Required Textbooks:

Blaisure, K. R., Saathoff-Wells, T., Pereira, A., Wadsworth, S.M., Dombro, A.L. (2016). *Serving Military Families: Theories, Research, & Application*. (2nd Ed). Routledge

Rubin, A. & Weiss, E.L., Coll, J.E. (Eds.) (2013). *Handbook of Military Social Work*. Hoboken, NJ: Wiley & Sons, Inc.

Note: Readings that are required and that are not in the textbooks will be available online through Electronic Reserves (ARES) under Professor Carl Castro, Ph.D.

Recommended Textbooks:

Catherall, D.R. (Ed) (2004). *Handbook of Stress, Trauma, and the Family*. Taylor & Frances

Dattilio, F.M. & Jongsma, A.E. (2014). *The family therapy treatment planner with DSM V updates* (2nd Edition (Practice Planner). Hoboken, New Jersey: John Wiley & Sons.

Domenici, P., Best, S. & Armstrong, K. (2013). *Courage Under Fire for Parents of Service Members: Strategies for Coping When Your Son or Daughter Returns from Deployment*. New Harbinger

Exum, H. A., Coll, J. E., & Weiss, E. L. (2011). *A counselor's primer for counseling veterans* (2nd ed.). Deer Park, NY: Linus Publications.

Figley, C.R. & Kiser, L.J. (2013). *Helping Traumatized Families* (2nd Ed). Routledge: Taylor & Frances

Hall, L. K. (2008). *Counseling military families: What mental health professionals need to know*. New York, NY: Routledge.

Matsakis, A. (2005). *In Harm's Way. Help for the Wives of Military Men, Police, EMT's & Firefighters*. New Harbinger Publications

Sayers, S.L. & Armstrong, K. (2014). *Coming Back together: A Guide to Successful Reintegration After Your Partner Returns From Military Deployment*. New Harbinger Publications.

Note: Additional required & recommended readings may be assigned throughout the course.

***Voluntary Assignment:**

Note: To work effectively with military members, veterans, and their families, you need to know the culture. This "mini" course takes between 45 minutes and three hours to complete depending on your familiarity with the culture. The course is hosted on a website outside the VAC. This assignment is pass/fail and constitutes five percent of your final grade for SOWK 641. Students who have already completed SOWK 641 need not take the course again. Students who have not taken SOWK 641 may want to take this course. The student may apply the course for credit when taking 641. You must complete this assignment by the beginning of the fourth week of this class. Upon completion of the course, email your directly to your instructor.

The instructions for accessing the course can be found in **Documentation** section of the SOWK 641 VAC LMS. Ask your instructor for further information.

Military Movies For Consideration:

Gold Star Children (2013) A cross-generational story of how the Gold Star Children of Vietnam are mentoring the Gold Star Children from the wars in Iraq and Afghanistan. It is a one hour film of resilience, hope, and the power of sharing. Amazon Streaming.

Tools and Techniques for Family Therapy by John Edwards has spent the last twenty years distilling the intricacies of family systems theory into a user-friendly approach that has enhanced the work of thousands of clinicians and educators in North America. <http://www.psychotherapy.net/> (**USC Library streaming**)

Harnessing the Power of Genograms in Psychotherapy by Monica McGoldrick watch master family therapist Monica McGoldrick, MSW, create a genogram on the spot in this live session with a client struggling to understand why he is distancing from his pregnant wife. <http://www.psychotherapy.net/> (**USC Library streaming**)

Coming Out: Voices of Gay and Lesbian Teens and their Families by Karin Heller Thought provoking and accessible, this video is invaluable for all parents, teachers, and professionals working with teenagers. <http://www.psychotherapy.net/> (**USC Library streaming**)

Individual Assessment and Psychotherapy by Ron Scott The second video in the Psychotherapy with Gay, Lesbian and Bisexual Clients Series focuses some of the most salient assessment and treatment issues that clinicians should know. <http://www.psychotherapy.net/> (**USC Library streaming**)

When Helping Hurts: Sustaining Trauma Worker by Charles Figley. Six noted therapists and experts offer their stories and advice on dealing with Compassion Fatigue, and discuss ways of recognizing and addressing this condition in yourself and others. <http://www.psychotherapy.net/> (**USC Library streaming**)

Military Internet Resources (Not a Complete List) *Please notify your classmates and instructor if you find a new Internet Resource

U.S. Army: www.goarmy.com/

U.S. Army National Guard: www.nationalguard.com/

U.S. Army National Guard Readiness Program: www.arng.army.mil/soldier_resources/default.asp?id=37

U.S. Army Community Services: www.armycommunityservice.org/home.asp

U.S. Air Force: www.military.com/Resources/ResourceSubmittedFileView?file=air_force_links.htm

U.S. Coast Guard: www.gocoastguard.com/

U.S. Marines: www.marines.com/

U.S. Navy: www.navy.com/

Family Advocacy Program: <http://www.bragg.army.mil/dv/>

Military Family Resource Center: <http://www.mfrc-dodqol.org/>

Military Family Resources: <http://www.2aces.com/endter/milfam.html>

Military One Source: <http://www.militaryonesource.com/MOS.aspx>

Military Spouse Resource Center: <http://www.milspouse.org/>

National Center for Post-Traumatic Stress Disorder: <http://www.ncptsd.va.gov/ncmain/index.jsp>

National Military Family Association: <http://www.militaryfamily.org>

Please skim:

USC's Building Capacity in Military Connected Schools Year 1 and Year 2 Annual Reports (not the technical reports). Download the link from website:
<http://buildingcapacity.usc.edu/research/annual-reports.html>

Course Overview

Unit	Topics	Assignments Due
1	○ Course Overview/Review of Culture in Military Life	
2	○ Systematic Approach to Military Families	
3	○ Demands and Stressors on the Military Family	
4	○ Combat Related Stress and the Military Family	Articles Analyses
5	○ Family Violence and the Military Couple	
6	○ Children and Family Violence	
7	○ Diversity and Military Families	
8	○ Substance Abuse and Military Families	Reflective Journal
9	○ Attachment and Parent-Child Interactions	Presentation/Role Play
10	○ Grief and Loss	Presentation/Role Play
11	○ Retirement and Women in the Military	Presentation/Role Play
12	○ Family Caregiving (TBI and Polytrauma)	Presentation/Role Play
13	○ Support for Military Families	Presentation/Role Play
14	○ Intimacy for Couples after Wartime	*Presentation/Role Play
15	○ Self-Care for Social Workers in Traumatic Stress	Theory of Change Paper

***If necessary**

Course Schedule—Detailed Description

Unit 1: Introduction to Course & the Culture of Military Family Life

Target Population: Military Family

Topics:

- Review of syllabus
- Growing up in a military family: Military culture
- Contrasting active duty and guard/reserve families
- Ethical considerations for social workers
- Gold Star Children (DVD)

This Unit relates to course objectives 1 and 2.

Required Readings:

- Blaisure, K. R., Saathoff-Wells, T., Pereira, A., Wadsworth, S.M., Dombro, A.L. (2016). *Serving Military Families: Theories, Research, & Application*. (2nd Ed). Routledge C.1 p.1-22
- Ender, M. G. (2006). Voices from the backseat: Demands of growing up in military families. In Castro, C. A., Adler, A. B., & Britt, T. W. (Eds.) (2006). *Military Life: The Psychology of Serving in Peace and Combat—Volume 3: The Military Family*. Westport, Connecticut: Praeger Security International.
- Daley, J.G. (2013). Ethical decision making in military social work. In A. Rubin, E.L. Weiss, & J.E. Coll, (Eds.) (2013). *Handbook of Military Social Work* (pp. 51-65) Hoboken, NJ: Wiley & Sons, Inc.
- Rubin, A. & Harvie, H. (2013). A brief history of social work with the military and veterans. In A. Rubin, E.L. Weiss, & J.E. Coll, (Eds.) (2013). *Handbook of Military Social Work* (pp. 3-19) Hoboken, NJ: Wiley & Sons, Inc.

Recommended Readings:

- Castaneda, L. W., Harrell, M. C., Varda, D. M., Hall, K. C., Beckett, M. K., & Stern, S. (2008). *Deployment experiences of guard and reserve families*. RAND Corporation.
- Daley, J.G. (2013). Ethical decision making in military social work. In A. Rubin, E.L. Weiss, & J.E. Coll, (Eds.) (2013). *Handbook of Military Social Work* (pp. 51-65) Hoboken, NJ: Wiley & Sons, Inc.
- Griffith, J. (2009). Being a reserve soldier: A matter of social identity. *Armed Forces & Society*, 36(1), 38-64.
- Harnett, C. (2013). Supporting National Guard & Reserve members and their families. In A. Rubin, E.L. Weiss, & J.E. Coll, (Eds.) (2013). *Handbook of Military Social Work* (pp. 335-357) Hoboken, NJ: Wiley & Sons, Inc.
- Lomsky-Feder, E., Gazit, N., & Ben-Ari, E. (2008). Reserve soldiers as transmigrants: Moving between the civilian and military worlds. *Armed Forces & Society*, 34(4), 593-614.

Unit 2: Systemic Approach to Military Families

Target Population: Military Family

Topics:

- Family stress and resilience theories
- Family systems
- Military specific family genogram (Genogram DVD)

This Unit relates to course objectives 1 and 2.

Required Readings:

Blaisure, K. R., Saathoff-Wells, T., Pereira, A., Wadsworth, S.M., Dombro, A.L. (2016). *Serving Military Families: Theories, Research, & Application*. (2nd Ed). Routledge C. 2 & 5 p. 22-48 & 99-127

Sories, F., Maier, C., Beer, A., & Thomas, V. (2015). Addressing the Needs of Military Children Through Family-Based Play Therapy. *Contemporary Family Therapy*, 37(3), 209-220.

Weiss, E. L., Coll, J. E., Gebauer, J., Smiley, K., & Carrillo, E. (2010). The military genogram: A solution-focused approach for resiliency building in service members and their families. *The Family Journal*, 18, 395-406.

Recommended Readings:

Calhoun, L. G., & Tedeschi, R. G. (Eds.). (2006). *Handbook of post traumatic growth: Research and practice*. Mahwah, NJ: Erlbaum.

Gottman, J. M., Gottman, J. S., & Atkins, C. L. (2011). The comprehensive soldier fitness program: Family skills component. *American Psychologist*, 66, 52-57.

Everson, R. B., & Camp, T. G. (2011). Seeing systems: An Introduction to systemic approaches with military families. In R. B. Everson & C. R. Figley (Eds.), *Families under fire: Systemic therapy with military families* (pp. 3-29). New York, NY: Routledge.

Kotria, K., & Dyer, P. (2008). Using marriage education to strengthen military families: Evaluation of the active military life skills program. *Social Work & Christianity*, 35(3), 287-311.

Nichols, M. P. (2007). *The Essentials of Family Therapy* (3rd ed., pp. 56-80). Pearson

Rapp, C. A., Sallebey, D., & Sullivan, W. P. (2005). The future of strengths-based social work. *Advances in Social Work*, 6(1), 79-90.

Unit 3: Demands & Stressors on the Military Family

Target Population: Military Spouse

Topics:

- Cycles of military deployment & effects on the family
- Family care plan policy
- Changing family roles (Family Therapy DVD)

This Unit relates to course objectives 1 and 2.

Required Readings:

Asbury, E. T. & Martin, D. (2012). Military deployment and the spouse left behind. *The Family Journal: Counseling and Therapy for Couples and Families*, 20(1): 45-50.

Blaisure, K. R., Saathoff-Wells, T., Pereira, A., Wadsworth, S.M., Dombro, A.L. (2016). *Serving*

Military Families: Theories, Research, & Application.(2nd Ed). Routledge Ch.3 p. 49-72

Franklin, K. (2013). Cycle of deployment and family well-being. In A. Rubin, E.L. Weiss, & J.E. Coll, (Eds.) (2013). *Handbook of Military Social Work* (pp. 313-333) Hoboken, NJ: Wiley & Sons, Inc.

Knobloch, L. K., & Wilson, S. R. (2014). Communication in military families across the deployment cycle. *The SAGE Handbook of Family Communication*, 370.

Lucier-Greer, M., Arnold, A. L., Mancini, J. A., Ford, J. L., & Bryant, C. M. (2015). Influences of cumulative risk and protective factors on the adjustment of adolescents in military families. *Family Relations*, 64(3), 363-377.

Recommended Readings:

Barker, L. H., & Berry, K. D. (2009). Developmental issues impacting military families with young children during single & multiple deployments. *Military Medicine*, 174, 1033-42.

Boss, P. (2007). Ambiguous loss theory: Challenges for scholars and practitioners. *Family Relations*, 56(2), 105-111.

Bowling, U. B., & Sherman, M. D. (2008). Welcoming them home: Supporting service members and their families in navigating the tasks of reintegration. *Professional Psychology: Research and Practice*, 39, 451-458.

Burrell, L. M., Adams, G. A., Durand, D. B., & Castro, C. A. (2006). The impact of military lifestyle demands on well-being, army, and family outcomes. *Armed Forces & Society*, 1(33), 43-58.

Dawalt, S. (2007). *365 deployment days: A wife's survival story*. Austin, TX: Bridgeway Books.

Henderson, K. (2006). *While they're at war: The true story of American families on the homefront*. New York, NY: Houghton Mifflin Company.

Redmond, J. (2005). *A year of absence: Six women's stories of courage, hope, and love*. Saint Paul, MN: Elva Resa Publishing.

Spera, C. (2009). Spouses' ability to cope with deployment and adjust to Air Force demands: Identification of risk and protective factors. *Armed Forces & Society*, 35(2), 286-306.

Steelfisher, G., Zaslavsky, A., & Blendon, R. (2008). Health-related impact of deployment extensions on spouses of active duty army personnel. *Military Medicine*, 173(3), 221-29.

Unit 4: Combat Related Stress & the Military Couple

Target Population: Military Couple

Topics:

- Understanding combat stress/PTSD and the military couple
- Interventions for couples affected by combat PTSD

This Unit relates to course objectives 1, 2, and 3.

Required Readings:

Basham, K. (2013). Couple therapy for redeployed military and veteran couples. In A. Rubin, E.L. Weiss, & J.E. Coll, (Eds.) (2013). *Handbook of Military Social Work* (pp. 443-465) Hoboken, NJ: Wiley & Sons, Inc.

Blaisure, K. R., Saathoff-Wells, T., Pereira, A., Wadsworth, S.M., Dombro, A.L. (2016). *Serving*

Military Families: Theories, Research, & Application. (2nd Ed). Routledge C.8 p.181-210

Blow, A. J., Curtis, A. F., Wittenborn, A. K., & Gorman, L. (2015). Relationship Problems and Military Related PTSD: The Case for Using Emotionally Focused Therapy for Couples. *Contemporary Family Therapy*, 37(3), 261-270.

Sautter, F. J., Armelie, A. P., Glynn, S. M., & Wielt, D. B. (2011). The development of couple-based treatment for PTSD in returning veterans. *Professional Psychology: Research and Practice*, 42(1), 63-69.

Sneath, L., & Rheem, K. D. (2011). The use of emotionally focused couple's therapy with military couples and families. In R. B. Everson & C. R. Figley (Eds.), *Families under fire: Systemic therapy with military families* (pp. 127-151). New York, NY: Routledge.

Weiss, E.L., DeBraber, T., Santoyo, A. & Creager T. (2013). Theory and practice with military couples and families. In A. Rubin, E.L. Weiss, & J.E. Coll, (Eds.) (2013). *Handbook of Military Social Work* (pp. 467-492) Hoboken, NJ: Wiley & Sons, Inc.

Recommended Readings:

Basham, K. (2008). Homecoming as safe haven or the new front: Attachment & detachment in military couples. *Clinical Social Work Journal*, 36(1), 83-96.

Erbes, C. R., Polusny, M. A., MacDermid, S., & Compton, J. S. (2008). Couple therapy with combat veterans and their partners. *Journal of Clinical Psychology*, 64(8), 972-983.

Errebo, N., & Sommers-Flanagan, R. (2007). EMDR and emotionally focused therapy for war veteran couples. In F. Shapiro, F. W. Kaslow, & L. Maxfield (Eds.), *Handbook of EMDR and family therapy process* (pp. 202-222). Hoboken, NJ: John Wiley & Sons.

Matsakis, A. (2007). Frequently asked questions about combat trauma. In *Back from the front: Combat trauma, love and the family* (pp. 36-67). Baltimore, MD: Sidran Institute Press.

Matsakis, A. (2007). He doesn't talk about the war. In *Back from the front: Combat trauma, love and the family* (pp. 19-35). Baltimore, MD: Sidran Institute Press.

Matsakis, A. (2007). He's not the same. In *Back from the front: Combat trauma, love and the family* (pp. 68-106). Baltimore, MD: Sidran Institute Press.

Unit 5: Combat Stress, Children, & Family

Target Population: Military Dependent Children

Topics:

- Understanding combat stress/PTSD and the children/family
- Interventions for children affected by PTSD

This Unit relates to course objectives 1, 2, and 3.

Required Readings:

Blaisure, K. R., Saathoff-Wells, T., Pereira, A., Wadsworth, S.M., Dombro, A.L. (2016). *Serving Military Families: Theories, Research, & Application.* (2nd Ed). Routledge C.4 p.72-98

Cozza, S.J. & Guimond, J.M. (2011). Working with combat injured families through the recovery trajectory. In S. MacDermid Wadsworth & D. Riggs (Eds.). *Risk and resilience in U.S. military families* (pp. 259-277). New York, NY: Springer.

Harrison, D., Albanese, P., & Berman, R. (2014). Parent-adolescent relationships in military families affected by PTSD. *Canadian Social Work Review*, 31(1), 85.

Leskin, G.A., Garcia, E., D'Amico, J., Mogil, C.E. & Lester, P. E. (2013). Family-centered programs and interventions for military children and youth. In A. Rubin, E.L. Weiss, & J.E. Coll, (Eds.) *Handbook of Military Social Work* (pp. 427-441) Wiley & Sons, Inc.

Recommended Readings:

Dekel, R., & Goldblatt, H. (2008). Is there intergenerational transmission of trauma? The case of combat veterans' children. *American Journal of Orthopsychiatry*, 78(3), 281-289.

Hall, L. K. (2008). The children. In *Counseling military families: What mental health professionals need to know* (pp. 101-128). New York, NY: Routledge.

Matsakis, A. (2007). Why can't you make Dad better? Children in veteran families. In *Back from the front: Combat trauma, love and the family* (pp. 296-342). Sidran Institute Press.

McLean, A., & Elder, G. H. (2007). Military Service in the life course. *Annual Review of Sociology*, 33, 175-196.

Unit 6: Children & Military Family Violence

Target Population: Military Couples, LGBT Couples in the Military

Topics:

- Family violence in military families
- Family advocacy program in the military

This Unit relates to course objectives 1, 2, and 3.

Required Readings:

AFI40-301 Family Advocacy Program <http://www.e-publishing.af.mil/>

Fraser, C. (2011). Family issues associated with military deployment, family violence, and military sexual trauma. *Nursing Clinics of North America*, 46(4), 445-455.

Williamson, E. (2012). Domestic abuse and military families: The problem of reintegration and control. *British Journal of Social Work*, 42(7), 1371-1387.

Recommended Readings:

Amy, L. (2010). *The wars we inherit: Military life, gender violence, and memory*. Philadelphia: Temple University Press.

Gibbs, D. A., Martin, S. L., Clinton-Sherrod, M., Hardison Walters, J. L., & Johnson, R. E. (2011). Child maltreatment within military families. In S. MacDermid Wadsworth & D. Riggs (Eds.), *Risk and resilience in U.S. military families* (pp. 111-130). Springer.

Hall, L. K. (2008). Family violence. In *Counseling military families: What mental health professionals need to know* (pp. 177-184). New York, NY: Routledge.

Hall, L. K. (2008). Case Study # 1. In *Counseling military families: What mental health professionals need to know* (pp. 251-255). New York, NY: Routledge.

Matsakis, A. (2007). Why do I stay?: Battered women. In *Back from the front: Combat trauma, love and the family* (pp. 221-243). Baltimore, MD: Sidran Institute Press.

Sherman, M. D., Sautter, F., Jackson, M. H., Lyons, J. A., & Han, X. (2006). Domestic violence in veterans with posttraumatic stress disorder who seek couples therapy. *Journal of Marital & Family Therapy*, 32(4), 479-490.

Taft, C.T., Walling, S. M., Howard, J.M., & Monson, C. (2011). Trauma, PTSD, and partner violence in military families. In S. MacDermid Wadsworth & D. Riggs (Eds.), *Risk and resilience in U.S. military families* (pp. 195-212). New York, NY: Springer.

Unit 7: Diversity and Military Families

Target Population: Family of Origin Culture and Children with Special Needs

Topics:

- Geographic relocation: Impact on families and children
- Diversity of family structures
- Diversity in military families
- Dependents with Special Needs (Exceptional Family Member Program)

This Unit relates to course objectives 1, 2, and 3.

Required Readings:

Blaisure, K. R., Saathoff-Wells, T., Pereira, A., Wadsworth, S.M., Dombro, A.L. (2016). *Serving Military Families: Theories, Research, & Application*. (2nd Ed). Routledge C.13 p.307-334

Wheeler, B.Y., McGough, D., & Goldfarb, F. (2013). The Exceptional Family Member Program: Helping special needs children in military families. In A. Rubin, E.L. Weiss, & J.E. Coll, (Eds.) *Handbook of Military Social Work* (pp. 359-381) Wiley & Sons, Inc.

Recommended Readings:

Castro, C. A., Adler, A. M., & Britt, T. W. (Eds.). (2006). *Military life: The psychology of serving in peace and combat – The military family*. Praeger Security International.

Drummet, A. R., Coleman, M., & Cable, S. (2003). Military families under stress: Implications for family life education. *Family Relations*, 52(3), 279-287.

Hall, L. K. (2008). Other military families to consider. In *Counseling military families: What mental health professionals need to know* (pp. 129-150). New York, NY: Routledge.

Kelley, M. L. (2006). Single military parents in the new millennium. In T. Britt, A. Adler, & C. Castro (Eds.), *Military Life* (1st ed., Vol. 4, pp. 93-114). Praeger Security International.

Matsakis, A. (2007). Military couples. In *Back from the front: Combat trauma, love and the family* (pp. 278-295). Baltimore, MD: Sidran Institute Press.

McLean, A., & Elder, G. H. (2007). Military service in the life course. *Annual Review of Sociology*, 33, 175-196.

Slaven-Lee, P.W., Padden, D., Andrews, C.M., & Fitzpatrick, J.J. (2011). Emotional distress and health risk behaviors of mothers of United States Marines. *International Nursing Review*, 58(2), 164-170.

Sullivan, T. (2006). He's the spouse? The most neglected military spouses: Husbands. *Military Spouse*, 2(6), 52-56.

Unit 8: Substance Abuse & the Military Family

Target Population: Adolescents and Adults, LGBT Adolescents

Topics:

- Substance abuse and military families

This Unit relates to course objectives 1 and 3.

Required Readings:

Hoggatt, K. J., Jamison, A. L., Lehavot, K., Cucciare, M. A., Timko, C., & Simpson, T. L. (2015). Alcohol and drug misuse, abuse, and dependence in women veterans. *Epidemiologic reviews*, 37(1), 23-37.

Klostermann, K., Kelley, M. L., Mignone, T., Pusateri, L., & Fals-Stewart, W. (2010). Partner violence and substance abuse: Treatment interventions. *Aggression and Violent Behavior*, 15 (3), 162-166.

Rotunda, R. J., O'Farrell, J., Murphy, M., & Babey, S. H. (2008). Behavioral couples therapy for comorbid substance use disorders and combat-related posttraumatic stress disorder among male veterans: An initial evaluation. *Addictive Behaviors*, 33, 180-187.

Recommended Readings:

Gibbs, D. A., Martin, S. L., Clinton-Sherrod, M., Hardison Walters, J. L., & Johnson, R. E. (2011). Empirically guided community intervention for partner abuse, child maltreatment, suicidality and substance misuse. In S. MacDermid Wadsworth & D. Riggs (Eds.), *Risk and resilience in U.S. military families* (pp. 85-107). New York, NY: Springer.

Hall, L. K. (2008). Alcohol in the military. In *Counseling military families: What mental health professionals need to know* (pp. 184-187). New York, NY: Routledge.

Unit 9: Military Family Life and Attachment Issues

Target Population: Children and Adults

Topics:

- Attachment considerations for children
- Attachment considerations for spouses
- Parent-child interaction therapy as an intervention

This Unit relates to course objectives 1 and 3.

Required Readings:

Louie, A. D., & Cromer, L. D. (2014). Parent-child attachment during the deployment cycle: Impact on reintegration parenting stress. *Professional Psychology: Research & Practice*, 45(6), 496.

Lincoln, A. L., & Sweeten, K. (2011). Considerations for the effects of military deployment on children and families. *Social Work in Health Care*, 50(1), 73-84.

Merolla, A. J. (2010). Relational Maintenance during military deployment: Perspectives of wives of deployed U.S. Soldiers. *Journal of Applied Communication Research*, 38(1), 4-26.

Vincenzes, K. A., Haddock, L., & Hickman, G. (2014). The Implications of Attachment Theory for Military Wives: Effects during a Post-Deployment Period. *The Professional Counselor*, 122.

Recommended Readings:

Basham, K. (2008). Homecoming as safe haven or the new front: Attachment & detachment in military couples. *Clinical Social Work Journal*, 36(1), 83-96.

- Chandra, A., Lara-Sinisomo, S., Jaycox, L., Tanielian, T., Burns, R., Ruder, T., & Han, B. (2010). Children on the homefront: The experience of children from military families. *Pediatrics*, 125(1), 13-22.
- Gibbs, D. A., Martin, S. L., Clinton-Sherrod, M., Hardison Walters, J. L., & Johnson, R. E. (2011). Attachment ties in military families: Mothers' perception of interactions with their children, stress and social competence. In S. MacDermid Wadsworth & D. Riggs (Eds.), *Risk and resilience in U.S. military families* (pp. 131-147). New York, NY: Springer.
- Sloane, L. B., & Friedman, M. J. (2008). *After the war zone: A practical guide for returning troops and their families*. Philadelphia, PA: Perseus Books.

Unit 10: Grief & Loss

Target Population: Children and Adults

Topics:

- Grief & loss in the military family
- Suicide & the veteran family

This Unit relates to course objectives 1, 2, and 3.

Required Readings:

- Faber, A. J., Minner, J., & Wadsworth, S. M. (2014). Killed in combat: the impact of the military context on the grief process. *Military behavioral health*, 2(1), 14-17.
- Harrington-LaMorie, J. (2013). Grief, Loss & Bereavement in military families. In A. Rubin, E.L. Weiss, & J.E. Coll, (Eds.) *Handbook of Military Social Work* (pp. 383-407) Hoboken, NJ: Wiley & Sons, Inc.

Recommended Readings:

- Fiske, H. (2008). *Hope in action: Solution-focused conversations about suicide*. Routledge
- Matsakis, A. (2007). Anger, grief and guilt. In *Back from the front: Combat trauma, love and the family* (pp. 164-196). Baltimore, MD: Sidran Institute Press.
- Matsakis, A. (2007). Suicide. In *Back from the front: Combat trauma, love and the family* (pp. 343-369). Baltimore, MD: Sidran Institute Press.

Unit 11: Retirement and Women in the Military

Target Population: Transitioning military members; military spouses; single military mothers

Topics:

- Employment challenges for civilian spouses
- Veteran transitioning/reintegration
- Women (and mothers) in the military

This Unit relates to course objectives 1 and 2.

Required Readings:

- Blaisure, K. R., Saathoff-Wells, T., Pereira, A., Wadsworth, S.M., Dombro, A.L. (2016). *Serving Military Families: Theories, Research, & Application*. (2nd Ed). Routledge C.10 p.231-258
- Kelley, M. L., Doane, A. N., & Pearson, M. R. (2011). Single military mothers in the new millennium: Stresses, supports, and effects of deployment. In S. MacDermid Wadsworth & D. Riggs (Eds.), *Risk and resilience in U.S. military families* (pp. 343-363). Springer
- Meadows, S. O., Griffin, B. A., Karney, B. R., & Pollak, J. (2015). Employment Gaps Between

Military Spouses and Matched Civilians. *Armed Forces & Society*, 0095327X15607810.

Weiss, E.L. & DeBraber, T. (2013). Women in the military. In A. Rubin, E.L. Weiss, & J.E. Coll, (Eds.) *Handbook of Military Social Work* (pp. 37-49) Wiley & Sons, Inc

Recommended Readings:

Davison, E. H., Pless, A. P., Gugliucci, M. R., King, L. A., King, D. W., Salgado, D. M., & Bacharach (2006). Late life emergence of early life trauma: The phenomenon of late-onset stress symptomatology among aging combat veterans. *Research on Aging*, 28(1), 84-114.

Gregg, G. & Miah, J.S. (2011). Tragedy, loss, and triumph after combat: A portrait of young women veteran survivors of sexual and combat trauma. In Kelly D.C., Howe-Barksdale, S. & Gitelson, (Eds) *Treating young veterans: Promoting resilience through practice and advocacy*.

Raza, R. (2009). Workplace challenges for military families. *Intersections in Practice*, NASW, 28-30.

Viuc, K. D. (2007). "I am afraid we're just going to have to change our ways": Marriage, motherhood and pregnancy in the Army Nurse Corps during the Vietnam War. *Journal of Women, Culture & Society*, 32(4), 997-1022.

Unit 12: Family Caregiving

Target Population: Dependent Spouse, Support Partner (Care-givers)

Topics:

- Combat injured families
- Traumatic brain injury
- Family caregiving

This Unit relates to course objectives 1, 2, and 3.

Required Readings:

Amdur, D., Batres, A., Belisle, J., Brown, J.H., Cornis-Pop, M., Mathewson-Chapman, M., Harms, G., Hunt, S. C., Kennedy, P., Mahoney-Gleason, H., Perez, J., Sheets, C., & Washam, T. (2011). VA integrated post-combat care: A systemic approach to caring for returning combat veterans. *Social Work in Health Care*, 50(7), 564-575.

Blaisure, K. R., Saathoff-Wells, T., Pereira, A., Wadsworth, S.M., Dombro, A.L. (2016). *Serving Military Families: Theories, Research, & Application*. (2nd Ed). Routledge C.6 & 8 p.129-160 & 181-210

Hisle-Gorman, E., Harrington, D., Nylund, C. M., Tercyak, K. P., Anthony, B. J., & Gorman, G. H. (2015). Impact of parents' wartime military deployment and injury on young children's safety and mental health. *Journal of the American Academy of Child & Adolescent Psychiatry*, 54(4), 294-301.

Matthieu, M.M. & Swensen, A. B. (2013). The stress-process model for supporting long-term family caregiving. In A. Rubin, E.L. Weiss, & J.E. Coll, (Eds.) *Handbook of Military Social Work* (pp. 409-426) Hoboken, NJ: Wiley & Sons, Inc.

Phelan, S. M., Griffin, J. M., Hellerstedt, W. L., Sayer, N. A., Jensen, A. C., Burgess, D. J., & van Ryn, M. (2011). Perceived stigma, strain, and mental health among caregivers of veterans with traumatic brain injury. *Disability and Health Journal*, 4(3), 177-184.

Recommended Readings:

President's Commission on Care for America's Returning Wounded Warriors. (2007). *Serve, support, simplify: Report of the President's Commission on Care for America's Returning Wounded Warriors*. As of February 2010, available at:
http://www.cnas.org/sites/default/files/Dole_Shalala_July_30_2007report.pdf

Tanielian, T., & Jaycox, L. H. (Eds.). (2008). *Invisible wounds of war: Psychological and cognitive injuries, their consequences, and services to assist recovery*. Santa Monica, CA: RAND Corporation.

Unit 13: Support for Military Families

Target Population: Children and Adolescents

Topics:

- Building community strengths to empower military families
- Military children in schools

This Unit relates to course objectives 1, 2, and 3.

Required Readings:

Blaisure, K. R., Saathoff-Wells, T., Pereira, A., Wadsworth, S.M., Dombro, A.L. (2016). *Serving Military Families: Theories, Research, & Application*. (2nd Ed). Routledge C.11& 12 p.259-286 & 287-306

Fritz, H. A., Lysack, C., Luborsky, M. R., & Messinger, S. D. (2014). Long-term community reintegration: concepts, outcomes and dilemmas in the case of a military service member with a spinal cord injury. *Disability & Rehabilitation*, (0), 1-7.

Straits-Troster, K. A., Brancu, M., Goodale, B., Pacelli, S., Wilmer, C., Simmons, E. M., & Kudler, H. (2011). Developing community capacity to treat post-deployment mental health problems: A public health initiative. *Psychological Trauma: Theory, Research, Practice, and Policy*, 3(3), 283-291.

Weiss, E.L. & Coll, J.E. (2013) Children & youth impacted by military service: A school-based perspective. In C. Franklin, M.B. Harris & P. Allen-Mears (Eds.), *The School Services Sourcebook: A Guide for School Based Professionals* (2nded.) (pp. 695-706). New York, NY: Oxford University Press.

Recommended Readings:

Bowen, G. L., Mancini, J. A., Martin, J. A., Ware, W. B., & Nelson, J. P. (2003). Promoting the adaptation of military families: An empirical test of a community practice model. *Family Relations*, 52, 33-44.

Clark, J. (2006). *A legislators' guide to military children: What you and your state can do to help the children who also serve*. Harker Heights, TX: Military Child Education Coalition. Retrieved from
<http://www.k12.wa.us/MilitaryKids/pubdocs/MCECLegislatorsGuide.pdf>

Hoshmand, L. T., & Hoshmand, A. L. (2007). Support for military families and communities. *Journal of Community Psychology*, 35(2), 171-180.

Lester, P., Leskin, G., Woodward, K., Saltzman, W., Nash, W., Mogil, C., Paley, B. & Beardslee, W. (2011). War time deployment and military children: Applying prevention science to enhance family resilience. In S. MacDermid Wadsworth & D. Riggs (Eds.), *Risk and resilience in U.S. military families* (pp. 149-173). New York, NY: Springer.

Ridding-Johnston, C. (2010). Building sustainable communities for America's military families. *Economic Development Journal*, 9(1), 24-30.

Unit 14: Intimacy for Couples after Wartime

Target Population: Military Couples, LGBT

Topics:

- Expression of sexuality post war
- Changes in sexual/intimacy functioning and response
- Couples sex therapy

This Unit relates to course objectives 1 and 3.

Required Readings:

Dyer, K., & das Nair, R. (2014). Talking about sex after traumatic brain injury: perceptions and experiences of multidisciplinary rehabilitation professionals. *Disability and rehabilitation*, 36(17), 1431-1438.

Matsakis, A. (2007). Sex now, sex never? In *Back from the front: Combat trauma, love and the family* (pp. 136-163). Baltimore, MD: Sidran Institute Press.

Nunnink, S. E., Goldwaser, G., Niloofar, A., Nievergelt, C. M., & Baker, D. G. (2010). The role of emotional numbing in sexual functioning among veterans of the Iraq and Afghanistan Wars. *Military Medicine*, 175, 424-428.

Snyder, D. K., Gasbarrini, M. F., Doss, B. D., & Scheider, D. M. (2011). Intervening with military couples struggling with issues of sexual infidelity. *Journal of Contemporary Psychotherapy*, 41(4), 201-208.

Recommended Reading:

Weeks, G. R. (2005). The emergence of a new paradigm in sex therapy: integration. *Sexual and Relationship Therapy*, 20, (1), 89-102.

Unit 15: Self Care for Social Workers in Traumatic Stress

Target Population: Social Workers

This Unit relates to course objectives 1 and 2.

Required Readings:

Berzoff, J. & Kita, E. (2010). Compassion fatigue and countertransference: Two different concepts. *Clinical Social Work Journal*, 38(3), 341-349

Rubin, A. & Weiss, E.L. (2013). Secondary trauma in military social work. In A. Rubin, E.L. Weiss, & J.E. Coll, (Eds.) *Handbook of Military Social Work* (pp. 67-97) Wiley & Sons

Thieleman, K., & Cacciatore, J. (2014). Witness to suffering: Mindfulness and compassion fatigue among traumatic bereavement volunteers and professionals. *Social work*, 44.

Recommended Reading:

Tyson, J. (2007). Compassion fatigue in the treatment of combat related trauma during wartime. *Clinical Social Work Journal*, 35, 183-192.

SOWK 640
Assignment 1: Articles Analyses Instructions
and
Grading Criteria
(Worth 20% of Final Grade)

Select and critically analyze two scholarly articles *on the same or similar topic related to clinical work with military affiliated families*. For example, two articles on the issues related to impact on family of deployment, transition, or reintegration/readjustment. Write a four (4) to six (6) page (not including the title or reference page) paper of your analysis. The articles should be from scholarly sources such as peer-reviewed journals, not articles from newspapers or popular magazines or media outlets. The paper should be double-spaced with 12-point Times New Roman font.

Content Requirements

1. Select two scholarly articles. The articles should be on the same or a very similar topic. For example, two articles that address deployment related family issues.
2. Summarize the key concepts: Explain the 2-3 key points the author(s) share about working with military affiliated families.
3. Integrate the analysis by highlighting similarities and differences between the findings and concepts discussed in each article.
4. Evaluate the strengths and weaknesses of their scholarship (i.e. research methods used, objective presentation of information).
5. Explain the importance of the articles to clinical practice with military affiliated families. Explain why the articles are or are not useful to the field of clinical practice with military affiliated families.
6. Discuss how the articles fit into a bigger context (or not) of clinical practice with military affiliated families.
7. Discuss how the articles can be applied to race, gender, sexual orientation and/or other diversity issues in the context of clinical practice with military affiliated families.
8. Discuss your view of the most interesting aspect of the articles. What aspect of the articles did you personally find the most interesting or useful in your work with military affiliated families?

Grading Scale (70% = 70 points)

Outstanding. Exceeded the requirements of the assignment. Argument/Main Points were clear and interesting and demonstrated a robust understanding of the course materials. Evidence supported the argument and was varied, specific, and unambiguous. Ideas presented in a logical

and coherent fashion with no effort required by the reader. Showed significant personal insights and awareness and related those to future social work practice.

Excellent. Met the requirements of the assignment. Argument/Main Points were clear. Evidence supported the claims. Ideas were easy to follow with little effort required by the reader. Showed some personal insights and awareness.

Satisfactory. Met most but not all of the requirements. The central argument/points were present but not clear. Some evidence failed to support the argument/main points. Ideas were difficult to follow or were not logical. Showed little personal insights or awareness.

Poor. Met none of the requirements. Central arguments/points were not present. Evidence does not support the argument/main points. Ideas are very difficult to follow and illogical. No personal insights offered.

Writing Requirements

1. Written to graduate level standards of writing, including a very brief introduction and conclusion.
2. Writing is clear and mechanically sound.
3. Grammar, structure, spelling and punctuation are correct.
4. Sentences are well-structured, complete, clear and concise.

Grading Scale (20% = 20 points)

Outstanding. Sentences are concise, and the meanings are completely unambiguous. Vocabulary is precise and accurate. The paper does not contain colloquialisms, idioms, or undefined jargon. The paper is relatively free of spelling, grammar, or punctuation errors.

Excellent. Sentences are easy to follow, and their meanings are largely unambiguous. The paper contains few colloquialisms, idioms, or undefined jargon. There are few spelling, grammar, or punctuation errors.

Satisfactory to Poor. Sentences are difficult to follow and their meanings are sometimes difficult to understand. There are numerous spelling, grammar, or punctuation errors.

Administration Requirements (10% = 10 points)

1. Completed on time. Please proof read your paper before submitting.
2. Paper is within the required page range and conforms to other format instructions. Times New Roman 12 point font, double spacing, and correct headings are used.
3. Upload a copy of the articles with your written submission.

4. Citations are in accordance with APA requirements. Please do not over rely on quotes, paraphrase instead.
5. Adhered to additional turn instructions.

Points will be deducted for failing to meet these requirements.

____ of 70 points Content

____ of 20 points Writing

____ of 10 points Administration

____ of 100 points Final Grade

Due week 4

Late submissions without prior permission from the instructor will have 5 points deducted for each day late. Extensions are only granted under extreme circumstances and are at the instructor's discretion.

SOWK 640
Assignment 2: Reflective Journal Instructions
and
Grading Criteria
(Worth 25% of Final Grade)

Write a personal reflection integrating readings and your field/practice in relation to military affiliated families. Select six (6) peer reviewed course readings of your choice. Integrate a critical analysis of the articles main ideas or concepts into an original narrative (i.e. a description of your personal and professional learning and opinions related to the concepts or ideas). **Do not** use the two articles selected for the first assignment. **Do not** summarize the articles (summaries will be returned to be rewritten). The paper should be no less than four (4) full pages double spaced and no more than six (6) pages long; you may write in the first person narrative and must use APA style for citations and references.

Discuss how these articles relate to the cases you have in the field, and/or to the course content on military affiliated family demands and stressors. Explore issues that have been challenging to you in the field, especially to your “pre course” understanding of the concepts and ideas found in the articles. Three specific areas of self-reflection should be included at least once in the journal: 1. Countertransference issues that impact your clinical work related to concepts in an article. 2. Actual or potential ethical dilemmas related to concepts in an article. 3. Social justice or political issues affecting military families related to concepts in an article. Finally, discuss one or two of the articles concepts as they relate to diversity/intersectionality (e.g. race, gender, sexual orientation, spirituality, religion, SES, disabilities), military culture, and their impact on military families.

Grading criteria

Critical Analysis and Use of Required Readings from Syllabus

Demonstrated a working knowledge of the material through a thoughtful reflection, analysis, and integrated discussion of the selected readings with your personal and professional experiences, and **not summarizations**. *Critical reflection skills are demonstrated by an ability to recognize new knowledge and personal assumptions, evaluate arguments, and relate these to real world experiences* (**minimum of six (6) peer reviewed articles used**)

(40 pts.) Points earned _____

Self-Reflection

Show a willingness to be self-reflective in three additional areas as they relate to concepts in your chosen articles (all three must be addressed at least once in the paper):

1. Countertransference issues
2. Ethical dilemmas in working with military/veteran families
3. Social justice or political issues affecting military families

(25 pts.) Points earned _____

Diversity

Discussed the articles concepts as they related to diversity/intersectionality (e.g. race, gender, sexual orientation, spirituality, religion, SES, disabilities), military culture, and their impact on military families.

(20 pts.) Points earned _____

Professional presentation

Organized flow of content. Used of Times New Roman 12 point font, double spacing; correct use of grammar, punctuation, headings and subheadings, and spelling; also included a very brief introduction and conclusion. Please proof read your paper before submitting. Please do not over rely on quotes, paraphrase instead and for VAC students, please do not cite the VAC asynchronous material or class lectures. Although this paper can be written in the first person narrative proper use of APA style is expected. Title page, headings, and references all meet APA style standards. **Do not cut, copy, and paste from previous papers you have written. This will be detected by Turnitin.com and is considered plagiarism. You can use the same resources and ideas but the verbiage has to be different.**

(15 pts.) Points earned _____

Total Points earned _____

Due week 8

Late submissions without prior permission from the instructor will have 5 points deducted for each day late. Extensions are only granted under extreme circumstances and are at the instructor's discretion.

SOWK 640

**Assignment 3: In-Class Presentation/Demonstration/Role Play Instructions
and
Grading Criteria
(Worth 20% of Final Grade)**

Students are to present in pairs (or in one team of three) to the class on a military affiliated families and/or children topic. In selecting your topic, please consider current events that impact the lives of military children and families, i.e. budget cuts proposed by Congress, protracted and continuous wars, housing issues, educating civilian communities, females in combat and impact on being a mother etc. Students will present on their topic area during weeks nine through 14, topics and date of presentations will be **selected by the second or third class session**.

Example, if students choose the problem of substance use disorders in military affiliated families, then present the findings on this topic and apply an evidence based intervention to a case where such issues are present. Discuss the role of a social worker in such a case, this may include advocacy roles as applicable.

Please deliver your presentation in a professional manner (see grading criteria below). The use of an experiential exercise such as role play, use of a case vignette, leading a class debate, or use of discussion questions is required. The experiential component is to take 10 minutes of the total presentation time.

The in-class presentation should include the use of PowerPoint or Prezi (save as a pdf for best results when presenting on the classroom platform). Use APA style throughout the slides and reference slide. The student presenters should lead a discussion on this topic area for 20-30 minutes, no more (please watch your time). Please upload a copy of the presentation to the Grading and Assignment Upload section, and **provide your instructor a copy of the presentation on the day that you present**.

The presenters should do more reading (outside of the syllabus) on the topic than the rest of the class (if the topic is part of the syllabus). A **minimum of five** readings outside the syllabus should be referenced. A discussion of diversity issues as they related to the subject matter should be included. Particular attention should be given to potential cultural issues intersecting with military families and the topic. Finally, a willingness to be self-reflective should be exhibited by all presenters. And, a rationale for the topic chosen should be shared.

Grading criteria

Topic Knowledge, Evidence Based Intervention, and Role of Social Worker

Demonstrated a working knowledge of the material (family or couples' based) and evidence-based interventions as appropriate. Discussed the role or position of the social worker as it relates to the topic.

(40 pts.) Points earned _____

Delivery Style and Experiential Exercise

Exhibited a thoughtful discussion of the clinical case and/or policy material. Presented with a professional delivery style (delivery style includes eye contact, body language, professional attire). Included an experiential class exercise (e.g., case vignette and discussion) (15 pts.) Points earned _____

PowerPoint, Citations, References, and use of Time

Professional presentation including the use of PowerPoint or Prezi. Uploaded presentation in Grading and Assignment Upload section. Please include citations in the slides and a reference slide at the end of the presentation. Materials are to be *well organized* and presenters be prepared (start on time and organized in the delivery of the presentation) (15 pts.) Points earned _____

Research Evidence with Minimum of Five Outside Sources

Evidence of thorough research of the subject matter. Used scholarly sources, with a minimum of five (5) readings outside of the syllabus. (10 pts.) Points earned _____

Diversity Discussion

Discussed race, gender, sexual orientation, spirituality, military culture (i.e., any diversity considerations) as appropriate to the topic chosen for the presentation. (15 pts.) Points earned _____

Self-Reflection and Rationale for Policy or Case Choice

Exhibited a willingness to be self-reflective (e.g. countertransference) and provided a discussion of the rationale for selecting the particular issue/subject matter or case choice. (5 pts.) Points earned _____

Total Points earned _____

Student must present on the day that they are assigned.

SOWK 640
Assignment 4: Theory of Change Instructions
(Worth 25% of Final Grade)

Write a theory of change paper related to military families and/or children for possible clinical journal article submission. In this paper students will identify a challenge, psychopathology, dysfunction, systemic, and/or parent-child or parent-parent relational distress that some military families (couples, children or the family unit) face while serving, then propose a solution after providing a critical analysis of the subject matter. **Students may pair as co-authors.**

Specifically, the paper will include the following:

1. **Problem Statement.** A discussion of the relevant descriptive features of the identified problem military families are challenged with. A discussion relating that problem to a theoretical framework(s) we have discussed or found in your readings. Also discuss what brings these families into therapy? What are their barriers to mental health services?
2. **Contextual Analysis.** An analysis, referencing theories, indicating the contextual and personal factors that are most relevant for explaining the problem. Discuss, in general, the possible interventions, policy changes, advocacy agenda, and/or needed public response to the problem. Further, propose a theory (can be the same as discussed in section one) on how to help people move from dysfunctional states to states of functionality related to the identified challenge.
3. **Proposed Solution.** Provide a detailed discussion of one population based intervention approach that is evidenced-based (if applicable to your assignment) and matches the theory already discussed for resolving the problem. Be sure to include how family therapy, couples therapy or individual therapy might assist this population in adjusting? Also, discuss your role as social work professional and how you can make an impact and/or how you would advocate for military families and or children. Analysis of the intervention option(s) (to include relative strengths and weaknesses) should be part of this discussion.
4. **Additional Impact Considerations.** A discussion of policy, legal, ethical and agency issues impacting the problem and solution. List the name of the journal you believe is best for submission of this article for publication and discuss why.

The paper should be six to eight (6-8) pages in length. Use Times New Roman 12 point font and double spacing. Cite the literature throughout your discussions. A minimum of **eight (8)** references are required. The paper should be well organized. Correct use of grammar, punctuation, headings/subheadings, and spelling is also expected. Include a very brief introduction and conclusion. Please proof read your paper before submitting. Please do not over rely on quotes, paraphrase instead. The proper use of APA style is expected throughout the paper (to include in text citations and the reference page).

Grading criteria

Content Requirements (70% = 70 points)

Description Features of the Problem and Theoretical Framework. Discussed the relevant descriptive features of the identified problem military families are challenged with. Related the problem to a theoretical framework(s) discussed in class and/or found in the literature.

Analysis, Contextual Discussion, and Needed Response. Provided an analysis, referencing theories, indicating the contextual and personal factors that are most relevant for explaining the problem. Discussed interventions and needed public response to problems or policy change or advocacy agenda.

Recommended Solution/Intervention; Analysis of its Strengths and Weaknesses. Provided a discussion of a population based intervention approach that is evidenced-based. Discussed how family, couple, and individual therapy might assist this population. Provided an analysis of the intervention option(s) (including relative strengths and weaknesses). Addressed social workers role.

Policy, Legal, Ethical, and Agency Issues; Journal for Publication. Discussed policies, legal, ethical and agency issues impacting the problem. Listed the name of one potential journal to submit the article for publication and gave rationale for this choice.

Writing Requirements (20% = 20 points)

1. Written to graduate level standards of writing, including a very brief introduction and conclusion. Please proof read your paper before submitting.
2. Writing is clear and mechanically sound.
3. Grammar, structure, spelling and punctuation are correct.
4. Sentences are well-structured, complete, clear and concise.

Grading Scale

Outstanding. Sentences are concise, and the meanings are completely unambiguous. Vocabulary is precise and accurate. The paper does not contain colloquialisms, idioms, or undefined jargon. The paper is relatively free of spelling, grammar, or punctuation errors.

Excellent. Sentences are easy to follow, and their meanings are largely unambiguous. The paper contains few colloquialisms, idioms, or undefined jargon. There are few spelling, grammar, or punctuation errors.

Satisfactory to Poor. Sentences are difficult to follow and their meanings are sometimes difficult to understand. There are numerous spelling, grammar, or punctuation errors.

Administration Requirements (10% = 10 points)

1. Completed on time.
2. Paper is within the required page range and conforms to other format instructions. Times New Roman 12 point font, double spacing, and correct headings and subheadings are used.
3. Citations are in accordance with APA requirements. Please do not over rely on quotes, paraphrase instead. Minimum of 8 scholarly references used.
4. Adhered to additional turn instructions.

Points will be deducted for failing to meet these requirements.

____ of 70 points Content

____ of 20 points Writing

____ of 10 points Administration

____ of 100 points Final Grade

Due week 15

Late submissions without prior permission from the instructor will have 5 points deducted for each day late. Extensions are only granted under extreme circumstances and are at the instructor's discretion.

University Policies and Guidelines

IX. ATTENDANCE POLICY

Students are expected to attend every class and to remain in class for the duration of the unit. Failure to attend class or arriving late may impact your ability to achieve course objectives which could affect your course grade. Students are expected to notify the instructor by email (xxx@usc.edu) of any anticipated absence or reason for tardiness.

University of Southern California policy permits students to be excused from class for the observance of religious holy days. This policy also covers scheduled final examinations which conflict with students' observance of a holy day. Students must make arrangements *in advance* to complete class work which will be missed, or to reschedule an examination, due to holy days observance.

Please refer to Scampus and to the USC School of Social Work Student Handbook for additional information on attendance policies.

X. ACADEMIC CONDUCT

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Part B, Section 11, "Behavior Violating University Standards" <https://policy.usc.edu/scampus-part-b/>. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, <http://policy.usc.edu/scientific-misconduct>.

XI. SUPPORT SYSTEMS

Student Counseling Services (SCS) – (213) 740-7711 – 24/7 on call

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention. engemannshc.usc.edu/counseling

National Suicide Prevention Lifeline – 1 (800) 273-8255

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. www.suicidepreventionlifeline.org

Relationship and Sexual Violence Prevention Services (RSVP) – (213) 740-4900 – 24/7 on call

Free and confidential therapy services, workshops, and training for situations related to gender-based harm. engemannshc.usc.edu/rsvp

Sexual Assault Resource Center

For more information about how to get help or help a survivor, rights, reporting options, and additional resources, visit the website: sarc.usc.edu

Office of Equity and Diversity (OED)/Title IX Compliance – (213) 740-5086

Works with faculty, staff, visitors, applicants, and students around issues of protected class. equity.usc.edu

Bias Assessment Response and Support

Incidents of bias, hate crimes and micro aggressions need to be reported allowing for appropriate investigation and response. studentaffairs.usc.edu/bias-assessment-response-support

The Office of Disability Services and Programs

Provides certification for students with disabilities and helps arrange relevant accommodations. dsp.usc.edu

USC Support and Advocacy (USCSA) – (213) 821-4710

Assists students and families in resolving complex issues adversely affecting their success as a student EX: personal, financial, and academic. studentaffairs.usc.edu/ssa

Diversity at USC

Information on events, programs and training, the Diversity Task Force (including representatives for each school), chronology, participation, and various resources for students. diversity.usc.edu

USC Emergency Information

Provides safety and other updates, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible. emergency.usc.edu

USC Department of Public Safety – UPC: (213) 740-4321 – HSC: (323) 442-1000 – 24-hour emergency or to report a crime. Provides overall safety to USC community. dps.usc.edu

XII. ADDITIONAL RESOURCES

Students enrolled in the Virtual Academic Center can access support services for themselves and their families by contacting Perspectives, Ltd., an independent student assistance program offering crisis services, short-term counseling, and referral 24/7. To access Perspectives, Ltd., call 800-456-6327.

XIII. STATEMENT ABOUT INCOMPLETES

The Grade of Incomplete (IN) can be assigned only if there is work not completed because of a documented illness or some other emergency occurring after the 12th week of the semester. Students must NOT assume that the instructor will agree to the grade of IN. Removal of the grade of IN must be instituted by the student and agreed to be the instructor and reported on the official “Incomplete Completion Form.”

XIV. POLICY ON LATE OR MAKE-UP WORK

Papers are due on the day and time specified. Extensions will be granted only for extenuating circumstances. If the paper is late without permission, the grade will be affected.

XV. POLICY ON CHANGES TO THE SYLLABUS AND/OR COURSE REQUIREMENTS

It may be necessary to make some adjustments in the syllabus during the semester in order to respond to unforeseen or extenuating circumstances. Adjustments that are made will be communicated to students both verbally and in writing.

XVI. CODE OF ETHICS OF THE NATIONAL ASSOCIATION OF SOCIAL WORKERS (OPTIONAL)

Approved by the 1996 NASW Delegate Assembly and revised by the 2017 NASW Delegate Assembly
<https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English>

Preamble

The primary mission of the social work profession is to enhance human well-being and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. A historic and defining feature of social work is the profession's focus on individual well-being in a social context and the well-being of society. Fundamental to social work is attention to the environmental forces that create, contribute to, and address problems in living.

Social workers promote social justice and social change with and on behalf of clients. "Clients" is used inclusively to refer to individuals, families, groups, organizations, and communities. Social workers are sensitive to cultural and ethnic diversity and strive to end discrimination, oppression, poverty, and other forms of social injustice. These activities may be in the form of direct practice, community organizing, supervision, consultation, administration, advocacy, social and political action, policy development and implementation, education, and research and evaluation. Social workers seek to enhance the capacity of people to address their own needs. Social workers also seek to promote the responsiveness of organizations, communities, and other social institutions to individuals' needs and social problems.

The mission of the social work profession is rooted in a set of core values. These core values, embraced by social workers throughout the profession's history, are the foundation of social work's unique purpose and perspective:

- Service
- Social justice
- Dignity and worth of the person
- Importance of human relationships
- Integrity
- Competence

This constellation of core values reflects what is unique to the social work profession. Core values, and the principles that flow from them, must be balanced within the context and complexity of the human experience.

XVII. ACADEMIC DISHONESTY SANCTION GUIDELINES

Some lecture slides, notes, or exercises used in this course may be the property of the textbook publisher or other third parties. All other course material, including but not limited to slides developed by the instructor(s), the syllabus, assignments, course notes, course recordings (whether audio or video) and examinations or quizzes are the property of the University or of the individual instructor who developed them. Students are free to use this material for study and learning, and for discussion with others, including those who may not be in this class, unless the instructor imposes more stringent requirements. Republishing or redistributing this material, including uploading it to web sites or linking to it through services like iTunes, violates the rights of the copyright holder and is prohibited. There are civil and criminal penalties for copyright violation. Publishing or redistributing this material in a way that might give others an unfair advantage in this or future courses may subject you to penalties for academic misconduct.

XVIII. COMPLAINTS

If you have a complaint or concern about the course or the instructor, please discuss it first with the instructor. If you feel cannot discuss it with the instructor, contact the chair of the [xxx]. If you do not receive a satisfactory response or solution, contact your advisor and/or Associate Dean and MSW Chair Dr. Leslie Wind for further guidance.

XIX. Tips for Maximizing Your Learning Experience in this Course (Optional)

- ✓ Be mindful of getting proper nutrition, exercise, rest and sleep!
- ✓ Come to class.
- ✓ Complete required readings and assignments BEFORE coming to class.
- ✓ BEFORE coming to class, review the materials from the previous Unit AND the current Unit, AND scan the topics to be covered in the next Unit.
- ✓ Come to class prepared to ask any questions you might have.
- ✓ Participate in class discussions.

- ✓ AFTER you leave class, review the materials assigned for that Unit again, along with your notes from that Unit.
- ✓ If you don't understand something, ask questions! Ask questions in class, during office hours, and/or through email!
- ✓ Keep up with the assigned readings.

Don't procrastinate or postpone working on assignments.
