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# Golf - PHED 155

Units: 1 unit (#49901R) Fall 2018 – TTH 8 am

Location: Dedeaux Field (BDX)

Blackboard: <a href="https://blackboard.usc.edu">https://blackboard.usc.edu</a>

Instructor: Marcos Briano, Ph.D. "Coach Briano"

Office Hours: By Appointment Contact Info: marcos@usc.edu

## **Course Description**

This course is an introductory golf class to develop basic golf skills, swing mechanics (stance, grip, posture, and alignment), utilization of golf equipment (irons, woods and putter), history, rules, scoring, etiquette, and strategies of play (golf course layout/play). This course will provide fundamental golf skills through practice and play.

<u>Prerequisite</u>: None <u>Co-Requisite</u>: None

**Recommended Preparation: None** 

# **Course Learning Objectives**

- 1. To acquire fundamental golf skills with proficiency and ability to apply these skills.
- 2. To gain sufficient knowledge of basic golf rules, scoring, etiquette and play.
- 3. To develop knowledge and competency in golf fundamentals, skills, and game.
- 4. To develop, appreciate, and commit to adapting movement (golf) activity for lifetime fitness.

# **Physical Education Objectives**

Students will understand the importance of sound health & fitness principles as they relate to better health & will be able to:

Recognize the physical and mental benefits of increased physical activity.

### Students will be exposed to a variety of activities providing them the opportunity to:

Apply learned fundamental golf skills.

# Students will demonstrate proficiency through knowledge & acquired skills enabling them to:

- Understand and utilize various training methods.
- Develop an appreciation of physical activity as a lifetime pursuit and a means to better health.

# **Course Textbook**

Professional Golfers' Association of America. First Swing: Golfer's Guide, 2004. (Available on Blackboard)

# Equipment

Golf equipment will be provided. Personal equipment is encouraged, but not mandatory. Appropriate workout attire is required. *Recommendations include:* athletic shoes, water & towel. Lockers are available for a rental fee in the PED building. Equipment may be checked out with student ID.

### Participation/Performance

Timely and consistent attendance is imperative, in order to develop appropriate skills and to obtain supplemental information for course assignments/exams. Two tardiness equals 1 absence. Failure to attend class <u>WILL IMPACT</u> your final grade.

## **Assignment Submission Policy**

*Video Analysis* – (1-2 page[s]) paper analyzing the video of your golf swing mechanics initial-class and mid-class, due via Blackboard (*submit under Video Assignment*) on **October 25, 2018** by **11:59 p.m.** 

**OPTIONAL Driving Range (5 pts.) or Golf Round (15 pts.)** – Driving range receipt or golf course scored scorecard and receipt, due at the **Final Exam Review**.

#### **General Class Policies**

- **No Make-Ups** will be given for any missed coursework or late assignments.
- Email (<u>marcos@usc.edu</u>) is the preferred method of communication outside of class. *Please NOTE: MW9 in subject line of email.*
- In the event of adverse weather conditions (i.e., rainy days), class will meet in lobby of PED Building.
- Wear appropriate clothing and athletic shoes.

### **Additional Policies**

USC Physical Education IS NOT responsible for any lost, stolen or damaged property. If you choose
to bring any valuables to class, it is strongly recommended to lock them up during class. Lockers
are available for rental fee in the PED building and Lyon Center.

# **Grading Criteria**

# **200 Total Points**

Cognitive	50%	100 pts.	Psychomotor	50%	100 pts.
Midterm	25%	50 pts.	Class Performance	30%	60 pts.
Final Exam	25%	50 pts.	Skills Assessment	15%	30 pts.
			Video Analysis	5%	10 pts.

# Optional EXTRA Credit - Driving Range (5 pts.) or Golf Course Round (15 pts.)

A (184 pts. & higher) A- (180-183 pts.) B+ (176-179 pts.) B (164-175 pts.) B- (160-163 pts.) C+ (156-159 pts.) C (144-155 pts.) C- (140-143 pts.) PASS (>140 pts.) D (120-139 pts.) Fail (<120 pts.)

**Class Performance/Participation (30%):** Regular participation in class activities is a cumulative portion of your grade and active participation is fully expected.

**Skills Assessment (15%):** In-class demonstration of learned skills of the basics elements of golf. Including but not limited to putting, short game, iron play, drivers and basic play and etiquette. To be administered during Weeks 13-14. A formal rubric will be given and used for this assessment activity.

**Video Analysis (5%):** Students will video during class time and analyze their swing including, but not limited to grip, posture, alignment, set-up and swing path. Students are epected to use initial-class to mid-class video to compare and contrast themselves. Analysis paper (1-2 page paper) is due on March 28, 2018.

**Midterm (25%):** Will consist of material covered to this point. Refer to course text, handouts, lecture and activities. Examination will consist of multiple choice, true/false and short answer.

**Final Exam (25%):** Comprehensive final examination of all course work. Students are responsible for all material covered. Examination will consist of multiple choice, true/false and short answer.

**OPTIONAL – Driving Range (5 pts. ) or Golf Course Round (15 pts.):** Optional extra credit for applying learned golf skills at driving range or playing either a 9-hole or 18-hole golf course. Receipt/video and/or scored scorecard and receipt are required for credit.

# **Course Schedule**

Week 1 August 21, 23	Course In		
Week 2 August 28, 30	Grip, Stance & Med Review: Safety & golf		
Week 3 September 4, 6	Swing Fundamer Equipment & prin		
FRIDAY, SEPTEMBER 7	LAST DAY TO: REGISTER & ADD CLA CHANGE ENROLLMENT OPTION TO P/NP OR AUDI		
Week 4 September 11, 13	Skills F Ball flight laws/sti		
Week 5 September 18, 20	Short Irons - Ball flight laws/st		
Week 6 September 25, 27	Mid Irons – Equipment selection, gol		
Week 7 October 2, 4	Club Selection (Shor Review: Golf rules		
FRIDAY, OCTOBER 5	LAST DAY TO: DROP COURSE WITH CHANGE ENROLLMENT P/NP		
Week 8 October 9, 11	Midterm (Review)	Midterm Exam	
Week 9 October 16, 18	Long Irons - Ball positioning,		
Week 10 October 23, 25	Woods & Fairway	Video Analysis Paper Due 10/25/18	
Week 11 October 30, November 1	Facility Orientation &		
Week 12 November 6, 8	Skills Review		
FRIDAY, NOVEMBER 9	LAST DAY TO DROP CL		
Week 13 November 13, 15	Skill Ass		
Week 14 November 20	Skill Assessment	Thanksgiving Recess	
		(November 21-23)	

### **Academic Conduct/Integrity**

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Part B, Section 11, "Behavior Violating University Standards" policy.usc.edu/scampus-part-b. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, http://policy.usc.edu/scientific-misconduct.

# **Support Systems**

### Student Counseling Services (SCS) - (213) 740-7711 - 24/7 on call

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention. <a href="mailto:engemannshc.usc.edu/counseling">engemannshc.usc.edu/counseling</a>

# National Suicide Prevention Lifeline – 1 (800) 273-8255

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. <a href="https://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>

### Relationship and Sexual Violence Prevention Services (RSVP) - (213) 740-4900 - 24/7 on call

Free and confidential therapy services, workshops, and training for situations related to gender-based harm. <a href="mailto:engemannshc.usc.edu/rsvp">engemannshc.usc.edu/rsvp</a>

#### Sexual Assault Resource Center

For more information about how to get help or help a survivor, rights, reporting options, and additional resources, visit the website: sarc.usc.edu

### Office of Equity and Diversity (OED)/Title IX Compliance – (213) 740-5086

Works with faculty, staff, visitors, applicants, and students around issues of protected class. equity.usc.edu

### **Bias Assessment Response and Support**

Incidents of bias, hate crimes and microaggressions need to be reported allowing for appropriate investigation and response. studentaffairs.usc.edu/bias-assessment-response-support

### The Office of Disability Services and Programs

Provides certification for students with disabilities and helps arrange relevant accommodations. dsp.usc.edu

### Student Support and Advocacy – (213) 821-4710

Assists students and families in resolving complex issues adversely affecting their success as a student EX: personal, financial, and academic. <a href="mailto:studentaffairs.usc.edu/ssa">studentaffairs.usc.edu/ssa</a>

### **Diversity at USC**

Information on events, programs and training, the Diversity Task Force (including representatives for each school), chronology, participation, and various resources for students. diversity.usc.edu

### **USC Emergency Information**

Provides safety and other updates, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible. <a href="mailto:emergency.usc.edu">emergency.usc.edu</a>

*USC Department of Public Safety – UPC: (213) 740-4321 – HSC: (323) 442-1000 – 24-hour emergency or to report a crime.* Provides overall safety to USC community. <u>dps.usc.edu</u>