

PHYSICAL EDUCATION DEPARTMENT PHED 154A SOCCER SPRING 2018

Instructor: Luis Paulo Oliveira, MS

Office: PED 107

Office Hours: Tuesday & Thursday #49841 10AM, #49843 11AM AND #49845 12PM

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Course Description

This class emphasizes the development of soccer skills, knowledge of rules, small group/team tactics and positional elements of play for beginning to advanced players.

Course Objectives

- To acquire fundamental skills and apply those skills on actual 11v11 games
- To develop knowledge of various tactical strategies
- To learn a variety of drills enabling enhanced proficiency and skill acquisition
- To understand the history and rules of soccer
- To be exposed to current soccer trends and events

Physical Education Learning Objectives

- To understand and utilize various training methods
- To improve students' general health and fitness
- To participate in a safe, progressive, methodical and efficient activity based plan to enhance improvement and minimize risk of injury
- To participate in active learning to stimulate continued inquiry about physical education, health and fitness

Blackboard

Additional information will be posted on blackboard. https://blackboard.usc.edu

Assignment

Describe your own personal history in soccer and complete a 2-page detailing your own experiences growing up and/or the material learned in class during the first ten weeks.

Evaluation Criteria

Participation 15%
Midterm 15%
Assignment 20%
Skills Assessments 25%
Final 25%

A 94-100 **A** - 90-93 **B** + 87-89 **B** 84-86 **B** - 80-83 **C** + 77-79 **C** 74-76 **C** - 70-73

*Extra credit work and make-up work are <u>not</u> available. You are <u>not</u> permitted to make-up absences in another section. It is your responsibility to attend class consistently and fulfill the requirements of this course.



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Course Schedule

	<u>Course Schedule</u>
Week 1	Review of Syllabus (PED 210 South Gym)
Jan 9-11	Passing and trapping – Play 3v3
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Week 2 Jan 16-18	Passing and moving– Play 3v3
Week 3 Jan 23-25	Air ball trapping and passing – Play 1v1s, 2v1, 2v2, 3v2, 3v3, 4v3 Last Day to withdraw without a W or change grading option
Week 4 Jan 30-Feb 1	Dribbling and Shooting Drills- Play 4v4

Week 5	Elements of Possession – Play 5v5
Feb 6-8	Team Shapes & Players' Roles
Week 6 Feb 13-15	Principles of Attacking/Defending – Play 5v5
Week 7	Vallow & Dad Cords Dlay 6y6
	Yellow & Red Cards – Play 6v6
Feb 20-22	Direct/Indirect & Penalty Kicks
	Last Day to Drop without W and change pass/no pass to letter grade
Week 8	Review for Midterm – Play 6v6
Feb 27-March 1	Midterm
Week 9 Mar 6-8	Heading Progression – Play 7v7
Week 9	
Week 9 Mar 6-8 Week 10 Mar 11-18	Heading Progression – Play 7v7 SPRING BREAK!!!
Week 9 Mar 6-8 Week 10	Heading Progression – Play 7v7 SPRING BREAK!!! Corner Kicks and Throw-ins – Play 11v11
Week 9 Mar 6-8 Week 10 Mar 11-18	Heading Progression – Play 7v7 SPRING BREAK!!!
Week 9 Mar 6-8 Week 10 Mar 11-18 Week 11	Heading Progression – Play 7v7 SPRING BREAK!!! Corner Kicks and Throw-ins – Play 11v11
Week 9 Mar 6-8 Week 10 Mar 11-18 Week 11	Heading Progression – Play 7v7 SPRING BREAK!!! Corner Kicks and Throw-ins – Play 11v11
Week 9 Mar 6-8 Week 10 Mar 11-18 Week 11 Mar 20-22	Heading Progression – Play 7v7 SPRING BREAK!!! Corner Kicks and Throw-ins – Play 11v11 World Rivalry Games
Week 9 Mar 6-8 Week 10 Mar 11-18 Week 11 Mar 20-22 Week 12	Heading Progression – Play 7v7 SPRING BREAK!!! Corner Kicks and Throw-ins – Play 11v11 World Rivalry Games Skills Assessment – Soccer Circuit
Week 9 Mar 6-8 Week 10 Mar 11-18 Week 11 Mar 20-22 Week 12	Heading Progression – Play 7v7 SPRING BREAK!!! Corner Kicks and Throw-ins – Play 11v11 World Rivalry Games Skills Assessment – Soccer Circuit
Week 9 Mar 6-8 Week 10 Mar 11-18 Week 11 Mar 20-22 Week 12 Mar 27-29	Heading Progression – Play 7v7 SPRING BREAK!!! Corner Kicks and Throw-ins – Play 11v11 World Rivalry Games Skills Assessment – Soccer Circuit World Rivalry Games - Play 11v 11
Week 9 Mar 6-8 Week 10 Mar 11-18 Week 11 Mar 20-22 Week 12 Mar 27-29 Week 13	Heading Progression – Play 7v7 SPRING BREAK!!! Corner Kicks and Throw-ins – Play 11v11 World Rivalry Games Skills Assessment – Soccer Circuit World Rivalry Games - Play 11v 11 Soccer Essay Assignment Due!!! Last Day to Drop with a "W"
Week 9 Mar 6-8 Week 10 Mar 11-18 Week 11 Mar 20-22 Week 12 Mar 27-29 Week 13 Apr 3-5 Week 14	Heading Progression – Play 7v7 SPRING BREAK!!! Corner Kicks and Throw-ins – Play 11v11 World Rivalry Games Skills Assessment – Soccer Circuit World Rivalry Games - Play 11v 11 Soccer Essay Assignment Due!!! Last Day to Drop with a "W"
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Week 9 Mar 6-8 Week 10 Mar 11-18 Week 11 Mar 20-22 Week 12 Mar 27-29 Week 13 Apr 3-5 Week 14 Apr 10-12	Heading Progression – Play 7v7 SPRING BREAK!!! Corner Kicks and Throw-ins – Play 11v11 World Rivalry Games Skills Assessment – Soccer Circuit World Rivalry Games - Play 11v 11 Soccer Essay Assignment Due!!! Last Day to Drop with a "W" World Rivalry Games - Play 11v 11 World Rivalry Games - Play 11v 11
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Week 9 Mar 6-8 Week 10 Mar 11-18 Week 11 Mar 20-22 Week 12 Mar 27-29 Week 13 Apr 3-5 Week 14 Apr 10-12 Week 15 Apr 17-19	Heading Progression – Play 7v7 SPRING BREAK!!! Corner Kicks and Throw-ins – Play 11v11 World Rivalry Games Skills Assessment – Soccer Circuit World Rivalry Games - Play 11v 11 Soccer Essay Assignment Due!!! Last Day to Drop with a "W" World Rivalry Games - Play 11v 11 World Rivalry Games - Play 11v 11 World Rivalry Games - Play 11v 11
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Miscellaneous

Participation

Demonstration of acquired learning objectives requires regular participation, particularly in a performance skill based class.

Equipment

Bring proper soccer gear, water bottle and sunblock. **Grademaster scan form** (**Scan #25420**) is also required for the Midterm & Final Exams.

Class Meeting Information

Classes will meet at P.E. Cromwell Track & Field (in front of the PE Building).

USC Physical Education IS NOT responsible or any lost, stolen or damaged property. If you choose to bring any valuables to class, it is strongly recommended that they be locked up during class. Locker rooms are available in the PE building and the Lyons Center.

Academic Accommodations: Students requesting academic accommodations based on a disability are required to register with Disability Services and Programs (DSP) each semester. A letter of verification for approved accommodations can be obtained from DSP when adequate documentation is filed. Please be sure the letter is delivered to me as early in the semester as possible. DSP is open Monday-Friday, 8:30am-5:00pm. The office is in Student Union 301 and the phone number is (213) 740-0776.

Emergency Preparedness/ course Continuity in a Crisis: In case of a declared emergency if travel to campus is not feasible, USC executive leadership will announce an electronic way for instructors to teach students in their residence halls or homes using a combination of blackboard, teleconferencing, and other technologies.

Statement on Academic Conduct and Support System Academic Conduct:

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in SCampus in Part B, Section 11, "Behavior Violating University Standards" policy.usc.edu/scampus-part-b. Other forms of academic dishonesty are equally unacceptable. See additional information in SCampus and university policies on scientific misconduct, http://policy.usc.edu/scientific-misconduct.

Support Systems:

Student Counseling Services (SCS) – (213) 740-7711 – 24/7 on call

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention. www.engemannshc.usc.edu/counseling

National Suicide Prevention Lifeline – 1 (800) 273-8255

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. www.suicidepreventionlifeline.org

Relationship and Sexual Violence Prevention Services (RSVP) -(213) 740-4900 -24/7 on call Free and confidential therapy services, workshops, and training for situations related to gender-based harm. www.engemannshc.usc.edu/rsvp

Sexual Assault Resource Center For more information about how to get help or help a survivor, rights, reporting options, and additional resources, visit the website: www.sarc.usc.edu

Office of Equity and Diversity (OED)/Title IX Compliance – (213) 740-5086 Works with faculty, staff, visitors, applicants, and students around issues of protected class. www.equity.usc.edu

Bias Assessment Response and Support

Incidents of bias, hate crimes and microaggressions need to be reported allowing for appropriate investigation and response. www.studentaffairs.usc.edu/bias-assessment-response-support

The Office of Disability Services and Programs Provides certification for students with disabilities and helps arrange relevant accommodations. www.dsp.usc.edu

Student Support and Advocacy – (213) 821-4710 Assists students and families in resolving complex issues adversely affecting their success as a student EX: personal, financial, and academic. www.studentaffairs.usc.edu/ssa

Diversity at USC

Information on events, programs and training, the Diversity Task Force (including representatives for each school), chronology, participation, and various resources for students. www.diversity.usc.edu

USC Emergency Information

Provides safety and other updates, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible. www.emergency.usc.edu

USC Department of Public Safety – UPC: (213) 740-4321 – HSC: (323) 442-1000 – 24-hour emergency or to report a crime. Provides overall safety to USC community. www.dps.usc.edu