

# Social Work 609

# Introduction to Social Work Practice with Children, Youth and Families

# 3 Units

The function of education is to teach one to think intensively and to think critically. Intelligence plus character—that is the goal of true education.

-Martin Luther King, Jr.

## *Summer 2017*

Instructor: Email:	Linda A. Long, PHD, MSW <u>lindalon@usc.edu</u> (Quickest Response)	Course Days: Course Times:	Mon. & Wed. (PST) Mon. 12:00-1:15, Tue. 4:45-6:00 Tue. 6:30-7:45pm
Telephone: Office: Office Hours:	706-255-0085, (notify me prior if possible) Virtual (PST) Tue. 6:00-6:30pm & Wed. 6:00-6:30PM (Available & Flexible to meet other time		VAC

#### **COURSE PREREQUISITES**

Social Work Practice with Children, Youth, and Families is the introductory practice course of the Department of Children, Youth and Families. Students will have successfully completed the foundation semester before enrolling in this course.

#### I. CATALOGUE DESCRIPTION

This course introduces students to the concepts essential to understand typical development of children and families from birth through adolescence and the difficulties that may arise in that development from an ecological perspective. Assessment, and engagement of families is a core component. Interventions are introduced.

#### **II.** COURSE DESCRIPTION

As the introductory practice course in the Department of Children and Families, this course will introduce students to understanding development of the child within the family and the role that the larger social environment has on that development. This will be done by highlighting current research that informs these theories. It will highlight risk and protective factors and common problems that can occur during each stage. It will present ways to engage with children and families in a developmentally appropriate manner through use of evidence supported interventions at the micro, macro, and mezzo.

## **III.** COURSE OBJECTIVES

<b>Objective</b> #	Objectives
1	Teach typical development of children and families from infancy through adolescence understanding cultural and environmental factors that influence that development.
2	Teach about risk and protective factors throughout development with a particular focus on how adverse childhood experiences can impact development.
3	Provide strategies for engagement with children and families from infancy through adolescence in a culturally and developmentally appropriate way.
4	Provide skills on conducting an ecological assessment of families and children and experiences for students to practice assessment.
5	Provide general principles of intervention with families and children.
6	Provide opportunities for students to enhance self-awareness by critically evaluating thoughts, feelings, and behaviors when working with children and families.
7	Provide knowledge on the role of science in guiding assessment and intervention choices of children and their families and the way in which that evidence creates changes in our understanding of children and their families and choices of appropriate intervention
8	Provide knowledge on the importance of intervention on micro, mezzo, and macro systems levels and the role of social policy in influencing decisions in working with children and their families.

Social Work Practice with Children, Youth, and Families (SOWK 609) will:

## IV. STUDENT LEARNING OUTCOMES

Student learning for this course relates to one or more of the following ten social work core competencies:

Social Work Core CompetenciesSOWK 609Objective1Demonstrate Ethical and Professional Behavior*62Engage in Diversity and Difference in Practice*1, 33Advance Human Rights and Social, Economic, and Environmental Justice*74Engage in Practice-informed Practice*75Engage in Policy Practice*1, 2, 4, 6, 76Engage with Individuals, Families, Groups, Organizations, and Communities*1, 2, 4, 6, 77Assess Individuals, Families, Groups, Organizations, and Communities*1, 2, 4, 6, 78Intervene with Individuals, Families, Groups, Organizations, and Communities*1, 2, 4, 6, 79Evaluate Practice with Individuals, Families, Groups, Organizations and Communities*1, 2, 4, 6, 79Evaluate Practice with Individuals, Families, Groups, Organizations and Communities*1, 2, 4, 6, 7				Course
BehaviorImage: Second seco		Social Work Core Competencies	SOWK 609	Objective
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2       Engage in Diversity and Difference in Practice       1, 3         3       Advance Human Rights and Social, Economic, and Environmental Justice		Behavior		
3       Advance Human Rights and Social, Economic, and Environmental Justice         4       Engage in Practice-informed Practice       *       7         5       Engage in Policy Practice        *       7         6       Engage with Individuals, Families, Groups, Organizations, and Communities       *       1, 2, 4, 6, 7         7       Assess Individuals, Families, Groups, Organizations, and Communities       *       1, 2, 4, 6, 7         8       Intervene with Individuals, Families, Groups, Organizations, and Communities       *       1, 2, 4, 6, 7         9       Evaluate Practice with Individuals, Families, Groups, Organizations and       *       1, 2, 4, 6, 7	2	Engage in Diversity and Difference in	*	1, 3
Economic, and Environmental Justice4Engage in Practice-informed Research and Research-informed Practice*75Engage in Policy Practice6Engage with Individuals, Families, Groups, Organizations, and Communities*1, 2, 4, 6, 77Assess Individuals, Families, Groups, Organizations, and Communities*1, 2, 4, 6, 78Intervene with Individuals, Families, Groups, Organizations, and Communities*1, 2, 4, 6, 79Evaluate Practice with Individuals, Families, Groups, Organizations and Communities*1, 2, 4, 6, 7		Practice		
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Research and Research-informed PracticeImage: Search and Research-informed Practice5Engage in Policy PracticeImage: Search and Research and Rese		Economic, and Environmental Justice		
PracticeImage: Image in Policy PracticeImage: Image in Policy Practice6Engage with Individuals, Families, Groups, Organizations, and Communities*1, 2, 4, 6, 77Assess Individuals, Families, Groups, Organizations, and Communities*1, 2, 4, 6, 78Intervene with Individuals, Families, Groups, Organizations, and Communities*1, 2, 4, 6, 79Evaluate Practice with Individuals, Families, Groups, Organizations and*1, 2, 4, 6, 7	4	Engage in Practice-informed	*	7
5       Engage in Policy Practice         6       Engage with Individuals, Families, Groups, Organizations, and Communities       *       1, 2, 4, 6, 7         7       Assess Individuals, Families, Groups, Organizations, and Communities       *       1, 2, 4, 6, 7         8       Intervene with Individuals, Families, Groups, Organizations, and Communities       *       1, 2, 4, 6, 7         9       Evaluate Practice with Individuals, Families, Groups, Organizations and       *       1, 2, 4, 6, 7		<b>Research and Research-informed</b>		
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Families, Groups, Organizations and		Communities		
	9	Evaluate Practice with Individuals,	*	1, 2, 4, 6, 7
Communities		Families, Groups, Organizations and		
		Communities		

\* Highlighted in this course

The following table explains the highlighted competencies for this course, the related student learning outcomes, and the method of assessment.

Competencies/ Knowledge, Values, Skills	Student Learning Outcomes	Method of Assessment
<ul> <li>Demonstrate Ethical and Professional Behavior:</li> <li>Understand the value base of the profession and its ethical standards, as well as relevant laws and regulations that may impact practice at the micro, mezzo, and macro levels</li> <li>Understand frameworks of ethical decision-making and how to apply</li> </ul>	Make ethical decisions by applying the standards of the NASW Code of Ethics, relevant laws and regulations, models for ethical decision- making, ethical conduct of research, and additional codes of ethics as appropriate to context	Paper Class Discussion & Small Group Work
<ul> <li>principles of critical thinking to those frameworks in practice, research, and policy arenas</li> <li>Recognize personal values and the distinction between personal and professional values and understand how their personal experiences and affective reactions influence their</li> </ul>	Use reflection and self- regulation to manage personal values and maintain professionalism in practice situations	Paper Class Discussion & Small Group Work
<ul> <li>Inderstand the profession's history, its mission, and the roles and responsibilities of the profession</li> <li>Understand the role of other professions when engaged in interprofessional teams</li> </ul>	Demonstrate professional demeanor in behavior; appearance; and oral, written, and electronic communication;	Paper Class Discussion & Small Group Work
<ul> <li>Recognize the importance of life- long learning and are committed to continually updating their skills to ensure they are relevant and effective</li> </ul>	Use technology ethically and appropriately to facilitate practice outcomes;	
<ul> <li>Understand emerging forms of technology and the ethical use of technology in social work practice</li> </ul>	Use supervision and consultation to guide professional judgment and behavior.	Paper Class Discussion & Small Group Work

<ul> <li>Engage in Diversity and Difference in Practice:</li> <li>Understand how diversity and difference characterize and shape the human experience and are critical to the formation of identity. The dimensions of diversity are</li> </ul>	Apply and communicate understanding of the importance of diversity and difference in shaping life experiences in practice at the micro, mezzo, and macro levels;	Quizzes Paper Class Discussion Small Group Work
understood as the intersectionality of multiple factors including but not limited to age, class, color, culture, disability and ability, ethnicity, gender, gender identity and expression, immigration status,	Present themselves as learners and engage clients and constituencies as experts of their own experiences;	Class Discussion Small Group Work
<ul> <li>marital status, political ideology, race, religion/spirituality, sex, sexual orientation, and tribal sovereign status.</li> <li>Understand that, as a consequence of difference, a person's life experiences may include oppression, poverty, marginalization, and alienation as well as privilege, power, and acclaim.</li> <li>Understand the forms and mechanisms of oppression and discrimination and recognize the extent to which a culture's structures and values, including social, economic, political, and cultural exclusions, may oppress, marginalize, alienate, or create privilege and power.</li> </ul>	Apply self-awareness and self-regulation to manage the influence of personal biases and values in working with diverse clients and constituencies.	Paper Class Discussion Small Group Work

Advance Human Rights and Social,		
Economic, and Environmental	Apply their understanding of	
Justice:	social, economic, and	
	environmental justice to	
<ul> <li>Understand that every person</li> </ul>	advocate for human rights at	
regardless of position in society has	the individual and system	
fundamental human rights such as	levels;	
freedom, safety, privacy, an	,	
adequate standard of living, health		
care, and education	Engage in practices that	
<ul> <li>Understand the global</li> </ul>	advance social, economic, and	
interconnections of oppression and	environmental justice	
human rights violations, and are	Justice	
knowledgeable about theories of		
human need and social justice and		
strategies to promote social and		
economic justice and human rights.		
Social workers understand strategies		
designed to eliminate oppressive		
structural barriers to ensure that		
social goods, rights, and		
responsibilities are distributed		
equitably and that civil, political,		
environmental, economic, social,		
and cultural human rights are		
protected.		
-		

<ul> <li>Engage In Practice-informed Research and Research-informed Practice:</li> <li>Understand quantitative and qualitative research methods and their respective roles in advancing a science of social work and in</li> </ul>	Use practice experience and theory to inform scientific inquiry and research.	
<ul> <li>evaluating their practice.</li> <li>Know the principles of logic, scientific inquiry, and culturally informed and ethical approaches to building knowledge.</li> <li>Understand that evidence that informs practice derives from multidisciplinary sources and multiple ways of knowing.</li> <li>Understand the processes for translating research findings into effective practice.</li> </ul>	Apply critical thinking to engage in analysis of quantitative and qualitative research methods and research findings.	Paper Class Discussion Small Group Work
	Use and translate research evidence to inform and improve practice, policy, and service delivery.	Quizzes Paper Class Discussion Small Group Work

Engage in Policy Practice:		
<ul> <li>Understand that human rights and social justice, as well as social welfare and services, are mediated by policy and its implementation at the federal, state, and local levels.</li> <li>Understand the history and current</li> </ul>	Identify social policy at the local, state, and federal level that impacts well-being, service delivery, and access to social services.	
<ul> <li>structures of social policies and services, the role of policy in service delivery, and the role of practice in policy development.</li> <li>Understand their role in policy development and implementation</li> </ul>	Assess how social welfare and economic policies impact the delivery of and access to social services.	
<ul> <li>within their practice settings at the micro, mezzo, and macro levels and they actively engage in policy practice to effect change within those settings.</li> <li>Recognize and understand the</li> </ul>	Apply critical thinking to analyze, formulate, and advocate for policies that advance human rights and social, economic,	
<ul> <li>historical, social, cultural, economic, organizational, environmental, and global influences that affect social policy.</li> <li>Knowledgeable about policy formulation, analysis, implementation, and evaluation.</li> </ul>	and environmental justice.	

Engage with Individuals, Families,		
Groups, Organizations, and	Apply knowledge of human	Quizzes
Communities:	behavior and the social	Paper
	environment, person-in	1
<ul> <li>Understand that engagement is an</li> </ul>	environment, and other	Class Discussion
ongoing component of the dynamic and interactive process of social work practice with, and on behalf of,	multidisciplinary theoretical frameworks to engage with clients and constituencies.	Small Group Work
diverse individuals, families, groups, organizations, and communities.	Use empathy, reflection, and	Paper
<ul> <li>Value the importance of human</li> </ul>	interpersonal skills to	Class Discussion
<ul> <li>relationships.</li> <li>Understand theories of human behavior and the social environment,</li> </ul>	effectively engage diverse clients and constituencies.	Small Group Work
		Sman Group Work
engagement with clients, constituencies, and other professionals as appropriate.		

Assess Individuals, Families, Groups,		
<ul> <li>Assess individuals, Families, Groups, Organizations, and Communities:</li> <li>Understand that assessment is an ongoing component of the dynamic and interactive process of social work practice with, and on behalf of, diverse individuals, families, groups, organizations, and communities.</li> <li>Understand theories of human behavior and the social environment, and critically evaluate and apply this knowledge in the assessment of diverse clients and constituencies, including individuals, families, groups, organizations, and communities.</li> <li>Understand methods of assessment with diverse clients and constituencies to advance practice effectiveness.</li> <li>Recognize the implications of the larger practice context in the assessment process and value the importance of inter-professional collaboration in this process.</li> <li>Understand how their personal experiences and affective reactions may affect their assessment and decision-making.</li> </ul>	Collect and organize data, and apply critical thinking to interpret information from clients and constituencies	Quizzes Paper Class Discussion Small Group Work
	Apply knowledge of human behavior and the social environment, person in-environment, and other multidisciplinary theoretical frameworks in the analysis of assessment data from clients and constituencies.	Quizzes Paper Class Discussion Small Group Work

Develop mutually agreed-on intervention goals and objectives based on the critical assessment of strengths, needs, and challenges within clients and constituencies.	Paper Class Discussion Small Group Work
Select appropriate intervention strategies based on the assessment, research knowledge, and values and preferences of clients and constituencies.	Paper Class Discussion Small Group Work

Intervene with Individuals Families		
<ul> <li>Intervene with Individuals, Families, Groups, Organizations, and Communities:</li> <li>Understand that intervention is an ongoing component of the dynamic and interactive process of social work practice with, and on behalf of, diverse individuals, families, groups, organizations, and communities.</li> <li>Knowledgeable about evidence-informed interventions to achieve the goals of clients and constituencies, including individuals, families, groups, organizations, and communities.</li> <li>Understand theories of human behavior and the social environment, and critically evaluate and apply this knowledge to effectively intervene with clients and constituencies.</li> <li>Understand methods of identifying, analyzing and implementing evidence-informed interventions to achieve client and constituency goals.</li> <li>Value the importance of inter-</li> </ul>	Critically choose and implement interventions to achieve practice goals and enhance capacities of clients and constituencies.	Paper Class Discussion Small Group Work
<u> </u>	Apply knowledge of human behavior and the social environment, person in-environment, and other multidisciplinary theoretical frameworks in interventions with clients and constituencies	Quizzes Paper Class Discussion Small Group Work

Use inter-professional collaboration as appropriate to achieve beneficial practice outcomes	Paper Class Discussion Small Group Work
Negotiate, mediate, and advocate with and on behalf of diverse clients and constituencies.	Paper Class Discussion Small Group Work
Facilitate effective transitions and endings that advance mutually agreed-on goals.	Paper Class Discussion Small Group Work

<ul> <li>Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities:</li> <li>Understand that evaluation is an ongoing component of the dynamic and interactive process of social work practice with, and on behalf of, diverse individuals, families, groups, organizations and communities.</li> <li>Recognize the importance of evaluating processes and outcomes to advance practice, policy, and service delivery effectiveness.</li> <li>Understand theories of human behavior and the social environment, and critically evaluate and apply this knowledge in evaluating outcomes.</li> <li>Understand qualitative and quantitative methods for evaluating outcomes and practice effectiveness.</li> </ul>	Select and use appropriate methods for evaluation of outcomes.	Paper Class Discussion Small Group Work
	Apply knowledge of human behavior and the social environment, person in-environment, and other multidisciplinary theoretical frameworks in the evaluation of outcomes	Paper Class Discussion Small Group Work
	Critically analyze, monitor, and evaluate intervention and program Processes and outcomes.	Paper Class Discussion Small Group Work
	Apply evaluation findings to improve practice effectiveness at the micro, mezzo, and macro levels.	Paper Class Discussion Small Group Work

### V. COURSE ASSIGNMENTS, DUE DATES, AND GRADING

Assignment	Due Date	% of Final Grade
Quiz x4	Week 3, 6, 10, 12	40%
Paper	Week 9 (part 1) &	40%
	Final Week of Class	
Group Work	On-going	10%
Class Participation	On-going	10%

Class grades will be based on the following:

Class Grades	Final Grade
3.85 – 4 A	93 – 100 A
3.60 – 3.84 A-	90 – 92 A-
3.25 – 3.59 B+	87 – 89 B+
2.90 – 3.24 B	83 – 86 B
2.60 – 2.87 B-	80 – 82 B-
2.25 – 2.50 C+	77 – 79 C+
1.90 – 2.24 C	73 – 76 C
	70 – 72 C-

Within the School of Social Work, grades are determined in each class based on the following standards which have been established by the faculty of the School: (1) Grades of A or A- are reserved for student work which not only demonstrates very good mastery of content but which also shows that the student has undertaken a complex task, has applied critical thinking skills to the assignment, and/or has demonstrated creativity in her or his approach to the assignment. The difference between these two grades would be determined by the degree to which these skills have been demonstrated by the student. (2) A grade of B+ will be given to work which is judged to be very good. This grade denotes that a student has demonstrated a more-than-competent understanding of the material being tested in the assignment. (3) 60899R. (4) A grade of B- will denote that a student's performance was less than adequate on an assignment, reflecting only moderate grasp of content and/or expectations. (5) A grade of C would reflect a minimal grasp of the assignments, poor organization of ideas and/or several significant areas requiring improvement. (6) Grades between C- and F will be applied to denote a failure to meet minimum standards, reflecting serious deficiencies in all aspects of a student's performance on the assignment.

#### Each of the major assignments is described below

Assignment 1: Quiz: Quiz will include a variation of multiple choice, matching and fill in the blank. Quiz #1 on Week 3 will cover Weeks 1-2. Quiz #2 on Week 6 will cover Weeks 3-5. Quiz #3 on Week 10 will cover Weeks 6-9. Quiz #4 on Week 12 will cover Weeks 10-11. Quiz will be done on Blackboard or VAC platform and will cover content only from the Hauser-Cram text. Quiz must be done independently and will be timed for 20 minutes. Quiz must be completed anytime during the open time period from Saturday 8am to Friday 8pm the week the quiz is due. **Assignment 2: Paper:** This paper will be a research paper and can cover any developmental period. For this paper, choose one stage of development, describe the issues of that stage from a biological, social, cultural, and psychological perspective. Note how this stage may be impacted by issues such as gender, socioeconomic status, culture, race/ethnicity, sexual orientation. Choose a problem that could arise in this stage, describe the problem, and discuss possible interventions. Describe how you would assess a child and family with this problem and how you would engage them in an intervention process. The paper is due in 2 parts: 1<sup>st</sup> part due week 9 and part 2 due during finals week.

Part 1: On Week 9, the  $1^{st}$  2 pages or Introduction of the paper is due. This is to ensure the student will get initial feedback. The paper will not be graded but will be given a credit or no credit score. If the first 2 pages or Intro to the paper is not turned in or turned in by the Week 9 due date, there will be a half grade reduction on the paper (A- then becomes a B+).

Part 2: The complete paper is due during finals week (date TBD). Student will take feedback from Part 1 and incorporate it into the complete paper.

**Assignment 3: Group Work.** You will work in groups throughout the semester on exercises presented by the instructor or developed by the group. This material will then be presented to the class as a whole. Your performance will be judged by your willingness to participate, your preparation for the groups by having done the required readings, and your mastery of the material in class exercises. In my class, your class participation grade is also reflected in your professionalism and how respectful you are to your colleagues in class and myself, as your instructor.

**Assignment 4: Class Participation.** Your involvement in this class is considered essential to your growth as a practitioner. You will be asked to discuss the material assigned, participate in role-playing, exercises, etc. Knowing the "right" answers is not nearly as important as being willing to risk, explore your ideas, and be open to new information and ideas. Your presence in class along with preparation by having read and considered the assignments, and participation in discussion is essential. Participation on a course website (message board/chat room), if developed, also constitutes meaningful class participation.

It is expected that students will attend each class, participate in the class discussions, and submit work promptly. Failure to meet these expectations may result in reduction in grades. You should plan to attend each class as the VAC system automatically checks attendance at some point in the course and missing more than 2 sessions unexcused can result in a grade deduction. *Please notify me of your absence ahead of time of if an emergency comes up*.

Additionally, the NASW Code of Ethics states that as social workers, we are to treat our clients with dignity and respect. I think this also applies to how we treat our colleagues, including each other. I believe that your professionalism in class (though different from professional practice and is in a very different environment), can be indicative of how you conduct yourself with clients in professional settings. Additionally, our code of ethics also have a section as related to our collegial relationships. In my class, your class participation grade is also reflected in your professionalism and how respectful you are to your colleagues in class and myself, as your instructor. I also believe as a social work practitioner and educator, this also applies to me as your instructor and I plan to model this.

## **Guidelines for Evaluating Class Participation**

**10: Outstanding Contributor:** Contributions in class reflect exceptional preparation and participation is substantial. Ideas offered are always substantive, provides one or more major insights, as well as direction for the class. Application to cases held is on target and on topic. Challenges are well substantiated, persuasively presented, and presented with excellent

comportment. If this person were not a member of the class, the quality of discussion would be diminished markedly. Exemplary behavior in experiential exercises demonstrating on target behavior in role plays, small-group discussions, and other activities.

**9: Very Good Contributor:** Contributions in class reflect thorough preparation and frequency in participation is high. Ideas offered are usually substantive, provide good insights, and sometimes direction for the class. Application to cases held is usually on target and on topic. Challenges are well substantiated, often persuasive, and presented with excellent comportment. If this person were not a member of the class, the quality of discussion would be diminished. Good activity in experiential exercises demonstrating behavior that is usually on target in role plays, small-group discussions, and other activities.

8: Good Contributor: Contributions in class reflect solid preparation. Ideas offered are usually substantive and participation is very regular, provides generally useful insights, but seldom offer a new direction for the discussion. Sometimes provides application of class material to cases held. Challenges are sometimes presented, fairly well substantiated, and are sometimes persuasive with good comportment. If this person were not a member of the class, the quality of discussion would be diminished somewhat. Behavior in experiential exercises demonstrates good understanding of methods in role plays, small-group discussions, and other activities.

**7: Adequate Contributor:** Contributions in class reflect some preparation. Ideas offered are somewhat substantive, provides some insights, but seldom offers a new direction for the discussion. Participation is somewhat regular. Challenges are sometimes presented, and are sometimes persuasive with adequate comportment. If this person were not a member of the class, the quality of discussion would be diminished slightly. Occasionally applies class content to cases. Behavior in experiential exercises is occasionally sporadically on target demonstrating uneven understanding of methods in role plays, small-group discussions, and other activities.

**6: Inadequate:** This person says little in class. Hence, there is not an adequate basis for evaluation. If this person were not a member of the class, the quality of discussion would not be changed. Does not participate actively in exercises but sits almost silently and does not ever present material to the class from exercises. Does not appear to be engaged.

## 5: Nonparticipant: Attends class only.

**0:** Unsatisfactory Contributor: Contributions in class reflect inadequate preparation. Ideas offered are seldom substantive, provides few if any insights, and never a constructive direction for the class. Integrative comments and effective challenges are absent. Comportment is negative. If this person were not a member of the class, valuable air time would be saved. Is unable to perform exercises and detracts from the experience.

#### VAC Classroom Decorum

- It is required that your webcam is operational and you are visible on camera during your weekly class.
- Proper dress attire is always important.

- In respect for your instructor and other students, your learning space should be a well-lit, quiet room, and your camera should give full view of your face in order to engage with the others in the classroom.
- Although we are not in a physical classroom, we need to still treat the virtual environment with respect as a learning environment and try to keep external distractions to a minimum. Please do your best to find a quiet, well-lit space prior to logging onto the live session. The setting should be indicative of an environment conducive to learning.
- As in any academic setting, appropriate behavior is expected always. Third party distractions take away from the classroom setting and disrupt the learning environment.
- Both television and music should not be on during class time, nor should music be listened to on your computer. Your classmates and instructor are able to hear what you are hearing and can view any distraction in the background.
- Unless for medical reasons, or with permission of the instructor, students should be sitting upright at a table or desk as they would in a physical classroom.
- You are expected to engage and answer questions verbally during class. Typing comments should not take the place of speaking, but is used to further elaborate if needed. Also, your instructor may not always see written discussion comments in a timely manner.
- Students should attend class in a timely manner, as well as in completing the class. Students should not attempt to leave early unless the instructor is notified or an emergency has taken place.
- I know that you have been informed of the technical requirements of this class that enables you to transition as smoothly as possible to VAC courses. If you are experiencing technical difficulty, contact student support for assistance and testing of your equipment to immediately address issue at 1-877-455-4679, as having reoccurring technical problems will impact the quality of your learning in this course. Therefore, the technical issue should be addressed quickly so that it is not reoccurring prior to the next class session.

Please see a complete copy of the VAC Classroom Decorum guidelines that I have attached here on the wall. As you read it, you will find additional details as it is policy that VAC students abide by each of them which is has been established and disseminated by VAC Director, Dr. June Wiley.

#### VI. REQUIRED AND SUPPLEMENTARY INSTRUCTIONAL MATERIALS AND RESOURCES Required Textbooks

- 1) Konrad, S. C. (2013). *Child and family practice: A relational perspective*. Chicago, IL: Lyceum.
- 2) Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.
- **3)** Family Assessment Form (FAF): A Practice-Based Approach to Assessing Family Functioning \*(Copy of FAF to be obtained under files menu on VAC)

#### **Recommended Guidebook for APA Style Formatting**

American Psychological Association. (2009). *Publication manual of the American Psychological Association* (6<sup>th</sup> ed.). Washington, DC: APA.

#### **Recommended Websites**

https://owl.english.purdue.edu/owl/resource/560/01/

The California Evidence-based Clearinghouse for Child Welfare

\*The leading evidence-information portal that contains a **Guide for Students and A Guide for Professors**.

http://www.cebc4cw.org/home/using-the-cebc/

*Note:* Additional required and recommended readings may be assigned by the instructor throughout the course.

## **On Reserve**

All additional required reading that is not in the above required texts is available online through electronic reserve (ARES). The textbooks have also been placed on reserve at Leavey Library.

Search under SOWK 609 and Lead Instructor name "Schott" to add this course on ARES and access all non-textbook "required" readings. "Recommended" readings are not on ARES and not required to read for this course.

## <u>DSM-V</u>

Just a reminder that the DSM-V is available online through the library's subscription using the link below.

URL: https://libproxy.usc.edu/login?url=http://www.psychiatryonline.org/

You'll be asked to log in using your USC ID and password. Once you're on the page, click the Explore the New Edition link to access the content.

# <u>ICD-10</u>

http://www.who.int/classifications/icd/en/

Unit	Topics	Assignments
1	Introduction & Overview of Course	#3 & 4 ON-GOING
2	Engagement and Assessment of Children and their Families- Part 1	
3	Engagement and Assessment of Children and their Families- Part 2	#1
4	Neonate to Toddler and their Families- Part 1	
5	Neonate to Toddler and their Families- Part 2	
6	Young children and their Families- Part 1	#1
7	Young children and their Families- Part 2	
8	School age children and their Families- Part 1	
9	School age children and their Families- Part 2	
10	Young Adolescents and their Families- Part 1	#1
11	Young Adolescents and their Families- Part 2	
12	Middle Adolescents and their Families- Part 1	#1
13	Middle Adolescents and their Families- Part 2	
14	Older Adolescents & Transitional Age Youth and their Families	
15	Wrap Up and Summary	
	STUDY DAYS / NO CLASSES	
	FINAL EXAMINATION	#2

# **Course Overview**

# **Course Schedule—Detailed Description**

Unit 1: Introduction & Overview of Course

May 8, 2017 May 15, 2017

#### Topics

- Introduction to the development of children and adolescents within the family.
- Review of the ecological framework as it applies to families
- Risk and protective factors in families
- The role of adverse childhood experiences in development
- Types of families and role in development
- How research informs our understanding of children and their families
- The integration of epigenetics and neurobiology into development
- Culture and the family

This session relates to course objectives 1–8.

#### **Required Reading: For Sessions 1 & 2**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.
Chapter 1: A Child's Journey
Chapter 2: Biological foundations of child development

Konrad, S. C. (2013). Child and family practice: A relational perspective. Chicago, IL: Lyceum.

- Chapter 1: Practice with children and their families
- Chapter 2: Early experience matters

Chapter 3: Learning how to love

- Nurius, P. S., Logan-Greene, P., & Green, S. (2012). Adverse childhood experiences (ACE) within a social disadvantage framework: Distinguishing unique, cumulative, and moderated contributions to adult mental health. *Journal of Prevention & Intervention in the Community*, 40(4), 278-290. doi:http://dx.doi.org/10.1080/10852352.2012.707443
- Sapienza, J. K., & Masten, A. S. (2011). Understanding and promoting resilience in children and youth. *Current Opinion in Psychiatry*, 24(4), 267-273. doi:http://dx.doi.org/10.1097/YCO.0b013e32834776a8
- van IJzendoorn, M. H., Bakermans-Kranenburg, M. J., & Ebstein, R. P. (2011). Methylation matters in child development: Toward developmental behavioral epigenetics. *Child Development Perspectives*, 5(4), 305-310. doi:http://dx.doi.org/10.1111/j.1750-8606.2011.00202.x

## Unit 2: Engagement and Assessment of Children and their Families- Part 1

May 15, 2017

#### **Topics**

- Review of the primacy of the helping relationship
- Engaging with both the family and the individuals in the family
- The role of culture in engagement

This session relates to course objectives 1–8.

#### **Required Readings: For Session 2**

Konrad, S. C. (2013). *Child and family practice: A relational perspective*. Chicago, IL: Lyceum.
 Chapter 4: Child-centered assessment: Lives in translation
 Chapter 5: Therapeutic Conversations with Children
 Chapter 6: Working with Parents

- McCroskey, J., Nishimoto, R., & Subramanian, K. (1991). Assessment in family support programs: Initial reliability and validity testing of the family assessment form. *Child Welfare: Journal of Policy*, *Practice, and Program*, 70(1), 19-33. Retrieved from <u>http://search.proquest.com/docview/617926362?accountid=14749</u>
- Schilling, S., & Christian, C. W. (2014). Child physical abuse and neglect. *Child and Adolescent Psychiatric Clinics of North America*, 23(2), 309-319. doi:http://dx.doi.org/10.1016/j.chc.2014.01.001
- Murray, L. K., Nguyen, A., & Cohen, J. A. (2014). Child sexual abuse. *Child and Adolescent Psychiatric Clinics of North America*, 23(2), 321-337. doi:http://dx.doi.org/10.1016/j.chc.2014.01.003

- Canino, I. A., & Spurlock, J. (2000). The influence of culture and multiple social stressors on the culturally diverse child in *Culturally diverse children and adolescents: Assessment, diagnosis, and treatment* (2<sup>nd</sup> ed., pp. 7-44). New York, NY: Guilford Press.
- Chorpita, B. F., Daleiden, E. L., Ebesutani, C., Young, J., Becker, K. D., Nakamura, B. J., Starace, N. (2011). Evidence-based treatments for children and adolescents: An updated review of indicators of efficacy and effectiveness. *Clinical Psychology: Science and Practice*, 18(2), 154-172.

# Unit 3: Engagement and Assessment of Children and their Families- Part 2

May 22, 2017

#### Topics

- Review of ecological assessment
- Ecological assessment of a family
- Ecological assessment of a child within a family
- The Family Assessment Form
- Case study: Child Welfare League of America

This session relates to course objectives 1–8.

## **Required Readings (readings repeat from Unit 2): For Session 3**

- Konrad, S. C. (2013). *Child and family practice: A relational perspective*. Chicago, IL: Lyceum. Chapter 4: Child-centered assessment: Lives in translation Chapter 5: Therapeutic Conversations with Children Chapter 6: Working with Parents
- McCroskey, J., Nishimoto, R., & Subramanian, K. (1991). Assessment in family support programs: Initial reliability and validity testing of the family assessment form. *Child Welfare: Journal of Policy*, *Practice, and Program, 70*(1), 19-33. Retrieved from <u>http://search.proquest.com/docview/617926362?accountid=14749</u>
- Schilling, S., & Christian, C. W. (2014). Child physical abuse and neglect. *Child and Adolescent Psychiatric Clinics of North America*, 23(2), 309-319. doi:http://dx.doi.org/10.1016/j.chc.2014.01.001
- Murray, L. K., Nguyen, A., & Cohen, J. A. (2014). Child sexual abuse. *Child and Adolescent Psychiatric Clinics of North America*, 23(2), 321-337. doi:http://dx.doi.org/10.1016/j.chc.2014.01.003

- Canino, I. A., & Spurlock, J. (2000). The influence of culture and multiple social stressors on the culturally diverse child. In *Culturally diverse children and adolescents: Assessment, diagnosis, and treatment* (2<sup>nd</sup> ed., pp. 7-44). New York, NY: Guilford Press.
- Chorpita, B. F., Daleiden, E. L., Ebesutani, C., Young, J., Becker, K. D., Nakamura, B. J., Starace, N. (2011). Evidence-based treatments for children and adolescents: An updated review of indicators of efficacy and effectiveness. *Clinical Psychology: Science and Practice, 18*(2), 154-172.

### \*Please enjoy your Memorial Day Holiday on May 29

### **Unit 4:** Neonate to Toddler and their Families- Part 1

June 5, 2017

#### Topics

- Pregnancy and the beginning of a family
- How pregnancy influences development and family relationships
- Pregnancy loss and its influences on the family
- Critical tasks of development from 0-5 years
- Cultural influences on development
- The role of sex on development
- Gender and identity development in the early period
- The influence of adverse child experiences on development
- Common struggles in this period

This session relates to course objectives 1-8.

#### **Required Readings: For Session 4**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.
Chapter 3: Prenatal development
Chapter 4: Birth and the newborn
Chapter 7: Psychosocial development in infancy and toddlerhood

- Carter, A. S., Godoy, L., Marakovitz, & Briggs-Gowan, M. J. (2009). Parent reports and infant-toddler mental health assessment. In C. H. Zeanah, (Ed.), *Handbook of infant mental health*. New York, NY: Guildford Press.
- Koopmans L, Wilson T, Cacciatore J, Flenady V. Support for mothers, fathers and families after perinatal death. *Cochrane Database of Systematic Reviews* 2013, Issue 6. Art. No.: CD000452. DOI: 10.1002/14651858.CD000452.pub3.
- Mennen, F. E., Pohle, C., Monro, W. L., Duan, L., Finello, K. M., Ambrose, S., . . . Arroyo, W. (2014). The effect of maternal depression on young children's progress in treatment. *Journal of Child and Family Studies*, doi:http://dx.doi.org/10.1007/s10826-014-0010-9
- Oppenheim, D., & Koren-Karie, N. (2009). Infant-parent relationship assessment; Parents' insightfulness regarding their young children's internal worlds. In Zeanah, C. H. (Ed.) Handbook of infant mental health. New York: Guildford.

## Unit 5: Neonate to Toddler and their Families- Part 2

June 12, 2017

#### Topics

- Engaging the young child and her family
- Assessing the young child and her family
- Skills for intervention with the young child and her family
- What research tells us about effective interventions on the micro, macro, and mezzo levels
- How social policies influence service delivery

This session relates to course objectives 1–8.

#### **Required Readings: For Session 5**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.
Chapter 5: Physical development and health in infancy and toddlerhood Chapter 6: Cognitive development in infancy and toddlerhood

- Carter, A. S., Godoy, L., Marakovitz, & Briggs-Gowan, M. J. (2009). Parent reports and infant-toddler mental health assessment. In Zeanah, C. H. (Ed.) *Handbook of infant mental health*. New York: Guildford.
- Koopmans L, Wilson T, Cacciatore J, Flenady V. Support for mothers, fathers and families after perinatal death. *Cochrane Database of Systematic Reviews* 2013, Issue 6. Art. No.: CD000452. doi: 10.1002/14651858.CD000452.pub3
- Mennen, F. E., Pohle, C., Monro, W. L., Duan, L., Finello, K. M., Ambrose, S., . . . Arroyo, W. (2014). The effect of maternal depression on young children's progress in treatment. *Journal of Child and Family Studies*, doi: http://dx.doi.org/10.1007/s10826-014-0010-9
- Oppenheim, D., & Koren-Karie, N. (2009). Infant-parent relationship assessment; Parents' insightfulness regarding their young children's internal worlds. In Zeanah, C. H. (Ed.) Handbook of infant mental health. New York: Guildford.

#### Unit 6: Young children and their Families- Part 1

June 19, 2017

#### **Topics**

- Critical tasks of development from 4-5 years
- Cultural influences on development
- The role of sex on development
- The influence of adverse child experiences on development (eg: child abuse, poverty, family violence, community violence, other trauma)
- Common struggles in this period

This session relates to course objectives 1–8.

#### **Required Readings: For Session 6**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.
Chapter 8: Physical Health and Development in Early Childhood Chapter 9: Cognitive Development in Early Childhood Chapter 10: Pyschosocial Development in Early Childhood

Konrad, S. C. (2013). *Child and family practice: A relational perspective*. Chicago, IL: Lyceum.
 Chapter 7: Play and Expressive Therapies
 Chapter 9: Neurodiversity and Other Developmental Disabilities of Childhood

- Nikitopoulos, J., Zohsel, K., Blomeyer, D., Buchmann, A. F., Schmid, B., Jennen-Steinmetz, C., . . . Laucht, M. (2014). Are infants differentially sensitive to parenting? early maternal care, DRD4 genotype and externalizing behavior during adolescence. *Journal of Psychiatric Research*, 59, 53-59. doi:http://dx.doi.org/10.1016/j.jpsychires.2014.08.012
- DiGangi, J. A., Gomez, D., Mendoza, L., Jason, L. A., Keys, C. B., & Koenen, K. C. (2013). Pretrauma risk factors for posttraumatic stress disorder: A systematic review of the literature. *Clinical Psychology Review*, *33*(6), 728-744. doi:http://dx.doi.org/10.1016/j.cpr.2013.05.002

## Unit 7: Young children and their Families- Part 2

June 26, 2017

#### Topics

- Skills for intervention with the young child and her family
- Assessing the young child and family
- Engaging the young child and family
- Gender and identity development
- What research tells us about effective interventions on the micro, macro, and mezzo levels
- How social policies influence service delivery

This session relates to course objectives 1–8.

#### Required Readings (readings repeat from Unit 6): For Session 7

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.
Chapter 8: Physical Health and Development in Early Childhood Chapter 9: Cognitive Development in Early Childhood Chapter 10: Pyschosocial Development in Early Childhood

Konrad, S. C. (2013). *Child and family practice: A relational perspective*. Chicago, IL: Lyceum.
 Chapter 7: Play and Expressive Therapies
 Chapter 9: Neurodiversity and Other Developmental Disabilities of Childhood

- Nikitopoulos, J., Zohsel, K., Blomeyer, D., Buchmann, A. F., Schmid, B., Jennen-Steinmetz, C., . . . Laucht, M. (2014). Are infants differentially sensitive to parenting? early maternal care, DRD4 genotype and externalizing behavior during adolescence. *Journal of Psychiatric Research*, 59, 53-59. doi:http://dx.doi.org/10.1016/j.jpsychires.2014.08.012
- DiGangi, J. A., Gomez, D., Mendoza, L., Jason, L. A., Keys, C. B., & Koenen, K. C. (2013). Pretrauma risk factors for posttraumatic stress disorder: A systematic review of the literature. *Clinical Psychology Review*, 33(6), 728-744. doi:http://dx.doi.org/10.1016/j.cpr.2013.05.002

# Unit 8: School age children and their Families- Part 1

July 3, 2017

#### Topics

- Critical tasks of development from 6-10 years
- Cultural influences on development
- The influence of adverse child experiences on development
- The role of school and peers on development
- The role of sex on development
- Gender and identity development in the school age child
- The larger social context
- Common struggles in this period

This session relates to course objectives 1–8.

### **Required Readings: For Session 8**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.
Chapter 11: Physical Health and Development in Middle Childhood Chapter 12: Cognitive Development in Middle Childhood Chapter 13: Pyschosocial Development in Middle Childhood

 Konrad, S. C. (2013). *Child and family practice: A relational perspective*. Chicago, IL: Lyceum. Chapter 10: Family Disruption and Ambiguous Losses
 Chapter 11: Death and Grief in Childhood

- Palermo, T. M., Law, E. F., Essner, B., Jessen-Fiddick, T., & Eccleston, C. (2014). Adaptation of problem-solving skills training (PSST) for parent caregivers of youth with chronic pain. *Clinical Practice in Pediatric Psychology*, 2(3), 212-223. doi:http://dx.doi.org/10.1037/cpp0000067
- Bastaits, K., Ponnet, K., & Mortelmans, D. (2014). Do divorced fathers matter? the impact of parenting styles of divorced fathers on the well-being of the child. *Journal of Divorce & Remarriage*, 55(5), 363-390. doi:http://dx.doi.org/10.1080/10502556.2014.920682
- Golombok, S., Mellish, L., Jennings, S., Casey, P., Tasker, F., & Lamb, M. E. (2014). Adoptive gay father families: Parent–child relationships and children's psychological adjustment. *Child Development*, *85*(2), 456-468. doi:http://dx.doi.org/10.1111/cdev.12155
- Jabagchourian, J. J., Sorkhabi, N., Quach, W., & Strage, A. (2014). Parenting styles and practices of latino parents and latino fifth graders' academic, cognitive, social, and behavioral outcomes. *Hispanic Journal of Behavioral Sciences*, 36(2), 175-194. doi:http://dx.doi.org/10.1177/0739986314523289

# **Unit 9: School age children and their Families- Part 2**

July 10, 2017

### **Topics:**

- Engaging the school age child and her family
- Assessing the school age child and her family
- Skills for intervention with the school age child and her family
- What research tells us about effective interventions on the micro, macro, and mezzo levels
- How social policies influence service delivery

This session relates to course objectives 1–8.

## **Required Readings (readings repeat from Unit 8): For Session 9**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.
Chapter 11: Physical Health and Development in Middle Childhood Chapter 12: Cognitive Development in Middle Childhood Chapter 13: Pyschosocial Development in Middle Childhood

Konrad, S. C. (2013). *Child and family practice: A relational perspective*. Chicago, IL: Lyceum.
Chapter 10: Family Disruption and Ambiguous Losses
Chapter 11: Death and Grief in Childhood

- Palermo, T. M., Law, E. F., Essner, B., Jessen-Fiddick, T., & Eccleston, C. (2014). Adaptation of problem-solving skills training (PSST) for parent caregivers of youth with chronic pain. *Clinical Practice in Pediatric Psychology*, 2(3), 212-223. doi:http://dx.doi.org/10.1037/cpp0000067
- Bastaits, K., Ponnet, K., & Mortelmans, D. (2014). Do divorced fathers matter? the impact of parenting styles of divorced fathers on the well-being of the child. *Journal of Divorce & Remarriage*, *55*(5), 363-390. doi:http://dx.doi.org/10.1080/10502556.2014.920682
- Golombok, S., Mellish, L., Jennings, S., Casey, P., Tasker, F., & Lamb, M. E. (2014). Adoptive gay father families: Parent–child relationships and children's psychological adjustment. *Child Development*, 85(2), 456-468. doi:http://dx.doi.org/10.1111/cdev.12155
- Jabagchourian, J. J., Sorkhabi, N., Quach, W., & Strage, A. (2014). Parenting styles and practices of latino parents and latino fifth graders' academic, cognitive, social, and behavioral outcomes. *Hispanic Journal of Behavioral Sciences*, *36*(2), 175-194. doi:http://dx.doi.org/10.1177/0739986314523289

# Unit 10 Young Adolescents and their Families- Part 1

July 17, 2017

# Topics

- Critical tasks of development from 11-13 years
- Cultural influences on development
- The influence of adverse child experiences on development
- The role of school and peers on development
- The role of sex on development
- Gender and identity development in young adolescents
- The larger social context
- Common struggles in this period

This session relates to course objectives 1-8.

# **Required Readings: For session 10**

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.

Chapter 14: Physical Health and Development in Adolescence

Chapter 15: Cognitive Development in Middle Adolescence

Chapter 16: Pyschosocial Development in Middle Adolescence

Konrad, S. C. (2013). *Child and family practice: A relational perspective*. Chicago, IL: Lyceum. Chapter 8: Working with Adolescents Chapter 12: The Impact of Violence on Children

# Unit 11 Young Adolescents and their Families- Part 2

July 24, 2017

## Topics

- Engaging the young adolescent and her family
- Assessing the young adolescent and her family
- Skills for intervention with the young adolescent and her family
- What research tells us about effective interventions on the micro, macro, and mezzo levels
- How social policies influence service delivery

This session relates to course objectives 1-8.

## Required Readings (readings repeat from Unit 10): For Session 11

Hauser-Cram, P., Nugent, J. K., Thies, K., & Travers, J. F. (2014). *The development of children and adolescents*. Hoboken, NJ: John Wiley & Sons.
Chapter 14: Physical Health and Development in Adolescence Chapter 15: Cognitive Development in Middle Adolescence Chapter 16: Pyschosocial Development in Middle Adolescence

Konrad, S. C. (2013). *Child and family practice: A relational perspective*. Chicago, IL: Lyceum.
Chapter 8: Working with Adolescents
Chapter 12: The Impact of Violence on Children

## **Suggested Readings**

Juvonen, J., & Graham, S. (2014). Bullying in schools: The power of bullies and the plight of victims. Annual Review of Psychology, 65, 159-185. Retrieved from http://search.proquest.com/docview/1515991298?accountid=14749

Sanchez, Y. M., Lambert, S. F., & Cooley-Strickland, M. (2013). Adverse life events, coping and internalizing and externalizing behaviors in urban african american youth. *Journal of Child and Family Studies*, *22*(1), 38-47. doi:http://dx.doi.org/10.1007/s10826-012-9590-4

Wormington, S. V., Anderson, K. G., Tomlinson, K. L., & Brown, S. A. (2013). Alcohol and other drug use in middle school: The interplay of gender, peer victimization, and supportive social relationships. *The Journal of Early Adolescence*, 33(5), 610-634. doi:http://dx.doi.org/10.1177/0272431612453650

- Varner, F., & Mandara, J. (2014). Differential parenting of african american adolescents as an explanation for gender disparities in achievement. *Journal of Research on Adolescence*, 24(4), 667-680. doi:http://dx.doi.org/10.1111/jora.12063
- Bøe, T., Sivertsen, B., Heiervang, E., Goodman, R., Lundervold, A. J., & Hysing, M. (2014). Socioeconomic status and child mental health: The role of parental emotional well-being and parenting practices. *Journal of Abnormal Child Psychology*, 42(5), 705-715. doi:http://dx.doi.org/10.1007/s10802-013-9818-9
- Wang, M., & Kenny, S. (2014). Parental physical punishment and adolescent adjustment: Bidirectionality and the moderation effects of child ethnicity and parental warmth. *Journal of Abnormal Child Psychology*, 42(5), 717-730. doi:http://dx.doi.org/10.1007/s10802-013-9827-8
- Khafi, T. Y., Yates, T. M., & Luthar, S. S. (2014). Ethnic differences in the developmental significance of parentification. *Family Process*, 53(2), 267-287. doi:http://dx.doi.org/10.1111/famp.12072
- Gonzalez, M., Jones, D., & Parent, J. (2014). Coparenting experiences in african american families: An examination of single mothers and their nonmarital coparents. *Family Process*, 53(1), 33-54. Retrieved from http://search.proquest.com/docview/1515991192?accountid=14749
- Brody, G. H., Yu, T., Beach, S. R. H., Kogan, S. M., Windle, M., & Philibert, R. A. (2014). Harsh parenting and adolescent health: A longitudinal analysis with genetic moderation. *Health Psychology*, 33(5), 401-409. doi:http://dx.doi.org/10.1037/a0032686

# Unit 12 Middle Adolescents and their Families- Part 1

July 31, 2017

## Topics

- Critical tasks of development from 14-16 years
- Cultural influences on development
- The influence of adverse child experiences on development
- The role of school and peers on development
- The role of sex on development
- Gender and identity development in adolescents
- The larger social context
- Common struggles in this period

This session relates to course objectives 1-8.

# **Required Readings: For Session 12**

- Goldbach, J. T., Tanner-Smith, E., Bagwell, M., & Dunlap, S. (2014). Minority stress and substance use in sexual minority adolescents: A meta-analysis. *Prevention Science*, 15(3), 350-363. doi:http://dx.doi.org/10.1007/s11121-013-0393-7
- Han, X., Guo, J., & Han, W. J. (2016). The development and current status of the social work profession in China. In E. M. P. Schott & E. L. Weiss (Eds.), *Transformative Social Work Practice*. Thousand Oaks, CA: Sage Publications, Inc.
- Orpinas, P., Horne, A. M., Song, X., Reeves, P. M., & Hsieh, H. (2013). Dating trajectories from middle to high school: Association with academic performance and drug use. *Journal of Research on Adolescence*, 23(4), 772-784. doi:http://dx.doi.org/10.1111/jora.12029
- Rossello, Bernal, and Rivera-Medina. (2012) Individual and group CBT and IPT for Puerto Rican adolescents with depressive symptoms. Journal of Latina/o Psychology, 1.S, 36-51
- Saunders, B. E., & Adams, Z. W. (2014). Epidemiology of traumatic experiences in childhood. *Child and Adolescent Psychiatric Clinics of North America*, 23(2), 167-184. doi:http://dx.doi.org/10.1016/j.chc.2013.12.003
- Zaleski, K. (2016). Crisis intervention with adolescent victims of sexual assault. In E. M. P. Schott & E. L. Weiss (Eds.), *Transformative Social Work Practice*. Thousand Oaks, CA: Sage Publications, Inc.

## **Unit 13 Middle Adolescents and their Families- Part 2**

August 7, 2017

## Topics

- Engaging the adolescent and her family
- Assessing the adolescent and her family
- Skills for intervention with the adolescent and her family
- What research tells us about effective interventions on the micro, macro, and mezzo levels
- How social policies influence service delivery

## **Required Readings (readings repeat from Unit 12): For Session 13**

- Goldbach, J. T., Tanner-Smith, E., Bagwell, M., & Dunlap, S. (2014). Minority stress and substance use in sexual minority adolescents: A meta-analysis. *Prevention Science*, 15(3), 350-363. doi:http://dx.doi.org/10.1007/s11121-013-0393-7
- Han, X., Guo, J., & Han, W. J. (2016). The development and current status of the social work profession in China. In E. M. P. Schott & E. L. Weiss (Eds.), *Transformative Social Work Practice*. Thousand Oaks, CA: Sage Publications, Inc.
- Orpinas, P., Horne, A. M., Song, X., Reeves, P. M., & Hsieh, H. (2013). Dating trajectories from middle to high school: Association with academic performance and drug use. *Journal of Research on Adolescence*, *23*(4), 772-784. doi:http://dx.doi.org/10.1111/jora.12029
- Rossello, Bernal, and Rivera-Medina. (2012) Individual and group CBT and IPT for Puerto Rican adolescents with depressive symptoms. Journal of Latina/o Psychology, 1.S, 36-51
- Saunders, B. E., & Adams, Z. W. (2014). Epidemiology of traumatic experiences in childhood. *Child and Adolescent Psychiatric Clinics of North America*, 23(2), 167-184. doi:http://dx.doi.org/10.1016/j.chc.2013.12.003
- Zaleski, K. (2016). Crisis intervention with adolescent victims of sexual assault. In E. M. P. Schott & E. L. Weiss (Eds.), *Transformative Social Work Practice*. Thousand Oaks, CA: Sage Publications, Inc.

- Herpertz-Dahlmann, B. (2015). Adolescent eating disorders: Update on definitions, symptomatology, epidemiology, and comorbidity. *Child and Adolescent Psychiatric Clinics of North America*, 24(1), 177-196. doi:http://dx.doi.org/ 10.1016/j.chc.2014.08.003
  - Cushing, C. C., Jensen, C. D., Miller, M. B., & Leffingwell, T. R. (2014). Meta-analysis of motivational interviewing for adolescent health behavior: Efficacy beyond substance use. *Journal of Consulting and Clinical Psychology*, 82(6), 1212-1218. doi:http://dx.doi.org/10.1037/a0036912
  - Reitz, E., Deković, M., & Meijer, A. M. (2006). Relations between parenting and externalizing and internalizing problem behaviour in early adolescence: Child behaviour as moderator and predictor. *Journal of Adolescence*, 29(3), 419-436. doi:http://dx.doi.org/10.1016/j.adolescence.2005.08.003
  - Killoren, S. E., & Deutsch, A. R. (2014). A longitudinal examination of parenting processes and latino youth's risky sexual behaviors. *Journal of Youth and Adolescence*, 43(12), 1982-1993. doi:http://dx.doi.org/10.1007/s10964-013-0053-z
  - Howell, K. H., & Miller-Graff, L. (2014). Protective factors associated with resilient functioning in young adulthood after childhood exposure to violence. *Child Abuse & Neglect*, doi:http://dx.doi.org/10.1016/j.chiabu.2014.10.010
  - James-Hawkins, L., Denardo, D., Blalock, C., & Mollborn, S. (2014). Do depressive symptoms in male and female adolescents predict unintended births in emerging adulthood? *Maternal and Child Health Journal*, 18(9), 2115-2123. doi:http://dx.doi.org/10.1007/s10995-014-1459-2
  - Mayers, H. A., Hager-Budny, M., & Buckner, E. B. (2008). The chances for children teen parent-infant project: Results of a pilot intervention for teen mothers and their infants in inner city high schools. *Infant Mental Health Journal*, 29(4), 320-342. doi:http://dx.doi.org/10.1002/imhj.20182

# Unit 14: Older Adolescents & Transitional Age Youth and their Families

Aug. 14, 2017

## Topics

- Critical tasks of development from 17-19 years
- Cultural influences on development
- The influence of adverse child experiences on development
- The role of school and peers on development
- The role of sex on development
- The larger social context
- Emerging independence
- Common struggles in this period
- Engaging the older adolescent and her family
- Assessing the older adolescent and her family
- Skills for intervention with the older adolescent and her family
- What research tells us about effective interventions on the micro, macro, and mezzo levels
- How social policies influence service delivery

This session relates to course objectives 1–8.

## **Required Reading:** For Session 14

- Curry, S. R., & Abrams, L. S. (2014). Housing and social support for youth aging out of foster care: State of the research literature and directions for future inquiry. *Child & Adolescent Social Work Journal*, *32*(2), 143-153
- Trickett, P. K., Noll, J. G., & Putnam, E. W. (2011). The impact of sexual abuse on female development: Lessons from a multigenerational, longitudinal research study. *Development and Psychopathology*, *23*(2), 453-476. doi:http://dx.doi.org/10.1017/S0954579411000174

- Côté, J. E. (2014). The dangerous myth of emerging adulthood: An evidence-based critique of a flawed developmental theory. *Applied Developmental Science*, *18*(4), 177-188. Retrieved from <a href="http://search.proquest.com/docview/1636821446?accountid=14749">http://search.proquest.com/docview/1636821446?accountid=14749</a>
- Walkner, A. J., & Rueter, M. A. (2014). Adoption status and family relationships during the transition to young adulthood. *Journal of Family Psychology*, 28(6), 877-886. doi:http://dx.doi.org/10.1037/fam0000020

# Unit 15: Wrap Up and Summary

August 14, 2017

## **Topics (For Session 15)**

- Integrating knowledge of child and family development, intervention, and assessment with practice settings in mental health, child welfare, health, school, and juvenile justice settings
- Empirical evaluation of practice
- Social work practice on micro, mezzo, and macro practice with children and families

This session relates to course objectives 1–8.

# **University Policies and Guidelines**

### VII. ATTENDANCE POLICY

Students are expected to attend every class and to remain in class for the duration of the unit. Failure to attend class or arriving late may impact your ability to achieve course objectives which could affect your course grade. Students are expected to notify the instructor by email (<u>lindalon@usc.edu</u>) if any anticipated absence or reason for tardiness.

University of Southern California policy permits students to be excused from class for the observance of religious holy days. This policy also covers scheduled final examinations which conflict with students' observance of a holy day. Students must make arrangements *in advance* to complete class work which will be missed, or to reschedule an examination, due to holy days observance.

Please refer to Scampus and to the USC School of Social Work Student Handbook for additional information on attendance policies.

#### VIII. ACADEMIC CONDUCT

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Section 11, *Behavior Violating University Standardshttps://scampus.usc.edu/1100-behavior-violating-university-standards-and-appropriate-sanctions/*. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, <a href="http://policy.usc.edu/scientific-misconduct/">http://policy.usc.edu/scientific-misconduct/</a>.

Discrimination, sexual assault, and harassment are not tolerated by the university. You are encouraged to report any incidents to the *Office of Equity and Diversity* <u>http://equity.usc.edu/</u> or to the *Department of Public Safety* <u>http://capsnet.usc.edu/department/department-public-safety/online-forms/contact-us</u>. This is important for the safety whole USC community. Another member of the university community – such as a friend, classmate, advisor, or faculty member – can help initiate the report, or can initiate the report on behalf of another person. *The Center for Women and Men* <u>http://www.usc.edu/student-affairs/cwm/</u> provides 24/7 confidential support, and the sexual assault resource center webpage <u>sarc@usc.edu</u> describes reporting options and other resources.

#### IX. SUPPORT SYSTEMS

A number of USC's schools provide support for students who need help with scholarly writing. Check with your advisor or program staff to find out more. Students whose primary language is not English should check with the *American Language Institute* <u>http://dornsife.usc.edu/ali</u>, which sponsors courses and workshops specifically for international graduate students. *The Office of Disability Services and Programs* <u>http://sait.usc.edu/academicsupport/centerprograms/dsp/home\_index.html</u> provides certification for students with disabilities and helps arrange the relevant accommodations. If an officially declared emergency makes travel to campus infeasible, *USC Emergency Information* <u>http://emergency.usc.edu/</u>will provide safety and other updates, including ways in which instruction will be continued by means of blackboard, teleconferencing, and other technology.

#### X. STATEMENT ABOUT INCOMPLETES

The Grade of Incomplete (IN) can be assigned only if there is work not completed because of a documented illness or some other emergency occurring after the 12th week of the semester. Students must NOT assume that the instructor will agree to the grade of IN. Removal of the grade of IN must be instituted by the student and agreed to be the instructor and reported on the official "Incomplete Completion Form."

#### XI. POLICY ON LATE OR MAKE-UP WORK

Papers are due on the day and time specified. Extensions will be granted only for extenuating circumstances. If the paper is late without permission, the grade will be affected.

#### XII. POLICY ON CHANGES TO THE SYLLABUS AND/OR COURSE REQUIREMENTS

It may be necessary to make some adjustments in the syllabus during the semester in order to respond to unforeseen or extenuating circumstances. Adjustments that are made will be communicated to students both verbally and in writing.

#### XIII. CODE OF ETHICS OF THE NATIONAL ASSOCIATION OF SOCIAL WORKERS (OPTIONAL)

Approved by the 1996 NASW Delegate Assembly and revised by the 2008 NASW Delegate Assembly [http://www.socialworkers.org/pubs/Code/code.asp]

#### Preamble

The primary mission of the social work profession is to enhance human wellbeing and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. A historic and defining feature of social work is the profession's focus on individual wellbeing in a social context and the wellbeing of society. Fundamental to social work is attention to the environmental forces that create, contribute to, and address problems in living.

Social workers promote social justice and social change with and on behalf of clients. "Clients" is used inclusively to refer to individuals, families, groups, organizations, and communities. Social workers are sensitive to cultural and ethnic diversity and strive to end discrimination, oppression, poverty, and other forms of social injustice. These activities may be in the form of direct practice, community organizing, supervision, consultation administration, advocacy, social and political action, policy development and implementation, education, and research and evaluation. Social workers seek to enhance the capacity of people to address their own needs. Social workers also seek to promote the responsiveness of organizations, communities, and other social institutions to individuals' needs and social problems.

The mission of the social work profession is rooted in a set of core values. These core values, embraced by social workers throughout the profession's history, are the foundation of social work's unique purpose and perspective:

- Service
- Social justice
- Dignity and worth of the person
- Importance of human relationships
- Integrity
- Competence

This constellation of core values reflects what is unique to the social work profession. Core values, and the principles that flow from them, must be balanced within the context and complexity of the human experience.

#### XIV. COMPLAINTS

If you have a complaint or concern about the course or the instructor, please discuss it first with the instructor. If you feel cannot discuss it with the instructor, contact the VAC course chair, Dr. Mary Beth Harris at maryharr@usc.edu. If you do not receive a satisfactory response or solution, contact your advisor and/or MSW Program Chair, Dr. Leslie Wind at <u>wind@usc.edu</u> for further guidance.

#### **XV.** TIPS FOR MAXIMIZING YOUR LEARNING EXPERIENCE IN THIS COURSE (OPTIONAL)

- ✓ Be mindful of getting proper nutrition, exercise, rest and sleep!
- ✓ Come to class.
- ✓ Complete required readings and assignments BEFORE coming to class.
- BEFORE coming to class, review the materials from the previous Unit AND the current Unit, AND scan the topics to be covered in the next Unit.
- ✓ Come to class prepared to ask any questions you might have.
- ✓ Participate in class discussions.
- ✓ AFTER you leave class, review the materials assigned for that Unit again, along with your notes from that Unit.
- ✓ If you don't understand something, ask questions! Ask questions in class, during office hours, and/or through email!
- ✓ Keep up with the assigned readings.

Don't procrastinate or postpone working on assignments.

I am excited about having you as a student and I believe you will do awesome work in this course! Please do not hesitate to contact me when questions or concerns come up!

#### Linda A. Long, PHD, MSW

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