

# Psyc 360: Abnormal Psychology Units: 4.0 Fall 2016—Mondays, Wednesdays—Time: 10-11:50am

Location: SGM 101

### Instructor: Shannon Couture, Ph.D.

**Office:** SGM 1030 (follow signs to the Psychology Services Center; my office is the first door on the left when you enter the clinic)

**Office Hours: Tuesdays from 3-4pm; Wednesdays from 2-4pm.** If you wish to make an appointment to see me outside of office hours, please see me after class or send me an email to set up the appointment. If you send an email, please put the subject line as "Appointment for Psyc 360" and give me options of times you are free to meet.

**Out of town dates:** On the following dates, I will be out of town at conferences or scheduled events and may not have access to email (any office hours those days would also be cancelled): 9/3/16 through 9/10/16; 9/14/16 through 9/18/16; 10/27/16 through 10/30/16.

Contact Info: scouture@usc.edu; office phone: 213-740-6620

### Teaching Assistant: Allie Khalulyan

Office: SGM 701 (check SGM 716 if she is not present in 701) Office Hours: Tuesdays noon-2pm; Walk-ins are welcome, but please make an appointment close to exam and due dates. Contact Info: khalulya@usc.edu

### **COURSE DESCRIPTION**

This course is intended to be an introduction to important issues in abnormal psychology. That is, you should expect you will learn a great deal about the various diagnoses within the Diagnostic and Statistical Manual – 5 (DSM5) in terms of their symptoms, etiology (i.e., causal influences), and prevalence. We will also discuss some of the recent research on these disorders and their treatment. I'm also very invested in you *thinking critically* about the material. As such, there is a fair amount of writing throughout the semester as well.

### **LEARNING OBJECTIVES**

- 1) Identify and discuss the key features of each disorder, including diagnostic criteria, course, prevalence, and etiology (Goal 1: Knowledge Base in Psychology).
- Understand important research findings associated with each disorder, such as treatments and developmental, biological, social, and learning influences (Goal 2: Scientific Inquiry and Critical Thinking).
- 3) Apply diagnostic criteria to case studies (Goal 2).
- 4) Learn skills to evaluate research articles, and evaluate media portrayals of mental illness and related research (Goal 2 and Goal 3: Ethical and Social Responsibility in a Diverse World).
- 5) Discuss major issues within this field, such as how we define abnormality and well-being, how cultural and social influences impact mental health and well-being, and the effect of applying a categorical, medical model to mental health (Goal 1, 2, and 3).

Prerequisite(s): Psyc 100 Co-Requisite (s): N/A Concurrent Enrollment: N/A

**Recommended Preparation**: I will assume you do have some basic knowledge of the field of psychology. Please ask if there is confusion, as others may be in the same boat! It may be helpful at times to expand your reading on certain topics to get the most out of the course (e.g., research methods, behavioral models such as operant or classical conditioning).

#### **COURSE NOTES**

This course uses Blackboard for communication (e.g., announcements and emails regarding any changes in readings, dates, posting of new material, etc.). We will also manually enter grades into the Blackboard system. Please use the percentages given in the Grading Breakdown to obtain a more accurate picture of your grade.

I will make my powerpoint slides available to you on Blackboard under Content. Please note that I try to upload them as soon as I can. They will always be available by 9am before class, but I will try to make them available sooner if I can. *I do not distribute my personal notes to students. If you miss a class, please make the effort to get the notes from a classmate*. The Syllabus (and any modifications to it) can also be found on Blackboard under Syllabus.

#### **REQUIRED READINGS**

<u>Required Text</u>: *Abnormal Psychology in a Changing World-9<sup>th</sup> edition* by Jeffrey Navid, Spencer Rathus, and Beverly Greene. The bookstore does not have this for you as I decided to use a new textbook this year. You can find copies on Amazon and other websites. Please <u>make sure you purchase the 9<sup>th</sup> edition</u>, <u>not the 8<sup>th</sup></u> edition – important changes to our diagnostic manual recently occurred, and the 8<sup>th</sup> edition has outdated information.

Any articles listed in the Course Schedule will be provided on Blackboard for you to download.

#### **DESCRIPTION AND ASSESSMENT OF ASSIGNMENTS**

There will be 2 mid-term exams, 1 paper, 1 Final Exam, and in-class writing assignments that will all comprise your grade. Information about each of these is presented in the following sections.

**<u>MID-TERM EXAMS</u>**. The dates of the mid-term exams are on the Course Schedule and will not be moved. If we do not complete all of the material on the course schedule before an exam, we will still have the exam on the scheduled date, but it may simply cover less material. If this is the case, we will discuss this in class.

Our exams are open note. Please note this does NOT mean you should not study; there is not enough time during the exam to flip through the book and your notes to try to find the answers, so please don't make this mistake!

There are no make-up exams ever. You must show up and take the exam on these dates or take the exam online during the allotted window on Blackboard. I will offer an option to take the exam online via Blackboard within a slightly wider window (i.e., beginning at 5pm the day before the exam is scheduled until 9pm the day after the exam is scheduled). This should enable every individual to take the exam when it is scheduled, regardless of other life events.

If you decide to take the exam online and out of the classroom setting, this is what I would recommend: 1) Make sure you have a **QUIET** place available to take the exam.

2) Make sure your location has <u>uninterrupted, stable</u> internet access. You can only log in to the exam once, and once you log in, you must complete it during the 2 hour window provided, so you have to ensure adequate internet access and seclusion to take the exam successfully.

If you decide to take the exam in class, you are welcome to do so in paper and pencil format, or the online format via Blackboard (just be aware we cannot guarantee the stability of the internet connection in the classroom). I will ask you to notify me if you wish to take it in class paper and pencil style so that I have enough copies on hand. You are welcome to use your notes just like the out-of-class students.

The exams are not specifically cumulative, but some of the material necessarily builds upon itself. For example, the foundational portions discussed at the beginning of the course (e.g., factors to consider in making clinical diagnoses, definitions of terms like etiology) are themes throughout the course. Also, part of learning about abnormal psychology is being able to <u>differentiate</u> among the disorders. Therefore, there may be some exam questions were you are asked to differentiate among disorders in the current section and disorders in prior sections.

**FINAL EXAM**. The final exam will mainly cover the portion of the course between the last mid-term and the end of the class. However, there will be a substantial portion that will be cumulative (about 25%), asking you to do much of what I've mentioned above – illustrating that you understand differences and similarities amongst the various disorders we discuss. **Everyone MUST complete the final exam, no exceptions, no make-ups.** It is required by university policy and anyone who fails to do so will receive a failing grade in the course, regardless of your ending percentage. I've included the date for the final exam on the Course Schedule. As with the other exams, you can choose to complete it online during the broader window (in this case Sunday December 11<sup>th</sup> from 8am to Tuesday December 13<sup>th</sup> at 9pm). It is your responsibility to evaluate NOW whether you meet criteria for switching any final exams based on university policy (e.g., 3 finals scheduled in the same day). You must let me know within the first two weeks of class if this is an issue for you.

<u>PAPER</u>. For this assignment, you will choose one of the movies from the list in this section. <u>The paper is</u> due by 5pm on Friday, November 18<sup>th</sup>, 2016. No late papers will be accepted. If your paper is late (even by 2 minutes), you will receive a zero.

Select one of the characters in the movie (typically there is clearly a character who has observable symptoms of a disorder, but in the case of multiple characters, choose the one for whom you can write the best paper).

In the first section of the paper (label it "SYMPTOMS OBSERVED IN THE CHARACTER"), you will write about the symptoms experienced by the character. You should be relatively thorough here in terms of including every symptom you see the character displaying (or think it is likely they are displaying), rather than just those that meet a particular diagnosis. We want to be comprehensive first. For each symptom displayed, you will describe the symptom in your own words and offer examples from the film of how the character displayed the symptom. For example, you might offer dialogue stated by the character, observations from other characters (i.e., people talking about the character you chose), or specific behaviors that they exhibiting (e.g., punching a wall, driving fast, crying). One to two examples per symptom should be sufficient.

In the second section of the paper (label it "DIFFERENTIAL DIAGNOSIS"), you will conduct a differential diagnosis. That is, you will talk about why you think the character meets criteria for a particular diagnosis, and why they don't meet criteria for other diagnoses. For example, if someone is depressed, you would want to talk about whether it is possible they have bipolar disorder or major depressive disorder. Or if someone is using substances, but you are only giving them a diagnosis of depression, you would want to describe why you don't think they meet criteria for substance use disorder. The idea here is to provide a thoughtful analysis and to justify your diagnosis (not to necessarily be correct).

In the third section (label it "WHAT'S MISSING"), you should articulate whether there is other information you would want to know to make a more accurate diagnosis. For example, you might cite the data we discuss in class about the high degree of comorbidity between depression and anxiety and state although

you gave them a diagnosis of major depression and didn't clearly see anxiety, you would want to ask them about X or Y to be sure. Or you might feel you are even lacking information on the diagnosis you did give and would want to ask them more questions to make sure they met full criteria.

In the last section (label it "ACCURACY OF PORTRAYAL"), you should analyze how accurate the portrayal of the symptoms, diagnosis, treatment (anything relevant to class) in the movie versus what we've discussed and what you've read about. Would this movie be a good one to use if you wanted to illustrate the diagnosis you gave?

Each section will likely take you about 1 page single spaced, though sections 1 and 2 are likely to be longer relative to the other 2.

	<u>Excellent</u>	Good	<u>Average</u>	<u>Poor</u>
Symptoms	-Comprehensive list of symptoms	-Relatively comprehensive list of	-Lists a good number of	- Relatively short list of
Observed in	described	symptoms described, but leaves	symptoms to arrive at	symptoms or some
Character		out a few symptoms clearly	diagnosis but leaves out	definitively missing
Character	-Accurate description provided for	present (e.g., described	some key symptoms clearly	information
	each symptom	depressive symptoms well, but doesn't acknowledge the	displayed by the character	-Symptoms are described
	-1-2 examples listed for each	marijuana and alcohol use by	-Symptoms are described but	inaccurately or are directly
	symptom that are either clearly	the character throughout the	either uses too much	lifted from the book or
	linked (e.g., crying as evidence of	movie)	verbiage directly from the	lecture slides
	sad mood) or are described		book (i.e., not in own words)	
	adequately to make it clear why the	-Symptoms are generally	or has some major	-Examples are lacking,
	example fits (e.g., "When Tony	accurately described with some	misunderstandings about	unclear, or insufficiently
	asked Sarah about her feelings for	minor inaccuracies or occasional	what symptoms are	described (e.g., "Tony got
	him and she refused to respond, this	overreliance on the book		upset several times in the
	appeared to reflect her social	compared to own words		movie.")
	anxiety. We knew before this scene			
	that she cared for him, but she	-Provides an example for each		
	appeared afraid of him rejecting her,	item, but at times lacks		
	which is a common symptom of	thoroughness or a clear linkage		
	social anxiety.")	between symptoms and the		
		examples		
Differential	-Clearly describes why the character	-Provides a solid description of	-Provides a diagnosis but	-List a diagnosis with little
Diagnosis	has a particular disorder,	why the character has a	neglects to mention some of	exposition about why it is
-	referencing diagnostic criteria and	particular disorder, but does not	the important criteria, or	a good choice, or rational
	occasionally even some of the	incorporate any additional	misunderstands some of the	has significant errors
	associated characteristics or	information	criteria	
	research findings (e.g., "Individuals			-Minimal considerations o
	with BPD frequently have a history	-Considers a few additional	-Considers 1 additional	differential diagnoses
	of trauma, consistent with Tony's background of being physically	disorders but lacking in comprehensiveness	disorder, but does not present a comprehensive	-Argument for diagnoses is
	abused by his father.")	comprehensiveness	analysis of the possibilities	relatively surface level,
	abused by his lattiet. )	-Provides a rationale for	analysis of the possibilities	brief, and may contain
	-Considers other possible diagnoses	diagnoses chosen and	-Provides a relatively brief	inaccurate statements
	based on symptoms present or on	eliminated by lacking in some	and incomplete argument for	inaccurate statements
	important differentials mentioned in	detail or clarity about why a	why disorders were selected	
	class (e.g., considering bipolar	disorder was selected or	or eliminated	
	disorder if the character meets	eliminated	or climitated	
	criteria for major depression;			
	considering whether persistent			
	depressive disorder or major			
	depressive disorder are a better fit)			
	-Provides a clear argument for the			
	diagnosis chosen and the diagnoses			
	eliminated			1

#### **RUBRIC FOR PAPER:** The following grading rubric will be used to grade this assignment:

	Excellent	Good	<u>Average</u>	Poor
What's	-Provides a critical analysis of	-Provides an analysis of missing	-Brief analysis of some	-Relatively surface level
Missing	missing information, including	information only based on	missing information, but	discussion with few
111351116	information missing about	diagnoses given or eliminated	lacking in detail and depth;	considerations or with
	diagnoses given, diagnoses	without thinking about other	may miss mentioning some	inaccurate statements
	eliminated and other disorders	possibilities	information clearly identified	
	which may be possible given		in the rest of the paper (e.g.,	
	comorbidity data		in the differential diagnosis	
			section, mentions it is unclear	
			if the character has PTSD	
			because there is no	
			information on intrusive	
			symptoms, but then neglects	
			to discuss this further in this	
A f	-Comprehensive analysis of	-Solid analysis of inaccuracies,	section -Analysis of inaccuracies but	-Brief analysis that is only
Accuracy of	inaccuracies including mention of	though mainly focused on	relatively brief and may miss	disorder focused and may
Portrayal	behaviors that may be rare with	presentation of symptoms	key features	contain errors
	certain disorders, overly dramatized	without consideration of other	key leatures	contain errors
	symptoms, and information relevant	topics discussed in class		
	to other data discussed in class such			
	as research findings, associated			
	features, or information about the			
	course of the disorder or treatment			
Grammar,	-Sentences are varied, complex and	-Sentences show variety and	-Simplistic sentence	-Vague, hard to follow
	used effectively to convey points;	complexity	structure; limited word	language; words used
Organization,	word choice is consistently precise		choices; inconsistencies in	inappropriately
Presentation	and accurate	-Some errors in grammar or	tense and person	
		spelling, but they never		-Mechanical or grammar
	-Essentially error free in terms of	interfere with meaning or	-Repeated weaknesses in	problems so severe it is
	grammar and spelling	interpretation	mechanics and usage; errors	difficult to ascertain the
			are at times distracting to the	ideas from the paper
	-Essay is neat and professional	-Essay is neat with some	reader	
		violations (e.g., shifting font		-Essay untidy and does not
	-Tone is consistently professional	sizes)	-Fairly neat but does not use	follow basic formatting
	and appropriate for an academic		structure provided	rules
	paper	-Generally professional and		
		appropriate tone	-Not consistently professional	-Unprofessional tone that
			in tone	is not appropriate for an
				academic paper

#### Possible movies:

Adam Birdman Cruel Intentions Gone Girl Lars and the Real Girl Whiplash

Please note these movies are not on reserve anywhere, but all are available for online rental. Adam, Cruel Intentions, Gone Girl and Lars and the Real Girl are all available on Amazon video for \$3.99 rental. Birdman and Whiplash cost more if you don't have access to other platforms (e.g., Starz app), but are affordable around \$11-13, and may be available for rental from other places. These are great movies (I think!), so enjoy!

#### IN-CLASS ASSIGNMENTS:

In every class, we will do brief writing assignments during the class period. These are scored simply as credit/no credit. To receive credit you: 1) Must be present; 2) Must complete the assignment; 3) Must demonstrate effort on the assignment by addressing any questions asked and producing a thoughtful response. 20 of these in-class assignments will be factored into your grade. We will complete more than

20, so you will be able to miss a few if needed. At times, these writing assignments will be completed in groups. You will not be graded on grammar or presentation.

#### **Grading Breakdown**

Here is a description of how the various course assessments will be used to calculate your grade.

Assignment	Points	Percentage of Grade
Exam 1	100	20%
Exam 2	100	20%
Paper	100	20%
In-class Writing Assignments	50	10%
Final Exam	150	30%
	500	100%

Percentage	Letter Grade
93-100	А
90-92.999	A-
87-89.999	B+
83-86.999	В
80-82.999	B-
77-79.999	C+
73-76.999	С
70-72.999	C-
67-69.999	D+
63-66.999	D
60-62.999	D-
Below 60	F

**I do not round up**! I give extra credit options in this course and curve tests whenever the grades are a bit low. That is the rounding I do. So an 89.9% is a B+, no exceptions.

### EXTRA CREDIT

You may do up to 3 extra credit assignments, which can earn you from 0 to 4 extra <u>percentage</u> points on each exam and the paper. <u>You must turn in the assignment no later than the date indicated on the</u> <u>syllabus on the Course Schedule</u>. That is, extra credit for Exam 1 must be turned in by October 10, 2016; extra credit for Exam 2 must be turned in by November 14<sup>th</sup>, 2016; extra credit for the Final Exam must be turned in by December 5, 2016.

In other words, you can't turn in a bunch at the end of the semester if you are worried about your grade. You must do this as we go. You cannot turn in multiple assignments per exam. You will definitely have to decide if you want to do the extra credit for the final exam before you receive the results of your paper (since the paper is not due until November 18<sup>th</sup> and there are 90 students in this class!).

For the assignment, you will select a journal article using the following guidelines:

- 1. The article must be relatively recent (2010-2016)
- 2. The article must come from a journal indexed in PsychINFO (electronic resource at the library; ask the TA or a librarian for assistance)
- 3. The article must exceed 4 pages.
- 4. The article must be an empirical study. That is, it analyzes the data using statistics, or qualitative methods (long form responses from participants which are categorized into themes). It should not be a review paper or a paper without any data.
- 5. The article must be relevant to abnormal psychology (i.e., it involves enhancing our understanding of a mental disorder, or talks about treatment for a mental disorder), but does not have to include

human subjects (i.e., it could be a study of an animal model of an abnormal psychology-related topic)

6. The article must be referenced using APA style in your submission.

For the write-up, you should answer the following questions:

- Describe what research question(s) the authors were investigating and why it is important (i.e., why do we care about this study). You should not simply cut and paste or just paraphrase the hypotheses of the study, but rather attempt to put this in your own words. – 1 paragraph
- 2. Summarize the results of the study for a lay audience (i.e., say what they found, but explain it like it is for your grandma or someone who knows nothing about psychology). 1 paragraph
- 3. What were the sample characteristics and how might this limit the generalizability of the study (e.g., small sample? Only people of certain races/ethnicities or age groups? Only people who did not have some symptoms for example, studying depression and excluding people who are suicidal or have a substance use disorder?)? Take what you know about the sample, and describe what you think this might mean in terms of the results applying to the whole population. 1 paragraph

The grading of these papers will follow these guidelines:

0 points	Did not follow guidelines of questions to answer and/or selected a journal article that did not adhere to the article selection guidelines
1 point	Selected an article that follows article guidelines, and wrote information for all 3 prompts but are lacking in quality or do not answer the questions adequately
2 points	Selected an article that follows article guidelines, wrote information for all 3 prompts and answered 1 of the 3 questions with sufficient detail, clarity, and focus
3 points	Selected an article that follows article guidelines, wrote information for all 3 prompts and answered 2 of the 3 questions with sufficient detail, clarity, and focus
4 points	Selected an article that follows article guidelines and answered all 3 questions with sufficient detail, clarity, and focus

## **Assignment Submission Policy**

All Extra Credit assignments are due by 5pm on the date listed. Extra Credit:

> For adding up to 4 % points on Exam 1, assignment must be turned in by: Monday, October 10<sup>th</sup> For adding up to 4% points on Exam 2, assignment must be turned in by: Monday, November 14<sup>th</sup> For adding up to 4% points on the Final Exam, assignment must be turned in by: Monday, Dec 5<sup>th</sup>

All papers are due by 5pm on Friday, November 18<sup>th</sup>. You must use the Turnitin feature on blackboard to submit the assignment. If you have never used this before, please visit our TA to get assistance well in advance of the due date.

## **ELECTRONIC DEVICES AND CLASS TIME**

I know that the internet and your phones will serve as a compelling competing focus during class time. I ask that you make every effort to refrain from accessing the internet, reading other materials, using your phone, talking to others when we aren't having a discussion portion, etc. If I can make content or class time more interesting, please let me know and I will try! *All phones must be silenced and should not be taken out during class*.

Why are instructors always banging on about this?

- 1. It is distracting to other students. It is hard to sit behind someone looking at cool clothes, pictures, etc. and not start looking at it yourself!
- 2. It is distracting to me. I can see all of you!
- 3. Research has shown that dividing your time between trying to learn and other activities (such as using your phone or surfing the internet) significantly decreases learning (e.g., Kuznekoff & Titsworth, 2013) and the amount of information you are able to get in your notes.
- 4. It has also been shown that trying to find a Tinder date during an abnormal psychology class is detrimental to your health (Dont & Justdont, 2016).

### LECTURES AND CLASS TIME

Classes are intended to review and supplement the readings. I may not cover everything in the readings in class, but you will still need to know the material listed on the review sheet from the book to be successful on the exams. The book also explains some concepts in a slightly different way than I do, so this may help you to understand the information. If I do not review material from the book that you find confusing, please ask!

I have tried to make class more interesting by including material that is both in, and supplemental to, the textbook. I feel this allows you the opportunity to make sure you understand the general concepts in the book, but hopefully feel like I'm not simply reading the chapter to you. I recommend you attend class regularly, both to complete in-class assignments and also for the best learning experience.

I will show some clips from movies or documentaries in class to help you learn to identify some of the symptoms of mental disorders. Please note that some of this content will be R-rated (and some documentaries do not have ratings), and may contain upsetting or controversial topics. If you think this will be a problem for you, please come and speak to me about potential upsetting themes at the beginning of the course. I can then warn you of this content in advance, and you can choose whether you wish to step out of the class for that portion.

An important part of class is your participation. Please be a part of the conversation! We will sometimes have a group discussion as a class, or sometimes discuss ideas or topics in small groups. Sometimes you will asked to write about what is going on in class. We will try to vary it to maximize the number of people are participating and benefiting from class participation.

### **SYLLABUS**

It is often the case that students do not carefully read the syllabus. Please don't let this be you! I have made every attempt to make all class policies, procedures, and grading explicit in this document. It is to your advantage to understand it clearly. Consider this part of your reading assignment for the first class and read the syllabus in its entirety. Make note of important due dates and exams so that you can adequately prepare. No late work is accepted. I consider this document, and nothing in it is negotiable. I am strict about this because in the end it protects students. Everyone should have the same expectations when they take a course, and therefore it is not fair for me to alter these procedures for anyone.

### **GRADING DISPUTES**

There are only 2 methods by which a grade can be altered. The first is if you feel there has been some sort of grading error, such as your grade being entered into the grade book incorrectly. The other way is a decision made by me, and this will apply to the entire class, never to an individual student. I statistically analyze responses to exams, and if it seems an item is near universally failed by all students, I will consider whether this is a valid item and may alter everyone's scores as a result. There are no individual discussions for grade alterations, though we are happy to go over exam responses or paper grading with you.

### **EMAILING AND OFFICE HOURS**

This is a very important section. I want you to come see me in my office hours, make an appointment with me, or speak with me after class. I can answer your questions much better when we can have a discussion – I'm better able to understand what isn't clear to you and I'm better able to make sure you understand the clarification I'm providing. Email is not particularly conducive to this type of conversation. As such, I would ask that you NOT email me unless you are emailing to set up a meet with me. I want to hear from you! But I have found that emailing about course content tends to be more confusing than helpful, so I implement this policy to make it easier for you to speak with me in person. Please also ask questions in class – you are probably not alone in your wonderings! If you do email me with a question, please be aware I may not be able to immediately respond given my other responsibilities at USC. If I read your question and perceive it to be complex to answer, or I'm not entirely clear what you are asking, I will respond by asking you to come see me. Please do not ask clarification questions to me over email a day or two before an exam! I provide review sheets, and am available to help you prior to this, so please take advantage of that availability and leave yourself time to prepare for exams.

### **PSYCHOLOGICAL ASSISTANCE**

I do run the Psychology Services Center on campus. However, I am not the best person to discuss your mental health issues with (this is called a dual relationship – something we will discuss toward the end of the semester). In our situation, I'm your instructor first, and it makes it difficult for us to have a conversation about mental health issues affecting you or your family. So I recommend two things. First, the counseling center on campus is here for you! Call them at 213-740-7711. They can see you or provide referrals who take the student health insurance plan. Another option is to call our center (213-740-1600). Our graduate student workers are excellent at providing referral sources. You can seek out services at the PSC while you are in class. Although I will refuse to be the supervisor for the case, as the administrator of the clinic, I have access to, and regularly review information about all the clients in our center, so you should be aware I may have access to some information about you. If I were ever to be a supervisor for you rase after you have completed my course, the therapist you are working with would discuss this with you and assess your comfort with that situation before we proceeded.

# COURSE SCHEDULE:

As required by university policy, the expectation for this course is that you will spend about 8 hours per week on average outside of class on this course. This will include readings and working on all class-related assignments. All case studies and articles can be found on Blackboard.

<u>Date</u>	Class Topic	Reading/Assignment
Monday, Aug 22	Defining abnormality and historical contexts	Chapter 1, p. 1-19
Wednesday, Aug 24	Learning Models & Biopsychosocial Perspective	Ch 2, p. 36-45, 52-56, 58-65
Monday, Aug 29	Biopsychosocial Perspective; Clinical Assessment and Diagnosis	Chapter 3
Wednesday, Aug 31	Clinical Assessment and Diagnosis	Chapter 3
Monday, Sept 5	No class – Labor Day	
Wednesday, Sept 7	Research Methods	Chapter 1, p. 20-34
Monday, Sept 12	Neurodevelopmental Disorders	Ch 13 (pp. 480-4, 491-8, 501- 5); ADHD case study
Wednesday, Sept 14	Neurodevelopmental Disorders; How to read a research article	Ch 13 (pp. 485-490); Research article; Autism case study
Monday, Sept 19	Neurocognitive Disorders and Aging	Chapter 14 (except 536-542)
Wednesday, Sept 21	Depression	Ch 7; Ch 13 (pp. 511-513); Depression case study
Monday, Sept 26	Bipolar	Chapter 7; Bipolar case study
Wednesday, Sept 28	EXAM 1	Study for exam
Monday, Oct 3	Depression Treatments; Eating Disorders	Chapter 2, 67-end; Chapter 9, p. 333-350
Wednesday, Oct 5	Eating Disorders	Ch 9, p. 333-350; Bulimia case study
Monday, Oct 10	Substance Use Disorders	Chapter 8; EXTRA CREDIT 1 DUE
Wednesday, Oct 12	Substance Use Disorders	Chapter 8; Alcohol case study
Monday, Oct 17	Personality Disorders	Chapter 12; BPD case study
Wednesday, Oct 19	Personality Disorders	Chapter 12; Ch 13 (p. 505-507)
Monday, Oct 24	Schizophrenia	Ch 11; Schizophrenia case
Wednesday, Oct 26	Schizophrenia	Study for Exam
Monday, Oct 31	EXAM 2	
Wednesday, Nov 2	Phobia and Social Anxiety	Chapter 5
Monday, Nov 7	Panic Disorder and Illness Anxiety	Illness anxiety case study
Wednesday, Nov 9	OCD; PTSD	Chapter 4; OCD case study
Monday, Nov 14	PTSD; Treatments for Anxiety	EXTRA CREDIT 2 DUE
Wednesday, Nov 16	Treatments for Anxiety	PAPER DUE NOV 18TH
Monday, Nov 21	Psychology and the Law (guest speaker)	Chapter 15
Wednesday, Nov 23	No Class – Thanksgiving break	
Monday, Nov 28	Ethics and Mental Health	Chapter 15; PAPER DUE
Wednesday, Nov 30	Wellness	You decide case studies
Monday, Dec 5		EXTRA CREDIT 3 due
Monday, Dec 12, 8a-10a	FINAL EXAM	

### **Statement on Academic Conduct and Support Systems**

### **Academic Conduct**

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Section 11, *Behavior Violating University Standards*<u>https://scampus.usc.edu/1100-behavior-violating-university-standards-and-appropriate-sanctions/</u>. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, <u>http://policy.usc.edu/scientific-misconduct/</u>.

Discrimination, sexual assault, and harassment are not tolerated by the university. You are encouraged to report any incidents to the *Office of Equity and Diversity* <u>http://equity.usc.edu/</u> or to the *Department of Public Safety* <u>http://capsnet.usc.edu/department/department-public-safety/online-forms/contact-us</u>. This is important for the safety whole USC community. Another member of the university community – such as a friend, classmate, advisor, or faculty member – can help initiate the report, or can initiate the report on behalf of another person. *The Center for Women and Men* <u>http://www.usc.edu/student-affairs/cwm/</u> provides 24/7 confidential support, and the sexual assault resource center webpage <u>sarc@usc.edu</u> describes reporting options and other resources.

#### Support Systems

A number of USC's schools provide support for students who need help with scholarly writing. Check with your advisor or program staff to find out more. Students whose primary language is not English should check with the *American Language Institute* <u>http://dornsife.usc.edu/ali</u>, which sponsors courses and workshops specifically for international graduate students. *The Office of Disability Services and Programs* <u>http://sait.usc.edu/academicsupport/centerprograms/dsp/home\_index.html</u>provides certification for students with disabilities and helps arrange the relevant accommodations. If an officially declared emergency makes travel to campus infeasible, *USC Emergency Information* <u>http://emergency.usc.edu/</u>will provide safety and other updates, including ways in which instruction will be continued by means of blackboard, teleconferencing, and other technology.

### Student Athletes, Academic Accommodations and Religious Activities

#### **Student Athlete**

If you are a student athlete, and you have college-sanctioned and scheduled games at the time of the exam, such that you cannot complete it within the allotted window offline (hopefully this won't happen because I ask for these dates prior to the start of class), you must notify me <u>within the first 2 weeks</u> of the semester, and you must provide proof of this with a letter from the official of your team and a schedule from the official or one posted on the internet. Please come talk to me right away if you anticipate any difficulties.

#### **Academic Accommodations**

If you have a letter of verification from the Office of Disability Services and Programs (DSP) regarding academic accommodations, you must present it to me *within the first two weeks* of class.

#### **Religious Observances**

If you have a conflict on exam dates due to a religious holy day, please notify me *within the first 2 weeks* of the semester (hopefully this will not be an issue as I ask for these dates prior to the start of class.