

Golf - PHED 155

Units: 1 unit (#49851R)

Spring 2016 – TTH 9 am

Location: Cromwell Field (Track)

Blackboard: <https://blackboard.usc.edu>

Instructor: Marcos Briano *MMFT*

Office: DRB 367b

Office Hours: By Appointment

Contact Info: marcos@usc.edu (213) 740-0342

Course Description

This course is an introductory golf class to develop basic golf skills, swing mechanics (stance, grip, posture, and alignment), utilization of golf equipment (irons, woods and putter), history, rules, scoring, etiquette, and strategies of play (golf course layout/play). This course will provide fundamental golf skills through practice and play.

Prerequisite: None

Co-Requisite: None

Recommended Preparation: None

Course Learning Objectives

1. To acquire fundamental golf skills with proficiency and ability to apply these skills.
2. To gain sufficient knowledge of basic golf rules, scoring, etiquette and play.
3. To develop knowledge and competency in golf fundamentals, skills, and game.
4. To develop, appreciate, and commit to adapting movement (golf) activity for lifetime fitness.

Physical Education Objectives

Students will understand the importance of sound health & fitness principles as they relate to better health & will be able to:

- Recognize the physical and mental benefits of increased physical activity.

Students will be exposed to a variety of activities providing them the opportunity to:

- Apply learned fundamental golf skills.

Students will demonstrate proficiency through knowledge & acquired skills enabling them to:

- Understand and utilize various training methods.
- Develop an appreciation of physical activity as a lifetime pursuit and a means to better health.

Course Textbook

Professional Golfers' Association of America. *First Swing: Golfer's Guide*, 2004. (Available on Blackboard)

Equipment

Golf equipment will be provided. Personal equipment is encouraged, but not mandatory. Appropriate workout attire is required. *Recommendations include:* athletic shoes, water & towel. Lockers are available for a rental fee in the PED building. Equipment may be checked out with student ID.

Required: Purchase PE Scantron # 25420 – Grade Master Form (available at the USC Bookstore).

Participation/Performance

Timely and consistent attendance is imperative, in order to develop appropriate skills and to obtain supplemental information for course assignments/exams. Two tardiness equals 1 absence.

Failure to attend class **WILL IMPACT** your final grade.

Assignment Submission Policy

Video Analysis – (1-2 page[s]) paper analyzing the video of your golf swing mechanics and comparison with another video, due via email (marcos@usc.edu) on **February 25, 2016** by 12 midnight.

OPTIONAL Driving Range (10 pts.) or Golf Round (20 pts.) – Driving range receipt or golf course scored scorecard and receipt, due at the **Final Exam Review**.

General Class Policies

- **No Make-Ups** will be given for any missed coursework or late assignments.
- Email (marcos@usc.edu) is the preferred method of communication outside of class.
- In the event of adverse weather conditions (i.e., rainy days), class will meet in lobby of PED Building.
- Wear appropriate clothing and athletic shoes.

Additional Policies

- USC Physical Education **IS NOT** responsible for any lost, stolen or damaged property. If you choose to bring any valuables to class, it is strongly recommended to lock them up during class. Lockers are available for rental fee in the PED building and Lyon Center.

Grading Criteria

200 Total Points

Cognitive	50%	100 pts.	Psychomotor	50%	100 pts.
Midterm	25%	50 pts.	Class Performance	35%	70 pts.
Final Exam	25%	50 pts.	Skill Assessment	10%	20 pts.
			Video Analysis	5%	10 pts.

Optional EXTRA Credit – Driving Range (10 pts.) or Golf Course Round (20 pts.)

A (184 pts. & higher) **A-** (180-183 pts.) **B+** (176-179 pts.) **B** (164-175 pts.) **B-** (160-163 pts.)
C+ (156-159 pts.) **C** (144-155 pts.) **C-** (140-143 pts.) **PASS** (>140 pts.)
D (120-139 pts.) **Fail** (<120 pts.)

Class Performance/Participation (35%): Regular participation in class activities is a cumulative portion of your grade and active participation is fully expected.

Skill Assessment (10%): In-class demonstration of learned skills of the basics elements of golf. Including but not limited to putting, short game, iron play, drivers and basic play and etiquette. To be administered during Weeks 13-14. A formal rubric will be given and used for this assessment activity.

Video Analysis (5%): Students will video during class time and analyze their swing including, but not limited to grip, posture, alignment, set-up and swing path. Students are expected to use another video to compare and contrast themselves. This analysis (1-2 page paper) is due on February 25, 2016.

Midterm (25%): Will consist of material covered to this point. Refer to course text, handouts, lecture and activities. Examination will consist of multiple choice, true/false and short answer.

Final Exam (25%): Comprehensive final examination of all course work. Students are responsible for all material covered. Examination will consist of multiple choice, true/false and short answer.

OPTIONAL – Driving Range (10 pts.) or Golf Course Round (20 pts.): Optional extra credit for applying learned golf skills at driving range or playing either a 9-hole or 18-hole golf course. Receipt and/or scored scorecard and receipt are required for credit.

Course Schedule

Week 1 January 12, 14	Course Introduction <i>Golf 101 – Chapter 1</i>		
Week 2 January 19, 21	Grip, Stance & Mechanics – Skills Practice <i>Review: Safety & golf terminology – Chapter 4</i>		
Week 3 January 26, 28	Swing Fundamentals – Skills Practice <i>Equipment & principles – Chapter 6</i>		
FRIDAY, JANUARY 29	LAST DAY TO: REGISTER & ADD CLASSES, DROP WITHOUT MARK OF “W”, CHANGE ENROLLMENT OPTION TO P/NP OR AUDIT & PURCHASE/WAIVE TUITION REFUND INSURANCE		
Week 4 February 2, 4	Skills Practice <i>Ball flight laws/strategy – Chapter 5</i>		
Week 5 February 9, 11	Short Irons – Skills Practice <i>Ball flight laws/strategy – Chapter 5</i>		
Week 6 February 16, 18	Mid Irons – Skills Practice <i>Equipment selection, golf rules, scoring & etiquette</i>		
Week 7 February 23, 25	Club Selection (Short Game) – Skills Practice <i>Review: Golf rules, scoring & etiquette</i>		Video Analysis Paper Due 2/25/16
FRIDAY, FEBRUARY 26	LAST DAY TO: DROP COURSE WITHOUT MARK OF “W” ON TRANSCRIPT & CHANGE ENROLLMENT P/NP COURSE TO A LETTER GRADE		
Week 8 March 1, 3	Midterm (Review)	Midterm Exam	
Week 9 March 8, 10	Long Irons – Skills Practice <i>Ball positioning, targets & distance</i>		
March 14-20	Spring Recess		
Week 10 March 22, 24	Woods & Fairway Clubs – Skills Practice		
Week 11 March 29, 31	Facility Orientation & Courses – Skills Practice <i>Chapter 2</i>		
Week 12 April 5, 7	Skills Review – Skills Practice <i>Chapter 7</i>		
FRIDAY, APRIL 8	LAST DAY TO DROP CLASS WITH MARK OF “W”		
Week 13 April 12, 14	Skill Assessment		
Week 14 April 19, 21	Skill Assessment		
Week 15 April 26, 28	Final (Review)	Final Exam	Optional Extra Credit Due 4/26/16

Academic Conduct/Integrity

USC seeks to maintain an optimal learning environment. General principles of academic honesty include the concept of respect for the intellectual property of others, the expectation that individual work will be submitted unless otherwise allowed by an instructor, and the obligations both to protect one's own academic work from misuse by others as well as to avoid using another's work as one's own. All students are expected to understand and abide by these principles. *SCampus*, the Student Guidebook, (www.usc.edu/scampus or <http://scampus.usc.edu>) contains the University Student Conduct Code (see University Governance, Section 11.00), while the recommended sanctions are located in Appendix A.

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Section 11, *Behavior Violating University Standards* <https://scampus.usc.edu/1100-behavior-violating-university-standards-and-appropriate-sanctions/>. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, <http://policy.usc.edu/scientific-misconduct/>.

Discrimination, sexual assault, and harassment are not tolerated by the university. You are encouraged to report any incidents to the *Office of Equity and Diversity* <http://equity.usc.edu/> or to the *Department of Public Safety* <http://capsnet.usc.edu/department/department-public-safety/online-forms/contact-us>. This is important for the safety whole USC community. Another member of the university community – such as a friend, classmate, advisor, or faculty member – can help initiate the report, or can initiate the report on behalf of another person. *The Center for Women and Men* <http://www.usc.edu/student-affairs/cwm/> provides 24/7 confidential support, and the sexual assault resource center webpage sarc.usc.edu describes reporting options and other resources.

Support Systems

A number of USC's schools provide support for students who need help with scholarly writing. Check with your advisor or program staff to find out more. Students whose primary language is not English should check with the *American Language Institute* <http://dornsife.usc.edu/ali>, which sponsors courses and workshops specifically for international graduate students. *The Office of Disability Services and Programs* http://sait.usc.edu/academicssupport/centerprograms/dsp/home_index.html provides certification for students with disabilities and helps arrange the relevant accommodations. If an officially declared emergency makes travel to campus infeasible, *USC Emergency Information* <http://emergency.usc.edu/> will provide safety and other updates, including ways in which instruction will be continued by means of blackboard, teleconferencing, and other technology.

Students requesting academic accommodations based on a disability are required to register with Disability Services and Programs (DSP) each semester. A letter of verification for approved accommodations can be obtained from DSP when adequate documentation is filed. Please be sure the letter is delivered to me as early in the semester as possible. DSP is open Monday-Friday, 8:30 am -5:00 pm. The office is in STU 301 and the phone number is (213) 740-0776.

Emergency Preparedness/Course Continuation

In case of a declared emergency if travel to campus is not feasible, USC executive leadership will announce an electronic way for instructors to teach students in their residence halls or homes using a combination of Blackboard, teleconferencing, and other technologies.