

Physical Education

<http://www.usc.edu/dept/LAS/phed>

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Beginning Tennis: PHED 140A

Course Description

This is an introductory course teaching the fundamental skills of tennis. Focus includes: basic strokes; strategy; rules; scoring; etiquette; practice drills; singles and doubles play. The more experienced students will receive instruction on use of spin; court positioning; footwork; and advanced strategies.

Course Objectives

1. To present to the student the fundamental skills and knowledge of tennis.
2. To improve each student's skill in hitting all of the basic strokes: forehand; backhand; serve; volley; lob; and overhead.
3. To introduce or acquaint each student to the basic rules, scoring, and etiquette of tennis.
4. To offer each student an opportunity to apply their skill and knowledge in actual match play.
5. To make each student aware of the basic differences in strategy for singles and doubles and to provide an opportunity to apply this information in actual match play.
6. To provide each student with information about current tennis trends, specifically in regard to local tennis programs, professional tournaments and equipment selection.
7. To encourage each student to pursue tennis as a life-time leisure activity.

Evaluation Criteria

Cognitive: 50%	Observation Assignment (Observe and analyze a skill/strategy in a collegiate match) -10%
	Midterm - 15%
	Final Exam - 25%
Psychomotor: 50%	Fundamental Skill Assessment (National Tennis Rating Program criteria used for assessing beginning skill level by end of semester) - 20%
	Participation (Attending class regularly; arriving on time; active participation in warm-up, drills & games) - 30%

Each student must bring one new, unopened can of tennis balls before the third week of class. Running shoes will not be allowed on the court. Class will meet in the lobby of the PE building on rainy days.

USC Physical Education IS NOT responsible for any lost, stolen or damaged property. If you choose to bring any valuables to class, it is strongly recommended that they be locked up during class. Locker rooms are available in the PE building and the Lyons Center.

Students requesting academic accommodations based on a disability are required to register with Disability Services and Programs (DSP) each semester. A letter of verification for approved accommodations can be obtained from DSP when adequate documentation is filed. Please be sure the letter is delivered to the instructor as early in the semester as possible. DSP is open Monday-Friday, 8:30 am-5:00 pm. The office is located in Student Union 301 and the phone number is (213) 740-0776.

USC seeks to maintain an optimal learning environment. General principles of academic honesty include the concept of respect for the intellectual property of others, the expectation that individual work will be submitted unless otherwise allowed by an instructor, and the obligations both to protect one's own academic work from misuse by others as well as to avoid using another's work as one's own. All students are expected to understand and abide by these principles. *SCampus*, the Student Guidebook, (www.usc.edu/scampus or <http://scampus.usc.edu>) contains the University Student Conduct Code (see University Governance, Section 11.00), while the recommended sanctions are located in Appendix A.

Course Content and Schedule

1. Forehand Instruction and Practice
2. Backhand Instruction and Practice
3. Serve Instruction and Practice
4. Rules and Scoring
5. Singles Match Play
6. Tennis Movement and Court Positioning
7. Volley Instruction and Practice
8. Midterm
9. Double Strategy and Doubles Match Play
10. Overhead and Lob Instruction and Practice
11. Specific Rule Situations
12. Tournament Information and Observation Assignment Due
13. Skills Assessment
14. Equipment Selection
15. Final Exam

Important dates

- 3rd week Last day to add a class or drop a class without a W on permanent record
- 3rd week Last day to change grading option (Letter Grade, P/NP, Audit)
- 12th week Last day to drop a class with a W on permanent record
- 15th week Final exam