Social Work 641

Clinical Practice with Service Members and Veterans

3 Units

Fall 2012

Instructor: Frances Nedjat-Haiehm, PhD, LCSW
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Telephone: 310-948-0045
Office: TBA
Office Hours: TBA

Course Day: Tuesday
Course Time: 7:10 – 10:00pm
Course Location: VKC 202

I. Course Prerequisites

SOWK 505 and SOWK 535

II. Catalogue Description

This course addresses the needs of servicemembers and veterans at different developmental phases of the military life cycles, both holistically and within the context of their families and communities. In addition, theoretical and practical approaches to treatment of chronic stress, acute stress and trauma-related stress disorders are examined with the goal of advancing students’ knowledge of best practices and current evidence-based models.

III. Course Description

Military social work students (per CSWE-2010 guidelines) will be prepared to facilitate client’s ways of coping with a range of physical health, mental health and psychosocial issues. Students learn to identify these concerns along with the risk and protective factors associated with navigating deployments and combat stressors. Those servicemembers who are bolstered by their resilience and protective factors often return from deployment with a healthy transition, while others exposed to high intensity combat exposure and repeated deployments may develop injuries to their physical health, mental health and psychosocial coping.

While the course specifically highlights mental health and psychosocial needs as a result of combat, deployments, workplace and community stressors. It also highlights and addresses treatment needs related to the impact of wars/conflicts on servicemembers and veterans, i.e. Operational Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF), Somalia Conflicts, etc.
Students will also learn to understand and apply evidence based clinical approaches that address signature injuries noted. Managing transference/countertransference phenomena and attending to secondary trauma are central. Attention will be paid to issues of diversity (gender, race, sexual orientation and culture) including specific issues relevant in work with culturally diverse client groups. Addressing stigma and barriers to service will help students establish alliances with their clients effectively. Finally, students will learn to use the range of practice models in a phase-oriented approach that values the therapeutic relationship, cultural responsiveness and theoretical grounding.

IV. COURSE OBJECTIVES

The Clinical Practice for Servicemembers and Veterans course (SOWK 641) will:

<table>
<thead>
<tr>
<th>Objective #</th>
<th>Objectives</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Explain the socio-historical context for psychological responses and treatment methods for servicemembers, veterans, and their families throughout the deployment cycle.</td>
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<tr>
<td>2</td>
<td>Promote understanding of the role of diversity and demonstrate cultural responsiveness in practice with servicemembers and veterans.</td>
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<td>3</td>
<td>Facilitate identification of risk and protective factors in coping with deployment stressors.</td>
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<tr>
<td>4</td>
<td>Explain complex bio-psycho-social spiritual factors germane to assessment and treatment planning with servicemembers and veterans.</td>
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<tr>
<td>5</td>
<td>Promote students’ ability to reflect on their own affect, thoughts, world views, and biases that influence practice and teach the use of “professional self” in clinical practice contexts.</td>
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</tbody>
</table>

V. COURSE FORMAT / INSTRUCTIONAL METHODS

Modes of instruction will consist of a combination of didactic lecture, in-class discussion, student clinical case presentations, experiential exercise, analysis of videotapes, role-plays. Online teaching and learning environments, such as the University’s Blackboard Academic Suite will support and facilitate instruction, communication and interaction. The URL for Blackboard is https://blackboard.usc.edu.

VI. STUDENT LEARNING OUTCOMES

Student learning for this course relates to one or more of the following ten social work core competencies:
The following table explains the highlighted competencies for this course, the related student learning outcomes, and the method of assessment.

<table>
<thead>
<tr>
<th>Competencies/ Knowledge, Values, Skills</th>
<th>Student Learning Outcomes (What Advanced Practitioners in Military Social Work Do)</th>
<th>Method of Assessment</th>
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</thead>
<tbody>
<tr>
<td><strong>Research Based Practice</strong>—Engage in research-informed practice and practice informed research. Social workers use practice experience to inform research; employ evidence-based interventions; evaluate their own practice; and use research findings to improve practice, policy, and social service delivery. Social workers comprehend quantitative and qualitative research and understand scientific and ethical approaches to building knowledge. Social workers:</td>
<td>1. Locate, evaluate, and analyze current research literature related to military social work.</td>
<td>Class Participation, Discussion with Field Instructor, Assignment 2 (Presentation of Research), and Assignment 1 (Student Diary)</td>
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<tr>
<td>▪ Use practice experience to inform scientific inquiry.</td>
<td>2. Evaluate research to practice with service members, veterans, families, and their communities.</td>
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<tr>
<td>▪ Use research evidence to inform practice.</td>
<td>3. Analyze models of assessment, prevention, intervention, and evaluation within the context of military social work.</td>
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<td></td>
<td>4. Apply different literature and evidence-informed and evidence-based practices in the provision of services across the DoD/VA continuum of care and services.</td>
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</table>
**Practice Contexts**—Respond to contexts that shape practice. Social workers are informed, resourceful, and proactive in responding to evolving organizational, community, and societal contexts at all levels of practice. Social workers recognize that the context of practice is dynamic and use knowledge and skill to respond proactively. Social workers:

- Continuously discover, appraise, and attend to changing locales, populations, scientific and technological developments, and emerging societal trends to provide relevant services.
- Provide leadership in promoting sustainable changes in service delivery and practice to improve the quality of social services.

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<tr>
<th>5.</th>
<th>Assess service systems’ history, trends, and innovations in social work practice with service members, veterans, their families, and/or their communities.</th>
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<tbody>
<tr>
<td>6.</td>
<td>Apply knowledge of practice within the military context to the development of evaluations, prevention plans, and treatment strategies.</td>
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<td>7.</td>
<td>Use information technologies and organizational analysis techniques for outreach, planning multiyear projections, for service delivery to service members and the veteran populations as well as to their families and their communities.</td>
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</tbody>
</table>

Assignment 1
**Engage, Assess, Intervene, Evaluate**—Engage, assess, intervene, and evaluate with individuals, families, groups, organizations, and communities.

Professional practice involves the dynamic and interactive processes of engagement, assessment, intervention, and evaluation at multiple levels. Social workers have the knowledge and skills to practice with individuals, families, groups, organizations, and communities. Practice knowledge includes identifying, analyzing, and implementing research-informed interventions designed to achieve client goals; using research and technological advances; evaluating program outcomes and practice effectiveness; developing, analyzing, advocating, and providing leadership for policies and services; and promoting social and economic justice.

<table>
<thead>
<tr>
<th>Engage, Assess, Intervene, Evaluate: Social workers:</th>
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<tbody>
<tr>
<td>▪ Substantively and effectively prepare for engagement with individuals, families, groups, organizations, and communities.</td>
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<tr>
<td>▪ Use empathy and other interpersonal skills.</td>
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<tr>
<td>▪ Involve the client in goal-setting, focus of work, and desired outcomes.</td>
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<th>8. Engagement:</th>
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<td>▪ Recognize the unique issues and culture presented by the service member, veteran, and/or family member client.</td>
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<tr>
<td>▪ Establish a culturally responsive therapeutic relationship that addresses the unique issues associated with confidentiality and reporting requirements within a military context.</td>
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<tr>
<td>▪ Explain the nature, limits, rights, and responsibilities of the client who seeks services.</td>
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<tr>
<td>▪ Explain the stigma, risks, and benefits of seeking or not seeking services.</td>
</tr>
<tr>
<td>▪ Engage with military leadership, the unit, veteran service organizations, and/or family members.</td>
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<tr>
<td>▪ Demonstrate a knowledge base related to risk and protective factors associated with deployment, military service, and other aspects of life and role transitions that service members and veterans experience.</td>
</tr>
<tr>
<td>▪ Demonstrate knowledge related to health and mental health illnesses, injuries, and outcomes for service members, veterans, their families, and their communities.</td>
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Class Participation, Discussion with Field Instructor, Assignment #2 (presentation of research), and Assignment #1 (Student Diary) and Assignment #3
### Assessment:
Social workers:
- Collect, organize, and interpret client data.
- Assess client strengths and limitations.
- Develop intervention goals and objectives.
- Select appropriate intervention strategies.

9. Assessment:
- Select and modify appropriate multisystemic intervention strategies based on continuous clinical assessment of military or veteran issues.
- Use differential and multiaxial diagnoses that take into consideration signature injuries as well as other military related illnesses and injuries.
- Use empathy, cultural responsiveness, and other interpersonal skills in completing an assessment; and assess coping strategies to reinforce and improve adaptation to life situations and transitions while also emphasizing ways of coping with readjustment from military to civilian life.

### Intervention:
Social workers:
- Initiate actions to achieve client and/or organizational goals and resolve problems.
- Implement prevention interventions that enhance client capacities.
- Negotiate, mediate, and advocate for clients.
- Facilitate transitions and endings.

10. Intervention:
- Use a range of appropriate clinical and preventive interventions for various injuries, diagnoses, and psychosocial concerns identified in the assessment, including crisis intervention and advocacy strategies as needed.
- Engage clients in ongoing monitoring and evaluation of practice processes and outcomes.
- Demonstrate the capacity to reflect on one’s own responses (i.e., affect and world views) that influence the progress in and the completion of treatment.

Class Participation, Discussion with Field Instructor, Assignment #2 (presentation of research), and Assignment #1 (Student Diary) and Assignment #3
Evaluation: Social workers critically analyze, monitor, and evaluate interventions. Advanced practitioners in military social work understand the process of adaptation from evidence-based practice to implementation within a military context. They understand the research that informs all levels of practice as it relates to service members, veterans, their families, and their communities.

11. Evaluation:
- Use clinical and program evaluation of the process and/or outcomes to develop best practice interventions and programs for a range of biopsychosocial-spiritual conditions.
- Evaluate their own practice to determine the effectiveness of the applied intervention on military/veteran issues.

Class Participation, Discussion with Field Instructor, Assignment #2 (presentation of research), and Assignment #1 (Student Diary) and Assignment #3

VII. COURSE ASSIGNMENTS, DUE DATES & GRADING

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Due Date</th>
<th>% of Final Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assignment 1: Reflection Journal</td>
<td>(1) Oct 9 2012, (2) Nov 20 2012</td>
<td>20%</td>
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<tr>
<td>Assignment 2: Two Article Reviews</td>
<td>30 October 2012</td>
<td>30%</td>
</tr>
<tr>
<td>Assignment 3: Case Presentation</td>
<td>To be arranged by instructor and students during first class session</td>
<td>15%</td>
</tr>
<tr>
<td>Assignment 4: Final paper</td>
<td>14 Dec 2012</td>
<td>25%</td>
</tr>
<tr>
<td>Class participation</td>
<td></td>
<td>10%</td>
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</tbody>
</table>

Each of the major assignments is described below.

Assignment 1

You will be required to keep a weekly journal in which you will record and comment on your experience as a learner in the course. The questions written below provide a framework for this assignment

- What are your thoughts regarding your ability to work with servicemembers and veterans as a military social worker?
- What were your preconceived thoughts regarding servicemembers and veterans? What are the implications for you?
- What changes might you make? What are your plans for future actions?
What happened in class that enriched your learning? What happened in class that provided you insight?

What are your thoughts, feelings, assumptions, beliefs, values, attitudes about topics discussed in class?

What is your reasoning for selecting military social work as a sub-concentration?
  - Now that you have almost completed this course, what was the most useful or insightful part of your learning?

5 minutes will be allotted at the end of class for you to begin to write in your journal. This time can be used as a beginning to your journaling, but may require more during the week. At the middle and end of the semester, you will review your journal entries and submit a 2-3 page double-spaced typed paper summarizing your learning from this course that may influence your future practices as a social worker.

Grading: Each reflective journal is worth 10% of your grade points. Instructors are looking for evidence related to the course objectives where you provided an account of a particular experience, issue, or topic, demonstrate an awareness of any emotional response the activity engendered and describe the outcome of reflecting on the experience such as a new awareness.

Due: (1) Oct 9, 2012, (2) Nov 20, 2012

This assignment relates to student learning outcome 5.

Assignment 2

Two Article Reviews (15 points each): Submit a 2-3 page double-spaced paper on each assigned article. Be sure to address the following questions in your review:

A. Summarize the article: Explain the 2-3 key points the author(s) share about working with servicemembers or veterans.

B. Importance of the article to clinical practice with servicemembers and veterans: In a few sentences, explain why you think the article is or is not useful to the field of clinical practice with servicemembers and veterans.

C. How does the information shared by the author(s) fit into a bigger context (or not) of clinical practice with servicemembers and veterans?

D. Can the information shared by the author be applied to race, gender or sexual orientation issues in the context of clinical practice with servicemembers?

E. Most interesting aspect of the article. What aspect of the article did you personally find the most interesting or useful in your work with servicemembers or veterans?

Provide a copy of the article to the instructor with each review (electronically or hardcopy)

Due: 30 October 2012
This assignment relates to student learning outcomes 1, 3, and 4.

Assignment 3

This assignment is a class presentation of a case analysis of an adult servicemember or Veteran client or a military family member that will be presented in class as a PowerPoint presentation (CIR PowerPoint Template). This presentation requires a full biopsychosocial-spiritual assessment. Students will use a standardize assessment form. This assessment should be used to guide their selection of an appropriate evidenced-based practice intervention (from those discussed in class and in the clinical literature, i.e. CBT, etc.) to match the needs identified for the client. Standardized Assessment Form will be given to student.

Grading criteria:

1. Demonstrate working knowledge of the biopsychosocial model and evidence based interventions
2. Thoughtful discussion of your clinical assessment and generation of possible diagnosis and rule out diagnosis
3. Professional PowerPoint Presentation, 12 point font, Times New Roman
4. Correct use of grammar, punctuation and proof read
5. Willingness to be self-reflective (i.e., countertransference)
6. Discussion of race, gender, sexual orientation, spirituality, etc considerations as appropriate

Due: To be arranged by course instructor and students during first class discussion

Assignment 4

This assignment is a written paper of a case analysis of an adult servicemember or Veteran client or a military family member. The paper requires a full biopsychosocial-spiritual assessment. Students will be given a standardized assessment form that will be used to collect appropriate clinical information. This assessment will be used to determine an appropriate evidenced-based practice intervention (from those discussed in class and in the clinical literature) to match the needs identified for the client. The development of a phase-oriented, culturally responsive, research-informed practice plan that involves diverse practice modalities (e.g., individual, group, couple/family therapy and/or clinical case management) will also be included. Issues of diversity, gender, race, ethics and use of professional self (including transference/countertransference phenomena) should be explored. The paper should be approximately 8 pages long (no less than 8 pages, and no more than 10 pages); you may write in the first person narrative; and cite according to APA style.

Grading criteria:
1. Inclusion of required readings (minimum of 8 different citations from the required readings)
2. Appropriate use and discussion of the biopsychosocial model and evidence based intervention
3. Thoughtful discussion of your ideas and feelings about the readings and your field experiences
4. Willingness to be self-reflective (i.e., countertransference)
5. Use APA style (citations and reference page); can be written in the first person narrative
6. Correct use of grammar, punctuation and proof read
7. Double spaced, 12 point font, Times New Roman
8. Ability to follow directions according to this prompt

Due: 14 Dec 2012

This assignment relates to student learning outcomes 1, 2, 3, and 4.

Class participation

This is 10% of class grade. One half (5%) of this grade will be based on each student facilitating and co-facilitating an interactive group exercise. The goal of the group exercises is to stimulate discussion and highlight theoretical processes, transference and countertransference phenomena. The remaining portion (5%) of this grade will be based on the student’s ability to demonstrate professional courtesy, support and active participation during discussions and presentations of fellow classmates. Cell phone usage (texting) and recreational computer use are not permitted during class time.

Grades

Grades in the School of Social Work are determined based on the following standards that have been established by the faculty of the School:

Grades of A or A- are reserved for student work which not only demonstrates strong mastery of content but which also shows that the student has undertaken a complex task, has applied critical thinking skills to the assignment, and/or has demonstrated creativity in her or his approach to the assignment. The difference between these two grades would be determined by the degree to which these skills have been demonstrated by the student.

A grade of B+ will be given to work that is judged to be very good and demonstrates a more-than-competent understanding of the material being tested in the assignment.

A grade of B will be given to student work, which meets the basic requirements of the assignment and demonstrates work that meets course expectations at an adequate level.

A grade of B- will indicate that a student’s performance was less than adequate on an assignment and reflects only moderate grasp of content and/or expectations.
A grade of C would reflect a minimal grasp of the assignments, poor organization of ideas and/or several areas requiring improvement.

Grades between C- and F will denote a failure to meet minimum standards, reflecting serious deficiencies in all aspects of a student’s performance on the assignment.

Class grades will be based on the following:

<table>
<thead>
<tr>
<th>Class Grades</th>
<th>Final Grade</th>
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<tbody>
<tr>
<td>3.85 – 4</td>
<td>A</td>
</tr>
<tr>
<td>3.60 – 3.84</td>
<td>A-</td>
</tr>
<tr>
<td>3.25 – 3.59</td>
<td>B+</td>
</tr>
<tr>
<td>2.90 – 3.24</td>
<td>B</td>
</tr>
<tr>
<td>2.60 – 2.87</td>
<td>B-</td>
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<tr>
<td>2.25 – 2.50</td>
<td>C+</td>
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<tr>
<td>1.90 – 2.24</td>
<td>C</td>
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</tbody>
</table>

VIII. REQUIRED AND SUPPLEMENTARY INSTRUCTIONAL MATERIALS & RESOURCES

**Required Textbooks**


**Recommended Reading**


The Veterans and Active Duty Military Psychotherapy Treatment Planner (PracticePlanners) by Bret A. Moore and Arthur E. Jongsma Jr. (Aug 17, 2009)

*Note:* Additional required and recommended readings may be assigned by the instructor throughout the course.
## Course Overview

<table>
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<tr>
<th>Unit</th>
<th>Topics</th>
<th>Assignments</th>
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<tbody>
<tr>
<td><strong>PART 1:</strong> Introduction and Overview</td>
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<tr>
<td>1</td>
<td>Context and Central Principles</td>
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<tr>
<td>Aug, 28</td>
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<tr>
<td>2</td>
<td>Military Life and Deployment</td>
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<td>Sept 4</td>
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<tr>
<td><strong>PART 2:</strong> Ethical Dilemmas in Military Social Work</td>
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<td>3</td>
<td>Ethical Dilemmas and Implications for Research and Social Policy</td>
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<td>Sept 11</td>
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<tr>
<td><strong>PART 3:</strong> Phenomenology and Neurobiology of Combat Trauma</td>
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<td>4</td>
<td>Phenomenological Experience of Combat Trauma</td>
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<td>Sept 18</td>
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<td>5</td>
<td>Clinical Treatment Implications of Trauma</td>
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<td>Sept 25</td>
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<tr>
<td><strong>PART 4:</strong> Phase-Oriented, Multi-Modality Social Work Practice Planning for Military Service Members and Veterans</td>
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<td>6</td>
<td>Assessment and Engagement</td>
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<td>Oct 2</td>
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<tr>
<td>7</td>
<td>Planning Treatment and Matching Interventions to Identified Needs</td>
<td>Assignment 1: Reflection Journal</td>
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<tr>
<td>Oct 9</td>
<td></td>
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<tr>
<td>8</td>
<td>Assessment of Individual, Partner, and Family Safety, Violence and Risks</td>
<td>Assignment 2: Two Article Reviews</td>
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<tr>
<td>Oct 16</td>
<td></td>
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<td>9</td>
<td>The Impact of Physical Injuries on Psychosocial Factors</td>
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<td>Oct 23</td>
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<td>10</td>
<td>Adjustment to Loss and Change</td>
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<td>Oct 30</td>
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<tr>
<td>11</td>
<td>Individual Treatment Approaches for Service Members and Veterans</td>
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<td>Nov 6</td>
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<td>12</td>
<td>Group Treatment Approaches for Service Members and Veterans</td>
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<td>Nov 13</td>
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<td>13</td>
<td>Clinical Care Management with Service Members and Veterans</td>
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<td>Nov 20</td>
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<tr>
<td>Unit</td>
<td>Topics</td>
<td>Assignments</td>
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<tr>
<td>14</td>
<td>Treatment of Trauma Related Symptoms and Substance Abuse</td>
<td>Assignment 4: Final paper</td>
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<td>Nov,27</td>
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<td>15</td>
<td>Special Clinical Issues for Women Service Members, Veterans, and their Families</td>
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<td>Dec,4</td>
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</tbody>
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**STUDY DAYS / NO CLASSES**

**FINAL EXAMINATIONS**

**Final Paper Due on December 14th, 2012**
Course Schedule—Detailed Description
Part 1: Introduction and Overview

Unit 1: Context and Central Principles

Topics
- Introduction
- Historical context
  - Treatment of war trauma
  - Combat stress control
- Military culture and deployment cycles
- Who do we treat?
  - Populations served
  - Treatment considerations for the combat veteran
- Guiding principles for effective practice
- Utilizing evidence-based practices

This Unit relates to course objectives 1, 2, and 3.

Required Readings


Recommended Readings


**Unit 2: Military Life and Deployment Cycles**

**Topics**
- Introduction
- Lifecycle of the soldier
- Risk factors for service members and veterans
- Resiliency factors related to combat stress

This unit relates to course objectives 1, 2, and 3.

**Required Readings**


**Recommended Readings**


Part 2: Ethical Dilemmas in Military Social Work

Unit 3: Ethical Dilemmas and Implications for Clinical Practice

Topics
- Introduction
- Ethical issues for social workers in the military
- Challenges of maintaining confidentiality
  - Command directed referrals
  - Self-referral for treatment
  - Impact of “don’t ask-don’t tell” policy
  - Role expectations for military vs. civilian social workers
- Implications for research, social policy, and reform

This Unit relates to course objectives 1, 2, 3, 4, and 5.

Required Readings

Recommended Readings


Part 3: Phenomenology and Neurobiology of Combat Trauma

Unit 4: Phenomenological Experience of Combat Trauma

Topics
- Introduction
- Symptoms of combat operational stress
  - First person narratives of combat
- Psychosocial impact of combat operational stress
  - Homelessness
  - Financial strains
  - Employment problems
  - Marital conflicts and divorce
  - Domestic violence
  - Parent-child relationship problems

This Unit relates to course objectives 1, 2, and 3.

Required Readings


Recommended Readings
CIMH & Weisburd, D. E. (2008). *Another kind of valor.* (Instructor Note: CD/DVD. Nine videos that focus on PTSD and mental health issues of OIF/OEF combat veterans and their family members.)

(Instructor Note: Related film documentary—Restrepo. Viewing of documentary.)

Lifton, R. J. (1973). *Home from the war: Vietnam veterans neither executors nor victi*  
i ms. Austin, TX: Touchstone Publishing.


**Unit 5: Clinical Treatment Implications of Trauma**

**Topics**
- Introduction
- Impact of trauma on the brain and body
- Connecting trauma symptoms to neurobiology
- Physical and mental health issues resulting from combat operational stress
  - Physical problems (hypertension, etc.)
  - Mental health (PTSD, depression, anxiety, etc.)

This Unit relates to course objectives 3 and 4.

**Required Readings**


**Recommended Readings**


(Instructor Note: This is a CD. Nine videos that show PTSD experienced by soldiers during World War II.)


**Part 4: Phase-Oriented, Multi-Modality Social Work Practice Planning for Military Service Members and Veterans**

**Unit 6: Assessment and Engagement**

**Topics**
- Introduction
- Applying the biopsychosocial assessment to military clients
  - Differential assessment related to signature injuries
    - Operational combat stress vs. acute stress reaction vs. PTSD vs. anxiety disorder
    - Affective disorders vs. grief reaction vs. depression (unipolar, bipolar or reactive)
    - Traumatic brain injury vs. PTSD/PTS vs. substance abuse vs. polytrauma
- Addressing ongoing assessment of safety, risks, self-care, suicidal ideation, danger to self and others
- Using standardized assessment tools
  - Beck depression inventory
  - PCL -17 (post traumatic stress list 17)
  - PDHA/PDHRA (post deployment health assessment)
- Assessing for psychosocial factors
- Treatment process considerations
  - Using 4 basic ice breaker questions to engage military clients
  - Establishing rapport, building a therapeutic alliance
  - Considering diversity and cultural responsiveness
  - Positive therapeutic stances for the practitioner (demonstrate hope, empathy, acknowledging service)
  - Cognitive Behavioral Therapy for PTSD

This Unit relates to course objectives 1, 2, 3, and 4.

**Required Readings**


Recommended Readings

(Instructor Note: Please read Chapters 11 and 12.)


Unit 7: Planning Treatment and Matching Interventions to Identified Needs

Topics

- Introduction
- Review of DSM IV TR diagnosis
  - Using the 5 Axes System
  - Considering co-occurring conditions
  - Specifying psychosocial and environmental problems
  - Rating the global assessment of functioning
- Designing a treatment plan
  - Setting goals
  - Choosing intervention strategies
- Interventions and treatment approaches
  - Herman’s “3 Phases of Trauma Therapy” (safety, talking story, reconnection)
  - Cognitive Behavioral Therapy
  - Using the CBT Assessment Form (thought record)
  - Promoting post-traumatic growth
  - Teaching resiliency skills
- Phases of treatment
  - Ongoing assessment
  - Reflecting trauma narratives and the mourning process
  - Consolidation of gains
  - Building renewed supports
  - Transformative post traumatic growth

This Unit relates to course objectives 1, 2, 3, and 4.

Required Readings


Recommended Readings


**Unit 8: Assessment of Individual, Partner, and Family Safety, Violence and Risks**

**Topics**
- Introduction
- Risk assessments for service members and families
  - Imminent “danger to self and others”
  - Distress, anxiety, and depression
  - Reactions to trauma
  - Management of anger and rage reactions
  - Level of coping and resilience
- Interventions addressing risks and interpersonal violence
  - Individual approaches
    - Conducting a 5150 assessment
    - Developing a safety plan
  - Group therapy models

This Unit relates to course objectives 1, 3, and 4.

**Required Readings**


**Recommended Readings**


### Unit 9: The Impact of Physical Injuries on Psychosocial Factors

**Topics**
- Introduction
- Combat-related injuries
  - Amputations
  - Burns
  - Visual/auditory injuries
- Traumatic brain injury
- Somatic illness and conditions
- Interventions addressing combat-related injuries

This Unit relates to course objectives 1, 3, and 4.

**Required Readings**


**Recommended Readings**


Unit 10: Adjustment to Loss and Change

Topics
- Introduction
- Coping with deployment-related losses
- Combat-related grief and survivor guilt
- Suicidal ideation and behavior
- Interventions addressing mood disorders and grief reactions
  - Evidence-based treatments for mood disorders
  - Interpersonal therapy
  - Cognitive behavioral therapy
  - Cognitive processing therapy
  - Exposure therapies

This Unit relates to course objectives 1, 3, and 4.

Required Readings


Recommended Readings


**Unit 11: Brief Treatment Approaches for Service Members and Veterans**

**Topics**
- Introduction
- Overview of brief therapies for military social work
- Stage ONE: Psychological First Aid
- Stage TWO: Evidence Based Practices
- Stage THREE: Primary Care Management Services
- Interventions and approaches addressing post-traumatic stress disorder

This Unit relates to course objectives 1, 3, and 4.

**Required Readings**


**Recommended Readings**


**Unit 12: Group Treatment Approaches for Service Members and Veterans**

**Topics**
- Introduction
- Overview of group therapies for military social work
- Therapeutic value of group approaches and process
- Stage ONE: Debriefing groups
- Stage TWO: Peer support groups
- Stage THREE: Psycho-educational groups
- Evidence based practices

This Unit relates to course objectives 1, 3, and 4.
Required Readings

Recommended Readings


Unit 13: Clinical Care Management with Service Members and Veterans

Topics
- Introduction
- Defining the comprehensive care service delivery model
- The role of the primary care manager in military social work
- Services provided by care management
  - Ongoing assessment of risk and safety
  - Care coordination and collaboration between multiple providers
  - Advocacy and brokering with stakeholders
- Care manager services for special populations
  - Homeless veterans
  - Transitioning veterans from military installations to community

This Unit relates to course objectives 1, 2, 3, and 4.

Required Readings

**Recommended Readings**


**Unit 14: Treatment of Trauma Related Symptoms and Substance Abuse**

**Topics**
- Introduction
- Prevalence of PTSD and substance abuse disorders for military service members
- The relationship between substance use and trauma
- The negative impact of substance use on coping
  - Avoidance and relationship ruptures
- DSM IV TR criteria for substance abuse disorders
- Treating substance use or abuse
- Diagnosing co-occurring DSM TR conditions
- Determining treatment priorities for servicemembers with dual diagnoses

This Unit relates to course objectives 1, 3, and 4.

**Required Readings**


**Recommended Readings**

## Unit 15: Special Clinical Issues for Women Service Members, and Veterans

### Topics
- Introduction
- Overview and history of women in combat
- Military sexual trauma
  - Prevalence of MST
  - Sexual assault and harassment
  - Cognitive processing treatment (evidence based practice)

This Unit relates to course objectives 1, 3, 3, and 4.

### Required Readings


### Recommended Readings


( Instructor Note: This is a film.)


### STUDY DAYS / NO CLASSES

Date TBD

### FINAL EXAMINATIONS

Week of 10/24/11 to 10/29/11
IX. ATTENDANCE POLICY

Students are expected to attend every class and to remain in class for the duration of the unit. Failure to attend class or arriving late may impact your ability to achieve course objectives which could affect your course grade. Students are expected to notify the instructor by email (kfinney@usc.edu) of any anticipated absence or reason for tardiness.

University of Southern California policy permits students to be excused from class for the observance of religious holy days. This policy also covers scheduled final examinations which conflict with students’ observance of a holy day. Students must make arrangements in advance to complete class work which will be missed, or to reschedule an examination, due to holy days observance.

Please refer to Scampus and to the USC School of Social Work Student Handbook for additional information on attendance policies.

X. STATEMENT ON ACADEMIC INTEGRITY

USC seeks to maintain an optimal learning environment. General principles of academic honesty include the concept of respect for the intellectual property of others, the expectation that individual work will be submitted unless otherwise allowed by an instructor, and the obligations both to protect one’s own academic work from misuse by others as well as to avoid using another’s work as one’s own. All students are expected to understand and abide by these principles. SCampus, the Student Guidebook, contains the Student Conduct Code in Section 11.00, while the recommended sanctions are located in Appendix A: http://www.usc.edu/dept/publications/SCAMPUS/gov/. Students will be referred to the Office of Student Judicial Affairs and Community Standards for further review, should there be any suspicion of academic dishonesty. The Review process can be found at: http://www.usc.edu/student-affairs/SJACS/.

Additionally, it should be noted that violations of academic integrity are not only violations of USC principles and policies, but also violations of the values of the social work profession.

XI. STATEMENT FOR STUDENTS WITH DISABILITIES

Any student requesting academic accommodations based on a disability is required to register with Disability Services and Programs (DSP) each semester. A letter of verification for approved accommodations can be obtained from DSP. Please be sure the letter is delivered to the instructor as early in the semester as possible. DSP is located in STU 301 and is open from 8:30 a.m. to 5:00 p.m., Monday through Friday.

Students from all academic centers (including the Virtual Academic Center) may contact Ed Roth, Director of the DSP office at 213-740-0776 or ability@usc.edu.
XII. EMERGENCY RESPONSE INFORMATION

Note: The following Emergency Response Information pertains to students on campus, but please note its importance should you be on campus for a temporary or extended period. When not on campus: Call the 911 listing in your local community for any emergency.

To receive information, call the main number (213) 740-2711, press #2. “For recorded announcements, events, emergency communications or critical incident information.”

To leave a message, call (213) 740-8311
For additional university information, please call (213) 740-9233
Or visit university website: http://emergency.usc.edu

If it becomes necessary to evacuate the building, please go to the following locations carefully and using stairwells only. Never use elevators in an emergency evacuation.

Students may also sign up for a USC Trojans Alert account to receive alerts and emergency notifications on their cell phone, pager, PDA, or e-mail account. Register at https://trojansalert.usc.edu.

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<tr>
<th>UNIVERSITY PARK CAMPUS</th>
<th>ACADEMIC CENTERS</th>
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<tr>
<td>City Center</td>
<td>Orange County</td>
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<td>Front of Building (12th &amp; Olive)</td>
<td>Faculty Parking Lot</td>
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Do not re-enter the building until given the “all clear” by emergency personnel.

XIII. STATEMENT ABOUT INCOMPLETES

The Grade of Incomplete (IN) can be assigned only if there is work not completed because of a documented illness or some other emergency occurring after the 12th week of the semester. Students must NOT assume that the instructor will agree to the grade of IN. Removal of the grade of IN must be instituted by the student and agreed to by the instructor and reported on the official “Incomplete Completion Form.”

XIV. POLICY ON LATE OR MAKE-UP WORK

Papers are due on the day and time specified. Extensions will be granted only for extenuating circumstances. If the paper is late without permission, the grade will be affected.
XV. **Policy on Changes to the Syllabus and/or Course Requirements**

It may be necessary to make some adjustments in the syllabus during the semester in order to respond to unforeseen or extenuating circumstances. Adjustments that are made will be communicated to students both verbally and in writing.

XVI. **Code of Ethics of the National Association of Social Workers**

*Approved by the 1996 NASW Delegate Assembly and revised by the 2008 NASW Delegate Assembly* [http://www.socialworkers.org/pubs/Code/code.asp]

**Preamble**

The primary mission of the social work profession is to enhance human wellbeing and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. A historic and defining feature of social work is the profession’s focus on individual wellbeing in a social context and the wellbeing of society. Fundamental to social work is attention to the environmental forces that create, contribute to, and address problems in living.

Social workers promote social justice and social change with and on behalf of clients. “Clients” is used inclusively to refer to individuals, families, groups, organizations, and communities. Social workers are sensitive to cultural and ethnic diversity and strive to end discrimination, oppression, poverty, and other forms of social injustice. These activities may be in the form of direct practice, community organizing, supervision, consultation administration, advocacy, social and political action, policy development and implementation, education, and research and evaluation. Social workers seek to enhance the capacity of people to address their own needs. Social workers also seek to promote the responsiveness of organizations, communities, and other social institutions to individuals’ needs and social problems.

The mission of the social work profession is rooted in a set of core values. These core values, embraced by social workers throughout the profession’s history, are the foundation of social work’s unique purpose and perspective:

- Service
- Social justice
- Dignity and worth of the person
- Importance of human relationships
- Integrity
- Competence

This constellation of core values reflects what is unique to the social work profession. Core values, and the principles that flow from them, must be balanced within the context and complexity of the human experience.
XVII. COMPLAINTS

If you have a complaint or concern about the course or the instructor, please discuss it first with the instructor. If you feel you cannot discuss it with the instructor, contact the chair of the sequence, Anthony Hassan, at hassana@usc.edu. If you do not receive a satisfactory response or solution, contact your advisor or Dr. Paul Maiden, Vice Dean and Professor of Academic and Student Affairs, at maiden@usc.edu. Or, if you are a student of the VAC, contact June Wiley, Director of the Virtual Academic Center, at (213) 821-0901 or june.wiley@usc.edu for further guidance.