University of Southern California   **School of Social Work**

SOWK 631
Advanced Theories and Clinical Interventions in Health Care
FALL 2008

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Telephone: 323.293.3109
Office hours: By Appointment
Day/Time: Thursday, 8:00am – 10:50am

I.   COURSE DESCRIPTION

This course is designed to build upon first year Human Behavior and Practice foundation courses from a trans-disciplinary perspective. The goal is to facilitate integrating this knowledge with advanced analysis of research and theory for social work practice in health care settings serving diverse urban populations. The content of the course will include health behavior theories that reflect current and emerging theory, research, and practice specific to a variety of health related settings and to populations diverse on gender, age, ethnicity, sexual orientation and health status. Theories of crisis intervention, and behavior change will be related to research and practice across micro, meso, and macro practice arenas. Wellness and a strengths resilience orientation will be presented as social work goal relevant to all groups, including elderly and those with chronic illness or disability. The goal is the development of a culturally competent and evidence-based practitioner able to work at micro, meso and macro levels in health. Skills will include ethical interviewing, social support and psycho-educational interventions with individuals and groups. Supportive context will include the varied roles of social workers in health care including team membership, collaboration, case management, advocacy and providing leadership in promoting the bio-psychosocial perspective. These integrated Behavior Practice skills will be adapted to assess, diagnose, engage, and treat populations such as the terminally and chronically ill, frail elderly, disabled, women, men, children, adolescents, gays, and lesbians, utilizing culturally competent frameworks in an ecological perspective. Ethical dilemmas involving right to life, right to die, advance directives, life support, surrogacy and other issues will be discussed. Self-determination, informed consent, social justice for oppressed populations, Confidentiality and other social work values will be integrated into class learning. Time will be devoted to the exploration and enhanced understanding of how transference and counter transference themes get activated and played out with patient and families in health care.

Trends related to alternative healing practices, wellness, spirituality, public health models, role of the Internet and independent practice will be reviewed and discussed. Students will be expected to integrate skills from the research course sequence in selecting resources to support practice decisions and design and evaluate programs.

II.   COURSE OBJECTIVES

Upon completing this course, students will:

1. Demonstrate an advanced theoretical base for helping individuals, families, and groups in varied health care settings, utilizing a bio-psychosocial, ecological perspective in oral and written materials.

2. Articulate values and skills required to perform as a valued professional in a trans-disciplinary setting.

3. Construct rationale for selection of and identify critical elements of application and evaluation of practice approaches, for work with individuals, couples, families, and groups, including but not limited to: bereavement issues, crisis intervention, conjoint counseling, group, stress management.

4. Demonstrate awareness of self as it impacts on professional practice and ethical decision-making by using strengths/resilience approach to analyze social worker role.

5. Conduct benchmarking and literature reviews for critical analysis of evidence-based alternative, non-traditional health care practices of various cultural groups.

6. Identify and consult lifelong learning resources to sustain excellence in current clinical practices and contribute to evolution of trends in the health and social work fields, including but not limited to Internet-related sources, professional associations, conferences, and journals.

7. Demonstrate knowledge of community resources for purposes of consultation, collaboration, advocacy, referral, and networking on behalf of clients and families.

III. COURSE FORMAT

Lecture, discussion with demonstration of techniques, role play, and class presentations constructed around learner needs and core curriculum elements.

IV. COURSE EVALUATION AND GRADING

All students are expected to regularly attend class and be on time. A student with more than two unexcused absences during the course of this seminar may receive a no credit. A student

who is tardy three or more times to seminar may receive a grade of no credit. If a student receives a no credit grade in this seminar, they will be required to repeat this seminar.

Class grades will be based on the following:

3.85 – 4	A
3.60 – 3.84	A-
3.25 – 3.59	B+
2.90 – 3.24	B
2.60 – 2.87	B-
2.25 – 2.50	C+
1.90 – 2.24	C

Final Grade:

93 – 100	A
90 – 92	A-
87 – 89	B+
83 – 86	B
80 – 82	B-
77 – 79	C+
73 – 76	C
70 – 72	C-

CLASS PARTICIPATION   10%

WRITTEN ASSIGNMENTS

- o An analysis of role and responsibilities in your field assignment using strengths/vulnerabilities model.   Due Date TBD   20%

- o A case study that demonstrates application of behavior theory, research, and practice principles for a particular population in your field setting   35%

- o A group presentation that follows an in-service model for staff on a new direction in health social work practice and provides a critical analysis, background information, coaching for preliminary skill development in new area, including a fact sheet, Internet and other resources that encompasses relevant theory, research, and practice.   35%

V.   ATTENDANCE POLICY

Students are expected to attend every class and to remain in class for the duration of the session. Failure to attend class or arriving late may impact your ability to achieve course objectives which could affect your course grade.   Students are expected to notify the instructor by telephone or email of any anticipated absence or reason for tardiness.

University of Southern California policy permits students to be excused from class, without penalty, for the observance of religious holy days. This policy also covers scheduled final examinations which conflict with students' observance of a holy day. Students must make arrangements *in advance* to complete class work which will be missed, or to reschedule an examination, due to holy days observance.

VI.   COURSE EXPECTATIONS AND GUIDELINES

Prompt attendance. This is a learner-centered course. For most class sessions a packet of specialized resources is available for student review. Class participation is expected which means that a synthesis of readings and application is demonstrated.

VII.   REQUIRED TEXTBOOK

Kerson, Toba. (2002). *Boundary Spanning: An Ecological Reinterpretation of Social Work
        Practice in Health and Mental Health Systems*. N.Y., Columbia University Press.
Prochaska, J. et al. (1994). *Changing for Good*. N.Y., Harper Collins Press.

VIII. ACADEMIC ACCOMMODATIONS

Any student requesting academic accommodations based on a disability is required to register with Disability Services and Programs (DSP) each semester. A letter of verification for approved accommodations can be obtained from DSP. *Please be sure the letter is delivered to the instructor as early in the semester as possible*. DSP is located in STU 301 and is open from 8:30 a.m. to 5:00 p.m., Monday through Friday. The phone number for DSP is (213) 740-0776.

IX. EMERGENCY RESPONSE INFORMATION

To receive information, call main number (213)740-2711, press #2. "For recorded announcements, events, emergency communications or critical incident information."

        To leave a message, call (213) 740-8311
        For additional university information, please call (213) 740-9233
        Or visit university website; http://emergency.usc.edu

If it becomes necessary to evacuate the building, please go to the following locations carefully and using stairwells only. Never use elevators in an emergency evacuation.

University Park Campus	City Center
MRF – Lot B	Front of the building (12th & Olive)
SWC – Lot B	Orange County Campus
WPH – McCarthy Quad	Faculty Parking Lot

VKC – McCarthy Quad   Skirball Campus
                                                                                Front of building

Do not re-enter the building until given the "all clear" by emergency personnel.

X. COURSE OUTLINE

Sessions 1& 2 **Setting the Stage for Practice in Health Settings: Integrating
Practice, Behavior, Health Promotion**
COURSE OBJECTIVES: # 1,2,3,4, 6
Course Overview- Practice, Behavior, Health Promotion
A historical perspective of medical social work practice
        Role/Function of a social worker in healthcare
                Assessment, diagnosis, treatment
                Case Management
                Discharge Planning
                Ethics and values, cultural competency and diversity
                Trans-disciplinary collaboration
        A review of basic social work practice skills
                Engagement
                Assessment, diagnosis, treatment, termination
                Leadership in evidence-based practice and evaluation
Understanding Human Behavior in health and illness: Behavior theories and health care
        Ego psychology, stress, brief therapy, crisis intervention, cognitive social learning, social
        capital and cross cultural theories as core examples of relevant theories
Health Promotion
        Change Management
        Resources and referrals for clients, families, and agency colleagues
        Information management for individuals and aggregates of clients
        Program and project design and evaluation
Readings: Required
Kerson, Chapter 2 "Developing an Ecological Perspective" and Chapter 3 "Legal and Ethical
Issues".
National Association of Social Workers Code of Ethics (and codes specific to health social work
specialty groups).
Prochaska, Introduction: A Scientific Revolution

Recommended:
Gregorian, Camille (2005). A Career in Hospital Social Work: Do you Have What it Takes?
        Social Work in Health Care 40(3):1-14.

Goldstein, Eda (1995), *Ego Psychology and Social Work Practice*, New York, Chapters 3 and 4,
    pp 43-79
King N., and Ross A.(2003) Professional identities and interprofessional relations: evaluation of
collaborative community schemes. *Social Work in Health Care.* 38(2):51-72.
Pecukonis EV. Cornelius L. Parrish M. (2003). The future of health social work. [Journal
Article] *Social Work in Health Care.* 37(3):1-15.

Van Hook, MP.(2003). Psychosocial issues within primary health care settings: challenges and
    opportunities for social work practice. *Social Work in Health Care.* 38(1):63-80.

Session 3 :Health Promotion-Advances in methods: lifelong learning strategies
Course Objectives: #1,2,3,4,7
Alternative healing
Complementary Medicine
Health behavior change theories
Internet and Telehealth
Independent Practice
Public Health, Education Models
Spirituality Holistic model Wellness

Culturally competent social work: Practice, Behavior, Health Promotion
Determinants of Health: People Situations and Social Systems
Community and socio-ecological perspectives
Diversity of ethnicity, sexual preference, role group
Beyond Culture: Strategies for Caring for Patients from Diverse Racial, Ethnic and Cultural
groups;
Readings: Required
Prochaska, James. O. (1994) Changing for Good. Chapter 1,2,3.

Recommended:
Bigby, J. (2003) Cross Cultural Medicine. Philadelphia, ACP.
Castro, F.G, Coe, K., Gutierres, S. & Saenz, D. (1996), "Designing health promotion programs
for Latinos"
Christian Science Monitor (1999 January 28), "The Power of Forgiveness."
Congress, E.P. (2004). Cultural and Ethical Issues in working with Culturally Diverse Patients
and Their Families: The Use of the Culturagram to promote Cultural Competent Practice in
Health care Settings. *Social Work In Health Care* 39 (3/4) .
Dhooper SS. (2003) Health care needs of foreign-born Asian Americans: an overview. (Review)
(48 refs) (Journal Article. Review. Review, Tutorial) *Health & Social Work.* 28(1):63-73.
Finger W. Arnold EM. (2002). Mind-body interventions: applications for social work practice.
    (Review) (79 refs) (Journal Article. Review. Review, Tutorial) *Social Work in Health
    Care.* 35(4):57-78.
*Gla*nz, et al. (2002): Chapter 21. Applying theory to culturally diverse and unique populations
Gilliland SS. Azen SP. Perez GE. Carter JS. (2003). Strong in body and spirit: Lifestyle
    intervention for Native American adults with diabetes in New Mexico. *Diabetes Care.*
    25(1):78-83.

Hodge, D.R. (2001), "Spiritual assessment: A review of major qualitative methods and a new framework for assessing spirituality," *Social Work*, 46(3), pp. 203-214.

Hosley CA. Gensheimer L. Yang M. (2003). Building effective working relationships across culturally and ethnically diverse communities. *Child Welfare*. 82(2):157-68.

Kato & Mann (1996): Chapter 16, African American Health Over the life Course

Kenagy, G.P. (2005). Transgender Health: Findings from Two Needs Assessment Studies in Philadelphia. *Health & Social Work*, 30 (1) February.

McCarty D. Clancy C. (2002). Telehealth: implications for social work practice. [Journal Article] *Social Work*. 47(2):153-61.

Schultz, Dagmar, (2004) Cultural Competence in PsychoSocial and Psychiaric care: A Critical perspective with Reference to Research and Clinical Experiences in California, US and Germany. *Social Work in Health Care* 39(3/4)

Session 4

<u>**Grief, Loss, and Bereavement:**</u> **Practice, Behavior, Health Promotion**
Course Objectives: 1,2,3,4,5,6,7
Theories of grief, loss and bereavement, cultural differences
Individuals, couples, family and group models
Resources and referrals
Ethics and values
OBJ:1,2,4

Readings: Choose one:

Bolen, P.A., Bout, J. & Keizser, J. (2003). Traumatic grief as a disorder distinct from bereavement related depression and anxiety. A replications study with bereaved mental health care patients. *The American Journal of Psychiatry*, 160, 1339-1341.

Blackhall LJ. Frank G. Murphy ST. Michel V. Palmer JM. Azen SP.(1999). Ethnicity and attitudes towards life sustaining technology. [Journal Article] *Social Science & Medicine*. 48(12):1779-89, 1999 Jun.

Csikai EL.(2004). Social workers' participation in the resolution of ethical dilemmas in hospice care. [Journal Article] *Health & Social Work*, 29(1):67-76.

Foltz-Gray, Dorothy (2001). "Words of Comfort," *American Way*, Vol 36.

Layer, S. D., Roberts, C., Wild, K., & Walters, J. (2004). Post-abortion grief: evaluating the possible efficacy of a spiritual group intervention. *Research on Social Work Practice*, 14, 344-350.

Lynn, Joanne, and Harold Joan (1999) *Handbook for Mortals*. NY Oxford Press.

Mancoske, R. and Lindhorse, T. (1996). "The ecological context of HIV/AIDS counseling: issues for lesbians and gays and their significant others," *Journal of Gay and Lesbians Social Services*, Vol. 2 (3&4), pp. 25.

Mass, S. (1990). A crisis intervention model for dying patients and familes," in Parad, H.J. & Parad, L. (eds.), *Crisis Intervention Book 2*. Milwaukee, WI: Family Service of America. [classic resource with critique of Kubler Ross model]

Steele, R., & Fitch, M. (1996). "Coping strategies of family caregivers of home hospice patients with cancer," *Oncology Nursing Forum*, 23 (6), 955-960.

Walker, U., et. al. (1996). "Anticipating grief and AIDS: strategies for interviewing with caregivers," *Health and Social Work*, Vol. 21, #1, pp. 49-57.

Session 5/6

Group Work Models in Health Care Settings
Course Objectives: 1,2,3,4.
Practice, Behavior, Health promotion
Self help
Support
Psychotherapy
Psychoeducational programs
Compliance / adherence
Family as group
Readings: Kerson Chapters 6, 7.

Recommended:
Glanz et al. Part 3 Models of interpersonal health behavior; Part Four: Community and group models of health behavior change.

B.D. Smedley, & S. L. Syme, (Eds.). (2000).Introduction. *Promoting health: Intervention strategies from social and behavioral research.* (pp.1-30) *W*ashington, DC: National Academy Press. (available full text from http://www.nap.edu)

Clark MS. Rubenach S. Winsor A. (2003). A randomized controlled trial of an education and counseling intervention for families after stroke. (Clinical Trial. Journal Article. Randomized Controlled Trial) *Clinical Rehabilitation.* 17(7):703-12, 2003 Nov.

Cunningham, A.J., Edmonds, C.V., Jenkins, G., Lockwood, G.A. (1995), "A randomized comparison of 2 forms of a brief, group, psychoeducational program for cancer patients: weekly sessions versus weekend intensive," *International Journal of Psychiatry in Medicine*, 25, 173-189.

Donovan, J.L. & Blake, D.R. (1992), "Patient non-compliance: Deviance or reasoned decision-making?" *Social Science & Medicine*, 34, 507-513.

Helgeson, V.S., Cohen, S., Schulz, R., Yasko, J. (2000). Group support interventions for women with breast cancer: Who benefits from what? *Health Psychology,19*(2), 107-114.

Lim JW. Zebrack B. Caring for family members with chronic physical illness: A critical review of caregiver literature. *Health & Quality of Life Outcomes.* 2(1):50, 2004 Sep 17.

Lukens, Ellen P. and McFarlane, Wm (2004). Psychoeducation as Evdienced Based Practice Considerations for Practice, Research and Policy. *Brief Treatment and Crisis Intervention 4(3)205-225.*

National Cancer Institute (2002). Making health communications work; A planner's guide. Bethesda, MD. Author. http://cancer.gov/pinkbook

Session 7

Older adults: healthy aging and continuity of care
Course Objectives: 1,2,3,4,5,6,7
Practice, Behavior, Health Promotion
The elderly, the "young old," and the "old old"
Healthy Aging, Aging in place
The three "D's" – delirium, depression, dementia
Elder abuse, substance abuse, sexuality
Caregivers
Resources and referrals
Ethics and values
Mandated Reporting
Readings: Choose one
Acton GJ. Winter MA. (2002) Interventions for family members caring for an elder with dementia. *Annual Review of Nursing Research.* 20:149-79.

Brun, C. & Rapp, R.C. (2001). Strengths-based case management: Individuals' perspectives on strengths and the case manager relationship. *Social Work,* 46(3), 278-288.

Capitman J.(2003). Effective coordination of medical and supportive services. *Journal of Aging & Health*. 15(1):124-64.

Chi I. (2003) Reciprocal relationship between social support and depressive symptoms among Chinese elderly. *Aging & Mental Health*. 7(3):

Chou KL., Chi I.(2002) Successful aging among the young-old, old-old, and oldest-old Chinese. *International Journal of Aging & Human Development*. 54(1):1-14.

Clark F. Azen SP. Carlson M. Mandel D. LaBree L. Hay J. Zemke R. Jackson J. Lipson L. (2001) Embedding health-promoting changes into the daily lives of independent-living older adults: long-term follow-up of occupational therapy intervention. [Clinical Trial. Journal Article. Randomized Controlled Trial] *Journals of Gerontology Series B-Psychological Sciences & Social Sciences. 56*(1):P60-3.

Dwight-Johnson, M., Ell, K., Jiuan-Lee, P. (in press). Can Collaborative Care Address the Needs of Low-income Latinas with Comorbid Depression and Cancer? Results from a Randomized Pilot Study. *Psychosomatics.*

Gutheil, I.A. and Heyman, Janna. (2005) Communication between Older People and Their Health care Agents: Results of an Intervention. *Health and Social Work, 30 (2)* May, 2005.

Fisher, L., Lieberman, M. (1994), "Alzheimer's disease: the impact of the family on spouses, offsprings, and in-laws," Family Process, September, Vol. 33(3), pp. 305.

Gallager-Thompson, D., Leary, M., Ossinalde, C., Romero, J., Wald, M., Fernandez-Gamarra, E. (1997), "Hispanic caregivers of older adults with dementia: cultural issues in outreach and interventions," *Group*, June, Vol. 2(2), pp. 211.

Hackstaff, L., Davis, C. & Katz, L. (2004), The case for integrating behavior change, client-centered practice and other evidence-based models into geriatric care management, *Social Work in Health Care*, Vol. 38 (2).

Hanson M. Gutheil IA. (2004) Motivational strategies with alcohol-involved older adults: implications for social work practice. *Social Work. 49*(3):364-72.

Hepworth, Dean, & Larsen, Joann (1993), *Direct Social Work Practice,* Chapter 18, "Relaxation training, cognitive restructuring, and stress inoculation," Belmont, California: Wadsworth Publishing Co., pp. 512-540.

Holliman, Dzlegielewski (2001), "Discharge planning and social work practice," *Social Work in Health*, Vol 32, #2.

Lai CK. Chi I. Kayser-Jones J. (2004). A randomized controlled trial of a specific reminiscence approach to promote the well-being of nursing home residents with dementia. (Clinical Trial. Journal Article. Randomized Controlled Trial) *International Psychogeriatrics. 16*(1):33-4.

Leung GM. Yeung RY. Chi I. Chu LW. (2003).The economics of Alzheimer disease. (Review) (64 refs) (Journal Article. Review. Review, Tutorial) *Dementia & Geriatric Cognitive Disorders. 15*(1):34-43.

Loughlin A.(2004) Depression and social support: effective treatments for homebound elderly adults. (Journal Article) *Journal of Gerontological Nursing. 30*(5):11-5.

Luptak, Marilyn. (2004) Social Work and end of Life care for Older People. *Health and Social work, 2*9 (1) February.

Osman, H. and Perlin, T. (1994), "Patient self-determination and the artificial prolongation of life," Vol. 19 (4), pp. 245.

Shibusawa, T. & Mui, A.C. (2001), "Stress, coping, and depression among Japanese American elders," *Journal of Gerontological Social Work*, 36(1/2), pp. 63-81.

Watt, L.M. & Cappeliez, P. (May, 2000), "Integrative and instrumental reminiscence therapies for depression in older adults: intervention strategies and treatment effectiveness," *Aging and Mental Health,* 4, (2) 166-177.

Wilber, K.H., Allen, D., Shannon, G.R., Alongi, S. (2003). Partnering managed care and community-based services for frail elders: The care advocate program. *Journal of the American Geriatrics Society,* 51(6), 807-12.

Session 8

Clinical Practice with Women
Course Objectives #1,2,3,4,5,7
Practice, Behavior, Health Promotion
Behavioral health practices of women. Feminist and role theories
Heart disease, cancer and other chronic illnesses
Pregnancy, infertility, abortions, and sexual dysfunctions, sterilization
Eating disorders
Violence
Treatment models, self help, psycho-educational and support groups
Ethics and values

Readings: choose one

Bent-Goodley, Tricia. (2004). Perceptions of Domestic Violence: A Dialogue with African American Women. *Health and Social work* 29 (4) 307-3016.

Chadiha LA. Adams P. Biegel DE. Auslander W. Gutierrez L. (2004) Empowering African American women informal caregivers: a literature synthesis and practice strategies. (Review) (77 refs) (Journal Article. Review, Tutorial) *Social Work.* 49(1):97-108.

Ell, K., Vourlekis, B., Nissly, J., Padgett, D., Pineda, D., & Walther, V. (2002) Integrating Mental Health Screening And Abnormal Cancer Screening Follow-Up: An intervention to Reach Low-Income Women. *Community Mental Health Journal,* 38, 311-325**.**

Ell, K., Vourlekis, B., Muderspach, L., Nissly, J., Padgett, D., Pineda, D., Sarabia, O., Lee P. (2002). Abnormal Cervical Screen Follow-up among Low-income Latinas: Project SAFe, *Women′s Health and Gender-Based Medicine***,** 11, 1-13.

Ell, K., Padgett, D., Vourlekis, B., Nissly, J., Pineda, D., Sarabia, O., Walther, V., Blumenfeld, S. (2002) Abnormal Mammogram Follow-up: A Pilot Study Among Low-Income Women. *Cancer Practice,* 10,130-138**.**

Formenti, S.C., Meyerowitz, B.E., Ell, K., et. al. (1995), Inadequate adherence to radiotherapy in Latina immigrants with carcinoma of the cervix: potential impact on disease free survival. *Cancer,* 75, 1135-40.

Gross R. Brammli-Greenberg S. Bentur N. (2003) Women caring for disabled parents and other relatives: implications for social workers in the health services. (Journal Article) *Social Work in Health Care.* 37(4):19-37.

Horowitz SM. (2003) Applying the transtheoretical model to pregnancy and STD prevention: a review of the literature. (Review) (43 refs) (Journal Article. Review, Academic) *American Journal of Health Promotion.* 17(5):304-28.

Kato & Mann, Chapter 14, Homophobia and the health psychology of lesbians.

Lee, M.M. (2000), "Alternative therapies used by women with breast cancer in four ethnic populations," *Journal of National Cancer Institute*, January, Vol. 92, #1.

Leland, J. (2000, May 29), "The science of women and sex," *Newsweek*, 48-54.

Pauw, M. (1991), "The social worker's role with fetal demise and stillbirth," *Health and Social Work*, 16(4), 291-297.

Rolland, J. (1994), "In sickness and health: the impact of illness on couples relationship," *Journal of Marital and Family Therapy*, Oct. Vol. 20(4), pp. 325.

Ross J. Walther V. Epstein I. (2004) Screening risks for intimate partner violence and primary care settings: implications for future abuse. *Social Work in Health Care.* 38(4):1-23.

Saulnier, CF. (2002). Deciding who to see: Lesbians discuss their preferences in health and mental health care providers. *Social Work.* 47(4):355-65.

Spira, M.; Kenemore, E. (2002). Cancer as a life transition: A relational approach to cancer wellness in women. *Clinical Social Work Journal*. Vol 30(2), Sum 2002, pp. 173-186.

Session 9
Clinical Practice with Men
Course Objectives: 1,2,3,4,5,7
Practice, Behavior, Health promotion
Social role theories
Stress theories
Chronic illness, for example, heart disease and cancer
Sexual dysfunction
Treatment models
Resources and referrals
Ethics and values
Readings: choose one
Balsam, Kimberly F; Huang, Bu; Fieland, Karen C; Simoni, Jane M; Walters, Karina L. (2004). Culture, Trauma, and Wellness: A Comparison of Heterosexual and Lesbian, Gay, Bisexual, and Two-Spirit Native Americans. *Cultural Diversity Ethnic Minority Psychology. Special Lesbian, Gay, and Bisexual Racial and Ethnic Minority Individuals: Empirical Explorations*, *10*(3), 287-301.

Frasure-Smith, N., Lesperance, F. & Talajic, M. (1995), "The impact of negative emotions on prognosis following myocardial infarction: is it more than depression?" *Health Psychology*, 14, 388-398.

Loeb, S.J. (2004). Older men's health: Motivation, self-ratings, and behaviors. *Nursing Research*. 53(3), pp. 198-206.

Pierce, R., Chadiha, L.A., Vargas, A. & Mosley, M. (2003), "Prostate cancer and psychosocial concerns in African American men: literature synthesis and recommendations," *Health and Social Work*. 28, 302-311.
Plowden, K.O. (1999), "African American male's health crisis: a call for action," *Journal of Multicultural Nursing and Health*. 5, 36.
Thompson B. Lazarus (2003). Phenomena: an exploratory study of gay men living with HIV. [Review] [85 refs] [Journal Article. Review. Review, Academic] *Social Work in Health Care. 37(1):87-114.*

Van Soest, Dorothy. (2004). What Social Workers can do About Violence: Learnings form the Lives of 37 Men: *Social Work In Health* 39(3/4) 435-453.

Medical Library Association. (n.d.). A users guide to finding and evaluating health information on the web. Retrieved October 20, 2004 **http://www.mlanet.org/resources/userguide.html**

Session 10

<u>Clinical Practice with Children</u>
Course Objectives #1,2,3,4,5,6,7
Practice, Behavior, Health Promotion
Life span / developmental theories
Death and dying
Trauma theory
Interventions
> o Art and play
> o Resources and referrals

Ethics and values

Readings:Choose one

Astor, Ron Avi; Behre, William J; Wallace, John M; Fravil, Kimberly A (1998). School social workers and school violence: Personal safety, training, and violence programs. *Social Work*. Vol 43(3), 223-232.

Hamama, R. et al (2000) Self Control, Anxiety and Loneliness in Siblings of Children with Cancer. *Social Work IN Health*. 31(1) 63-83.

Henry, Darla. (2001).Resilient Children: What they Tell us About Coping with Maltreatment. *Social Work In Health*, 34, (3/4) 283-298.

Katz, E.R. & Varni, J.W. (1993), "Social support and social cognitive problem-solving with children with newly diagnosed cancer," *Cancer*, Vol. 71, 3314-3315.

Kasson, B.R., Selinamy (1996) (in text), "The problem of pediatric pain."

McLoughlin, Caven S; Kubick, Robert J Jr. (2004). Wellness promotion as a life-long endeavor: Promoting and developing life competencies from childhood. *Psychology in the Schools. Special Issue: Positive Psychology and Wellness in Children*. Vol 41(1), 131-141

National Research Council and the Institute of Medicine. (2004). *Children's Health, the Nation's Wealth: Assessing and Improving Child Health.* Washington, D.C.: National Academies Press.

Norr KF. Crittenden KS. Lehrer EL. Reyes O. Boyd CB. Nacion KW. Watanabe K. (2003 May, June). Maternal and infant outcomes at one year for a nurse-health advocate home visiting program serving African Americans and Mexican Americans. [Clinical Trial. Journal Article. Randomized Controlled Trial] *Public Health Nursing*. 20(3):190-203.
Thomas, Nigel; Stainton, Timothy; Jackson, Sonia; Cheung, Wai Yee; Doubtfire, Samantha; Webb, Amanda (2003).Your friends don't understand': Invisibility and unmet need in the lives of 'young carers.' *Child & Family Social Work*. Vol 8(1), Feb 2003, pp. 35-46

Session 11

Clinical Practice with Adolescents
Course Objectives: 1,2,3,4,5,6,7
Practice, Behavior, Health Promotion
Life span / developmental theories
Death and dying
Trauma theory
Sexuality
Interventions
Ethics and values
Readings: Choose one

Keen, Alexandrer. (2004) Using Music as a Therapy Tool to Motivate Troubled Adolescents. *Social work In Health* 39(3/4) 361-373.

Landreth, G.L., Homeyer, L.E., Glover, G. & Sweeney, D.S. (1996), *Play Therapy Interventions with Children's Problems*, Jason Aronson, Inc. (Provides case studies with DSM-IV diagnoses, and techniques for treatment.)

McNeil, J.S. (1995), "Bereavement and loss," R.L. Edwards & J.G. Hopps (Eds.), *Encyclopedia of Social Work*, 19ᵗʰ ed., pp 284-291, Washington, DC: NASW Press. (Discusses the major intervention strategies used in the treatment of grief, as well as the issues and problems involved in doing bereavement research.)

Perry, C. L. (2000). Preadolescent and adolescent influences on health. In B. D. Smedley & S. L. Syme (Eds.), *Promoting health: Intervention strategies from social and behavioral research* (pp. 217-253). Washington D.C.: National Academy Press.

Robinson, Christine R. (1991), "Working with adolescent girls; strategies to address health status," *Women, Girls, and Psychotherapy: Reframing Resistance*, Hayworth Press.

Steiner-Adair, Catherine (1991), "When the body speaks: girls, eating disorders and psychotherapy," *Women and Therapy*, Vol. 11(3&4), p. 253.

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Session 12

Managing Substance Abuse in Health Care Settings
Course Objectives: 1,2,3,6.7
Practice Behavior, Health Promotion
Substance abuse / addiction theory
Change theories
Assessment, diagnosis, intervention
Resources and referrals
Ethics and Values
Required Reading:
Prochaska, James et al Changing for Good Chapters 4-6

Recommended readings:

Amodeo, M, Jones, L. (1997), "Viewing alcohol and other drug use cross culturally: a cultural framework for clinical practice," *Families in Society*, Vol. 78(3), May/June.

Boardman, J. D. (2004). Stress and physical health: the role of neighborhoods as mediating and moderating mechanisms. *Social Science & Medicine,* 58, 2473-2483.

Brown, V., Huba, G. & Melchior, L. (1995), "Level of burden: women with more than one co-occurring disorder," *Journal of Psychoactive Drugs*, Vol. 27(4), Oct./Dec., pp. 339.

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Leshner, A. (2001), Drug Abuse and Addiiction Research into the 21st Century. Where are we Going from Here? *Social work In Health Care*. 22(1) 5-16

Prochaska, J.O., DiClemente, C., Norcross (2003). In search of how people change : Applications to addictive behaviors. In P. Salovey & A. J. Rothman, (eds.), *Social psychology of health*. New York: Psychology Press. pp.63-77.

Smyth, Nancy J. (1996), "Motivating persons with dual disorders: a stage approach," *Families in Society: Journal of Contemporary Services*, 77, (10), 605-614.

Session 13-Pain Management
Course Objectives: 1,2,3,4,5,6,7
Practice, Behavior, Health promotion
Roles for social work in pain management
Managing pain in health care settings
Assessment issues

Ethics and Values

Required Reading:

Mendenhall, M. (2003). Psychosocial aspects of pain management: A conceptual framework for social workers on pain management teams. *Social Work in Health Care*. 36(4), pp. 35-51.

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Anderson KO. Mendoza TR. Valero V. Richman SP. Russell C. Hurley J. DeLeon C. Washington P. Palos G. Payne R. Cleeland CS. (2000). Minority cancer patients and their providers: Pain management attitudes and practice. [Journal Article] *Cancer. 88(8):1929-38.*
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Cowan DT. Fitzpatrick JM. Roberts JD. While AE. Baldwin J. (2003).The assessment and management of pain among older people in care homes: current status and future directions. *International Journal of Nursing Studies.* 40(3):291-8.

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Hepworth, Dean, & Larsen, Joann (1993), *Direct Social Work Practice*, Chapter 18, "Relaxation training, cognitive restructuring, and stress inoculation," Belmont, California: Wadsworth Publishing Co., pp. 512-540.

Jordan-Marsh, M. et al. (2004) The social ecology of changing pain management: Do I have to cry? *Journal of Pediatric Nursing, 19*(3), 193-203.
Lawrence, S. A; Wodarski, L.A., Wodarski, J.. (2002). Behavioral medicine paradigm: Behavioral interventions for chronic pain and headache. *Journal of Human Behavior in the Social Environment.* 5(2), pp. 1-14.

McNeill JA. Sherwood GD. Starck PL. (2004 Jul.) The hidden error of mismanaged pain: a systems approach. *Journal of Pain & Symptom Management.* 28(1):47-58.
Thomas, V.J. & Rose, F.D. (1991), "Ethnic differences in the experience of pain," *Social Science and Medicine*, Vol. 32, p. 1063.

"American Medical Associations, Pain Management" Part2, "Assessing and Treating pain in special populations" Part 3, "Management of persistent non-malignant pain" Part 4, "Cancer pain and end-of-life care," Chicago: American Medical Association.

Session 14   Bioethics, Social Work Ethics/Values
Course Objectives: #1,2,3,4,5
Bioethics
Belmont Report/underpinning of Ethical Principles-Approach
Patient Self Determination

Advance Directives
DNAR
Withdrawal/Witholding
Uses and abuses of Social Work Practice

Required Reading:
Kerson (2002) Chapter 3 Legal and Ethical Issues

Recommended:
Jones, J., Egan, M. The Transplant Experience of Liver Recipients: Ethical Issues and Practice Implications. Social Work In Health Care V.31, #2 2000.