

ENST 335: Science, Health and the Environment Units: 4 Spring 2018, TTh 9:30-10:50am

Location: WHP 107

Instructor: Jill Sohm Office: CAS 116B Office Hours: Tues 11-12; Wed 10-11:30 Email: sohm@usc.edu Phone: 213-821-0534 (office) 818-824-4296 (Google Voice)

# **Course Description/Rationale**

In the 20<sup>th</sup> century, human population growth exploded, aided heavily by the knowledge gained during that time about infectious diseases, sanitation, immunity, antibiotics, etc. In the developed world, deaths from infectious diseases have given way to diseases from old age, but the rest of the world has not yet caught up. Many of the diseases that are most widespread are spread through the environment or are increased because of environmental degradation. Understanding the role of the environment in these diseases is key to controlling them. With continued environmental damage, developing and developed nations are now finding themselves at risk from emerging diseases and those caused by water and air pollution. The health of the human race is inextricably linked to the health of the planet, and this class aims to plumb the depths of this topic for understanding of how to increase both in the future.

# **Learning Objectives**

- Gain background knowledge in microbiology, epidemiology, parasitology
- Understand the ecology and life cycles of diseases that are transmitted from the environment
- Appreciate the ecology and life cycles of diseases whose transmission is effected by environmental degradation
- Discover the importance of environment and climate on disease throughout the world
- Explore the implications of climate change on disease transmission
- Understand how to break the cycle of environmentally transmitted diseases
- Discuss sanitation and its role in preventing disease
- This course is consistent with the Student Learning Objectives of the Environmental Studies Program: https://dornsife.usc.edu/environmental-studies/learning-objectives/

## Prerequisite(s): BISC 103 or 120

## **Course Notes**

This course will use Blackboard for communication, information and turning in assignments. Lecture slides will be made available after the lecture is given. Additional readings may be assigned periodically throughout the semester, and these will be announced in class, posted on Blackboard, and an email reminder sent to the class. Sometimes computers will be used in class to work with real life data in excel, run simple simulations, and do mapping – students will be notified when computers are needed. This course involves a lot of in depth reading and critical analysis outside of lecture, as it is a four unit course.

## **Required Readings and Supplementary Materials**

## Texts:

- Selendy, J.M.H. (2011) Water and Sanitation Related Diseases. Wiley-Blackwell.
- Money, N.P. (2014) Microbiology: A Very Short Introduction. Oxford University Press.
- CDC (2011) Principles of Epidemiology in Public Health Practice, Lesson 1. Available at: http://www.cdc.gov/ophss/csels/dsepd/ss1978/lesson1/index.html

## Other resources:

- CDC disease pages: http://www.cdc.gov/DiseasesConditions/
- CDC Emerging and Zoonotic Infectious Diseases: http://www.cdc.gov/ncezid/
- WHO disease pages: http://www.who.int/topics/en/

## **Description and Assessment of Assignments**

The written assignment will involve writing a 6-7 page (~1500 word) research paper on an infectious disease that relates to the environment that we will not be covering in class. The paper will address the life cycle of the organism that causes the disease, how it is transmitted, how human activity/environmental change has affected its spread, and how this knowledge can be used to prevent transmission. The written assignment will be assessed for completeness of content, as well as writing clarity/quality. The group presentation will be a case study of a disease you are interested in and how one country, city, or region implemented a public health campaign to reduce the disease. The group presentation will be assessed for its content and the quality of delivery by the students. Reading guides will involve reading primary literature, answering questions outside of class and turning them in ahead of time, and a discussion of the paper in class and will be assessed for completeness. They will be worth 5 points each.

Grading:		Grading scale: A	= 92.5-100%
Midterm 1	100 pts (22%)	A-	= 89.5-92.4%
Midterm 2	100 pts (22%)	B+	= 86.5-89.4%
Final exam	100 pts (22%)	В	= 82.5-86.4%
Written assignment	65 pts (15%)	B-	= 79.5-82.4%
Group presentation	50 pts (11%)	C+	= 76.5-79.5%
Reading guides	30 pts (7%)	C	= 72.5-76.4%
		C-	= 69.5-72.4%
		D	= 59.5-69.4%
		F	= <59.5%

All three exams will cover material immediately after the preceding exam (or beginning of class for midterm 1) up to the exam. The final exam will be a midterm. Exams will focus on lecture and reading material. During exams, students will NOT be allowed to have notes, books, cell phones, etc. Only pens/pencils and a calculator are required. Failure to comply with exam policies will automatically result in a grade of "0" for that particular exam.

## **Grading Breakdown**

Assignment	Points	% of Grade
Midterm 1	100	22.5
Midterm 2	100	22.5
Final	100	22.5
Disease paper	65	14.5
Group presentation	50	11
Reading guides (6)	30	7
TOTAL	445	100

# Grading Scale (Example)

Course final grades will be determined using the following scale

93-100 А 90-92 A-B+ 87-89 В 83-86 B-80-82 C+ 77-79 73-76 С C-70-72 67-69 D+ D 63-66 D-60-62 F 59 and below

# **Additional Policies**

If there is a conflict with an exam, you must email the instructors 2 *weeks in advance* to see if arrangements can be made (under reasonable circumstances). Otherwise, make-up exams will not be given except in extreme emergencies. Make-up exams will also be more difficult, so it is in your best interest to take the exam on the day it is scheduled. If you have an emergency on exam day, you must get in touch with us before the exam if possible. Assignments will not be accepted late. Additionally:

- Come to class prepared
- Be respectful of me and other students in class
- Please leave cell phones outside the classroom or turned off
- If you have to miss class make sure you arrange to get notes and announcements.

# Course Schedule: A Weekly Breakdown

	Topics/Daily Activities	Readings and Homework	Deliverable/ Due Dates
Week 1	Introduction		
	Microbiology basics	Money Ch. 1	
Week 2	Microbiology, human health	Money Ch. 5; CDC Lesson	
	and disease (including	1, sec. 10	
	immunology and vaccines)		
	Epidemiology basics	CDC Lesson 1, sec. 1, 6,	
	Lpidemology basics	8, 11	
Week 3	Epidemiology case study and	Selendy Ch. 2	
	the importance of water for		
	health		
	Environmentally transmitted	Galgiani (Coccidioides),	Reading guide 1 due –
	fungal diseases:	Histo on emedicine (BB)	Kidd 2007
_	Histoplasmosis, Cryptococcus		
Week 4	Environmentally transmitted	Disease along the River	Submission of topic for
	fungal diseases: Valley Fever;	(BB)	paper
	Disease along the river game		
	Environmentally transmitted	Baumgardner (BB)	Reading guide 2 due –
	bacterial diseases: Cholera	Selendy Ch. 5, 15.5, 14	Pascual 2000
		,,	
Week 5	Midterm 1		
	Environmentally transmitted	Baumgardner (on BB)	
	bacterial diseases: soil	Selendy Ch. 5, 15.5, 14	
	associated diseases, infectious	Sciency en. 5, 15.5, 11	
	diarrhea, Trachoma		
Week 6	Environmentally transmitted	Money Ch. 4, WHO polio	Reading guide 3 due –
	viral diseases: Poliomyelitis,	factsheet, CDC rotavirus	eradic. polio
	rotavirus, norovirus	pink sheet, Hall 2013	
Week 7	Environmentally transmitted	Marshall (BB)	
	protistan diseases: Giardia,		
	Cryptosporidium, Enamoeba		
	hystolitica, Naeglaeria		
	Helminths: Guinea worm,	Selendy Ch. 7, 10, 13	
	blood fluke, Pinworm,		
	Roundworm		
Week 8	Microscopy: identification of		
	protists and helminth eggs		
	1	Selendy Ch. 9, 12, 32	

	Vector borne diseases:		Reading guide 4 due -
	Malaria, Dengue fever,		Frith
			FILLI
	Bubonic plague, Lyme		
Week 9	Guest lecture from LA County		
	Vector Control		
	Vector borne diseases:	Selendy Ch. 9, 12, 32	Paper due
	Malaria, Dengue, Bubonic		
	plague, Lyme		
Week 10	Environmental change and the	Selendy Ch. 31,	Submission of topic for
	spread of disease	Worldwatch report 181	presentation
		Pg. 15-22 (BB)	
	Midterm 2		
Week 11	Epidemics caused by how we	Taubenberger, Columbus	Reading guide due 5 -
	live: influenza, mad cow,	(BB)	Drury
	antibiotic resistance		
	Sanitation	Selendy Ch. 20, 21, 22	
Week 12	Building a biosand filter	Selendy Ch. 18	
	Environmental toxicology and	Friis Ch. 2 (BB)	
	epidemiology		
Week 13	Water pollution and disease	Selendy Ch. 23, 24, 25, 29	
Week 14			
Week 14	Air pollution and disease	Tibbetts (BB)	Reading guide 6 due -
			Hennig
Week 15	Presentations		
FINAL			Date: For the date and
			time of the final for this
			class, consult the USC
			Schedule of Classes at
			classes.usc.edu.

# Statement on Academic Conduct and Support Systems

## Academic Conduct:

Plagiarism – presenting someone else's ideas as your own, either verbatim or recast in your own words – is a serious academic offense with serious consequences. Please familiarize yourself with the discussion of plagiarism in *SCampus* in Part B, Section 11, "Behavior Violating University Standards" policy.usc.edu/scampus-part-b. Other forms of academic dishonesty are equally unacceptable. See additional information in *SCampus* and university policies on scientific misconduct, http://policy.usc.edu/scientific-misconduct.

### Support Systems:

*Student Counseling Services (SCS) – (213) 740-7711 – 24/7 on call* 

Free and confidential mental health treatment for students, including short-term psychotherapy, group counseling, stress fitness workshops, and crisis intervention. engemannshc.usc.edu/counseling

National Suicide Prevention Lifeline – 1 (800) 273-8255

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. www.suicidepreventionlifeline.org

Relationship and Sexual Violence Prevention Services (RSVP) – (213) 740-4900 – 24/7 on call Free and confidential therapy services, workshops, and training for situations related to gender-based harm. engemannshc.usc.edu/rsvp

### Sexual Assault Resource Center

For more information about how to get help or help a survivor, rights, reporting options, and additional resources, visit the website: sarc.usc.edu

*Office of Equity and Diversity (OED)/Title IX Compliance – (213) 740-5086* Works with faculty, staff, visitors, applicants, and students around issues of protected class. equity.usc.edu

### Bias Assessment Response and Support

Incidents of bias, hate crimes and microaggressions need to be reported allowing for appropriate investigation and response. studentaffairs.usc.edu/bias-assessment-response-support

### The Office of Disability Services and Programs

Provides certification for students with disabilities and helps arrange relevant accommodations. dsp.usc.edu

### Student Support and Advocacy – (213) 821-4710

Assists students and families in resolving complex issues adversely affecting their success as a student EX: personal, financial, and academic. studentaffairs.usc.edu/ssa

### Diversity at USC

Information on events, programs and training, the Diversity Task Force (including representatives for each school), chronology, participation, and various resources for students. diversity.usc.edu

### USC Emergency Information

Provides safety and other updates, including ways in which instruction will be continued if an officially declared emergency makes travel to campus infeasible. emergency.usc.edu

USC Department of Public Safety – UPC: (213) 740-4321 – HSC: (323) 442-1000 – 24-hour emergency or to report a crime. Provides overall safety to USC community. dps.usc.edu