

INTERMEDIATE TENNIS: PHED 140B

Course Description

An intermediate level course reinforcing the fundamental strokes: topspin/underspin; serve-variations; volley; lob and overhead; advanced singles and doubles play; tie breaks.

Course Objectives

1. To reinforce the student's fundamental skills and knowledge of tennis.
2. To improve each student's skill in hitting all of the basic strokes: forehand; backhand; serve; volley; lob; and overhead.
3. To introduce and practice topspin and underspin concepts for groundstrokes and serve variations.
4. To reacquaint each student to the basic rules, scoring, and etiquette of tennis.
5. To offer each student an opportunity to apply their skill and knowledge in actual match play.
6. To make each student aware of the basic differences in strategy for singles and doubles and provide an opportunity to apply this information in actual match play.
7. To provide each student with information about current tennis trends, specifically in regard to local tennis programs, professional tournaments and equipment selection.
8. To encourage each student to pursue tennis as a life-time leisure activity.

Evaluation Criteria

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| Cognitive: 50% | Observation Assignment (Observe and analyze a skill/strategy in a collegiate match) -10% |
| | Midterm - 15% |
| | Final Exam - 25% |
| Psychomotor: 50% | Fundamental Skill Assessment (National Tennis Rating Program criteria used for assessing intermediate skill level by end of semester) - 20% |
| | Participation (Attending class regularly; arriving on time; active participation in warm-up, drills & games) - 30% |

Each student is responsible for bringing one (1) new, unopened can of tennis balls before the third week of class. Running shoes and black soled shoes that leave marks will not be allowed on the court. Class will meet in the lobby of the PE building on rainy days.

USC Physical Education IS NOT responsible for any lost, stolen or damaged property. If you choose to bring any valuables to class, it is strongly recommended that they be locked up during class. Locker rooms are available in the PE building and the Lyons Center.

Students requesting academic accommodations based on a disability are required to register with Disability Services and Programs (DSP) each semester. A letter of verification for approved accommodations can be obtained from DSP when adequate documentation is filed. Please be sure the letter is delivered to the instructor as early in the semester as possible. DSP is open Monday-Friday, 8:30 am-5:00 pm. The office is located in Student Union 301 and the phone number is 213-740-0776.

USC seeks to maintain an optimal learning environment. General principles of academic honesty include the concept of respect for the intellectual property of others, the expectation that individual work will be submitted unless otherwise allowed by an instructor, and the obligations both to protect one's own academic work from misuse by others as well as to avoid using another's work as one's own. All students are expected to understand and abide by these principles. *SCampus*, the Student Guidebook, (www.usc.edu/scampus or <http://scampus.usc.edu>) contains the University Student Conduct Code (see University Governance, Section 11.00), while the recommended sanctions are located in Appendix A.

Course Content and Schedule

1. Fundamental Instruction of Topspin Groundstrokes
2. Fundamental Instruction of Underspin Groundstrokes
3. Movement and Court Positioning
4. Fundamental Instruction of Flat and Spin Serves
5. Rules, Scoring, and Tennis Terminology Review
6. Fundamental Instruction of Volleys
7. Fundamental Instruction of Return of Serve
8. Midterm
9. Doubles Positioning and Strategy
10. Fundamental Instruction of Approach Shots
11. Specific Rule Situations
12. Tournament Preparation and Observation Assignment due
13. Equipment Selection
14. Skills Assessment
15. Final Exam

Important Dates

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| 3 rd week | Last day to add a class or drop a class without a W on permanent record |
| 3 rd week | Last day to change grading option (Letter Grade, P/NP, Audit) |
| 8 th week | Midterm |
| 12 th week | Last day to drop a class with a W on permanent record |
| 15 th week | Final Exam |